



**UNDER
THE SUN** / *with*
**BROCK
STERLING**



WELCOME TO WINTER CAMP!

THEME VERSE:

Ecclesiastes 12:13

The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man.

COUNSELOR MEETINGS

Ponderosa Chapel

5:00pm Saturday // 5:00pm Sunday

Please attend all counselor meetings for important information about camp. *Sunday counselor meetings are held during holiday weekends only.*

Need to Find a Redcoat?

Redcoats (Hume Winter Camp Lead Counselors) are at all meals, chapels, and can be found roaming the major areas of camp. Should a need arise late at night, find them in their lodging upstairs in Ponderosa Lodge.

1. BE AT ALL MEALS

All meals are served buffet style. Please take your plates, cups, silverware back to the kitchen, stack your chairs, and wipe down your tables before you leave the dining hall.

2. BE AT ALL MEETINGS

Please sit with your students during chapels and ensure they are on time. Chapel doors will always open 10 minutes before meetings begin. Please, no food or drink in chapel.

3. BE MODEST

Please do not wear spaghetti straps, strapless or halter tops, sagging pants or shorts which expose undergarments, spandex shorts, clothing that exposes bare midriffs, and no short shorts/ skirts/dresses. When wearing leggings, please tie a shirt, flannel or sweatshirt around your waist.

4. DON'T BE MESSING AROUND

No drugs, alcohol, tobacco, firearms, fireworks or weapons of any kind
No guys in the girls' cabin area; no girls in the guys' cabin area
No wrestling or horseplay
No electronic devices
Stay out of the way of traffic
No walking on the frozen lake or pond



REGULAR SCHEDULE

*January 5-7 // January 19-21 // January 26-28 // February 2-4
February 23-25 // March 1-3*

FRIDAY

7:30pm.....Meeting (Ponderosa Chapel)
9:00pm.....All Activities OPEN
 Indoor Reball Sign-ups in OK Chalet (\$5 per session)
 Escape Room Sign-ups in OK Chalet (\$10 per person)
10:15pm.....Head to Bed
10:30pm.....Cabin Discussions
11:30pm.....Lights Out

SATURDAY

7:45am.....Youth Pastor Breakfast (Pine Tree)
7:45-8:45am.....Breakfast / Broom Hockey Sign-ups (Ponderosa Dining)
8:30am.....Early Morning Worship ****OPTIONAL**** (Ponderosa Chapel)
9:00am.....Meeting (Ponderosa Chapel)
10:30-11:15am.....Cabin Discussions
11:30am.....Opening Ceremonies for Broom Hockey (The Ark)
 Broom Hockey Tournament Begins
 OK Chalet & Hume Coffee Co. OPEN
 Counselors vs Staff Broom Hockey
 (As soon as Tournament is over - approx. 2:00pm)
12:00-1:30pm.....Lunch
12:30-5:30pm...FREE TIME
 Hume Coffee Co., OK Chalet, Tatonka, & Rock Wall OPEN
 Snowboard & Tube Run OPEN
 Escape Room (1-5:00pm, Sign-up Required)
 Indoor Reball (1-5:00pm, Located at Meadow Ranch Chapel)
 Ice-Skating after Broom Hockey (Approx. 4:15pm)
5:00pm.....Counselor Meeting (Ponderosa Chapel)
5:30pm.....All Activities CLOSED

SATURDAY (CONT'D)

5:30-6:45pm.....Dinner (Ponderosa Dining)
7:00pm.....Meeting (Ponderosa Chapel)
9:15pm.....Kurth Cup Broom Hockey Championships (The Ark)
 OK Chalet & Hume Coffee Co. OPEN
9:45pm.....Boxsled Blitz Check-In (Bottom of Tube Run)
10:00pm.....EVERYONE to Tube Run for Boxsled Blitz
 Boxsled Blitz begins as soon as everyone is checked in!
 Head to Bed once Boxsled Blitz is over
11:00pm.....Cabin Discussions
11:45pm.....Lights Out

SUNDAY

7:45-8:45am.....Breakfast (Ponderosa Dining)
9:00am.....Meeting (Ponderosa Chapel)
10:30am.....Cabin Discussions
11:15am.....Pack Up & Check Out
11:30am.....Lunch & Head Home



LONG WEEKEND SCHEDULE

January 12-15 // February 9-12 // February 16-19

FRIDAY

7:30pm.....Meeting (Ponderosa Chapel)
9:00pm.....All Activities OPEN
 Indoor Reball Sign-ups in OK Chalet (\$5 per session)
 Escape Room Sign-ups in OK Chalet (\$10 per person)
10:15pmHead to Bed
10:30pm.....Cabin Discussions
11:30pm.....Lights Out

SATURDAY

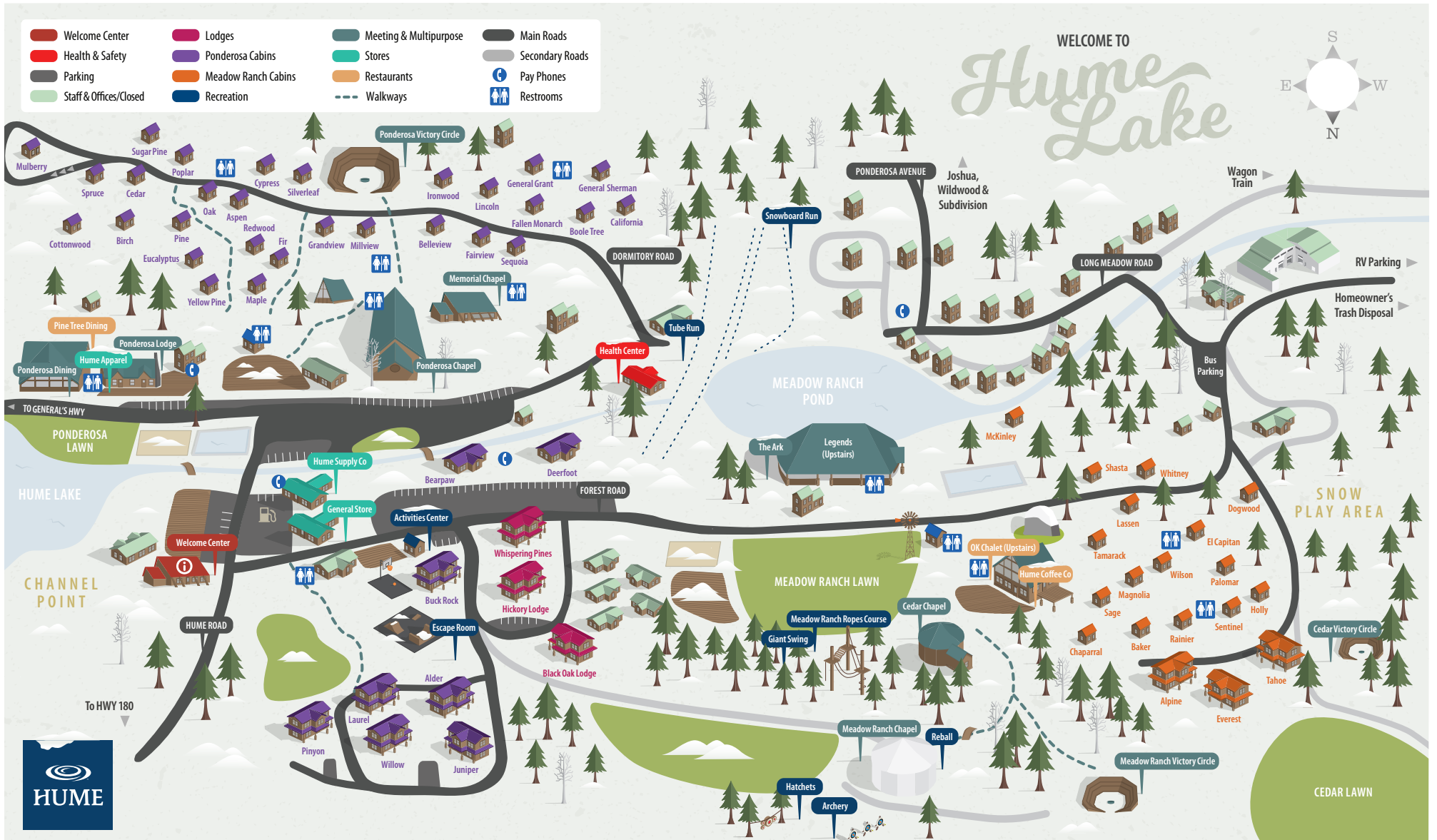
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 Hume Coffee Co., OK Chalet, Tatonka, & Rock Wall OPEN
 Snowboard & Tube Run OPEN
 Escape Room (1-5:00pm, Sign-ups Required)
 Indoor Reball (1–5:00pm, Located at Meadow Chapel)
 Ice-Skating after Broom Hockey (Approx. 4:15pm)
5:00pm.....Counselor Meeting (Ponderosa Chapel)
5:30pm.....All Activities CLOSED
5:30–6:45pm.....Dinner (Ponderosa Dining)
7:00pm.....Meeting (Ponderosa Chapel)
9:00pm.....Activities OPEN
9:15pm.....Open Mic Night (OK Chalet)
10:15pm.....Head to Bed
10:30pm.....Cabin Discussions
11:30pm.....Lights Out

SUNDAY

7:45–8:45am.....Breakfast / Broom Hockey Sign-ups (Ponderosa Dining)
8:30am.....Early Morning Worship ****OPTIONAL**** (Ponderosa Chapel)
9:00am.....Meeting (Ponderosa Chapel)
10:15–11:15am.....Cabin Discussions
11:30am.....Broom Hockey Tournament Begins
 OK Chalet & Hume Coffee Co. OPEN
 Counselors vs. Hume Staff Broom Hockey
 (As soon as Tournament is over – approx. 2:00pm)
12:00–1:30pm.....Lunch
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 Hume Coffee Co., OK Chalet, Tatonka, & Rock Wall OPEN
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 Hume Coffee Co. & OK Chalet OPEN
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10:00pm.....EVERYONE to Tube Run for Boxsled Blitz
 Boxsled Blitz begins as soon as everyone is checked in!
 Head to Bed once Boxsled Blitz is over
11:00pm.....Cabin Discussions
11:45pm.....Lights Out

MONDAY

7:45–8:45am.....Breakfast (Ponderosa Dining)
9:00am.....Meeting (Ponderosa Chapel)
10:30am.....Cabin Discussions
11:15am.....Pack Up & Check Out
11:30am.....Lunch & Head Home



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ESCAPE ROOM

\$10 per person // Located on the hill above the Activities Center // Ahoy! Gather up yer finest crew and test your mettle against Captain Roberts in this year’s swashbuckling Escape Room! // Sign-ups in OK Chalet on Friday night.

TUBE RUN // ICE SKATING

Free // Just show up and our activities staff will get you and your students set up with all the equipment needed to enjoy the fun!

SNOWBOARD RUN

Free // New location by the Tube Run // Come enjoy snowboarding, fire pits, hangout areas, FREE hot chocolate and freshly popped popcorn!

INDOOR REBALL

\$5.00 for 30 minutes of play // Meadow Ranch Chapel // Come with a team of eight, or show up individually and get placed on a team. Sign-ups in OK Chalet on Friday night.

HUME COFFEE CO.

Warm up and have a delicious cup of coffee, hot chocolate or warm cider. Hume Coffee Co. is a great place to have a good conversation or to play cards with your students!

OK CHALET, + TATONKA, + ROCK WALL

Join us in the OK Chalet for a little break from the cold! Enjoy a soft couch, great food, games and more! Plus, you can take on our mechanical buffalo, Tatonka, AND climb our brand new indoor rock wall!

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OK CHALET

Regular Weekend Hours

Friday // 3p–6:30p, 9p–10:15p
 Saturday // 11:30a–5:30p, 9p–10p
 Sunday // Closed

Long Weekend Hours

Friday // 3p–6:30p, 9p–10:15p
 Saturday // 11:30a–5:30p, 9p–10:15p
 Sunday // 11:30a–5:30p, 9p–10p
 Monday // Closed

HUME COFFEE CO.

Regular Weekend Hours

Friday // 3p–5:30p, 9p–10:15p
 Saturday // 7a–8:30a, 11a–5:15p, 9p–10p
 Sunday // Closed

Long Weekend Hours

Friday // 3p–5:30p, 9p–10:15p
 Saturday // 7a–8:30a, 11a–5:15p, 9p–10:15p
 Sunday // 7a–8:30a, 11a–5p; 9p–10p
 Monday // Closed

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OUR PHILOSOPHY BEHIND RECREATION

Above all, our desire is that recreation is simply another tool for bringing your students into a living, meaningful relationship with Jesus Christ. It is an opportunity for your students to bond together and for walls to breakdown, allowing trust and friendships to be built. Hopefully, this trust and friendship will translate into enriching conversations in your breakout sessions and cabin times.

BE INTENTIONAL WITH RECREATION

Encourage Your Students To Get Involved. If you do not want to participate or have a bad attitude, they will follow you. Whether you win or lose, remember the point is to have fun and to build unity within your group.

Be Respectful. It is easy to get a little too competitive, even as counselors. Remember, these students are watching you!! If you are yelling at the refs or being rude to the other teams, it can just turn ugly. Show your students what it looks like to be competitive with integrity.

Dress Appropriately. Help us out by making sure your students are dressed in such a way that whether they are bending over or leaning down while playing Broom Hockey they won’t be revealing themselves inappropriately.

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BROOM HOCKEY



TEAMS

- * Teams may be comprised of several churches or one church may have several teams.
- * Each team consists of 8 campers. Campers may only play for one team in the tournament. Counselors may not play in camper tournaments.
- * No co-ed teams.
- * Tournament play is gender specific.
- * Develop a creative, appropriate, and wholesome name for your team.
- * Register your team during breakfast.

RULES

- * No cleats, blades or shoe modifications of any kind permitted on the ice at any time.
- * Each game starts with a face-off and is 4 minutes long.
- * All players must hold onto their broom at all times.
- * For a goal to count, the puck must break the plane of the back side of the goal line and be under the height of the cones.
- * Goalkeepers must remain on both knees and stay in the goal box. At no time may a goalkeeper consistently lay down between the cones.
- * Goalkeepers may trap the puck with their hands and/or feet. When the puck is trapped, players must move back to allow the puck to be put into play. The goalkeeper must use the broom to put the puck back into play.

SUDDEN DEATH

- * In the event of a tied score, the game will go into "sudden death" overtime.
- * Goals are widened, and the first team to score wins.

SAFETY

- * No climbing or sitting on the railing.
- * Keep all snow and foreign objects off the ice rink.
- * When entering/exiting the rink, always use the gate closest to the ark window.
- * Helmets and gloves must be worn at all times while on the ice.



BOXSLEDS

- * Each church is allowed to send down 1 boxsled with at least 2 but no more than 6 riders.
- * Register your churches Boxsled at the final counselor meeting

CONSTRUCTION

- * You are allowed to use duct tape and cardboard only to create your boxsled—painting or putting anything on your boxsled other than duct tape and cardboard will result in disqualification.
- * Boxsleds can be built before coming up to Hume, but hopefully students will put on the finishing touches while here at camp. You may build your sled in Memorial Chapel or other indoor locations; we just ask that you and your students clean up after you are done.
- * Put all trash and excess cardboard in designated locations.
- * You may purchase additional cardboard and duct tape at the general store if you run out.

CHECK-IN, SCORING, + JUDGING

- * Only the riders, a counselor, and a few of the students who helped build the box are allowed at check-in. One student will have 1 minute max to explain the concept behind the sled. Judges base their score on two components: the creativity of the boxsled and the quality of the run.

SAFETY

- * Each rider must be wearing gloves, a long sleeve shirt/sweatshirt and long pants.

THE GOLDEN MAILBOX

- * The church that receives the highest score in the Boxsled Blitz gets to take home the Golden Mailbox for an entire year.
- * If your church wins the Golden Mailbox it is up to you to bring it back when you return the following year and try to win it again.
- * You as a church can add anything you want to the mailbox (eg. a picture of your youth group, wheels on the bottom, have everyone sign it, etc.). Be as creative as you can be!
- * The only rule is that you may not remove anything from the mailbox that is already there.
- * Our hope is that the mailbox comes back every year with something new added to it.

THE HEALTH CENTER

The Health Center is located at the bottom of the Tube Run.

HOURS // 8:00AM-11:00PM DAILY

- * A nurse is readily available during open Health Center Hours.
- * If you or your camper is injured or feeling ill, please check with a redcoat prior to visiting the health center to be sure a nurse will meet you there.
- * The Health Center is closed during chapel times. Please encourage your camper to wait until after chapel unless there is an emergency (i.e. allergic reaction, seizure, etc.). If there is an emergency during chapel, find a redcoat or staff member to radio the nurse on call.

AFTER HOURS

- * Emergencies only—Please use discretion regarding incidents at night.
- * An emergency is something which cannot wait until the following morning.
- * Please bring the camper to the redcoats at Ponderosa Lodge before going to the Health Center after hours.

COUNSELOR RESPONSIBILITY

- * It is your responsibility to see that your campers' health and safety are maintained while at camp. Ask students if they have any activity restrictions or allergies. Encourage campers to drink plenty of water, be at all meals, and wash hands for 20 seconds before every meal. Ask your students if they take regularly scheduled medications and remind them at mealtimes to get their scheduled dose.
- * Try to remain calm when someone is injured. When injury occurs, your responsibility is crowd control. Contact a Hume staff member to transport patient to the Health Center.
- * Stay with the injured camper.

MEDICATION

- * Under California State Law, you are not allowed to administer any medicine to a minor, even over the counter medicines. There is a lock box in your cabin for you to keep your own medicine and personal belongings—please store them safely in there. Students are not allowed to have any medicine on them or in the cabin, other than emergency EpiPens and inhalers. Students may pick up their medicine in Ponderosa Lodge during the following times:

Breakfast.....7:45-8:45am
 Lunch.....12:00-1:30pm
 Dinner.....5:30-6:45pm
 Bedtime.....9:30-10:30pm

**Pick up bedtime medication at the Health Center.*

IN THE EVENT OF A TRULY LIFE THREATENING EMERGENCY, CALL 911 FROM ANY PHONE.

Your church is responsible for transportation of any/all injured campers. If your church arrived in a bus, or if the situation is life-threatening, Hume Lake will arrange transportation.

CPR

If a camper is found unconscious & unresponsive, please do the following:

1. Survey the scene // Make sure the scene is safe.

*****If there is possible head/back injury, have someone help keep the camper's head/neck in the position you found them.*****

2. Check for responsiveness of victim. Ask, "Are you okay?"

3. Send someone to call 911 and get an AED.

(Automatic External Defibrillator).

* If you are alone, call 911 and get an AED. Then start CPR.

* If the victim is a child, initiate 5 minutes of CPR. If help has not arrived, then leave the victim to get help.

4. Check for a pulse.

If no pulse after 10 seconds, start compressions with two hands over the chest. Push hard (2 inches deep) and fast (to the rate of the song "Staying Alive").

Keep doing CPR until trained staff take over

5. Look for medical alert jewelry and question any of the witnesses while you are preparing to do CPR.

If a bystander also has CPR knowledge, they can assist you while you are waiting for the medical staff to arrive.



HUME