

INNER THIGH / OUTER THIGH

HD-3800

INNER THIGH



OUTER THIGH



ROTATING EXERCISE PADS



WALK THROUGH DESIGN



SPECS

PRODUCT DIMENSIONS (L X W X H)

69.50" X 61.75" X 55.00" (177 cm X 157 cm X 140 cm)

PRODUCT WEIGHT HD

525 lbs (238 kg)

537 lbs with RS-CAGE-NG-OPT1 (244 kg)

PRODUCT WEIGHT HDG

558 lbs (253 kg)

570 lbs with RS-CAGE-NG-OPT1 (259 kg)

WEIGHT STACK HD

180 lbs (82 kg)

185 lbs with RS-CAGE-NG-OPT1 (84 kg)

WEIGHT STACK HDG

215 lbs (98 kg)

220 lbs with RS-CAGE-NG-OPT1 (100 kg)

FEATURES

- ◆ Adjustable-angle back pad to accommodate varying flexibility and body sizes
- ◆ Thigh pads swivel for each exercise position
- ◆ Exercise arms can be adjusted from the seated position
- ◆ Multiple range-of-motion adjustments for both exercises
- ◆ Optional 5 lbs Weight Upgrade (RS-CAGE-NG-OPT1)

ADD ON WEIGHT



5 LB ADD ON



10 LB ADD ON



OPTIONS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

RS-CAGE-NG-OPT3

5 lbs

RS-CAGE-NG-63-OPT1

5 lbs

RS-CAGE-NG-63-OPT2

10 lbs

RS-CAGE-NG-63-OPT3

10 lbs

FEATURES

- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.

ADD ON WEIGHT

RS-CAGE-NG-OPT1

ROC-IT SELECTORIZED

- ◆ RS-2101
- ◆ RS-2102
- ◆ RS-1103
- ◆ RS-2201
- ◆ RS-2203
- ◆ RS-2204
- ◆ RS-2301
- ◆ RS-2302
- ◆ RS-2401
- ◆ RS-2402
- ◆ RS-2406
- ◆ RS-2407
- ◆ RS-2408
- ◆ RS-2412
- ◆ RS-2415
- ◆ RS-1501
- ◆ RS-1502
- ◆ RS-2601
- ◆ RS-2602

HD-DUAL

- ◆ HD/G-3100
- ◆ HD/G-3600
- ◆ HD/G-3800
- ◆ HD/G-3900

RS-CAGE-NG-OPT2

ROC-IT SELECTORIZED

- ◆ RS-2403

RS-CAGE-NG-OPT3

HD-DUAL

- ◆ HD/G-3300
- ◆ HD/G-3400

ADD ON WEIGHT

RS-CAGE-NG-63-OPT1

HD-DUAL

- ◆ HD/G-3200

RS-CAGE-NG-63-OPT2

HD-DUAL

- ◆ HDG-3403

RS-CAGE-NG-63-OPT3

HD-DUAL

- ◆ HD-3403