



# HURRICANES ATHLETICS COMPLIANCE JULY 2019 NEWSLETTER

## INSIDE THIS ISSUE

- 1) In The News
- 2) Transition to ARMS
- 3) Compliance MVP
- 4) Tip of the Week
- 5) Student Managers
- 6) CARA Clearance
- 7) All Staff (make-up) Exam
- 8) Reporting Violations
- 9) Complimentary Admissions
- 10) Recruiting Calendars

## COMPLIANCE MVP

This month's MVP comes to us from Communications.

We would like to thank David V for his support and help with the Compliance Office.



## IN THE NEWS

### Washington State Football

Washington State all-conference safety Jalen Thompson will lose his final year of eligibility because of a violation of NCAA rules. Jalen took an over-the-counter banned substance that was not a steroid.

This news comes only a few months after three Clemson football players were suspended from the Cotton Bowl and CFP National Championship Game after testing positive for trace amounts of ostarine, a banned anabolic substance typically utilized to generate lean muscle.

#### KEY TAKEAWAYS:

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
2. Student-athletes have tested positive and lost their eligibility after using over the counter supplements.
3. Many dietary supplement products are contaminated with banned drugs not listed on the label.
4. Supplements fall into three categories: permissible, impermissible and banned.
  - 4a. Permissible: can be provided to student-athletes by Athletics.
  - 4b. Impermissible: cannot be provided to student-athletes by Athletics.
  - 4c. Banned: substances the NCAA has banned athletes from using.
5. A list of NCAA banned substances can be found **HERE**.

#### UM SUPPLEMENT POLICY:

All supplements must be vetted by the dietitian or athletic trainer prior to consumption by the student-athlete. Please reach out to Sports Nutrition for more information on the supplement approval process.

## TRANSITION TO ARMS

Athletic Department staff will be required to use ARMS for recruiting, camps/clinics, and complimentary admissions beginning July 1. You should have received an email from ARMS with your login information (and if you haven't yet, you will soon).

ARMS will provide in-person training on July 30th. Coaches and sport-specific staff must attend an in-person training session. In the meantime, questions can be directed to Colin Shaffer, he is running point on the transition to ARMS.

\*Information entered in JumpForward after June 16th must be reentered into ARMS.

## COMPLIANCE TIP OF THE WEEK

\*Does not apply to NLI Signees

### Women's Basketball

All communication with prospects, prospects' relatives, legal guardians, coaches or any IAWP is prohibited during the July evaluation periods. This extends to calls, texts, and emails, as well as on and off-campus contact.\*

### Men's Basketball

A prospect may not make an unofficial visit during the month of July.\*

## STUDENT MANAGERS

A manager is any individual who performs managerial duties (e.g., equipment, laundry, hydration). Student-managers must be enrolled in a full-time program of study.

- Undergraduates: Full-time = 12 credit hours/semester.
- Graduate students: Full-time = 9 credit hours/semester.

Student-managers may participate in limited on-court or on-field activities (e.g., rebounding during warm-up) involving student-athletes on a regular basis. **Managers may not** provide instruction to student-athletes, participate in CARA (e.g., practice player), or observe voluntary workouts.

### MANAGER APPROVAL PROCESS

- Complete the IAWPSA Review Form and Student-Manager Agreement
- Attend a New Hire Orientation with Compliance
- Coach must submit an updated Staff Declaration (available on Teamworks under Files)
- Returning managers must annually complete the Student-Manager Agreement and attend a Compliance Orientation.

**Managers may not participate in managerial duties until Compliance approves the hire (approvals will be sent out via email).**

## CARA CLEARANCE

### COMPLETE UM & NCAA FORMS

Student-athletes must complete their required compliance forms in Teamworks by going to [Miami.Teamworksapp.com](https://miami.teamworksapp.com) and logging in with their Cane ID and password.

### ATTEND COMPLIANCE MEETING

Student-athletes must attend the beginning of the year compliance education meeting.  
Dates and times TBD.

### RECEIVE MEDICAL CLEARANCE

Student-athletes must pass their physicals and the Compliance Office must receive medical clearance from the sports medicine staff.

## ALL (NONCOACHING) STAFF COMPLIANCE EXAM

Compliance will be administering the all staff (make-up) exam on Wednesday, July 17th at 4:00 p.m. in the Schwartz Auditorium. There will be a 20 minute review followed immediately by the exam. This is the final opportunity and required for all non-coaching staff that could not make the previous date.



## REPORTING VIOLATIONS

All known violations are required to be submitted to Craig Anderson or Blake James. If you are aware of a violation, recruiting or otherwise, please make sure that one of these two individuals is informed.

## COMPLIMENTARY ADMISSIONS

### STUDENT-ATHLETES (16.2.1.1)

May receive four (4) complimentary tickets for each home or away contest in their sports.

May receive up to six (6) tickets for post-season competition (ACC/NCAA tournaments).

Student-athletes may not sell or exchange their tickets for anything of value.

Managers may not transfer their complimentary tickets to student-athletes.

### PROSPECTS (13.6.7.2, 13.6.7.3)

May receive up to five (5) complimentary tickets during an **official visit** to any regular-season home game. Effective 8/1/19

May receive up to three (3) complimentary tickets during an **unofficial visit** to any regular-season home game.

Prospects from a non-traditional family may receive up to five (5) complimentary admissions during an unofficial visit to any regular-season home game. The additional two tickets are for stepparents.

As long as tickets are purchased at face value, tickets for seats adjacent to complimentary seats may be reserved for immediate family members accompanying a prospect.

### HIGH SCHOOL COACH (13.8.1)

May receive a max of two (2) complimentary admissions to any home athletics events located within 30-miles of UM.

\*Athletic department staff members are otherwise prohibited from entertaining a high school or two year college coach on or off-campus.

- COMPLIMENTARY ADMISSIONS MUST BE ISSUED THROUGH A PASS LIST
- SEATING MAY ONLY BE PROVIDED IN THE GENERAL SEATING AREA OF THE FACILITY
- PHOTO ID IS REQUIRED FOR ADMISSIONS
- PRESS BOX, SPECIAL BOX(ES), OR BENCH AREA SEATING IS PROHIBITED.



Fall Stipend  
Distribution  
Schedule

August 14, 2019  
September 19, 2019  
October 24, 2019  
November 21, 2019  
December 19, 2019

# RECRUITING CALENDARS

J U L Y 2 0 1 9

## CALENDAR KEY

Contact Period / Recruiting Period (MBB)

Dead Period

Evaluation Period:  
Certified Nonscholastic Events and Camps

Quiet Period

Evaluation Period

### Baseball

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### Women's Basketball

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### Football

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### Men's Basketball

JULY 2019						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### Cross Country/Track & Field

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

### All Other Sports

JULY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### MEN'S BASKETBALL JULY EVALUATION PERIODS

July 11 - July 14: NCAA certified summer events, organized team practices in preparation for certified events. Institutional camps/clinics.

July 23 - July 28: NCAA College basketball Academy, USA Basketball Academic Junior National Team Minicamp

## COMPLIANCE STAFF

**Craig Anderson**  
Sr. Associate AD for Compliance  
Craig.Anderson@miami.edu  
Ext: 5542

**Dan Raben**  
Assistant AD for Compliance  
D.Raben1@miami.edu  
Ext: 8457

**Sarah Quintana**  
Director of Compliance  
Sarah.Quintana@miami.edu  
Ext: 4428

**Caitlyn Francis**  
Associate Dir. of Compliance  
Caityn.Francis@miami.edu  
Ext: 2844

**Colin Shaffer**  
Assistant Dir. of Compliance  
Cshaffer@miami.edu  
Ext: 2692

**London Wood**  
Eligibility Coordinator  
Londonw@miami.edu  
Ext: 8638