

2017 Women's Indoors Individual Performance List

Karyna Armstrong

EVENT	Mark	Meet	Date
Weight Throw	18.71m	ACC Championships	2/23/17
Weight Throw	17.72m	Tiger Paw Invitational	2/10/17
Weight Throw	17.40m	VT Invitational	1/13/17
Weight Throw	17.27m	McCrary Memorial	1/20/17
Weight Throw	16.86m	Meyo Invitational	2/3/17

Michelle Atherley

EVENT	Mark	Meet	Date
800m	2:15.86	ACC Championships	2/23/17
800m	2:18.94	McCrary Memorial	1/20/17
60m HH	8.21	NCAA Championships	3/10/17
60m HH (final)	8.21	ACC Championships	2/25/17
60m HH (prelim)	8.24	ACC Championships	2/24/17
60m HH (final)	8.33	Meyo Invitational	2/4/17
60m HH	8.35	ACC Championships	2/23/17
60m HH (final)	8.35	Tiger Paw Invitational	2/10/17
60m HH (prelim)	8.36	Tiger Paw Invitational	2/10/17
60m HH (prelim)	8.37	Meyo Invitational	2/3/17
60m HH (final)	8.37	VT Invitational	1/13/17
60m HH (semi)	8.41	Meyo Invitational	2/4/17
60m HH	8.43	McCrary Memorial	1/20/17
60m HH (prelim)	8.48	VT Invitational	1/13/17
High Jump	1.76m	ACC Championships	2/23/17
High Jump	1.75m	NCAA Championships	3/10/17
High Jump	1.73m	McCrary Memorial	1/20/17
High Jump	1.69m	VT Invitational	1/14/17
Long Jump	5.76m	ACC Championships	2/23/17
Long Jump	5.67m	NCAA Championships	3/10/17
Long Jump	5.55m	Meyo Invitational	2/3/17
Long Jump	5.49m	Tiger Paw Invitational	2/10/17
Long Jump	5.27m	McCrary Memorial	1/20/17
Shot Put	12.69m	NCAA Championships	3/10/17
Shot Put	12.30m	Tiger Paw Invitational	2/11/17
Shot Put	12.16m	Meyo Invitational	2/4/17
Shot Put	11.76m	ACC Championships	2/23/17
Shot Put	11.17m	VT Invitational	1/14/17
Shot Put	10.90m	McCrary Memorial	1/20/17
Pentathlon	4,281	ACC Championships	2/23/17
Pentathlon	3,984	McCrary Memorial	1/20/17
Pentathlon		NCAA Championships	3/10/17
800m		NCAA Championships	3/10/17

Carolyn Brown

EVENT	Mark	Meet	Date
60m	7.42	ACC Championships	2/24/17
60m	7.51	Tiger Paw Invitational	2/10/17
60m (semi)	7.53	Meyo Invitational	2/4/17
60m (final)	7.54	Meyo Invitational	2/4/17
60m (prelim)	7.56	Meyo Invitational	2/3/17
60m	7.58	McCrary Memorial	1/21/17
60m (prelim)	7.59	VT Invitational	1/13/17
60m (final)	7.61	VT Invitational	1/13/17
200m	23.87	ACC Championships	2/24/17
200m	24.38	Tiger Paw Invitational	2/10/17
200m	24.47	Meyo Invitational	2/3/17
200m	24.56	McCrary Memorial	1/20/17

Darlene Charles

EVENT	Mark	Meet	Date
Long Jump	5.93m	VT Invitational	1/13/17
Long Jump	5.62m	ACC Championships	2/24/17
Long Jump	5.34m	McCrary Memorial	1/20/17
Long Jump	5.14m	Tiger Paw Invitational	2/10/17
Triple Jump	12.48m	Meyo Invitational	2/4/17
Triple Jump	12.19m	VT Invitational	1/14/17
Triple Jump	12.03m	ACC Championships	2/25/17
Triple Jump	11.48m	Tiger Paw Invitational	2/11/17
Triple Jump	11.43m	McCrary Memorial	1/21/17

Anne Den Otter

EVENT	Mark	Meet	Date
600m	1:40.91	Meyo Invitational	2/3/17
800m	2:20.08	VT Invitational	1/14/17
1000m	3:07.30	VT Invitational	1/13/17
One Mile	4:53.71	Tiger Paw Invitational	2/10/17
One Mile	5:11.42	Meyo Invitational	2/4/17
One Mile	5:13.66	McCrary Memorial	1/21/17
One Mile	5:14.61	ACC Championships	2/24/17

Brittney Ellis

EVENT	Mark	Meet	Date
200m (prelim)	23.59	ACC Championships	2/24/17
200m (final)	23.76	ACC Championships	2/25/17
200m	23.93	Meyo Invitational	2/3/17
200m	23.95	Tiger Paw Invitational	2/11/17
300m	38.03	VT Invitational	1/13/17
400m (final)	53.13	NCAA Championships	3/11/17
400m (final)	52.19	ACC Championships	2/25/17

400m (prelim)	52.66	NCAA Championships	3/10/17
400m (prelim)	52.78	ACC Championships	2/24/17
400m	53.05	McCrary Memorial	1/21/17
400m	DNF	Tiger Paw Invitational	2/10/17

Erin Ford

EVENT	Mark	Meet	Date
200m	24.43	Tiger Paw Invitational	2/11/17
200m	24.45	ACC Championships	2/24/17
200m	24.75	McCrary Memorial	1/20/17
300m	39.28	VT Invitational	1/13/17
400m	55.90	Meyo Invitational	2/4/17
400m	56.20	Tiger Paw Invitational	2/10/17

Amanda Gale

EVENT	Mark	Meet	Date
Pole Vault	3.96m	ACC Championships	2/24/17
Pole Vault	3.95m	McCrary Memorial	1/20/17
Pole Vault	3.80m	Tiger Paw Invitational	2/11/17
Pole Vault	3.77m	VT Invitational	1/21/17
Pole Vault	3.75m	Meyo Invitational	2/3/17

Emily Gale

EVENT	Mark	Meet	Date
Pole Vault	3.96m	ACC Championships	2/24/17
Pole Vault	3.95m	McCrary Memorial	1/20/17
Pole Vault	3.92m	VT Invitational	1/14/17
Pole Vault	3.90m	Meyo Invitational	2/3/17
Pole Vault	3.80m	Tiger Paw Invitational	2/11/17

Samantha Gonzalez

EVENT	Mark	Meet	Date
200m	24.87	Tiger Paw Invitational	2/11/17
400m	56.92	ACC Championships	2/24/17
400m	57.69	Meyo Invitational	2/4/17

Gabrielle Hessler

EVENT	Mark	Meet	Date
1000m	3:01.34	VT Invitational	1/13/17
One Mile	4:59.40	Tiger Paw Invitational	2/10/17
One Mile	5:00.17	VT Invitational	1/13/17
3000m	9:47.06	McCrary Memorial	1/21/17
3000m	10:01.85	ACC Championships	2/25/17
5000m	16:51.38	Meyo Invitational	2/3/17
5000m	17:09.52	ACC Championships	2/24/17

Niara Hill

EVENT	Mark	Meet	Date
Triple Jump	12.07m	Meyo Invitational	2/4/17
Triple Jump	11.92m	ACC Championships	2/25/17
Triple Jump	11.90m	VT Invitational	1/14/17
Triple Jump	11.78m	Tiger Paw Invitational	2/11/17
Triple Jump	11.70m	McCrary Memorial	1/21/17

Nia Hinds

EVENT	Mark	Meet	Date
500m	1:18.64	VT Invitational	1/13/17
800m	2:21.35	McCrary Memorial	1/20/17
60m HH	9.25	VT Invitational	1/13/17
60m HH	9.30	McCrary Memorial	1/20/17
High Jump	1.59m	VT Invitational	1/14/17
High Jump	1.58m	McCrary Memorial	1/20/17
Long Jump	5.15m	McCrary Memorial	1/20/17
Shot Put	8.49m	McCrary Memorial	1/20/17
Shot Put	8.47m	VT Invitational	1/14/17
Pentathlon	3,397	McCrary Memorial	1/20/17

Stefani Kerrison

EVENT	Mark	Meet	Date
200m	25.65	VT Invitational	1/14/17
800m	2:34.2	McCrary Memorial	1/20/17
60m HH (final)	8.25	ACC Championships	2/25/17
60m HH (prelim)	8.28	ACC Championships	2/24/17
60m HH (prelim)	8.41	Tiger Paw Invitational	2/10/17
60m HH (semi)	8.41	Meyo Invitational	2/4/17
60m HH (final)	8.43	Meyo Invitational	2/4/17
60m HH (prelim)	8.44	Meyo Invitational	2/3/17
60m HH (final)	8.44	VT Invitational	1/13/17
60m HH (final)	8.45	Tiger Paw Invitational	2/10/17
60m HH (pentathlon)	8.52	McCrary Memorial	1/20/17
60m HH	8.54	McCrary Memorial	1/21/17
60m HH (prelim)	8.55	VT Invitational	1/13/17
High Jump	1.55m	McCrary Memorial	1/20/17
High Jump	1.55m	Tiger Paw Invitational	2/11/17
High Jump	NH	VT Invitational	1/14/17
Long Jump	6.10m	ACC Championships	2/24/17
Long Jump	5.99m	Tiger Paw Invitational	2/10/17
Long Jump	5.43m	McCrary Memorial	1/20/17
Shot Put	10.87m	McCrary Memorial	1/20/17
Shot Put	10.49m	VT Invitational	1/14/17
Shot Put	10.48m	Meyo Invitational	2/4/17

Pentathlon	3,599	McCrary Memorial	1/20/17
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Kristina Knott

EVENT	Mark	Meet	Date
60m (final)	7.31	McCrary Memorial	1/21/17
60m (final)	7.34	ACC Championships	2/25/17
60m (prelim)	7.35	McCrary Memorial	1/21/17
60m (prelim)	7.38	ACC Championships	2/24/17
60m (final)	7.39	VT Invitational	1/13/17
60m (prelim)	7.39	VT Invitational	1/13/17
60m (final)	7.40	Tiger Paw Invitational	2/10/17
60m (prelim)	7.46	Tiger Paw Invitational	2/10/17
200m	23.81	Tiger Paw Invitational	2/11/17
200m (prelim)	23.85	ACC Championships	2/24/17
200m (final)	24.07	ACC Championships	2/25/17
Long Jump	5.94m	VT Invitational	1/13/17
Long Jump	5.66m	ACC Championships	2/24/17

Trishelle Leacock

EVENT	Mark	Meet	Date
60m	7.80	McCrary Memorial	1/21/17
60m	7.89	Tiger Paw Invitational	2/10/17
60m	7.90	VT Invitational	1/13/17
200m	25.15	Tiger Paw Invitational	2/11/17
200m	25.69	McCrary Memorial	1/20/17

Sherry Lubin

EVENT	Mark	Meet	Date
Shot Put	14.60m	ACC Championships	2/25/17
Shot Put	14.01m	VT Invitational	1/14/17
Shot Put	13.59m	Tiger Paw Invitational	2/11/17
Shot Put	13.56m	McCrary Memorial	1/21/17
Shot Put	13.51m	Meyo Invitational	2/4/17
Weight Throw	14.62m	ACC Championships	2/23/17
Weight Throw	14.18m	Meyo Invitational	2/3/17
Weight Throw	13.97m	Tiger Paw Invitational	2/10/17
Weight Throw	12.37m	VT Invitational	1/13/17

Anthonia Moore

EVENT	Mark	Meet	Date
200m	26.44	McCrary Memorial	1/20/17
400m	57.80	Tiger Paw Invitational	2/10/17
400m	58.52	VT Invitational	1/14/17
400m	58.53	McCrary Memorial	1/21/17
400m	58.65	Meyo Invitational	2/4/17

Ebony Morrison

EVENT	Mark	Meet	Date
60m	7.41	ACC Championships	2/24/17
60m HH (final)	8.12	ACC Championships	2/25/17
60m HH (prelim)	8.13	ACC Championships	2/24/17
60m HH (final)	8.13	Tiger Paw Invitational	2/10/17
60m HH (final)	8.17	Meyo Invitational	2/4/17
60m HH (semi)	8.22	Meyo Invitational	2/4/17
60m HH (prelim)	8.23	McCrary Memorial	1/21/17
60m HH (prelim)	8.24	Tiger Paw Invitational	2/10/17
60m HH (final)	8.29	VT Invitational	1/13/17
60m HH (prelim)	8.33	VT Invitational	1/13/17
60m HH (final)	8.38	McCrary Memorial	1/21/17
60m HH (prelim)	8.44	Meyo Invitational	2/3/17
60m HH	8.47	NCAA Championships	3/10/17

Zakiya Rashid

EVENT	Mark	Meet	Date
Shot Put	14.97m	ACC Championships	2/25/17
Shot Put	14.03m	McCrary Memorial	1/21/17
Shot Put	13.98m	VT Invitational	1/14/17
Weight Throw	18.60m	Meyo Invitational	2/3/17
Weight Throw	18.59m	McCrary Memorial	1/20/17
Weight Throw	18.39m	ACC Championships	2/23/17
Weight Throw	17.21m	VT Invitational	1/13/17
Weight Throw	17.59m	Tiger Paw Invitational	2/10/17

Anna Runia

EVENT	Mark	Meet	Date
60m	7.72	Tiger Paw Invitational	2/10/17
60m	7.73	Meyo Invitational	2/3/17
60m	7.77	McCrary Memorial	1/20/17
200m	24.56	VT Invitational	1/14/17
200m	24.58	McCrary Memorial	1/20/17
200m	24.65	Tiger Paw Invitational	2/11/17
400m	55.19	ACC Championships	2/24/17
60m HH	8.73	McCrary Memorial	1/21/17
60m HH	8.74	VT Invitational	1/13/17
60m HH	8.77	Meyo Invitational	2/3/17

Peyton Russell

EVENT	Mark	Meet	Date
Triple Jump	11.79m	VT Invitational	1/14/17
Triple Jump	11.45m	Tiger Paw Invitational	2/11/17
Triple Jump	11.44m	Meyo Invitational	2/4/17

Triple Jump	11.29m	McCrary Memorial	1/21/17
Triple Jump	FOUL	ACC Championships	2/25/17

Aiyanna Stiverne

EVENT	Mark	Meet	Date
200m (prelim)	23.67	ACC Championships	2/24/17
200m (final)	23.76	ACC Championships	2/25/17
200m	24.43	Meyo Invitational	2/3/17
300m	38.15	VT Invitational	1/13/17
400m (final)	53.22	ACC Championships	2/25/17
400m (prelim)	53.29	ACC Championships	2/24/17
400m	53.39	McCrary Memorial	1/21/17
400m	54.41	Tiger Paw Invitational	2/10/17

Amy Taintor

EVENT	Mark	Meet	Date
500m	1:16.92	VT Invitational	1/13/17
600m	1:34.23	Meyo Invitational	2/3/17
800m	2:18.73	ACC Championships	2/23/17
800m	2:22.95	McCrary Memorial	1/20/17
60m HH	9.09	McCrary Memorial	1/20/17
60m HH	9.15	ACC Championships	2/23/17
60m HH	9.23	Tiger Paw Invitational	2/10/17
60m HH	9.25	VT Invitational	1/13/17
High Jump	1.69m	VT Invitational	1/14/17
High Jump	1.67m	ACC Championships	2/23/17
High Jump	1.67m	McCrary Memorial	1/20/17
High Jump	1.65m	ACC Championships	2/24/17
High Jump	1.65m	Tiger Paw Invitational	2/11/17
Long Jump	5.87m	ACC Championships	2/24/17
Long Jump	5.86m	Tiger Paw Invitational	2/10/17
Long Jump	5.84m	ACC Championships	2/23/17
Long Jump	5.68m	McCrary Memorial	1/20/17
Long Jump	5.65m	Meyo Invitational	2/3/17
Shot Put	11.41m	ACC Championships	2/23/17
Shot Put	11.11m	Meyo Invitational	2/4/17
Shot Put	10.44m	McCrary Memorial	1/20/17
Shot Put	9.79m	VT Invitational	1/14/17
Pentathlon	3,961	ACC Championships	2/23/17
Pentathlon	3,804	McCrary Memorial	1/20/17

Celine Thompson

EVENT	Mark	Meet	Date
High Jump	1.65m	ACC Championships	2/24/17
High Jump	1.65m	Tiger Paw Invitational	2/11/17
High Jump	1.63m	McCrary Memorial	1/20/17

High Jump	1.61m	Meyo Invitational	2/4/17
High Jump	1.59m	VT Invitational	1/14/17

Erika Voyzey

EVENT	Mark	Meet	Date
High Jump	1.78m	VT Invitational	1/14/17
High Jump	1.78m	McCrary Memorial	1/20/17
High Jump	1.76m	ACC Championships	2/24/17
High Jump	1.65m	Tiger Paw Invitational	2/11/17
High Jump	1.61m	Meyo Invitational	2/4/17

Shakima Wimbley

EVENT	Mark	Meet	Date
200m (final)	22.83	ACC Championships	2/25/17
200m (prelim)	22.88	ACC Championships	2/24/17
200m	23.19	Meyo Invitational	2/3/17
300m	36.72	VT Invitational	1/13/17
400m (final)	51.07	NCAA Championships	3/11/17
400m (final)	51.20	ACC Championships	2/25/17
400m	51.28	McCrary Memorial	1/21/17
400m	51.53	Tiger Paw Invitational	2/10/17
400m (prelim)	51.78	NCAA Championships	3/10/17
400m (prelim)	52.29	ACC Championships	2/24/17

2017 Women's Indoor Performance List By Event

<u>60-METERS</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Kristina Knott (final)	7.31	McCrary Memorial	1/21/17
Kristina Knott (final)	7.34	ACC Championships	2/25/17
Kristina Knott (prelim)	7.35	McCrary Memorial	1/21/17
Kristina Knott (prelim)	7.38	ACC Championships	2/24/17
Kristina Knott (final)	7.39	VT Invitational	1/13/17
Kristina Knott (prelim)	7.39	VT Invitational	1/13/17
Kristina Knott (final)	7.40	Tiger Paw Invitational	2/10/17
Ebony Morrison	7.41	ACC Championships	2/24/17
Carolyn Brown	7.42	ACC Championships	2/24/17
Kristina Knott (prelim)	7.46	Tiger Paw Invitational	2/10/17
Carolyn Brown	7.51	Tiger Paw Invitational	2/10/17
Carolyn Brown (semi)	7.53	Meyo Invitational	2/4/17
Carolyn Brown (final)	7.54	Meyo Invitational	2/4/17
Carolyn Brown (prelim)	7.56	Meyo Invitational	2/3/17
Carolyn Brown	7.58	McCrary Memorial	1/21/17
Carolyn Brown (prelim)	7.59	VT Invitational	1/13/17

Carolyn Brown (final)	7.61	VT Invitational	1/13/17
Trishelle Leacock	7.72	Tiger Paw Invitational	2/10/17
Anna Runia	7.73	Meyo Invitational	2/3/17
Anna Runia	7.77	McCrary Memorial	1/21/17
Trishelle Leacock	7.80	McCrary Memorial	1/21/17
Anna Runia	7.89	Tiger Paw Invitational	2/10/17
Trishelle Leacock	7.90	VT Invitational	1/13/17

<u>200-METERS</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Shakima Wimbley (final)	22.83	ACC Championships	2/25/17
Shakima Wimbley (prelim)	22.88	ACC Championships	2/24/17
Shakima Wimbley	23.19	Meyo Invitational	2/3/17
Brittny Ellis (prelim)	23.59	ACC Championships	2/24/17
Aiyanna Stiverne (prelim)	23.67	ACC Championships	2/24/17
Brittny Ellis (final)	23.76	ACC Championships	2/25/17
Aiyanna Stiverne (final)	23.76	ACC Championships	2/25/17
Kristina Knott	23.81	Tiger Paw Invitational	2/11/17
Kristina Knott (prelim)	23.85	ACC Championships	2/24/17
Carolyn Brown	23.87	ACC Championships	2/24/17
Brittny Ellis	23.93	Meyo Invitational	2/3/17
Brittny Ellis	23.95	Tiger Paw Invitational	2/11/17
Kristina Knott (final)	24.07	ACC Championships	2/25/17
Carolyn Brown	24.38	Tiger Paw Invitational	2/11/17
Erin Ford	24.43	Tiger Paw Invitational	2/11/17
Aiyanna Stiverne	24.43	Meyo Invitational	2/3/17
Erin Ford	24.45	ACC Championships	2/24/17
Carolyn Brown	24.47	Meyo Invitational	2/3/17
Carolyn Brown	24.56	McCrary Memorial	1/20/17
Anna Runia	24.56	VT Invitational	1/14/17
Anna Runia	24.58	McCrary Memorial	1/20/17
Anna Runia	24.65	Tiger Paw Invitational	2/11/17
Erin Ford	24.75	McCrary Memorial	1/20/17
Samantha Gonzalez	24.87	Tiger Paw Invitational	2/11/17
Trishelle Leacock	25.15	Tiger Paw Invitational	2/11/17
Stefani Kerrison	25.65	VT Invitational	1/14/17
Trishelle Leacock	25.69	McCrary Memorial	1/20/17
Anthonia Moore	26.44	McCrary Memorial	1/20/17

<u>300-METERS</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Shakima Wimbley	36.72	VT Invitational	1/13/17
Brittny Ellis	38.03	VT Invitational	1/13/17
Aiyanna Stiverne	38.13	VT Invitational	1/13/17
Erin Ford	39.28	VT Invitational	1/13/17

<u>400-METERS</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Shakima Wimbley (final)	51.07	NCAA Championships	3/11/17

Shakima Wimbley (final)	51.20	ACC Championships	2/25/17
Shakima Wimbley	51.28	McCrary Memorial	1/21/17
Shakima Wimbley	51.53	Tiger Paw Invitational	2/10/17
Shakima Wimbley (prelim)	51.78	NCAA Championships	3/10/17
Brittney Ellis (final)	52.19	ACC Championships	2/25/17
Shakima Wimbley (prelim)	52.29	ACC Championships	2/24/17
Brittney Ellis (prelim)	52.66	NCAA Championships	3/10/17
Brittney Ellis (prelims)	52.78	ACC Championships	2/24/17
Brittney Ellis	53.05	McCrary Memorial	1/21/17
Brittney Ellis (final)	53.13	NCAA Championships	3/11/17
Aiyanna Stiverne (final)	53.22	ACC Championships	2/25/17
Aiyanna Stiverne (prelim)	53.29	ACC Championships	2/24/17
Aiyanna Stiverne	53.39	McCrary Memorial	1/21/17
Aiyanna Stiverne	54.41	Tiger Paw Invitational	2/10/17
Anna Runia	55.19	ACC Championships	2/24/17
Erin Ford	55.90	Meyo Invitational	2/4/17
Erin Ford	56.20	Tiger Paw Invitational	2/10/17
Samantha Gonzalez	56.92	ACC Championships	2/24/17
Samantha Gonzalez	57.69	Meyo Invitational	2/4/17
Anthonia Moore	57.80	Tiger Paw Invitational	2/10/17
Anthonia Moore	58.52	VT Invitational	1/14/17
Anthonia Moore	58.53	McCrary Memorial	1/21/17
Anthonia Moore	58.65	Meyo Invitational	2/4/17
Brittney Ellis	DNF	Tiger Paw Invitational	2/10/17

500-METERS	MARK	MEET	DATE
Amy Taintor	1:16.92	VT Invitational	1/13/17
Nia Hinds	1:18.64	VT Invitational	1/13/17

600-METERS	MARK	MEET	DATE
Amy Taintor	1:34.23	Meyo Invitational	2/3/17
Anne Den Otter	1:40.91	Meyo Invitational	2/3/17

800-METERS	MARK	MEET	DATE
Michelle Atherley	2:17.05	NCAA Championships	3/10/17
Michelle Atherley	2:15.86	ACC Championships	2/23/17
Amy Taintor	2:18.73	ACC Championships	2/23/17
Michelle Atherley	2:18.94	McCrary Memorial	1/20/17
Anne Den Otter	2:20.08	VT Invitational	1/14/17
Nia Hinds	2:21.35	McCrary Memorial	1/20/17
Amy Taintor	2:22.95	McCrary Memorial	1/20/17
Stefani Kerrison	2:34.25	McCrary Memorial	1/20/17

1000-METERS	MARK	MEET	DATE
Gabrielle Hesslau	3:01.34	VT Invitational	1/13/17
Anne Den Otter	3:07.30	VT Invitational	1/13/17

ONE MILE	MARK	MEET	DATE
Anne Den Otter	4:53.71	Tiger Paw Invitational	2/10/17
Gabrielle Hesslau	4:59.40	Tiger Paw Invitational	2/10/17
Gabrielle Hesslau	5:00.17	VT Invitational	1/13/17
Anne Den Otter	5:11.42	Meyo Invitational	2/4/17
Anne Den Otter	5:13.66	McCrary Memorial	1/21/17
Anne Den Otter	5:14.61	ACC Championships	2/24/17

3000-METERS	MARK	MEET	DATE
Gabrielle Hesslau	9:47.06	McCrary Memorial	1/21/17
Gabrielle Hesslau	10:01.85	ACC Championships	2/25/17

5000-METERS	MARK	MEET	DATE
Gabrielle Hesslau	16:51.38	Meyo Invitational	2/3/17
Gabrielle Hesslau	17:09.52	ACC Championships	2/24/17

60-METER HURDLES	MARK	MEET	DATE
Ebony Morrison (final)	8.12	ACC Championships	2/25/17
Ebony Morrison (prelim)	8.13	ACC Championships	2/24/17
Ebony Morrison (final)	8.13	Tiger Paw Invitational	2/10/17
Ebony Morrison (final)	8.17	Meyo Invitational	2/4/17
Michelle Atherley	8.21	NCAA Championships	3/10/17
Michelle Atherley (final)	8.21	ACC Championships	2/25/17
Ebony Morrison (semi)	8.22	Meyo Invitational	2/4/17
Ebony Morrison (prelim)	8.23	McCrary Memorial	1/21/17
Ebony Morrison (prelim)	8.24	Tiger Paw Invitational	2/10/17
Michelle Atherley (prelim)	8.24	ACC Championships	2/24/17
Stefani Kerrison (final)	8.25	ACC Championships	2/25/17
Stefani Kerrison (prelim)	8.28	ACC Championships	2/24/17
Ebony Morrison (final)	8.29	VT Invitational	1/13/17
Ebony Morrison (prelim)	8.33	VT Invitational	1/13/17
Michelle Atherley (final)	8.33	Meyo Invitational	2/4/17
Michelle Atherley	8.35	ACC Championships	2/23/17
Michelle Atherley (final)	8.35	Tiger Paw Invitational	2/10/17
Michelle Atherley (prelim)	8.36	Tiger Paw Invitational	2/10/17
Michelle Atherley (prelim)	8.37	Meyo Invitational	2/3/17
Michelle Atherley (final)	8.37	VT Invitational	1/13/17
Ebony Morrison (final)	8.38	McCrary Memorial	1/21/17
Stefani Kerrison (prelim)	8.41	Tiger Paw Invitational	2/10/17
Michelle Atherley (semi)	8.41	Meyo Invitational	2/4/17
Stefani Kerrison (semi)	8.41	Meyo Invitational	2/4/17
Stefani Kerrison (final)	8.43	Meyo Invitational	2/4/17
Michelle Atherley	8.43	McCrary Memorial	1/20/17
Ebony Morrison (prelim)	8.44	Meyo Invitational	2/3/17
Stefani Kerrison (prelim)	8.44	Meyo Invitational	2/3/17

Stefani Kerrison (final)	8.44	VT Invitational	1/13/17
Stefani Kerrison (final)	8.45	Tiger Paw Invitational	2/10/17
Ebony Morrison	8.47	NCAA Championships	3/10/17
Michelle Atherley (prelim)	8.48	VT Invitational	1/13/17
Stefani Kerrison (pent)	8.52	McCrary Memorial	1/20/17
Stefani Kerrison	8.54	McCrary Memorial	1/21/17
Stefani Kerrison (prelim)	8.55	VT Invitational	1/13/17
Anna Runia	8.73	McCrary Memorial	1/21/17
Anna Runia	8.74	VT Invitational	1/13/17
Anna Runia	8.77	Meyo Invitational	2/3/17
Amy Taintor	9.09	McCrary Memorial	1/20/17
Amy Taintor	9.15	ACC Championships	2/23/17
Amy Taintor	9.23	Tiger Paw Invitational	2/10/17
Amy Taintor	9.25	VT Invitational	1/13/17
Nia Hinds	9.25	VT Invitational	1/13/17
Nia Hinds	9.30	McCrary Memorial	1/20/17

<u>4X400-METER RELAY</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
A. Stiverne, B. Ellis, M. Atherley, S. Wimbley	3:31.85	NCAA Championships	3/11/17
A. Stiverne, B. Ellis, M. Atherley, S. Wimbley	3:31.88	Meyo Invitational	2/4/17
A. Stiverne, B. Ellis, E. Ford, S. Wimbley	3:33.43	McCrary Memorial	1/21/17
A. Runia, A. Stiverne, E. Ford, S. Wimbley	3:34.77	ACC Championships	2/25/17
E. Ford, A. Stiverne, M. Atherley, B. Ellis	3:38.56	VT Invitational	1/14/17
A. Runia, S. Gonzalez, A. Moore, A. Taintor	3:44.05	Tiger Paw Invitational	2/11/17
C. Brown, A. Moore, K. Knott, N. Hinds	3:48.74	VT Invitational	1/14/17

<u>HIGH JUMP</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Erika Voyzey	1.78m	McCrary Memorial	1/20/17
Erika Voyzey	1.78m	VT Invitational	1/14/17
Erika Voyzey	1.76m	ACC Championships	2/24/17
Michelle Atherley	1.76m	ACC Championships	2/23/17
Michelle Atherley	1.75m	NCAA Championships	3/10/17
Michelle Atherley	1.73m	McCrary Memorial	1/20/17
Michelle Atherley	1.69m	VT Invitational	1/14/17
Amy Taintor	1.69m	VT Invitational	1/14/17
Amy Taintor	1.67m	ACC Championships	2/23/17
Amy Taintor	1.67m	McCrary Memorial	1/20/17
Celine Thompson	1.65m	ACC Championships	2/24/17

Amy Taintor	1.65m	ACC Championships	2/24/17
Celine Thompson	1.65m	Tiger Paw Invitational	2/11/17
Erika Voyzey	1.65m	Tiger Paw Invitational	2/11/17
Amy Taintor	1.65m	Tiger Paw Invitational	2/11/17
Celine Thompson	1.63m	McCrary Memorial	1/20/17
Erika Voyzey	1.61m	Meyo Invitational	2/4/17
Celine Thompson	1.61m	Meyo Invitational	2/4/17
Celine Thompson	1.59m	VT Invitational	1/14/17
Nia Hinds	1.59m	VT Invitational	1/14/17
Nia Hinds	1.58m	McCrary Memorial	1/20/17
Stefani Kerrison	1.55m	McCrary Memorial	1/20/17
Stefani Kerrison	1.55m	Tiger Paw Invitational	2/11/17
Stefani Kerrison	NH	VT Invitational	1/14/17

<u>LONG JUMP</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Stefani Kerrison	6.10m	ACC Championships	2/24/17
Stefani Kerrison	5.99m	Tiger Paw Invitational	2/10/17
Kristina Knott	5.94m	VT Invitational	1/13/17
Darlene Charles	5.93m	VT Invitational	1/13/17
Amy Taintor	5.87m	ACC Championships	2/24/17
Amy Taintor	5.84m	ACC Championships	2/23/17
Michelle Atherley	5.76m	ACC Championships	2/23/17
Amy Taintor	5.68m	Tiger Paw Invitational	2/10/17
Amy Taintor	5.68m	McCrary Memorial	1/20/17
Michelle Atherley	5.67m	NCAA Championships	3/10/17
Kristina Knott	5.66m	ACC Championships	2/24/17
Amy Taintor	5.65m	Meyo Invitational	2/3/17
Darlene Charles	5.62m	ACC Championships	2/24/17
Michelle Atherley	5.55m	Meyo Invitational	2/3/17
Michelle Atherley	5.49m	Tiger Paw Invitational	2/10/17
Stefani Kerrison	5.43m	McCrary Memorial	1/20/17
Darlene Charles	5.34m	McCrary Memorial	1/20/17
Michelle Atherley	5.27m	McCrary Memorial	1/20/17
Nia Hinds	5.15m	McCrary Memorial	1/20/17
Darlene Charles	5.14m	Tiger Paw Invitational	2/10/17

<u>TRIPLE JUMP</u>	<u>MARK</u>	<u>MEET</u>	<u>DATE</u>
Darlene Charles	12.48m	Meyo Invitational	2/4/17
Darlene Charles	12.19m	VT Invitational	1/14/17
Niara Hill	12.07m	Meyo Invitational	2/4/17
Darlene Charles	12.03m	ACC Championships	2/25/17
Niara Hill	11.92m	ACC Championships	2/25/17
Peyton Russell	11.90m	VT Invitational	1/14/17
Niara Hill	11.79m	VT Invitational	1/14/17
Niara Hill	11.78m	Tiger Paw Invitational	2/11/17
Niara Hill	11.70m	McCrary Memorial	1/21/17

Darlene Charles	11.48m	Tiger Paw Invitational	2/11/17
Peyton Russell	11.45m	Tiger Paw Invitational	2/11/17
Peyton Russell	11.44m	Meyo Invitational	2/4/17
Darlene Charles	11.43m	McCrary Memorial	1/21/17
Peyton Russell	11.29m	McCrary Memorial	1/21/17
Peyton Russell	FOUL	ACC Championships	2/25/17

POLE VAULT	MARK	MEET	DATE
Amanda Gale	3.96m	ACC Championships	2/24/17
Emily Gale	3.96m	ACC Championships	2/24/17
Amanda Gale	3.95m	McCrary Memorial	1/20/17
Emily Gale	3.95m	McCrary Memorial	1/20/17
Emily Gale	3.92m	VT Invitational	1/14/17
Emily Gale	3.90m	Meyo Invitational	2/3/17
Amanda Gale	3.80m	Tiger Paw Invitational	2/11/17
Emily Gale	3.80m	Tiger Paw Invitational	2/11/17
Amanda Gale	3.77m	VT Invitational	1/14/17
Amanda Gale	3.75m	Meyo Invitational	2/3/17

SHOT PUT	MARK	MEET	DATE
Zakiya Rashid	14.97m	ACC Championships	2/25/17
Sherry Lubin	14.60m	ACC Championships	2/25/17
Zakiya Rashid	14.03m	McCrary Memorial	1/21/17
Sherry Lubin	14.01m	VT Invitational	1/14/17
Zakiya Rashid	13.98m	VT Invitational	1/14/17
Sherry Lubin	13.59m	Tiger Paw Invitational	2/11/17
Sherry Lubin	13.56m	McCrary Memorial	1/21/17
Sherry Lubin	13.51m	Meyo Invitational	2/4/17
Michelle Atherley	12.69m	NCAA Championships	3/10/17
Michelle Atherley	12.30m	Tiger Paw Invitational	2/11/17
Michelle Atherley	12.16m	Meyo Invitational	2/4/17
Michelle Atherley	11.76m	ACC Championships	2/23/17
Amy Taintor	11.41m	ACC Championships	2/23/17
Michelle Atherley	11.17m	VT Invitational	1/14/17
Amy Taintor	11.11m	Meyo Invitational	2/4/17
Michelle Atherley	10.90m	McCrary Memorial	1/20/17
Stefani Kerrison	10.87m	McCrary Memorial	1/20/17
Stefani Kerrison	10.49m	VT Invitational	1/14/17
Stefani Kerrison	10.48m	Meyo Invitational	2/4/17
Amy Taintor	10.44m	McCrary Memorial	1/20/17
Amy Taintor	9.79m	VT Invitational	1/14/17
Nia Hinds	8.49m	McCrary Memorial	1/20/17
Nia Hinds	8.47m	VT Invitational	1/14/17

WEIGHT THROW	MARK	MEET	DATE
Karyna Armstrong	18.71m	ACC Championships	2/23/17

Zakiya Rashid	18.60m	Meyo Invitational	2/3/17
Zakiya Rashid	18.59m	McCrary Memorial	1/21/17
Zakiya Rashid	18.39m	ACC Championships	2/23/17
Karyna Armstrong	17.72m	Tiger Paw Invitational	2/10/17
Zakiya Rashid	17.59m	Tiger Paw Invitational	2/10/17
Karyna Armstrong	17.40m	VT Invitational	1/13/17
Karyna Armstrong	17.27m	McCrary Memorial	1/21/17
Zakiya Rashid	17.21m	VT Invitational	1/13/17
Karyna Armstrong	16.86m	Meyo Invitational	2/3/17
Sherry Lubin	14.62m	ACC Championships	2/23/17
Sherry Lubin	14.18m	Meyo Invitational	2/3/17
Sherry Lubin	13.97m	Tiger Paw Invitational	2/10/17
Sherry Lubin	12.37m	VT Invitational	1/13/17

<u>PENTATHLON</u>	<u>SCORE</u>	<u>MEET</u>	<u>DATE</u>
Michelle Atherley	4,281	ACC Championships	2/23/17
Michelle Atherley	3,984	McCrary Memorial	1/20/17
Amy Taintor	3,961	ACC Championships	2/23/17
Amy Taintor	3,804	McCrary Memorial	1/20/17
Stefani Kerrison	3,599	McCrary Memorial	1/20/17
Nia Hinds	3,397	McCrary Memorial	1/20/17
Michelle Atherley		NCAA Championships	3/10/17