


Horning Sailing Club Return to Sailing – v1 issued 29 March 2021

This is to be read in conjunction with our COVID-19 Risk Assessments for facilities and racing (attached), along with advice and guidance from the government, [RYA](#) and [Broads Authority](#). These instructions will be regularly reviewed, adapted and updated as required.

At all times throughout our activities we will be following the RYA COVID-19 Principle, which states:

- **Be considerate:** be mindful of the potential impact that you could have on other water users and local communities. Take an extra cautious approach to your boating and do not place unnecessary extra strain on the RNLI and emergency services.

In line with the [RYA's Return to Boating Roadmap](#), the Club site will reopen on Mon 29th March.



COVID-19. A roadmap for the return to boating activity in England

Last updated 25th March 2021

This table should be used in conjunction with our FAQ document which is available at this link: <http://rya.org/bqEA50DNz1A>

	STEP 1	STEP 1	STEP 2	STEP 3	STEP 4
Starting date	8th March	29th March	No earlier than 12th April	No earlier than 17th May	No earlier than 21 June
Organised activity, including sport formally organised by an NGB, club, public body, qualified instructor, company or charity, and follows NGB guidance	Activity for schools or disabled people	Boating activity permitted	Boating activity permitted	Boating activity permitted	
Sailing events eg. open meetings, regattas & rallies	Not permitted	Permitted.	Permitted.	Permitted	Permitted
Activity falling outside the definition of organised activity	Exercise or recreation with one other person from another household is permitted outdoors	Rule of 6 or 2 households outdoors	Rule of 6 or 2 households outdoors	Rule of 6 or 2 households indoors. Maximum of 30 people outdoors	No legal limits
Shore-side club activity		Rule of 6 or 2 households outdoors	Rule of 6 or 2 households outdoors	Rule of 6 or 2 households indoors. Maximum of 30 people outdoors	No legal limits
Outdoor facilities	Closed	Open	Open	Open	Open
Changing rooms	Closed	Changing rooms closed apart from for emergency use or for disabled persons	Changing rooms permitted to open - TBC	Open	Open
Hospitality including clubhouses	Closed	Closed	Outdoors rule of 6 or 2 households	Indoor hospitality permitted (rule of 6 or 2 households). Outdoor hospitality (max 30)	Fully open
Travel	Stay at Home	Travel for sport and recreation is permitted	Travel for sport and recreation is permitted	International travel subject to review	International travel permitted
Overnight Stays	No overnight stays	No overnight stays	Domestic overnight stays permitted (household only).	All domestic overnight stays permitted.	Unrestricted
			Self-contained accommodation only	Hotels and B&Bs open	

For further advice please contact: sport.development@rya.org.uk

Please refer to the link below for guidance on the resumption of RYA Training activity: <https://www.rya.org.uk/training-support/Pages/covid-19-return-to-boating-guidance.aspx>

We have set out what **Step 1** means for Horning Sailing Club below (i.e. from 29th March):

For those attending the Club outside of organised activity (e.g. informally/recreationally) – the ‘Rule of 6’/2 households - will apply. For organised sailing activities limits do not apply on the water as we are following National Governing Body (RYA) guidance, but gatherings that are not part of the boating activity are subject to the ‘Rule of 6’/2 households. Therefore, participants should adhere to social distancing when not actively participating (e.g. around the boat park/island). Social interaction before boating activity should only take place outdoors, and in separate and distinct groups consisting of up to 6 people or two households. We will at all times be following government guidelines and adjusting activities as required.

Throughout all areas of the club and its premises, members and guests must adhere to social distancing and hygiene measures. Members and guests must observe the current Government guidance on self-isolating if displaying symptoms, someone in the household is displaying symptoms, or a member or guest has been instructed to isolate. More information can be found [here](#).

We would like to remind members that they are using the Club at their own risk but, to help reduce the risk of contracting COVID-19 whilst accessing HSC facilities, below are some general guidelines that should be considered at all times:-

- Stay at home if you, or someone in your household, are feeling unwell or are showing symptoms of COVID-19
- At all times, you should continue to observe social distancing guidelines at the Club; ensuring you are 2 metres away from anyone outside your household/support bubble or, if this is not possible, 1 metre distance is kept whilst implementing mitigating actions (e.g. wearing a face mask).
- You can meet up to 5 other people from different households outdoors from 29th March, but should follow social distancing guidelines - there should still be no social gathering of larger groups.
- Although we are endeavouring to provide cleaning products, hand sanitiser and PPE, we ask that members bring their own cleaning products, hand sanitiser and PPE.
- Do not share food, drink, or PPE with anyone outside of your household/support bubble.
- Please take your refuse home with you.
- Ensure that you are able to launch, rig, recover and de-rig boats without assistance from people outside of your household/support bubble.
- There will be no Safety Boat cover provided by HSC for recreational sailing. When doing this activity, please consider the potential impact on the emergency services in the event of an accident; and think ahead about what to do if you get into difficulty.
- Before going on the water, please be prepared and assess whether the conditions are suitable for you, in line with your ability and experience. Further guidance can be found on the RYA website.
- A First Aid Kit and the Club Defibrillator can now be found within the Toilet Block if required.

Activity programme

As we endeavour to return to a programme of activities that is as close to normal as possible, we’re sure - as you’ll recognise – that not everything can be completely normal. We are still in a

global pandemic and this calls for caution, responsibility and additional care to be taken in line with the guiding principles above. This may mean, for example, that if the OOD/Flag Officer deems the conditions not to be suitable for racing, they are entitled to make that decision – and we would encourage them to err on the side of caution.

The full Race Programme is available on the Club website (www.horning-sailing.club) and includes some new additions, including the new Sunday Broad Race Format and our Autumn Regatta. At this point, the Three Rivers Committee are planning for the Three Rivers Race to take place subject to government guidance.

Please contact racing@horning-sailing.club if you have any queries about the Race Programme.

Covid-19 Safety Protocols

We know that some of you will be nervous about returning to the Club, and that is completely understandable. The Management Committee have approved the attached Covid-19 Risk Assessment which will be reviewed regularly – we would ask that you familiarise yourself with this.

To highlight a few points:

When you visit the Club, (where possible) you will need to scan **the QR Code for NHS Test and Trace** – the QR codes are available across the Island site. If it is not possible to register via this system, please enter your details on a form supplied in the plastic container on the Bridge and enter this into the postbox on the Bridge – we require the following information: name, contact number, and date and time of visit. Slips will be held securely for 21 days and then destroyed.

It is essential that social distancing is maintained at all times whilst on the Island. There will be a number of reminders across the Island to assist with this. We will also be monitoring numbers on the Island. There is hand sanitiser equipment available across the site, cleaning materials available for use with the club tenders and PPE equipment for those on rescue boats.

We do have a few areas on the Island where distancing is more difficult – most notably the Bridge and the walkway to the toilets. To alleviate these problems:-

Bridge - Please sanitise your hands prior to and after crossing the bridge (even if the gate is open). Please cross the bridge **alone** or with your **household/support bubble** and wait until others have finished crossing before attempting to cross.

Walkway to the Toilets - As last season, there will remain a one-way system to the toilets – please do not enter the toilets if there is already another person in there, and wait for them to leave.

We are very conscious that the Club is in both a very enviable, but also very visible, position within the village – which we need to keep in mind at all times. However, if we all adhere to the above guidelines we can hopefully continue to enjoy our time at the Club and on the water.

OOD/Racing provisions

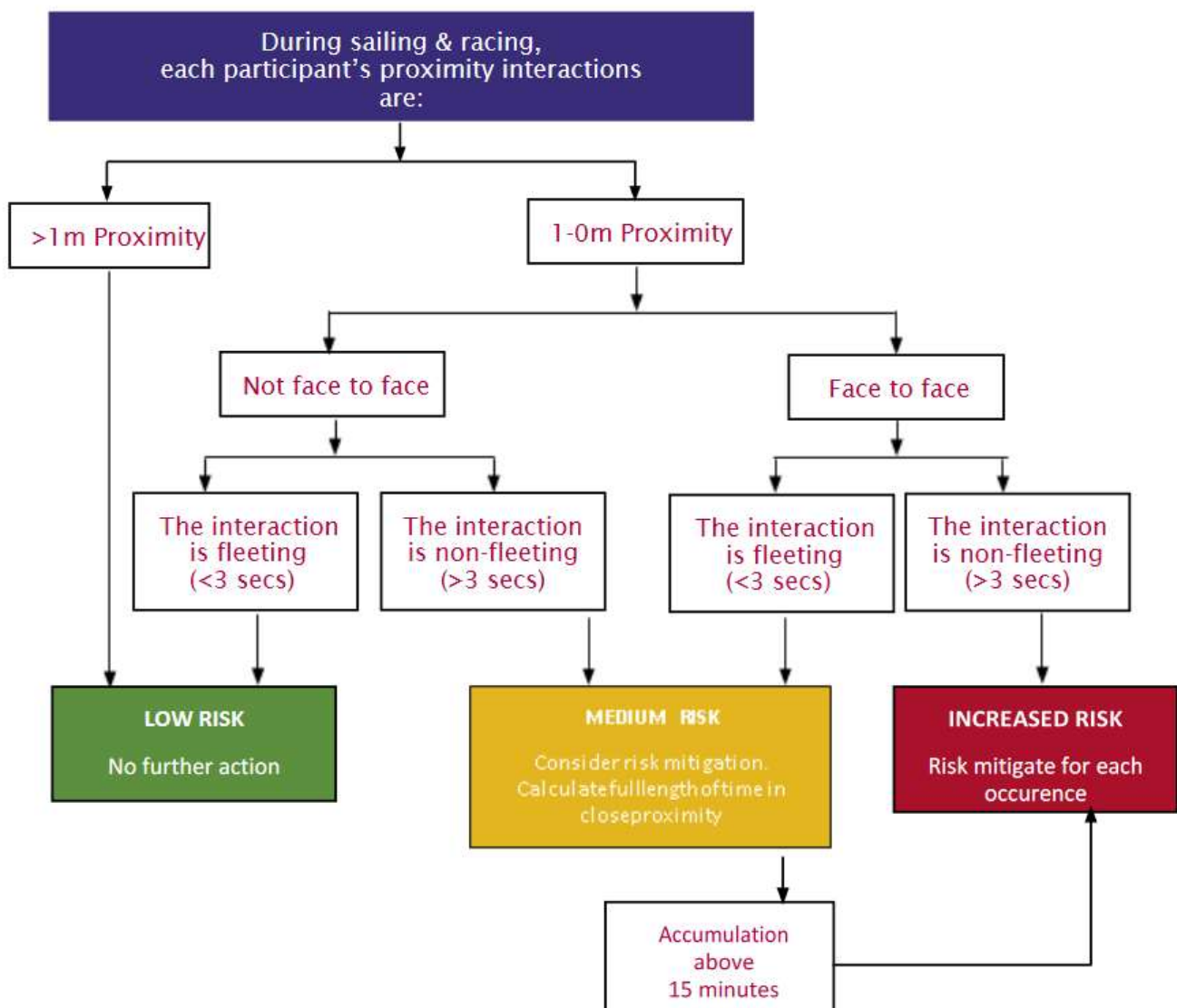
We are aiming for racing to be as normal as possible so have reverted to our usual Race Programme – available on the website [here](#)). There are minimal changes to our usual Sailing Instructions, which will be available on the Club website.

The [RYA Mixed Household guidance](#) for sailing applies at present to organised activities, and if you intend to sail with those outside of your household, this guidance must be adhered to, with mitigations in place. To highlight a few points from this guidance (which was updated 26th March 2021):

Essential first steps

All participants prior to sailing with people from other households

- Self-symptom check before leaving home
- Assess personal risk and that of your team
- Limit car sharing
- Register your attendance with the host club for test and trace, and where possible download and activate NHS app
- Arrive in sailing kit where possible
- Sanitise hands on arrival and prior to touching any shared surface
- Maintain social distancing at all times whilst ashore before launching after recovery



Advised mitigations in this scenario are:

No.	Mitigation	Applies To	Conducted By
1	Pre-attendance Symptom Check	All participants	All participants
2	Maintain record of participant contact details for 21 days	All participants	Organising Authority (maybe delegated to skippers)
3	Normal social distancing protocols to be followed onshore	All participants	All participants
4	When sailing, if unable to maintain more than 1m separation then maintain at least 0.5m separation between crew, avoid face to face and consider other non-face to face mitigation	Competitors	Competitors
5	Organise manoeuvres to maximise social distancing and avoid face to face where this would normally occur	Competitors	Competitors
6	For 2-person winches use with 1 person or wear a face covering	Competitors	Competitors
7	When >1 person below deck, maintain social distancing, limit duration to less than 5 minutes & regularly clean shared surfaces or equipment	Yacht racers	Yacht racers
8	For races of a duration to require sleeping onboard until step 3 only crew from one household permitted below deck at any one time. From step 3 maximum of 6 crew permitted below deck at any one time	Yacht racers	Organising Authority
9	Ensure numbers onboard Committee Boats are limited dependent on size of boat to allow minimum 1m spacing	Race Management team	Organising Authority
10	At end of the day or before use by another person clean down shared equipment	All participants	All participants
11	At end of each race and more frequently where practicable, practice hand hygiene	All participants	All participants

On arrival at the Club, please go straight to your boat. Please try to minimise risk and assess whether the conditions are suited to your ability, and try to be as independent as possible, e.g. take a long painter, and mast-head float if sailing a dinghy.

After racing, return to your mooring as soon as possible and leave as soon as your boat is packed away – this is to avoid gatherings on the Island, particularly on the front of the Clubhouse in between races

Entries for Club Racing on the River/Broad will be taken on the line by the OOD/AOD.

Down River Races - For Down River races an email will be sent to the membership the preceding week, with those planning to take part asked to reply with a mobile number, which will be used to communicate the briefing (as this will not be taking place in person at the start of the year).

The OOD instructions have also been updated and will be available on the Club website.

The Race Box is available for use by single households/bubbles or for mixed households with appropriate mitigations, with one member working outside the box, the other inside.

PPE equipment is available for rescue boat crews and should be used in case of rescue scenarios. In line with [RYA guidance](#), rescue crews can be from mixed households, with the requirement that both helm and crew remain as far apart as possible, wear face coverings, the helm remains helm all day and the radio is used by one crew member only.

Training

We are so keen to get back to training, as we know it's something you missed last year. At the same time, we are also very aware of limitations and challenges – so we've come up with a plan which we hope will work for everyone.

We are planning to **start Training** activities on **Thursday 20th May**, which is after the proposed date for Step 3 of the Roadmap, where outdoor gatherings of up to 30 people are allowed. At this point, we are planning to hold **Race Nights for all Juniors with Stage 2 and above**.

We are also planning to hold **Saturday Improver Sessions** (dates to be set) **for those with Stage 1**.

After Step 4 (provisional date **Thurs 24th June**) we are intending to revert to our usual **Training Sessions**, with **Beginners** training starting then. This will still enable 10 weeks of full training over the Summer.

We are intending for **Adult Training** to also start on **Thurs 24th June**.

We would also like to encourage **Young Sailors who are confident sailing in all conditions** to participate in **Club Racing on Sundays** – Races for Lasers, Splashes and Toppers begin at 10.50am for both Broad and River courses.

Facilities

There will also be a few changes to the facilities available to us when we start sailing. In line with government guidelines, **the Clubhouse and Changing Rooms are currently closed**, although the Changing Rooms are available *for emergency use* (if required, please note that the changing rooms are an area of increased risk, time inside should be minimised and please sanitise after use). Therefore, you should arrive at the Club ready for sailing or change in your vehicle.

Galley - We are planning to open the Galley **after 12th April** for **outdoor seated service** – more information to follow soon.

Toilets - The toilets at the Club will be **open**. Please adhere to the guidelines in the Risk Assessment when using these, including the one-way system – and hands must be sanitised and washed prior to entry and after exit. The toilets are being regularly cleaned.

Club tenders – Club tenders may be used whilst adhering to guidelines on social distancing. Due to multiple users of this equipment, it must be cleaned both before and after use, and cleaning materials will be provided.

Club pontoon – We are intending to move this onto the Broad for our first weekend of sailing. If you need to use the Pontoon we would advise that you remain in your boat moored alongside, although if you need to get off your boat, there can be a maximum of six individuals on the pontoon and social distancing must be maintained. The toilet will not be available for use.

Spectating - Under present government guidelines, spectators are currently not permitted, except for supervising under-18s (this must be limited to one adult only) and care purposes. Where it is necessary to be present in these circumstances, supervising adults should not mix with others from outside their household or support bubble. We are hopeful that this will change under Step 2. Racing on the river can be watched via the Club's webcams: <https://horning-sailing.club/webcams/>

Working Parties will be beginning in a very limited way in small groups whilst adhering to government guidelines. If you can help please contact vice-commodore@horning-sailing.club

These instructions are constantly being reviewed and are there for your safety and the safety of others – therefore members are expected to adhere to them.