

Counselor Booklet



TOP SECRET

Meadow Ranch 2026

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The 4 M's

1.BE AT ALL MEALS

Please clean up your own mess & stack chairs when leaving.

2.BE AT ALL MEETINGS

Please no food or drink in chapel.

3.BE MODEST

Please do not wear spaghetti straps, strapless or halter tops, sagging pants or shorts which expose undergarments, spandex shorts, clothing that exposes bare midribs, and no short shorts, skirts, dresses. When wearing leggings, please tie a shirt, flannel or sweatshirt around your waist.

Swimsuits: One piece suits are required. No speedos, tankinis or high cut bathing suits. We ask that all guests remain fully clothed, except when wearing bathing suits while in and around the waterfront or pool areas.

4.DON'T BE MESSING AROUND

Messing around includes, but is not limited to:

- * No drugs, alcohol, tobacco, nicotine products, or vapes
- * No firearms, fireworks, or weapons of any kind
- * No wrestling or horseplay
- * No guys in the girls' cabin area
- * No girls in the guys' cabin Area
- * No electronic devices
- * Stay out of the way of traffic
- * No diving in the lake
- * No inappropriate conduct of any kind
- * Anything else not included here that should be!

*** Counselor Notice:** *Counselor Notice: As counselor, you are the primary supervisor of your students at all times: during meals, chapel, recreation, free time, and in cabins. Ensure you monitor and address any behavior that may be dangerous or disruptive to the camp experience.*

Counselor Meetings

8:15am daily in Cedar Hall Chapel

Please be sure to attend all counselor meetings so you stay informed on everything happening. Counselors are also welcome to go directly into the Dining Hall for meals to set up their table.

Schedule

Sunday

5:00pm.....	Dinner – Cedar Hall
5:45pm.....	Ranch Time
	Counselor Meeting – Cedar Chapel
7:15pm.....	Opener MR Chapel
After Chapel.....	Youth Pastor Meeting -Cedar Chapel
9:15pm.....	Ark Open & Skate Night
10:15pm.....	Head to Cabins
11:00pm.....	Lights Out

Monday

7:00am.....	Wake Up Bell
7:45am.....	Breakfast
8:15am.....	Counselor Meeting
8:30am.....	Morning Meetups
9:00am.....	Chapel – CHURCH TIME @ 9:45am
	Cabin Time
10:50am.....	Recreation Chapel - MR Chapel Recreation
12:00pm.....	Lunch
1:00pm.....	Cabin Clean up
1:15pm.....	Free Time – Listen for the bell
5:00pm.....	Dinner
6:00pm.....	Ranch Time
	Counselor vs. Staff Kickball
7:15pm.....	Chapel
Bell.....	Ranch Time Dodgeball in the Ark
10:15pm.....	Head to Cabins
11:00pm.....	Lights Out

Tuesday

7:00am.....	Wake Up Bell
	Optional Polar Bear Swim – Pond
7:45am.....	Breakfast
8:15am.....	Counselor Meeting
8:30am.....	Morning Meetups
9:00am.....	Chapel
	Cabin Time
10:50am.....	Recreation Chapel Recreation
12:00pm.....	Lunch
1:00pm.....	Cabin Clean up
1:15pm.....	Free Time - Listen for the bell
3:00pm.....	Foosball Tournament – Ark
5:00pm.....	Dinner

Schedule

Tuesday (Cont'd)

12:00pm.....	Lunch
1:00pm.....	Cabin Clean up
1:15pm.....	Free Time - Listen for the bell
3:00pm.....	Foosball Tournament – Ark
5:00pm.....	Dinner
5:45pm.....	Picture & Pond Competition
7:15pm.....	Chapel
After Chapel.....	Cabin Time
Bell.....	Free Time Ark Open
	Night Swim
10:15pm.....	Head to Cabins
11:00pm.....	Lights Out

Wednesday

7:00am.....	Wake Up Bell
	Early Morning Worship Optional
7:45am.....	Breakfast
8:15am.....	Counselor Meeting
8:30am.....	Morning Meetups
9:00am.....	Chapel
	Cabin Time
10:50am.....	Recreation Chapel Recreation
12:00pm.....	Lunch
1:00pm.....	Cabin Clean up
1:15pm.....	Free Time Church Time - Listen for the bell
3:00pm.....	Ping Pong Tournament -Ark
5:00pm.....	Special Dinner
5:45pm.....	Ranch Time
7:15pm.....	Chapel
After Chapel.....	Cabin Time
Bell.....	Night Game - Meet in MR Chapel
	Head to Cabins after Night Game
11:30pm.....	Lights Out

Thursday

8:00am.....	Wake Up Bell
8:45am.....	Breakfast
9:15am.....	Counselor Meeting
9:30.....	Morning Meetups
9:45am.....	Chapel
11:15am.....	Recreation Chapel Recreation
12:30pm.....	Picnic lunch on the Meadow

Thursday (cont'd)

1:15pm.....	Free Time - Listen for the bell
5:00pm.....	Youth Pastor's Dinner
5:00pm.....	Dinner
5:45pm.....	Concert– MR Volleyball Deck
6:45pm.....	Ranch Time
7:15pm.....	Chapel
	After Chapel Cabin Time
Bell.....	Ranch Time Ark Open Skate Night
10:15pm.....	Head to Cabins
11:00pm.....	Lights Out

Friday

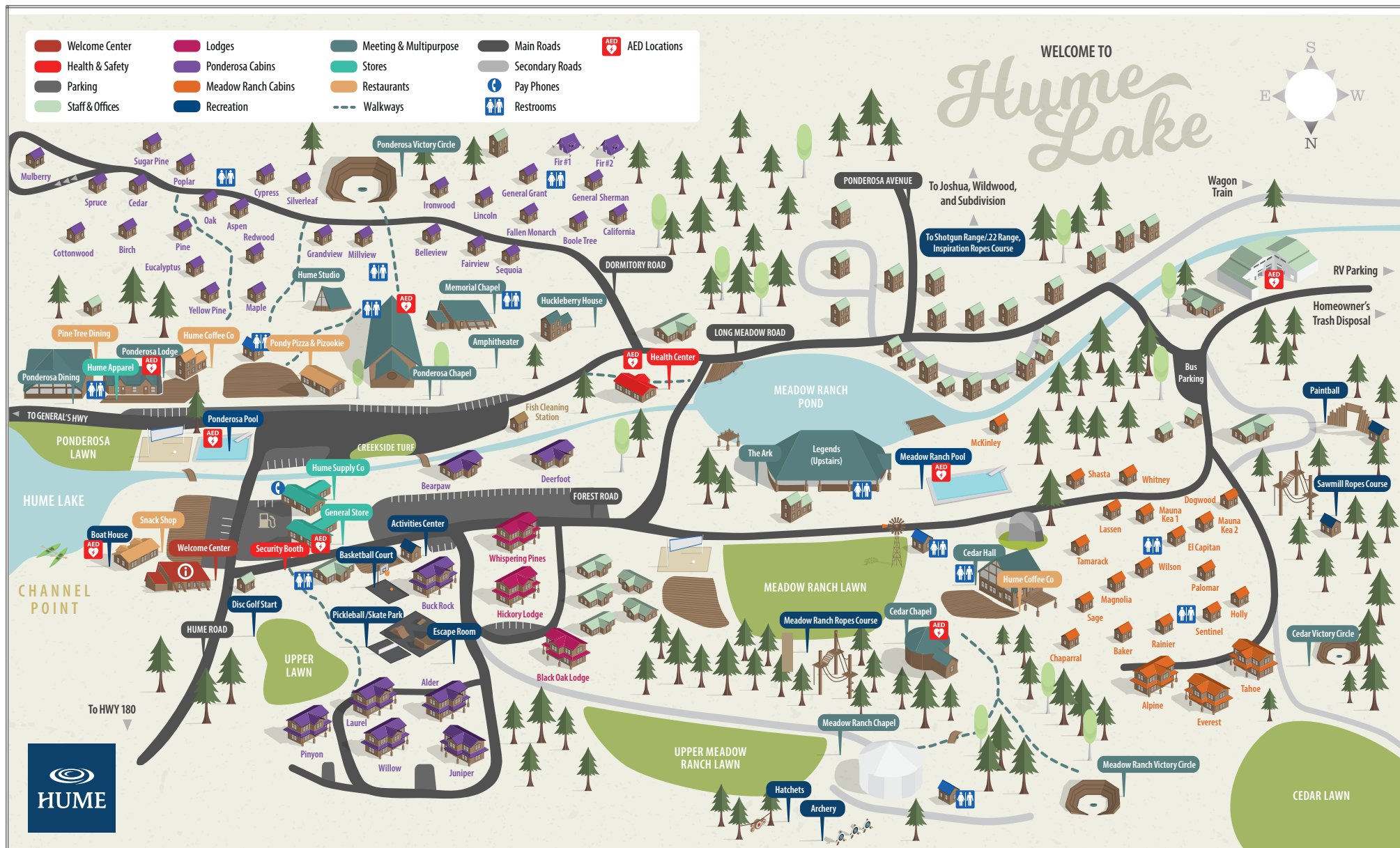
7:00am.....	Wake Up Bell
7:45am.....	Breakfast
7:45am.....	Camper Interviews - MR Pond
8:15am.....	Counselor Meeting
8:30am.....	Morning Meetups
9:00am.....	Chapel - CHURCH TIME @ 9:30am
	Cabin Time
10:50am.....	Recreation Chapel Recreation
12:00pm.....	Lunch
1:00pm.....	Cabin Clean Up
1:15pm.....	Free Time -Listen for the bell
2:00pm.....	Verses Due @ the Skate Window
5:00pm.....	Dinner on the Meadow
6:00pm.....	Ranch Time
7:00pm.....	Chapel
TBA.....	Victory Circle
After Victory Circle.....	Pick up Pizookies at Meadow Coffee Co.
10:15pm.....	Head to Cabins
11:00pm.....	Lights Out

Saturday

7:00am.....	Wake Up Bell
	Pack and Clean Cabin
7:30am.....	Cabin Checkout (Get a Lead Counselor to check your cabin before you head to Breakfast)
7:45am.....	Breakfast
8:30am.....	Head Home

Looking for a Lead Counselor?

They can be found at all meals, chapels, and at free time.



The Health Center

You as a counselor are IN A POSITION to assist in having a safe week.

It is your responsibility to see that your campers' health and safety are maintained while at camp.

Prevention

- Make sure you and your campers drink plenty of water.
- Encourage campers to eat all meals and drink plenty of fluids.
- If a camper is in need of a special meal plan, see the kitchen staff.
- Make sure that campers apply sunscreen regularly and use insect repellent.
- Do not allow your campers to hike or compete in activities barefoot. Bare feet are allowed in the pool and waterfront areas only

Medicine

- Under California State Law you are not allowed to administer any medicine to a minor. At Hume, this includes prescription and non-prescription (vitamins, supplements and over-the-counter medications).
- Medications will be given to campers by the nurse or intern during meals and at bedtimes.
- Emergency self-carry medications (EpiPens, inhalers, insulin) are permitted to remain with campers, a designated adult or in the cabin ONLY with proper authorization and physician order.
- In your cabin there is a lock box for you to keep your medicine and personal belongings. Please store them safely in there.
- We will provide each counselor with a list of the campers in their cabin that have medications to take during meals and at bedtime. **Please help to remind them to come and take those** medications at the Medication Station in Cedar Hall Dining in Meadow Ranch during the times listed below:

Students may pick up their medicine during meal times at Cedar Hall Dining

- Breakfast Mon, Tues, Wed, Fri, Sat: 7:30am-8:30am
- Breakfast Thur: 8:30am-9:30am
- Lunch Mon-Fri: 12-1pm
- Dinner: 4:45-5:45pm
- Bedtime: 8:15-10:15pm

Illness/Injury

- During the day, report sick or injured campers to the nurse, interns or lead counselors.
- Try to remain calm when someone is injured. When injury occurs, your responsibility is crowd control. Contact a staff member and stay with the injured camper.
- At night, please use your discretion when reporting an illness or injury. An emergency is something which cannot wait until the following morning.

CPR Training

If a camper is found unconscious and unresponsive please do the following:

- **CHECK** the scene, then **CHECK** the person.
- Tap on the shoulder and shout, "Are you okay?" and quickly look for breathing.
- Send someone to **CALL** or radio for 9-1-1 if no response and get an AED.
- **AED's are located in: Meadow Ranch Pool and Cedar Chapel.**
- If no response & not breathing, **BEGIN CHEST COMPRESSIONS.**
- Put the heel of one hand on the center of the chest with the heel of the other hand on top of it. Keep your arms straight with shoulders over your hands.
- Push hard (adult at least 2", child 2"), & fast (100-120/minute, to the rate of the song "Baby Shark").
- Let the chest rise completely before pushing down again.
- Continue chest compressions.
- **DO NOT STOP** unless: You see signs of life, another trained responder arrives and takes over, **EMS** takes over, you are too tired to continue, to put the **AED** on, or if the scene becomes unsafe.

Things to Know

Swim Tests

All campers who wish to swim in any body of water at Hume must take a swim test unless a parent has signed the attestation form and they have received a swim bracelet from their youth pastor. Swim tests will be held Sunday from 2:00–5:00pm and Monday from 1:15–2:00 p.m. at the Meadow Pool. For more information, see a lifeguard.

Tournaments and Rules

Get involved in our tournaments while at camp! We have two tournaments throughout the week; ping pong and foosball. Check your schedule for days & times! Foosball: 2 on 2, co-ed teams permitted, held at The Ark. Ping Pong: singles & doubles, co-ed teams permitted, held at The Ark.

The Boathouse

\$10 per hour | Rowboats/Canoes/Kayaks/Paddleboards

Archery

\$10 for 1 hour session on Monday and Wednesday at 1:30p/2:30p/3:30p. Sign ups are Sunday night after chapel at the Activities Center.

Paintball

Cost: \$25 includes a full hopper of paintballs and 1 free refill. Sign ups are Sunday night after chapel at the activities center. Meet at the MR Coffee Co. deck for pickup. Monday and Wednesday 1:00p, Tuesday and Thursday 3:15p, and Friday 1:00p / 3:15p.

High Adventure Ropes Course

Cost: \$25. Sign ups are Sunday night after chapel at the Activities Center. Meet at the Meadow Ranch High Adventure course. Monday, Tuesday, Thursday, and Friday 1:00p / 3:00p and Wednesday 3:00p. Nighttime Glow Rope Course is available too.

Camp Photo

The camp photo will be taken after dinner on Tuesday. Please turn in your order forms for the camp pictures by the end of free time, on Tuesday at the General Store.

Late Night Pizookie

Surprise your students and have a late-night treat at your cabin! \$30 gets you our 9x14 sheet cookie with ice cream on top. Includes plastic silverware and napkins. Pick up your pizookie in the Meadow Coffee Co. after Victory Circle. Sign up in the Ark snack shop by Friday at 5pm.

Skate Park

Open every afternoon during Free Time. Free rentals on Thursday at 3:00p.

Disc Golf

Cost: \$10 deposit to rent discs from the Activities Center or Boat House. Maps are also available and full refund once discs are returned. Hole 1 begins at the Upper Lawn.

Escape Room

Cost: \$10 per person. Sign ups are Sunday night after chapel at the Activities Center. Meet at the escape room. Monday, Wednesday, Friday 1:30p / 3:30p and Tuesday, Thursday 2:30p.

Recreation

Our Philosophy Behind Recreation

Above all, our desire is that recreation is simply another tool for bringing your students into a living, meaningful relationship with Jesus Christ. It is an opportunity for your students to bond together and for walls to breakdown, allowing trust and friendships to be built. Hopefully, this trust and friendship will translate into enriching conversations in your breakout sessions and cabin times.

Be Intentional With Recreation

Encourage your students to get involved. If you are sitting under the tree not wanting to participate or having a bad attitude, they will follow you. Whether you win or lose, remember the point is to have fun and to build unity within your group.

Be Respectful

It is easy to get a little too competitive, even as counselors. Remember, these students are watching you!! If you are yelling at the refs or are being rude to the other teams, your students may follow suit. Show your students what it looks like to be competitive with integrity. **You as the counselor are responsible for the conduct of your students during recreation.**

Try To Include All The Students

Try to highlight all your students throughout the different competitions. Some of your students will be more athletic than others, so try to include everyone on your team and look for ways to let each student feel like they are included.

Dress Appropriately

Help us by making sure your students are NOT wearing sandals or have bare feet during recreation, unless they are at the pool. Please be sure that students do NOT cut their shirts inappropriately and are NOT wearing short shorts, spandex shorts, or skirts. Some games may be in the pool or lake, and may require you to wear a swimsuit.

Monday: 4-Way Games

Locations will be announced in the Counselor meeting and at chapel.

Tuesday: 4-Way Games

Represent your team/team color!

Wednesday: Super Spirit Day

Thursday: Dye Wars

Be ready to get wet. Wear a white tee for Dye Wars. Please help us by making sure female campers are wearing a tank-top or bathing suit under their white t-shirt.

** T-shirts are available for purchase.*

Friday: The Great Race

Make sure your team is wearing running shoes + some are wearing swimsuits for water games.

Additional Information

Counselor Meetings (mandatory)

- At these meetings, we will provide you with any information, instruction, and guidance you will need to get you through the day.
- Monday, Tuesday, Wednesday, & Friday: 8:15am and Thursday: 9:15am

Meals

- Counselors are required to sit with students; at least one counselor per table.
- KP's will be determined at mealtime.
- No mixing, playing with or throwing of food.
- Keep campers at the table until dismissed.
- Campers must wash and sanitize at every meal.

Meetings

During meetings, it is the counselor's responsibility to spread out evenly around the chapel. Please sit near your campers.

- Your job is to help minimize distractions in the chapel.
- Please no food or drink in the chapel.
- Encourage your campers to use the restroom before meetings.
- While the speaker is giving the message, please monitor students and see that they are not distracting each other and that you are not distracting others.

Dinker

Another way to earn recreation points is to find our dear friend of the Meadow, Dinker. Dinker is a rubber duck who likes to hide in Meadow Ranch for campers to find him.

Dinker Will...

- Always be slightly visible
- Only be within Meadow Ranch Boundaries – not in girl or guy cabin areas
- Only be outside
- Only be hiding at eye level or below

For every day that Dinker is missing he will be worth more points. Once he is found, he must be turned into a lead counselor.

Free Time / Ranch Time

If your campers wish to go outside Meadow Ranch boundaries during free time, they must have a counselor with them.

- Please spend this time with your campers.
- Campers need a counselor to rent boats, kayaks, paddleboards or canoes. Counselors must accompany campers on the lake.
- Campers need a counselor when going to the cove.
- During Ranch Time, campers and counselors must remain inside of the Meadow Ranch boundaries. Please do not sneak down to the snack shop or to main camp.

Night Time

- Campers and counselors are to be in their cabins at 10:15 pm.
- Quiet time begins at 11 pm. This means your cabin needs to keep the volume down, as other cabins may be asleep or having serious conversations.

Medical Needs

For minor injuries or illnesses, a first aid kit is located in Cedar Chapel, Meadow Ranch Chapel, Cedar Hall, the Ark, and the Ranch House. Ask a Lead Counselor for assistance with first aid kits.

- If you need assistance, contact a Lead Counselor.
- Only during Free Time may you go directly to the Heath Center, which is located east of the pond (see map for reference).
- If you suspect a back injury, or other severe injury, please DO NOT move the injured person! Contact a Lead Counselor or Hume Lake Staff to transport the victim.
- For medical needs after 10:15pm, Lead Counselors can be located in Rooms 2 & 3 below Cedar Hall Dining. If you cannot locate a Lead Counselor, contact Security on a camp telephone at x1272 or go to the Security booth.

Miscellaneous

- If a camper is homesick or if you suspect a camper of being homesick, please pay special attention to this camper and go out of your way to make sure they feel included. Tell them you want them to stay, offer them your time and attention, encourage them to play games, participate in activities, learn verses, etc. to keep them busy and their minds off of home. Discourage frequent calls home.

** If a student must leave camp early, please inform a Lead Counselor as soon as you're aware of the situation.*

Frequently Asked Questions

What should I do when a camper is talking after 11:00pm?

Plan to be done with devotions and have lights out by 10:55pm. Campers need a little wind down time. If they make a disruption after the 11:00pm, contact a lead counselor for support.

What if a camper wants to leave the cabin after nighttime bell?

Your campers should not leave their cabin after the nighttime bell rings unless they need to use the bathroom and their cabin does not already have one. Please remind your students to fill up their water bottles before heading back to their cabins.

What if a camper is injured or sick?

Between 1:15-5:00pm, take camper directly to the the Health Center for major injuries. After 10:15pm, contact a Lead Counselor. They can be found in Room #2 boys & #3 girls below Cedar Hall (Dining Hall).

** For minor problems or injury, contact a Lead Counselor **

What can I do if a camper is messing around at a table or in a meeting?

Ask the camper to pay attention. Move the camper next to yourself. Seat the camper by the Leads.

What if the camper doesn't want to participate in Recreation?

Encourage the camper to participate and get involved. If the camper refuses to play he/she can watch – the camper may NOT leave the recreation area.

What if a camper wants to use the phone after Free Time?

Remind the campers in advance that phone calls must be placed between the hours of 1:15pm and 5:00pm. If they must call at other times, please ask a Lead Counselor for permission and accompany the camper to the phone.

What can I do if a camper is homesick?

Encourage the camper to play games, participate in activities, learn verses, etc. to keep them busy and their minds off of home.

What if a camper damages any Hume property?

Report the damage to a Lead Counselor immediately.

You are responsible for your campers; this includes taking away free time and other supervised discipline. (Always consult a Lead Counselor)

Memory Verse Guidelines

Philosophy

In light of recreation as a tool to bring students into a living, meaningful relationship with Jesus Christ, do not limit the use of these memory verses to winning recreation. Memory verses do earn valuable points, but more importantly, they are to assist you in meeting the spiritual needs of your students.

Each day is designed for you to gauge the spiritual temperature of your campers. Do these verses have any relevance, any meaning in their lives? Confront them, counsel them, encourage them, that is your responsibility.

With the above philosophy in mind, please do not “force feed” your students. If they do not desire to memorize Scripture, they do not have to. In light of the eternal value, not just temporal point value, encourage them as much as possible.

Daily Guidelines

- *Any translation may be used.*
 - *Each verse must be said word perfect.*
 - *There are no helps, no “gimmies,” no outside assistance.*
 - *Scoresheet must be turned in to the Skate window by 2:00pm on Friday.*
 - *Points are awarded off of a team total percentage.*
 - *Previous years verses can be recited for points.*
-

Memory Verses

Monday: Psalm 40:1-3

I waited patiently for the Lord; he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.

Tuesday: Psalm 51:1-3

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me.

Wednesday: Psalm 19:7-9

The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple; the precepts of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes; the fear of the Lord is clean, enduring forever; the rules of the Lord are true, and righteous altogether.

Thursday: Psalm 6:1-4

O Lord, how many are my foes! Many are rising against me; many are saying of my soul, "There is no salvation for him in God." But you, O Lord, are a shield about me, my glory, and the lifter of my head. I cried aloud to the Lord, and he answered me from his holy hill. I lay down and slept; I woke again, for the Lord sustained me.

Bonus Memory Verse

Friday: Psalm 103:1-10

Bless the Lord, O my soul, and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's. The Lord works righteousness and justice for all who are oppressed. He made known his ways to Moses, his acts to the people of Israel. The Lord is merciful and gracious, slow to anger and abounding in steadfast love. He will not always chide, nor will he keep his anger forever.

Previous Years Memory Verses

Genesis 50:19-21

Romans 5:3-5

2 Corinthians 4:7-18

1 Corinthians 10:12-13

1 John 1:8-10

Sunday

Devotional: Heart of God vs. Heart of Man

As we begin walking through the Psalms of David, we will start to understand the contrast between the heart of God and the heart of man. Luke 6:45 says this about the heart, *"The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks."*

The more we learn and intimately know the heart of God, the more we recognize our sinfulness and how different our hearts are from God's. The heart of God is holy, loving, just, merciful, gracious, faithful, patient, truthful and wise, while the human heart is sinful, dishonest, selfish, deceitful, and wicked.

Read Psalm 103.

In this psalm, we learn about God's character and His heart. His heart is unchanging, remaining the same through all time.

What do you believe to be true about God's heart?

As we learn about God this week, what do you hope to learn more about?

When we believe in the truth of who God is, it completely changes our lives. This week we will be examining the life of David through the Psalms. We will get a glimpse into the life of the believer and what it really looks like to walk with God through all seasons of the Christian walk. But first, we must come to a full understanding of the heart of God and what it means to put our faith in Him.

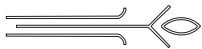
Pray: Thank God for who He is and ask Him to reveal His heart to you this week.

Sunday Notes

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Ice Breakers

1. Why are you here at camp this week?
2. What are you hoping to gain from this week?



Cabin Time Questions

1. What is the difference between the heart of God and the heart of man.
2. Why do you think Davey is described as "a man after the Divine's own heart," and what kinds of actions or choices might show that in a person's life?



Devotional: Sin & Gospel

In 1 Samuel 15 and 16, we see how Saul is anointed king by the prophet Samuel, but God is displeased with Saul as king because of his disobedience. God then commands Samuel to anoint a new king. Samuel anoints David as the new king over Israel. During his time as king, David wrote Psalm 40.

Read Psalm 40.

In this psalm, we see David address his sin, praise God, delight in God's law, admit his heart's failures, and address God as his help and deliverer. David says in Psalm 40:8, *"I delight to do your will, O my God; your law is within my heart."*

Do you find joy and delight in obeying God? Explain why or why not.

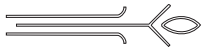
What does it mean to have God's law written on our hearts?

As we compare Saul and David, we see that David is obedient to God and committed to following Him completely. He delights in God's law and follows His will because he has fully surrendered his life over to Jesus. *What would complete surrender to God look like in your life right now?*

1 Samuel 16:13 tells us, *“The Spirit of the LORD rushed upon David from that day forward.”* The Holy Spirit fills us when we submit to following Jesus. Like David, we cannot do this life on our own, but God sends us a helper to accomplish His good work. If we believe in Jesus’ death and resurrection and proclaim Him as our Lord and Savior, then the Holy Spirit dwells within us. Hallelujah!

Pray: Thank God for the life, death, and resurrection of Jesus. Ask God for joy, delight, and surrender in obeying His Word through the Holy Spirit.

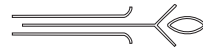
Monday Morning Notes

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Cabin Time Questions

1. What does it mean to “trust the Divine’s timing”?
2. Have you ever had to wait on God’s perfect timing? What did that look like?

Monday Evening Notes

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Cabin Time Questions

1. Who is David?
2. What is a Psalm?
3. What are some characteristics of God's heart?
4. In what ways is your heart different from God's heart?
5. In what ways is your heart being tuned toward God's heart?

In the life of any believer, though we are forgiven for our sins, we still fall into temptation. The reality is, we still continue to sin against God even after surrendering our lives to following Him. As we sin, God calls us to repent by confessing our sins.

As a follower of Jesus, we are called to regularly confess our sins and repent, knowing that God will forgive us. We see this practice in the life of David. He comes before God confessing his sins, turning away from his sins, and receiving forgiveness.

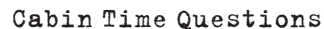
What does David ask God to do to his sins and transgressions?

Confessing our sins to God reminds us of our constant need for grace. It is not by our own doing that we are saved and not by good works, but by Jesus' death on the cross and resurrection from the grave. Like we see in the life of David, confession and repentance are daily rhythms in the Christian life.

What sins do you need to confess and repent of before God right now?

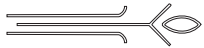
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Tuesday Evening Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Cabin Time Questions

1. Describe what confession means.
2. Describe what repentance means.
3. What are things you need to be honest about and bring to the feet of Jesus?
4. Describe a time when you experienced forgiveness.
5. How do repentance, confession, and forgiveness tune our hearts to God's heart?



Devotional: Worship, Praise, & Thanksgiving

Throughout David's life, we see that he worships God through tragic moments, mundane moments, and victorious moments. As followers of Jesus, our lives are not going to be easy and perfect by any means, but because of Christ, the battle over sin and death has been won, and for that we forever have a reason to worship God.

Read Psalm 19.

What does David praise God for in this psalm?

When David writes about various aspects of the Lord, what descriptive words does He use?

Psalm 19:14 says *“Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my redeemer.”* What is David praying to God for in this verse?

God is personal, caring, and with us throughout all of the various seasons of our lives. A psalm that David wrote about this is Psalm 23.

Read Psalm 23.

What does it say about God's character?

Because of God's character, what does it say about you?

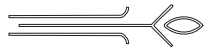
Write out a gratitude list of things you are thankful to God for.

Pray: Take time to slowly read Psalm 23 again, praying it over your life and worshipping God through it.

Reminders

- The Foosball tournament is at 3:00pm in the Ark.
- Pond Comp contestants meet at Noah's Nightmare at 5:45pm.

Wednesday Morning Notes

[illegible]

Cabin Time Questions

1. Why was Davey able to worship God even in hard times?
2. What does it look like for you to worship God in good times and in bad times?

Wednesday Evening Notes

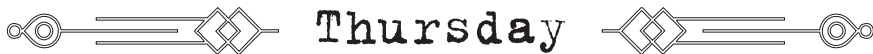
This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on its right side, suggesting it's resting on a surface.

Cabin Time Questions

1. In Psalm 19 and 23, how is David worshipping God?
2. How do you worship God? How do you practice thanksgiving?
3. What would it look like to worship God in the hard seasons of life?
In the easier seasons of life?
4. Describe ways you're thankful for God and His character.
5. How do worship, praise, and thanksgiving tune our hearts to God's heart?

Reminders

- The Ping Pong tournament is at 3:00pm in the Ark.



Devotional: Prayers of Lament

As we see in David's life, we cannot be sanctified into the image of Christ if we are keeping up a facade of hiding and covering what is really going on within our souls. We often think we must approach God with "put-together" or "polite" prayers, when that just perpetuates the dishonest facade. God desires our whole hearts and wants us to communicate with Him through honest, real, and vulnerable prayer. He already knows what is going on and He can handle whatever it is that we are feeling and experiencing, so we are invited to be honest and open with our loving, forgiving, and caring God. Many of David's psalms are amazing examples of the internal world of a believer honestly displaying deep cries of lament to God.

Read Psalm 3 & Psalm 6.

It is refreshing to see prayers of such honesty, boldness, and reverence before the Lord. **How does David honestly describe himself and his situations in these psalms?**

What does David write about the character of God in these psalms?

The Psalms of Lament are powerful and honest expressions of passion, grief, sorrow, mourning, regret, and confusion that are prayed to God believing that He is all-powerful. Lamenting expresses deep personal pain to God, yet deep trust in God.

Lament Prayer Structure

Address: A cry to God

Complaint: Honestly describe the problem

Petition/Request: Plea for help from God

Affirmation: A statement of trust in God amidst such pain

Pray: Write a letter to God honestly confessing to Him, knowing that He is loving and forgiving.

Thursday Morning Notes

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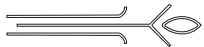
Cabin Time Questions

1. What do you think it means when we say that God desires our whole heart?
2. How did Davey honestly communicate with the Divine?

Reminders

- Pick up camp photos tomorrow at the counselor meeting
- Youth pastors meet at the Ranch house at 4:45pm for dinner with Becca and Harry.

Thursday Evening Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Cabin Time Questions

1. In what ways have you experienced God's heart of compassion and love?
2. How have you experienced praying a prayer of lament?
3. What have you been hiding or covering from God that you can bring to Him right now?
4. What would it look like to practice honest prayer to God in your daily life?
5. How does lament tune our hearts to God's heart?

Friday

Devotional: Fellowship of the Body of Christ

As we reflect on the entirety of the week, we first learned that God's heart and man's heart are wholly and completely different. Through David's life and psalms, we have explored the external and internal world of the believer. We learned ways that God tunes man's heart to His: through the Gospel of Jesus Christ, confession & forgiveness, worship & praise, and prayers of lament.

The Christian life was not meant to be lived alone but to be lived within the Church, the Body of Christ. We see the example of fellow believers within David's life through Nathan as well as through David's mighty men. Within the Church, we experience fellowship with other believers, corporate teaching, communal prayer, and communal worship. Through all these aspects of the Church, we are together and individually formed more into the image of Christ.

Read Psalm 122. This is a psalm about finding joy in gathering together as God's people. Together, God's people were going to the House of the Lord, referring to the Temple in Jerusalem in the Old Testament.

Read Psalm 133. This is a psalm that celebrates unity among God's people.

After reading these two psalms, what are some characteristics of God's people?

Gather together as a cabin and share encouragements of how you see God forming one another into the image of Christ.

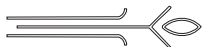
By receiving the truth of the Gospel, practicing confession & forgiveness, in worship & praise, in honest laments to God, and in being a part of the Body of Christ, we become more and more like Jesus, reflecting the heart of God. Through this, He is glorified.

Pray: Thank God for the church family that you get to be a part of. Pray for joy, peace, and unity with your church.

Reminders

- Turn in memory verse score sheets by 2:00pm at the skate window in the Ark.
- Pick up camp photo at the counselor meeting this morning.
- Our video team will be recording testimonies and stories from students of what God has done this week at camp. 7:45am at the Meadow Ranch Pond.

Friday Morning Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Cabin Time Questions

1. Why do you think Davey surrounded himself with people who loved the Divine?
2. How can other people help us hear from or feel encouraged by God?

Friday Evening Notes

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Cabin Time Questions

1. What does your community look like? Who are you surrounding yourself with?
2. What are some ways you have experienced the Body of Christ (Church) this week at camp?
3. As you reflect on this week of camp, how did God tune your heart to His heart?
4. As you pursue a relationship with Jesus, what are you taking away from this week?
5. How can you reflect the heart of God in your families, schools, and communities when you go home?

Upcoming Opportunities

Young Adults Retreat

November 6-8, 2026, March 5-7, 2027

These retreats are for young adults age 18-30. We bring together like-minded individuals and groups from all over the west coast to unite for a long weekend of amazing activities, great speakers, worship, and more coffee and food than you'll know what to do with. Join in the many activities of camp or if you'd rather simply hang out with friends and meet some new people we've got plenty of space for that as well. So come reconnect with your friends and rekindle your relationship with God in a place free of distractions and surrounded by His creation. For more info or to register go to www.hume.org/young-adults.

R & R Retreat

September 14-17, 2026

The front lines of youth ministry are a rewarding and tiring place to be. Come to Hume Lake and enjoy the fellowship of Hume Lake staff and like-minded youth workers. You'll return home refreshed, better connected, and spiritually prepared for whatever God has in store for you! Don't miss this unique opportunity as Youth Workers of all walks of life come together to invest in each other. You will be challenged and inspired as we study God's word and participate in round table discussions. For more info or to register, check out www.hume.org/lake/youth-workers.

Joshua Wilderness Institute:

Joshua is a 9 month discipleship gap year program located at Hume Lake that is designed for 18-24 year olds who want to go deeper in their relationship with the Lord. Interested or want more info? Go to hume.org/joshua

Get it Online

hume.org/media/meadow-ranch/

All camp and wrap-up videos are available on our website to view and download for free.

Stay Connected with Hume

hume.org //  [@humelake](https://www.instagram.com/humelake) //  [humelake](https://www.facebook.com/humelake)

Have fun photos from your time here at camp? Post them on Instagram or Facebook using the hashtags [#humesummer26](https://www.instagram.com/explore/tags/humesummer26) and [#humelake](https://www.instagram.com/explore/tags/humelake).

Hume Apparel Online

humesupplyco.com //  [humesupplyco](https://www.instagram.com/humesupplyco)

Hume Apparel creates garments and accessories that help you shine bright as a light for Christ. We are determined to glorify God and share the message of Jesus through brilliant design and quality craftsmanship. Shop online or visit our store at Hume Lake.

Production Cast of Characters

Skit Characters

The Divine (God): The one in total control of everything. He made Davey the Mayor, and He is the person Davey turns to and praises no matter how hard life gets. The true main character.

Detective Cobal (Solomon in the Bible): A sharp, serious detective. He starts by trying to solve a crime but ends up rediscovering his father's legacy.

Junior (Mobile): The "rookie" detective. He is loud, funny, and jumps to wild conclusions.

Davey The Mayor (King David in the Bible): His life shows a man who made mistakes but always returned to God with honesty and trust.

Nella Flax (Nathan in the Bible): Davey's wise advisor. She isn't afraid to tell the truth when someone messes up, but she also reminds everyone of the power of forgiveness.

Chester Claret (Mephibosheth in the Bible): A friend who grew up in the shadow of his father's friendship with Davey. He helps prove that Davey chose mercy over revenge.

Richard Greene: A practical banker who thinks money equals security. He doesn't understand Davey's peace and represents a "worldly" way of looking at life.

Vivie Violet: A bold jazz club owner who knew Davey's artistic heart. She shows how Davey used music to share his real feelings with the Divine.

Arthur (The Butler): A quiet, calm guide who observes everything. He is like a shepherd who subtly helps the other characters find the truth at the right time.

The Mighty Men (David's Mighty Men): Davey's bandmates and closest friends. They knew his secrets and his heart, showing what true community looks like.



HUME

Meadow Ranch Counselor