

# UNIVERSITY OF MIAMI TRACK AND FIELD HISTORY AND RECORDS

## WOMEN'S INDOOR TOP 5

### 55 METERS

1. Lauryn Williams	6.70	02/01/04
2. Wiande Moore	6.86	01/15/05
3. Wyllesheia Myrick	6.90	03/02/98
4. Karen Waite	6.92	02/22/98
4. Ashley Dukes	6.92	01/13/07
4. Tara Thomas	6.92	01/24/09

### 55 METER HURDLES

1. Gillian Russell	7.48	02/04/95
2. Yolanda McCray	7.54	03/07/97
3. Patrina Allen	7.55	03/13/98
4. Dominique Darden	7.75	02/06/05
5. Sharianne Lawson	7.76	02/09/03

### 60 METER HURDLES

1. <b>Tiara McMinn</b>	<b>7.95</b>	<b>01/31/20</b>
2. Ti'erra Brown	8.00	03/12/10
3. Yolanda McCray	8.04	02/21/99
4. Dominique Darden	8.11	03/11/05
5. Sharianne Lawson	8.12	03/14/03

### 60 METERS

1. Murielle Ahoure	7.17	01/17/09
2. Lauryn Williams	7.22	03/14/03
3. <b>Alfreda Steele</b>	<b>7.25</b>	<b>02/14/20</b>
<b>Jacious Sears</b>	<b>7.25</b>	<b>02/29/20</b>
5. Tarika Williams	7.29	02/03/11

### 200 METERS

1. Lauryn Williams	22.79	03/13/04
2. Murielle Ahoure	22.80	03/13/09
3. Shakima Wimbley	22.83	02/25/17
4. Tarika Williams	23.27	02/26/11
5. <b>Jacious Sears</b>	<b>23.42</b>	<b>02/15/20</b>

### 300 METERS

1. Shakima Wimbley	36.72	01/13/17
2. <b>Brittney Ellis</b>	<b>38.03</b>	<b>01/13/17</b>
3. Aiyanna Stiverne	38.15	01/13/17
4. Samantha Gonzalez	38.23	1/11/19
5. Anna Runia	38.99	01/11/19

### 400 METERS

1. Shakima Wimbley	51.07	03/11/17
2. Krista Simkins	51.95	03/14/08
3. Dominique Darden	52.17	03/11/06
4. <b>Brittney Ellis</b>	<b>52.19</b>	<b>02/25/17</b>
5. Ginou Etienne	52.47	03/10/07

### 500 METERS

1. Ginou Etienne	1:11.48	02/22/04
2. Sharaque Whittaker	1:11.52	02/17/02
3. Gloria Ward	1:11.80	02/15/87
4. Tameka Jameson	1:12.54	01/29/10
5. Natalie Watson	1:12.56	02/18/01

### 600 YARD RUN

1. Taneisha Cordell	1:22.67	01/24/14
2. Ena Leufroy	1:24.71	02/14/09
3. Tameka Jameson	1:25.71	02/14/09
4. Jennifer Estime	1:25.96	02/09/12

### 600 METERS

1. <b>Kayla Johnson</b>	<b>1:27.64</b>	<b>01/31/20</b>
2. Thandi Stewart	1:31.41	02/14/14
3. Taneisha Cordell	1:31.47	01/17/15
4. Alaine Tate	1:32.00	01/11/19
5. Amy Taintor	1:34.23	02/03/17

### 800 METERS

1. <b>Kayla Johnson</b>	<b>2:05.21</b>	<b>02/23/19</b>
2. Alaine Tate	2:06.09	02/21/13
3. Natalie Watson	2:06.38	03/10/00
4. Thandi Stewart	2:06.42	02/06/15
5. Patricia Pearson	2:06.65	02/18/01

### 1,000 METERS

1. Anne den Otter	2:52.83	01/12/18
2. Latrice Shaw	2:53.88	02/22/98
3. Janet Price	2:56.43	02/14/09
4. Teri Hamilton	2:57.68	02/15/97
5. Natalie Watson	2:58.79	01/22/00

### MILE

1. Melanie Schultz	4:46.81	03/05/05
2. Anne den Otter	4:53.71	02/10/17
3. Lindsi Arrington	4:54.95	02/23/12
4. Gabrielle Hesslau	4:59.40	02/10/17
5. Latrice Shaw	5:02.48	02/07/98

### 3,000 METERS

1. Gabrielle Hesslau	9:47.06	01/21/17
2. Diana Adams	9:48.40	03/02/90
3. Anne den Otter	9:51.84	02/09/19
4. Lindsi Arrington	10:03.35	02/23/12
5. <b>Emma Langlois</b>	<b>10:09.98</b>	<b>02/15/20</b>

### 5,000 METERS

1. Gabrielle Hesslau	16:51.38	02/03/17
2. Alina Pinto	17:29.40	02/27/97
3. Diana Adams	17:29.98	02/28/91
4. <b>Emma Langlois</b>	<b>18:04.51</b>	<b>02/29/20</b>
5. Emma Steppe	18:19.53	02/27/10

### 4x400 RELAY

1. G. Etienne, C. Greggs, D. Darden, K. Simkins	3:30.91	03/11/06
2. A. Stiverne, <b>B. Ellis</b> , M. Atherley, S. Wimbley	<b>3:31.85</b>	<b>03/11/17</b>
3. G. Etienne, D. Darden, W. Moore, C. Greggs	3:32.59	02/11/05
4. S. Mason, <b>B. Ellis</b> , <b>K. Johnson</b> , S. Gonzalez	3:32.62	03/08/19
5. D. Darden, J. Wade, K. Carter, C. Greggs	3:33.37	03/15/03

### 4x800 RELAY

1. L. Shaw, D. Dodds, P. Pearson, N. Watson	8:50.80	02/20/00
2. N. Watson, R. Ruddock, L. Shaw, D. Dodds	9:04.79	02/21/99
3. T. Madison, Z. Pascual, S. Whittaker, P. Pearson	9:07.39	02/23/03
4. S. Whittaker, S. Sarabyn, P. Pearson, N. Watson	9:17.14	01/13/01
5. S. Whittaker, J. Geroux, P. Pearson, T. Madison	9:29.43	02/17/02

### DISTANCE MEDLEY

1. A. Tate, S. Wright, T. Stewart, L. Arrington	11:35.75	02/27/14
2. A. Tate, S. Wright, T. Cordell, L. Arrington	11:40.29	02/14/14
3. E. Leufroy, D. Bailey, G. Etienne, M. Schultz	11:46.22	01/27/06
4. L. Shaw, J. Winston, P. Pearson, N. Watson	11:54.58	02/06/00
5. L. Shaw, D. Doods, N. Watson, S. Sarabyn	12:00.11	02/14/98

### HIGH JUMP

1. Dakota Dailey-Harris	1.84m	03/12/16
2. Viktoria Andonova	1.82m	02/24/07
3. <b>Taylor Wright</b>	<b>1.80m</b>	<b>1/17/20</b>
4. Michelle Atherley	1.78m	03/08/19
Erika Voyzey	1.78m	01/14/17

### POLE VAULT

1. Alysha Newman	4.50m	02/06/16
2. <b>Molly Caudery</b>	<b>4.18m</b>	<b>02/02/19</b>
3. Amanda Gale	3.96m	02/24/17
4. Emily Gale	3.96m	02/24/17
5. Lauren Koutrelakos	3.20m	02/22/03

### LONG JUMP

1. Tabia Charles	6.52m	02/25/06
2. Brenda Faluade	6.48m	03/09/07
3. Deandra Doyley	6.45m	02/26/10
4. Ronalee Davis	6.34m	02/14/98
5. Tiffani Davis	6.33m	02/04/95

### TRIPLE JUMP

1. Tabia Charles	13.65m	03/11/06
2. Karen Clarke	13.54m	03/09/02
3. Brenda Faluade	13.39m	02/24/07
4. Kitoya Carter	13.02m	02/22/04
5. Samantha Williams	12.97m	03/10/13

### SHOT PUT

1. Kimberli Barrett	18.19m	02/18/05
2. Amber Monroe	17.18m	02/28/14
3. <b>Debbie Ajagbe</b>	<b>16.80m</b>	<b>02/29/20</b>
4. <b>Hannah-Sophia Hall</b>	<b>16.40m</b>	<b>02/29/20</b>
5. <b>Sherry Lubin</b>	<b>16.15m</b>	<b>02/29/20</b>

### WEIGHT THROW

1. <b>Debbie Ajagbe</b>	<b>22.55m</b>	<b>02/27/20</b>
2. Kimberli Barrett	21.51m	02/12/05
3. Lea Johnson	21.45m	02/26/15
4. Tiffany Okieme	21.42m	02/25/16
5. Precious Ogunleye	21.27m	02/06/16

### PENTATHLON

1. Michelle Atherley	4,547pts	03/08/19
2. Amber Williams	4,088pts	01/28/05
3. Amy Taintor	3,967pts	02/22/18
4. Amy Seward	3,936pts	02/23/06
5. Stefani Kerrison	3,599pts	01/20/17