

ROTARY TORSO

RS-2602



ADJUSTABLE CHEST PAD HEIGHT



ADJUSTABLE STARTING ANGLE



SPECS

PRODUCT DIMENSIONS (L X W X H)

42.75" X 43.5" X 59.25" (109 cm X 111 cm X 151 cm)

PRODUCT WEIGHT

451 lbs (205 kg)

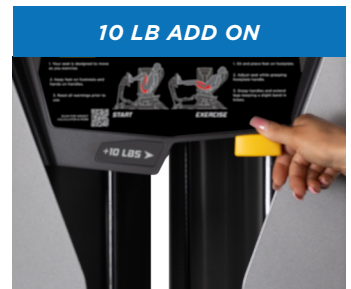
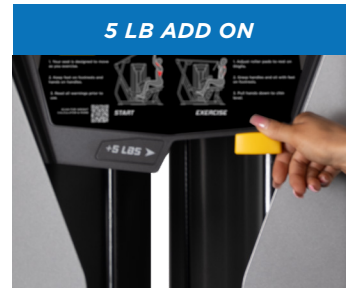
WEIGHT STACK

130 lbs (59 kg)

FEATURES

- ◆ Incorporates ROC-IT technology by offering users an instability option (ROC-IT or LOCK IT™) for muscle engagement
- ◆ Starting positions in 40, 60, 80, and 100 degrees from “face forward” offer an optimal range of exercise motion in both directions
- ◆ Chest pad adjusts to accommodate varied torso lengths. Stabilizing handles offer upper body support to minimize low back stress
- ◆ Ergonomic kneeling pad minimizes low back stress
- ◆ Optional add-on weight system

ADD ON WEIGHT



SPECS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

FEATURES

- ◆ **RS-CAGE-NG-OPT1:** Compatible with all RS units except RS-2403/ RS-2700
- ◆ **RS-CAGE-NG-OPT2:** Compatible with only RS-2403
- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.