

**THIS FORM MUST BE COMPLETED PRIOR TO USING ANY UM ATHLETIC FACILITIES**

Prospect Name: \_\_\_\_\_

Date: \_\_\_\_\_

UM C#: \_\_\_\_\_

Sport: \_\_\_\_\_

*I certify that I have signed a National Letter of Intent or Financial Aid Agreement with the University of Miami and, to the best of my knowledge, am in good health and physically fit to participate in weight lifting and conditioning activities. I agree to comply with all the rules and regulations of the University, the ACC, and the NCAA. I understand that I will not be allowed to use the facilities until I have been approved by each office in the clearance process.*

Signature of Prospective Student:	Date:
-----------------------------------	-------

**YOU ARE NOT APPROVED TO USE THE FACILITIES UNTIL YOUR  
HEAD COACH RECEIVES A COPY OF THIS FORM WITH ALL SIGNATURES**

**Step 1 – Receive the signature of Head Coach**

Signature of Coach (or designee):	Date:
-----------------------------------	-------

**Step 2 – Receive the signature of Director of Facilities**

The above prospect has signed the release and covenant not to sue contract and I understand my limitations on permissible activities with the prospect.

Signature of Director of Facilities:	Date:
--------------------------------------	-------

**Step 3 – Receive the signature of Athletic Trainer (Training Room)**

This prospect has passed a medical exam and has signed the Assumption of Risk form.

Signature of Athletic Trainer:	Date:
--------------------------------	-------

**Step 4 – Obtain approval from Compliance**

The prospect **must** meet with the Compliance Office to complete the process.

Signature of Compliance Officer:	Date:
----------------------------------	-------

## Attention NLI Signees

### NLI Signees—All Sports (NCAA Bylaws 13.11.2.3.1)

A prospective student-athlete who has signed a National Letter of Intent (or a four-year college-transfer prospective student-athlete who has signed a written offer of financial aid and/or admission) may participate in voluntary weightlifting or conditioning activities (e.g., conditioning on the track) on the institution's campus in the presence of the institution's strength and conditioning coach, provided such activities are not prearranged, the strength and conditioning coach is performing normal duties and responsibilities in the supervision of the weight room or facility in use (e.g., track) and he or she does not work directly with the prospective student-athlete.

### Medical Exams (NCAA Bylaw 13.11.2.6.2)

Medical examinations may be administered at any time to prospects who either have signed the National Letter of Intent with the University of Miami or have been accepted for enrollment in a regular full-time program of studies, provided the examinations occur during an official paid visit, attendance at summer school or a visit to the institution at the prospect's own expense for any purpose.

### Mandatory Medical Examinations (NCAA Bylaw 13.11.3.7.3; 13.11.3.8.1; 13.11.3.9.1)

Prior to participation in any weight-training or conditioning workouts, a prospective student-athlete who will be a first-time participant shall be required to undergo a medical examination or evaluation administered or supervised by a physician. The examination or evaluation shall include a sickle cell solubility test unless documented results of a prior test are provided to the institution or the prospective student-athlete declines the test and signs a written release. The examination or evaluation must have been administered within six months prior to participation in any weight-training or conditioning activity.

### University of Miami Facilities – Strength and Conditioning

#### Football (NCAA Bylaws 13.11.3.7):

A football National Letter of Intent signee **may engage in voluntary summer workouts conducted** by an institution's certified strength and conditioning coach with department wide duties.

#### Basketball (NCAA Bylaws 13.11.3.8):

A basketball National Letter of Intent signee, or a basketball student-athlete who is receiving financial aid to attend summer school, **may engage in voluntary summer workouts conducted** by an institution's strength and conditioning coach with department-wide duties.

### University of Miami Facilities – Other than Strength and Conditioning

Use of other UM facilities by prospects (e.g. tennis courts, batting cages, etc.) is permissible only if the facility is open to the general public.