



AHIMSA FOOD

Ahimsa Food was established in New Delhi, India in 2008. It's the first company to go into **"Mock Meat"** production in the country. We, at Ahimsa Food, are committed to producing high-quality gourmet Vegetarian food. Gram for gram, our products have as much protein as Chicken or Fish Meat and are high in Calcium and Fibre. Our products have **No Cholesterol, No Trans-Fat, No Preservatives, No Colour, No Monosodium Glutamate.**

We named our brand **"Veggie Champ"** because we expand the Nutritional, Textural, and Taste Boundaries of Vegetarians without in any way, making them compromise their values.



Ahimsa Food manufactures only vegetarian Mock Meats that is replacement of non-vegetarian food.

Mock Meats are products that look & taste like meat but are **100% vegetarian**. It originated in Japan, where it was perfected by Japanese Buddhist monks who were trying to wean themselves away from a meat based diet to a vegetarian diet.

veggie
champ
GOURMET VEGETARIAN FOOD

Enjoy tasty delicacies with
minimal cooking

100% VEGAN



Our Mission

To step towards a **peaceful** world that believes in co-existing by offering a variety of ingenious products tailor-made to fit the Indian palate. With integrity and **sustainability** etched in us, We truly wish to spread awareness through our products that vegetarian options are better for one's health as well as for socio-environmental aspects while also accentuating the ethical part of it. We wish to smoothen the transition for every person out there who wishes to espouse the path of righteousness and co-existing by providing them the best of both worlds, so they don't have to **compromise on the taste** as they embrace this journey.

Our Vision

To make the path of Co-existing and easily espoused and widely-recognized approach and thus reduce animal suffering and the sabotaging repercussions on the environment. We wish to spread awareness so that the people and the market move towards the path of co-existing and make conscious choices to embrace it while also steadily increasing the market share.



OUR PRODUCTS

Fillets



Variants available - Vegan Classic Fillet, Fajita Fillet, Afgani Fillet

veggie champ VEGETARIAN vegetarian

Veg Classic Fillet taste the difference from other vegetarian products. Tender, flaky moist, ideal to fry with spices or grill or make into a curry.

Nutritional Information

No.	Parameters	Result	Test Method
1	Energy (Kcal/100g)	127.3	ISO 15705:02
2	Protein (g/100g)	12.7	AOAC 920.00
3	Moisture (g/100g)	74.6	ISO 15705
4	Carbohydrate (g/100g)	1.5	ISO 15705
5	Moisture (g/100g)	74.60	ISO 15705-2
6	Water (g/100g)	73.84	ISO 15705-2

Classic Fillet

INGREDIENTS
Soya, Milk, Wheat Protein, Oil, Spices & Seasoned

ALLERGENS
GLUTEN, SOYA, MILK

HEATING INSTRUCTIONS:

1. Marinate in marinade of your choice
2. Sauté in hot oil for 30 sec, each on both side till brown & crisp or,
3. Cook in masala of your choice on a slow fire for 2-3 minutes only
4. Serve immediately with rice.

Quality Product by **veggie champ** Made in India Net Wt.: 200g Net Wt.: 1KG

Best Before: 12 Months from the date of packing, if stored in Refrigerated below 18°C

Mfg. Date: **Batch #:**

M.R.P. (incl. of taxes):

13314910000202
8 908000 425200

veggie champ VEGETARIAN

veggie champ VEGETARIAN

Head Office: A-238, 2nd Floor, Okha Industrial Area, Phase-I, New Delhi-110029
For Customer Care: 011-46044600, 011-46044601
E-mail: veggie@veggiechamp.in
website: www.veggiechamp.in

veggie champ VEGETARIAN vegetarian

Feature of fish, flavor of garlic, methi, ginger & green chilly. Simmer in a gravy of your choice for 5 minutes or marinate fillet in spices of your choice, pan fry, saute or grill

Nutritional Information

No.	Parameters	Result	Test Method
1	Energy (Kcal/100g)	127.3	ISO 15705:02
2	Protein (g/100g)	12.7	AOAC 920.00
3	Moisture (g/100g)	74.6	ISO 15705
4	Carbohydrate (g/100g)	1.5	ISO 15705
5	Moisture (g/100g)	74.60	ISO 15705-2
6	Water (g/100g)	73.84	ISO 15705-2

Afgani Fillet

INGREDIENTS
Treated Wheat, Soya, Milk, Wheat Protein, Soya Oil, Seasoned, Fresh Herbs

ALLERGENS
GLUTEN, SOYA, MILK

HEATING INSTRUCTIONS:

1. Sauté in hot oil 30 sec, each on both side, & serve with chutney or,
2. Cook in masala of your choice on a slow fire for 2-3 minutes.
3. Serve immediately with rice.

Quality Product by **veggie champ** Made in India Net Wt.: 200g Net Wt.: 1KG

Best Before: 12 Months from the date of packing, if stored in Refrigerated below 18°C

Mfg. Date: **Batch #:**

M.R.P. (incl. of taxes):

13314910000202
8 908000 425323

veggie champ VEGETARIAN

veggie champ VEGETARIAN

Head Office: A-238, 2nd Floor, Okha Industrial Area, Phase-I, New Delhi-110029
For Customer Care: 011-46044600, 011-46044601
E-mail: veggie@veggiechamp.in
website: www.veggiechamp.in

Hotdogs



Variants available - Seekh, Classic, Barbeque, Tandoori, Vienna and Mughlai Hotdog



vegetarian

Spicy smoky like a Tandoori Mughlai Kabab



Vegan Mughlai Hotdog

Heating Instructions:

1. Do Not Thaw.
2. Peel Plastic off the hotdog.
3. In hot non-stick Pan, put half teaspoon oil & half teaspoon water, heat the hotdog till hot & juicy.
4. Serve immediately.

INGREDIENTS: Wheat, Soya Protein, Soya Oil, Spices

ALLERGENS: Gluten, Soya

Best Before 24 Months from the date of packing. If stored at temperature below -18 °C

Quantity: 180g | Net Wt.: 180g
 Product by: India | Net Wt.: 3kg

AHIMSA FOOD अहिंसा फूड्स


Head Office: A-238, 2nd Floor, Okha Industrial Area, Phase-1, New Delhi-110020
 For Customer Care: 011-46274993, 09653201885
 E-mail: sales@ahimsafood.in
 website: www.ahimsafood.in | www.veggiechamp.in

Mfg. Date:-
 Batch # :-
 M.R.P. :- (incl. of all taxes)



vegetarian

Terrific in a bun as a hotdog sandwich, with mayo & chilly sauce or chop into slices, use as a topping on pizza, salad or pasta or heat & serve as appetizer with green chutney.



Barbeque Hotdog

Heating Instructions:

1. Do Not Thaw.
2. Peel Plastic off the hotdog.
3. In hot non-stick Pan, put half teaspoon oil & half teaspoon water, heat the hotdog till hot & juicy.
4. Serve immediately.

INGREDIENTS: Textured Soya, Milk, Soya & Wheat Protein, Soya Oil, Spices, Salt, Sugar, Starch, Sugar and Green Chutney

ALLERGENS: Gluten, Soya, Milk

Best Before 24 Months from the date of packing. If stored at temperature below -18 °C

Quantity: 180g | Net Wt.: 180g
 Product by: India | Net Wt.: 3kg

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Head Office: A-238, 2nd Floor, Okha Industrial Area, Phase-1, New Delhi-110020
 For Customer Care: 011-46274993, 09653201885
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Mfg. Date:-
 Batch # :-
 M.R.P. :- (incl. of all taxes)

Sausages



Variants available - Barbeque, Tandoori, and Classic sausages



Vegetarian

Terrific in a sandwich.
Heat and serve as an appetizer
or as a topping for pizzas, pasta
or salad.

Nutritional Information

No.	Parameters	Result	Test Method
1	Energy (kJ/100g)	5.5	IS 15029:02
2	Protein (g/100g)	12.2	AOAC 920.39
3	Carbohydrate (g/100g)	11.8	IS 15029
4	Moisture (g/100g)	71.94	IS 15029:02
5	Sugar (g/100g)	0.81	IS 15029:02

Classic Sausage


Heating Instructions:

1. Do Not Thaw.
2. Peel Plastic off the sausage.
3. In hot non-stick Pan, put half teaspoon oil & half teaspoon water, heat the sausage till hot & juicy.
4. Serve Immediately.

INGREDIENTS
Textured Soya, Milk, Soya & Wheat Protein, Soya Oil, Spices, Salt, Flour, and Starch.

ALLERGENS
Gluten, Soya, Milk

Best Before
13314010000282

Quality Product by  **Net Wt.: 180g**

Made in India **Net Wt.: 1Kg**

Best Before 24 Months from the date of packing.
If stored at temperature below -18°C

Head Office: A-236, 2nd Floor, Chhota Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-46214993, 09953308885
Central Office: Gurgaon, Haryana
Website: www.ahimsafood.in | www.veggiechamp.in

Mfg. Date: <input type="checkbox"/>
Batch #: <input type="checkbox"/>
M.R.P. (incl. of all taxes): <input type="checkbox"/>



Vegetarian

Terrific in a sandwich.
Heat and serve as an appetizer
or as a topping for pizzas, pasta
or salad.

Nutritional Information

No.	Parameters	Result	Test Method
1	Energy (kJ/100g)	5.5	IS 15029:02
2	Protein (g/100g)	12.2	AOAC 920.39
3	Carbohydrate (g/100g)	11.8	IS 15029
4	Moisture (g/100g)	71.94	IS 15029:02
5	Sugar (g/100g)	0.81	IS 15029:02

Barbeque Sausage

Heating Instructions:

1. Do Not Thaw.
2. Peel Plastic off the sausage.
3. In hot non-stick Pan, put half teaspoon oil & half teaspoon water, heat the sausage till hot & juicy.
4. Serve Immediately.

INGREDIENTS
Textured Soya, Milk, Soya & Wheat Protein, Soya Oil, Spices, Salt, Flour, Starch, Sugar and Green Chilli.

ALLERGENS
Gluten, Soya, Milk

Best Before
13314010000282

Quality Product by  **Net Wt.: 180g**

Made in India **Net Wt.: 1Kg**

Best Before 24 Months from the date of packing.
If stored at temperature below -18°C


Head Office: A-236, 2nd Floor, Chhota Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-46214993, 09953308885
Central Office: Gurgaon, Haryana
Website: www.ahimsafood.in | www.veggiechamp.in

Mfg. Date: <input type="checkbox"/>
Batch #: <input type="checkbox"/>
M.R.P. (incl. of all taxes): <input type="checkbox"/>

Salamis




Variants available - Pepper, Classic, Tandoori, and Chilli Salamis



Vegetarian

Taste the difference from other vegetarian products. Tender flavor ideal for pasta, salads, sandwiches. Terrific in taste.



Pepper Salami

Heating Instructions:

1. Thaw.
2. Heat Non-Stick Pan, sprinkle with few drops of water & few drops of oil.
3. Heat Salami in this till hot.
4. Serve Immediately.

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE

Quality Product by:  **Net Wt.: 100g**
 Made In India **Net Wt.: 1KG**

AHIMSA FOOD
 अहिंसा फूड्स
 Head Office: A-208, 2nd Floor, Chhatra Industrial Area, Phase-I, New Delhi-20
 For Customer Care: 011-46524493, 0996330688
 E-mail: sales@ahimsafood.in
 website: www.ahimsafood.in | www.veggietchamp.in

Mfg. Date:-
Batch # :-
M.R.P. :-
 (Incl. of all taxes)

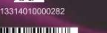
Best Before 24 Months from the date of packing, if stored at temperature below - 18° C.

Nutritional Information

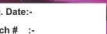
No.	Parameters	Result	Test Method
1.	Energy kcal/100g	255	ISO 15705-02
2.	Protein g/100g	15.5	AOAC 2012.09
3.	Fat g/100g	12.3	IS 17210
4.	Carbohydrate g/100g	15.5	IS 15446
5.	Moisture g/100g	23.84	IS 4186/20
6.	Sugar g/100g	0.81	IS 6468 Method 4, 2015


INGREDIENTS
 Textured Soya, Milk, Soya & Wheat Protein, Soya Oil, Spices, Salt, Flour, Herbs and Black Pepper.

ALLERGENS
 Gluten, Soya, Milk




13314401000282





Vegetarian

Taste the difference from other vegetarian products. Tender flavor ideal for pasta, salads, sandwiches. Terrific in taste.




Chilly Salami

Heating Instructions:

1. Thaw.
2. Heat Non-Stick Pan, sprinkle with few drops of water & few drops of oil.
3. Heat Salami in this till hot.
4. Serve Immediately.

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE

Quality Product by:  **Net Wt.: 100g**
 Made In India **Net Wt.: 1KG**

AHIMSA FOOD
 अहिंसा फूड्स
 Head Office: A-208, 2nd Floor, Chhatra Industrial Area, Phase-I, New Delhi-20
 For Customer Care: 011-46524493, 0996330688
 E-mail: sales@ahimsafood.in
 website: www.ahimsafood.in | www.veggietchamp.in

Mfg. Date:-
Batch # :-
M.R.P. :-
 (Incl. of all taxes)

Best Before 24 Months from the date of packing, if stored at temperature below - 18° C.

Nutritional Information

No.	Parameters	Result	Test Method
1.	Energy kcal/100g	15.9	IS 15705-02
2.	Protein g/100g	15.5	AOAC 2012.09
3.	Fat g/100g	12.3	IS 17210
4.	Carbohydrate g/100g	15.5	IS 15446
5.	Moisture g/100g	23.84	IS 4186/20
6.	Sugar g/100g	0.81	IS 6468 Method 4, 2015

INGREDIENTS
 Textured Soya, Milk, Soya & Wheat Protein, Soya Oil, Spices, Salt, Flour, Chillies

ALLERGENS
 Gluten, Soya, Milk



13314401000282



Kebabs



Variants available - Shami, Seekh and Galawati Kebabs

veggie champ SOURMET VEGETARIAN FOOD vegetarian

Ideal as a snack with a tender & juicy texture. Serve with choice of spicy chutney.



Nutritional Information

S.No	Parameters	Result	Test Method
1	Energy (kJ/100g)	15.5	AJ2019PC-02
2	Fat (g/100g)	0.5	ISO659:2016
3	Protein (g/100g)	22.2	IS 15119
4	Carbohydrate (g/100g)	0.5	IS 15106
5	Moisture (g/100g)	73.84	IS 6130:10
6	Sugar (g/100g)	0.81	ISO14869:2016

Shami Kebab

Heating Instructions:

1. Do Not Thaw.
2. Freezer to Fryer
3. Put kebab in hot oil deep fry until hot inside out
4. Do Not over handle kebab to avoid breakage.

INGREDIENTS: Soyab, Wheat Protein, Soya Oil, Spices, Milk, Fresh Mint

ALLERGENS: Gluten, Soya, Milk

Quality Product by **AFHIMSA FOOD** अहिंसा फूड्स Net Wt.: 200g

Made in India Net Wt.: 1kg

Head Office: A-238 2nd Floor, Okha Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-41627490, 0995330480
E-mail: sales@ahimsafood.in
website: www.ahimsafood.in | www.veggichamp.in

Batch # :-
M.R.P. :-

1331401000282

Do Not Store 24 Months from the date of packing. If stored at temperature below -18°C

veggie champ SOURMET VEGETARIAN FOOD vegetarian

Ideal as a snack with a tender & juicy texture. Serve with choice of spicy chutney.



Nutritional Information

S.No	Parameters	Result	Test Method
1	Energy (kJ/100g)	16.5	AJ2019PC-02
2	Fat (g/100g)	1.5	ISO659:2016
3	Protein (g/100g)	12	IS 15119
4	Carbohydrate (g/100g)	16.8	IS 15106
5	Moisture (g/100g)	80.72	IS 6130:10
6	Sugar (g/100g)	0.54	ISO14869:2016

Vegan Galawati Kebab

Heating Instructions:

1. Do Not Thaw.
2. Freezer to Fryer
3. Put kebab in hot oil deep fry until hot inside out
4. Do Not over handle kebab to avoid breakage.

INGREDIENTS: Soya, Lentils, Soya Oil, Fresh Herbs & Spices

ALLERGENS: Soya

Quality Product by **AFHIMSA FOOD** अहिंसा फूड्स Net Wt.: 200g

Made in India Net Wt.: 1kg

Head Office: A-238 2nd Floor, Okha Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-41627490, 0995330480
E-mail: sales@ahimsafood.in
website: www.ahimsafood.in | www.veggichamp.in

Batch # :-
M.R.P. :-


1331401000282

Do Not Store 24 Months from the date of packing. If stored at temperature below -18°C

Mock Meats




Variants available - Vegan Mock Mutton, Vegan Classic Chicken and Vegan Mock Duck



vegetarian

Veg Mock Duck has a juicy tender texture. Marinate with marinade of your choice. Grill or saute till well heated. You can also cook in a curry. Simmer for 5 mins. & serve with rice or chapati.



Nutritional Information	
Per 100g	Per 200g
Energy kcal/100g	455
Fat g/100g	11.1
Protein g/100g	12.1
Carbohydrate g/100g	18.8
Moisture g/100g	66.77
Sugar g/100g	1.01

Vegan Mock Duck

INGREDIENTS
Soya Protein, Refined Soy Oil, Wheat Gluten, Spices and salt.

ALLERGENS
Gluten, Soya

Heating Instructions:
1. Remove from plastic.
2. Thaw Out.
3. The product comes in brine, you can use the brine in cooking or heating the product.

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE.

Quality Product Made in India

Net Wt.: 200g

AHIMSAA FOOD
अहिंसा फूड्स

Head Office: A-218, 2nd Floor, Okhla Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-40574992, 09953300885
E-Mail: sales@veggiechamp.in
website: www.ahimsafood.in | www.veggiechamp.in

Best Before: 6 Months from the date of packing, if stored at temperature below -18° C.

Mfg. Date: _____
Batch # _____
M.R.P. _____



vegetarian

Our Classic Chicken is a very good VEGETARIAN substitute for recipes requiring chicken. It has a unique texture.



Nutritional Information	
Per 100g	Per 200g
Energy kcal/100g	155
Fat g/100g	11.5
Protein g/100g	13.3
Carbohydrate g/100g	16.5
Moisture g/100g	72.84
Sugar g/100g	0.81

Classic Chicken

INGREDIENTS
Soya, Vegetable Fibre, Salt, Soy Oil, Wheat Gluten and Spices

ALLERGENS
Gluten, Soya, Milk

Heating Instructions:
1. Roast in spices of your choice for 3 or 4 minutes.
2. add water for the gravy.
3. Pressure cook on a high fire for three whistles.

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE.

Quality Product Made in India

Net Wt.: 200g

AHIMSAA FOOD
अहिंसा फूड्स

Head Office: A-218, 2nd Floor, Okhla Industrial Area, Phase-I, New Delhi-20
For Customer Care: 011-40574992, 09953300885
E-Mail: sales@veggiechamp.in
website: www.ahimsafood.in | www.veggiechamp.in

Best Before: 6 Months from the date of packing, if stored at temperature below -18° C.

Mfg. Date: _____
Batch # _____
M.R.P. _____

Snacks



Variants available - Vegan King Prawns, Drum Sticks, Fish Fingers and Mexican Fingers

veggie champ Vegetarian

Ideal to perk up Chinese, Thai or other South East Asian recipes

Vegan Fish Fingers

Heating Instructions:

1. Marinate in marinade of your choice
2. Saute in hot oil for 30 sec. each on both side till brown & crisp or.
3. Cook in marinade of your choice on a slow fire for 2-3 minutes only.
4. Serve immediately with rice

Sl. No.	Parameters	Result	Test Method
1.	Empac. Moisture	17.72	10/2009/CO2
2.	Empac. pH	6.8	10/2012/24
3.	Protein (g/100g)	11.5	0/1310
4.	Carbohydrate (g/100g)	16.5	0/1308/01
5.	Moisture (g/100g)	61.5	10/1308/01
6.	Sugar (g/100g)	0.14	10/1310/04

INGREDIENTS
Texture Wheat, Soya, Wheat Protein, Soya Oil, Spices & Seasoning

ALLERGENS
Soya, Wheat

1331401000282

Net Wt.: 200g

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE

Best Before: 3 Months from the date of packing.
Refer to temperature below: -18 °C

Mfg. Date:-
Batch # :-
M.R.P. :-

AHIMSA FOOD
अहिंसा फूड्स

Head Office: A-238, 2nd Floor, Okhla Industrial Area, Phase I, New Delhi-110
For Customer Care: 011-46010493, 011-61000985
E-Mail: sales@ahimsafood.in
Website: www.ahimsafood.in | www.veggiechamp.in

veggie champ Vegetarian

Tender with spicy Tandoori flavour
crunchy & crisp outside
Ideal as snacks,
serve with a sauce of your choice

Veg Drum Stick

Heating Instructions:

1. Remove from freezer.
2. Fry immediately in hot oil 'till heated thru and thru breadcrumbs are golden brown
3. Serve with ketchup or coriander, chutney or sauce of your choice.

Sl. No.	Parameters	Result	Test Method
1.	Empac. Moisture	15.5	10/2011/CO2
2.	Empac. pH	6.2	10/2012/24
3.	Protein (g/100g)	12.2	0/1310
4.	Carbohydrate (g/100g)	17.2	0/1308/01
5.	Moisture (g/100g)	59.84	10/1308/01
6.	Sugar (g/100g)	0.11	10/1310/04

INGREDIENTS
Inclined Soya, Wheat Protein, Soya Oil, Milk, Fresh Herbs, Spices

ALLERGENS
Wheat, Soyabean, Fresh Herbs, Spices, Milk, Soya

1331401000282

Net Wt.: 200g

PLEASE REFER TO HEATING & COOKING INSTRUCTIONS BEFORE USE

Best Before: 3 Months from the date of packing.
Refer to temperature below: -18 °C

Mfg. Date:-
Batch # :-
M.R.P. :-

AHIMSA FOOD
अहिंसा फूड्स

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For Customer Care: 011-46010493, 011-61000985
E-Mail: sales@ahimsafood.in
Website: www.ahimsafood.in | www.veggiechamp.in



Veg Fajita Fillet

DELICIOUS
in every bite

THANK
YOU