

2021 Women's Indoor Performance List By Event

60m Dash	MARK/TIME	MEET	DATE
Alfreda Steele	7.22 F	NCAA Indoor Championships	3/13/21
Alfreda Steele	7.23 p	NCAA Indoor Championships	3/12/21
Alfreda Steele	7.25 q	ACC Indoor Championships	2/26/21
Alfreda Steele	7.25 F	ACC Indoor Championships	2/27/21
Alfreda Steele	7.26	Bob Pollock Invitational	1/28/21
Alfreda Steele	7.30	Bob Pollock Invitational	1/28/21
Jacious Sears	7.30	Bob Pollock Invitational	1/28/21
Alfreda Steele	7.30@	Red Raider Invitational	1/23/21
Alfreda Steele	7.31	Tiger Paw	2/12/21
Alfreda Steele	7.35	Tiger Paw	2/12/21
Jacious Sears	7.35	Tiger Paw	2/12/21
Jacious Sears	7.36@	Red Raider Invitational	1/23/21
Jacious Sears	7.37	Bob Pollock Invitational	1/28/21
Jacious Sears	7.38	Tiger Paw	2/12/21
Jacious Sears	7.40 q	ACC indoor Championships	2/26/21
Jacious Sears	7.40 F	ACC Indoor Championships	2/27/21

60m Hurdles	MARK/TIME	MEET	DATE
Tiara McMinn	8.00	ACC Indoor Championships	2/27/21
Tiara McMinn	8.01 F	NCAA Indoor Championships	3/13/21
Tiara McMinn	8.02 q	ACC Indoor Championships	2/26/21
Tiara McMinn	8.13 p	NCAA Indoor Championships	3/12/21
Tiara McMinn	8.13	Tiger Paw	2/12/21
Tiara McMinn	8.20	Bob Pollock Invitational	1/28/21
Lauryn Harris	8.28	ACC Indoor Championships	2/26/21
Lauryn Harris	8.30	ACC Indoor Championships	2/27/21
Tiara McMinn	8.41	Bob Pollock Invitational	1/28/21
Tiara McMinn	8.42	Tiger Paw	2/12/21
Lauryn Harris	8.45	Bob Pollock Invitational	1/28/21
Lauryn Harris	8.51	Tiger Paw	2/12/21
Lauryn Harris	8.51	Bob Pollock Invitational	1/28/21

200m Dash	MARK/TIME	MEET	DATE
Jacious Sears	23.65	Bob Pollock Invitational	1/28/21
Jacious Sears	23.71	Tiger Paw	2/13/21
Jacious Sears	23.97	Red Raider Invitational	1/23/21
Blanca Hervas	24.90	Red Raider Invitational	1/23/21

400m Dash	MARK/TIME	MEET	DATE
Moriah Oliveira	54.01	Bob Pollock Invitational	1/28/21
Moriah Oliveira	54.08	ACC Indoor Championships	2/28/21
Moriah Oliveira	54.47	Tiger Paw	2/12/21
Moriah Oliveira	54.52	ACC Indoor Championships	2/26/21
Blanca Hervas	55.12	Tiger Paw	2/12/21
Moriah Oliveira	55.61	Red Raider Invitational	1/23/21
Blanca Hervas	56.20	Bob Pollock Invitational	1/28/21
Blanca Hervas	56.58	ACC Indoor Championships	2/26/21

600 Yard	MARK/TIME	MEET	DATE
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Kayla Johnson	1:20.75	Red Raider Invitational	1/23/21
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800m	MARK/TIME	MEET	DATE
Kayla Johnson	2:03.80	ACC Indoor Championships	2/27/21
Kayla Johnson	2:05.18	ACC Indoor Championships	2/26/21
Sierra Oliveira	2:07.81	ACC Indoor Championships	2/26/21
Sierra Oliveira	2:08.36	ACC Indoor Championships	2/27/21
Kayla Johnson	2:09.28	Tiger Paw	2/12/21
Kayla Johnson	2:09.56	Bob Pollock Invitational	1/29/21
Kayla Johnson	2:09.57	NCAA Indoor Championships	3/12/21
Sierra Oliveira	2:10.34	Tiger Paw	2/12/21
Natalie Varela	2:11.12	ACC Indoor Championships	2/26/21
Sierra Oliveira	2:11.63	Bob Pollock Invitational	1/29/21
Natalie Varela	2:15.73	Tiger Paw	2/12/21
Natalie Varela	2:19.77	Bob Pollock Invitational	1/29/21

1000m Run	MARK/TIME	MEET	DATE
Sierra Oliveira	2:55.23	Red Raider Invitational	1/23/21

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Natalie Varela	5:06.82	Tiger Paw	2/12/21
Natalie Varela	5:07.66	ACC Indoor Championships	2/26/21
Sierra Oliveira	5:11.19	Bob Pollock Invitational	1/28/21
Natalie Varela	5:17.91	Bob Pollock Invitational	1/28/21
Sierra Oliveira	5:19.14	Tiger Paw	2/12/21

3000m	MARK/TIME	MEET	DATE
Emma Langlois	10:20.22	ACC Indoor Championships	2/26/21

4x400 Relay	MARK/TIME	MEET	DATE
L. Harris, K. Johnson, M. Oliveira, S. Oliveira	3:37.35	ACC Indoor Championships	2/27/21
B. Hervas, M. Oliveira, K. Johnson, S. Oliveira	3:39.13	Tiger Paw	2/13/21
B. Hervas, M. Oliveira, K. Johnson, S. Oliveira	3:40.49	Bob Pollock Invitational	1/29/21
B. Hervas, M. Oliveira, K. Johnson, S. Oliveira	3:43.61	Red Raider Invitational	1/23/21

High Jump	MARK/TIME	MEET	DATE
Taylor Wright	1.79m	ACC Indoor Championships	2/26/21
Taylor Wright	1.78m	Bob Pollock Invitational	1/29/21
Taylor Wright	1.77m	Tiger Paw	2/13/21
Taylor Wright	1.73m	Red Raider Invitational	1/23/21

Long Jump	MARK/TIME	MEET	DATE
Lauryn Harris	6.18m	ACC Indoor Championships	2/26/21

Triple Jump	MARK/TIME	MEET	DATE
Ashley Moore	12.50m	Bob Pollock Invitational	1/29/21
Ashley Moore	12.21m	Red Raider Invitational	1/23/21

Shot Put	MARK/TIME	MEET	DATE
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Debbie Ajagbe	16.74m	ACC Indoor Championships	2/27/21
Debbie AJagbe	15.61m	Tiger Paw	2/12/21
Hannah Hall	15.31m	ACC Indoor Championships	2/27/21
Debbie Ajagbe	15.17m	Red Raider Invitational	1/23/21
Selina Dantzler	14.99m	Tiger Paw	2/12/21
Hannah Hall	14.98m	Bob Pollock Invitational	1/29/21
Selina Dantzler	14.86m	ACC Indoor Championships	2/27/21
Hannah Hall	14.85m	Tiger Paw	2/12/21
Debbie Ajagbe	14.48m	Bob Pollock Invitational	1/29/21
Selina Dantzler	14.44m	Bob Pollock Invitational	1/29/21
Selina Dantzler	14.28m	Red Raider Invitational	1/23/21
Hannah Hall	14.18m	Red Raider Invitational	1/23/21
Kristina Rakocevic	13.11m	Bob Pollock Invitational	1/29/21
Kristina Rakocevic	12.98m	Red Raider Invitational	1/23/21
Kristina Rakocevic	12.80m	Tiger Paw	2/12/21
Kristina Rakocevic	FOUL	ACC Indoor Championships	2/27/21

Weight Throw	MARK/TIME	MEET	DATE
Debbie Ajagbe	21.76m	ACC Indoor Championships	2/26/21
Debbie Ajagbe	20.80m	Tiger Paw	2/13/21
Debbie Ajagbe	20.38m	NCAA Indoor Championships	3/11/21
Hannah Hall	19.53m	ACC Indoor Championships	2/26/21
Hannah Hall	19.13m	Tiger Paw	2/13/21
Debbie Ajagbe	18.89m	Bob Pollock Invitational	1/28/21
Hannah Hall	18.76m	Red Raider Invitational	1/23/21
Hannah Hall	18.42m	Bob Pollock Invitational	1/28/21
Debbie Ajagbe	18.02m	Red Raider Invitational	1/23/21