

COUNSELORS

SUMMER 2023



WILDWOOD CORE VALUES

We believe that our core values are summed up in two key commands: love God and love others. All else hangs on these two commands.

We believe that an intimate relationship with Jesus Christ requires a disciplined time alone with God, which includes prayer, meditation, and study of His Word. Obedience in these areas should be driven by our love for Him.

We believe that learning to step out boldly by faith and not living by sight leads to the ultimate adventure. Living such an adventure requires the courage to brave great risks – risks that may involve loss of life, or worse.

We believe that being challenged physically, spiritually, emotionally, and mentally is imperative to standing firm in a world that is becoming increasingly hostile to the Christian faith.

We believe that we have a responsibility to train others to reach their greatest potential by teaching them a strong work ethic, responsibility for one's actions, and that there are consequences, good and bad, to every action.

We believe that truth is absolute, and that God is the author of truth; if we desire to glorify God, than we would endeavor to live a life of honesty, purity and integrity. HPI!

We believe that spiritual leadership, as exemplified by Jesus Christ, is impossible without being a servant.

WILDWOOD EXISTS TO TRAIN HIGH SCHOOL STUDENTS HOW TO BE DISCIPLES WHO CAN GO HOME AND MAKE DISCIPLES.

"And he said to all, 'if anyone would come after me, let him deny himself and take up his cross daily to follow me."

Luke 9:23

SCHEDULE

SUNDAY

- Check-in
- Free Time
- Dinner
- **Counselor Meeting**
- Evening Meeting
- Tent or Fire Talk
- Head to Bed

MONDAY - WEDNESDAY

Wake Up KP Flagpole Breakfast Counselor Meeting Devo & Solo Time Pawn Group Time Free Time KP Dinner Evening Meeting Tent or Fire Talk Head to Bed

THURSDAY & FRIDAY

Wake Up KP (Only Friday) Flagpole Breakfast (Only Friday) Counselor Meeting Solo Time Church Strategy Time (Only Friday) Free Time KP Dinner Evening Meeting

Pizookie & Talent Show (Only Friday) Head to Bed



THE PHILOSOPHY BEHIND THE ACTIVITY

GROUP INITIATIVES

A Group Initiative is an activity designed to intentionally challenge both individuals and groups of individuals towards personal and cooperative growth. In other words we want students to walk away from this experience having gained perspectives about themselves, how they work as a group, and ultimately to learn about their walks with God.

LIBRARY DAY

We hold the Bible to be the living and active word of God. As disciples of Jesus we believe it is important for students to be in the word, to be knowledgeable in what the scriptures say, and to ultimately be transformed by the renewing of their minds. We will give them tools, methods, and resources to be able to practice and use as they go home.

WORK PROJECTS

The heart behind work projects is that we want to build up these students to be servant leaders in their homes, schools, churches, and communities local and abroad. We are called to be imitators of Christ in our actions, since he came to serve and not be served.

HIGH ROPES

The high ropes course is an activity in the trees challenging students to go beyond their comfort zone and into a learning zone, pushing themselves in areas they never imagined being pushed before, and learning how to trust God every step of the way.

CAMP RULES THE 4 M'S

BE AT ALL MEALS BE AT ALL MEETINGS BE MODEST DON'T BE MESSING AROUND

SUNDAY

1 PETER 2:1-12 LIVING STONES

EVENING SESSION

1. Jesus is the LIVING STONE

2. We are LIVING STONES

3. We are being built up into a SPIRITUAL HOUSE

MONDAY

1 PETER 2:1-12 CHURCH AS TEMPLE

Where We Worship

MORNING DEVO - PSALM 1

EVENING SESSION

1. We all <u>WORSHIP</u>

2. God made a way for us to WORSHIP HIM

3. We are to worship as a $\underline{\mathsf{PEOPLE}}$

SOLO TIME

TUESDAY

1 PETER 2:5,11 & PSALM 139 CHURCH AS HOSPITAL

Where We Diagnose, Heal, and Care

MORNING DEVO - PSALM 139

EVENING SESSION

1. Sin has made us SPIRITUALLY TERMINAL

2. Embracing our $\underline{\text{DIAGNOSES}}$ makes way for our $\underline{\text{HEALING}}$

3. We can extend $\underline{\mathsf{HEALING}}$ because we have been $\underline{\mathsf{HEALED}}$

4. God alone is the <u>HEALER</u>

SOLO TIME

WEDNESDAY

EPHESIANS 5:1-2 & JOHN 17:11,21-23 CHURCH AS HOME

Where We Are Family

MORNING DEVO - PSALM 133

EVENING SESSION

1. God's LOVE becomes our LOVE

2. Our love is to be SACRIFICIAL

3. Our love makes us <u>ONE</u>

SOLO TIME

THURSDAY

1 PETER 2:24-25 & ROMANS 12:1-2 CHURCH AS SCHOOL

Where We Learn & Grow

MORNING DEVO - PSALM 16

EVENING SESSION

1. To be led we must <u>SUBMIT</u>

2. To grow we must continue to $\underline{\text{DIE}}$

3. The world wants to <u>TEACH</u> us

SOLO TIME

FRIDAY

PHILIPPIANS 1:27-28 & EPHESIANS 6:10-20 CHURCH AS BARRACKS

Where We Fight With Faith

MORNING DEVO - PSALM 121

EVENING SESSION

1. We fight for $\underline{\text{LIFE}}$

2. Fighting means knowing your ENEMY

3. We fight VICTORIOUS

SOLO TIME

HPI

MEMORY VERSES

1 PETER 2:1-12 (ESV)

1 So put away all malice and all deceit and hypocrisy and envy and all slander.
2 Like newborn infants, long for the pure spiritual milk, that by it you may grow up into salvation— 3 if indeed you have tasted that the Lord is good.

4 As you come to him, a living stone rejected by men but in the sight of God chosen and precious, 5 you yourselves like living stones are being built up as a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ. 6 For it stands in Scripture:

"Behold, I am laying in Zion a stone, a cornerstone chosen and precious, and whoever believes in him will not be put to shame."

7 So the honor is for you who believe, but for those who do not believe,

"The stone that the builders rejected has become the cornerstone,"

8 and

"A stone of stumbling, and a rock of offense."

They stumble because they disobey the word, as they were destined to do.

9 But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. 10 Once you were not a people, but now you are God's people; once you had not received mercy, but now you have received mercy.

11 Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul. 12 Keep your conduct among the Gentiles honorable, so that when they speak against you as evildoers, they may see your good deeds and glorify God on the day of visitation.

EPHESIANS 6:10-20 (ESV)

10 Finally, be strong in the Lord and in the strength of his might. 11 Put on the whole armor of God, that you may be able to stand against the schemes of the devil. 12 For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14 Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, 15 and, as shoes for your feet, having put on the readiness given by the gospel of peace. 16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; 17 and take the helmet of salvation, and the sword of the Spirit, which is the word of God, 18 praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, 19 and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, 20 for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.



PRINCIPLES OF FIRST AID FOR COUNSELORS

A. SURVEY THE SCENE

1. What happened?

2. If someone is injured or sick, you can get help by contacting a Pawn.

3. In most situations, DO NOT move the person. Only move them if you and or the injured individual are in danger.

B. PRIMARY SURVEY

1. Survey scene for safety

2. Airway – Open? Tilt head back and lift chin.

3. Breathing – Good air exchange? Look, listen and feel for air.

4. Circulation – Pulse. Are they breathing?

C. SECONDARY SURVEY

1. Find out details of what happened.

2. Head-to-Tail exam.

3. History of medical needs that pertain to incident.

D. SPECIAL SITUATIONS

1. Shock – Have them lie down. Elevate feet and keep warm. Dry them carefully if wet.

2. Bleeding – Apply direct pressure, elevate above heart.

3. Burns – If it's mild, cool with water.

4. Snake Bite/Poison – Keep person calm, get help fast.

5. Fractures – DO NOT move, support if needed.

6. Diabetes – Get help fast.

7. Seizures – Remove hazards. Do not restrain. Position them on their side. Do not put anything in their mouth.

8. Hyperventilation – Start a conversation, try to calm.

9. Fainting –Cushion fall. Do not panic.

E. CROWD CONTROL

Keep people calm.
 Listen to all Hume staff instructions.

PRINCIPLES OF C.P.R. FOR COUNSELORS

If a camper is found unconscious and unresponsive, please do the following:

- 1. Survey the scene Make sure the scene is safe.
- 2. Check for responsiveness of victim "Are you okay?"
- 3. Send someone to start the EMS system (911) and bring an AED (Automatic External Defibrillator). If no one is with you, leave the victim and go get help.
- 4. Open airway with Head tilt / Chin lift Put your ear next to victim's mouth (look for chest rise, listen and feel for breath).
- 5. Give 2 quick breaths Watch for chest rise and fall.
- 6. Remove clothing on chest and start chest compressions at a rate of 30 compressions to 2 breaths
- 7. Reassess victim after every 2 minutes.

Look for medical alert jewelry and question any of the witnesses while you are preparing to do CPR. If a bystander also has CPR knowledge, they can assist you while you are waiting for the medical staff to arrive.

If there is a possible neck/back injury, have someone help keep the victim's head/neck in the position you found them.



FREQUENTLY ASKED QUESTIONS

WHAT DOES "G.I." STAND FOR?

Apart from Gastro Intestinal, at Wildwood G.I. stands for Group Initiatives. These are team building exercises.

IS THE POOL OPEN EVERY NIGHT FOR A NIGHT SWIM?

Nope, sure isn't.

WHAT IS CHURCH STRATEGY TIME?

This is an incredibly valuable time for you and your students to debrief the entire week and strategize how you are going to impact your communities for Christ when you head home.

WHAT DOES "K.P." STAND FOR?

K.P. means Kitchen Patrol. You and your students will take turns helping to prepare, serve and clean up the meals we have this week.

WHAT IS THE CONCH?

The conch is a seashell that can be blown like a horn. We use it to signify the beginnings of our activities.

AFTER SUMMER

JOSHUA WILDERNESS INSTITUTE

Are your students deciding what they should do after high school? Hume Lake's discipleship program, the Joshua Wilderness Institute, could be their answer! Students of the Joshua program spend nine months living in community and hearing from impactful speakers. They travel internationally and are guided through spiritual practices that equip them to experience God more vibrantly for the rest of their lives.

To get more information or connect with the Joshua Staff about promoting the program at your youth group, head to **hume.org/joshua**



NOTES

