



MAY 2019

COMPLIANCE NEWSLETTER

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## Making Headlines

In April, the NCAA Council adopted several proposals. Here is a list of important new rules that were adopted:

**New rules:** In all sports **except** baseball, basketball, hockey, lacrosse, softball, and football, coaches cannot communicate (e.g., email, texts, phone calls (both incoming and outgoing)) with a PSA before June 15 after their sophomore year in high school. In addition, a PSA may take an unofficial or official visit beginning August 1 of their junior year in high school.

**What this means:** These rules were designed to curb early recruiting, and now all recruiting contacts and communications between college coaches and PSA's are banned until June 15 after the PSA's sophomore year in high school.

**Effective date:** Immediate - Effective May 1, 2019

### SPORTS OTHER THAN BASEBALL, BASKETBALL, AND FOOTBALL FIRST OPPORTUNITY FOR RECRUITING ACTIVITIES (Effective May 1)

Sport	Other Recruiting Materials	Electronic Correspondence/Private Messages	Incoming Phone Calls	Outgoing Phone Calls	Official & Unofficial Visits	Off-Campus Contact	Verbal Offers	Camp and Clinics Recruiting Conversations
<b>Previous Rules:</b> All Sports Except Baseball, Basketball, and Football	Sept 1 of junior year.	Sept 1 of junior year.	Anytime.	Sept 1 of junior year.	Sept 1 of junior year.	July 1 following junior year.	Not legislated.	Beginning 9/1 of Junior Year
<b>New Rules:</b> All Sports Except Baseball, Basketball and Football	June 15th after sophomore year.	June 15th after sophomore year.	June 15th after sophomore year.	June 15th after sophomore year.	Aug 1 before junior year.	Aug 1 before junior year.	Not legislated.	Aug 1 before junior year.

## COMPLIANCE MVP

This month's Compliance MVP comes to us from Athletic Training. We would like to thank Karl Rennalls for his support and help with the Compliance Office. Thank you Karl!





# LEGISLATIVE UPDATES

**New rule:** In all sports except basketball, most restrictions relating to contact with PSA's in town for competition have been eliminated.

**What this means:** PSA's who are eligible to take unofficial visits to campus may now visit campus any day during a road trip to the Miami area so long as all competition on a particular day has concluded.

**Effective Date:** Immediate - Effective May 1, 2019

**New rule:** UM may provide expenses to a coach for UM recruiting activities that occur while the coach is also acting in a permissible capacity for a local sports club or a national team training program. In addition, a UM coach may receive expenses from a local sports club or a national team training program while acting in a permissible capacity for the club or team, and still recruit on behalf of UM.

**What this means:** A UM coach who is also a local sports club coach or involved with a national team can now recruit on behalf of UM and coach his or her LSC team (or a national team) on the same road trip without worrying about who pays and whether the coach has to touch home before going back out on the road.

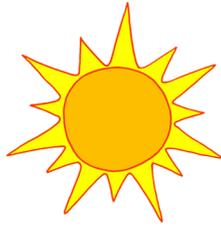
**Effective Date:** Immediate - Effective May 1, 2019

## UNOFFICIAL VISITS

<b>Definition</b>	A visit made to UM's campus at the PSA's own expense.
<b>First Opportunity for Unofficial Visits</b>	<ul style="list-style-type: none"> <li>• Football and women's basketball: Any grade level</li> <li>• Men's basketball: August 1 of sophomore year</li> <li>• Baseball: September 1 of junior year</li> <li>• All other sports: <b>August 1 of junior year</b></li> </ul>
<b>Quantity</b>	There are no limits on the number of unofficial visits PSA's may take.
<b>Expenses</b>	An unofficial visit must be entirely funded by the PSA, so UM may not pay any expenses (e.g., meals, lodging, parking) or provide any entertainment, with one exception: three complimentary admissions to regular season, home events.
<b>Meals</b>	<ul style="list-style-type: none"> <li>• A PSA may eat with coaches, other PSAs, or student-athletes on UM's campus during an unofficial visit as long as he or she pays for his/her own meal (PSA should be on separate bill).</li> <li>• In addition, coaches, staff, and student-athletes may have off-campus contacts with a PSA on an unofficial visit within a one-mile radius of campus (e.g., meal at a restaurant - see list of one-mile-radius restaurants <a href="#">HERE</a>).</li> </ul>
<b>Transportation</b>	UM may only provide transportation (a) on the UM campus, (b) to off-campus practice or competition sites, and/or (c) to another UM campus (e.g., marine science campus).
<b>New rule: Prospects in Miami area for competition</b>	<ul style="list-style-type: none"> <li>• <b>All sports except basketball:</b> Those PSA's who are eligible to take an unofficial visit to campus and are in town for competition may visit UM on any day of their road trip as long as they are done with all competitions for a particular day.</li> <li>• <b>Basketball:</b> Both men's and women's basketball kept the old rule relating to PSA's in town for competition. So in basketball, PSA's may only visit campus the day after their final competition.</li> </ul>



# STUDENT-ATHLETE SUMMER ACTIVITIES



**Voluntary athletics activities:** Always allowed during the summer vacation period, which begins May 9, 2019, as long as the activities meet the definition of “voluntary” listed below.

**Voluntary defined:** An activity can be voluntary (not countable) only if all of the following are true:

- Student-athletes request the activity;
- Coaches and noncoaching staff do not observe, supervise, or direct the activity;
- Information related to the activity is not reported to coaches;
- Attendance at the activity is not recorded; and
- No penalty for missing or no recognition/incentive for participating in the activity.

**Summer strength/conditioning exception:** Strength coaches (not countable coaches) may design and conduct workout programs for student-athletes, but only if those workouts are voluntary and no countable coaches or noncoaching staff members are present.

**Safety exception:** Coaches may be present and provide safety instruction when student-athletes practice, but the coaches may not provide non-safety-related instruction. Safety-exception sports include rowing, swimming and diving, and certain disciplines in track and field.

**Individual sports exception:** If student-athletes request assistance, coaches may be present and provide skill instruction to student-athletes during the summer vacation period. UM individual sports are cross country/track & field, golf, swimming & diving, and tennis. Athletes must complete the voluntary practice form prior to participating in voluntary practice with a coach.

**Mandatory athletics activities:** Only permissible in basketball and football. Student-athletes may participate in required weight training and skill instruction for up to eight weeks.

**Incoming student-athletes:** Before participating in any permissible summer activities, incoming student-athletes must (1) undergo a medical evaluation (including sickle cell test), (2) be enrolled in and attend summer classes, and (3) receive Compliance Office approval.

## STRENGTH AND CONDITIONING COACHES

### SUMMER WORKOUTS

For all sports except basketball and football, UM strength and conditioning coaches may design and conduct workout programs for student-athletes during the summer, provided such workouts are voluntary (as defined above).

The following are reminders for strength and conditioning coaches:

- Countable coaches and noncoaching staff members with sport-specific responsibilities (e.g., directors of operations) cannot be present.
- Strength coaches may not report any information to other coaches regarding the workouts.
- Student-athletes may track their own workout progress, but progress logs must be kept for the student-athletes’ use only and may not be submitted to coaches.
- Conditioning drills may simulate game day activities provided no offensive or defensive alignments or equipment related to the sport are used.
- **UM sports medicine staff who are present during voluntary workouts have the unchallengeable authority to stop or modify workouts for safety purposes.**

## SPORT SPECIFIC SUMMER WORKOUTS

**FOOTBALL:** Student-athletes may participate in eight weeks of summer conditioning. Participation in such activities shall be limited to a maximum of eight hours per week with not more than two hours per week spent on video/film review (coaches may be present).

- During the remaining weeks of summer, student-athletes may be involved in voluntary weight training and conditioning activities (coaches may NOT be present). S & C coaches may monitor for health and safety purposes.
- For a continuing student-athlete not enrolled in summer school, the student-athlete needs to have a minimum grade-point average of 2.200 and to have completed specific credit hour requirements based on their year in school.

**BASKETBALL:** In men’s and women’s basketball a student-athlete who is enrolled in summer school may engage in required weight-training, conditioning and skill-related instruction for up to eight weeks (not required to be consecutive weeks).

- Participation in such activities shall be limited to a maximum of eight hours per week with not more than four hours per week spent on skill-related instruction.
- For a student-athlete not enrolled in summer school, the student-athlete needs to have a minimum grade-point average of 2.200 and to have completed specific credit hour requirements based on their year in school.



# COMPLIANCE STAFF

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### NON-INSTITUTIONAL CAMPS & CLINICS

Coaching and non-coaching sport specific staff must complete the non-institutional camp and clinic form prior to working any outside camps.

The completed form should be turned into Compliance for approval.

### SELLING OR EXCHANGING AWARDS

Student-athletes who receive awards may **NOT** sell them or exchange them for anything with monetary value. If the award goes missing or is stolen it should be reported to the Compliance office.

Awards received by student-athletes may not include cash, gift certificates, gift cards that are redeemable for cash, a cash-equivalent reward, or a country club or sports club membership.

Awards may be provided to recognize special achievements, honors and distinctions. Local organizations may provide teams with awards as long as the award is approved by Compliance and counts towards the award limitations.

**\*All awards, regardless of awarding agency (e.g., UM or Outside Org) must be approved by Compliance.**

### CANE COMPLIANCE TIP OF THE MONTH

Student-athletes that are looking to compete on outside teams or in competitions during the summer months *must* fill out an Outside Competition form with the Compliance office.

Student-athletes can either email the office or stop by to pick up a form! The form is also available on Teamworks.

### Reporting Violations

All known violations are required to be submitted to Craig Anderson or Blake James. If you are aware of a violation, recruiting or otherwise, please make sure that one of these two individuals is informed.

### CANES REPRESENTING THE U

Beatrice Mompremier, Mykea Gray, Destiny Harden and Kelsey Marshall represented the Hurricanes at the 2019 USA Basketball Women's 3X3 National Championship in Las Vegas.





# MAY RECRUITING CALENDARS

## MEN'S BASKETBALL

- Recruiting Period: May 1-2
- Quiet Period: May 3-15
- Dead Period: May 16-24
- Quiet Period: May 25– June 12

## WOMEN'S VOLLEYBALL

- Quiet Period: May 1– 30
- Contact Period: May 31– July 31

## TRACK AND FIELD/CROSS COUNTRY

- Contact Period: March 10 - June 4

## BASEBALL

- Contact Period: March 1 - July 31

## WOMEN'S BASKETBALL

- Quiet Period: April 29 - May 5
- Recruiting Shutdown: May 6-12
- Quiet Period: May 13-16
- Eval Period: May 17-19
- \*Certified Nonscholastic Events Only (May 17-19)
- Quiet Period: May 20– July 5

## FOOTBALL

- Evaluation Period: April 29 - May 4
- Quiet Period: May 5
- Evaluation Period: May 6-11
- Quiet Period: May 12
- Evaluation Period: May 13-18
- Quiet Period: May 19
- Evaluation Period: May 20-25
- Quiet Period: May 26-27
- Evaluation Period: May 28-31

## ALL OTHER SPORTS

- Contact/Evaluation Period - Through July 31



# ASK BEFORE U ACT

Compliance Questions? Contact a compliance staff member!

E-mail: [athleticscompliance@miami.edu](mailto:athleticscompliance@miami.edu) | Phone Number: 305-284-2692.

Follow us on Twitter (@UCompliance) and "like" us on Facebook, ([www.facebook.com/UCompliance](http://www.facebook.com/UCompliance)).