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Vacation Period Reminders

FINAL EXAMS: December 8—December 14

WINTER BREAK: December 15—January 16

Sports that are out-of-season must cease all required activities one week prior to the start of final exams. Therefore, all CARA for these sports must stop after November 30th. Additionally, during a Vacation period, sports that are out-of-season are not permitted to have required activities.

During a Vacation Period, Student-Athletes may receive room and board expenses in the following circumstances:

- Student-athletes who are required to remain **on campus** for organized practice sessions or competition.
- Student-athletes who are pre-approved by the coaching staff, athletic training, and the compliance office to remain on campus for rehab purposes.
- If a student-athlete lives at home during the vacation period, the cost of room and board may not be provided, except for a meal that is incidental to participation to required activities.

Student-Athletes who return to campus from institutional competition during the official vacation period during a regular academic term (e.g., Spring Break). Room and board expenses may be provided when the student-athlete arrives on campus.

If an institution does not provide a meal to its student-athletes, a cash allowance may be provided not to exceed the amount provided by the institution to institutional staff members on away from campus trips.

As of November 30th, no required activities are allowed for the following sports:

Baseball, Men's & Women's Tennis, Golf, Rowing, & Soccer, Volleyball

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OUTSIDE COMPETITION

A student-athlete may compete outside of the institution's declared **playing and practice season** as a member of an outside team in any non-collegiate, amateur competition during **any official vacation period**.

All student-athletes must have participation in outside competitions approved by the compliance office PRIOR to the event taking place.

If you know of any student-athletes interesting in participating in outside competition, please direct them to the compliance office to fill out the proper paperwork.

SELLING OR EXCHANGING AWARDS

Student-athletes that receive awards may NOT sell them or exchange them for any monetary value. If the award goes missing or is stolen it should be reported to the Compliance office.

Awards received by student-athletes may not include cash, gift certificates, gift cards that redeemable for cash, a cash-equivalent reward, or a country club or sports club membership.

Awards may be distributed at any point after a student-athlete's full-time enrollment at the certifying institution.

Awards may be provided to recognize special achievements, honors and distinctions. Local organizations may provide teams with awards as long as the award is approved by Compliance and counts towards the award limits.

PER DIEM ALLOWANCES

- Room and board may be provided to a student-athlete during official vacation periods in which they are required to remain on the institution's campus for organized practice sessions or competition.
- If an institution does not provide its student-athletes with a meal, a cash allowance may be provided.
- Any student-athletes that will be remaining on campus for injury rehabilitation reasons may also receive a per diem allowance.
- If any student-athletes will be receiving a per diem allowance, please contact the Compliance Office for more details.

COMPLIANCE MVP

This month's compliance MVP comes to us from Athletic Training. We would like to congratulate Lesley King for her support in scheduling meetings and supporting our compliance staff.



Lesley King



COMPLIANCE NOTES

As we approach final exams and the winter break period, the majority of our teams will be out-of-season. It is important to remember that the NCAA bylaws remain in effect year-round, and despite most of our student-athletes being gone through this time-period, we must still continue to abide by NCAA legislation.

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In the News: Newly Proposed NCAA Rules Would Help Fix Time Loopholes for Student-Athletes

College athletes will have the opportunity to gain some additional time away from their sports and new input into demands on their time under a series of new NCAA rules changes that have officially been proposed by the five major conferences.

Under increasing pressure from athletes, power five schools have been seeking a way to address time demands in an orderly, relatively uniform way that would not end up placing restrictions on elite athletes in sports who believe their training must be virtually year-round.

Under current NCAA rules, during a playing season and while school is in session, athletes are supposed to spend no more than 20 hours a week on required athletic activities. In sports other than football, that limit drops to eight hours per week during the off-season. However, NCAA surveys of athletes have shown—and school and conference officials readily acknowledge—that athletes spend much more time than that on their sports.

The new proposals include:

- A ban on required athletically related activities not related to competition from 9 p.m. to 6 a.m., and a continuous eight-hour ban on required athletically related activities after student-athletes are released from team activities relating to competition ending after 9 p.m.
- A ban on required athletically related activities for a seven-day period, beginning at the end of the season. Schools would also be required to give athletes an additional 14 days off during the regular academic year.
- Schools would be required to develop a “student-athlete time management plan” for each varsity sport, with input from student-athletes. “Adequate notice” of required athletically related activities or changes in the schedule would need to be given to student-athletes.
- Schools would be required to give athletes one day off per week during a preseason practice period and a vacation period when classes are not in session.

These proposals are set to be voted on by the Power Five conferences in January. If passed, the changes would become effective August 1st, 2017.



DECEMBER RECRUITING CALENDAR

BASEBALL

- Quiet Period - December 1-31

MEN'S BASKETBALL

- Recruiting Period - December 1-23
- Dead Period - December 24-26
- Recruiting Period - December 27-31

WOMEN'S BASKETBALL

- Evaluation Period - December 1-23
- Dead Period - December 24-26
- Evaluation Period - December 27-31

FOOTBALL

- Contact Period - December 1-11
- JuCo Quiet Period - December 11
- Dead Period - December 12-31

CROSS COUNTRY/TRACK & FIELD

- Contact Period - December 1-11
- Quiet Period - December 12-13
- Dead Period - December 14-17
- Quiet Period - December 18-31

VOLLEYBALL

- Contact Period - December 1-4
- Quiet Period - December 5-13
- Dead Period - December 14-31

ALL OTHER SPORTS

- Contact Period - December 1-31



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Compliance Questions? Contact a compliance staff member, e-mail us at [Athleticscompliance@miami.edu](mailto:athleticscompliance@miami.edu), or call 305-284-2692. Please follow us on Twitter (@UCompliance) and "like" us on Facebook, (www.facebook.com/UCompliance).