

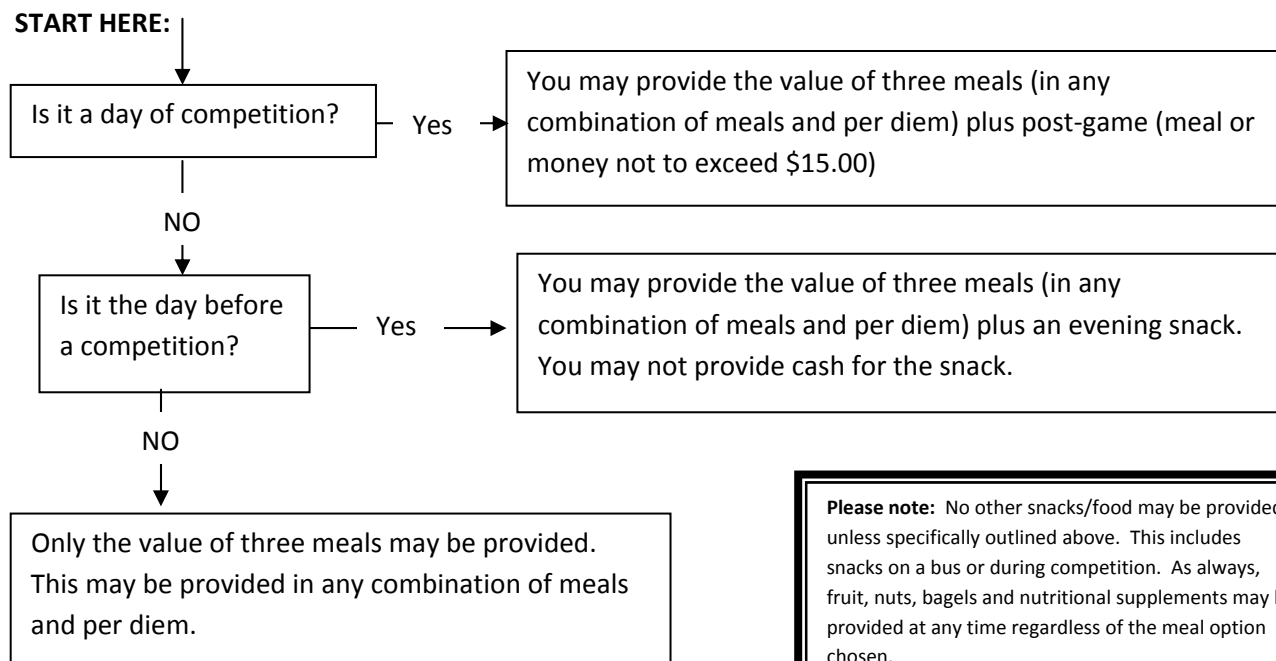
Meals in Conjunction with an Away-from-Home Contest

Teams who are traveling for an away-from-home contest have two choices when deciding how to feed their team. **They must choose one option for the entire trip for the entire team. Once the trip starts, they may not switch options.** The two options below describe what may be provided when.

Option 1 – Combination of Meals and Per Diem Provided

Once travel starts, you may use this flow chart for each day of travel to determine what is permissible under option 1.

START HERE:



Please note: No other snacks/food may be provided unless specifically outlined above. This includes snacks on a bus or during competition. As always, fruit, nuts, bagels and nutritional supplements may be provided at any time regardless of the meal option chosen.

Option 2 – Only Meals at Coaches' Discretion (no monies may be provided prior to their release from the team)

An institution may provide meals at their discretion from the time the team reports on call for departure until they return to campus and are released by the coach. There is no limit on the timing or amount of food provided. The only cash that may be provided is \$15.00 at the time the team is released by the coach, not before. No more than \$15.00 should be provided to the student-athlete regardless of the number of games or days played if this option is chosen.