



TM

University of Miami
Men's Basketball Clips
2015-16

2011-15 highlights on last 35 pages

ACC Preview - Miami

SB Nation
JD King
Nov. 6, 2015

Miami has always been an erratic program. To be sure, Miami has had some good teams, and the great Rick Barry put them on the map, but overall, it's been a very up and down history, compounded by a typical lack of fan interest.

Then Jim Larranaga showed up.

Miami has been pretty solid since Larranaga came to town. He's averaged 22 wins per year – exceptional by Hurricane standards – and that includes the year before last, when Miami finished 17-16.

Still, that's over .500, and at Miami, that's big news.

The 'Canes return 5-11 Angel Rodriguez and 6-5 Sheldon McClellan. Both players were Big 12 transfers to Miami (Kansas State and Texas, respectively) and both did quite well.

McClellan averaged 14.5 ppg, 4.7 rpg and shot reasonably well (.358 from three point range, .484 overall and .824 from the line). After the previous season, when Miami had virtually no offense, it was a big help.

Rodriguez justified his defensive reputation and was an outstanding floor general.

Then there's 7-0 Tonye Jekiri, who is the rare project who has really exceeded expectations. Jekiri has become an outstanding rebounder and had 10 games with 13 rebounds or more. He's an excellent bet to average a double-double this year.

He's not perfect by any means, but he has improved considerably each season. He

may or may not catch on in the NBA, but he could play pro ball somewhere for 10 or 15 years.

Miami has a solid core to build on. Larranaga could also start fellow senior (the afore-mentioned trio are all seniors) Ivan Cruz Uceda (6-10) or guards Davon Reed (6-6) or Ja'Quan Newton (6-2).

Or he might opt for Oklahoma State transfer – yes another Big 12-er heading for the beach – Kamari Murphy, a 6-8 player who could be a versatile defender.

James Palmer (6-5) and Chris Stowell (6-6) make up the sophomore class. Palmer got 13.3 mpg last year while Stowell played just 1.5. You can't measure everything by statistics, but statistically, neither had a big impact.

Miami also brings in three freshmen, Anthony Lawrence, (6-7), Ebuka Izundu (6-10) and Mike Robinson (5-10).

Larranaga had followed Lawrence since he was in 9th grade. He originally committed to Central Florida before settling on the 'Canes. Down the road, he could become an offensive force.

Izundu was widely sought after and picked Miami partly because of Jekiri, who is also Nigerian. He'll be the understudy for this year and likely become a starter next season.

There are some variables here, as there are for every team and every season.

The main thing with Miami though is Larranaga. His Final Four run with George Mason seemed flukish at the time, but in retrospect, it was the first time the public at large saw this masterful coach at work.

He's had Miami as high as #2 in the polls.

He adapted to losing a monster class and his top six players two years ago and still finished with a winning record.

And he's been flexible enough to find players by hook or by crook. We're not suggesting he cheated, not at all. But like NC State's Mark Gottfried, he's worked the transfer market brilliantly and found enough promising young talent to compete in the brutal ACC.

We have no idea how Miami will do this season, but we can promise you this: the Hurricanes will play to the best of their ability.

Player Profile: Tonye Jekiri

State of the U
Jerry Steinberg
Nov. 4, 2015

Tonye Jekiri

Senior C 7'0 248 Hialeah, FL (Nigeria)

2014-15 Stats: 8.6 ppg, 9.9 rpg, 1.0 apg, 1.3 blks, 50% FGs 73% FTs. 11 double-doubles, 9 in ACC play.

All-ACC Defensive Team.

Scouting Report:

Hard working player, who continually improves all facets of his game each year in the program. Becoming a leader on the floor as well.

Relentless on the glass, has the potential to average a double-double on the season. One of the best rebounders in not only the ACC, but the country.

Well above average defensively. Good if not great shot blocker, excellent help defender as well.

Sets good clean screens, gets open and finishes strong at the rim, improving jumper from 15 feet in, and a nice stroke from the FT line. Runs the floor exceptionally well.

Back to the basket game still a work in progress, though improving. Could be much more of an offensive force if he plays with more consistent aggression/confidence.

Needs to stay healthy. The team suffers minus his presence.

Summary: The MVP of the 2014-15 Miami Basketball Season was not Sheldon McClellan or Angel Rodriguez. It was Jekiri. If TJ doesn't miss time in the regular season match-up at Louisville, UM likely wins that game and gets an NCAA berth. If Jekiri doesn't get hurt before the NIT final, the 'Canes probably romp Stanford for the title. He's their most consistent and often most important player on the floor. Jekiri has turned into a beast on the glass, and

his defensive prowess could be the key to a huge 2015-16 season for the program. He's getting better and better at passing and scoring, and when all is said and done the 7 footer from Nigeria has a chance to be an NBA 1st Round draft pick. Guys his size with his athleticism and work ethic are hard to find. For now he has a chance to be an All-ACC player, and help the Hurricanes reach the NCAA tournament for the first time since he was a freshman.

Why Kamari Murphy Was Last Year's Missing Piece

Canes Warning

Austin Sapin

Nov. 4, 2015

Do you remember how excruciating last year's Selection Sunday was for the Miami Hurricanes? We all watched as the field of 68 was named one by one and as each school flashed onto the screen, the dagger was pushed in farther and farther as the Canes missed out.

Why didn't we make it? Maybe it was the losses to some bad teams or not enough quality wins against top opponents, the answer is unclear. What we do know about last year's team is there was just something missing and in the end, that cost them.

Sure, last year's team had some serious talent, but they were inconsistent and lacked just a bit of grit when the going got tough. What's going to change this year you ask?

Enter Kamari Murphy.

The 6'9" power forward who transferred a year ago from Oklahoma St. will finally get his chance to step out onto the floor this year in Coral Gables and boy am I glad we have him. After sitting out last season, the Brooklyn, N.Y. native will slot right into the starting lineup, which unlike last year should be pretty consistent.

Whether it was Joe Thomas, Omar Sherman, Ivan Cruz Uceda or even Davon Reed in a small-ball lineup, Coach Larranaga never found a consistent power forward he could really count on to start. With Murphy, that all changes.

In 2013-14 at Oklahoma St., Murphy started the year as just a role player known for his hustle and hard work in a squad full of highly-recruited stars. At the end of the year, Murphy was a consistent starter with all those intangibles plus some solid numbers.

In Big 12 play that season, the 6'9" Murphy actually filled in at center despite

his smaller size and was still able to put up 6.2 PPG and 8.5 RPG. Those may not seem like staggering numbers, but for a team with future first-round pick Marcus Smart and five-star sophomore LeBryan Nash, Murphy played his role perfectly.

For the Canes, they need exactly what Murphy brings to the table. Sheldon McClellan and Angel Rodriguez are terrific scorers, but at times last year they had no outlet to throw the ball to inside for easy points forcing them to take long shots from the perimeter. Tonye Jekiri has improved massively with his offensive game as well as his rebounding, but he can't do it all on his own down low.

Both of those issues came up time and time again for the Hurricanes last season, but now there is a remedy with Murphy. The starting power forwards for Coach Larranaga in the 2015 ACC slate averaged 6.2 PPG, but only 2.4 RPG, and that's just not good enough.

With Murphy he'll certainly get the numbers that the Miami coaching staff needs him to get, but his biggest impact might be the toughness and leadership that he'll provide.

There's obviously nothing you can measure this with, but just hearing his teammates talk about him showed me the respect he's earned despite not playing a single game yet for Miami.

"I love to play with him. He's going to do all the dirty things you might not want to do," Davon Reed said of the Oklahoma St. transfer. "He's going to play hard, rebound, push the ball up the court for you and get second-chance opportunities. He's just a great player to play with and you know he's going to have your back."

When talking to any player on the team they would echo that exact statement and if you asked me for a realistic player type that the Hurricanes needed last year, that would be my exact definition.

I loved Joe Thomas and he brought great energy and passion to his play, but he was

a bit limited offensively with a season-high of seven points last year. Now think of Thomas and add a pretty expansive offensive game and you've got yourself Kamari Murphy.

The thing too that I love with Murphy is he has channeled his underdog and 'myself against the world' mentality into this team. After the most recent AP Poll left the Canes out of the Top 25, that's exactly what I would want.

At media day in October Murphy said, "We have a few weeks left until the first game and once that first game comes we're going to be more than what people expected. All the stuff with preseason rankings, that doesn't matter because once that first game hits I think they'll see what our potential is and we'll only get better from there."

That is music to my ears.

Think back again to the Canes missing the NCAA Tournament or the horrible call that stole the NIT from them last season against Stanford. Think of that chip on their shoulder coming into this year.

As polls and bracketologists continue to release their preseason rankings and predictions, let them overlook the Canes. Let Coach Larranaga's squad fly under-the-radar because with Murphy I'll tell you now Miami fans, this season's Selection Sunday won't be quite so excruciating.

ACC should expand league basketball schedule

Daily Press

David Teel

Nov. 3, 2015

The ACC has a basketball problem. Sounds odd for a league fresh off the most successful NCAA tournament in its storied history — 17 combined victories, five regional semifinalists and national champion Duke — but it's true.

Commissioner John Swofford acknowledges it. So do the conference's head coaches. But they disagree on what, if any, remedy is needed.

The issue is NCAA tournament bids, or lack thereof.

When Notre Dame's arrival two years ago grew the ACC to 15 teams, many envisioned the league replicating the old Big East, which in the six seasons from 2008-13 averaged 8.5 NCAA bids, including a record 11 in 2011. And the forecast was reasonable, given the ACC's pedigree and its recent additions of Big East pillars Syracuse, Pittsburgh, Louisville and Notre Dame.

But those expectations ignored two facts: The Big East had 16 schools for five of those years, a subtle but important distinction. Moreover, the 12-team ACC had produced only four NCAA bids in each of the previous three seasons.

And now with 15 members? The sample size, two seasons, is limited, but the conference placed six teams in the bracket in 2014 and last year.

"I'd like that number to be higher every year," Swofford said during a one-on-one interview last week at ACC media day in Charlotte. "I would like for us to schedule and play in a way that that's deserved. It gets back to the potential I think we have with our 15 programs."

Specifically, Swofford said the league needs to consider expanding the conference schedule from 18 to 20 games. The only Division I leagues that played 20 last season were the 11-team Sun Belt and Metro Atlantic, affording both a double round-robin.

Led by senior associate commissioner for basketball Paul Brazeau, who held a similar position with the Big East, the ACC has run analytics to project how adding conference games might affect teams' Rating Percentage Index rankings and NCAA credentials. The findings are inconclusive.

"Would that enhance players' experiences while they are in the Atlantic Coast Conference?" Swofford said. "It seems clear that there is increased fan support for conference games, and from a fan's perspective we probably haven't reached that max. It would create a

more balanced schedule, but on the other hand, how would it affect the number of teams selected from our league to NCAA tournament play? Would it help us or would it hinder us?"

Depends on whom you ask.

Miami coach Jim Larranaga and his Syracuse colleague, Jim Boeheim, are adamantly opposed.

Larranaga: "If the conference's goal is to provide more programming for television, more games on TV intraconference, then it's a good idea. But if the league's goal is to get more teams into the NCAA tournament, then I think we're heading in the wrong direction."

Why?

"Because you want to create the perception, or the reality, that we can dominate outside the league," he said. "When you play in the league, there's always a winner and there's always a loser."

Larranaga is right in this regard: The ACC's collective record in those added conference games would be, by definition, .500, or in this case, 15-15. That record would likely be 20-10, or better, were those games to remain against non-conference opponents.

But NCAA résumés are about far more than wins and losses. Playing more conference games likely would improve teams' strength of schedule and provide them more opportunities for marquee victories.

Boeheim isn't buying it.

"We'd just beat up ourselves," he said, "and that's not the best way to get a better RPI and get more teams in the tournament. The goal is to get more teams in the tournament, so you should, if anything, play less conference games and beat other people."

God bless the terminally contrary Boeheim, but no one wants to watch, from the stands or on TV, more Syracuse-Montana State and less Syracuse-North Carolina. Consider Boeheim's 13-game non-conference schedule this season.

The Orange play Wisconsin in the ACC-Big Ten Challenge, former Big East rivals St. John's and Georgetown, and are in a three-day tournament in the Bahamas with the likes of Connecticut, Michigan and Charlotte. Syracuse's other opponents: Lehigh, St. Bonaventure, Elon, Colgate, Cornell, Montana State and Texas Southern.

Surely two of those games, especially the latter two, could be sacrificed. The purpose of a conference, after all, is to play one another.

"You can blame the 20-game schedule (talk) on me," Notre Dame coach Mike Brey

said, "because in my first league meeting, I actually brought it up. Now I was almost run out of the room, and rightfully so because I had not coached a game in the league, and some of the veteran guys were ready to strangle me."

Brey's advocacy is based on the old Big East, which went from 16 to 18 conference games for the 2007-08 season. The league had sent 8-of-16 and 7-of-16 teams to the NCAA tournament in the two previous years.

Over the next six seasons: eight bids, seven, eight, 11, nine and eight.

"If we're the best league," Brey said, "let's keep giving our inventory to TV. And the other thing is, we don't need to give the Big Ten and the Big East that many shots at us. ... Some of the old-school guys want all this non-league flexibility. We've got a non-league flavor. We should just keep playing each other. We were so proud that year we got 11 in. We were walking around flaunting it that summer recruiting."

ESPN and other television partners would love more inventory, not to mention more high-profile matchups. Toward that latter end, Brey suggests the ACC consider a more fluid scheduling model, again, much like the former Big East.

Presently, each ACC team has two rivals it plays twice annually — Virginia's are Virginia Tech and Louisville, Virginia Tech's are Virginia and Miami. You play two other league foes twice, on a pre-set rotation, and the other 10 once.

In the former Big East, commissioner Mike Tranchese would gather his lieutenants and TV partners each offseason and, based on rivalries, prospects and performance, create the most attractive schedule possible.

Swofford said the debate about future conference schedules could be resolved this winter or next spring. What could quiet the debate is a 2015-16 season that produces 8-10 NCAA teams, and looking at ACC rosters, that might well happen.

Boeheim recalled the 2003 offseason, when Big East coaches fumed that only four of the league's 14 teams made the NCAA field.

"Everybody looked around the room, and the commissioner said, 'You guys gotta get better,'" Boeheim said. "And I think this league is getting better, and I think it will get better as we go forward. I think all the things went right for the Big East a couple of those years, and that doesn't happen all the time. If you can consistently get seven or eight teams in as a league, that's pretty good."

Optimism surrounds Miami basketball for 2015-16

The Examiner

Paul Borden

Nov. 2, 2015

University of Miami basketball coach Jim Larranaga cites two things as validation for the optimism that surrounds his team for the upcoming 2015-16 season:

-- The media picked the Hurricanes for the No. 5 spot in the 15-team title race, behind North Carolina, Virginia, Duke, and Notre Dame but ahead of such notables as Louisville (7th) and Syracuse (9th).

--Season ticket sales are running at an all-time high for the program. The latest report from the school has sales up 35 percent over the 2014-15 season with fewer than 1,000 seats left for the 7,972-seat capacity BankUnited Center.

"I thought we'd probably be picked seventh because of the traditional teams in our league," Larranaga said Monday at a press briefing before the team's Wednesday night exhibition game against Dowling. "Duke and Carolina we knew they were going to be picked very high. Virginia has won the last two regular-season championships. You knew they would be picked high.

"Notre Dame, Syracuse, Louisville, I would have expected them to be picked higher than they were.

"But as you know, it doesn't matter where you are picked in the preseason. It matters where you are during the season."

The reason for the optimism is obvious. The Hurricanes return four starters from last season's NIT runners-up, including their top four scorers in guards Sheldon McClellan (15.5 points per game) and Angel Rodriguez (11.9), forward Tonye Jekiri (8.6), and guard Davon Reed (8.2).

Newcomer Kamari Murphy, a transfer from Oklahoma State who averaged 6.1 points and 5.1 rebounds a game as a sophomore with the Cowboys, is expected to add muscle up front in support of Jekiri.

More than the preseason ranking, Larranaga sees the advance season ticket sales as more a sign of respect that the program has gained as he heads into his fifth season in Coral Gables.

"The word has gotten around," he said. "We're down to five or six hundred season tickets still available."

With teams like Florida, Syracuse, Florida State, Duke, Notre Dame, Pittsburgh, Virginia, and Louisville coming to Coral Gables, fans could be scrambling for tickets, he said.

"We've got a lot of top 20, top 10 type teams coming in," Larranaga said. "If you don't get your season tickets now, you may not be able to get a ticket the day of the game because all those tickets will be gone.

"I want to make that very clear: If you don't get your tickets now, the only way you'll get them is somebody scalping them outside the BUC during the season."

After the exhibition, the Hurricanes open the regular season Nov. 13 at home against UT-Rio Grande Valley.

Player Profile: Ebuka Izundu

State of the U
Jerry Steinberg
Nov. 2, 2015

Ebuka Izundu

Freshman F/C 6'10 210 Charlotte, NC
(Victory Christian, Nigeria)

2014-15 H.S. Stats: 21 ppg, 15 rpg, 6
blcks.

Scouting Report:

Extremely athletic big, who is a natural finisher above the rim. Runs the floor very well as well.

Can contribute immediately as a defensive presence and on the glass. Great instincts especially as a shot blocker.

Nice touch around the basket, but the big lefty will need to refine his post game the next few seasons to be a consistent offensive threat at this level.

Needs to add size and strength to his wiry frame. Until then will likely be muscled around some against more experienced/stronger players.

Summary: Izundu reminds me a lot of the freshman version of Tonye Jekiri, who was UM's #4 big on the 2012-13 ACC Championship team. He may be a touch more refined offensively than TJ was at that stage of his career, but look for Coach L to use him similarly to the way Tonye was used as a freshman. That means playing good defense in limited minutes, occasionally finishing at the rim, but very few touches else wise. And that is perfectly okay for a developmental big. Look at how far Jekiri has come over the last few seasons. This young man has similar potential, and while I do not yet expect big things from him in 2015-16, the athletic left-handed C could be an important cog in the program as early as next season.

Preseason March Madness bracket projections

NCAA.com
Mike Lopresti
Nov. 2, 2015

Raise your hand if this starts to sound familiar.

Kentucky . . . Kansas . . . Duke . . . North Carolina . . . Michigan State. Yes, the usual gaggle of bluebloods should be fighting for the high seeds of the NCAA Tournament again come next March. The names change, but the shiny records and love from the committee remains pretty much the same.

Not that there won't be a new face or two – say hello, Maryland. Since there are only 150-odd shopping days until Selection Sunday, here's one guess on how the bracket might look in the end.

Warning: The use of this bracket could be hazardous to your reputation as a deft prognosticator.

Since a lot of it will be wrong, and the rest of it lucky.

No. 5 seeds: Notre Dame, Miami, Butler, Michigan.

Ten years ago, Jim Larranaga took George Mason on a magic carpet ride to the Final Four. Maybe he can celebrate the anniversary by doing the same thing at Miami, which has nearly everyone back from a team that came within overtime of winning the NIT. Notre Dame STILL thinks it should have beaten Kentucky last March.

Larranaga hits the Whip/Nae Nae, was mistaken for Larry David

Palm Beach Post

Matt Porter

Oct. 29, 2015

It's almost basketball season, and that means Jim Larranaga is back in our lives.

Hearing stories from Miami's men's basketball coach is one of the best parts of covering the Hurricanes, if you'd like a reporter's opinion. He rarely disappoints, and did not Wednesday.

Not only did Larranaga open his press conference at the ACC's media day in Charlotte by describing in detail the manner in which friend and former basketball coach Bobby Cremins beat him in a game of tennis in 1979, he ended it by telling a pretty, pretty, pretty good story about the time he was mistaken for Bernie Sanders impersonator Larry David at a local restaurant.

As a bonus — and it feels like we're burying the lede here — Larranaga was taught by ACC Digital Network host Courtney Cox how to do the Whip/Nae Nae.

He was not asked to do the Stanky Leg.

These are good times for UM hoops, which returns most contributors from a team that reached the NIT final and adds standout transfer Kamari Murphy, was picked to place fifth in a loaded ACC by the media voting in Charlotte, and has set a record for ticket sales. UM has sold approximately 4,700. Not including seats reserved for students and VIPs, less than 800 remain. That's a 35 percent increase from last year.

The BankUnited Center, which seats 7,972, has been sold out just eight times since opening in 2003 — all since Larranaga arrived in 2011-12. The top 12 single-game

attendances in BankUnited Center history have come under Larranaga's watch.

Larranaga got confused for Larry David

Washington Post

Matt Bonesteel

Oct. 29, 2015

Does Miami Coach Jim Larranaga look like “Curb Your Enthusiasm” star/Bernie Sanders impersonator Larry David? Someone in Miami apparently thinks so.

Larranaga took the podium at ACC media day and recounted his recent inadvertent brush with fame (transcription via CBSSports.com):

“I eat regularly, and our team eats regularly, at a restaurant called Shula’s, once owned by Don Shula, in Coral Gables. Because I go there regularly, I’m often recognized. Then last Friday night with my wife and with another couple, I walked in and some people recognized me. But as I was about to be seated, a gentleman about 30 years old got up from his seat and came over and said, ‘I’m so excited to meet you, can I shake your hand?’

“I said ‘Sure’ and I shook his hand. He said, ‘You can’t imagine how excited I am. Your impersonation of Bernie Sanders on SNL was absolutely awesome. Then he turned and said, ‘this is Larry David of Curb Your Enthusiasm.’ So I said thanks for the compliment, I’m going to have a seat.”

Pretty, pretty good.

I mean, they kind of sound alike? Maybe?

ACC transfers making impact on court, in coaches' recruiting

The Daily Press

Norm Wood

Oct. 28, 2015

Angel Rodriguez couldn't stand the thought of starting a conversation with Sheldon McClellan in their Big 12 days, much less hanging out with him. Not the ideal chemistry for guys whose paths would eventually intertwine in the Atlantic Coast Conference.

Even in college basketball, fate has a way of creating an odd match that works from time to time.

After Rodriguez transferred from Kansas State in 2013, and McClellan opted to move on from Texas the same year, the animosity vanished when they both ended up wearing University of Miami uniforms. Thrown together by the now-annual wave of transfers that has swept college basketball, it didn't take Rodriguez and McClellan long to figure out co-existing — and thriving together — was going to take them a lot further than the silent treatment.

"We didn't really like each other," said Rodriguez, who averaged 11.9 points per game last season, while McClellan contributed a team-high 14.5 points per game for a Miami team that finished 25-13.

"Now, we're best buddies. The funny thing is we never even said a word to each other, but I guess when you've played against each other and the teams have some kind of rivalry and you're the best player on the other team and, to me, he seemed a little cocky, then I might not feel so positive about you ... but I was wrong."

Many players have found comfortable landing spots on ACC rosters after beginning their college careers with other Division I programs, but the nationwide trend of transfers — more than 600 nationwide since the end of last season — has had a profound effect on the way ACC coaches have had to go about constructing their programs in recent years.

Coming from the Big 12 to the ACC meant McClellan had to adjust his game. He discovered last year in his first season of ACC play opposing teams would often switch quick defenders with long-limbed defenders to guard him on the perimeter — a defensive strategy he seldom encountered as a younger player at Texas.

"I think the difference was how they guarded me," said McClellan, who like Rodriguez is a senior.

"Competition is about the same. It's always physical in both conferences, but I think the scouting report and the way the coaches always lock in on whoever is the leading scorer or whoever is the main focus of the team really changes how you play the game. I found it tough for me to

score at times last season, but obviously, I still got my points in."

Forward Anthony Gill started his college career at South Carolina before transferring two years ago to U.Va., where he enters his senior season a preseason All-ACC second team pick, according to a Wednesday vote by media gathered at the ACC's "Operation Basketball" event in Charlotte, N.C.

Like McClellan in his first season in the ACC coming from the Big 12, Gill had to get used to going from the Southeastern Conference to the ACC.

"The SEC has a lot of athletes out there, whereas the ACC, there's a lot of talent," said Gill, who averaged 11.6 points and 6.5 rebounds last season on his way to earning All-ACC defensive team and third-team All-ACC honors.

"At each position, everybody is talented and they understand the game of basketball and they're coming at you and giving you the best ... I think it was just my mindset I had to change. Just being able to understand I had to bring it day in and day out, or I was going to get shown up."

Since 2012, U.Va. coach Tony Bennett and his staff have gained transfers from Gill, guard Darius Thompson, formerly of Tennessee, and forward Austin Nichols, a highly sought-after player formerly of Memphis. Thompson is eligible this season after sitting out last season per NCAA undergraduate transfer rules, but Nichols is sitting out this season. Players who have completed their undergraduate studies can transfer to another Division I program and gain immediate eligibility.

As productive as Gill as has been at U.Va., which was predicted by media to finish second behind North Carolina in the ACC, Bennett hasn't always been on the good side of the transfer puzzle. Since taking over in Charlottesville in April 2009, Bennett has also seen nine players transfers away from his program.

Unlike high school recruits, who can only sign a letter of intent with a college for a week in November and a month from mid-April through mid-May, transfers aren't beholden to the calendar. If they obtain a release from a scholarship, they can change schools anytime they please, which puts coaches in a recruiting bind.

"I think there should be a deadline or a date for when kids can transfer," Bennett said. "I'd be fine with that. ... You have kids leaving your own program, so something is going to happen. Just look at the numbers. Sometimes it's just hard to keep all guys happy who are on scholarship, so there's always going to be one or two available. It just seems like that's happened to me every year."

Miami coach Jim Larranaga said he went into this past spring with no scholarships to offer. Six days after Miami

lost to Stanford in the National Invitational Tournament championship game, guards Manu Lecomte and Deandre Burnett decided to transfer from the Hurricanes.

By the end of August, Miami had lost another player via transfer. Larranaga and his staff were only able to offset the losses of the three transfers with one incoming transfer in the form of guard Rashad Muhammad from San Jose State.

"We devoted a ton of time in April, May, June, July and August trying to fill our roster, and still was not able to do it," said Larranaga, who has done well with transfers Shane Larkin, Kenny Kadji, Malcolm Grant, Trey McKinney-Jones, Kamari Murphy, Rodriguez and McClellan in five seasons as Miami's coach.

"We only have 11 guys on scholarship, only 10 guys eligible to play this year, and the reason is, despite the fact we think we're a great destination for a transfer — we've got a great program in a great league, great geographical location, especially for an older guy who has some experience — but the competition is so great right now for a transfer.

"We need a transfer. At the end of this year, we're looking for guys."

Buzz Williams saw a similar exodus of players from his program when he took over in March 2014 at Virginia Tech.

In his first five months on the job, five players transferred away from Tech. Three more players — guards Adam Smith (transferred to Georgia Tech) and Malik Mueller (turned pro in Europe) and forward Joey van Zegeren (transferred to Northwestern) — left after last season.

It isn't all doom and gloom in Blacksburg, where Maryland transfer Seth Allen and South Florida transfer Zach LeDay are ready to play after sitting out last season.

No ACC team may be in get-rich quick mode more than Louisville, which gains immediately-eligible graduate transfer guards Damion Lee from Drexel, where he averaged 21.4 points per game last season (fourth in Division I), and Trey Lewis, who played at both Penn State and Cleveland State.

Lee and Lewis have already been put in leadership positions, being named two of Louisville's three captains. It's a huge responsibility for guys who have both been on campus for less than five months, and who walked into a sex scandal involving the basketball program.

"I can handle this moment, and I feel like it's making me strong," Lewis said. "It's making me a better speaker. It's making me able to handle adversity and be an ambassador for my team. I understand why I'm here, so I'm taking on this challenge, and I want to be here."

Player Profile: Davon Reed

State of the U
Jerry Steinberg
Oct. 28, 2015

Davon Reed

Junior G/F 6'6 210 Ewing, NJ (Princeton Day School)

2014-15 Stats: 29 games, 21 starts (missed first 8 games with injury), 8.2 ppg, 4.0 rpg, 1.9 apg, 47% FGs 45.7 3P%, All NIT Tournament Team where he played his best basketball of the season.

In five NIT games averaged 10.8 points, 7.0 rebounds, 3.8 assists, 1.0 blocks

Scouting Report:

Best perimeter defender on the team. Good on the glass as well.

Can play 4 different positions, started as a PG his freshman campaign, and has played PF in smaller line-ups through out his career.

Very athletic and very skilled. Well above average handles, passes extremely well, can finish above the rim, and has developed into a knock down shooter.

Best overall attribute may be his ability to drive and finish strong with either hand.

Needs to stay healthy and consistently aggressive.

Summary: To me perhaps the biggest key to the upcoming season, is that Davon Reed embrace his role as the #2 option behind Sheldon McClellan. Sure there will be nights where Angel Rodriguez, Tonye Jekiri, Kamarai Murphy, or James Palmer among others have big nights, but Reed needs to be a consistent force. His game is too good for him to settle in as a 4th or 5th option. He's lights out from distance, but really especially excelled toward the end of last season slashing to the hoop and finishing and/or getting to the line. His efficiency on the offensive end dictates he

get more chances. Reed is also the player most likely to draw the responsibility of guarding the other team's best scorer. The junior from NJ's length and tenacity as a defender demand it. Long story short, Reed is going to be a big key to the season on both ends of the floor. Fortunately for Miami, he's got the ability and the mindset to be a big time player. By season's end last year, Reed really blossomed into a spectacular all-around player. That development needs to carry over for this team to achieve it's goals in 2015-16. I expect Reed to score 10-12 ppg, collect 5-6 boards, dish out 2-3 assists, and be one of the most versatile and indispensable players in the entire ACC this coming year.

Player Profile: Davon Reed

State of the U
Jerry Steinberg
Oct. 28, 2015

Davon Reed

Junior G/F 6'6 210 Ewing, NJ (Princeton Day School)

2014-15 Stats: 29 games, 21 starts (missed first 8 games with injury), 8.2 ppg, 4.0 rpg, 1.9 apg, 47% FGs 45.7 3P%, All NIT Tournament Team where he played his best basketball of the season.

In five NIT games averaged 10.8 points, 7.0 rebounds, 3.8 assists, 1.0 blocks

Scouting Report:

Best perimeter defender on the team. Good on the glass as well.

Can play 4 different positions, started as a PG his freshman campaign, and has played PF in smaller line-ups through out his career.

Very athletic and very skilled. Well above average handles, passes extremely well, can finish above the rim, and has developed into a knock down shooter.

Best overall attribute may be his ability to drive and finish strong with either hand.

Needs to stay healthy and consistently aggressive.

Summary: To me perhaps the biggest key to the upcoming season, is that Davon Reed embrace his role as the #2 option behind Sheldon McClellan. Sure there will be nights where Angel Rodriguez, Tonye Jekiri, Kamarai Murphy, or James Palmer among others have big nights, but Reed needs to be a consistent force. His game is too good for him to settle in as a 4th or 5th option. He's lights out from distance, but really especially excelled toward the end of last season slashing to the hoop and finishing and/or getting to the line. His efficiency on the offensive end dictates he

get more chances. Reed is also the player most likely to draw the responsibility of guarding the other team's best scorer. The junior from NJ's length and tenacity as a defender demand it. Long story short, Reed is going to be a big key to the season on both ends of the floor. Fortunately for Miami, he's got the ability and the mindset to be a big time player. By season's end last year, Reed really blossomed into a spectacular all-around player. That development needs to carry over for this team to achieve it's goals in 2015-16. I expect Reed to score 10-12 ppg, collect 5-6 boards, dish out 2-3 assists, and be one of the most versatile and indispensable players in the entire ACC this coming year.

Experienced team means high expectations for Miami

Associated Press

Steven Wine

Oct. 26, 2015

During the Miami Hurricanes' media day, a photographer asked senior guard Angel Rodriguez to pose by spinning a basketball on his index finger.

"I can't," Rodriguez said, drawing laughter. "I'm serious. I can't."

Yes, there are limits to the Hurricanes' talent. Even so, they enter the season with experience and expectations like never before.

"The Final Four is the goal," senior center Tonye Jekiri said. "The other teams that make it to the Final Four, they're not better than us in any way."

Once upon a time, such talk about Hurricanes hoops might have prompted hoots. But coach Jim Larranaga has built a strong program that was in a rebuilding mode after an Atlantic Coast Conference championship in 2013 and now appears poised to bid for another league title — and more.

Here are things to know about Larranaga's fifth Miami team:

LOFTY GOALS: The Hurricanes return 73 percent of their scoring and 78 percent of their rebounding from last year's squad, which went 25-13 overall and 10-8 in the league. They became the first Hurricanes team to play in April, winning seven of their last nine games and finishing as the runner-up to Stanford in the National Invitation Tournament. Jekiri's teammates echo his optimism and ambition. "We're not settling for anything less than the ACC championship and a Final Four appearance type of goal," Rodriguez said. "With a lot of talent, we can't just waste it. This is the year we could do something very, very special." Larranaga said the Hurricanes have Top 10 potential but not the advantages they enjoyed over the rest of the ACC three years ago. "In 2013 I

thought we were the biggest, fastest, strongest team," he said. "We're not separated by that right now. We're in the mix, but we're not above the crowd."

MOVING ON OUT: Three players transferred out of the program after last season, including starting guard Manu Lecomte, who averaged 7.9 points in the Hurricanes' crowded backcourt. Rodriguez said the departures bring more cohesion. "It probably opened some of the guys' eyes to know what they can do to help the team," Rodriguez said. "To win a lot of games, to win the ACC, you need everybody on the same page."

NEWCOMER: Kamari Murphy, a 6-8 transfer from Oklahoma State, gives the Hurricanes more versatility up front and shores up their weaknesses. "Two areas we needed to improve and needed to devote a lot of attention to, Kamari does very well," Larranaga said. "He's an outstanding defender and rebounder, and a terrific athlete. He can guard one through five, and he likes playing defense, and he likes rebounding." That's not all. "He talks nonstop," Jekiri said.

HUNGRY UCEDA: Senior forward Ivan Cruz Uceda has lost 20 pounds since last season, and is now 6-10 and 217. He reduced his body fat to 9 percent from 24 percent by working with a strength and conditioning coach, and the results are evident in his play, Larranaga said. "He is faster, quicker and stronger, he jumps higher, and he's more confident and comfortable," Larranaga said. "He's in for a great senior year." Uceda averaged 5.2 points, 3.5 rebounds and 17 minutes last season.

HOME COURT: The Hurricanes hope to play better at home than a year ago. They beat three Top 25 teams on the road, including No. 4 Duke, but lost December home games to Green Bay and Eastern

Kentucky. "Really bad," Jekiri said. "This season we're trying to make sure we don't lose games at home." Better crowd support for the attendance-challenged Hurricanes could help. They've set a school record by selling 4,600 season tickets.

UM looking to take 2014 success to the next level

Miami Herald
Michelle Kaufman
Oct. 26, 2015

The average sports fan may not remember who played in the previous season's National Invitation Tournament final, but University of Miami men's basketball fans surely remember it well.

Last season ended at Madison Square Garden for the Hurricanes, with a thrilling, but heartbreaking overtime loss to Stanford in the NIT championship game.

Watching from the bench were injured starters Angel Rodriguez, nursing a wrist injury, and Tonye Jekiri, who was out after suffering a concussion in the semifinal. Guard Manu Lecomte, who has since transferred to Baylor, played only five minutes that night and aggravated a knee injury.

It was that kind of season for the Canes. There were big moments, tempered by setbacks.

The Hurricanes opened the season 8-0, beat then-No. 8 Florida in Gainesville, entered the AP poll at No. 15, and beat Illinois in the ACC-Big Ten Challenge. They picked up a few huge conference wins — a 90-74 road victory at then-No. 4 Duke and a road win over Syracuse in front of 31,000 fans at the Carrier Dome.

But, there were crushing defeats — 68-55 to Green Bay and, even more humiliating, 72-44 at home to Eastern Kentucky.

Miami finished the season 25-13 (10-8 in the Atlantic Coast Conference) and did not get selected for the NCAA Tournament. The Canes settled for the NIT, and made the most of it.

"Had Angel not hurt his wrist, I think it could have been a spectacular year," UM coach Jim Larrañaga said. "It was a very good year. We won 25 games, and played in April for the first time in school history."

Almost everyone is back from that team, healthy and determined to use their NIT

success as a springboard to the NCAA Tournament.

Lecomte, Deandre Burnett (Ole Miss) and Omar Sherman (Paris, Texas, Junior College) transferred. But the Canes hope to make up for the losses with Oklahoma State transfer Kamari Murphy, who is an experienced junior, and freshmen Ebuka Izundu and Anthony Lawrence Jr., whose father played for UM in the early 1990s.

Murphy is known as a tenacious rebounder and defender, and skilled enough to handle the ball if he has to. He is also, like Rodriguez, a vocal leader.

"Love him," Larrañaga said of Murphy. "Last year, I thought there were two areas we needed to improve and give attention to. Kamari Murphy does both very well. He is an outstanding defender and rebounder. He can guard one through five. That's how quick he is. ... Once he's settled in, maybe 10 games in, he's going to be really, really good."

Added Rodriguez: "Kamari brings what this team needed — somebody else to be very vocal, what I call a dog. He not only gets himself going, he gets everybody going."

Another player expected to make a big contribution this season is the leaner, quicker Ivan Cruz Uceda. The 6-10 Senior from Spain slimmed down from 237 lbs. to 217 lbs. and dropped his body fat from 24 percent to nine percent.

The result?

He is faster, quicker, stronger, jumps higher, and is more confident. With Uceda and 7-footer Jekiri, UM should be formidable in the paint.

"Ivan is in for a great senior year," Larrañaga said. "He was bound and determined to become a better athlete. Last year from a defensive standpoint, he struggled guarding ball screens. This year, he's much more comfortable. He's a much better Ivan than a year ago."

The backcourt should be strong with proven scorer McClellan, reliable Davon

Reed, and floor general Rodriguez, who is determined not to repeat his roller coaster season.

"My goal is to be more consistent, and have a great assist-to-turnover ratio," Rodriguez said. "We have a very good chance of doing something special, but we have to be consistent and make sure we make it about the team rather than the individual.

Rodriguez, a native of Puerto Rico, is especially pumped about the schedule because the Canes are playing three games in the Puerto Rico Tip-Off Nov. 19-22. He hasn't played there since moving to the United States at age 15, and said many friends and family members will be there.

Player Profile: Amp Lawrence

State of the U
Jerry Steinberg
Oct. 25, 2015

Anthony "Amp" Lawrence Jr.

Freshman F 6'7 210 St. Petersburg, FL

2014-15 H.S. Stats: 30 ppg, 12 rpg, 5 apg (played a lot of PG as a senior).

Scouting Report:

Very versatile player who projects as both a wing and a 4 early in his college career. But could even play some point as he develops. Handles, shoot, and passes very well.

Explosive athlete who can really finish above the rim (see below). Great size as well for a wing.

Should eventually develop into a good defender considering his length and athleticism. But will likely struggle as all freshman do, early on.

Might take a while to find his identity on this level. UM's needs might dictate he plays some down low, but his natural skill set is more suited to play 2/3 or even PG.

Summary: I think there is next to no chance this kid redshirts. He's too good to not fill a role early on, even on a deep Hurricanes team. Look for him to get some minutes at the 4, though a lot of that depends on how well Ivan Cruz Uceda plays. Once he gets his footing and learns the speed of the game at this level, he could be an absolute monster on the defensive end. Has a similar skill set to Davon Reed, but with more size. I absolutely love Lawrence's future in the program, but big time stats might not be in the cards for 2015-16. A better measure of how good he is as a freshman will be in growth as a player, and impact on the game not seen in the box score. Perhaps by season's end though, his role could increase. In the next few years his talent

will be one of the biggest reasons to be excited about this program.

Canes hoops teams unveil new uniforms

Sun Sentinel

Christy Cabrera Chirinos

Oct. 23, 2015

th of the Hurricanes basketball teams have high expectations going into the season.

And on Thursday afternoon, at an invitation-only event for some of Miami's top donors, the teams unveiled three of the new looks they'll wear this season as each bids to return to the NCAA Tournament.

The Hurricanes will have orange, white and green uniforms designed by the school's new apparel partner, Adidas, with some alternate looks likely being unveiled later in the season.

According to a release from Miami, the uniforms feature the "Hurricanes" nickname etched across the jersey's shoulder for players to see as they put the uniform on. They are made of the same lightweight material used in Adidas' NBA jerseys and the school says the uniforms have "targeted ventilation zones on the chest, back, and side" designed to keep players cool.

Along with seeing the new uniforms – which were modeled by basketball players Angel Rodriguez, Tonye Jekiri, Sheldon McClellan, Jessica Thomas, Michelle Woods and Adrienne Motley – the donors also got to watch both teams practice and hear from athletic director Blake James as well as coaches Jim Larrañaga and Katie Meier.

Miami's men's team is coming off a 25-13 season which culminated in a run to the National Invitation Tournament championship game. The women, meanwhile, went 20-13 and advanced to the second round of the NCAA Tournament.

Player Profile: Kamari Murphy

State of the U
Oct. 22, 2015
Jerry Steinberg

Kamari Murphy

Junior F 6'8 220 Brooklyn, NY (Lincoln H.S. - Oklahoma State)

2014-15 Stats: (sat out NCAA transfer rules) In 2013-14 with OSU averaged 6.1 ppg, 6.3 rpg and shot 54% from the floor.

Scouting Report:

Already being lauded by Coach L and his teammates for his defensive prowess (can guard all 5 positions on the floor) and unselfish nature.

Likely the second best athlete on the team behind Sheldon McClellan.

An accomplished and proven force on the glass from his days in the Big XII.

Developing offensive game. Larranaga has already praised his ability to drive to the hoop. Shooting/touch remain a work in progress.

Fills the most important need on the team. Is a classic defense/rebounding first 4.

Summary: Every great team needs a guy like Murphy to bring it all together. He is the kind of player who can potentially score in double figures some nights, with out a single play being called for him. More importantly though, his presence on the glass will create more possessions on offense, and protect Tonye Jekiri from having to do too much on defense. Little things, like his potential to set screens up top, help defense, and the energy he could bring to the floor, are all qualities that could turn a very good UM team into a great one in 2015-16. Think back to 2012-13 and the role Julian Gamble filled for that squad. Murphy is not quite as tall as Gamble, but an even better athlete and

a more versatile defender. The Brooklyn native is a very key cog the success of the program the next two seasons. He should be fun to watch as well.

Player Profile: Ivan Cruz Uceda

State of the U
Jerry Steinberg
Oct. 19, 2015

Senior F-C 6'10 217 Madrid, Spain
(Harcum College, Pa)

2014-15 Stats: 21 games (missed first 16
NCAA transfer rules) 5.2 ppg, 3.5 rpg,
33.9% 3P%

Scouting Report:

Has a very quick release when shooting
from deep. And terrific range.

Very good hands, and adequate if not
spectacular on the glass.

Nice skill set overall, can pass well, and
knocks down his FTs.

Limited athletically which makes him a
liability at times, especially on pick and
roll/individual defense.

Does not establish position well enough to
get post touches, which relegates him to
mostly jump shooting on the offensive end.

Summary: The really good news here,
is that Coach L raved about how much
better Uceda's conditioning is coming
into this season compared to last. That
should help him both in rebounding and
defense, the two areas he needs the most
improvement. I still don't expect ICU to
play heavy minutes in 2015-16, but he will
be needed at times to spell Tonye Jekiri &
Kamari Murphy, especially now that Omar
Sherman has transferred. If he can come
in and play 10-12 minutes a game, knock
down some open jumpers, and just hold his
own down low it will be a huge plus for this
team. Anything on top of that would be
gravy. Look for subtle improvements this
season from Uceda, even if his numbers are
about the same as last season's. He may
not be a superstar, but he can fill a role for
this team and help toward ACC contention
and a berth in the NCAA Tournament.

Profile - Davon Reed

Draft Express

Derek Bodner

Oct. 16, 2015

Davon Reed missed the first three weeks of Miami's 2014-15 season after suffering a torn meniscus during offseason workouts. After returning in early December, Reed worked his way into the starting lineup, starting in 21 of the final 22 games for Miami and helping the Hurricanes rebound from a disappointing 2013-14 season.

Reed was measured at 6'5 in shoes at the LeBron James camp a few years ago, with an impressive 6'10.5 wingspan. That length, combined with a well-developed frame and good athletic tools provides Reed with considerable intrigue as a prospect, especially considering the potential he's shown as a jump shooter.

On the offensive side of the ball, Reed's primary contributions come from his set shot, which he hit at a tremendous clip last year. Reed made 45.7% on his 81 three point attempts last season and shot 46% on his catch and shoot opportunities per Synergy Sports Technology, a percentage which yielded 1.381 points per possession and placed Reed in the top 10% of college basketball.

Reed gets tremendous elevation on his jump shot and has range well beyond the college three point line. His shooting motion is compact, which combined with the elevation he gets allows him to get off accurate looks at the basket with little space. The overall sample size is small, so a regression wouldn't be all that surprising, but there's reason to believe Reed can be a plus shooter even with a larger sampling of attempts.

Reed also has a quick first step and long, rangy strides, which allows him to attack

closeouts and get to the basket. He's a good athlete who can elevate around the rim, and has pretty good body control and touch around the hoop, although he doesn't yet appear to have confidence finishing with his left hand.

Because he's a relatively low-usage player, who gets shots primarily either behind the three point line or at the rim, Reed has a fairly high free throw rate at 47%. The combination of getting to the line – 3.7 attempts per 40 minutes, pace adjusted, compared to just 8.0 field goal attempts per 40 minutes pace adjusted – and effective three point shooting gives Reed excellent efficiency. His 62% true shooting percentage placed him in the top-15 among all shooting guards in our database last season.

The rest of Reed's offensive game is still a work in progress, as evidenced by his extremely low utilization in Miami's offense. Reed attempted just 5.5 field goal attempts in his 27.5 minutes per game, with an extremely low 15.7% usage rate. Reed is an inconsistent shooter off the dribble, which limits his usefulness in the pick and roll, and lacks the advanced ball handling skills and creativity to create with regularity. For the most part, Reed's offense is limited to spot-up attempts, transition opportunities, and cuts to the basket off the ball.

Reed's athleticism and physical profile gives him a lot of potential as a defender, although right now he's inconsistent in his ability to turn that potential into production. Reed has the length and lateral foot speed to defend on the perimeter, and the size and strength to defend multiple positions.

The effort is there, which is a big building block for his long-term development, but he's going to have to improve his technique

and decision making in order to reach his three-and-D potential. Reed can frequently be caught too upright and off balance, and can get burned on misdirection moves. He can also get caught roaming off the ball looking for steals or when committing to double teams, and leave his man wide open at times. All of these are correctable deficiencies.

The upcoming 2015-16 season is a big one for Davon Reed, who played his entire sophomore season at 19 years of age. Reed has some potential as a three-and-D candidate, something that is extremely valued in today's NBA. If Reed is able to show that the accuracy he displayed in his jump shot is sustainable with more attempts, round out the rest of his offensive game so he can offer more in the half court, and turn some of his immense defensive potential into consistent production, he could find himself on the radar as a prospect down the line.

Player Profile: Ja'Quan Newton

State of the U
Jerry Steinberg
Oct. 15, 2015

Sophomore G 6'2 180 Philadelphia, Pa
(Nuemann-Goretti H.S.)

2014-15 Stats: 34 games. 4.0 ppg. 1.4
rpg. 1.3 apg, 40.5 FG%

Scouting Report:

Fearless competitor who absolutely loves taking the ball to the rim.

Has very good court vision and does a good job finding open teammates in the half court as well as the open floor.

Good array of moves and decent medium range game.

Needs to work on his outside shooting, and his especially his stroke at the FT line.

Good but not great defender as a freshman.

Has the mindset and skill set to be an outstanding defensive PG.

Summary: Now that Manu Lecomte has transferred to Baylor, it's crystal clear who the top PG behind Angel Rodriguez is. And considering the up and down season Rodriguez had last year, and the injuries he suffered, that is a more important role than it even sounds. Newton was a top 50 player coming out of H.S. and you could see his talent in spurts last year. Like any freshman he had his out of control moments. But if he improves his jumper, and his decisions, the already confident game of Newton could take off to another level. I expect a much better version of Angel this season ahead of him, so for now Newton will have to settle in as one of the top options off the bench. Look for him to play a little off the ball as well, and have some big games when the team needs it. 7-8 ppg and 2+ rpg/apg seem well within reason for the very talented Philly native in 2015-16. That would be a good launching point for the player who is earmarked to take over for Rodriguez as the starting PG

once he graduates. And at that point, the sky is the limit for JQ.

Larrañaga confident healthy Canes can make splash in ACC

Sun Sentinel

Christy Cabrera Chirinos

Oct. 5, 2015

Just two practices into the season, Jim Larrañaga can't help but be excited. His Hurricanes, who made a run to the National Invitation Tournament championship game earlier this year, are coming off one of the more memorable seasons in school history. They return seven contributors from a 25-win team that Larrañaga believes was one Angel Rodriguez injured wrist away from being "spectacular." On top of that, Miami has added key newcomers in freshmen Ebuka Izundu and Anthony Lawrence, along with a solid defensive presence in transfer Kamari Murphy.

So what kind of season does the veteran coach expect this year's Hurricanes to put together? No doubt, a solid one – as long as Miami can stay healthy, something that was an issue late last season when Rodriguez, one of Miami's leading scorers, was hampered by an injured wrist that plagued him throughout the last month and a half of the season. During that stretch, fellow starters Sheldon McClellan and Tonye Jekiri even dealt with various health problems, though they powered through as best they could.

"We have to stay healthy," Larrañaga said. "If we stay healthy, then we have to play well on that given night because the team we're going against [in the ACC] is every bit as good as we are."

Ahead of each season, Larrañaga has made it a point to share his expectations with members of Miami's Board of Trustees. Ahead of the Hurricanes run to the 2013 ACC championship, he urged Miami's top boosters to buy season tickets because he had a good feeling there would be plenty of exciting basketball that season. A year later, when the team was in transition, he urged patience.

This year he's told those around the program he feels this team has the potential to put together the kind of season those 2013 Hurricanes had – if Miami can stay healthy and navigate the ACC.

On that front, Larrañaga said some players have been limited during Miami's first practices, but no one has been held out with anything serious. Rodriguez has missed practice while recovering after having his wisdom teeth removed, while sophomore James Palmer and Izundu have missed time while dealing with an illness.

Some other thoughts from Larrañaga's preseason press conference on Monday as the Hurricanes continue their initial practices ahead of the 2015-16 season:

* Larrañaga says he's been impressed with the commitment Ivan Cruz Uceda and Jekiri have shown in the offseason to prepare their bodies for the rigors of playing in the post against some of the ACC's top players.

Cruz Uceda, a forward from Madrid, has lost 20 pounds and reduced his body fat percentage from 24 to 9 percent, with Larrañaga joking the senior is nearly unrecognizable.

"He's faster, quicker, stronger, jumps higher, is more confident, more comfortable and his teammates are more confident and comfortable with him," Larrañaga said of Cruz Uceda. "He's in for a great senior year. ... Ivan was bound and determined to become a better athlete. Last year, from a defensive standpoint, he struggled guarding ball screens. This year, he's much more comfortable doing it. It doesn't mean he's going to be like Kamari Murphy, but he's a much better Ivan than he was a year ago."

Jekiri, a senior center, meanwhile, has added 25 pounds of muscle while working with strength and conditioning coach Steve Felde.

"He went from 215 pounds [as a freshman] to 250 pounds, but he's all muscle," Larrañaga said of Jekiri. "He's a huge human being and his confidence has grown as well. He's now really looking to score more and if he can average a double-double, which is our goal for him, then he's going to be an all conference player in the ACC and probably an NBA draft choice."

*Two of the areas where Miami struggled at times last year were on defense and in

rebounding. But Larrañaga expects the Hurricanes will get a boost with both of those this season with the addition of Murphy. A transfer from Oklahoma State, Murphy sat out last season but is ready to return to action and Larrañaga couldn't be more excited to have him in the lineup.

"Love him. I thought two areas that we really needed to improve and we needed to devote a lot of attention to, Kamari Murphy does very well," Larrañaga said. "He's an outstanding defender and rebounder. Terrific athlete. He can guard 1-5. That's how quick he is. He likes playing defense. He likes rebounding. That's a big part of it. If you can see yourself in the role that the coaches have for you and his confidence in his shooting and ball handling and shot selection is improving. Now, I say that with a caveat [because] he hasn't played any games yet. Things change when the games come. But I think once he's settled in, maybe 10 games into the season, he's going to be really, really good."

* While Rodriguez had a strong start to the season (remember that game at Florida where he had 24 points?), there were times he struggled later in the year ahead of the wrist injury. And Monday, Larrañaga conceded that may have happened because he put too much responsibility on his point guard's shoulders. Miami seemed to get a handle on that later in the year after Larrañaga asked McClellan, Jekiri and Davon Reed to take on bigger leadership roles and ease the pressure on Rodriguez.

Expect to see that group share those leadership roles this season.

"What happened last year is, Angel was supremely confident to begin the season in his own abilities and played great. Then there was a stretch where he played well some games but didn't play quite as well. In those games, he just needed more help. He needed guys to step up," Larrañaga said. "When Angel got injured, it required other guys to step up. And they not only stepped up a little bit, they stepped up a lot of times in a very big way. Now I think now they feel much more confident and comfortable in being a leader."

Player Profile: James Palmer

State of the U
Jerry Steinberg
Oct. 15, 2015

Sophomore G/F 6'5 202 Washington D.C.
(St. John's College H.S.)

2014-15 Stats: Appeared in all 38 games, averaged 3.7 ppg, 1.4 rpg, 36.5 3P%, 41.3 FG%.

Scouting Report:

Silky smooth player with excellent handles who can play positions 1-3 on the floor.

Very fluid jumper, and surprisingly athletic in the open floor. Great size as well.

Coach L says he will start the season as a 2/3 but could play a lot of minutes at PG in his future.

Needs to work on his defense, but a very good/versatile player in most aspects of his game.

Summary: Palmer is in perfect position to be UM's sixth man this season. He no longer has to compete with Deandre Burnett for minutes, and will be top back-up for both Sheldon McClellan and Davon Reed on the wing. And while JaQuan Newton is expected to spell Angel Rodriguez at the point, when the 'Canes go to bigger line-ups he can also run some PG. However, I expect his initial role to be as a knock down shooter/scorer off the bench. With his natural abilities, underrated athleticism, and excellent size, he should get to the line more often in his second season as well. Palmer could end up as the top scorer off the bench and average anywhere from 6-10 ppg if he develops as expected. Look for him to come close to 40% from deep as well, with his very pretty outside stroke. Miami has a star studded starting 5, but look for Palmer to play a big part of the success of the 2015-16 Miami Hurricanes and possibly blossom into a star in years beyond.

Key assistant coaching hires

NBC Sports

Scott Phillips

Sept. 30, 2015

Assistant coaches lay low and out of the spotlight most of the time, getting tireless amounts of work done to recruit and scout for upcoming games. This offseason saw a number of teams make nice additions to their staffs in the form of assistant coaches. While some guys on this list are connected recruiters, others are former head coaches who add a lot in player development, game planning or advance scouting. Here's ten programs who made impact assistant coaching moves this offseason.

Jamal Brunt, Miami: One of the most underrated hires of the spring was Richmond associate head coach Jamal Brunt moving to Miami as an assistant. Brunt moved from Richmond's director of operations up the ladder to associate head coach by recruiting high-caliber talent (Justin Harper) and coaching in a program that had a lot of success the last 10 years when he was there.

10 Glue Guys To Watch

CBS Sports

Jon Rothstein

Sept. 28, 2015

TONYE JEKIRI

Miami Hurricanes | Center

Comment: 7-footer is a throwback because he's a player that's worked hard and gotten better during every season of his four-year career. An anchor in the paint, Jekiri (8.6 points, 9.9 rebounds, 1.4 blocks per game in 2014-15) will have a role for the Hurricanes similar to what Patric Young had for Florida when the Gators advanced to the 2014 Final Four.

Murphy looking to show full skill set at Miami

NBC Sports

Raphielle Johnson

Sept. 25, 2015

In two seasons at Oklahoma State, forward Kamari Murphy played a role that didn't change all that often. Defending, rebounding and being a supplemental figure on the offensive end were his responsibilities, and there didn't seem to be much room for him to go outside of those roles. After a sophomore season in which he averaged 6.1 points and 6.3 rebounds per game, Murphy decided to transfer and ultimately wound up joining a Miami program that also worked hard to reel him in as a high school prospect but fell short.

Now eligible to compete after sitting out last season, the 6-foot-9 Murphy is eager to take the floor. And with that comes the desire to show that he can do a lot more skill-wise than he was able to do in two seasons in Stillwater, as noted in a story written by Christy Cabrera Chirinos of the Sun Sentinel.

"The two years I was [at Oklahoma State], we had great teams, but I think I was used in the wrong way and the media and press got the wrong perception of me, that I'm just a rebounder or a set screen guy," Murphy said. "I'm [more] than that. This year, I'm not going to do too much, but I'm going to show people I have the skill work and my IQ is better than just setting screens and running the floor. That's why I can't wait to play, to prove people wrong."

Murphy joins a front court that includes seniors Tonye Jekiri and Ivan Cruz Uceda, and there is room for the New York native to show off a wider array of skills. One of Miami's personnel losses from last season was forward Omar Sherman, who transferred after averaging 4.8 points and 2.3 rebounds per contest as a freshman.

While Sherman didn't post prolific numbers, he was a face-up four who could step out onto the perimeter and hit shots in pick and pop situations.

Can Murphy fill a similar role for the Hurricanes, who have the pieces needed to return to the NCAA tournament after missing out in each of the last two seasons? Given Miami's numbers in the front court, with just five scholarship options, head coach Jim Larranaga and his staff will need Murphy to not only fill that role but be more productive in doing so.

Kamari Murphy ready to – finally – suit up for Hurricanes

Sun Sentinel

Christy Cabrera Chirinos

Sept. 24, 2015

Kamari Murphy wanted to be a Hurricane once. His family initially wasn't on board.

As a highly-recruited fifth-year player out of IMG Academy in Bradenton back in 2011, Murphy found himself drawn to Miami's program, players and Hurricanes basketball coach, Jim Larrañaga.

But with the Hurricanes mired in the uncertainty stemming from a protracted NCAA investigation into the actions of a former booster, Murphy's parents had plenty of questions.

Would the Hurricanes be hampered by massive scholarship reductions? Would they have to forfeit the chance to play in the postseason? Could Miami give him college experience he wanted?

Ultimately, uncertainty won out and Murphy passed on the Hurricanes, signing instead with Oklahoma State. But after two seasons in Stillwater, Murphy longed to be closer to home.

He sought a transfer. And the 6-foot-8 forward realized he couldn't say no to Larrañaga twice.

"He was just like, 'Man, Murph, you passed up on us once, but we've got a good situation here. We've got two guys from the Big 12 here,'" Murphy said, recalling one of his conversations with the Miami coach. "He explained the sit out process, how they got better and once I took the visit out here, my family loved it. It was a perfect fit."

And so, though it meant even sitting out a year to satisfy NCAA transfer requirements, Murphy finally became a

Hurricane. He spent all of last season practicing and working out with his new teammates, learning more about them, about himself and the game.

Now, Murphy is ready to return to the court and add experience, power, and size to a Hurricanes team that has high preseason expectations after making a run to last season's NIT championship game.

Miami, which starts practice Oct. 2 and opens the season Nov. 13 against UT Rio Grande Valley, returns leading scorers Sheldon McClellan and Angel Rodriguez, two former transfers who helped Murphy deal with some of the frustration that comes from missing a year's worth of games.

Also back are guards Davon Reed, Ja'Quan Newton and James Palmer, forward Ivan Cruz Uceda and center Tonye Jekiri. It's a core a stronger, smarter Murphy says he feels he can only help as the Hurricanes look to contend for another ACC title and a return to the NCAA Tournament.

"I learned how Coach L likes to run his system, what he likes from my position and different positions. I got a good scouting report on other teams just watching my guys play against them and [seeing] what they like to do and the players coming back," Murphy said. "That's how my [basketball] IQ rose in a sense. But just sitting and watching players ... how I can play with other players, that raised my IQ to another level."

Said Reed of Murphy's addition, "He's already gotten a chance to experience the ACC and how we play from the sidelines. He's become very familiar with our team and the way the game is played. ... He'll provide us that defensive presence we need, he'll be able to run the floor for us and be an athletic presence. He knows

what it takes to win and he knows what it takes to be the team we can be. He'll bring that, night in and night out."

For Murphy, this fresh start at Miami is also personal.

At Oklahoma State, he led the Cowboys with 199 rebounds and 40 blocks as a sophomore. He averaged 6.1 points and 6.3 rebounds, numbers that earned him a reputation of sorts as a defensive specialist.

But Murphy believes his game is more diverse than that and he says playing with Miami in the ACC will give him a chance to prove he's a well-rounded, complete player.

"The two years I was [at Oklahoma State], we had great teams, but I think I was used in the wrong way and the media and press got the wrong perception of me, that I'm just a rebounder or a set screen guy," Murphy said. "I'm [more] than that. This year, I'm not going to do too much, but I'm going to show people I have the skill work and my IQ is better than just setting screens and running the floor. That's why I can't wait to play, to prove people wrong."

Murphy ready to finally don Miami uniform

Miami Herald
Michelle Kaufman
Sept. 22, 2015

Kamari Murphy was one of those recruits who turned down the University of Miami because of the Nevin Shapiro booster scandal. But after two years at Oklahoma State, he decided to transfer to the Hurricanes program that had initially been his first choice.

He sat out last season, and now the 6-9 forward from Brooklyn is itching to play. He and the rest of the Hurricanes started heavy gym work this week to prepare for the first day of practice Oct. 2.

"Funny story, I was supposed to come here my freshman year," Murphy said Monday. "But my parents, with the sanctions and the stuff going on, didn't feel it was the proper situation for me. If I had come here, I'd already have an ACC ring. But now I'm happy to be here."

Murphy started 21 games as a sophomore at Oklahoma State, averaged 25 minutes, 6.1 points and 6.1 rebounds, but didn't feel he was "being used properly." When he announced he wanted to leave, UM coach Jim Larrañaga called.

"I couldn't turn him down twice," Murphy said, smiling.

Larrañaga says Murphy is the team's "X factor." Like former Big 12 transfers Angel Rodriguez and Sheldon McClellan, Murphy has high-level college experience. He is a tenacious rebounder, can defend multiple positions and can also score.

"I bring toughness, rebounding. I'm an energy guy, a vocal leader," Murphy said. "The two years I was at Oklahoma State we had great teams, and I can't say I regret going there, but I think I was used in

the wrong way, just as a rebounder, a set screen guy. This year I'm going to show people I have the skills and the basketball IQ. I can't wait to play and prove people wrong."

Murphy will be one of three new players in a UM jersey, along with freshmen Ebuka "Buka" Izundu and Anthony Lawrence Jr. Izundu, a 6-10 native of Nigeria, was spotted at a camp and moved to the United States in 2013. He attended high school in Charlotte, North Carolina.

"Buka reminds me of Tonye as a freshman," Larrañaga said, referring to senior Nigerian center Tonye Jekiri, who has become a mentor to Izundu. "Buka came in at 201 pounds and he needs to get to 225 or 230. He's not quite ready to do what he'll be capable of when he gets stronger, but he's a willing learner."

Lawrence is a 6-7 forward from St. Petersburg, and he has deep UM roots. His father, Anthony Sr., played at UM from 1991-93, and his uncle, Patrick, was a Cane from 1991-94. Coaches like his versatility.

The Hurricanes return seniors Rodriguez, McClellan, Jekiri and Ivan Cruz Uceda. Junior Davon Reed returns, as well as sophomores JaQuan Newton and James Palmer. Three players transferred — Manu Lecomte (Baylor), DeAndre Burnett (Mississippi) and Omar Sherman (Paris, Texas, Junior College).

"As a player, you need to be someplace where you're really happy, and if their playing time wasn't satisfying them, it's best for me to be honest, even if it's not what they wanted to hear," Larrañaga said. "They are all good young men and we wish them well."

Canes Building a Program From the Ground Up

CaneInsider
Austin Sapin
Sept. 20, 2015

Think back to 2013.

The Miami Hurricanes had made one of their most impressive runs in years with a 29-7 season, but looking forward, what was left behind? One freshman that averaged a combined 6.9 minutes a game, two graduate students and a program skinned bare to the core.

That 2012-13 season was an undoubted success, but for how great the regular season ACC title, the ACC Tournament title and the Sweet Sixteen run were, what was left to build off?

Over the past two seasons, the Miami Hurricanes have dealt with plenty of change and have done a serviceable job of filling in for those missing pieces. Now in year three of this Miami rebuild, that foundation that was wiped clean after the 2012-13 season has finally been repaired and boy does it look great.

Even when that foundation has looked like it's cracking the past six months, Coach Jim Larranaga and his staff have showed over and over that this program is in a new phase.

Take the transfers of Omar Sherman, Deandre Burnett and Manu Lecomte for example. You think Miami could have dealt with losses like this over the past few years? No shot.

With these departures, Larranaga hasn't just found a stopgap, he's managed to build both for this year and also for years to come.

It's not just a group of seniors that will leave a program in ruins now. To see that,

all you need to do is look at the roster this coaching staff has put together.

The current seniors that include Angel Rodriguez, Sheldon McClellan and Tonye Jekiri will get the spotlight, but juniors Davon Reed and Kamari Murphy will have plenty of experience and talent to lead this team next season.

Behind them are sophomores James Palmer and Ja'Quan Newton, who both showed flashes of excellence last season and are sure to be featured prominently in the rotation once again this year.

Then you get to the freshmen, Anthony Lawrence Jr. and Ebuka Izundu who haven't played a minute of college basketball, but will be able to learn under one of the best coaches in the country and gain a wealth of experience from the veterans on this team. Oh yeah, they can also play a little bit too.

That current roster speaks volumes to the type of depth and talent this program possesses now and instead of settling, the Canes have only added more.

While he'll have to sit out this season, Rashad Muhammed, a 6'6" guard who transferred in from San Jose St., will give the Hurricanes another scoring option for presumably the 2016-17 season and 2017-18 season.

On the recruiting front, the Canes and Coach Larranaga now find themselves in the hunt for some of the best recruits in the country, something the Miami program isn't really familiar with.

This Hurricanes staff has already locked up 6'10" center Rodney Miller from legendary Oak Hill and the names they've been linked with should have Canes fans salivating at the mouth. Names like Dewan

Huell, Juwan Durham and Brison Gresham could give the Hurricanes a freshman star they haven't had in years.

This season, the Canes have a realistic shot at making a run not just in the ACC, but in March as well. That in itself is exciting, but what makes this roster and this team so promising is the fact it won't just be a blip on the radar and that this program should be successful in the future as well.

Think back to 2013. Think about how exhilarating and fun that season was. Now imagine something like that for the next few years. I think it's safe to say this Miami program is here to stay.

SEASON PREVIEW: ANGEL RODRIGUEZ

Hoops HD

Jon Teitel

Sept. 13, 2015

Many college basketball players decide to transfer because they are not having much success at their original school and want to try their luck elsewhere, but that was certainly not the case for Angel Rodriguez. As a freshman at Kansas State he played in 32 games and led his team in both assists and steals before starting a pair of NCAA tourney games. As a sophomore he started all 33 games and was named to the Big 12 All-Defensive team. After transferring to Miami in 2013 and sitting out for a year, he became 1 of the best PGs in the ACC while helping the Hurricanes get back to the postseason after missing out in 2014. HoopsHD's Jon Teitel got to chat with Angel about growing up in Puerto Rico and recovering from a wrist injury last winter.

You grew up in Puerto Rico: how did you 1st get into basketball? I was a baseball player as a kid but it did not really work out for me. Basketball is big in Puerto Rico so I just started playing with my friends.

You began your career at Kansas State, where you started a pair of NCAA tourney games as a freshman: how were you able to come in and contribute right from the start? I knew my role and was not trying to be the star: I just wanted to help us win games by being a "dog" on defense. On offense I just tried to run the team.

You made the Big 12 All-Defensive team as a sophomore and were #3 in the ACC in SPG last year: what is your secret for being a good defender? Defense is not a skill: it is more of a mental thing. You must have the desire to stop your opponent and take pride in it rather than just going with the flow. My college coaches have always taught me to take pride in playing defense. I was used to just competing on offense

like most young guys do, but I have been able to build a reputation for myself on the defensive end in college.

In the 2013 NCAA tourney you had 4 AST but missed a shot at the buzzer in a 2-PT loss to La Salle: how much of a home-court advantage did you have while playing in Kansas City? It was a great home-court advantage for us, but the problem was that we disrespected our opponent and were looking forward to playing Wisconsin in the following round. It does not matter where you play in the tourney: everyone will bring their "A" game, which is why underdogs can pull off the upset.

After the tourney you decided to transfer: why did you pick Miami? Miami is my home: I have my high school friends and girlfriend here, and my family in Puerto Rico is only 2 hours away. It is nice to be in the ACC and the coaches here have been perfect for me.

You play for Coach Jim Larranaga: what makes him such a good coach, and what is the most important thing that you have ever learned from him? He gives a lot of freedom to his guards and is also a good person. I would be lying if I said that the most important thing I learned from him was on the court. He teaches us little things about how to succeed in life like looking people in the eye and shaking their hand: I truly appreciate him taking the time to teach us about life.

Last January you scored a career-high 25 PTS including 3 FTs in the final second of regulation in a 9-PT 2-OT loss to undefeated Virginia: how were you able to come all the way back from a 19-PT 1st half deficit, and did you think that you were going to make all those FTs? I would call it perseverance. We were not executing certain stuff in the 1st half so we had to make some changes at halftime. We had a new team of young

guys and even veterans like myself were not doing much, but we gathered ourselves and finally made a few stops. I never doubt myself: I will take the blame if I miss a shot and take the credit if I make a shot. I could not go out by being scared of losing: that is just not who I am.

You missed the 2015 NIT title game (a 2-PT OT loss to Stanford) with a wrist injury: do you think your team would have won if you were healthy, and how is your wrist feeling at the moment? Of course I think I could help the team if I was healthy, but if I had played then I would have hurt the team because I was not ready to play and could not pass or shoot with my right hand. It was a good experience for our team because it taught us how to try to find other ways to win. My wrist is 100% right now and I feel as good as I have ever felt.

Your non-conference schedule includes games against Mississippi State/Nebraska/Florida: which of these games do you feel will present your biggest test? Last year I would have picked Florida but this year I am truly taking it day-by-day because it is my final year of college basketball. It is going to be very emotional but a very fun ride: I used to dream about playing in college and I want to make the best of it.

What are your goals for the upcoming season, and what are your expectations for the upcoming season? I have very high expectations for the team this year. I think we underachieved last year but we are more mature this year and know what it takes to compete at this level, so we will never settle for less than we can achieve. We have a couple of guys who will play bigger roles and I think we have become more of a team with a lot of experienced guys who can guide the younger guys.

The Brunt of Great Expectations: CanesHoops are a Veteran Team

State of the U
Charlie Strauzer
Aug. 20, 2015

With just over a month until full-time practices begin, State of the U had the opportunity to speak with Assistant Coach Jamal Brunt, to get his thoughts on the team and the expectations for the upcoming season.

SOTU: As a newcomer to the program and to working for Coach L, what has been your impression of the team in the time that you've spent with them, and how have they looked in the gym?

JB: "I've been very, very impressed with the culture of work. These guys, they get in the gym a ton. Obviously, the NCAA limits the amount of hours that we (coaches) can be in the gym with them per week, but those guys are constantly, constantly in the gym, working out, getting extra reps, extra workouts, extra shooting. That was probably the biggest takeaway I had from the summer - I just was blown away by that culture of work."

SOTU: What are your expectations for the upcoming year?

JB: "I'm expecting a great year, and that was obviously an attractive selling point for me, making the move here. I get to work with a veteran group that is really poised to make a big jump. You've got a lot of experienced guys coming back, a couple of fifth-year guys that should be great leaders. I'm looking forward to it. Guys should be ready to work once they get back on campus, and some guys are in town already. Tonye (Jekiri) and Ivan (Cruz Uceda) haven't left. Davon (Reed) came back early, (Kamari) Murphy stuck around. All the guys have committed themselves to making sure they're ready. I think it should be an exciting year, knock on wood, if everyone stays healthy - that's obviously the key for any season."

SOTU: Speaking of health, can you give us an update on injuries? How is Sheldon

(McClellan) following offseason surgery?

JB: "He's good to go, and actually was invited out to the Adidas Nations (camp). They have college counselors out there. Chris (Caputo) got some good feedback from some NBA scouts and GMs that were there evaluating guys. He looked good and was in the gym working once he got back for the second summer session. Everyone else is good, other than occasional bumps and bruises from just working and playing this summer."

SOTU: Last year, Omar Sherman and Ivan Cruz Uceda had to adjust to the size and speed of ACC big men. How have they benefited from the offseason workouts?

JB: "Omar has dropped a ton of weight and Ivan's body has really transformed, even from the time I've been here (in April). Just watching him go from where he was the first day of summer workouts to where he was on the last day of summer workouts, he really had a great summer, I think. We're all hopeful that will translate on the floor. He's been here getting extra workouts in every day since everyone went home (before classes start), and he's been putting in the work. I really, really think he's put himself in a great position to have a really good year. Omar looks a lot better and needs to continue to get stronger but weight-wise, seeing how he looks from when we played in the NIT to how he looks now, he really looks slimmer. I always joke around with him and say, 'Learn and mean, you've got to stay lean and mean.' He is getting there and wasn't getting tired at end of workouts. He says he's working out at home and we'll see that he's still in pretty good shape when he gets back in town."

SOTU: How has the transition to Adidas been so far?

JB: "It does seem like Adidas is trying to be very, very helpful. They're doing a great job to make sure the transition is smooth as kids can be apprehensive given (past) brand loyalty to the Swoosh. They've done

a lot just to come in and fit the guys' feet well, to make sure this is the size for you, allowing the guys to do custom colors. I think they're really making an effort to make the program feel special."

SOTU: With more continuity from the returning players, are we going to play any differently this year? Maybe institute the scramble more?

JB: "I know Coach has some things in mind with the change to a little bit shorter of a shot clock (from 35 seconds to 30 seconds). We're in meetings all week, all day before the kids get back. We're definitely going to want to try some things out in workouts and early practice."

We can also expect for the full season schedule to be released by the end of the month. The Hurricanes announced their out-of-conference schedule at the beginning of August, and the ACC announced last week that the team will host two "Big Monday" games. Defending national champion Duke comes to the BankUnited Center on January 28 and ACC regular season champion Virginia visits on February 22. Both games are slated for 7 PM tips and will be broadcast on the "flagship" (ESPN).

Rashad Muhammad transfers to Miami

NBC Sports

Terrence Payne

Aug. 7, 2015

Former San Jose State guard Rashad Muhammad has transferred to Miami, sources confirmed to NBCSports.com on Friday night.

Jeff Goodman of ESPN first reported the news. DePaul and San Francisco were also reportedly in the mix for his services.

Rashad Muhammad is the brother of ex-UCLA Bruin and current Minnesota Timberwolves guard Shabazz Muhammad.

The 6-foot-6 sophomore averaged 13.9 points and 3.3 rebounds per game, scoring in double figures 43 times in 58 games with the Spartans. The sophomore was the bright spot on a 2-28 team that failed to defeat a Division I opponent during the 2014-15 season. Muhammad announced his decision to transfer out of the program on May 23.

Muhammad will have two years of eligibility remaining after sitting out the 2015-16 season, per NCAA transfer rules. Following the 2015-16 campaign, the Hurricanes will need to replace the production of Sheldon McClellan and Angel Rodriguez, the team's top two returning scorers. Miami's back court depth took a hit this spring when Manu Lecomte and Deandre Burnett both decided to leave the program.

5 Offseason Questions from the ACC

CBS Sports

Jon Rothstein

July 27, 2015

4. Which ACC team is being disrespected nationally?

Miami. The Hurricanes aren't being overlooked, they're being insulted. Jim Larranaga's team returns seven of its top nine scorers from last year's squad that won 25 games and lost to Stanford in the finals of the NIT. But when people talk about the teams to beat in the ACC next season hardly anyone mentions Miami. That will not be the case here. Other than North Carolina and Virginia, no team in this conference possesses the depth, experience, and overall balance that the Hurricanes do. Miami starts two fifth-year senior guards in Angel Rodriguez and Sheldon McClellan as well as a brute force in the middle in Tonye Jekiri (8.6 points, 9.9 rebounds per game in 2014-15). The forgotten piece for this team? Oklahoma State transfer Kamari Murphy. The 6-8 power forward averaged 6.3 points and 6.1 rebounds per game two years ago on a team that advanced to the NCAA Tournament and will likely an immediate starter for the Hurricanes. Many people will probably rank Duke as the ACC's third best team starting next season behind North Carolina and Virginia, but the Blue Devils should not be put ahead of Miami -- at least not yet.

Larrañaga talks summer practice, recruiting & more

Sun Sentinel

Christy Cabrera Chirinos

July 15, 2015

Earlier this week, the Hurricanes basketball team had its first practices of the summer and already, Miami coach Jim Larrañaga is optimistic about how his team will perform.

The Hurricanes are coming off a run to the NIT championship game and the longest season in school history – the first in which they played all the way through March.

Miami returns the bulk of its roster, including leading scorers Sheldon McClellan and Angel Rodriguez, and that's just one of the big reasons Larrañaga is excited heading into a new season.

Here's more from our conversation with the veteran coach, who this summer has come up with individual goals for each of his players and is adjusting to a new staff after losing top assistants Michael Huger and Eric Konkol, both of whom took head coaching jobs in the off-season.

On how he and his coaching staff are making the most of UM's limited summer practices:

"The very first thing is we established some priorities of how this time is going to be dedicated. We're only allowed two hours a week in working with the players with a basketball. Believe it or not, we're allowed six hours a week of conditioning, which to me doesn't make any sense at all. The guys would much prefer to be working on their shot and ball handling than they would be spending time conditioning and running. So our focus is on the skill development and on working with the individuals on the areas of their games that we think needs specific attention. That primarily means shooting, scoring, how are you going to score the ball, what shots are you going to get, what shots should you be practicing. We have a whole series of drills that we do that work on those things, different drills for the guards, then we do the big guys."

On the impact newcomers Kamari Murphy, an Oklahoma State transfer, and freshman Anthony Lawrence Jr. can make this season:

"Kamari Murphy was with us last year as a practice player and on our scout team. So we had a chance to see his strengths and weaknesses throughout our practices.

We know he's an outstanding defender and a very good rebounder. He's a terrific athlete. If you look at our team from last year, the area that we could have used more help in was defensive rebounding. Tonye [Jekiri] was a great rebounder, but as a team, we were just average or below average in that area as a defensive team ... we were good at times, but we were inconsistently good. I think adding Kamari really adds to what can be a much better defensive effort for our team.

"Anthony Lawrence Jr., it's too early to tell, but he's got the size and skill that will give us some flexibility because he can play multiple positions and from a coaching standpoint ... Last year, there were times early in the season we did not have Davon Reed. For the first half of the season, we did not have Ivan Cruz Uceda, so having a guy like Anthony Lawrence Jr., if that was the case again, and Davon was out with an injury, we have a guy with good size that can take his place. If Ivan Cruz Uceda's situation were to arise with any of our players, okay, Anthony Lawrence can actually play some at the 4 spot because he's 6-foot-7 and he's over 200 pounds. He's very strong. He bench pressed 260 pounds. That's very rare for a freshman. Then you add Ebuka Izundu, and I'm seeing this is a guy very much like Tonye was; he's long, he's tall, and he might be able to do what Tonye did and back up Tonye for a year."

On the continued development of center Tonye Jekiri, who last season emerged as the ACC's top rebounder (9.9 rpg):

"At the beginning of the year, we set his goals pretty high. We wanted him to average a double double, 10 points, 10 rebounds. He was really able to do the rebounds ... the scoring wasn't always in double figures, but his percentages were improved. He shot 73 percent from the foul line, he scored better around the basket and his game is getting better. Again, we expect him to average a double double, but we'll set the goal for 12 points a game, we think he's very capable of doing that."

On how the 2013 ACC title and this year's NIT run have helped Miami on the recruiting trail:

"There are a lot of things that can help you or hurt you in recruiting. Some of the things that help you are being successful on the court and getting the TV exposure

and recognition for your program on television. Just about every one of our games was on TV. I thought we got great coverage and it was great for our brand to get that kind of TV exposure. Winning the ESPN tournament at the College of Charleston, playing on their network three straight games, that really, really helped. We have a lot of scholarships available for next year and we're bringing in a very strong recruiting class. We're involved with some talented players, but one thing we know is that every kid we're recruiting that we really, really like, so do all the other top 25 programs in the country. So we're competing against the very best teams in the ACC, SEC, Big 10, Big East."

On the adjustments to his coaching staff after the departure of longtime assistants Michael Huger and Eric Konkol:

"I always describe it as we have three new members of the staff. The first is Jamal Brunt, who took Michael Huger's place. He's hit the ground running. He's a 10-year veteran, he's got a lot of recruiting experience, he's a very bright guy and he really knows the game well. I think he's going to be an outstanding assistant coach and in a very short period of time, a very outstanding head coach. Adam Fisher moved from basketball operations to Eric Konkol's position as an assistant coach ... after watching him in the role of Director of Basketball Operations for two years, the impact he had working with me side by side gave me the confidence he's going to be a terrific assistant. ... We hired James Johnson, who was a former assistant of mine at George Mason, who I have the utmost confidence in. He's got tremendous experience not just as an assistant, but as a head coach, so I can rely very, very heavily on him mentoring Adam, showing him the ropes of how to get things done, but also to help me coach the team in terms of not just practicing, not on the floor coaching, but in organization. If I'm on the road ... I have a guy with head coaching experience here. He can keep the program functioning at a very high level when I'm gone. And then the big key is Chris Caputo has been elevated to associate head coach. He's been with me for 14 years. He's done a tremendous job. I think at some point, a very smart athletic director is going to hire him away from us as a head coach."

Larrañaga expects more consistent 'Canes this season

Sun Sentinel
Christy Cabrera Chirinos
July 14, 2015

men's basketball coach Jim Larrañaga expects more consistency this season

During their run to the NIT championship game, the Hurricanes played some great – and maddening – basketball. But with a more experienced roster returning, Miami coach Jim Larrañaga expects much more consistency.

Jim Larrañaga, Hurricanes basketball, UM basketball

A year ago, things were plenty unsettled for Hurricanes basketball coach Jim Larrañaga and his program.

Though there were reasons to be excited, especially with transfer guards Angel Rodriguez and Sheldon McClellan ready to play their first games in Miami uniforms, there was uncertainty too, with the Hurricanes' roster featuring nine new players.

Things are a little different this summer, with Miami returning the bulk of a roster that made a run to the championship game of the National Invitation Tournament this past spring. It marked the first time in school history the Hurricanes had a season run all the way through March. Now, with Miami having started its offseason workouts, Larrañaga feels optimistic about the now-experienced Hurricanes moving past some of last season's inconsistent play to challenge some of the powerhouse programs in the ACC.

"It wasn't like last year we didn't expect to make the NCAA Tournament. We did. But we knew we had a lot of major hurdles to overcome," Larrañaga said on Tuesday, after the Hurricanes' second practice of

the summer. "This year, the guys have played together and have played against everybody in the league ... now, we're an experienced team. We've got veteran players at every position. We know what we're capable of doing. Let's get the job done."

To that end, Larrañaga has set individual goals for each of his players throughout summer workouts. But before focusing on those, the coach says his team had to worry about getting healthy.

At season's end, several players – including both McClellan and Rodriguez, Miami's leading scorers who each averaged more than 11.9 points per game – were nursing nagging injuries. Rodriguez missed time late while dealing with a wrist injury that Larrañaga says has improved, but McClellan is still dealing with a groin issue that has limited him in some summer workouts. Center Tonye Jekiri had to recover from a concussion, and guard Ja'Quan Newton dealt with a torn ligament in his hand. That meant a little bit of extra time off for the Hurricanes, though Larrañaga says everyone aside except for McClellan recovered in time for summer.

"The very first thing is we established some priorities of how this limited time is going to be dedicated," Larrañaga said. "Our focus is on the skill development, on working with the individuals on the areas of their games that we think need specific attention. ... I'm happy. Their effort and their attention to detail has been very, very good these two days."

Along with returning the core of McClellan, Rodriguez, Jekiri, Davon Reed and Ivan Cruz Uceda, the Hurricanes will have Newton, James Palmer and Omar Sherman coming off the bench. They'll add Oklahoma State transfer Kamari Murphy, now eligible play after sitting out a year,

and incoming freshmen Anthony Lawrence Jr. and Ebuka Izundu, who Larrañaga says can all make an impact early.

Murphy, who had 199 rebounds as a sophomore with the Cowboys, is expected to give Miami a boost defensively, while Lawrence has the versatility to play several spots on the floor.

Those were things the upstart Hurricanes needed last season while inconsistent play had them picking up big wins at Florida, Duke and Syracuse, but dropping games to Georgia Tech, Green Bay and Eastern Kentucky before finishing with a 25-13 record.

"When you have so many new players, you're going to have times when you're inconsistent," Larrañaga said. "We'll be much better at that this year. We'll be much more consistent."

Summer check-in, Part II: Larranaga on 2015-16 team

Palm Beach Post

Matt Porter

July 10, 2015

Continuing our summer check-in with Hurricanes men's basketball. Click here for Part I, in which coach Jim Larranaga discussed recruiting and roster makeup.

Now, for a little something about the players currently on the team ...

High hopes for Tonye Jekiri. UM's senior center is OK after missing some early offseason conditioning work following tonsil surgery (I'm told that when you have tonsil surgery as an adult, rather than as a child, it takes a lot out of you). In four years, Jekiri, 20, has gone from basketball newbie in Nigeria to one of the top centers in his class. It's easy to imagine Miami beating Stanford in the NIT final last year had Jekiri not missed the game with a concussion.

"I think he could be the best center in the league," said Larranaga of Jekiri, who averaged 8.6 points and an ACC-best 9.9 rebounds per game. "I think he could lead centers in rebounding and scoring. If he would trust himself a little bit more, if he would have the same kind of confidence that I have in him, he would average a double-double and be well into double-figures, 12, 13, 14 points a game."

McClellan's ceiling: Miami does a practice drill called the "The Kevin Durant," in which players spend three minutes moving around the court taking 2s and 3s. Players take a 15-footer from the right corner, then a 15-footer from the right wing, then back to the corner, then to the wing. They do that for 30 seconds, then step back beyond the arc, right corner, right wing, for the next 30 seconds. Next: the same thing from the elbows, then the top of the key, then the left side. The goal is to score 100 points. Not all players get there. Many don't get close.

This summer, Sheldon McClellan set the program record – 134 points in three minutes – and topped it with 138 this week. The best Larranaga has heard of: former Charlotte Hornets guard Troy Daniels, who put up 152 while at Boston College. Few at UM would be surprised if McClellan beat that mark before he's done at UM. It's not just his shooting they like. McClellan, who averaged a team-high 14.5 points last year as a junior, upped his aggressiveness in the second half and was a major factor in the Hurricanes' NIT run despite battling a groin injury. After the school year ended, McClellan went home to Houston for an extended period to rest and refocus.

If the Canes get more of the McClellan that put up 16 points and 11 rebounds in the NIT semifinal

win over Temple, they'll be in good shape.

"He's on an escalator, and he keeps going up and up and up," Larranaga said. "It's steady. We have no idea what floor he can get to. His ceiling is so high."

Could he be an NBA draft pick?

"I can't project at this point," Larranaga said. "I will say this: if he, and our team, play up to our capabilities, I can see him being an NBA draft choice and potentially a first-rounder." But that's if McClellan is at his best against UM's marquee opponents – and the rest of the teams on the schedule.

Getting in shape: In their first seasons of ACC play, freshman Omar Sherman and junior college transfer Ivan Cruz Uceda were limited by their conditioning. Both forwards, Larranaga said, are making "baby steps," but continue to make steady progress. At a practice I watched last month, Sherman and Uceda were running the floor better than last year.

Another area Uceda needs to improve: his defensive awareness, and understanding of defensive concepts. "Still an area of concern," Larranaga said, though he noted that's not something UM will address until full-team practices begin in the September. Summer's about conditioning and skill work.

Making a point: Angel Rodriguez suffered a major scoring slump last year, but Larranaga isn't concerned about his senior point guard's shooting ability. He feels that's not what caused the slump.

When Rodriguez' teammates weren't scoring consistently last year, he put pressure on himself to make shots. When he was hitting everything and his confidence was high – as it was against Florida – that worked. When he wasn't, his game and the Hurricanes' game suffered. In a chat at practice last month, Rodriguez acknowledged this. He said he wants to be a better leader, and that means trusting his teammates.

"Angel is an outstanding shooter," Larranaga said. "What he needs is for his teammates to play well, and for him to show great confidence in them. There's a balance that has to be there. ... He needs to have confidence in teammates, and patience to know that even if they miss a few, we'll get it next time."

Does Larranaga believe Rodriguez can take that step?

"Oh yeah," Larranaga said. "Yeah. I think [last] year really helped him."

Speaking of shooting: In limited time as a freshman, guard Ja'Quan Newton showed he can drive to the hoop and score (4.0 points in 13.5 minutes). But since he rarely took threes (4-for-10 on the season), opponents had a relatively simple game plan against

him. As such, outside shooting is his summer focus. "Not to the point where it's consistent enough, but he's clearly improved in several areas of shooting," Larranaga said. "His arc is better, his footwork is better, his preparation is better. He'll be a much-improved three-point shooter this year."

Palmer's development: Sophomore guard James Palmer, who turns 19 on July 31, was one of the youngest players in the ACC last year. He showed flashes of potential all over the court. This summer, Larranaga is getting specific with him: "Needs to be more aggressive offensively, and needs to dramatically improve his defensive rebounding," Larranaga said. "He's big, he's strong, he jumps really well, he's got long arms. He should be a good rebounder."

What can Murphy bring? I watched Kamari Murphy at a practice last month and came away thinking he can really help UM. He's fluid, covers a lot of ground quickly and can guard multiple positions. At 6-8, he is also perhaps the best leaper on the team. Larranaga's assessment: "As a defender, as a rebounder, as a run-and-jump athlete, running the court and scoring in transition, his ability to guard ball screens and switch onto smaller players, those will be assets for us."

The former Oklahoma State forward, who sat out last year after transferring, needs to improve his shooting. But a large, athletic four-man is a player UM would have loved to have had last year. Since he's a redshirt junior, they'll get him this year and next year. He and junior guard Davon Reed will be the elder statesmen next year.

Will the freshmen contribute? Unless someone arrives late, UM's freshman class consists of center Ebuka Izundu (6-10, 210) and guard/forward Anthony Lawrence Jr. (6-7, 185). Larranaga said he won't really know what they can bring until November, when he's tried them at multiple positions. Like Jekiri four years ago, Izundu is a project who needs to add size and strength. If he plays this year, it'll likely be at the 4. Lawrence is a face-up player with good handles, Larranaga said, who guarded four positions in high school. It seems he might start at the 3.

Staff roles: Chris Caputo remains Miami's "defensive coordinator," and new hire Jamal Brunt will take over Eric Konkol's role coordinating the offense. Adam Fisher will be the scout team coordinator and help Larranaga coach UM's big men. Larranaga said he's very happy with how the crew is working together. "I had great confidence in my former coaches and I have great confidence in these guys," he said.

Summer check-in, Part I: Larranaga talks recruiting

Palm Beach Post
Matt Porter
July 10, 2015

What's Jim Larranaga up to these days? Not relaxing on the beach with a book, that's for sure.

Right now he's in the thick of summer showcase season, which takes him to gyms in Charlotte and Atlanta and North Augusta, S.C., where hundreds of college coaches are permitted to evaluate the nation's top recruits, under the banners of Under Armour, Adidas and Nike, respectively.

He's also thinking about this year's team, which has worked through a couple rounds of summer conditioning and is taking a short break before the next. We're a little ways from Nov. 19 – when he and the Hurricanes will be in Puerto Rico for a tip-off tournament along with Butler, Minnesota, Mississippi State, Missouri State, Temple, Texas Tech and Utah – so much is still unknown. Unlike last year, when all but three players in the lineup were new, this fresh set of unknowns is slightly less challenging. All but three players from last year returns this fall.

Between Larranaga's recruiting calls and staff meetings Wednesday, he chatted about some areas of (my) interest.

In Part I, we'll talk recruiting. In a much longer Part II, coming Friday, we'll discuss players already on the roster.

* * * *

Recruiting: NCAA regulations prohibit coaches from publicly discussing unsigned recruits, but Larranaga said generally speaking, UM is looking for the best available players at any position for 2016. There's a lot of room. Guards Sheldon

McClellan and Angel Rodriguez, center Tonye Jekiri and forward Ivan Cruz Uceda will graduate after this season, and UM may not be able to fill its remaining open scholarship for 2015.

"We're going to look for a team," Larranaga said. "A group that fits well together. We need guards and we need bigs. We've got plenty of playing time available."

Every basketball recruiting class has a select group of players that are clearly NBA-bound. Though Miami has certainly not recruited poorly under Larranaga, the Hurricanes have found it tough to compete for those elite-of-the-elite players, against programs like Duke, Kentucky, North Carolina, etc. Can Larranaga get in the game for a top-25 player?

"I cannot predict, nor will I," he said. "Recruiting is bizarre. There's no way for me to forecast what might possibly happen. Things change every single day."

In a previous conversation, Larranaga said he wants to land one or two elite players from Florida every cycle.

While the focus is mainly on 2016 and subsequent classes, Miami has one scholarship left for this fall. That spot, if it is filled, could be taken by an unsigned high school player, a signee who asks out of his letter of intent, upperclassman transfer, or an overseas player. While the market seems dry at the moment, Larranaga pointed to Brooklyn Nets guard Shane Larkin, who signed with DePaul in 2011 and attended summer classes, but asked for a release in August.

His existing relationship with Larranaga, who previously recruited him as George Mason's coach, was one of the reasons he chose Miami. Out of nowhere, the Hurricanes landed a player who led them

to the ACC title two years later.

"You're never out of the recruiting business," Larranaga said. "You're always looking for guys. You never know when a player will materialize."

James Johnson reunites with former boss at Miami

Daily Press
David Teel
June 28, 2015

Constant competition and occasional backstabbing aside, coaches are a tight bunch. So when a fraternity member is out of work, invitations abound: attend games; observe practices; participate in staff meetings.

James Johnson took full advantage of those opportunities after his March 2014 dismissal as Virginia Tech's basketball coach. Out of the business for the first time since his playing days at Ferrum College more than 20 years ago, Johnson visited with colleagues such as Richmond's Chris Mooney, Georgetown's John Thompson III, UNC Wilmington's Kevin Keatts and Maryland's Mark Turgeon.

Courtesy of Michael Hazel, Penn State's director of football operations and a former colleague at Elon, Johnson even spent a week inside the Nittany Lions' football program, just to see how head coach James Franklin runs his organization. During that time with Penn State, Johnson also encountered Florida State coach Jimbo Fisher and Old Dominion's Bobby Wilder.

All the experiences confirmed to Johnson's mind what his heart always knew: He wanted to return to coaching.

As Miami big whistle and Johnson confidant Jim Larranaga said: "I knew he was dying to get back in."

Fittingly, Larranaga made it happen, hiring Johnson, 43, as the Hurricanes' director of basketball operations.

Fittingly because Larranaga and Johnson both are basketball lifers, addicted to the job and game, motivated by their players' best interests. Fittingly because they shared George Mason's ride to the 2006 Final Four, Larranaga as head coach and Johnson as assistant coach.

"It was a good situation for me because, and I've had some opportunities at other places, but this was a good situation for me because one, I know Coach L," Johnson said. "I know how he is, what he likes, what he doesn't like, how he likes to do business. And two, we're going to have a good team. I'm familiar with the players (here) and in the ACC."

Led by guards Sheldon McClellan and Angel Rodriguez, the Hurricanes return their top four scorers, and eight of their

top 10, from last season's NIT finalists. That's a luxury Johnson did not have in his two years as Tech's head coach.

Johnson went to Blacksburg in 2007 as an assistant to Seth Greenberg. He had worked at Mason only two years and considered Larranaga a mentor, but the move from the Colonial Athletic Association to the ACC was irresistible, especially with Larranaga's encouragement.

Absent head-coaching experience, and with the Hokies coming off a last-place ACC finish, Johnson was a risky choice to replace Greenberg, whom then-athletic director Jim Weaver turfed in 2012. With Johnson unable to elevate Tech in the standings, and with the school hiring a new athletic director (Whit Babcock) and president (Timothy Sands), Johnson realized what was next.

"I came early to accept what happened," he said of his firing. "One of the things I learned is when you're a head coach ... or a CEO or athletic director, you have to make decisions, and a lot of them are tough decisions. I think Whit made a decision that he thought was best for the basketball program at Virginia Tech and the athletic department at Virginia Tech.

"At the end of the day, I understood. ... I've been in it long enough to know, you have a change in athletic director, a change in president and with the two years we had. We had a good start to the first year but didn't finish strong, and the second year we had some young kids, and we thought (when) they grew up a little bit we'd have a chance. But the decision was made, and I learned to move on."

Out of respect for his successor, Buzz Williams, Johnson said he refrained from contacting Tech players during last season. He texted Will Johnston, Christian Beyer and Joey van Zegeren when they graduated, and reached out to Ben Emelogu, now at Southern Methodist, when Emelogu injured a knee.

Johnson bunked in Northern Virginia during his year away from coaching and already has relocated to Coral Gables, Fla. He remains incurably upbeat, grateful and disciplined — we spoke at 7:30 a.m., by which time he had worked out, showered and was on the job.

"I started coaching when I was 21 years old," Johnson said. "I graduated in May (1993), and I started coaching at my

school, Ferrum College, in August, and I'd coached ever since up until last year. Just being away from the game, not being part of a team, part of a staff, which is a family atmosphere to me. I missed that. And then the competitive part of it, the games, the practices, the game-planning. That was difficult for me."

Johnson and Larranaga spoke frequently during Johnson's time at Tech and year in exile. This offseason, two Miami assistants became head coaches, Eric Konkol at Louisiana Tech and Michael Hugar at Bowling Green, affording Larranaga a chance to help his protégé.

Larranaga hired Jamal Brunt from Richmond and promoted operations director Adam Fisher to fill his two vacancies before tabbing Johnson for Fisher's ops gig.

"J.J. and I have been friends for 10 years," Larranaga said. "He was really the only guy I considered for the position."

Operations directors are not allowed to recruit off-campus or instruct on the court during practice. But Larranaga believes Johnson will be an ideal teacher and example for Fisher, who is new to those roles.

In addition to mentoring Fisher, Johnson will coordinate recruiting visits, assist in game-planning and evaluate practice and game video. All while working for one of college basketball's brightest minds and most effective strategists.

So while Johnson certainly aspires to run another program, he's in no hurry to leave Miami. The Hokies and Hurricanes play twice each season under the current schedule rotation, giving him an annual trip back to Cassell Coliseum.

Coach as long and move as frequently as Johnson, and such reunions are inevitable. But this one will be different. Tech was Johnson's home for seven years, gave him his first head-coaching job and excused him two years later. He counts many friends among Hokie Nation.

"I don't know," Johnson said, "how weird it will be."

Perhaps not so much. Disappointed as Tech faithful were in Johnson's tenure, surely they realize the game needs more men of his character.

James Johnson happy to join Miami staff

The Roanoke Times

Mark Berman

June 24, 2015

James Johnson is returning to college basketball — and to the ACC.

Johnson, who was fired as Virginia Tech's men's basketball coach in March 2014, is the new director of men's basketball operations for Miami. The Ferrum College graduate was out of basketball last season.

"I've coached since I was 21 years old, so I wanted to get back in the gym, be a part of a team," Johnson said in a phone interview Wednesday, one day after his hiring was announced. "I'm blessed to be back in the business."

The move reunites him with Miami coach Jim Larranaga. Johnson was one of Larranaga's assistants at George Mason from 2005-07, helping the Patriots reach the 2006 Final Four.

As director of basketball operations, Johnson will be handling administrative tasks, watching film and practices, participating in meetings and sitting on the bench during games. The role does not permit him to coach in practice or to go on the road to recruit.

Johnson, 43, spent the past year observing practices, games and staff meetings at Maryland, Richmond, Penn State, Georgetown, George Washington and UNC Wilmington.

"I learned a lot," he said.

But it was hard for him to watch games, either on TV or in person.

"It was just tough to watch, knowing that you've been on the sideline for 22 years and then you're not," he said.

Since his dismissal, Johnson divided his time between the Fairfax home he still owned from his years at George Mason and spending time with family in the Richmond area.

Johnson was a Tech assistant for five years before being hired by then-Tech athletic director Jim Weaver to replace Seth Greenberg as coach. Johnson went 22-41 in his two seasons at the helm of the Hokies before being fired by Weaver's successor, Whit Babcock.

"For me to have been a head coach ... I'm very thankful for that opportunity," Johnson said. "[Babcock] came in and he did what he thought was the best thing for the program.

"Down the line, I'd like to have that opportunity again."

Johnson was replaced by Buzz Williams. Two of the freshmen on Williams' team last season — Justin Bibbs, who has made the U.S. under-19 national team, and Jalen Hudson, who had a big game in the ACC Tournament — were Johnson signees.

"When they were recruited to Virginia Tech, we knew they were talented," Johnson said. "Buzz has done a great job with those guys."

Eight of Johnson's former players have exited the Tech program since Williams was hired.

"That's the nature of the business," Johnson said. "Buzz, he's got a ... style of play and he has a certain type of kid that he wanted to get in and that's just how it goes."

James Johnson named Miami director of basketball operations

Palm Beach Post

Matt Porter

June 23, 2015

James Johnson's last game as a head coach was against the Hurricanes. His return to basketball will be with the Hurricanes.

UM coach Jim Larranaga hired Johnson, formerly of Virginia Tech, as his director of basketball operations, giving his young staff of assistants an experienced mentor.

"JJ and I have been good friends for 10 years," Larranaga said in a press release, adding that he has "always respected his knowledge, work ethic and genuineness."

Johnson, 43, was on Larranaga's George Mason staff from 2004-06 and left the Patriots after their Final Four run 2006. He was an assistant for five years at Virginia Tech and before being promoted to head coach.

His run in Blacksburg was short-lived. Johnson went 22-41 in two seasons — 6-32 against league opponents — before he was fired. His last game as a head coach was March 12, 2014 in the first round of the ACC tournament. Miami beat the Hokies 57-53.

"I don't know in the history of the ACC if there's ever been a coach who was given two years to prove himself," Larranaga said recently of Johnson. According to one report, there hadn't been one in 40 years.

"It would be one thing if the cupboard was full," Larranaga added.

After he was promoted to replace Seth Greenberg as coach, Johnson lost two centerpieces of his future with the Hokies. Freshman Dorian Finney-Smith transferred to Florida and signee Montrezl Harrell

flipped to Louisville. Both were key players for championship-caliber programs and likely have NBA futures.

Johnson, who played at Ferrum College in Virginia, takes over for Adam Fisher, whom Larranaga made a first-time assistant coach at age 31. UM also hired former Richmond assistant Jamal Brunt, 34 this offseason. Larranaga, who had largely the same staff for the last decade, lost longtime assistants Michael Huger and Eric Konkol this spring. Chris Caputo, 35, is the only returning assistant.

State of the U Catches Up with Coach L

State of the U
Jerry Steinberg
June 18, 2015

In the four years since Jim Larranaga took over the program, the Hurricanes have won an ACC Regular Season & Tournament Title, appeared in the Sweet 16, made an NIT final appearance, been consistently competitive in the power house ACC, and probably should have appeared in two more big dances.

Heading toward 2015-16, Coach L and the 'Canes have a talent laden roster.

How successful can this team be next year? Who are the key performers?

For all that and more we sat down with Miami's very enthusiastic and successful skipper.

SOTU: Coach, you have an activity you did once with George Mason in 2004, and once last year with UM, where you have players release butterflies. Can you tell us a little more about that, and what it symbolizes?

Coach L: Well we try a lot of different motivational techniques. We try different ones each year. The idea of the butterflies actually came from my brother, Bob. In a conversation more than 10 years ago he was telling me that at weddings they release butterflies. I asked him what the significance was and he said the old Native American Indian theory was that butterflies when released fly together to a particular destination. And the butterflies were a sign of good fortune and that when people got married they were traveling together to a set destination. And hopefully they would enjoy good fortune and success on their journey. When he told me the story I researched it. I found out what it was all about, and we did it one time at George Mason and the players loved it. And we did it last season as well here at Miami, where we had a lot of new guys, and we wanted them to bond. The reason we did it was to tell them that they were on a journey together, and we wanted them to have a good time together.

SOTU: Can you please talk about some of the staff changes that the program has undergone this offseason? Can you talk about who you've lost, what it means, and who is replacing them?

Coach L: Well first of all, what we tell our players and coaches all the time is, my job as the Head Coach at the University of Miami is to help my assistant coaches and to help my players achieve their goals. And their job is to help me and our program achieve our goals. And one of the goals of every assistant is to become head coach one day. Michael Huger who was one of my former players, and an assistant with me for many years, was given a chance to go back to his alma mater Bowling Green. He was thrilled and it is a great opportunity. A month later Coach Erik Konkol who had been with me for 11 years, got the Head Coaching job at Louisiana Tech. Louisiana Tech is a program that has been at the top of Conference USA for a number of years. So those opportunities do not come along very often. What we did was we elevated Coach Chris Caputo, who has been with me 14 years, to associate Head Coach. That gives him a little more responsibility. We also hired Jamal Brunt, who was an assistant coach at the University of Richmond, to replace Coach Huger. Jamal is someone who did a fantastic job at Richmond and is someone I have gotten to know over the past 7-10 years, and I think he is going to be a great addition and a great role model for our young players. We then elevated Adam Fisher, who had been our director of basketball operations, to take Coach Konkol's position. Adam did a great job in the Ops spot, and now is getting a chance to help us full time in recruiting and on the court coaching for the first time in his career. He was replaced in the Ops spot by James Johnson, who was a former assistant of mine at George Mason, and also the Head Coach at Virginia Tech for two years. He brings wealth of experience to our program.

SOTU: Angel Rodriguez did some incredible things in his first year in Miami, but was also up and down. What do you think Angel needs to do this coming season to help the program?

Coach L: Angel impacts the game in so many ways. He is a terrific leader on and off the court. He's an

outstanding shooter when he is on, and has the capability of scoring in the 20's. Angel also can shoot the ball from long range, has great moves to the basket, and can find the open man very well. He's a great on the ball defender as well. His only issues this past season were two things. One he was a little inconsistent at the times where I thought he was trying to do too much, and two he got hurt toward the end of the season when he injured his wrist against FSU. If he did not sustain the injury, our season might have ended up even better. I think what he needs to be is just focused. I think again that sometimes he put so much pressure on himself that at times he did not make the same decisions as when he was really sharp. Players don't play the same way every time out. If you watched the NBA Finals you saw a guy like Timothy Mozgov went for 28 one night and only played 9 minutes the next. Even Steph Curry went like 4-16 in game 2 and then in game 5 goes for 37 points. Players don't always play the exact same way. What we need is for our players to play a little more consistently. And that's what we need Angel to do, make consistently good decisions.

SOTU: Tell me about Davon Reed. By season's end he seemed way more aggressive. What can we expect from him this coming season?

Coach L: I think Davon has an outstanding sophomore season. And the incredible thing about it he injured his knee in September and the Doctor said he would miss 4-5 months. He was able to come back in December, and he was a little rusty. It took him maybe 4 weeks to shed the rust, but he had a heck of an ACC campaign and he just keeps getting better.

SOTU: Can you talk about Oklahoma State transfer Kamari Murphy, who after a year with the team practicing will be eligible this year?

Coach L: Kamari is very athletic. He's about 6'8 and can run the floor extremely well, and can jump extremely well. He's a very good rebounder at both ends of the court. He has the potential to be an outstanding defender, and he's going to add a lot of athleticism to our front court.

SOTU: How about incoming freshman Anthony Lawrence Jr.?

Coach L: Anthony goes by the name "Little Amp" or just "Amp." He is a very versatile player. His dad, who played for the University of Miami, was also his high school coach. His dad is about 6'9 and Amp is about 6'6 or 6'7 and about 200 pounds, but he may grow a little more. We're not sure exactly what position he's going to play. He might be a three, he might be a four. But he handles the ball very well, so eventually he might end up in our back court. He played point guard in high school. I don't think he will play PG for us initially because a lot of times when you play point you match-up with point guards on defense. He'll handle the ball a lot because of his skills, but he'll likely guard the 3 position on defense.

SOTU: What can we expect from sophomores to be JaQuan Newton, Omar Sherman, and James Palmer?

Coach L: I think JaQuan Newton took a major step forward during his freshman year. We do want him to become a better three point shooter though, and he is working on that during the off season. James Palmer is a very versatile player, and a very smart player. He can shoot, handle, and pass, but we need him to be a better and more focused defender. Omar Sherman can really shoot the three and has a nice post up game. A guy of his size at 6'8 260 pounds, really needs to focus on rebounding and defense though. If Omar can become better at defending, especially the ball screens, and rebounding his position he could have a tremendous sophomore campaign.

SOTU: Flat out, is Tonye Jekiri the most underrated player not only in the ACC but maybe the country?

Coach L: Tonye has improved dramatically over the course of his career here. And hopefully he will take another major step forward this coming year. He is going to be a senior and he led the conference in rebounding last season. We are trying to get him to become more of an offensive threat. He has a very nice shooting touch, and he has gained more and more confidence in that. Now he has to find ways to free himself inside to make

more shots. If he does that he should have a sensational senior campaign, and average a double-double.

SOTU: How important will it be to have Tonye around for incoming big man Ebuka Izundu's first year in the program?

Coach L: Ebuka will make a very nice transition primarily because Tonye's a great role model and they will get along well, and he will learn a lot from Tonye. But he will also have guys like Kamari Murphy, to show him some things defensively, and Omar Sherman who can help him with his shot especially given they are both left-handed. He's going to have very good role models to work with.

SOTU: Sheldon McClellan have a fantastic first year in Coral Gables. Can we expect even more from him this coming season?

Coach L: I am going to expect more from Sheldon. He got very, very good by the end of the year just by believing in himself. The coaches always had tremendous confidence in him. He is a great athlete, incredibly skilled, and a wonderful young man. We just need him to be as aggressive as possible. There were games where he wasn't quite as aggressive as we'd like last year. He's at his best when he is attacking and looking to score in double figures.

SOTU: Coach, what do you think the identity of this team will be in terms of style of play?

Coach L: We are going to want to run more than we have at any point in our first four seasons, primarily because our team is built that way. But also with the shot clock now at 30 seconds, it will dictate a faster game for us naturally. We are going to have a quicker front court. When you add guys like Kamari, Ebuka, and Amp, you add three very good athletes to the program. They can all run and they can all jump. We expect to be better defensively. Defense was an area of weakness last year. We were in the top 75 teams defensively, but to accomplish our goals we need to be in the top 25 defensively.

SOTU: How satisfying was it to watch Duke cut down the nets? Did it prove that Miami should have been in the NCAA Tournament given that UM defeated Duke at Cameron?

Coach L: Well I definitely think we deserved to be part of the field. I was very impressed by the job Coach Mike Krzyzewski did, because when we played them I think we exposed some things that they needed to adjust to improve as a team. And Coach K made those adjustments. His team dramatically improved, and he was playing with 4 freshman, who were key to their run. The way they played offensively and defensively in March and April was very, very impressive.

SOTU: What is the focus for recruiting this coming year given the program will lose Angel, Sheldon, Tonye, and Ivan Cruz Uceda as well?

Coach L: Well recruiting is like breathing, you have to do it everyday and you have to do it a lot. So my coaching staff has been very busy. But we've gotten great response from the young men that we've talked to. They seem to have a great deal of interest in the University of Miami. We won't really know anything before September. I know a lot of teams in the ACC are getting commitments now, but we do not anticipate anything like that. But we do think we are in good enough shape we should get some in September.

SOTU: Last but certainly not least, how important it is in this coming year with the team looking to have everything in place for a big year, for the fans to come out and fill the Bank United Center consistently?

Coach L: I think the Bank United Center is a fantastic home court, when the arena is packed. When our pep band is playing, and the student section is waiting on line to get to best seats, it's incredible. Every time we have sold out the BUC, our team has responded and had a great performance. So it is very, very important that we get that consistent support. Starting in non conference, we are playing some great opponents, including our game against Florida. We need our students and our community to get behind this team, because we feel like this can be a very special season.

Observations: Miami an ACC Contender?

CBS Sports

Jon Rothstein

June 12, 2015

2. Miami should be viewed as an ACC contender entering next season

It's not an oversight, it's an insult. Other than North Carolina, Miami returns more starters from last season than any ACC team that finished in the top six of the conference standings. Yet when people talk about the top squads in this league heading into next year, you rarely hear the Hurricanes in the conversation. That's a mistake. Jim Larranaga's squad doesn't just have the majority of its nucleus back from a 25-win season, it adds a legitimate starter at power forward in Oklahoma State transfer Kamari Murphy. Another thing about Miami? It's an old team. Angel Rodriguez and Sheldon McClellan are two returning perimeter starters who will be fifth-year seniors and both have been through the gamut. Meanwhile Murphy and Tonye Jekiri are the team's two projected starters in the front court and both are in their fourth year of college basketball. If you're not going to be able to recruit like Duke, Louisville and North Carolina, you better be experienced and savvy. That's the exact model Larranaga has used in Coral Gables. Anything other than projecting the Hurricanes as a Top-25 team and a legitimate contender at the top of the ACC isn't accurate.

Former Coach Bill Foster, Dies at 79

Palm Beach Post

Matt Porter

May 27, 2015

Bill Foster, whom the Hurricanes chose to lead their basketball revival in the mid-1980s, died Wednesday, UM confirmed. He was 79 and had been battling Parkinson's disease, according to a report.

In 1984, Athletic Director Sam Jankovich tabbed Foster to take over a program that had been dormant for 14 seasons. At the time, Foster, a native of Palatka, was 47 and had spent the previous nine years at Clemson, reaching the Elite Eight in 1979-80.

Given a year to prepare, Foster built his program from a converted storage closet in UM's sports information department. His team practiced on outdoor courts used by the rest of the student body. He referred to his team as the "F-Troop," in reference to the short-lived 1960s sitcom about a rag-tag band of soldiers.

Foster spent five seasons in Coral Gables, as players such as Tito Horford, Eric Brown and Dennis Burns played in the Knight Center and later, the Miami Arena. In Foster's tenure UM scored its first win over a top 20 program, beating defending national champion Kansas in Jan. 1989, and raised its profile enough to earn an invitation to the Big East.

After posting two winning seasons and a 78-71 overall record — including a 19-12 mark in 1988-89 — Foster left UM for Virginia Tech in 1990. He coached the Hokies to an NIT title in 1994-95 and the following season reached the NCAA tournament for the second time. He retired in 1997.

In a 30-year career as a head coach, Foster, who is credited with establishing

basketball at Shorter and guiding Charlotte during its first years as a Division I program, went 523-324.

Among the notable players Foster recruited: Cedric "Cornbread" Maxwell at Charlotte, and Larry Nance, Horace Grant and Harvey Grant at Clemson. His first UM recruit was Tim Harvey, a 6-foot-10, 240-pound center who transferred after two years at Georgia Tech.

UM coach Jim Larranaga, who first crossed paths with Foster while Larranaga was a Virginia assistant, said he hadn't spoken to Foster in several years but remembered him as a fine coach and "a great guy." One of Foster's first hires at UM was Seth Greenberg, who was a Virginia assistant alongside Larranaga.

UM names Adam Fisher assistant basketball coach

Palm Beach Post

Matt Porter

May 21, 2015

UM coach Jim Larranaga chose to elevate Adam Fisher to assistant coach, he told the Post on Tuesday afternoon.

Fisher, Larranaga's director of basketball operations for the last two seasons, will replace Eric Konkol, who spent 11 seasons under Larranaga at George Mason and UM before taking the Louisiana Tech head coaching job Monday.

Larranaga said former assistant Michael Huger, who recently left UM for the head coaching job at Bowling Green, had his eyes on snatching Fisher.

"That confirmed in my mind how the other coaches on my staff felt about him," Larranaga said. "He's done a great job in the role that he's had. He's a tireless worker. He gets along well with everybody. He's made a lot of friends since coming here. Even my fantasy campers rave about him. So, when Michael reached out to him, I did not want to lose him."

Fisher, 31, does not have coaching experience, but Larranaga praised his ability to motivate, communicate and teach the game during summer camps. Fisher, in his previous role, was not allowed to coach, but performed administrative duties and sat in on meetings.

Fisher, new hire Jamal Brunt, 34, and holdover Chris Caputo, 35, comprise one of the youngest staffs in the ACC, if not all of Division 1. But Larranaga, who was the youngest Div. 1 assistant coach when Davidson hired him in 1971, and got his first ACC job at Virginia at 29, has no qualms about that.

"The guys I've hired over the years, both

Div. 1 and Div. 3 players, I haven't found there to be a difference in their ability to do the job that I've hired them to do," he said.

"I'm looking more at the person. Is this guy the kind of role model I'm looking for, for our players? Is the kind of mentor and teacher who can help them develop?"

"You don't have to be a great player to be a great coach. Just ask Gregg Popovich."

Fisher, a native of Jamison, Pa., is a Penn State grad (class of 2006) who returned for two seasons as a video coordinator (2011) and director of player development (2012). Before that, he spent two years at Villanova as a graduate manager (2007-09), working on his master's in education leadership degree. He was also an assistant recruiting coordinator during that time.

Larrañaga loses two assistants; Meier hires two

Miami Herald
Michelle Kaufman
May 18, 2015

University of Miami men's basketball coach Jim Larrañaga will begin the 2015-16 season without two of his three longtime assistants by his side.

On Monday, Eric Konkol was named coach at Louisiana Tech, replacing Michael White, who went to the University of Florida to fill the vacancy left by Billy Donovan's departure. Last month, Michael Huger was hired away from UM as coach at his alma mater, Bowling Green. Larrañaga's lone remaining assistant from his George Mason staff is Chris Caputo.

"Eric Konkol is one of the brightest young coaches in the college game," said Larrañaga. "His intelligence, energy, enthusiasm and commitment to academics are at the highest level. His knowledge of the game, his ability to recruit outstanding student athletes, and his ability to communicate with those players will make him highly successful as a head coach.

"The players at Louisiana Tech are going to love this guy, just like our Miami players did."

Konkol had been with Larrañaga the past 11 years — four at UM and seven at George Mason.

"Eric has a national reputation as a great recruiter, a rising star and a coach with a highly intelligent basketball mind," Louisiana Tech athletic director Tommy McClelland said.

Huger spent eight seasons on Larrañaga's staff.

"He's an outstanding X-and-O man, a terrific recruiter and a real family man,"

Larrañaga said. "He will bring Bowling Green to new heights."

Meanwhile, 6-10 center Ebuka Izundu of Charlotte, North Carolina, signed a letter of intent to play at UM. He averaged 21 points, 15 rebounds and six blocks for Victory Christian Center School. He originally committed to Charlotte but got a release. He chose UM over Arkansas and Cincinnati.

"Ebuka Izundu is a young man from Nigeria who is fairly new to the game of basketball," Larrañaga said. "Like Tonye Jekiri coming out of high school, he is 6-10, 205 pounds and has the potential to develop into an outstanding frontcourt player."

There have also been changes on the women's basketball staff. Coach Katie Meier hired two new assistants — Fitzroy Anthony from FAU and 19-year veteran Tia Jackson from Rutgers.

Anthony, a former AAU and Coral Springs Charter School coach, is well-connected in recruiting circles.

"I am extremely humbled, working for the University of Miami has always been a dream for me, being a South Florida guy," said Anthony, who moved to Boca Raton at age 12 from Antigua.

"Fitz is a rising star in this profession. He works hard, is extremely loyal and has a passion for the game that is unmatched," Meier said. "His energy and work ethic will make an immediate impact on this program. ... Fitz will help us make huge strides in recruiting, as he has worked his way up the ranks in Florida via both the high school and AAU levels.

"Most importantly, Fitz has always wanted to be a Miami Hurricane."

Jackson, a former Rutgers player, spent four years as head coach at Washington. She replaces Darrick Gibbs, who left to become coach at North Florida.

"Tia is an incredibly significant hire for me personally and for this program," Meier said. "We have positioned Miami as one of the nation's elite basketball programs, and hiring Tia pushes us over the top.

"She's a tremendous recruiter, terrific with her X's and O's, and brings head-coaching experience that will enhance our program."

How long will Larranaga coach the Hurricanes?

Palm Beach Post

Matt Porter

May 12, 2015

The question isn't a pressing one, because Jim Larranaga is clearly still going strong. Recent evidence of this came at a booster dinner in Orlando last week.

With his booming Bronx-accented voice, Larranaga stole the show. He had a room full of Hurricanes boosters clapping and cheering after giving an impassioned speech about the importance of giving — how money leads to facilities, which leads to recruiting, which leads to winning.

His team made the NIT championship last year, and returns all but three players. Miami has never recruited at a Duke, Kansas or Kentucky level, but Larranaga has held his own — especially given the program's recent NCAA battles.

The question is worth asking, though, since Larranaga, who turns 66 in October, will retire someday. UM Athletic Director Blake James isn't ready to guess when someday will come.

"He's going at 100 percent," James said Tuesday at Amelia Island during the ACC's spring meetings. "If the time comes that he's no longer at 100 percent, that's where I have to have a conversation with him. To me, there's no indication that time's coming any time soon. The energy he has, his success on the court, in the classroom, and in life. The young men he brings into that program, the mentoring and leadership he gives them — he's got plenty of energy."

Entering his fifth year at Miami, Larranaga is 91-49 (.650) with one NCAA tournament appearance and one ACC title, the program's first. He has won 20 games in three of four seasons. One of the things

that got the Orlando boosters cheering: he is 3-2 against Duke, including last year's 16-point win in Durham, the only home loss suffered by the eventual national champion.

Before coming to Miami, Larranaga put George Mason on the national map with a Final Four appearance in 2005-06 and 13 winning seasons in a row.

Only Bruce Hale, who went 220-112 (.663) from 1954-67, has a better winning percentage among UM coaches with more than 100 games. Only Leonard Hamilton (1990-2000) has more NCAA tournament experience; he suffered four losing seasons before making the dance in his final three years at UM.

"It would be impossible for me to guess a year," James said. "I guess what I would say from my side, the evaluation happens when it becomes apparent he's not going 100 percent anymore. Until then, I have 100 percent confidence in everything he's doing."

Getting the Scoop on Freshman to Be Amp Lawrence

State of the U
Jerry Steinberg
April 29, 2015

It only takes a few brief looks at 6'7 freshman G/F Amp Lawrence to fall in love with his game.

He can shoot, handle, defend, dunk on 7 footers, and absolutely loves to throw up "The U."

What more could you want in a freshman player? Obviously he has a lot of work to do to be a big time contributor in the ACC, but a strong foundation is already there.

To learn more about Amp's game, we sat down with his Coach and Dad, Anthony Lawrence Sr.

On Amp's game as a whole:

The best description I've ever heard describing Amp's game, is "Swiss Army Knife," because he can basically do it all. He averaged 30 points a game for us, 12 rebounds, and 5 assists this past season and had a fantastic senior year. He is really able to score. He finished his career with over 2,000 points in high school. But more than anything, he really, really enjoys passing the ball. Amp shoots the ball very well, but he was also our point guard this year, as we didn't have another point guard. That tells you a little more about his versatility. He's a really good and intense on the glass. He gets off the floor very well and can block shots easily. Basically he can do anything you need on the floor.

On what Amp needs to work on:

I think like any high school player moving up to the next level, defense is of course is something he needs to work on. All freshman need to work on defense. He also needs to continue to build on the skills he already has and improve all around. Also in high school he could do a

little of everything because of his physical advantages, but at Miami he will have to hone in on one particular skill. We'll have to see what that turns out to be, He can also improve how he shoots the three. But overall, mostly just being more intense. He's on the right path. he has the right mind set. He goes to the gym everyday and shoots and trains and works very hard to improve his all around game.

On why his son chose UM:

Coach L. Right off the bat. Coach Larranaga. Anthony (Amp) was looking around at a lot of schools. It wasn't just Miami. Texas, USC, and Texas A&M as well as Florida were all looking at Amp. But we really got to know Coach Larranaga and the type of person he is. Between that and his coaching style it was a fit. Coach L was the biggest reason, way more than even me being an alumni, that Amp chose Miami. He really likes Coach L.

What can Hurricanes fans expect from Amp next year:

It's hard to say what a freshman coming into a situation like the one at the University of Miami can do, especially with all of the talent they return. He might get off to a quick start or he might struggle. But I think he'll be given a chance to be a part of the rotation. I think he can definitely help on the inside. He's big enough at 6'7 to play a smaller 4. He handles the ball and shoots the ball well enough to play in the back court, but inside might be where he contributes early on.

Additional Notes: I asked Lawrence Sr. about how his game compared to another jack of all trades, Davon Reed, and the elder Lawrence liked the comparison. He felt his son had a long way to go to compare to Reed but physically was similar, even though Amp is actually a touch bigger/thicker than Reed.

How non-tourney ACC teams can bounce back

ESPN

John Gasaway

April 21, 2015

My colleagues at ESPN.com are in the process of looking ahead at what next season may bring in the ACC, and I've decided to pitch in and help out on hat score. That being said, you'll notice I'm seeing this particular glass as half-empty rather than half-full. For now I'll leave it to other observers to fret about what the future will hold for heavyweights like Duke, Virginia or North Carolina. Today I want to look at how the ACC's other half lives, so to speak.

Here are the ACC teams that missed the 2015 NCAA tournament (listed in the order in which they finished in league play). At the risk of being rude, if you're missing the tournament there's a problem -- so for each program I've offered one number that speaks to the main issue that needs to be addressed.

Miami Hurricanes

Problem number: -0.04

I don't want to be too hard after the fact on an inexperienced Miami team that no one expected to do much last season. This is, after all, a group of Hurricanes that beat eventual national champion Duke by 16 at Cameron Indoor Stadium. You won't often see a team go 10-8 in the ACC only to be left out of the NCAA tournament, but the fact that the Canes lost to Eastern Kentucky by 28 in Coral Gables likely had a good deal to do with that particular snub.

Still, to the extent that Jim Larranaga could pinpoint one performance factor behind his team's trip to the NIT, it may have been the fact that in ACC play the opposing teams actually shot better

from the field (posting 50.4 effective FG percentage) than did Miami (50.0). Better defense from Sheldon McClellan, Angel Rodriguez and Tonye Jekiri can erase this shooting differential and put Miami back in the tournament again (last trip: 2013).

Observations: Miami Fine Despite Transfers

CBS Sports

Jon Rothstein

April 16, 2015

2. Miami is beyond fine for next season despite losing two transfers: The Hurricanes lost two players in the past week --- Manu Lecomte and Deandre Burnett --- who were quality pieces in Miami's rotation, but also replaceable ones. The truth is this: the Hurricanes had seven capable perimeter players for three spots this past season and now they have five. This team will have better role allocation next year as a result and should be a Top 20 squad nationally and one that could legitimately compete for a spot in the top third of the ACC. The recent departures at Duke, Louisville, and Notre Dame have opened up the conference after North Carolina. Expect the Hurricanes to take advantage. Jim Larranaga has five quality perimeter pieces in Angel Rodriguez, Ja'Quan Newton, Sheldon McClellan, Davon Reed and James Palmer while Tonye Jekiri, Omar Sherman, and Ivan Cruz Uceda return on the interior. The X-Factor for this group? Oklahoma State transfer Kamari Murphy. The 6-9, 220-pound power forward averaged 6.1 points and 6.3 rebounds two years ago in the Big 12 and immediately fills a void for Miami. The Hurricanes were probably one win short of reaching the NCAA Tournament and wound up finishing in the NIT where it lost to Stanford in the finals. That won't happen a year from now. This squad is poised to reach the field of 68 in 2016.

A Hale of a Coach: Rick Barry about father-in-law Bruce Hale

College Hoops Daily

Jon Teitel

March 8, 2015

Miami will need to score a few more points this week as they try to get off of the bubble and into the tourney. 50 years ago the Hurricanes were an unstoppable offensive machine thanks to Coach Bruce Hale and star scorer Rick Barry. After spending the winter of 1965 leading his team to an NCAA record 98.4 points per game, Barry spent the summer enjoying married life after his wedding to his coach's daughter Pam. Hale played pro basketball before becoming a college coach and later got back into pro basketball as coach of the ABA's Oakland Oaks, but is best known for his 12 straight winning seasons at Miami. Hale passed away in 1980, but CHD's Jon Teitel got to chat with Barry about his relationship with Hale both as a player and as a son-in-law.

Bruce was nicknamed "Slick" due to the way he combed his hair: who gave him the nickname, and how did he like it? I think he got it back in his playing days: his hair was always kind of slicked back.

As coach at Miami he sent you a full scholarship on the advice of scout Buzzy Fox: what did it mean to you to have a coach recruit you without ever having seen you play? I had about 35 scholarship offers but his advantage was that he had nice weather and was as far away from New Jersey as you could get! He was a nice guy who did not pressure me a lot and he played a pro-style game. We lived in on-campus apartments that were fully-equipped. It was a great decision on my part.

In the 1963 NIT Mike McCoy scored 29 points in a 1-point win over St. Francis (NY): how were you able to pull out the win? We were a good team and Mike was

the prototype 7-footer who liked to shoot from long range.

NIT MVP Ray Flynn scored 38 points in a 10-point win by eventual champion Providence: was it just one of those scenarios where every shot he put up seemed to go in because he was "in the zone"? I remember that we made a great comeback. Playing at MSG against a team from the Northeast was like playing 5-on-7 due to the home-court advantage. When I got called for a foul late in the game I lost my cool, threw the ball against the rim, and got called for a T.

In 1965 your team set an NCAA scoring record with 98.4 point per game: how on earth was your team able to be so unstoppable on offense? We played man-to-man defense and were a good rebounding team that pushed the ball. Our starting guards had unbelievable range. John Dampier was the greatest long-distance shooter I ever saw and had pretty good size but he hurt his knee. If we had a 3-PT line back then we would have scored a ridiculous number of points because we could all shoot it from long-range.

After that season you married Hale's daughter Pam: how did your relationship change from coach and player to father-in-law and son-in-law? He was a great man and was like a second father to me. I wish I spent more time learning about his past and what he had experienced. He taught me and prepared me so well to play in the pros, which is how I became All-Pro as a rookie.

You two won an intramural tennis doubles title together: who was the better tennis player? He was better to start with but I got better over time: I never played tennis until coming to college. He was not a big power guy but could hit some nice shots.

He posted 12 consecutive winning seasons from 1956-1967: what made him such a great coach, and what was the most important thing you ever learned from him? He was able to utilize his personnel in the best way possible and the up-tempo style was fun to play. He got in there and taught me how to use my body properly. He was one of the top five pro players himself back in the day.

In 1968 he became coach and GM of the ABA's Oakland Oaks: why did he take the job, and how close did you come to playing for him again? I went over there to go play for him but had to sit out a year, and by the time I was ready to play they had hired Alex Hannum (who had coached me during my rookie year). The game was always fun for me so it was intriguing for me to be reunited with my former coach/father-in-law.

He died of a heart attack in 1980: when people look back on his career, how do you think he should be remembered the most? As the best coach in the history of Miami, without question. He established the program for the university and they are starting to make strides again.



TM

University of Miami
Men's Basketball Clips

Program Highlights

Larrañaga: Old-school coach with new-world approach

CBS Sports.com

Gary Parrish

Feb. 13, 2013

Less than 24 hours after five players combined to make 15 3-pointers in a blow-out win over North Carolina that kept Miami perfect in the ACC, Jim Larrañaga was sitting on the patio of an Italian restaurant called Villagio, enjoying the weather, ordering salmon, discussing where his Hurricanes might land in the Associated Press Poll that would be released the next day.

I told him the top five seemed likely.

"Really?" he said.

At which point, I asked what he thought.

"Honestly, I never think about it," Larrañaga answered. "The only rankings that are important to me are the rankings of the KenPom.com stats in all of the categories that determine success or failure."

This struck me as interesting because, just a day earlier, I'd sat with two dozen other reporters and listened to Larrañaga detail his affection for advanced statistics. Now this 63-year-old supposed old-school coach was doing it again, in a different setting, while his wife, Liz, picked at a bowl of lentil soup. He was bucking stereotypes.

"I value those statistics," Larrañaga said. "I value them for motivation."

Jim Larrañaga has 20 winning seasons as a Division I head coach, a trip to the 2006 Final Four on his resume and the reputation of a highly-skilled tactician. His credibility has long been established. But when he arrived at Miami in April 2011 after 14 seasons at George Mason, this son of a Floridian and grandson of a Cuban immigrant didn't rely on past achievements to grab the attention of his new players. Instead, Larrañaga asked them questions about them, confident the answers would probably come as a surprise.

"When I took the job at Miami, I met with the team and the very first thing I asked is, 'How good do you guys want to be?'" Larrañaga said. "They were like, 'We

want to get to the Final Four! We want to win a national championship!' I said, 'OK. Well, here are some categories that are important.'"

Larrañaga mentioned defensive 3-point field goal percentage.

He asked his players where they thought they ranked.

"They said, 'Oh, we're pretty good,'" Larrañaga said. "So I asked, 'What is pretty good? There are 345 Division I teams. One is the best. The worst is 345. Where do you rank?'"

They told him they were in the top 100.

Larrañaga told them they were actually 224th.

"Then I told them, 'OK, turnovers are important,'" Larrañaga said. "'One is the best. The worst is 345. Where do you rank?'"

They told him around 100.

He told them they were actually 218th.

"The first thing I needed them to know is where they needed to improve, and those numbers showed them because they are totally objective numbers," Larrañaga said. "You can't argue with them. They show you what you need to work on. And, as a coach, if you don't know what you need to work on, then you're just practicing ... stuff. Yes, I want to practice what we're good at. But what I really want to practice is what we have to improve on to be really good, and I want my players to understand why we're doing it."

Those numbers forced Larrañaga's players to understand.

So they got to work immediately.

Now the Hurricanes are 37th nationally in defensive 3-point field-goal percentage, 17th nationally in offensive turnover percentage, and those are just two of the reasons why they're 19-3 overall and 10-0 in the ACC heading into Wednesday night's game at Florida State. Larrañaga and his staff took over, used advanced statistics to identify problems and then worked meticulously and relentlessly at solving those problems. That approach, combined with

an experienced and talented roster, helped create one of college basketball's best stories and reinforce one of Larrañaga's favorite expressions.

Think like a gardener; work like a carpenter.

"What does a gardener do?" Larrañaga asked. "He plants seeds. And then he nurtures those seeds, but it takes a while. And a carpenter? He's very precise. If he makes a chair, one leg can't be longer than the other three. He has to be precise. So when we're working with our players, we're constantly planting seeds but each day working on things that are very, very specific. Those things might not come to fruition in a week or a month. It might take years. But when we planted those seeds like gardeners, we knew that, if we worked like carpenters, we could get here."

Here is on top of the ACC at a school that had never been ranked higher than eighth before this week and has advanced in the NCAA tournament just once since the 2001-02 season. Miami has long been considered such a tough job that Missouri hardly cared that Frank Haith never finished better than tied for fifth in seven years in the ACC. Missouri hired Haith anyway because, the administrators figured, who could do better than fifth in the ACC at Miami?

Answer: Jim Larrañaga.

He took Haith's players, added point guard Shane Larkin, planted a bunch of seeds and started working like a carpenter -- on everything, but especially hard on the things that these same players struggled with before his arrival. Now Larrañaga has a team that's pretty good at guarding beyond the arc, really good at taking care of the ball and two games ahead of everybody else in a league typically dominated by a Duke program that the Hurricanes beat by 27 and a North Carolina program that they beat by 26.

Déjà U

Sports Illustrated

Luke Winn

March 10, 2013

I want you to do something. Before you put your head to the pillow tonight, I want you to sit on your bed, close your eyes and visualize yourself in tomorrow's game. Visualize it deeply and specifically, so you can feel yourself there. You're running through the plays in the scouting report. You're guarding the man you're going to guard. You're getting back and getting stops.

At Miami, there is practice and then there is mental practice. There is a coach and a stathead and a psychologist, and they are all the same person: 63-year-old Jim Larrañaga, the former orchestrator of mid-major magic at George Mason, gone south for a last hurrah in ACC basketball's tropical outpost. The psychologist in him believes that this is an essential part of preparation. In your mind you are making big plays.

Kenny Kadji, a 6'11" fifth-year senior who is the Hurricanes' starting power forward, is a believer. He has closed his eyes and won the jump ball, run pick-and-pop sets and knocked down threes. Sophomore point guard Shane Larkin uses it too. The 5'11" son of Hall of Fame shortstop Barry Larkin has made big steals and reacted to defensive schemes for stopping him off ball screens. From a hotel bed in Raleigh in early February, he hit a game-winning shot at N.C. State. In real life he missed the last-second jumper and center Reggie Johnson tipped it in before the buzzer, but the scenario was eerily close to coming true. Durand Scott, the 6'5" senior combo guard who is the team's heart and soul, is not too cool for this practice, either. He has visualized the experience of winning, of students' storming the court at BankUnited Center and his surfing atop the crowd.

You could say that Miami has not been here before, and that would be true. The Hurricanes are in the running for a No. 1 seed in the NCAA tournament, yet no one on their grizzled roster—the average age of their top six rotation players is 22.5—has ever appeared in the Big Dance. They are 14-2 in the ACC and have clinched a share of the school's first-ever ACC title. They routed No. 1 Duke by 27 points in Coral Gables on Jan. 23, after which their students stormed the floor, and they were one shot shy of taking the Blue Devils to overtime last Saturday at Cameron Indoor Stadium in a 79-76 loss. Larrañaga had never beaten a No. 1, or coached a team ranked this high (No. 6 after the loss at Duke), or presided over regular-season games with this much national attention.

But he has been making use of a concept a good friend wrote about in a 1996 book called *Golf Is Not a Game of Perfect*:

A golfer can mentally simulate the experience of reaching his goal.... If he does it vividly enough, he can in effect fool the mind and body into thinking that the experience actually happened. Later, when he actually comes close to that goal on the golf course, he will not experience discomfort or disorientation, he will instead have a sense of déjà vu, a comforting and calming feeling that he has been in this situation before and handled it successfully.

The Hurricanes have not been here before, but they're playing as if they have. You could say that they've fooled themselves into becoming college basketball's most surprising team.

Larrañaga's belief in visualization dates back 23 years to a tennis court at Boar's Head Resort Sports Club in Charlottesville, Va. Then an assistant under Terry Holland at Virginia, Larrañaga was distracted from his match because of what he heard from a kids' lesson on an adjacent court. That coach was telling his charges to picture their strokes—to see their racket in slow motion, catching and throwing a topspin forehand back over the net—and Larrañaga was so fascinated that he walked over and introduced himself.

The coach was Bob Rotella, then an assistant professor of psychology at Virginia. He would soon start helping the Cavaliers' basketball team at Larrañaga's behest, and later gain fame as the author of best-selling golf books and as an adviser to some of the biggest names on the PGA Tour, from Tom Kite to Davis Love III to Rory McIlroy. Rotella is a believer in having goals, which to him are synonymous with dreams. Without dreams, he has written, athletes lack the emotional fuel to thrive.

Rotella witnessed the genesis of George Mason's dream: On Oct. 30, 2005, he stood before the Patriots and told them to close their eyes, bow their heads and imagine what they wanted to happen that season. Senior guard Lamar Butler was encouraged to share his thoughts with the room. "I dreamt that we went to the Final Four," he said. Rotella asked the rest of the players if they could get on board. The answer was affirmative. He then told them that instead of watching powerhouses—the Dukes and Carolinas and UConn—on TV from a fan's perspec-

tive, they needed to start sizing them up as future opponents. Five months later, as a No. 11 seed in the NCAA tournament, the Pats reached the season's final weekend in one of the most inspiring performances in tournament history.

But only an infinitesimal share of sports dreams get George Masoned. The rest go unrealized or are deferred for so long that they risk abandonment. Which is what happened to this one: In the spring of 1986, just after Larrañaga left Virginia to take his first head-coaching job, at Bowling Green, he took out the small leather-bound notebook he always kept in his back pocket, for recording everything from recruiting details to favorite quotes, and wrote: One day, I want to be an ACC coach.

It was a reasonable goal for a charismatic, well-respected former assistant on two ACC Final Four teams. But 11 seasons went by at Bowling Green, then 14 more at George Mason. Had Larrañaga been 46 when he took the Patriots on their dream run, doors would have opened—"Any job he wanted," longtime assistant Chris Caputo figures. But Larrañaga was 56, and after passing on an offer from Providence, his alma mater, in 2008, it looked as if he might remain in Fairfax, Va., until he retired and they put his name on the court. The offer from Miami, which came as a surprise after Frank Haith left for Missouri in April 2011, was likely to be Larrañaga's last chance.

When you realize a dream you need a new one. Or many new ones. Each off-season, Larrañaga makes a long list of goals in neat cursive. He did 20 for 2012-13, and on a late February afternoon in his office, he revisited them with a reporter:

1. Have a great recruiting class.
2. Win the ACC regular season.
3. Win the ACC tournament.
4. Win the NCAA tournament.
5. Develop a stronger defensive team....

Had Larrañaga gone public with those goals last November, he might have elicited eye rolls. His first Miami team, in 2011-12, went to the NIT after coping with injuries, suspensions and the specter of the NCAA's investigation into booster Nevin Shapiro, in which Haith was implicated. Many felt the Canes were a sleeper in '12-13, until they lost a home exhibition to Division II Saint Leo and their second real game to Florida Gulf Coast. But Larrañaga chooses not to reflect on those moments. Recently he called Johnson in for a meeting, the chief purpose of which was to remind him how special it was that he had two game-winners this season (against N.C. State and Virginia). "If I talk about it, he dwells on it, and he starts thinking good thoughts," Larrañaga explains. "That's how you get a guy's mind right."

Before this story goes completely mental, know that the Larrañaga Method is binary. To focus only on his positive psychology would be to ignore his equally important obsession with analytics. "Some people stay in one realm," says longtime assistant Eric Konkol, "but the fascinating thing about Coach is that he uses both the right brain and the left."

Larrañaga was an economics major at Providence, and began the practice of hand-charting points per possession in the 1970s. He cares more about kenpom.com efficiency rankings than poll rankings. Caputo, whom he entrusts with opposition scouting, relies heavily on advanced stats from kenpom and Synergy Sports Technology. "Coach, and all of us, believe that numbers tell a story," Caputo says. "They don't lie."

Larrañaga can tell his own story through numbers. Five was what mattered when he was at Archbishop Molloy High in Queens: He needed to make the starting five to get recruited because he couldn't afford college without a scholarship. Fifty cents is what he had for lunch, and he bought the same thing every day: 10 Reese's Peanut Butter Cups, which somehow helped him grow into a 6'4½" forward. Two is the division that Bob Cousy, the coach of Larrañaga's dream school, Boston College, had suggested he play in after coming to scout him at Molloy as a senior. Thirty-nine and 28 are what he scored for Providence as a freshman and sophomore, respectively, in his first two wins over B.C., prompting Cousy to admit he'd made a mistake. Numbers, Larrañaga says, "were how I evaluated and judged myself."

When he convened what he called a "board meeting" with his players last April in Miami's conference room, he wrote in a column on a whiteboard: 9, 4, 2, 1. They were the adjusted defensive efficiency rankings, respectively, of Kentucky, Kansas, Ohio State and Louisville, the teams that made it to the Final Four. Miami had been 73rd. The message was clear: "You need to be in the top 10 to have a shot at a national championship next year."

Tenth was the Hurricanes' rank at week's end. They have locked down the interior, led by 6'10" sixth-year senior Julian Gamble, who was No. 1 in the ACC in block percentage at 10.0. Larkin, meanwhile, is their master of anticipation on the perimeter, ranking fourth in the conference in steal percentage (3.42). For all this talk of visualization, the one thing even Larkin could not see coming was a reunion with Larrañaga, who had recruited him at George Mason before Larkin signed with DePaul. But

Larkin chose to leave Chicago before his freshman year started, citing a family medical issue. He did a last-minute search for a school closer to his Orlando home. He called up Larrañaga a few days before classes began at Miami in August 2011 and asked two things: "Do you have a scholarship available, and do you need a point guard?" The coach said yes to both. That was how he landed the three-star recruit who through Sunday was averaging 13.8 points and 4.3 assists and will likely be the ACC Player of the Year.

Larrañaga is playing tennis again. Dual hip-replacement surgeries allowed him to pick the game back up after a 10-year hiatus, and he gets in a quick match at Riviera Country Club before meeting his wife, Liz, for a dinner date in the clubhouse. "How'd it go?" Liz says. Jim shrugs. He is not offering up numbers. "I broke a good sweat."

Their route to a table is accompanied by smatterings of applause from club members. The Riviera is a two-minute drive from the Hurricanes' campus, and alumni appreciate that basketball is thriving at the U during a dark time for football. The Canes had beaten Virginia 54-50 in a thriller the previous night, and the NCAA's notice of allegations in the Shapiro scandal dropped this morning. A Miami alum older than Larrañaga compliments the coach for handing out doughnuts to students waiting in line for tickets. When Larrañaga asks how the man is, he replies, "Well, we're both here, and that's the most important thing, right?"

The dinner conversation centers on how, exactly, Larrañaga got here. The Michael Jordan fantasy camps he worked in Las Vegas following Mason's Final Four run created connections. In Vegas his Cuban ancestry had helped him strike up a friendship with Jose and Jorge Mas, two Cuban-American millionaires from Miami who participated in the camp. Jose would later put in pro-Larrañaga calls to members of Miami's board. And at the camp he co-coached a team with Doc Rivers, who vouched for him during the hiring process.

Larrañaga also explains what loosened his ties to George Mason. In March 2011, his friend Alan Merten, the school's long-time president, announced plans to retire, and Larrañaga told his wife that it "might be a sign that we should look around too." He had been petitioning athletic director Tom O'Connor for a better deal—Larrañaga believed his assistants were "grossly underpaid," and Shaka Smart's new, \$1.2 million-per-year deal at league-rival VCU dwarfed Larrañaga's \$525,000 base salary. The Hurricanes interviewed Larrañaga on April 11 and made their offer 10 days later: a contract reported to be worth \$1.3 million per year for five years. Mason didn't formally counter until Larrañaga was in the airport that night, ready to board his flight to Miami. By then, his mind was made up.

I ask what would have happened had Mason offered a better deal, more quickly. He ponders the question and says, "It would have been like, Do I want to stay [at George Mason] with a great contract ... or hope that I might get an offer in a week from Miami? I'm a pretty conservative guy, so...."

Liz stops him there. "That's too hypothetical," she says. "Anyway, it worked out for the best."

This is true. The assistants got paid. Miami is having a dream season. Liz played golf today, and she finally got Jim to Florida. They owned a vacation house in Sarasota, which she loved to use while he was at Mason, but ... "I could never get him down there. He never had the time."

As a kid in the '50s, he had the time. The annual Larrañaga family vacation, as he tells it, was a long-haul drive from the Bronx. They would stop in Kissimmee to visit his mother's sister, then continue on to Key West, where his father, the son of a Cuban immigrant, had been born and raised. They would take the old Route 1 through Miami, and one time, about 18 miles south of the university's campus, they stopped at a strange attraction called the Coral Castle. The legend was that a 5-foot Latvian immigrant, defying laws of physics, had sculpted the structure out of blocks of limestone, many weighing several tons, as a tribute to an unrequited love. He put a hand-carved sign outside that read, YOU WILL BE SEEING UNUSUAL ACCOMPLISHMENT.

This is Jim Larrañaga's return trip. After dinner he and Liz walk out into the twilight, on a path alongside the golf course. Small children are rolling down an embankment near the putting green, letting out small whoops of joy. Near the driving range, grade schoolers play pickup soccer, darting around divots and through pools of lamplight. "Could you imagine," Liz asks, "having this as a kid?" The setting is an idyll, like something they closed their eyes, visualized and tricked themselves into believing was real.

Obsession with stats drives Miami's Larrañaga

Miami Herald
Michelle Kaufman
March 11, 2013

Jim Larrañaga is a self-described numbers nerd. Always has been. He loved arithmetic in grade school and majored in math and economics at Providence College, where he was the basketball team's leading scorer his sophomore and junior years.

If there was a stat or shooting percentage to be calculated, he was all over it. When he and his wife, Liz, go out to dinner with other couples, he figures out the tip.

It's no wonder, then, that the University of Miami men's basketball coach is obsessed with kenpom.com, a college basketball statistics website run by Ken Pomoroy, a Salt Lake City meteorologist who compiles a statistical archive that analyzes all 345 Division I teams on a possession-by-possession basis. There isn't a news conference that goes by in which Larrañaga doesn't refer to kenpom.com. He even has the site's mobile app on his iPhone for whenever he gets the urge to check his favorite stat: points per possession.

Larrañaga, 63, also was one of the first college coaches to use Synergy Sports, an Internet-based video-scouting index that logs every possession of every game, allowing coaches to zero in on team and player tendencies. You want to compare a player's spot-up shooting percentage with a dribble and without a dribble? No problem. Percentages going left? Going right? It's all there.

The coach leaves nothing to chance. He writes everything down. His entire life over the past 20 years - every appointment, practice, personal goal - is chronicled in his Franklin-Covey daily planners. His bible is Stephen R. Covey's book, *The 7 Habits of Highly Effective People*.

Larrañaga's organizational skills, which he also requires from his staff, helped the Hurricanes (24-6, 15-3 Atlantic Coast Conference) go from afterthought to major player this season.

They were No. 2 in The Associated Press poll, the highest ranking in school history. They knocked off then-No. 1 Duke by 27 points, the first time a UM team had beaten a No. 1. They became the first team since the ACC's inception in 1953 to beat Duke and North Carolina by 25 points in the same season. They drew a record five sellout home crowds. And, they are the No. 1 seed in the ACC tournament after winning the regular-season conference title Saturday with a 62-49 win over Clemson.

Larrañaga's staff is atypical. Most teams have an assistant who coaches guards, an assistant who coaches big men, and they rotate the scouting duties. Larrañaga takes a page from football. Eric Konkol is his offensive coordinator. Michael Huger is the defensive coordinator. Chris Caputo is the master scout, fully responsible for the scouting reports for every game.

The idea, according to all three assistants, is uniformity in terminology and message. They have found that players like routine and familiarity. Rather than have every third scouting report written by a different coach, they are all in Caputo's language.

All three coaches followed Larrañaga to Miami from George Mason. "We moved the store south,"

Konkol said.

The Miami Herald took a peek at how Larrañaga's staff prepares for a game. Answer: Details, details, details.

PRACTICE MAKES PERFECT

It is Tuesday afternoon, March 5, and the Georgia Tech Yellow Jackets are coming to town to play the Hurricanes the next day. The team has gathered at BankUnited Center for a 3 p.m. practice.

In case any of the players are wondering, this is "Practice #82." They can find that out on the upper-right corner of their Daily Practice Plan, a typed down-to-the-minute practice schedule listed in Roman numeral format:

I. Meet/Video.

II. Stretch (10).

III. Thought of the Day (2). "Get low. Stay low on defense."

IV. Fundamentals. 1. 2-Line Full Court Passing (2),

2. Celtic drill (2), 3. Rebound-war on the boards (5).

V. Defense. Shell drill. Defend Georgia Tech.

VI. Offense. Fast ball movement. Man movement. Pass to Post.

VII. Scrimmage.

VIII. Shoot 3's (15).

IX. Stretch.

DeQuan Jones, who played for Miami last season and is now with the Orlando Magic, is in town for a game against the Heat. He shows up at Hurricanes practice with Magic teammates Kyle O'Quinn and Mo Harkless. They watch and remark on the intensity and organization of the workout.

"Coach L and his staff are super organized and strategic," Jones said. "Everything is calculated down to a T and broken down. We'd spend a block of time on each fundamental. They'd break down details like, 'This guy shoots from the right 70 percent of the time,' stuff like that. As a player, that paints a picture of what you're guarding, what to expect. Almost to the point you know what the offensive player's going to do before they even do it. It made the games easy. That's one thing I noticed. Practice was always the hardest thing.

"They slowed the game down and broke down the Xs and Os. This coaching staff made me a better player, made me respect the game."

Larrañaga's practices are spirited. Caputo is crouched on the sideline, yelling instructions to the "Green" scout team. Konkol stands at mid-court, coaching the "White" team starters. Huger, 42 but still a lethal scorer, often plays guard with the scout team. He has experience from his days playing under Coach L at Bowling Green. Larrañaga, wearing a heating pad strapped to his back, whistles, claps a lot and encourages his players.

"Trey, I like how you accelerated past that screen!" "Jules, real good!"

When he has to, Larrañaga gets tough. After Kenny Kadji missed a mid range jumper in a scrimmage, Larrañaga yelled: "You take difficult shots and you don't have to. You don't need to dribble. It doesn't prove anything. You missed the shot. Keep it simple!"

The scrimmage goes to five points. On this day, the scout team beats the starters 5-1 - an omen of the 71-69 loss to come the next night.

As the practice is wrapping up, Larrañaga says someone has to hit a half-court shot before they

can leave. The players laugh and begin heaving shots from mid-court. Durand Scott makes it. Practice over.

After practice, the players receive one of Caputo's famously meticulous full-color, 17-page scouting reports. Players are instructed to study the report before they go to sleep that night. The first two pages are personnel reports.

The scouting report on Duke's Ryan Kelly before he lit up Miami for a career-high 36 points read: "We expect him to play and be excited about it. MUST MATCH HIS INTENSITY! Excellent on offensive boards. Make him a dribbler. Prefers left shoulder in paint."

The report on Michigan State's Keith Appling before their game Nov. 28, 2012: "Left to basket, Right for either pull-up or rim. Gambler on D, MUST BE BALL TOUGH. Push in transition. MUST STOP THE BALL NO HEAD OF STEAM!"

The report then includes summaries of the opposing offense and defense.

BREAKING IT ALL DOWN

On the Spartans' defense: "MSU Defense is #8 in the NCAA in Points Per Possession. They are very much a pack defensive team with the exception of Dawson running through passing lanes for dunks. They do a very good job guarding the ball and beating screens. We must be patient and wait for our screens to be set."

Next is a sheet with team stats, best and worst free-throw shooters, best three-point shooters and best offensive rebounders. There is a list of the team's top 15 to 20 offensive plays. Then, 10 pages of those plays diagrammed.

"The players don't have to know all the stats and information, but we do as coaches," said Caputo, who attended Archbishop Molloy High School in New York, the same school as Larrañaga. "My job is to condense it all. I want to give them an edge, a few hints of what to expect."

The game preparation typically takes two days. Caputo spends 12 hours watching tape of the opponent, and then with the help of the staff videographer Jaime Vathieil, puts together a 20-minute "long edit" for Larrañaga and a 12-minute shorter version for the players.

On March 4, the staff met at 9:30 a.m., watched tape and started to strategize. They could tell from the tape that Georgia Tech's freshmen were playing better now than the last time they played. At 3 p.m., the players got a three-minute "Sneak Peek" video of Georgia Tech. "We just want them to see the team's identity. Are they great offensive rebounders? Do they press? Are they a transition team?" Konkol explained.

"The key," Caputo said, "is making the players feel comfortable and confident. We try to keep the same routine for every game. We set up the chairs the same way, do everything at exactly the same time. The calmer we can make them, the better they will perform when the lights come on."

Larrañaga finds he's still fashionable in Miami

Washington Post
Mark Giannotto
Feb. 28, 2013

The University of Miami basketball team's rise in Coach Jim Larrañaga's second season has been acknowledged in the polls and remarked upon with amazement by national commentators. But to those who know Larrañaga best, it also has had an air of familiarity.

Longwood Coach Mike Gillian, a member of Larrañaga's first staff at George Mason, has watched the Hurricanes' success from the Farmville, Va., campus and has seen echoes of what first put Larrañaga on the national stage seven years ago.

"Go look at the game against U-Conn.," Gillian said, referencing George Mason's victory over the Huskies in the regional final of the 2006 NCAA tournament. "What they ran on offense, they did it over and over again in the second half, and especially in overtime. If you watch Miami right now, primarily on offense is what they did in that game at the Verizon Center.

"But the guys that succeed at different places, for extended periods of time, there's a reason why they did that. If they could, they would bottle it up and sell that."

Larrañaga, 63, is ditching the Cinderella role this time around. The fifth-ranked Hurricanes (23-4 overall, 14-1 ACC) are in line to earn a No. 1 seed in next month's tournament, especially if they beat No. 3 Duke for the second time this season in a nationally televised rematch Saturday.

His approach, though, hasn't changed much from his 14 seasons at George Mason, right down to the plays he used to lead an unheralded group from the Washington area to the Final Four.

"This is the way we've done it, and we're gonna continue to do it a certain way," Larrañaga said. "But I wondered if this would work at the highest level."

Challenging transition

The transition to Coral Gables, Fla., has been anything but smooth. Four months after leaving Fairfax, Larrañaga found himself embroiled in an NCAA investigation he and his staff had nothing to do with. Before his second season began, Larrañaga watched the athletic director who hired him, Shawn Eichorst, jump ship and leave for Nebraska.

He also discovered a budget that, aside from recruiting expenses, was actually smaller than the one he managed at George Mason.

The off-court turmoil has hurt recruiting, Larrañaga acknowledged, and it forced several players to sit out games last season, when Miami finished with the most conference wins in school history (nine) but fell just short of earning an at-large berth to the NCAA tournament.

"A lot of coaches would've let that destroy their attitude," said Bob Rotella, a sports psychologist who works with Miami and one of Larrañaga's longtime confidantes.

Rotella remembers home games last season when the Hurricanes attracted no more than 1,500 fans. Each time, Larrañaga would assure him, "Well, it's not gonna be that way long."

To manufacture excitement at Miami, where

even the school's high-profile football team can struggle to draw crowds amid a plethora of pro sports and entertainment options, Larrañaga took a familiar "door-to-door" approach.

He sold the program whenever asked, whether it meant dinners with Miami's wealthiest donors, speeches to the Greek system or helping out at Dwyane Wade's fantasy basketball camp. He had the team spend nights "dorm storming," handing out pizza and chicken wings to students. He started a youth clinic similar to the one he had in Fairfax. He laid awake in bed texting recruits until 1:30 in the morning. He has yet to turn down an interview request.

The BankUnited Center, meantime, has been sold out for four of the past six home games and students have begun lining up outside on "Larrañaga's Lawn" to get inside the building. Wade and fellow Miami Heat star LeBron James even sat courtside for a game earlier this month.

"If you go two miles east of here, homes are 10, 15 million dollars, and he's very comfortable in those settings. Yet he's very comfortable amongst every-day folk," said Miami assistant Chris Caputo, who also worked under Larrañaga for nine years at George Mason. "It was like hand-to-hand combat and a lot of it was similar [to George Mason], just in terms of building a love affair between the community and the basketball program."

"He can relate to anybody"

Larrañaga loves numbers. He looks up the efficiency-based ratings at KenPom.com on his cell-phone every day. He considers it more accurate than any of the national polls that have fallen in love with the Hurricanes this season, a way to determine exactly what he should be working on in practice.

It's also how Larrañaga introduced himself to Miami basketball in April 2011. In a small room of players who knew little about him other than his role in George Mason's Final Four run, Larrañaga went about persuading them his way was the right way.

"Where did we finish in terms of defending three-pointers?" he asked. The players all thought they were around No. 100 in the country. "No," Larrañaga responded. "We finished in the 200s. We were in the bottom third" in the country.

He asked them how they were with turnovers. "Pretty good," the Hurricanes said. "No," Larrañaga responded. "We're ranked around 218."

He then explained how all the best teams in the country hold opponents under one point per possession ("Hopefully around .92, he said.), informing them that the team would go from playing predominantly zone defense to almost exclusively man-to-man.

"At first, when you meet him you're like, 'Uhh, I don't know if it's gonna work out,'" forward Kenny Kadji said last week, when reminded of that first encounter. "I didn't know how he would lead us with the age difference, but he's such an energized guy. He can relate to anybody."

"He pretty much brought us back down to earth and he showed us, or told us, about being good. We had no idea."

Larrañaga inherited a veteran team that features six seniors this season and signed point guard Shane Larkin, the son of baseball Hall of Famer

Barry Larkin, just before last season began. The Orlando native is now an ACC player of the year candidate as a sophomore.

But as Rotella pointed out, Larrañaga made a conscious decision to "believe in these kids" rather than start over, a concept Rotella thinks was ingrained in him after George Mason's Final Four run. Even Larrañaga concedes that earlier in his career, "I coached every turnover, every pass, every shot, evaluated every referee's call or no call and tried to correct every mistake. Now I just clap when they make a mistake. You can talk about it the next day."

"He has a lot of confidence in us," sixth-year senior Julian Gamble said. "Probably more confidence than we have in ourselves sometimes."

Parallel successes

Not one to just give away his secrets, Larrañaga insists Gillian must have meant something different, because Miami isn't having success just because of one play. Perhaps what Gillian's really referring to is "when we find something that works, we ride it," Larrañaga said.

But Virginia Tech Coach James Johnson and High Point Coach Scott Cherry, both assistants under Larrañaga in 2006, agreed separately that the Hurricanes are running the same offensive sets the Patriots rode to the Final Four.

Even Larrañaga can't fight some of the parallels, such as how both teams suffered embarrassing early-season defeats that proved to be catalysts the rest of the year: Miami lost to Florida Gulf Coast in its season opener, while in November 2005, George Mason lost to Creighton by 20.

"It's a similar team he has now," Cherry said. "He allows them to be who they are within their skill set that fits into his philosophy and his system. He's the best at that."

Just this week, Larrañaga canceled all of his players' interviews after Miami's 14-game winning streak ended in a double-digit loss at Wake Forest on Saturday. The Hurricanes rebounded with a 76-58 victory over Virginia Tech on Wednesday night.

This, it seems, is the main difference between George Mason's improbable Final Four trip and the one Miami hopes to embark on. The Patriots didn't attract national attention until Selection Sunday, when they drew the ire of national pundits by receiving an unexpected at-large bid. Larrañaga's Hurricanes, none of whom has played in the NCAA tournament, have been dealing with the glare of the spotlight since Jan. 23, when their fans rushed the court after a 90-63 blowout of then-No. 1 Duke.

So don't expect him to savor it all just yet.

"We haven't even made the NCAA tournament. We've got a lot of things that we hope to accomplish, this year and in the future," Larrañaga said. "We've already accomplished a lot in a short period of time, but hopefully there's a lot more years in front of you."

Larrañaga's use of analytics gives Miami secret weapon

USA TODAY

Nicole Auerbach

March 1, 2013

Jim Larrañaga is a storyteller.

He gets comfortable on the couch in his office, leaning back into the memories, and lets the words roll off his tongue.

He talks about George Mason's magical NCAA Final Four run in 2006, and how the flood of media attention mirrors what his seventh-ranked University of Miami team is receiving now.

He talks about the rousing speech Chris Bosh gave the Hurricanes the summer before Larrañaga's first season, and the influence the Miami Heat stars have had on his program.

He even talks about how copy-and-pasting his own Wikipedia page helped land him the job at Miami in 2011.

Despite the plethora of tales, perfectly timed and delivered with smiles and dramatic pauses, cataloging key moments of his career, Larrañaga is missing one vital story.

He doesn't remember how and when and why he was introduced to the world of advanced statistics.

He turns to his long-time assistant Chris Caputo in the hallway and asks about the first time they found kenpom.com, a website devoted to college basketball analytics. Caputo can't remember, either. Maybe five years ago? Definitely after their staff discovered Synergy Sports, video-scouting software that compiles intricately detailed data on every team from every game situation imaginable.

Larrañaga, now 63, was one of the earliest adopters of that technology, too. But even if he can't remember what necessarily sparked his interest, he knows it stirred something within him.

Back in high school, Larrañaga had wanted to win a free-throw shooting award, a prize completely based off percentages — "I've always been fascinated by numbers," he said — and he shot 88% his senior season and won the award by a fraction of a point.

"If I'm going to be good, I'm going to judge myself against other players who are really, really good," Larrañaga said. He carried that into coaching. As an assistant at Virginia, he charted the performances of various lineups to figure out the most effective group of five. Compare, compare, compare. Then go with what works. Video might show him that now. Or a sheet of numbers from kenpom.com.

The use of such tools has propelled Miami to unprecedented success in the Atlantic Coast Conference this season. The Hurricanes' 13-0

start in league play was the best of any team since 1998-99, and a win Saturday at No. 3 Duke would clinch the ACC regular-season title in this, Larrañaga's second year with the team.

"The thing with Coach is, as long as he's been doing this, he's never stopped learning," Caputo said. "You're looking, searching for things that will give you a bit of an edge. I think it was just word of mouth — there's no great story.

"Looking at a team on a sheet, it's a concise way of understanding. ... A lot of times, you ask someone how they did on a test. They say, 'Good.' Well, what does that mean? A 'C'? That's pretty good, right? Not if everybody in the class got an 'A'. Or I got a 'C', but everybody failed the test. You try to see the things you value ... and then see where that ranks within your league and nationally. That tells you what your team is like."

The Miami players hear about advanced statistics more than they see the numbers themselves. They aren't given statistical printouts; they don't get bogged down in the details. Their coaches tell them the important ones. This team is 50th in tempo, that team is 300th. This one is in the top 10 in offensive rebounding, that one turns the ball over on just 14% of possessions.

"They understand rank very well," assistant coach Eric Konkol said. So the coaches toss the key stats in with normal prep work, like talking about opponents' tendencies or watching video. Together, it provides a full picture of what the 'Canes will be up against. Miami scouts its opponents, but it also self-scouts, tracking where it stacks up against the nation's best to motivate itself.

Said senior Julian Gamble: "They give us those types of statistics to let us know where we are and where we need to improve. You want to be the best, and numbers don't lie. If you say you're not No. 1 in the country in something you want to be, you know you have something to improve on."

Larrañaga and his staff emphasize points per possession; it's a good way to stress defense, something that players can rely on even when shots aren't falling on a given night. On Tuesday, prior to the Virginia Tech game, Gamble recited a sentence that would please his coaches: "We're 16-2 when we hold teams under one point per possession." Make that 17-2 after the win over the Hokies.

Miami is ranked sixth in the country in defensive efficiency, 39th in offensive efficiency and 26th in turnover rate — all significant improvements from two seasons ago.

This lingo, while new to the Hurricanes, is

far from foreign from those at George Mason, where Larrañaga spent 14 seasons before coming to Miami in April 2011.

"He was innovative," George Mason athletics director Tom O'Connor said. "He was focused on (advanced statistics), but that didn't override the fact that he still had to go out there and teach offense and defense. It's good to have all the statistics, and it can definitely be a major plus. I think he saw that early on. He's always been ahead of the curve if he sees something that can help his program be successful."

During the Final Four run of 2006, before he relied on advanced statistics, Larrañaga's attention to detail and search for any advantage manifested itself in scouting and game preparation. He also brought in a sports psychologist to talk to his team before the season.

"He adjusted well to every team," said Will Thomas, a starter on the 2006 team. Thomas added that the points of emphasis were the same then as they are now: overall defensive toughness, rebounding and defending the 3-point line. Those same principles now show up in columns on kenpom.com.

"There are still coaches who don't use email or coaches that don't really like video spliced up because they like to get a feel for the how the whole game is played," Konkol said. "There are certainly positives in every way you do it. It just comes down to being comfortable with your style. We're very comfortable here at Miami using the stats."

The 'Canes have been as high as No. 2 in the USA TODAY Sports Coaches Poll, a landmark reached a week ago, before their Feb. 23 loss to Wake Forest. They are competing for a No. 1 or 2 seed in the NCAA tournament, a remarkable feat for a group of players who never played in the event. They're a veteran group (average age of the starting five? 22.6 years old) — yet are led by a sophomore point guard in Shane Larkin, a Naismith Player of the Year finalist and the son of Baseball Hall of Famer Barry Larkin.

Perhaps, some day soon — or some day far off — Larrañaga will have another story to tell. The story of this team and how these players bought into his world of numbers. How they taught LeBron James and Dwyane Wade a fancy dunk that one time. And maybe, just maybe, how they brought the Miami basketball program to prominence.

Crunch time

ESPN The Magazine

Peter Keating

August 13, 2012

Terms you'll need to know for this story

DEFENSIVE EFFICIENCY

For a team: Points allowed per 100 possessions. For a player: Points his team allows per 100 possessions while he is on the floor.

EFFECTIVE HEIGHT

The combined height of a team's centers and power forwards. Measured in inches above or below the national average baseline.

OFFENSIVE EFFICIENCY

For a team: Points scored per 100 possessions. For a player: Points produced per 100 possessions.

PACE

Possessions per 40 minutes. Faster pace means more possessions in a game.

PLUS/MINUS

A team's point differential when a particular player is on the floor.

TEMPO-FREE STATS

Statistics adjusted for possessions to allow for accurate comparisons across teams.

ONCE IN HIS LIFE, in third grade, Jim Larrañaga asked his father for help with his math homework. The elder Larrañaga, a very private man who never talked at home about his work as an insurance adjuster, looked at the assignment and handed it back to the youngster. "You're going to have to learn that on your own," he said. Larrañaga, now 62, has been learning on his own ever since.

You probably know him as the gregarious hoops lifer who shot to national prominence during March Madness in 2006, when his George Mason Patriots made the Final Four as an 11 seed. A Bronx, N.Y., native with a receding hairline, lively eyes and a restless mind, Larrañaga has fully earned the kind of old-school plaudits that come a man's way over 29 years of successful head coaching: motivator, philosopher, occasional cutup. But there's something more to Larrañaga's approach, and it's nearly unique. The timeless lessons of basketball fundamentals aren't enough of a foundation for him; he has always wanted to ground his teachings in empirical data. "The better you can assess a situation and figure out how to improve it, the better you'll be against teams that don't have that ammunition," he says.

So Larrañaga, who majored in economics at Providence College and graduated in '71, started tracking what we would now call advanced metrics 30 years ago. And as new hoops stats have spread around the Internet, he has embraced, absorbed and applied them with the kind of zeal you'd expect from an enthusiast one-third his age. Larrañaga logs on to KenPom.com and RealTimeRPI.com and WarrenNolan.com. His assistants crunch updated numbers in real time during games. He quotes stats he cares about to reporters. He posts them for his players to see and to focus their goals. "What

your mind dwells upon, your body acts upon," he likes to say.

In short, no other college basketball coach uses statistical analysis more thoroughly to connect strategy to tactics. And this season, his first at the University of Miami, he is delivering what may be his greatest performance yet. With players he didn't recruit, facing a schedule he didn't set, Larrañaga has led a team plagued by injuries, scandal and death to a 15-9 record (through Feb. 17). Indeed, with their Feb. 5 win over Duke, the Hurricanes, who haven't been to the Big Dance since 2008, put themselves right on the NCAA bubble. "You can see the team morphing, kind of like watching Optimus Prime change in slow motion from a junky truck into his magnificent robotic form," says Josh Kaufman, a doctoral student in clinical psychology at Miami who co-runs Category 6, a blog covering all things Hurricanes. "And Coach Larrañaga is how this team plays."

IT WASN'T EASY for Larrañaga to leave George Mason, where he amassed 273 wins, three CAA championships and five NCAA tournament berths in his 14 years on the bench. GMU had grown to love him not just as a coach but as the kind of teacher you always remember. He's constantly reading and watching movies, quoting everything from Aristotle to Abraham Lincoln to the movie *Drumline* to Malcolm Gladwell's *Outliers*. He routinely posts a Thought of the Day for his team; this season's first: "Begin with the end in mind."

In 2008, Larrañaga turned down the chance to coach at Providence, his alma mater. But last year, George Mason president Alan Merten (and Larrañaga's best friend at the university) retired and Miami came at him offering \$1.3 million a year. Larrañaga, who always wanted to coach in the ACC, realized that the Canes had a solid core of talent in a great location with access to huge resources in a conference with just two dominant teams, and that Miami was just waiting to be resuscitated. In a word, the program was undervalued, just as so many of Larrañaga's George Mason recruits had been before they shocked the country with their stunning tournament run.

As soon as Larrañaga arrived at the U, his new team faced a wave of problems. Center Reggie Johnson hurt his knee and missed a month of the season. Big man Julian Gamble tore an ACL -- out for the year. Guard DeQuan Jones got caught up in Miami's booster scandal -- his family was accused of taking \$10,000 to commit to the U in 2008 -- and sat out the first 10 games. And in a different category entirely, guard Malcolm Grant's 36-year-old brother, Yatti, died of a heart attack in December. (Larrañaga missed his first practice in several years to go to the funeral.)

"It's all about the percentages. Ten turnovers in a 50-possession game is just as bad as 20 turnovers in a 100-possession game."

-- Miami head coach Jim Larrañaga

Still, Larrañaga pressed on; he would install his hybrid system -- coaching integrated with metric analysis -- with whoever was able to play. Larrañaga's approach starts with bas-

ketball box scores. Points, rebounds and assists are hoops' version of batting average, home runs and RBI -- numbers that most of us reflexively value because news accounts have tracked them for so long. But simple counting statistics are hugely influenced by the pace at which a game is played, and to truly measure these stats' value at either end of the floor, you need to adjust for possessions. For example, this season, Wisconsin is giving up 50.3 points per game, the fewest of any team in the country. But the Badgers play at a crawl, averaging just 58.6 possessions per game. Ohio State is actually more efficient on defense, surrendering just 81.2 points per 100 possessions, versus 82.2 for Wisconsin. "It's all about the percentages," Larrañaga says. "Ten turnovers in a 50-possession game is just as bad as 20 turnovers in a 100-possession game."

Former UNC coach Dean Smith invented per-possession, or "tempo-free," stats, and stathead Ken Pomeroy popularized them on his website (KenPom.com). Once you learn about adjusting for pace, the concept seems obvious. But most college coaches aren't keeping up. In October, for example, the CAA Hoops blog surveyed conference coaches, who had to compete against Larrañaga for years, and was shocked to find most coaches pay very little attention to tempo-free stats. "I care about rebounds, turnovers, free throw percentage," Drexel's Bruiser Flint said. "All that other stuff is a little too much. My favorite is what a kid does over 40 minutes. Well, he doesn't play 40 minutes for a reason!" Flint's assertion makes as much sense as disliking on-base percentage because a player gets more than one plate appearance a year. But even that sentiment was light-years ahead of Georgia State's Ron Hunter, who said: "I don't look at stats. I don't read newspapers. People keep trying to tell me and I don't want to know." So the stats revolution hasn't quite arrived everywhere just yet.

Larrañaga, of course, applied it immediately to the Hurricanes. While Miami's slow pace last season obscured some of the team's issues, when the new coach looked at pace-adjusted stats, turnovers jumped off the page: Miami gave the ball away on nearly 21 percent of possessions in 2010-11, ranking 218th among 345 D1 teams. Play had gotten so bad that the Canes had to run trick plays to inbound the ball. So at one of his very first practices, Larrañaga put the team through a drill called TOBE: turnover basketball elimination. It starts with Larrañaga putting 12 balls on a rack and letting his players scrimmage. Whenever anyone commits a turnover, he eliminates one ball. After the 12th ball is gone, the players run for the rest of practice, whether for half an hour or two and a half hours.

The Hurricanes started those earliest practices the way they played a year ago: sloppy. But as balls vanished from the rack, play got crisper, and hazardous passes disappeared. As the season neared, the Canes rarely had to run at all. "If you give players a reason, they'll change their own behavior and make better decisions," Larrañaga says. "I call it incentive thinking."

Crunch time (cont.)

Now inbounds passes are accurate, and players have vanquished another Miami bugaboo: dribbling into a corner and hanging around until a double-team converges. This season, Miami has soared to 53rd in pace-adjusted turnover rankings, losing the ball on just 18.4 percent of possessions. Of course, that's good coaching and good execution, both driven by data that interpreted turnovers as a priority. "You start to learn any new language through vocabulary, word by word, and eventually the words flow together," Larrañaga says.

Larrañaga's next change was to go beyond adjusting box score stats to charting what's not in box scores at all. He's been working on this for three decades, since he was an assistant to Terry Holland at Virginia. "We had a guy named Kenton Edelin, who was not a good shooter, who was a terrible free throw shooter, who statistically didn't appear to be very good at all," Larrañaga says. "But when he was in the game, we did better. He was so tenacious defensively, rebounding and shot-blocking, and on offense he never took a shot. So defensively, we were better, and offensively, he was screening to our best shooters and getting them open so they could take the shots."

Eventually, Larrañaga started taking notes on how well his teams did when different players and combinations of players were on the floor. Which is to say, he embraced what statheads now call lineup plus/minus -- a stat that captures the cumulative impact of harassing opponents, inspiring teammates and other seemingly unquantifiable skills to the extent that they actually change the course of a game. It's helped clue Larrañaga in to the contributions of low-scoring but high-intensity defenders like Shane Larkin at Miami and Andre Cornelius at George Mason. "Everybody wants to look at his own stats, but while you were scoring 20, your team might have been outscored," Larrañaga explains. "And when you look at lineups, another player may have scored only four points, but the team was plus-12 when he was in the game."

Coaches use plus/minus and tempo-free stats to tailor their goals to their program. Tom Izzo at Michigan State and Blaine Taylor at Old Dominion believe in maximizing the number of their teams' possessions, and you'll see those schools post huge offensive rebounding percentages season after season. Larrañaga has studied the statistical profiles of teams that make the NCAA tournament and found that their field goal percentage allowed is typically first, second or third in their conference and that they're usually particularly efficient at stopping threes. So everything Larrañaga's players do at both ends of the floor is keyed to holding opponents to under 40 percent shooting and under 30 percent on three-point attempts.

On offense, Larrañaga instructs his players to rotate the ball until they create a high-percentage shot; he'll often say things like, "What good is it if you're open if you miss eight of 10 from that spot?" He wants them to attempt no more than 17 to 18 three-pointers per game, or about one-third of their total shots, in part to limit long rebounds and fast breaks for opponents. And

you won't find the Canes crashing the boards en masse. Larrañaga would rather have them get back after missed shots, again to clamp down on easy breaks for the other side.

Defensively, Larrañaga is known for a disruptive scheme he calls the Scramble -- a man-to-man scheme with trapping options designed to force opponents to consume time and make sub-optimal decisions. If defenders anticipate and rotate well enough, they avoid getting caught in the kind of three-on-four and two-on-three breakaways that commonly puncture higher-risk defenses. And because it slows games down, you don't need great athletes to run it. Instead, it requires players with a keen sense of where the ball is headed.

Larrañaga is just starting to implement it at Miami, but already the scheme is giving the Hurricanes a hustling vibe very different from last year's zone defense. And the team is starting to meet Larrañaga's goal of compelling bad shots without gambling. In five consecutive ACC wins from late January through mid-February, Miami held opponents to just 37.8 percent shooting. Again, that's good coaching in a classical sense and good execution, but all focused on goals set by Larrañaga's statistical research. "Our players know our goals," he says. "If the other team shoots 42 percent, even if we win, we didn't meet our goals."

HE'S NOT DONE innovating. Larrañaga uses Synergy Sports' video-retrieval and indexing software to scan games to find opponents' strengths, weaknesses and tendencies. "[Assistant coach] Chris Caputo gets all the stats, on our opponents and ourselves, to see how we need to match up and at what tempo," Larrañaga says. "For example, a player may be dynamite going to his right, but influence him to go to his left and he might be 20 percent less effective." Another assistant, Michael Huger, fits together the best groups of players to exploit potential matchup advantages and helps monitor efficiency during games. "At halftime, he's able to tell me, 'These five guys were plus-6, and they were the only group that was effective, right?'" Larrañaga says. "We then ask whether that was because of their size, or who they were guarding, or how they were beating the other team's zones, or whatever. We try to figure that out and apply it."

Add it all up and you get a team with a distinctive statistical profile that's suddenly become hugely dangerous for this spring. With their trapping defense slowing the pace, the Canes average just 64.6 possessions a game, ranking 261st in the nation. But because the team protects the ball so well and takes good shots, it scores 110 points per 100 possessions, the 45th-highest efficiency in the NCAA. And despite playing makeshift lineups, Miami has improved its three-point defense from 224th in the country last year to 112th while remaining stout inside. Overall, opponents score just 95 points per 100 possessions against the Hurricanes, ranking them 74th in defensive efficiency.

This is a team with numbers reminiscent of Larrañaga's George Mason squads. In fact, take

Larrañaga's last 10 teams and shuffle their stat lines, and you won't be able to pick out which one was put up by this year's Hurricanes. In less than one season, he's imprinted on Miami the statistical templates that made George Mason a winner.

And there's more to come in the off-season. For one thing, Larrañaga has barely begun recruiting athletes to Coral Gables. At George Mason, he found players undervalued by other programs, and year after year, his teams won despite a lack of height. "His recruiting approach was Moneyball,?" says Peter Boettke, a professor of economics and philosophy at George Mason and a former AAU coach. "He got exceptionally talented players who were overlooked not for skill or accomplishment but because they were slightly off the expected body type for major-conference players. And most of them stayed all four years and bought completely into Coach L's system."

In contrast, Larrañaga is stepping into a program that has underachieved in recent years but never lacked for big men. This year, the Canes' effective height is 2.8 inches above average, giving them the 23rd-tallest inside presence in the country. Now he gets to see who else he can bring aboard, and letting Larrañaga pitch Miami is like giving Billy Beane the keys to the Yankees' vault.

Moreover, next season will be the first time Larrañaga helps choose Miami's nonconference opponents. Last May, at the first ACC meetings Larrañaga attended, Virginia Tech coach Seth Greenberg asked him how George Mason, coming out of the CAA, managed to gain so many at-large bids to the NCAA tournament. Larrañaga claims he hadn't planned on saying much, but he launched into an explanation of how he and his staff, led by assistant coach Eric Konkol, had conducted a mathematical study of NCAA invitations and RPI. "We found that bids are determined not just by who you beat but who you schedule," he explained. "As much as possible, we avoided scheduling the teams likely to end up in the lowest category of RPI." Further, he noted, his staff looked to face opponents who had the potential to be surprisingly good: "If we beat them and they ended up in the top 50 in the country, that would be a great win on our resume." So George Mason routinely played opponents from outside power conferences that nonetheless went on to post impressive seasons, like Harvard and Duquesne last year and Dayton and Creighton in 2009-10.

As Larrañaga spoke, his fellow ACC coaches listened intently. Their conference ranked 16th in nonconference strength of schedule in 2010-11 and sent four teams to the NCAA tournament. The Big East, which ranked first, sent 11. Mike Krzyzewski, who happens to be two years older than Larrañaga, said it best: "We need to be listening to the old man."

It's either that or learn it on your own.

The leadership style of Jim Larrañaga

Washington Post
Jena McGregor
March 18, 2013

Selection Sunday is over, and the University of Miami ended the day with a No. 2 seed in the NCAA men's basketball tournament, which ties the record for highest seed in the Miami Hurricane's history. On Sunday, the school — known far more for its football team than its hoops squad — won its very first ACC championship. And as March Madness heats up this week, some bracketologists are betting the Canes could make the Final Four, which would be a first for the team.

What changed? The team has some key players, of course — point guard Shane Larkin being the most critical. But many are looking to the Hurricanes' 63-year-old coach, Jim Larrañaga, as the man behind the team's success. It's just the second season for Larrañaga, who formerly coached at George Mason University, and he inherited a Miami program that had its share of distractions. Yet with a mix of management changes, extreme organizational focus on details, and a belief in coaching the players he has, Larrañaga seems to have turned the team around.

One of the smartest things Larrañaga did when moving from George Mason, where he led the mid-market team to the Final Four in a surprising run, was to take his coaching staff with him. The move itself is not that unconventional, but the roles he gave them are. According to the Miami Herald, Larrañaga sets up his staff differently than other teams, which typically have assistants that each coach different positions and rotate through the scouting responsibilities.

Larrañaga, meanwhile, has an offensive coordinator, a defensive coordinator and a master scout, in order to keep communica-

tion with players and messaging about potential recruits uniform. Such a setup also provides for a highly integrated coaching style that gives the team's leaders a greater view into the skills and weaknesses of more players.

The Bronx, N.Y. native is also a voracious consumer of management books. The New York Times writes he "would seem right at home at a TED conference, exchanging innovative management ideas." His favorite: Stephen Covey's "Seven Habits of Highly Effective People," which he appears to quote from relentlessly. He's a devotee not only of the guru's ideas but of the Franklin-Covey daily planners that bear his name. In his office, Larrañaga keeps two decades' worth of the binders carefully tracking every goal, every practice and every appointment.

That kind of meticulousness carries over into the way he coaches the team, relying heavily on numbers to guide his thinking. He uses stats-driven Internet sites to track each player down to each possession, using that data to help him coach. His defense-driven style instructs his players to limit opponents to 12 points per position. He breaks down practices into minute-by-minute increments that players say are so strategic and organized that they're able to guess what their opponents will do once it's time for the game.

But perhaps the biggest reason for Larrañaga's success is the confidence he has in the players on his team. He borrows the "train it and trust it" philosophy from golf, putting all his focus on practice and then letting his players execute on their own during the game, rather than trying to over-manage from the sidelines. Hit with recruiting challenges following an NCAA ethics investigation into events at Miami that pre-dated his arrival, Larrañaga has chosen not to start over with a new re-

cruiting class. Rather, he's focused on the players he's got, ten of whom are seniors or juniors. As senior Julian Gamble told the Washington Post's Mark Giannotto recently, "He has a lot of confidence in us. Probably more confidence than we have in ourselves sometimes."

Who knows if Miami could win it all — there are plenty of reasons that might not be in the cards this year. The quality of their coach, however, isn't likely to be one of them.

How Miami's Basketball Coach Is Bringing Back The ñ

WLRN.org

Kenny Malone

March 28, 2013

The squiggly line seemed to show up out of nowhere.

It happened at the Greensboro Coliseum on Sunday, March 17th.

Confetti was falling. Hurricanes were celebrating. The University of Miami had made history by winning the first Atlantic Coast Conference tournament in school history. Jeannine Edwards, an ESPN reporter, was standing by with second-year UM coach Jim Larrañaga.

And then, the name graphic.

In what the television world refers to as a "lower third," ESPN had identified Miami's head coach with a baffling cultural flair: a tilde.

"JIM LARRAÑAGA," the ESPN graphic read.

Scott Michaux, a columnist for the Augusta Chronicle took note, tweeting: "Did moving to Miami automatically come with a tilde?"

The short answer: Yes.

The Long Answer

Jim Larrañaga is arguably most famous for ruining the country's collective March Madness bracket in 2006. He coached 11th-seeded George Mason University through upsets of perennial powerhouses like Michigan State, North Carolina and number-one-seeded Connecticut and eventually reached the Final Four before losing to Florida.

"We never used the tilde," George Mason's director of news media for men's basketball, Dan Reisig, wrote in an email. "In fact, no one at George Mason was aware of his Cuban lineage prior to his arrival at Miami."

That's because the lineage has been slowly white-washed, piece-by-piece, over Larrañaga's life.

"Americanized"

Jim Larrañaga is Bronx-born with an accent to prove it. He's 63, Caucasian, and throughout his life, people have assumed his last name was Italian. "Because it ended with a vowel," he laughed.

In reality, the name is Basque by way of Cuba.

According to Larrañaga, his grandfather was born in Cuba and was part of the Por Larrañaga cigar company. (That's pronounced LAW-ruh-NYAW-guh.)

Larrañaga's father wanted his kids to blend in, to be "Americanized." He pronounced his last name with an extra-nasally, American 'a' and left the ñ sound out completely (LAH-ruh-NAY-guh). He refused to let the kids speak Spanish even though Jim's grandmother was fluent.

But Jim Larrañaga liked the way his grandmother said the name, the deep vowels, the ñ. He adopted the Basque pronunciation.

And then he quickly dropped it.

On Larrañaga's first day at a Catholic kindergarten, a nun was going through the class roll. When she called Larrañaga's name, she put her own Americanized spin on it. "I try to correct her," Larrañaga said, "and she wouldn't be corrected... That was it. It stuck."

The Missing Tilde

There's a case to be made that Jim Larrañaga's time at George Mason University was as Americanized a stretch as he'll ever have.

The school -- in Fairfax, Va. -- is 25 miles from Washington D.C. The university's nickname is "The Patriots." And by the time Larrañaga had arrived at GMU his name's spelling was set in stone:

"L-A-R-R-A-N-A-G-A," recalled Bill Rohland, the radio play-by-play announcer for GMU basketball. "Yeah, there was never any accent on any of the letters whatsoever, it was just straight across, that was

it."

One major factor: Jim Larrañaga never fully understood that typing an ñ was even a possibility.

"Okay, hang on," Larrañaga said during a recent phone interview before UM's 2nd and 3rd round NCAA games from Austin, Texas. "I'm in front of my iPad, you're telling me that there's a way to do that?"

"Well, no-I mean yes. But it's a big pain," this reporter explained. "You have to change your keyboard to an international keyboard."

"Oh," Larrañaga replied, "I don't have that ability."

It's a safe bet that the "Larrañaga" spelling never got into any of Jim Larrañaga's resumes, cover letters or applications--including the most recent.

"When I applied for the Miami job, I copied and pasted my Wikipedia bio," said Larrañaga, "So whatever that had [as the spelling], that's the way it went."

Larrañaga added that one reason he never corrected anyone about the missing ñ is that he simply thought it couldn't be done.

The Autograph

In 1972, a 71-pound, four-foot-six, eight-year-old named Bobby Harbers went to basketball camp at Davidson College in North Carolina.

According to a report card that Harbers still has (he's now "Bob" not "Bobby"), the younger version of himself was "EXCELLENT" when it came to passing, free throws and boxing out. His crossover was just "GOOD" and his pivoting had shown "much improvement."

Each category on the Wildcat Camp report card was completed by a different coach. Jim Larrañaga would have been in just his second year as an assistant coach at Davidson, his first coaching job after playing at Providence.

The 24-year-old Larrañaga was responsible for grading Bob Harbers' "INDIVIDUAL PERFORMANCE" in the dribbling category.

Larrañaga placed a check mark in the "excellent" column and then signed his name. And if you're looking for it, there is unmistakably a line over the 'n.'

There's no reason to think Jim Larrañaga ever stopped signing his name with a tilde (granted the tilde is more line than curve). A number of alleged George Mason-era Larrañaga autographs have made their way through eBay in the last few weeks. All have included the line over the 'n.'

But there is a basic disconnect: How is it that no one seemed to have noticed that line in his signature until now? Or at least didn't notice enough to include in his Wikipedia entry, on his business cards or in media guides.

Larrañaga has a theory: "People didn't recognize [the tilde]."

He points out that signatures are generally hard to read. "So to see a line over the 'n', [people] just thought that was part of the way I signed my name. They didn't know that was actually the correct spelling."

"Mari" or why the tilde matters

Wednesday, January 23rd, 2013. Freshman Mariana Gaviria had been waiting in line outside the Bank United Center for that evening's game against Duke University for about an hour when the commotion started.

The Hurricanes wound up embarrassing the number-one-ranked Blue Devils 90-63. It was the first time in school history that Miami had beaten a top-ranked opponent. The entire sports world was finally forced to take the University of Miami men's basketball team seriously.

But at the moment, tipoff was still about six hours away, and Gaviria, 19, was waiting in line when she heard someone say: "Is that Larrañaga?"

Gaviria saw a group of very tall men piling out of

a parked van - many carrying boxes of Krispy Kreme donuts.

It was a sugary expression of gratitude from Coach Jim Larrañaga and his players.

Larrañaga made a short speech to the students. At a football school, where the basketball team had never reached a national ranking higher than #8 (in 1960), the message was pretty simple: Thank you for waiting in line for a basketball game.

It was the first time Gaviria had seen her school's coach up close and personal. She didn't know about his Cuban grandfather, his Basque name, the tilde in his last name.

Nothing about seeing Larrañaga in person tipped her off.

"He doesn't really look Cuban. It's kind of bad to say," she admitted, "but he doesn't look it."

"He doesn't really look Cuban. It's kind of bad to say," she admitted, "but he doesn't look it."

Gaviria was born in Colombia, where "Mariana" is a fairly common name. Her parents moved to Kendall when she was four years old. Many of her elementary school teachers spoke no Spanish.

In her new home, Gaviria heard all variations of her name. Some people thought it was "Marina" or "Maria." Others would assume the name was actually the American equivalent of her name: "Marianna" (said like Maryann-a as opposed to Mari-AH-nuh).

It felt like a constant reminder that she was different and that Kendall wasn't Colombia.

Gaviria started going by "Mari."

"It upset me as a little kid because it wasn't what normal people would call me in my country," said Gaviria. "I understood why, but as a little kid you want to make it easier on people."

Gaviria, who is majoring in political science and international studies, is now fiercely proud of her Hispanic heritage and her name. When she learned from this reporter about Larrañaga's Cuban background, the nun who couldn't say his name and the tilde in his signature, she was delighted. "Something as small as an 'ñ' can make a big difference," she said.

The squiggly line that Larrañaga is pretty sure people simply didn't notice in his signature means the world to Gaviria.

"Everybody has their own story, especially when you're an immigrant and you go to a different country," said Gaviria. "And when you travel a little north, people have trouble saying the name, they just don't understand--understand the different processes that it takes to make it here. And even just a name can link people that way."

It's All About The ñ

Jim Larrañaga was as shocked as anyone when he got his University of Miami business cards: "Jim Larrañaga."

"I showed my wife. I said, 'hey, look at this. They were able to do it.'"

And then again on ESPN: "That was the first time I'd seen it on TV."

How the tilde showed up again is a bit of a mystery. Larrañaga said he never asked anyone to do it, but he prefers the new, old spelling.

"It's always been there [in the signature]," he said. "That hasn't changed for me since I was a little boy."

And so the variable has been everything around Larrañaga -- a father who Americanized the family, a teacher who mispronounced his name, a part of the country where the line in his signature may have been mistaken for a flourish instead of a sign of Cuban heritage.

Larrañaga's glad to have the tilde back, glad to officially wear his grandfather's heritage on his name. Plus he's hoping it'll clear up one misconception.

"People are not going to say, 'he's Italian.'"

Larrañaga making himself at home in Miami

The Examiner
Kevin Dunleavy
March 9, 2013

As he entered Sports Grill in South Miami with an entourage of assistants, family and friends, Miami coach Jim Larrañaga received a standing ovation. His Hurricanes had just walloped then-No. 1 Duke by 27 points. Like a politician, the 63-year-old coach visited each table, holding court and pressing flesh.

The short trip from BankUnited Center down South Dixie Highway to the popular wings-and-beer joint has become a routine for Larrañaga and his coaches as they make new friends and draw fans to a program that has barely registered in South Florida.

It's the same outreach Larrañaga performed in 14 seasons at George Mason with Brion's Grille as his postgame headquarters. More than any other college program in the Washington area, the Patriots belonged as much to the community as to the school.

Now, 1,050 miles to the south, Larrañaga is lighting up Miami with his optimism, enthusiasm and self-help catechism. On cue, his team has arrived. After never finishing better than fifth in the ACC, Miami (23-6 entering Saturday) is ranked No. 6 and will open the conference tournament as the top seed this week in Greensboro.

"It's been quite a transition," Larrañaga said Friday. "It's 75 today. The sun is shining. It's absolutely beautiful. My wife is going to play golf in an hour and she is loving that."

In a city where the NBA champion Miami Heat overwhelm the sports conversation, the Hurricanes are carving a niche. For the first time ever, Miami sold out consecutive games, and for the first time since joining the ACC in 2004 the Hurricanes will not have the league's lowest attendance.

Students now line up for tickets, camping overnight between palm trees on "Larrañaga's Lawn," some wearing T-shirts

with the coach's face above the slogan "40 Minutes of L." The morning of the Duke game, Larrañaga and wife Liz stopped by Costco, picked 300 Krispy Kreme doughnuts and distributed them to the campers.

"We wanted to create a family atmosphere within the basketball program," Larrañaga said. "We wanted our students to also be part of our family -- to make them feel part of our success."

At Miami, Larrañaga has recreated his success in Fairfax. He's done it in a more competitive basketball conference, in an area less receptive to college basketball and at a school in need of an image makeover. Despite some raised eyebrows when Larrañaga took the job, no one was better suited for it.

"We built a grassroots network of people who support our program," Larrañaga said. "My staff and I have reached out to the local community to try to get young kids to follow our program. We had our first high school basketball game in the BankUnited Center. Those are the kind of people that want to become season ticket holders and fans."

As coach at Bowling Green from 1986 to 1997, Larrañaga saw how families involved in the basketball programs of his two sons were drawn to Falcons games. These days, Larrañaga goes to extremes to ensure his summer basketball camps are attractive to local youths. His players serve as instructors and role models in the summer, then as drawing cards in the winter. After games, children are invited to a designated area of the locker room for posters, photo opportunities and autographs.

To energize students, the Hurricanes conduct "dorm storms," with Larrañaga beckoning students to come outside and accept posters and T-shirts. It's reminiscent of his early days at George Mason when Larrañaga conducted karaoke nights.

The Canes are not only attracting families and students. The glamour set has taken note. Rapper Flo Rida and WWE star The

Big Show have checked into BankUnited. After a Heat game in which All-Star Dwyane Wade threw a pass off the backboard to feed a teammate for a flashy fast-break dunk, he told reporters he was inspired by Hurricanes sophomore Shane Larkin, who did the same at a game Wade and LeBron James had attended.

Many of the school's illustrious football icons are showing up. At the Duke game, NFL Hall of Famer Warren Sapp was seated near the Miami bench and when the rout was assured, he urged Larkin to slap the floor, Duke-style, before a defensive possession. When all five players complied, Sapp and those nearby had a hearty laugh and an amusing snippet with which to remember a transformational night.

Later in the evening, the revelry was transported to Sports Grill where Larrañaga got down to business.

"He's the best at going to every table and saying hello," assistant Eric Konkol said. "Now people count on us being there, talking about the game."

Longwood head coach Mike Gillian, who served under Larrañaga at Bowling Green and George Mason, says his promotional efforts are as detail-oriented as his game plans.

"In college sports, a big portion of what you do is community, fans, media. Jim understands that better than anyone," Gillian said. "Trust me. It's on a list. It's planned out. It's organized."

Given his deep roots in the community, Larrañaga's departure from George Mason was anything but a routine step up the coaching ladder. After leading the Patriots to the Final Four in 2006, he had fended off offers from big-conference schools and appeared settled in Fairfax. Moving to another job and doing it his way would be a massive undertaking.

But Larrañaga has pulled it off, turning another dormant community on to college basketball.

Larrañaga gets support from brother on Suncoast

ABC 7

Don Brennan

April 3, 2013

MANATEE COUNTY - The Final Four is set, and the University of Miami is not in it. But under head coach Jim Larrañaga, the Hurricanes won 29 games in their best season ever. And here on the Suncoast, his biggest supporters had a front row seat.

"If I go down there, I want to spend time with Jim. He's my brother before he's a coach, and so if I can't spend time with him, I have a better seat here, looking at a 52" TV," says John Larrañaga.

He and Jeannie are almost always camped out to watch the 'Canes games. They are always in the same spot, but not always in the same seat for each game. "I sit here, and Jeannie sits here, or vice versa. Souffle is in the middle between us."

The Larrañagas are a close family, and older brother John has watched Jim on the court from the time he was a child, through high school at Archbishop Molloy, through college at Providence, and now up to this 'Canes successful season. "Really exciting; I mean it gives me chills all the time. When he was growing up and played ball in high school, I saw virtually every game he played."

This season, the 'Canes beat a #1 ranked team for the first time ever, they went 29-7 overall, reached the Sweet Sixteen, and won the ACC. "Jim instilled man-to-man, not zone. He instilled defense; keep the other team scoring at 60 points or less. And it became a winning formula. He knows exactly what he wants, and he gets that from our father."

As the younger brother coaches, the two older brothers sit, watch, and dissect.

"We got on the bus to go to the game. He turned around to say to Bob and I: 'I don't want you guys coaching me. You just watch, I'll do the coaching.' I said to Bob, okay we got the message."

Jim Larrañaga has a place near his brother in Lakewood Ranch, but he only gets up here a few times a year.

"We're really proud of him. Win or lose... he's always our brother. We are very proud that he has accomplished what he accomplished."

Feel the Love

Sports on Earth
Chuck CluPPER
March 28, 2013

AUSTIN, Texas -- Twenty-five years in the wacko practice of seeking quotations from athletes at their lockers, and somehow I happened upon my all-time favorite team when I wasn't looking.

It's not my alma mater. It's not a team from a place I have resided (although I wish I had). It's in either my fourth- or fifth-favorite sport to cover, depending on which week you ask. It's unforeseen, objective love, and it hit fast and hard with one night in Miami and February and four hours of access sprinkled across an Austin weekend.

I've seen umpteen teams with camaraderie, collaboration, cohesion, chemistry, heard untold "we-are-a-family" testimonies. Hell, I just got finished swooning three weeks ago as the Washington Nationals extolled their esprit de corps. But this finds a fresh level. In all my quote-scribbling years, I just never heard quotations quite like these.

Come to the Miami Hurricanes' basketball locker room. Feel the love.

Twenty-three-year-old senior big man Julian Gamble: "We love each other so much and that extends so far beyond basketball that it's really hard to put into words."

Twenty-two-year-old senior guard Trey McKinney Jones: "I can honestly say it's something like I've never experienced before. It's relationships we're going to have for the rest of our lives, and we understand that."

Twenty-three-year-old senior big-big man Reggie Johnson: "Now, from the standpoint of people saying, 'College is the best years of your life,' now I really understand what that means."

Twenty-one-year-old junior guard Rion Brown: "Man, this is the funnest thing I've ever been part of in my life."

They're uncommonly engaging. They're unusually aware. They're unquestionably ambassadors. They're bonded in a way you can feel in the air at a level previously unfelt even in all the years. They might remind you why you ever liked sports.

When the starting five goes out for a tense second half against Illinois, somebody says something and they break into a laugh. When they have an on-court issue with each other, they tend to gather in a circle and say it like gentlemen, inaudible to opponents. Nobody feels insulted. When they have an off-court time and they go to wherever teams go after practices or games, they go together. "This morning, everybody just went to Kenny's room," Johnson said last Saturday, referring to the Cameroonian senior big man Kenny Kadji. "He put a beat on. Everyone was just freestyling."

He added: "There's no one who veers off. No one. Not one person. This team has no cliques. It's not Trey and me over here, this other clique over there ..."

They dance as a team, and sometimes 63-year-old head coach Jim Larrañaga dances in front of them, and when that happened after the second-round win over Illinois, their essence seemed to gush right out of the video snippet.

If they lose and this ends, they're going to feel sadness. If they win four more games and this ends, they're going to feel sadness. They want to win to advance, but not as much as they want to win to sustain this time.

Maybe it's simple. Maybe it's bracing because in college basketball anymore, some players stop by for such a short time that entire teams don't get this much time to grow acquainted. "I really think it's having six seniors," Larrañaga said. It also could be having six seniors plus a roster full of guys who weren't humongous recruits jaded with the humongous-recruit process. It also could be having six seniors plus their various travails with injuries such that Larrañaga lists them and says, "That's a lot of knees."

It also could be having six seniors plus a sophomore point guard who fits so agreeably into his gathering stardom.

View the general conditions of Shane Larkin's upbringing, and the forecast might call for entitlement: son of a famous athlete, lucky childhood, days at baseball spring training chasing balls and taking batting practice from stars, nickname ("SugaShane") bestowed by one Deion Sanders, even a story in which a Little League coach opined that whoever had taught Larkin to

hit knew nothing about hitting, when that teacher happened to be Pete Rose.

That forecast, like many, would be wrong. Even as the son of the retired Cincinnati Reds' 12-time All-Star shortstop Barry Larkin came to be the kind of athlete who can make you gasp, who adored being chased at football until he broke his ankle at 14, and even as Larrañaga insists Shane could go right across to big-time baseball -- "tremendous lateral quickness," "tremendous anticipation," "great hand-to-eye coordination," "great speed" -- Shane also brought along his gracious father's tutelage.

"He was always, like, cool," Shane Larkin said of Barry Larkin. "He never showed out. He was a humble guy." The son reels off the advice, for dealing with media and teammates and sports: "'Be friendly. Don't get on anybody's bad side. Always be willing to talk. Don't make predictions. Don't be a bad guy. Be humble.'" And: "'Have fun. Don't put too much pressure on yourself. There's always going to be another game, going to be another season, the next play.'"

"No one was hating on him or not liking him or not trying to accept him," Johnson said. "The first year, we tried to get him to be more vocal, but he didn't want to step on any toes." He played behind former All-ACC point guard Malcolm Grant; he didn't start until late January 2012. "He was the same player last year," Johnson kept going, "and he was just falling back and not trying to step on toes. The fact [is] he didn't come in trying to say, 'I'm the big point guard here.'"

"I'm his big brother," Johnson said. "Most teams don't really have that. This is the first year Miami really has that."

Miami has something else, for sure. My objectively favorite team has something alluring. It's something that makes you picture these guys as older men, maybe at weddings, maybe in their forties, maybe in their fifties, still in each other's lives, still getting together, still talking about 2013, still sitting at tables you'd feel lucky to join.

Bronx-born Larrañaga has Miami flying high

New York Post
Steve Serby
March 27, 2013

On The bus that was about to take him from Coral Gables to the airport for the flight to Washington and a Sweet 16 showdown with Marquette and maybe beyond, Miami coach Jim Larrañaga wasn't only taking a fun bunch of driven college basketball players with him, he was taking the voice of the late Jack Curran, too, a legendary New York voice he will never stop hearing.

"The last time I spoke to him about the team was after the Duke game, I called him, we lost by three points at Duke," Larrañaga said. "He said, 'Larry, you didn't play any defense.' I said, 'Mr. Curran, Duke's pretty good.' He said, 'Didn't you tell your players [Ryan] Kelly can shoot? I was yelling at the TV, 'Kelly can shoot!' Kelly was killing you.' It was a great conversation. He had me laughing the whole time."

WELCOME BACK:

Miami coach Jim Larrañaga returns this week to Washington, where he orchestrated one of the most memorable Cinderella runs in NCAA Tournament history in 2007, leading George Mason to the Final Four. Larrañaga is New York all the way, from 1501 Metropolitan Ave. in the Parkchester section of The Bronx, living out his dream of doing for others in basketball what Curran had done for him, all the way back to Archbishop Molloy High School. Seven years ago, Curran beamed with pride as Larrañaga wrote his Cinderella story, taking George Mason to the Final Four in 2006. "He would say, 'You guys are pretty smart,'" Larrañaga recalled. "'I like smart teams. Smart teams can win.'"

Curran liked this Miami team, too. "He would love the competitiveness of our guards and he liked the size and versatility of our team," Larrañaga said.

Larrañaga likes his team plenty, likes how it has overcome injuries and adversity.

"Life is 10 percent what happens to you," he tells you, "and 90 percent how you handle it."

So you ask him: Could this be a Team of Destiny?

"William Jennings Bryan says, 'Destiny is not a matter of chance. It's a matter of choice.' It's not something you wait to have happen. It's something you go out and earn."

They've earned this right to a magical journey and laughed every step of the way. I asked Larrañaga what his wife thought about his Ali Shuffle in the locker room after the 'Canes had survived Illinois.

"My wife watched it repeatedly," he said. "She absolutely loved the players' reaction. She said, 'They're jumping for joy. That's what it's all about.'"

The funniest thing he heard about it came from a grad assistant named Chris Alvarez, who asked Larrañaga: "Coach, did you know it went viral?"

"I said, 'What the hell does that mean?'" Larrañaga said.

"It's all over the Internet," he was told.

"I said, 'You're kidding,'" Larrañaga said. "If you can't find anything more entertaining than me doing the Ali Shuffle..."

Larrañaga, 63 years young, is as fierce a competitor now as he was back in the East Quadrant, where the best basketball could be found, where the opposition could have been Dean Meminger or John Roche or Dave Wohl or Gary Brokaw.

"Parkchester was divided into four quadrants — North, South, East and West," Larrañaga said. "Each one had its own park."

He looks for every edge, whether it be through statistical analysis or seeking advice three times a week from renowned sports psychologist Dr. Bob Rotella. Every

day brings a quote of the day the players have to memorize. What was yesterday's quote of the day?

"Defend the drive, block them out, rebound," Larrañaga said.

Asked why, he said, "Marquette is the No. 1 offensive rebounding team in the Big East."

These are heady times in Miami with the Heat and the Hurricanes. Larrañaga talked about getting texts from Pat Riley and Erik Spoelstra and a tweet from LeBron James after beating Illinois. And Larrañaga reflected back on a talk Chris Bosh gave the 'Canes two summers ago right after Larrañaga took over. Bosh had been working out with some of the team and told Larrañaga: "I'd never get a good workout when we scrimmaged."

So Bosh became the only person outside the program asked by Larrañaga to speak to the team. "He gave the best five-minute, 10-minute talk I ever heard," Larrañaga said. "He talked about how badly he wanted to win a championship, and the regrets he had playing the way he played in the sixth game against Dallas. He wasn't gonna let that happen again. He let it be known to these guys if they want their dreams to come true, they better start working a lot harder."

Larrañaga and his team have made school history and now they are shooting for more. Shooting for the Final Four.

Said Larrañaga, "It would be the culmination of a tremendous amount of hard work, coming together and creating memories that last a lifetime."

Jack Curran would be so proud.

Larrañaga delivering

Toledo Blade
Dave Hackenberg
Feb. 13, 2013

Serving on the staff of the Michael Jordan Fantasy Camp in Las Vegas was a tough ticket. It helped if you coached in the NBA or were in the Basketball Hall of Fame. Then there was the case of Jim Larrañaga and some others who had coached in an NCAA Final Four.

He made that magical trip, a mid-major miracle of sorts, with George Mason University at the end of the 2005-06 season and found himself coaching at Jordan's camp the following summer.

There, he met two Miami businessmen, Jose and Jorge Mas, well-known Cuban-Americans in south Florida. They became friends, especially after learning the ties went even deeper.

You might not guess it from his last name or his Bronx birthplace or his New York City/Eastern seaboard accent, but Larrañaga's paternal grandfather was Cuban and immigrated to Key West in the early 1900s. The coach's father was raised there.

So when the University of Miami coaching job opened in April of 2011, Larrañaga knew what phone numbers to dial. It became a hurry-up process. The George Mason coach was traveling and didn't have a resume at hand. So he cut-and-pasted his Wikipedia page and forwarded it to the selection committee. To make a long story short, including a hearty recommendation from Boston Celtics coach Doc Rivers, he got the job.

Before becoming head coach at Bowling Green State University in 1986, Larrañaga had been an assistant under Terry Holland at Virginia for seven seasons. In four of those years the Cavaliers had, at one time or another, been ranked No. 1 in the country, and twice they went to the Final Four.

From the day he left he had one burning desire — to return to the Atlantic Coast

Conference as a head coach. A quarter of a century later, he owned 470 collegiate victories, had led George Mason to five NCAA tournaments, and in that regard was a hot prospect. He also had celebrated 61 birthdays and in that regard he was not.

For various reasons — storm clouds of an NCAA investigation that would envelop the entire Miami athletic department were brewing, minimal interest in a basketball program that had never been competitive in the ACC — big names weren't exactly lining up for the job. After Coach L used his connections to crack the door, he blew 'em away with an energetic interview. As the school's new athletic director said at the time, age went out the window. He couldn't imagine not hiring Larrañaga.

Today, the Miami Hurricanes will play at rival Florida State as the No. 3 ranked team in the nation. They are 19-3, 10-0 in the ACC, and have made a wild, almost unprecedented climb the last five weeks going from unranked to No. 25 to No. 14 to No. 8 to No. 3. Their power ranking, strength of schedule and RPI are off the charts. Once a ghost town at a football school in a pro-sports town, fans now line up for tickets at the beautiful but fairly small (7,972 seats) BankUnited Center on the campus in Coral Gables. The NCAA tournament is a foregone conclusion; the discussion now is over a No. 1 seed.

Larrañaga said Tuesday he is not the least bit surprised; if not for injuries and suspensions he felt as if last season's team, his first at Miami that won 20 games and posted a first-ever winning record in ACC play, might have done the same.

"It's been great," he said via telephone. "When I took the job people said, 'You're never going to draw fans; you'll never create any interest in the program.' They told me the same thing at Bowling Green and George Mason. By the end, we were packing the place at both schools. This past Saturday, our North Carolina game (a blowout 87-61 win), we had LeBron and

Dwyane Wade sitting courtside. I think people noticed that. I know recruits noticed. I think the nation is noticing now."

When the Miami job opened, coupled with coaching changes at other ACC schools, Larrañaga said he saw a league in transition with Miami sporting a veteran team while sitting in the midst of a fertile recruiting area.

"It's the ACC, the best basketball league in the country, and I saw an opportunity to succeed," he said. "The first meeting I had with players at George Mason in April of '97, I asked them who had the best programs, the role models. The first two places mentioned were Duke and North Carolina. And I tried to build the program at Mason in their image, that ACC image. I loved every minute of my 14 years there, but when [the Miami] opportunity came up I very much wanted to achieve this goal.

"I envisioned success."

Larrañaga has always had a vision, even if it wasn't clear to others. Maybe never fully appreciated at BG — he is the second winningest coach all-time at 170-144 while operating in an antiquated Anderson Arena, but never took the Falcons to the NAAs — many were surprised when he made what appeared to be a lateral mid-major move.

At George Mason Larrañaga saw a modern, 9,500-seat arena and a chance to make an impact at a school where no resources were siphoned off by football or hockey. Fans saw a lateral move to a fairly anonymous school in a similar, maybe then slightly better league; he saw potentially another Gonzaga or Butler. And, for the most part, he delivered.

Now, Larrañaga's latest vision is coming into focus. And he is delivering big again, finally back home, in the ACC and south Florida.

Larrañaga lands in dream job with Miami Hurricanes

Miami Herald

Greg Cote

Feb. 5, 2013

The University of Miami men's basketball team climbed as high as it ever has Monday — to a No. 8 national ranking in The Associated Press poll — and the man who made that magic ladder appear, Jim Larrañaga, had just heard the news when we spoke.

"It feels great. I'm excited," the coach said. "It represents a major step forward."

I asked Larrañaga if he planned to break the news to his team. He smiled.

"Those guys know everything before I do," he said. "By now someone has texted it, tweeted it, Facebooked it or instant messaged it."

Nothing stays a secret for long anymore, and so these Hurricanes haven't.

Less than a month ago they were off the national grid, and barely making South Florida pay attention. Now they are one of the sweet stories in all of college basketball, rocketing up in the polls from nowhere to 25th to 14th to eighth in three heady weeks.

A signature 90-63 pasting of No. 1 Duke on Jan. 23 in Coral Gables made America take notice. Reggie Johnson's miracle last-second tip-in to win at No. 19 North Carolina State on Saturday made you wonder if this team wasn't charmed.

Football is done now. You ready to pay attention to something besides the Heat?

This is your team. This is the time.

Larrañaga's guys have won nine in a row entering Tuesday night's home game vs. Boston College. They are 17-3. They are 8-0 in the mighty Atlantic Coast Conference — the first ACC team other than Duke or North Carolina to do that since 1981.

The only other time the UM men ranked No. 8 was in March 1960, even before Rick Barry arrived. The Canes have never finished a season ranked higher than 10th.

This year, though, you get the idea anything is possible. You get the feeling March Madness

will very much include this team as a major player.

A couple of weeks ago there was speculation about this being a Sweet 16 team. Then came the stunning whipping of Duke. Then came the top 10. Now if you're talking Sweet 16 you seem to under-selling UM's potential.

Elite Eight, anyone? Final Four, even?

This is Larrañaga's problem at the moment. Well, his challenge, at least. The excitement of possibility nourishing this program is all good, but it also raises the stakes on the coach making sure his players keep their focus.

"Our point of view is to get ready for Boston College," he said Monday. "At any time, circumstances can change. We are not looking two weeks or a month down the road. The only thing [being ranked No. 8] does is fire up your opponent. The whole reason we are enjoying success is that we have prepared one day at a time. We do not get too full of ourselves just because somebody else has decided we're good."

The even keel is easier because five of UM's top six scorers are seniors — Johnson, Durand Scott, Kenny Kadji, Trey McKinney Jones and Julian Gamble — itself unusual (and pleasantly so) in the one-and-done NCAA.

That is also why this season figures to be Miami's best opportunity, although Larrañaga, 63, in his second season here, has earned the faith that he can recruit and win with his own guys, not just with the talent inherited.

This coach took a long time to get to his dream job, but he has arrived at it.

He is best known for coaching mid-major George Mason to the Final Four in 2006, but that was just part of the climb.

"I'm very goal-oriented. I was an assistant in the ACC at Virginia [1979-86], and when I left I wrote down that one of my goals was to become a head coach in the ACC," Larrañaga said. "So when the Miami job opened up I was very interested."

He did his research. He always loved the talent pool in Florida, and he found more than half the teams in the ACC had changed coaches

recently.

"I saw a league going through a transition period," he said. "If we were able to recruit well, we could do some damage in this conference. It seemed like an opportunity to come in and succeed very quickly."

Larrañaga had a very small inner circle of family and friends he consulted about the Miami job: his wife, two adult sons, Celtics coach Doc Rivers and sports psychologist Bob Rottella.

The conduit for Larrañaga coming here was Jose Mas, whom he had met while coaching at a Michael Jordan fantasy camp. Mas, the son of Jorge Mas Canosa, the former Miami business leader and Cuban exile fixture, called Larrañaga and invited him to forward his résumé to UM.

Larrañaga was traveling and had no access to his résumé so, at a son's suggestion, he copy-and-pasted his Wikipedia page and sent it to UM. An interview was set up. His hiring didn't take long thereafter.

(Speaking of Mas Canosa, it happens that Larrañaga is part Cuban. His father's father was Cuban, emigrating to Key West in the early 1900s.)

Larrañaga knew he was coming here to not just coach a team, but to grow a program in a city that hardly is a college hoops hotbed.

"I want everyone in this community to be dying to get a ticket to watch us play," he said. "At Bowling Green and George Mason everybody also told me we couldn't draw, but by the time I left the place was packed every night."

Coaching in the ACC had been Larrañaga's "ultimate goal to really test yourself." Now he is finding out the league isn't too big for him. He's big enough for the league.

I asked him if the satisfaction he feels is different now.

"Don't know yet. We are still in the process of competing," he said. Then he added something that should make Canes fans smile as much as that No. 8 ranking: "My career here at Miami has really just begun."

Larrañaga, Meier tour campus to rally support

CaneSport.com

Feb. 13, 2012

David Furones

Both the men's and women's basketball programs are hot right now. The women are No. 6 in the nation and have won 11 straight while the men are winners are five of their last six and are currently listed in Joe Lunardi's "last four in" to make the tournament. But neither team can seem to get warm bodies in the seats, especially in the student section.

On Monday night coaches Jim Larrañaga and Katie Meier, along with cheerleaders, Sebastian the Ibis and players from both teams, traveled to four different on-campus housing facilities meeting students and rallying support from the UM student body as part of the Buffalo Wild Wings Coaches Campus Tour.

The team's goal: get students to come out to men's home games Wednesday against No. 8 North Carolina and Saturday versus Wake Forest and the women's game against FSU Sunday.

"We're in the final push here and we just want to get the students out," Meier said. "When they do come, it makes a huge difference."

Members of the teams got on the residence halls' PA systems and called students out of their dorms and down to the lobbies to treat them to wings and pizza while pumping up the fans with a megaphone. They handed out towels and shirts to students who correctly answered trivia questions.

Larrañaga, who dropped by a flag football practice on the intramural fields to rally support, says this is an important event because it builds a bond between the team and the students.

"Students might watch a game on TV, but won't go across campus because they don't know the players that well," Larrañaga said. "Our players are out here trying to talk to the students, get to know them and encourage them to come out and cheer them on."

Larrañaga wants the students to feel as if they're part of the team.

"The most fun you have in college is being a part of something," says Larrañaga. "And if you can be part of a winning program, a team that makes the NCAA Tournament, creates some national news- that's the best, not only for the players and coaches but for the students as well."

Senior guard Malcolm Grant, who busted out the pom-poms to lead cheers at Hecht Residential College, agrees.

"When they come out and they see the players in their dorm and they're trying to get them to come to the game, it makes them feel like they're wanted and that's the whole idea," Grant said. "We want them to come out, we want them to feel the support and understand that we need them to win."

Meier says building relationships with students is critical for support in the long run.

"You can invite a thousand strangers to a game, and they come one time and they don't understand why they're there," Meier said. "Or you can get the students to get real involved, build relationships with them and see the growth of the team."

So, after storming the campus dorms, what kind of a crowd does the men's team expect for the home game against UNC?

"I'm hoping for a big crowd, the biggest

crowd I've ever seen since I've been here," Grant says. "Usually it's always a good crowd when we play [North Carolina], but I want to see it packed, like every seat I want to see somebody in it cheering, going crazy."

Shenise Johnson, who leads a women's team that has won 38 consecutive home games, talked about how helpful it can be to have a hostile environment behind the team.

"It gives us that sixth man, that person off the bench," Johnson said. "It gets us excited and makes us play a lot harder when we have our peers supporting us."

Larrañaga says he will coach until at least 2019

Sun Sentinel
Jan. 27, 2012
Steve Gorten

CORAL GABLES – Miami men's basketball coach Jim Larrañaga will be 69 years old when his new three-year contract extension, signed Wednesday and announced today, expires on April 30, 2019.

Will he still be coaching then?

"You know, I talked to my son Jay last night and that question kind of was posed in the opposite," Larrañaga recounted. "Jay basically said, 'You're a lifer. You're going to coach until the day you die.'

"That's just what I love to do. So I expect to coach at least that long [2019], if not longer."

At least that long?

"It just proves how much he loves the game and how much passion he has, how much he wants this school to become a great school," freshman point guard Shane Larkin said with a smile. "I know Coach is very passionate, so I think he'll definitely finish the deal, and if he can, he'll sign another extension after that."

Larrañaga joked that his wife, Liz, tells him "I don't do anything else but coach," adding he tries to coach her on driving while she's behind the wheel and on the golf course, even though he knows "nothing about golf."

"[Coaching] has been in my blood for a very long time, and I'll expect I'll be doing it as long as I can," Larrañaga added.

This is, after all, a man who sees his mentor and former high school coach, Jack Curran, still coaching basketball and baseball at 80 years old at Archbishop Molloy

in Queens, N.Y.

The average age of NCAA men's basketball coaches in 2010-11 was 49.65 years old.

The oldest active NCAA men's basketball coach is Jackson State's Tevester Anderson, who'll turn 75 on Feb. 26. The next oldest, Miami (Ohio) coach Charlie Coles, will turn 70 on Feb. 6. Connecticut's John Calhoun will also turn 70 in May. San Diego State's Steve Fisher will be 67 in March, the same age as Syracuse's Jim Boeheim. Florida Atlantic's Mike Jarvis will turn 67 in April.

So Larrañaga finishing his new contract is quite possible. If he does stay at Miami through the 2018-19 season — there's no reason to believe he'll leave, considering his affinity for the ACC and ties in Florida — and doesn't retire, he will not only turn the Hurricanes into a consistent winner, but more importantly an established program a high-profile coach would want to take over.

He knows the game as well as anyone, and he teaches it as well as anyone, which means players will develop — something that too often hasn't been the case here.

Now, it will take time. This isn't a one-year or two-year project, but rather a "long-term project," Larrañaga acknowledged today, adding, "We want to build correctly."

It's hard to have patience if you're a 'Canes fan, considering that was the mantra during Frank Haith's tenure the past seven seasons and the 'Canes made the NCAA Tournament just once — 2007-08.

Unfortunately, it's necessary.

"We want to help develop a brand that the community wants to follow," Larrañaga

said. "People tend to follow winners and we want to build a winning program that people will be excited about. It doesn't happen overnight, but we did it at two other institutions.

UM athletic director Shawn Eichorst made a good move offering Larrañaga an extension and making a commitment to him.

The timing might seem peculiar, considering the 'Canes are just 11-7, 2-3 in the ACC in Larrañaga's first season, but with the injuries and off-field issues he's encountered, he's done an admirable job. And there are signs this team will continue to improve.

When Larrañaga was hired in April, I figured he would need five years to establish this program. Now he has eight years to work with. Retirement? It just got pushed back.

Even without rhythm, Larrañaga in tune with his players

Sun-Sentinel
January 6, 2012
by: Steve Gorten

The man lacks rhythm.

You might expect that from the 62-year-old, gray-haired New Yorker, who's unfamiliar with just about all of the hip-hop songs his players choose to play in the locker room before games.

Miami Hurricanes coach Jim Larrañaga sure tries, though.

"We're all sitting there and listening to the song, and out of nowhere, he'll just start clapping," forward DeQuan Jones said, grinning. "It's so off-beat to the point where we're just looking around, like..."

"Coach L is a funny guy," center Reggie Johnson said. "That right there lightens the mood."

Added Johnson, "I don't think he knows that he's totally off-beat, but I'll tell him one day."

Players laugh at Larrañaga's lack of rhythm, but are impressed by his effort. It was at George Mason that he started the tradition of having players pick one song to play in the locker room before each game.

"He says music is one of the great motivators," guard Shane Larkin said. "If you play an upbeat song, it can really get you going."

Just as he did in 14 seasons at George Mason, Larrañaga has found a way to relate to his new players.

He has amused them by his quirkiness, endeared himself to them with an act of compassion and intrigued them with his immense desire to teach all things basketball and life with a creative touch.

"I compare him to Phil Jackson," forward Kenny Kadji said of Larrañaga's approach.

"And even on the court, the way he handles himself on the bench," Kadji added. "He never yells. It's like he knows how the game's going to go before the game is even played. He has a lot of knowledge."

Like the Zen Master, Larrañaga is a philosopher. He quotes Confucius and Aristotle, and has used some of what he has learned in his coaching. During one of his first team meetings at UM, he shared a

section from Malcolm Gladwell's book "Outliers."

"He does a lot of teaching," Johnson said. "We have meetings about personnel, and the next thing he's talking about bankruptcy or something like that."

When Miami traveled to play Charlotte [N.C.] last month, Larrañaga took the team to tour Red Ventures, a highly successful marketing services company.

The day after the Hurricanes played at Memphis in early December — on the way to the airport to fly to their next game at Purdue — he took the team to the Lorraine Motel, the historic site where Dr. Martin Luther King Jr. was assassinated in 1968.

Larrañaga has done most of his teaching at UM on the court. He always posts a "Thought of the Day," something he also did at George Mason, on a board in the locker room before practice.

The first one of this season: "Begin with the end in mind."

When the team gathers in a circle on the court, Larrañaga will ask a random player what the quote of the day was. If you don't remember it, you must run sprints.

The same goes for if you curse during practice. Larrañaga doesn't allow it. It's something he says he picked up from his mentor and high school coach at Archbishop (N.Y.) Molloy — Jack Curran.

Larrañaga will stop practice frequently to make a teaching point, something that wasn't the case as much under former coach Frank Haith the past seven seasons.

"Coach Haith would stop things, but I think Coach Haith, he had so much confidence in us that sometimes we'd make a mistake and he would let it go by because he knew we'd make up for it," guard Malcolm Grant said.

"But Coach L, he stops every little thing and he harps on it. He's been to the Final Four, he's been to the tournament almost every year, so he knows what it takes. I think he's trying to ingrain that into us."

"There's always a lot of teaching. The question is: is there a lot of learning?" Larrañaga quipped.

"My high school coach taught from the very first day of practice to the very last day of practice. We never stopped learn-

ing. He told me, 'If you ever stop trying to improve as a coach, you might as well quit.'"

Jones says players took to Larrañaga quickly, noting, "we did our research and his track record speaks for itself. He's a winner."

Added Jones, "It's easy to buy into someone who has a history of winning and being successful. Once we started practicing and he started showing us a lot of different things, it was, like, 'OK, this is our guy right here.'"

It took Johnson perhaps the longest to make the transition from Haith to Larrañaga. Johnson didn't attend Larrañaga's first meeting with UM players — he was home in Winston-Salem, N.C. for spring break. Larrañaga flew up there to meet with him personally.

"It took me a while honestly," Johnson said, noting Haith gave him a chance out of high school when other coaches didn't want to because of his weight issues. "So I was real close to him. It kind of hurt. I still miss him to this day, but Coach L is probably the best thing for us as a program right now."

Johnson, like his teammates, was especially touched by Larrañaga's decision to attend the funeral of Grant's older brother in New York the day before UM played Appalachian State at home Dec. 30. Larrañaga missed a practice for the first time in eight years to do so.

Grant said Larrañaga kept calling to check up on him and wanted to know when and where the funeral would be.

"Just him coming up shows the type of person he is — true class act," Grant said. "My whole family really appreciated it. ... You're at a funeral home, a sad time, and I look over and see my coach. It brightened me up a little bit just to see him there."

Sometimes, just making an effort can leave an impression. And if it makes your players laugh, even better.

Miami Hurricanes' Larrañaga a master motivator

Miami Herald

Nov. 7, 2011

By Michelle Kaufman

Jim Larrañaga is a Bronx guy who loves to talk, and the new University of Miami men's basketball coach has a treasure trove of stories after 40 years in the business.

There's the one about coaching his Archbishop Molloy freshman team to the city championship when he was 14. There's the one about giving each George Mason player a butterfly in a box and releasing them together as a symbol of their common journey. And, there's the legendary tale about helping former assistant Stan Heath get a job at Michigan State.

"Tom Izzo told me he had two candidates in mind and Stan was not one of them," Larrañaga recalled. "I told Stan he had to capture Tom's attention. I told him to get a mannequin and break off the right arm. Then get a long stem red rose box. Put the right arm in the box and FedEx it to him with a note — 'Coach Izzo I'd give my right arm to be on your staff and if you hire me I will help you win a national championship. It worked.'"

Coach L, as Larrañaga likes to be called, is a quirky guy constantly seeking new ways to motivate his teams. He begins every practice with a Thought of the Day, and quotes everyone from John Wooden to the Dalai Lama to Ralph Waldo Emerson.

He recently preached "One band, one sound," to his UM players, a concept from the movie, *Drumline*. And he loves to impart pearls of wisdom from Stephen Covey's *7 Habits of Highly Effective People*.

Number cruncher

But his favorite thing to talk about is the subtle complexity of the game of basket-

ball. He has dissected it like a Wall Street analyst does the stock market, and compiled hundreds of pages of notes and formulas along the way. He majored in math and economics at Providence, and remains a number cruncher. His staff keeps detailed stats at every practice, and posts them for players to examine.

He insists players focus on points per possession, not just points. If you scored 20, but took 25 shots, that's not a good game. He wants them to "select" shots instead of "take" shots, based on their tendencies and those of their teammates. He recently chided a player in practice who was taking a lot of 3-point shots despite not being a particularly good long-range shooter. Asked why he was taking them, the player replied: "Because I was open," to which Coach L answered: "What good is it if you're open if you miss 8-of-10 from that spot?"

When a player turns the ball over during a scrimmage, his team loses a point. Every rebound in practice is tallied. The top rebounder at each position is excused from running or weight training that day, so the battles have become fierce.

"Those numbers are a reflection of something and I want them to be aware how they impact performance," said Larrañaga, 62, who led George Mason to the Final Four in 2006. "It's very different from what they're used to, but they seem intrigued by it. During practices now, they are constantly calling over the statistician. What your mind dwells upon, your body acts upon. We need their minds focused on the right things.

"Most kids, they're focused on 'How many shots am I getting? How many points am I scoring?' If you ask them the most important thing, they'll say winning, but they're not focusing on the things it takes to win."

He is particularly concerned with UM's alarming turnover rate. The Hurricanes, who won 21 games but finished ninth in the ACC last season, ranked 205th out of 336 Division I teams in turnovers. His George Mason team ranked No. 22. UM ranked 271st in assists per game, so the assist/turnover ratio ranked 248th.

Game technician

Larrañaga said UM players were in too much of a hurry to make fancy passes and shots rather than slowing down, thinking, and making smarter, more high-percentage plays. He blames the AAU culture, where young players are thinking of "entertainment value" and "dunking on SportsCenter" rather than fundamental basketball. He is trying to bring back the basics.

"I've had three coaching staffs, and this is definitely the most challenging," said UM center Kenny Kadji, who transferred from the University of Florida. "He's a master of the game and wants you to think about every part, every position. He slows it down for you so you can understand it. I've learned more in a few months with him than my first three years in college."

Added guard Malcolm Grant: "He definitely makes us look at the game in a different way, and he took a mid-major to the Final Four, so we'd be fools not to listen to him. His resume speaks for itself."

After resurrecting GMU, Larrañaga faces new challenges

Washington Post
October 10, 2011
By Amy Shipley

Coral Gables, Fla. — Jim Larrañaga took three out-of-state recruiting trips — one overseas — two weeks ago, leaving himself with a jammed calendar on his lone weekday in town. Hours after returning on a midnight flight, he showed up at the University of Miami's basketball offices in an orange and green polo shirt facing no fewer than five formal meetings, a host of informal ones, a luncheon and a tryout for prospective walk-ons.

Larrañaga mastered the art of managing the round-the-clock bustle of college basketball as he resurrected George Mason from non-competitive commuter school to a perennial overachiever, but the race he's gotten himself into in Miami is both fast and, Larrañaga admitted, complicated. Since Larrañaga agreed on April 21 to leave George Mason and take over as the Hurricanes' coach, he has faced challenges he expected, and many he didn't.

"I would have loved for it to have been smoother, for the circumstances to have been a little more comfortable for me and my family," Larrañaga said from behind the desk in his new office, whose shelves and coffee table are bedecked with a host of photos from his days at George Mason. "It got more complicated than I would have liked."

What was complicated? Better question: What wasn't? Nothing about his departure from Fairfax, or arrival in Miami, went smoothly. Five months after he agreed to lead the Hurricanes, the NCAA's investigation of allegations that a jailed former booster gave improper benefits to football players and coaches at Miami — and to current basketball reserve player DeQuan Jones — became public. Larrañaga, who had known nothing about the probe when he accepted the job, found the task of competing with the ACC's powerhouse schools for recruits more trying than he imagined.

"For the players, it's business as usual," Larrañaga said. "For the coaching staff and I, it's a little more complicated. I get questions all the time, and quite frankly, I just don't have any answers now. It's definitely impacted our recruiting. . . . Are some students eliminating us because of concerns? The answer to that is yes. But we then just have to beat the bushes harder."

"It certainly complicates my job. It wasn't what I was anticipating, but I can't look in the rearview mirror. I have to look straight ahead. The best way is to continue in the direction I planned on going."

Other setbacks came on the court: losing star center Reggie Johnson to a knee injury in June that will keep him out until December or January, and for-

ward-center Julian Gamble for the year because of a torn anterior cruciate ligament. Larrañaga said he has tried to respond by leaning on sound work habits honed over 27 years as a head coach, with 11 at Bowling Green before he joined George Mason in 1997 and kicked off 13 straight winning seasons.

"The last few months have been about injuries," Larrañaga said. "It's frustrating that not everyone is out there every day. [Actually] I wouldn't use the word frustrating; I'd just like them to be there."

Planning ahead

To cope, Larrañaga has schooled his players about the importance of planning and being proactive, instructing them on "The Seven Habits of Highly Effective People" by self-help author Steven B. Covey.

He's also sought to form friendly ties throughout the campus, local community and state of Florida. He figures more excitement about a team usually dwarfed regionally by the NFL, college football and the NBA will help create a winning environment. He and the trio of assistants he brought from George Mason, Eric Konkol, Michael Huger and Chris Caputo, looked outward as much as inside the roster when they first arrived, sending out about 1,000 e-mails a day three or four days a week.

The e-mail blasts usually contained inspiring thoughts or other messages designed to connect with potential allies and community figures in a personal way. Miami, which finished 21-14 last year and missed an NCAA tournament bid, averaged just 4,763 fans a game. During his tenure at George Mason, attendance at men's basketball games grew from around 3,000 fans per game to nearly 6,000.

Larrañaga knew a priority would be shaking hands and making himself known. Indeed, he believed he was an afterthought in the minds of Miami's decision-makers when a replacement for former coach Frank Haith was sought. Larrañaga believes he drummed up interest by calling upon longtime friends and associates to speak on his behalf.

What puzzled and disturbed him, he said, was feeling like an afterthought at his own university.

"I guess what I had anticipated was George Mason, having been through 14 years of my leadership, I'd been there the entire time, that they would have responded immediately to any overture from another school," Larrañaga said. "By that not happening, it allowed the process with Miami to develop more and more. When Miami made the offer, I was ready to make the decision to go."

George Mason Athletic Director Tom O'Connor disputes the assertion that there was anything slow about the school's response. O'Connor claimed he

had to wait on Larrañaga's own lawyer, but yet pushed the process of getting raises and contract extensions for Larrañaga — who last year earned \$525,000 — and his assistant coaches as fast as he could get approval from above his head.

"I wanted to make sure we were doing the right thing," O'Connor said. "Everyone wanted Jim to stay."

Difficult decision

Larrañaga said he considered the decision from every angle, professional and personal. He had grandchildren in the Washington area, but three siblings in Florida. What proved decisive was the list of goals he had kept for years, checking them off one by one. He'd ticked off "advancing to the Final Four" via George Mason's improbable run in 2006, leaving only two big ones: Win a national championship. Coach in the Atlantic Coast Conference, where he had spent seven years as an assistant with Virginia from 1979-86.

"Being a head coach in the ACC has been on the list since 1986," he said. "it's something that has always been in the back of my mind. It's something that I wondered if I would ever get a chance to do."

To Larrañaga, the ACC represents the top of the college basketball mountain. And even though Miami was coming off a disappointing season, he believed the conference's financial security, long tradition and the school's location would help him reach his primary goal, winning a national title, earlier than he could do it at George Mason.

Still, one question nagged him and his wife, Liz, he said: "Were we willing to give up the joy and happiness we had? I loved every minute of it at George Mason."

Larrañaga brushed away a question about whether he would consider trying to get out of his contract should Miami get hit with NCAA sanctions; he said his only contract "option" was to win. That, of course, is what he did — against seemingly all odds — at George Mason.

"That's something my wife says to me," Larrañaga said. "Can we do it all again?"

Rebuilding The Hurricanes

ESPN.com

July 28, 2011

Andy Katz

LAKE BUENA VISTA, Fla. -- Duke coach Mike Krzyzewski and North Carolina coach Roy Williams were in attendance, as were Florida State's Leonard Hamilton, Ohio State's Thad Matta and Pitt's Jamie Dixon. Alabama and NC State were represented as well.

Sitting among the headline names at the HP Field House on the campus of the ESPN Wide World of Sports Complex was Jim Larrañaga, adorning a freshly acquired bright orange golf shirt with a "U" embroidered on the left chest, the traditional moniker for the University of Miami.

For 14 years as the coach of upstart George Mason, Larrañaga relished his role as the underdog, most notably when the Patriots embarked on a historic run to the 2006 Final Four. He cashed in on that achievement by becoming a successful motivational speaker with a Washington, D.C.-based speakers group.

Larrañaga had carved out his niche. George Mason was a Colonial Athletic Association power and a regular contender for an NCAA tournament berth. The Patriots are expected to be a preseason Top 25 team this season, and one that could possibly go on another magical March run.

He was 61. Yet he wasn't satisfied.

"I loved my 14 years at George Mason, and I know a lot of coaches say this: 'Don't mess with happiness,' and I was very, very happy at George Mason," Larrañaga said. "I'm very goal-oriented and I wanted to take a shot at a league that gives you a chance to win a national championship."

Larrañaga had an opportunity to return to his alma mater, Providence, three years ago when the Friars fired Tim Welsh. He turned them down.

"I've always been driven by the opportunity to succeed in your own league, so when I was being courted by my alma mater, Providence, in the Big East I knew the money was substantially better, but the opportunity to win the Big East for Providence would have been a stretch. To compete with teams like Connecticut, Syracuse, Georgetown and Louisville?" Larrañaga said.

So Larrañaga stayed on at Mason in the CAA. The league put another team in the Final Four in April when Virginia Commonwealth made an improbable run from the inaugural First Four to the Final Four. That means the CAA has put two teams in the Final Four in a five-year period; Miami has four NCAA tournament wins in its history.

And let's be honest: Miami isn't beating North Carolina or Duke for the ACC regular-season title any time soon. But getting access to an NCAA tournament berth should be easier out of what is currently a rather pedestrian ACC once you get past the Blue Devils and Tar Heels.

After former coach Frank Haith was scooped up by Missouri, Miami initially flirted with Harvard's Tommy Amaker, but to no avail. Then Miami president Donna Shalala and her top administrators got word of some interest from Larrañaga and, suddenly,

there was a match few would have predicted.

"Every individual is on their own journey," said Larrañaga, who consistently speaks as though he were giving a motivational speech. "I've never been driven by money, and when other schools came courting everyone thought I would move for the money."

"Right now, the ACC is going through a tremendous transition with eight new coaches [over the past three seasons], and any one of those eight could jump up into the upper echelon and make themselves a national contender," Larrañaga said.

The theory that a coach has to move to a power-six job to compete for a national title seems to have less clout. Larrañaga, in large part, helped start the trend that has since been followed by Butler's Brad Stevens and VCU's Shaka Smart.

But one thing that hasn't changed is access to players. Recruiting at a high level remains difficult, and in most cases out of reach for schools outside the power six.

"The quality of the player that receives our phone calls and shows genuine interest is different," Larrañaga said. "We're now in the battle to get the really good players. Our football team has won five national championships. Our baseball team has won titles. In my mind, and the coaches here feel the same way, there's no reason why we can't compete with the best teams in the country to win a national championship. That's our goal."

Larrañaga is no stranger to the ACC. He was an assistant to Terry Holland at Virginia in the 1980s when Ralph Sampson starred for the Cavaliers. But Duke wasn't Duke then. Now, North Carolina and Duke aren't going anywhere but the top of the ACC. The rest of the league is trying to catch them, with each taking a rotating turn in the chase. Maryland is going through a transition with the departure of Gary Williams and the arrival of Mark Turgeon; Hamilton has made Florida State consistently good; Virginia Tech has been a thorn in the side of all the above teams under Seth Greenberg but hasn't been able to get through to the NCAA tournament; Clemson made a smooth transition from Oliver Purnell to Brad Brownell and should be a regular in the postseason discussion; Virginia appears to be on the verge of a breakthrough under Tony Bennett.

It's too early to judge Steve Donahue at Boston College, but he is facing an overhaul of his roster. Mark Gottfried and Brian Gregory just arrived at their respective schools, NC State and Georgia Tech. Wake Forest is facing a major rebuild under Jeff Bzdelik.

"I love the challenge of now recruiting against the best teams in the country," Larrañaga said.

Larrañaga's current team took a major hit when one of the best big men in the ACC, Reggie Johnson, went down with a knee injury (torn meniscus) that will sideline him until January at the earliest. Johnson, a 6-foot-10, 305-pound center, averaged 11.9 points and 9.6 rebounds for the Canes as a sophomore.

"Reggie was going to be an impact force for us in the low post and could have been the leading rebounder in the league," Larrañaga said. "Because of the sensitivity of the knee and the decision to

repair the cartilage they need four to five months for it to heal properly. He weighs 300 pounds and that can pound on his knee. So it will take three to four weeks to get him in playing shape.

"The earliest is Jan. 1 for a return, but it's more realistic to think mid-January," Larrañaga said. "There will be a transition when Reggie comes back. He'll have to shed the cobwebs from being out for six months. Then we'll have him hopefully for the close of the ACC season in February, the ACC tournament and hopefully the postseason."

Larrañaga will be counting on Florida transfer Kenny Kadji -- who never realized his potential with the Gators -- senior Julian Gamble and sophomore Raphael Akpejori to fill in for Johnson. All are about 6-10 to 6-11, but none have proved themselves at this level.

Getting shooting guard Bishop Daniels to keep his commitment was one of Larrañaga's most significant coups after he got the job. Daniels will join an experienced roster in the backcourt with Malcolm Grant, Durand Scott and DeQuan Jones, and there's an expectation that UMKC transfer Trey McKinney Jones will have an impact, too.

Miami had the talent a year ago to be an NCAA tournament team, but the guard play wasn't strong in late-game possessions, notably early in the season at Memphis. That contributed to a bizarre season in which the Hurricanes finished ninth in the ACC at 6-10 overall, yet finished 21-15, enough to earn a bid to the NIT, where they lost to Alabama in the quarterfinals.

"Miami did win 21 games last season, but they did finish [ninth] in the ACC, and that concerns me," Larrañaga said. "I think everyone thinks we'll be better this season, but it's a new system and a new philosophy and there will be an adjustment. They played a lot of 2-3 zone, and we'll only play zone in an extreme situation."

Larrañaga said the Hurricanes will have multiple seasons within one -- the nonconference, the early ACC without Johnson, the latter part of the ACC with him and the ACC tournament before possibly the postseason. To reach that postseason goal, the Hurricanes will have to make some noise in the nonconference schedule. The ACC ranked 16th in nonconference scheduling last season. The Big East was No. 1. That was a major issue at the annual spring meetings. The ACC had four NCAA tournament teams. The Big East had 11.

Larrañaga knows about scheduling into the NCAA tournament. He had multiple at-large berths at Mason, including in its 2006 Final Four run.

This season, the Canes will play Purdue, Memphis, West Virginia, Rutgers, Ole Miss and UMass in non-conference play.

"If we can succeed without Reggie in the nonconference then we should be able to set ourselves up to compete for postseason play out of the ACC," Larrañaga said. "I've never had the ambition to retire. I love coaching. I have the passion to keep doing it and see players develop and mature."

Larrañaga ready to put UM on national map

CaneSport.com

April 22, 2011

Jim Larrañaga was introduced today as the Miami Hurricanes' new men's basketball coach. And he has lofty goals for UM's program.

"I am very excited to be here, there ain't no question about that," Larrañaga said. "(This) offers a tremendous opportunity to compete at the highest level of college basketball. The ACC since the day I arrived at Virginia in 1979 is the best basketball league in the country. And it is our opportunity now as coaches, players and a community to get behind the program and do something very, very special. It's going to take a lot of work, but the reason I came here is because of the people.

"We have a lot of hard work in front of us, but I'm excited to get started."

Larrañaga pointed out how his George Mason team was being ranked in the early top 25 for next year and said, "I would not have left that caliber of team if we didn't feel we had that caliber of talent already here at the U, if we had the capability of challenging the very best teams not only in the ACC but also the entire country. Our challenge is to build a program that can (be successful) over an extended period of time so everyone in this community will be dying to get a ticket, get a seat to watch us play. You may say 'that ain't going to happen here.' I heard it at Bowling Green and George Mason (and fans packed the stands there). We want to create that atmosphere here."

Larrañaga also joked that "It didn't take me long to feel part of the program when Malcolm Grant greeted me as I walked into the office and tried to pronounce my name correctly."

Larrañaga addressed trying to get more students show up for games by saying "My staff and I will be in the dormitories recruiting students. We will work with the faculty.

"We need to reach out to the community of Coral Gables, the people who make up the community. My wife is the social director - I guarantee she will know more people in the community in the next year than some people who have lived here their whole lives.

At 61 years old, Larrañaga was asked why he wants to take this job at this point of his career.

"I'm crazy," he said to laughs, adding, "I love a challenge. I thought about my own career, what goals I wasn't able to accomplish in my 40 years. And one was I'd love to coach in the ACC, take a team to Cameron Indoor Stadium or the Dean Dome. At this time in my life I felt once I talked to Shawn Eichorst and could hear the energy in his voice, to find out things about the other basketball program here, the job that Katie Meier has already done - it showed if the women can do it the men should be able to do it. It's a challenge for me, but something that excites me very much. It's like the last piece in a coaching career to finalize what I hope to be all about. When I first arrived at George Mason I said we wanted to do something very special,

and our run to the Final Four was that moment. But we didn't win the national championship, and quite frankly that irks me. I think being a member of the ACC, with the opportunities to recruit nationally but with a focus locally and regionally, with the talent already on hand, we can be headed in the right direction to challenge the best programs in the conference and the country."

* Larrañaga said that when the UM job opened up he inquired about it through friends that were tied to a Michael Jordan camp "as coaches do - who is going to get the job?" Larrañaga said. "They shared a name with me (who was being looked at), it wasn't me. And then they called me back and said 'Hey, would you be interested.' So I made contact with the University to let them know of my interest."

* Larrañaga addressed the team, which met with him before the press conference and then attended it as he spoke: "The members of the team become our family," Larrañaga said. "We will have the players to my house. My wife will cook for them - you will love her chocolate chip cookies."

- Reggie Johnson wasn't at the press conference - Larrañaga said he remained home in North Carolina.

* Two of Larrañaga's players at George Mason were from Florida, and he made it clear that recruiting Florida is his No. 1 priority.

"We will actively recruit in-state players to try and build our program with a very strong foundation of local recruits," Larrañaga said. "We want to develop the relationship with youth league coaches, high school coaches, AAU coaches."

* Larrañaga addressed leaving George Mason, saying, "The players that I leave behind at George Mason are an incredible group of young men. They just finished the best season in school history in terms of record. I thank those players who made my job so much fun every day. I told those players today that when we met in Fairfax in our locker room that I was going to become the head coach of the U basketball program. Every one of them hugged me and wished me well, and I did the same to them. But this opportunity is very, very special to me. ... I love coaching, helping players be the best that they can be."

* Larrañaga's grandfather on his father's side was from Cuba, and Larrañaga said "I'm very proud of my heritage, of having grown up spending time in Kissimmee and Key West and in the State of Florida, because that's where my father vacationed every year. And now I feel I'm back home at the University of Miami. We're going to put together a fantastic Hurricane team."

* First-year athletic director Shawn Eichorst said of his decision to hire Larrañaga that "I was asked what we were looking for in our next men's basketball coach - we are delighted to say we have found it, and it's Jim Larrañaga. (He) is a fundamentally sound teacher of the game and will positively lead our student-athletes with a tremendous amount of passion, integrity and dedication. Jim is a man of great

character who will be a first-class ambassador for the University of Miami and our basketball program. He has successfully transitioned two other programs at George Mason and Bowling Green. And he is no stranger to the ACC having served as an assistant coach at Virginia - they won three ACC championships and finished in the top five of the AP rankings. Jim is a tremendously gifted speaker and communicator. His players follow his philosophy and play fundamentally sound basketball, take care of the basketball, play fierce defense and are very efficient on the offensive end of the court.

"This is an exciting day for the University of Miami."

* Football coach Al Golden attended today's press conference, giving Larrañaga a hug before it began.

* Of his basketball philosophy, Larrañaga said, "I have two boys - when my wife and I were raising our sons the two things we stressed (were) we wanted them to grow up to be happy and successful. But to accomplish both those goals they had to be great students and use those smarts to advance themselves, enjoy their life. That's the same approach we take as a coaching staff with this team. Basketball is a game, it should be fun. We emphasize attitude, commitment and class. Attitude, we ask our players to have a positive attitude, talk about life being 10 percent what happens to you and 90 percent how you react to it. Second we talk about making a total and unconditional commitment to being the best at everything you do, every aspect of your life. The third is class - we want our players to always behave in a first-class manner.

"As far as basketball is concerned, I'm a big believer that defense wins championships. And we are coming here to compete and win. That means we have to be fundamentally sound on the defensive end of the floor. We have to be able to guard the basketball but also help the guy who guards the basketball. Players will hear me and my coaching staff say 'one man guards the basketball and four men help him guard the basketball.' Our choice is to be an up-tempo team. The defense will create the offense. One part of our offensive opportunity is to create fast-break layups and open threes in transitions. That will not change.

"The scramble defense - I'm hoping to implement that to a degree so it can become a weapon and something the opponent has to prepare for. But it will depend on the work ethic of the team, because it forces the players to play at a high level of intensity for a (long) time. It requires a deep bench. My Bowling Green teams scrambled 70, 80 percent of the time. My George Mason teams of recent years have scrambled less because we were so strong in the half court."

* Larrañaga said he's still in the process of putting together his coaching staff.

* Larrañaga has a home in Sarasota that he purchased from Dick Vitale's daughter (Vitale is a friend of his).

UM embraces new men's basketball coach Jim Larrañaga

Palm Beach Post
April 22, 2011
By Jorge Milian

CORAL GABLES — So why would a 61-year-old guy leave a cushy job at a top mid-major college basketball program to coach a team whose history is mostly forgettable?

"I'm crazy," Jim Larrañaga said a couple of questions into a news conference introducing him on Friday night as the University of Miami's men's basketball coach.

Anything but, although Larrañaga certainly has plenty of personality.

During his question-and-answer session with reporters, Larrañaga quoted Confucius, emphasized words by unexpectedly shouting them out and broke out into a little Spanish.

"You can tell he's going to be a lot of fun," said senior guard Malcolm Grant, who was in attendance Friday with most of his teammates.

Judging by his history at George Mason, Larrañaga will do far more than act colorfully. In 14 seasons, Larrañaga coached the Patriots to five NCAA tournaments and famously led his 2006 team to the Final Four before it lost to eventual national champion Florida.

After passing up other intriguing offers during his tenure at George Mason, most expected Larrañaga to remain at the Fairfax, Va., school until he retired.

"I started thinking about my own career, where I am and what goals have I not been able to accomplish during the course of my 40-year career in coaching," said Larrañaga, who also coached at Bowling Green

and Division II American International. "One thing kept coming back in my mind, that I'd love to coach in the ACC.

"It's kind of the last piece of a coaching career"

Larrañaga inherits a team that is expected to return virtually its entire roster, including Grant, an All-ACC third-team selection last season. But, like his predecessors, Larrañaga will also be tasked with selling a program whose existence has been marked by apathy.

The Hurricanes shut down the program from 1971 to 1985 and have ranked last in ACC attendance since joining the league in 2004. UM rarely attracts more than a few hundred students to games even though they are admitted for free and are further enticed by offers like free pizza.

"It's going to be hard," said Sammy Hernandez, a member of George Mason's Final Four team who attended Friday's news conference. "But when I was at George Mason in 2005-06, I was a freshman and our stadium is the way you guys have it now — empty seats. By 2007, there were huge crowds. And not because of the Final Four, but because of him."

Larrañaga, whose father is from Key West and grandfather was from Cuba, promised to build a team in which "everyone in this community is going to be dying to get a ticket and a seat to watch us play."

Larrañaga's signature style is what he calls "scramble defense," a high-intensity, full-court press that demands extreme fitness and a deep bench.

"I'm a tremendous believer that defense wins championships," Larrañaga said.

Larrañaga's deal is for five seasons and

will pay him \$1.3 million per season, according to The Washington Post. Last season, Larrañaga earned \$700,000, including incentives, on a contract that ran through the 2015-16 season.

Larrañaga said he made it known through a search firm used by UM that he was interested in replacing Frank Haith as the Hurricanes' coach. Haith resigned earlier this month to become Missouri's coach.

UM athletic director Shawn Eichorst and Larrañaga spoke on Wednesday and a deal was in place by Thursday evening.

Eichorst said he didn't allow Larrañaga's age to concern him.

"For me, age is a number," said Eichorst, named UM's athletic director 10 days ago. "That's not a factor for me. He wanted to be here and we wanted him to be here."

The hiring drew rave reviews around the college basketball world.

ESPN analyst Dick Vitale referred to the move as a "grand slam for Miami."

"Jim is going to bring a certain spark," Vitale said. "He's got a personality. You'll see them playing exciting basketball and, more importantly, with Jim, they'll play winning basketball. You have to get people excited about basketball and, in Miami, they have not been excited about college basketball."

Larrañaga's hiring completes a major overhaul among UM's most prominent positions in the athletic department. Al Golden was hired in December as the school's football coach. Eichorst replaced Kirby Hocutt, who quit in February to become athletic director at Texas Tech.

Chris Caputo Is Living His Hoop Dream

Westfield State Communications Office
Mickey Curtis
Dec. 20, 2012

It is a full court shot from Parenzo Hall Gym to the big time world of college basketball, but Westfield State alumnus Chris Caputo is living his dream as an assistant coach at the University of Miami.

Caputo, a 2002 Westfield State graduate and a four-year letterwinner as a reserve point guard for the Owls, has been in sunny south Florida for the past two years. Prior to that, he was a member of the George Mason University coaching staff in Fairfax, Va., for nine years. The 32-year-old Caputo already has many memorable moments in his short basketball odyssey: Miami's upset victory at Duke last season, George Mason's remarkable run to the NCAA Division I Final Four in 2006, and his four years at Westfield State.

"I've seen a lot of great places like Duke and North Carolina and I have been to the Final Four, but I wouldn't trade those for my time at Westfield; it was special and worthwhile," said Caputo the day before the Miami Hurricanes departed for a Christmas Tournament in Hawaii.

Caputo's passion for coaching began at an early age and continued at Westfield State. As a seldom-used point guard for the Owls, Caputo was a keen observer on the bench as a member of Westfield State head coach Rich Sutter's first recruiting class in 1998. In between classes he was a regular visitor to Sutter's office, peppering him with questions on coaching strategies. Caputo also watched a lot of game tape on Westfield opponents and gave Sutter detailed scouting reports. "I don't know if he used them," said Caputo with a chuckle.

Interestingly, Caputo stresses his academics at Westfield State also played a pivotal role in preparing him for the 24/7 world of big-time college basketball.

"My time at Westfield was really valuable," said Caputo. "It's a place where you cannot get lost because it is a smaller school and a lot of demands are put on you academically. I was a finance and economics major where I had to grind it out and fight through it studying, especially near the end of the semester. That's helped me today."

Caputo's connections (he and Miami head coach Jim Larrañaga both graduated from Archbishop Malloy High School in New York City where they played for the legendary coach Jack Curran), coaching passion and work ethic landed him a job straight out of Westfield State as a volunteer assistant coach for Larrañaga at George Mason. The Elmhurst, N.Y. native toiled as an unpaid assistant for three years before becoming a full-time staff member at George Mason in 2005. He even turned down several full-time paid positions at other colleges to remain at George Mason because it was such a priceless training ground.

"Ten years ago there were not as many NCAA restrictions and I was able to do more things," said Caputo in explaining why he didn't take the money and run. "In addition to breaking down film, I could make calls to recruits, work camps and recruit off campus within 30 miles of the school. Plus coach Larrañaga is a great mentor and a veteran in the business."

Caputo's main duties at the University of Miami are recruiting and scouting opponents. He admits the pay and perks are good; his per diem is a lot more than the \$7.00 meal money he received at Westfield State. But the lifestyle isn't always glamorous and the pressure to win is enormous as Miami is a member of the Atlantic Coast Conference.

"It's more than just two hours in suits coaching basketball," said Caputo. "There are late nights watching film, countless trips to see high school recruits that you are not going to get, and hours of sacrifice and family time missed. It is a tough profession and a very workmanlike job. But being at Miami has been great and the school has such a name brand – five football national titles and four baseball national titles. And the ACC is the best basketball conference in the country. Every night is a moment in this league. It's a great city with great weather and an exciting place to be."

Caputo's first "coaching moment" came when he was a sophomore in high school. In March of 1996, he and a friend went to the Hilton in midtown Manhattan, the headquarters for the NCAA Final Four. Caputo watched in awe as a who's who of coaches roamed the lobby.

"I saw coaches like Mike Krzyzewski and

Jerry Tarkanian and I said this is what I want to do, this is cool," said Caputo. "Then 10 years to the date I was living out my dream of walking around the lobby at the Final Four as a coach."

One day Caputo dreams of strolling the lobby and the sidelines as a Division I head coach. He is realistic that may not happen for some time, if at all, because head coaching positions are scarce and highly sought. But he does point out that that four of Larrañaga's former assistants during the past decade are currently head coaches. A content Caputo just bides his time, works hard, and continues to network and make new friends in the coaching profession. He frequently sends text messages to Erik Spoelstrag, the head coach of the 2012 NBA champion Miami Heat.

"Anyone who is in this business does it to become a head coach," said Caputo. "But if I become a head coach it has to be the right fit for me; I am big on that. I am also big on knowing what the commitment is from a school. But if nothing comes along I will also be happy to work with Coach Larrañaga."

Commitment and loyalty are constants for Caputo. He remains good friends with his

Westfield State teammates, in particular Phil Connors (Class of 2002). And two other Owl teammates – Kris Kachelmeyer (2001) and Jon Mazzone (2001) – visited with Caputo when Miami played at UMass Amherst in early December. Wherever Caputo's coaching odyssey takes him, Westfield State will be of big part of it.

"A lot of nice things happened to me at Westfield State and playing there was a great experience," said Caputo.

Hoops Recruiting: UM wants "State of Miami"

CaneSport.com

Oct. 30, 2011

by Matt Shodell

The men's basketball program has taken to bringing official and unofficial visitors to UM football games.

And coaches say they're trying to take a page from former football coach Howard Schnellenberger's book: Creating a "State of Miami."

Chris Caputo, whose primary responsibilities include recruiting and scouting the opposition, says UM plans to cast a recruiting net from Jacksonville down, searching for top talent that wants to come to Miami.

"Most people want to go four hours from where they live, for the most part," Caputo said. "So the State of Florida has to be the first place we look. Just like years ago with Schnellenberger, it has to be the State of Miami, up to Jacksonville, through Tampa and Fort Myers over to Broward, Dade and Palm Beach. We have to be certain we're recruiting all the best players in those areas."

The team will also try and cherry pick top prospects from Atlanta ("Miami's had success in Georgia, which is a neighboring state - there's a lot of talent in the Atlanta area and similarities between the Atlanta metro area and Miami metro area," Caputo said), North Carolina and South Carolina ("they're good because of the ACC, the amount of times their kids get back to play in front of family"), Virginia and Maryland ("because of our relationships there because of the time we spent there") and New York ("Miami's had success there, always say 'This is like the sixth borough.' I'm from New York; coach Larrañaga is from New York").

"And we're willing to go to other places to recruit guys as we did at George Mason - we had guys from Florida, Texas, Memphis, Charlotte. We're not afraid to do that, but I think we also are going to make a commitment to recruit the State of Florida because we feel there are guys like Brandon Knight that are No. 1 rated, but also guys that have been under-recruited, hidden that are good."

Caputo, in his 10th season on coach Jim Larrañaga's staff, says the overall recruiting philosophy won't change much for these coaches despite moving from George Mason and the CAA to Miami and the ACC.

With one exception: Center.

"The only thing that's different is the size in the front court (in the ACC) - there's a little

bit more of a need defensively to match up with some of the size," Caputo said. "Like in the CAA, for many years centers in the league were 6-6, 6-7 - they could pass, shoot, score around the basket."

Other than looking for bigger bodies down low, the team will continue to seek athletic ball handlers who can penetrate and shoot.

And Caputo sees players similar to the ones he's seeking already on Miami's roster. He praised coach Frank Haith's staff for putting together a team that these new coaches feel can reach great heights.

"You look at our team, and I would say we have arguably top four, five or six talent in the league at this point," Caputo said. "We were picked to finish fifth in the league (this pre-season), and they don't know anything about us as coaches. So those guys were good in identifying who was good and who they can get, and that's important."

UM landed its first commitment for the Class of 2012 earlier this month in shooting guard Melvin Johnson, who is from New York. Helping sell Johnson: attending UM's football game that weekend.

"Things like that - you're trying to put your best foot forward," Caputo said.

Coaches can't comment on specific recruits, but Caputo spoke about what the Canes sell prospects on.

"You sell playing time, the type of institution we are - the City of Miami, the weather," Caputo said. "All those things separate us, make us different than the places we're recruiting against."

Caputo says he expects to have a better success at attracting so-called "national names" now that the new coaches can sell UM and the ACC.

"At the University of Miami you should be able to at least engage in some conversation with anyone in the country because you have a great institution, a great city, great league," Caputo said. "Miami is a national name."

* Caputo says he begins following potential prospects starting their freshman year of high school, continuing to keep tabs on them as their careers progress and getting in touch with them when allowed by NCAA rules.

And keeping in regular contact with high school coaches also plays a major role for the

coaches. The UM sports information department says hoops coaches send out approximately 1,000 e-mails to high school coaches every day - typically a motivational quote, an offensive set or different ways to do things.

To help connect with area coaches, Caputo says a coaching clinic is in the works that high school coaches will be able to attend.

"It's a key thing to build a groundswell amongst the people in the area, have them feeling good about our access as far as going to practice, feeling they can come over, have their guys come over," Caputo said.

* The system in place for giving a scholarship offer?

A coach will watch a prospect live, and if he feels that player is worthy of a scholarship then Larrañaga will also watch the recruit and meet with him before an offer goes out.

Caputo gave a prime example of how this staff works together: "We recruited Luke Hancock at George Mason," Caputo said. "He was one of our best players. But he had no scholarship offers coming out of high school, was a Division III recruit. He goes to Hargrave Military Academy, pays his own way. Coach (Mike) Huger goes down there to see someone else, says 'I like this Hancock guy, I'm going to bring coach (Larrañaga) down next week.' So him and coach went down and the kid doesn't play quite good enough. Coach says 'I like you, just didn't see enough today - I can't offer you.' So then Eric (Konkol) and I go down the next week and we watch him for five minutes and it's 'Man, this guy is really good.' We called back to coach, said 'Hey, I think you should offer him.' So we offered him. We had the No. 1 rated non-BCS recruiting class in the country, and he's the sixth heralded guy in that six-man class and turns out to be the best in the group, was an all-conference player by his sophomore year (note that Hancock wound up transferring to Louisville after Larrañaga and the staff left George Mason)."

* Of his role breaking down film and scouting opponents, Caputo said, "As the season starts I'm watching us less than the other (coaches) and watching the opponents much, much more than maybe they are."

Tonye Jekiri at home on basketball court

CaneSport.com
Staff
Oct. 24, 2012

The culture shock for Hurricane center Tonye Jekiri when he arrived in Miami from Nigeria three years ago?

All it took was the twist of a shower handle.

"I remember I took a shower, was wondering where the water was coming from," the freshman Jekiri said. "In Africa you go fetch it with a bucket, or you see a tank that stores the water at the back of the house. Over here I was asking where the water was coming from. I kept looking because I'd been in the shower for so long and the water just kept coming out, didn't run out. That was one thing I was shocked about it."

Another shock (literally): Nonstop electricity.

"I kept waiting for it to be turned off at some point," Jekiri said. "Certain hours of the day it would come on back home."

Other adjustments: Air conditioning and supermarkets with fresh produce. Jekiri was used to roadside markets and people running up to the family car hawking fruit and vegetables.

"The supermarkets there sell things like cologne, no food," he said, adding that "It was a change in food here. My native food I would normally eat soup ... and the way the rice was made with spices was way different - it was a change. It was difficult for me those first months. I had to adapt to everything.

"Even the roads - in Africa they have potholes, and you only have one major road that will take you to your office and every-

thing is on it; you're stuck in traffic for an hour or two."

Jekiri's road to Miami began at age 16 when one of his soccer coaches said based on his size he could be a basketball player in the States. Arrangements were made for him to be evaluated at an American camp.

"It was because of my height," Jekiri said. "One of my soccer coaches started working with me on fundamental things like catching the ball, dribbling."

Soon after Jekiri packed his 6-foot-11 frame into a coach seat for the 19-hour flight in hopes a high school coach would take a chance on him. On day 1 of the camp he got his first five-on-five real game experience.

"I was just running the floor and getting rebounds, that was it," Jekiri said. "Coaches liked me because of my energy. They said I ran nonstop."

A coach at Hialeah (FL) Champagnat Catholic asked him to attend the school, and Jekiri and his mother agreed.

"It was a small private school, and we liked that," Jekiri said. "The coach was there watching me, said he'd love me to come to their school. When I went back home my mom decided that would be good for me."

When Jekiri moved to Miami for good, he faced a big academic challenge.

"It was difficult - the first months I was struggling with the educational system," Jekiri said. "So many classes I hadn't taken in my country I had to take like history, and I didn't know much about the United States. And I had to take Spanish."

The transition on the basketball court wasn't much easier. Starting out as a junior he struggled.

"I couldn't even make a layup then," he said. "On game time I had butterflies bad, struggled for seven to eight games. After that I had a good season just running the floor and getting rebounds. I had little schools looking at me then, like FIU."

As a senior he made big strides, opening eyes by averaging 20 points, 12 rebounds and five blocked shots. It all started clicking for him, and he wound up rated the nation's No. 17 center prospect by ESPN.

"Miami, they came by during my senior season, watched me play and offered me a scholarship during the season," Jekiri said.

He wound up with 17 scholarship offers and took visits to George Mason, Clemson and Miami before settling on the Canes.

He says he chose UM because "The weather is the same as in Africa, warm. I've never experienced coldness, how that would affect my breathing. That was one reason I love Miami and decided to stay. Miami was my third visit, was the place I wanted to be and play ball."

Now Jekiri is focused on making a sizable impact when he's in games.

"I'll come off the bench, will help the team - I know I'm going to have a big role to play," Jekiri said. "I'll be getting rebounds, blocked shots."

He adds "I'm really happy to be a Hurricane. Putting on the jersey with my name on it, I was really happy. I just thank God for everything."

Jekiri Looking to Fill Role

InsideTheU

Chris Stock

Oct. 12, 2012

CORAL GABLES, Fla. – Tonye Jekiri is Miami's lone true freshman and is looking to be a key role player this season.

Jekiri is a 7-foot, 227-pound shot-blocking center and solid rebounder originally from Nigeria before he moved to Miami and played two seasons at Champagnat Catholic.

As a senior, he averaged 20 points, 12 rebounds, and five blocks per game leading his team to a Class 2A state final.

"The biggest adjustment (from high school to college) was going from weightlifting to practice, it's not the same in high school," Jekiri said. "In high school I never lifted weights and went to practice. From weightlifting to practice to class to study hall, it was really tough for me. But I've kind of gotten used to it."

Head coach Jim Larrañaga has been impressed with Jekiri's progress since he arrived in the summer.

"I like the progress Tonye Jekiri is making," Larrañaga said. "We have worked exclusively on him developing a great jump hook because I think that will be his greatest weapon throughout his college career. He's got a nice jump shot, but a guy with his size and versatility in and around the basket, to be able to just jump hook over people would be very, very effective and he's working very hard to develop that shot as his bread and butter move."

Since arriving at UM, Jekiri has been praised Larrañaga and the players for listening to instructions without any questions.

"With me playing basketball I'm still trying to learn because it is my third year playing basketball," Jekiri said. "I'm trying to learn rather than talking. I really believe you learn more when you listen instead of talking more. There's not too much I can say because they have been in the game more."

Jekiri is one of five post players on the team with three—Reggie Johnson, Kenny Kadiji, and Julian Gamble—leading the way as seniors.

"They really have showed me what it really takes to be a Hurricane player and how hard it is going to be for me even when I go ahead with more expectations when they leave, the coaches will be looking for me to step up and take that role," Jekiri said. "They have been really pushing me when it comes to practice and weightlifting. They have also told me about their past experiences and how they fought through all of the things, they have been a big help for me."

Jekiri is making sure he's improving daily not just for a role this season, but in the future when he'll have a larger role after the seniors depart.

"I really do think about that right now," he said. "Even when I come off the bench, it's still a big role for me. I always think about when I come into the game and how I'll have to step up. I always think about that and the future too when I'll have a bigger role."

To help Jekiri learn the game more, he spends time watching NBA and college games. In particular, he likes watching Kevin Garnett and Dwight Howard play.

"I like how they play, how they are leaders on their team and have really learned from them," said Jekiri, who also liked watch-

ing Thomas Robinson and Jared Sullinger in college.

Miami hosts St. Leo on Nov. 2 at 7 p.m. in their lone exhibition game. Regular season action begins Nov. 9 as the Hurricanes look to make a run towards an NCAA tournament appearance.

"As a team my expectations is for us to get to the NCAA tournament and the Sweet 16, 8, or 4 and I think we have weapons to get there, we just have to put ourselves together," Jekiri said. "Mostly we want to win back our fans because we need our fans to support us in every game. As a player my expectation is stepping up in every game, filling the roles, and being aggressive in every game."

Could Erik Swoope be another Jimmy Graham?

State of the U.com

Jerry Steinberg

Nov. 18, 2012

We caught up with Miami's talented 6'6 junior forward Erik Swoope and asked him about the current state of the team, his incredible athleticism, his potential to play another sport down the line, and much more.

Much like Jimmy Graham, Swoope is a high energy player who can guard multiple positions, and play above the rim. Swoope had an excellent performance in Miami's win over Jacksonville Friday night providing energy with 7 points, 2 thunderous dunks, and 2 steals. Additionally he is a very good interview.

Here is our full Q&A with Erik Swoope:

SOTU: We talked with Bishop Daniels a few weeks back and asked him who was faster between Shane and him, and your name came up. So among Shane, Bishop, and yourself, who is the fastest?

ES: Oh man, its very close. If we had a footrace Bishop would win by a very small margin and Shane and I would be tied. We did actually get timed earlier in the summer in three-quarter court sprints, and actually I had the fastest time at 2.99 seconds. Shane was right at 3 flat, and Bishop was at 3.01. I wouldn't mind seeing us do a 40 yard sprint and see.

SOTU: It would be cool to see the three of you on the break and see who gets the alley-oop.

ES: Yeah, exactly (laughs)

SOTU: This is a very difficult question, but

we have to ask. What has the team been doing to overcome the slow start? Are there any major adjustments or changes we can expect?

ES: I think we need to just learn what's best for us. We have some new guys in Tanye and Bishop and we're missing Durand as well. Right now we are just trying to build a stronger chemistry. Coach L is doing everything he can to help us understand how important the little things are like winning the free throw battle and boxing out. It is starting to slowly come together. I think between the new guys and all of the seniors we will come together.

SOTU: How do you see your role on this team?

ES: My role is mainly to come in and provide as much energy as possible. I may need to match up with guards, wings, bigs, so I make sure I am prepared to contribute offensively but also guard all 5 positions. I focus on offensive rebounds, and guarding the other team's best guy. Something like a Dennis Rodman,

SOTU: Can you tell fans a little about the mohawk?

ES: Yeah I had never done anything like that before, and I thought would be fun. My family also encouraged me to do something different. I actually just recently cut the mohawk, I'm looking to try some new styles.

SOTU: That's very cool and fits the Dennis Rodman mold just a bit?

ES: Yeah. (laughs).

SOTU: Considering your incredible athleticism, ever consider pulling a Jimmy Gra-

ham, and giving football a shot?

ES: That would just depend on if the opportunity came up. That is something I have contemplated. I'd have to talk to my family, but I haven't had any formal communication with the football staff. But yeah, there's maybe a possibility.

SOTU: Hey maybe we can send a note to Al Golden on your behalf. Although Coach L would probably take care of that?

ES: Yeah I'm sure they would.

SOTU: Any final message for the fans?

ES: Come and support the team. It means a lot. We will do everything we can to give them a great show. Going back to last year, when we played Florida State. It was the first sell out of the year. And the team, and the coaches, we really fed off of it. When an opposing team comes in they feel the energy, and we'd like to get that every night.

Well there you have it Canes fans. Erik Swoope and the Miami Hurricanes are looking for you to come out and support them. We certainly appreciate Erik taking the time to do this Q&A with us, and wish him good luck during the season and in all of his endeavors.

Canes Bringing Style to the Court

**Inside The U
Chris Stock
Feb. 1, 2013**

When you watch the Miami Hurricanes basketball team play, there's one thing that stands out.

Their shoes.

As one of the nation's hottest teams at 16-3 and a perfect 7-0 in ACC competition, the 14th-ranked Hurricanes are also one of the most stylish teams.

Each player brings a unique style to the court with them as the UM coaching staff doesn't restrict the players from only wearing team shoes or even team colors.

Lately, two players—Shane Larkin and Durand Scott—have been rocking a bright neon yellow pair of shoes with Larkin in the Nike Air Zoom Huarache 2K4 and Scott in the Nike Zoom Hyperdunk 2011.

Larkin and Scott first broke out the pair of highlighters two weeks ago in their win over No. 1 Duke.

"I didn't even know coach was going to let them do it, but it looked good out there," McKinney-Jones said.

Larkin spotted his shoes at nearby Sole Fly, a sneaker boutique store specializing in unique shoes and the latest designs. The shoes immediately caught his eye and he took a picture of them to send to assistant coach Michael Huger, who has to approve each shoe. Huger gave the Larkin the go-ahead and Larkin got the bright pair of shoes.

"A lot of people like the bright shoe," Sole Fly store manager Tony Perez said. "So the guys have got them to wear in the games. There's a lot of stuff in here and the guys come in saying they need a shoe for game day."

Not only did Larkin and Scott look good on the court, the backcourt duo combined for 43 points, 16 rebounds, and nine assists in Miami's first ever win over a No. 1 Duke as the Hurricanes blew out the Blue Devils, 90-63.

As Mars Blackmon would say, "It's gotta be the shoes."

Scott was planning on wearing his bright

yellow shoes last season in a game against Memphis, but head coach Jim Larrañaga, who was in his first year at UM, wasn't comfortable with the idea so the staff had Scott change into a different pair before the game.

"We were coming from George Mason so we weren't used to that," Huger said.

Since then, Larrañaga put Huger in charge of which shoes can and cannot be worn. Huger receives plenty of requests and suggestions from the creative group of players looking to lead Miami to its first NCAA tournament appearance in five years.

"I use it as an incentive and say, 'Hey, if we win this game, you guys are allowed to wear the lime green shoe that's how they came into play (against Duke),' Huger said. "We were at Boston College and the guys weren't as sharp in our practice and shoot-around so I gave them a little extra motivation and said, 'Hey if we win this game you guys can wear those lime green shoes that you want to wear so badly. We wound up winning by one point.'"

Larkin and Scott had the brightest shoes on the court that day against Duke, but the other Hurricanes deserve high marks for their style as well.

Most notably, Julian Gamble. While the highlighter shoes might stand out the most, devoted sneakerheads will be proud of Gamble's shoes. Gamble has been wearing a special-edition Solefly x Jordan Spizike shoe. There are only about 60 pairs in the world of the impressive orange, green, black and grey shoe.

Trey McKinney-Jones wore the Air Jordan 11 "Cool Grey" and Kenny Kadji was in a pair of the Nike LeBron X id shoes to round out Miami's starting five against Duke. Then there's Rion Brown, who has been wearing a Nike Kevin Durant orange shoe throughout the season and Erik Swoope has had a unique mix including seen in Kobe's "Christmas" shoe although Huger wouldn't let him wear a "Gym Green" pair of Foamposites.

"Everybody has pretty good style," Larkin said.

McKinney-Jones led the shoe charge in Miami's next game against Florida State wearing a pair of Nike KD 5 "DMV" shoes that pays tribute to Kevin Durant's home-

town. McKinney-Jones scored game-high 15 points in the win over the Seminoles in his orange and blue colorways with a neon logo, which were released in December.

"Me, Shane and a few other guys on the team are real big shoe fanatics so we like to stay up on what is in with Jordans, Nikes, and switch it up for the games, especially the big games that are on TV," McKinney-Jones said. "We like to pull something nice out of our closets."

Larkin switched it up against Florida State as he put on a pair of Nike Air Foamposite One "Polarized Pink" shoes and had the socks to match.

"I like wearing shoes that nobody has and it catches my eye," Larkin said. "Hopefully I keep window shopping and I find some more crazy stuff."

For the majority of the season, Larkin has been wearing a pair of orange Chris Paul's CP3 VI shoes, but has been switching it up lately. He has a pair of highlighter orange shoes in his locker that he'd like to wear at some point, but says he needs time to break them in.

As far as other plans for the future, Larkin has ideas in mind.

"I have tricks up my sleeve that I already have," Larkin said. "I don't want to spoil the secret of the shoes I'm going to wear, but I'm definitely going to be pulling out some crazy stuff down the road."

The players are enjoying being able to show their creative side on the court.

"They're having a lot of fun," Huger said. "Winning solves everything and when you win, the team, coach L, everybody is happy about the program, the university, the students, and everyone is showing up to the games. We just have to continue winning and playing together, that's the key. And then the shoes speak on their personalities on the court and I want to continue with that. I give them some freedom with the shoes and colors. I won't let them go over-the-top, but when we win, I'll give them a little more freedom."

Miami basks in post-Duke glory, hoping for bright future

SportsIllustrated.com

Brian Hamilton

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First everyone had to wait for the stragglers, the Miami players bobbing in the flume of students on the court. Once they extracted themselves, these Hurricanes caught in the storm, the coach entered the locker room for a post-game chat that was anything but standard. The No. 1 team in the land had been reduced to cinders over the previous couple hours, and Jim Larrañaga told his club to enjoy it before turning their attention to the work ahead. Then he left. Then sophomore guard Shane Larkin arranged a circle of chairs, center Kenny Kadji ratcheted up his African music, and one by one they jumped in the middle to dance.

The celebration was just getting started. By Thursday morning, campus hummed with Miami's ascent to the top of the ACC and the program's newborn relevancy, underwritten by the previous night's mauling of Duke. Larkin walked to a 9:30 a.m. sports management class and fellow students stopped him, repeatedly, for chest bumps. As he made his way to his next class, Larkin estimated a group of 20 to 30 students followed along, talking about the game and asking for pictures all the way. The fans finally showed up. But that required Miami to arrive.

"Every program has to start somewhere," Larkin said. "People are saying it was the biggest game in school history and it could be a program-changing game. Hopefully, with what we did, it put us on the map."

Everything seems on the upswing for the basketball team with the best winning percentage in south Florida. One year after notching its first-ever winning record in ACC play, Miami is 5-0 in the league and thus two games clear of everyone else in the standings after its first victory over a No. 1 team in program history. And the Hurricanes are in position to defend that lead because the Hurricanes generally are in position to defend everything.

Duke scored 63 points on Wednesday night -- itself a manageable total -- and that was the most points Miami had allowed in a game since two days before Christmas. No one has scored 70 points on the Hurricanes since the season opener. Miami is eighth in the country in adjusted defensive efficiency (85.2 points per 100 possessions), one slot behind the Blue Devils team it just vanquished. Opponents shoot just 36.2 percent, the seventh best figure nationally and a "high-priority" number in the staff's mind. The effective field goal percentage defense of 42.4 is still bested by only 13 teams.

In Miami's first team meeting after the Final Four last April, Larrañaga asked his team a

question: Where did all four participants' defenses rank nationally? Not shockingly, his players were clueless. So the coach who just finished his first year on the job gave them one: None of the four clubs finished lower than ninth.

"It's definitely the biggest reason why we've continued to play well," Larrañaga said. "We've gotten better at helping each other. We've gotten better at rebounding at the defensive end of the floor. We've gotten better at communicating, at talking to each other and switching when it's appropriate, showing when it's appropriate, trapping the ball screen when that's called for. Those subtle adjustments, to the common observer, don't really mean much. But to a coach and to a player, when you see the impact it has on your opponent, you recognize it as a key to the game."

Some of it was just a matter of time. Larrañaga arrived after directing George Mason to five NCAA tournaments, including the 2006 Final Four run, and found a group of players making what he called "a major adjustment" to their thinking, especially on the defensive end. The result was acceptable enough in 2011-12 -- 20 wins, that 9-7 finish in the ACC -- but the Hurricanes don't believe they came to grips fully with Larrañaga's philosophy until this year.

"Having another year under coach L has helped, just knowing exactly what he wants," said senior guard Durand Scott, the team's leading scorer. "When he came in, he came with a plan and a vision. He didn't come with the intent of just getting by. We did so-so our first year, and the second year, we came to an understanding of what he wants and what he needs us to do. We just put everything together."

The Hurricanes help each other now, but they are instinctive and aggressive enough to help themselves, too. Early in the second half, Larkin jumped on a simple Duke exchange after a made basket to produce a score that further buried the Blue Devils. He had taken note that, for most of the game, Duke's primary ball-handlers managed inbound duties. After this particular score, he saw point guard Quinn Cook inbound the ball to center Mason Plumlee -- and, in a fraction of a moment, deduced that Plumlee inevitably would return the pass to Cook. In a flash, Miami had the ball back, and after Larkin missed a three-pointer, the ball came back to him for a layup and a 30-point lead.

"I'm always watching, trying to catch a routine or a habit they're doing," Larkin said. "I just saw it, and I knew Mason Plumlee was going to have to pass it back to Quinn. When I saw him catch it, I just made a run for it. And he threw a pretty soft bounce pass, and I was able to pick it up."

Every program needs a moment to compose itself. For Miami, that was Wednesday. The

Hurricanes had cracked the top 25 and Warren Sapp and Jimmy Graham were among those in attendance for the showdown with Duke. Larrañaga even had 20 guests fly into town for the event. The win over the Blue Devils means little if the Hurricanes lose their sense of purpose and thus their place near the apex of the ACC ... but the point is they actually have that problem.

"Experiencing this together has given them a lot of confidence and quite frankly had given them a lot of joy," Larrañaga said. "To go through a winning streak like the one we're on right now to start conference play, for the first time in school's history, is very special to these players. They know they're blazing a trail that's never been blazed before."

The Hurricanes' second-year coach had dinner with his phalanx of friends and relatives as Wednesday's delirium became Thursday's, returning home after midnight. He had 96 text messages and 50 emails and responded to those until 1:30 a.m. He then re-watched the Duke game. He went to sleep at 3 a.m., then awoke 75 minutes later to drive his son to the airport.

In a matter of hours after what he deemed the biggest regular-season win of his coaching career, though, Larrañaga dispatched a text message to the team that arrived on Larkin's phone precisely at 7:41 a.m. It read: Great job last night. Enjoy the day, be ready for practice tomorrow. We must prepare for Florida State. Coach L.

"Right to the point," Larkin said.

Memo delivered, but it was impossible to ignore the deliverance that preceded it. Scott, the 6-foot-5-inch senior from the Bronx, was stopped for pictures as he walked to his car. He received congratulatory text messages, about 15 he guessed, from numbers he didn't recognize. He thanked them, then added: Who is this? After the senders identified themselves, Scott still didn't know who they were. He pulled up for a late-night meal at The Cheesecake Factory and continued to hear echoes of applause dissolve into the late-night air. Cars stopped and honked their horns at him as he crossed the street. He was steps away from the restaurant when he passed by a police officer, sitting outside another eatery, who had but one question for him.

"How'd the 'Canes do tonight?" the officer asked, plainly oblivious. "Did they win?"

For the first time in a night of revelation, and maybe for the last time in a while, somebody had no idea who Durand Scott was or what Miami basketball had just done.

"The 'Canes won tonight," Scott assured the officer. "They did a good job."

Former PDS star Reed overcomes injury to excel at Miami

The Trentonian

Nick Peruffo

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Back in early September, former Princeton Day School and University of Miami forward Davon Reed thought his season could be over after undergoing surgery on his torn left meniscus.

Seven months later, the Ewing native has not only fully recovered, but has emerged as one of the main catalysts for a Hurricanes team that will meet Stanford in the NIT final Thursday night at Madison Square Garden.

"His work ethic is nothing like I've ever seen before," said coach Jim Larrañaga, after Miami's 60-57 semifinal win over Temple Tuesday night. "He was in that training room with the doctors, with the trainers, with our strength and conditioning coach. The doctors told me in November that it's the fastest they've ever seen anybody recover."

Though the sophomore scored just six points on 3-of-8 shooting against the Owls, he was still able to have a huge impact on the game with seven rebounds, four assists and three blocked shots in a team-high 37 minutes of action. Defensively, he was able to help the Hurricanes overcome the loss of 7-foot center Tonye Jekiri, who left the game with a concussion in the first half, by guarding nearly every position on the floor.

Temple finished the game shooting just 30.2 percent from the field, and 10.5 percent from beyond the 3-point arc.

"My dad (David Reed) always taught me growing up that it's not about how tall you are or how big you are," said Reed, who measures in at 6-foot-6 and 208 pounds. "It's about the size of your fight. It doesn't matter (guarding) one through five. Obviously sometimes you are outmatched, but if you have the heart and the will to do it, you can do it."

Reed had a solid freshman season,

averaging 6.6 points in primarily a bench role, but looked primed to make a major leap in his second year in Coral Gables. His defense in particular earned rave reviews during the Hurricanes' summer trip to Europe.

"Davon had a sensational summer," Larrañaga said. "We took the team to Spain and he was our best perimeter defender, our second-best rebounder. He was shooting the ball extremely well."

Shortly after the team returned home, however, disaster struck.

"It's strange," Reed said, when asked to describe the injury. "I was actually in the training room. My leg was folded and it just locked up on me and I couldn't straighten it. I went to the doctor and they said my meniscus had folded. It was a freak accident, but things like that happen"

The original prognosis was that he'd miss four to six months, making a redshirt year seem likely.

"It's very hard to come back from that," Larrañaga said. "In fact, I told him 'if you are out for three months, it's going to take you three months to get back.' In the back of our minds, we thought, well, if he's not able to do it, we'll just redshirt him."

By the time Reed made his return against Green Bay on Dec. 6 — just three months after surgery — his doctors had declared his left knee was stronger than it had been before the injury.

"We have an excellent training staff at the University of Miami and excellent facilities, so they did a good job of pushing me and I pushed them as well," Reed said. "It has been a blessing in disguise."

Reed moved into the starting lineup Jan. 17 at Notre Dame, and has averaged eight points and four rebounds in 29 games this year. He was recently named a team co-captain along with Jakiri, Sheldon McClellan and the injured Angel Rodriguez.

"He's shot the ball well, he's passed the ball well, he's defended, he's rebounded, he's played multiple positions, and late in

the season I decided that we'd give him even more responsibility," Larrañaga said.

Though the Hurricanes finished the regular season 21-12 with a 16-point win over Duke on their resume, they also had a pair of bad home losses to Green Bay and Eastern Kentucky and were ultimately left out of the NCAA Tournament. Reed acknowledged that the NIT represented a chance for his team to prove the selection committee wrong.

"We were definitely disappointed, but at the end of the day, we left it up to the committee instead of locking up a spot in the Dance because we had those two bad losses at home," Reed said. "We set out a goal at the beginning of the NIT of 'why not win this and show why we belong in the tournament?' I think the team took heed of that, and every game we are coming more and more together."

On a more personal level, reaching the NIT's Final 4 also meant playing at Madison Square Garden, just a short New Jersey Transit ride away from Mercer County.

"I had a lot of family and friends here tonight, so it was great seeing them," Reed said.

Considering what he's already overcome this season, Reed may just give those familiar faces something even bigger to celebrate Thursday night.