



MIAMI HURRICANES

2022 Women's Indoor Performances by Event

60M Dash	Mark/Time	Meet	Date
Jacious Sears	7.27 P	ACC Championships	2/25/22
Jacious Sears	7.28 F	ACC Championships	2/26/22
Alfreda Steele	7.30 F	ACC Championships	2/26/22
Alfreda Steele	7.30 P	ACC Championships	2/25/22
Alfreda Steele	7.31 F	Carolina Challenge	1/21/22
Jacious Sears	7.32 P	Tiger Paw Invitational	2/11/22
Alfreda Steele	7.32 S	Tiger Paw Invitational	2/11/22
Alfreda Steele	7.33 S	Meyo Invitational	2/5/22
Alfreda Steele	7.34 P	Carolina Challenge	1/21/22
Jacious Sears	7.34 F	Carolina Challenge	1/21/22
Jacious Sears	7.35 S	Meyo Invitational	2/5/22
Jacious Sears	7.36 F	Meyo Invitational	2/5/22
Alfreda Steele	7.37 P	Meyo Invitational	2/4/22
Alfreda Steele	7.37 P	Tiger Paw Invitational	2/11/22
Jacious Sears	7.37 S	Tiger Paw Invitational	2/11/22
Jacious Sears	7.38	UAB Blazer Invitational	1/14/22
Alfreda Steele	7.40 F	Meyo Invitational	2/5/22
Jacious Sears	7.44 P	Carolina Challenge	1/21/22
Jacious Sears	7.46 P	Meyo Invitational	2/4/22
Mercy Ntia-Obong	7.48 P	ACC Championships	2/25/22
Mercy Ntia-Obong	7.49 F	Meyo Invitational	2/5/22
Mercy Ntia-Obong	7.55 P	Meyo Invitational	2/4/22
Mercy Ntia-Obong	7.55 P	Tiger Paw Invitational	2/11/22
Mercy Ntia-Obong	7.57 S	Meyo Invitational	2/5/22
Mercy Ntia-Obong	7.59 P	Carolina Challenge	1/21/22

60 Meter Hurdles	Mark/Time	Meet	Date
Lauryn Harris	8.44 P	ACC Championships	2/25/22
Lauryn Harris	8.63 F	Meyo Invitational	2/4/22
Lauryn Harris	8.67 P	Tiger Paw Invitational	2/11/22
Lauryn Harris	8.68 P	Carolina Challenge	1/21/22
Lauryn Harris	8.71 P	Meyo Invitational	2/4/22
Lauryn Harris	8.71 S	Meyo Invitational	2/5/22
Lauryn Harris	DNF	UAB Blazer Invitational	1/14/22

200 Meter Dash	Mark/Time	Meet	Date
Alfreda Steele	23.43 P	ACC Championships	2/25/22
Alfreda Steele	23.47 F	ACC Championships	2/26/22
Alfreda Steele	23.57	Tiger Paw Invitational	2/12/22
Jacious Sears	23.60	Tiger Paw Invitational	2/12/22
Jacious Sears	23.67 P	ACC Championships	2/25/22
Jacious Sears	23.67	Carolina Challenge	1/21/22
Jacious Sears	23.71 F	ACC Championships	2/26/22
Moriah Oliveira	24.02	Tiger Paw Invitational	2/12/22
Mercy Ntia-Obong	24.55	Tiger Paw Invitational	2/12/22
Krystalann Bechard	26.13	Tiger Paw Invitational	

300 Meter Dash	Mark/Time	Meet	Date
Moriah Oliveira	37.95	UAB Blazer Invitational	1/14/22
Blanca Hervas-Rodriguez	39.10	UAB Blazer Invitational	1/14/22
Krystalann Bechard	41.24	UAB Blazer Invitational	1/14/22



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400 Meter Dash	Mark/Time	Meet	Date
Moriah Oliveira	52.88 F	ACC Championships	2/26/22
Moriah Oliveira	53.01	Tiger Paw Invitational	2/11/22
Moriah Oliveira	53.25	Carolina Challenge	1/22/22
Moriah Oliveira	53.42	Meyo Invitational	2/5/22
Moriah Oliveira	53.73 P	ACC Championships	2/25/22
Blanca Hervas-Rodriguez	53.87 F	ACC Championships	2/26/22
Blanca Hervas-Rodriguez	54.32	Tiger Paw Invitational	2/11/22
Blanca Hervas-Rodriguez	54.44	Meyo Invitational	2/5/22
Blanca Hervas-Rodriguez	54.51 P	ACC Championships	2/25/22
Kennedy Brace	55.02 P	ACC Championships	2/25/22
Blanca Hervas-Rodriguez	55.03	Carolina Challenge	1/22/22
Sierra Oliveira	55.73 P	ACC Championships	2/25/22
Kennedy Brace	55.95	Meyo Invitational	2/5/22
Kennedy Brace	56.27	Tiger Paw Invitational	2/11/22
Krystalann Bechard	57.52	Meyo Invitational	2/5/22
Krystalann Bechard	57.72	Carolina Challenge	1/22/22
Krystalann Bechard	58.64	Tiger Paw Invitational	2/11/22

600 Meter	Mark/Time	Meet	Date
Kayla Johnson	1:29.11	UAB Blazer Invitational	1/14/22

800 Meter Dash	Mark/Time	Meet	Date
Kayla Johnson	2:04.92	Tiger Paw Invitational	2/12/22
Kayla Johnson	2:08.07 P	ACC Championships	2/25/22
Natalie Varela	2:08.21	Tiger Paw Invitational	2/12/22
Natalie Varela	2:08.59 P	ACC Championships	2/25/22
Kayla Johnson	2:08.59	Meyo Invitational	2/5/22
Natalie Varela	2:09.33	Carolina Challenge	1/22/22
Natalie Varela	2:10.73	Meyo Invitational	2/5/22
Amaya Turner	2:11.33	Carolina Challenge	1/22/22
Amaya Turner	2:11.59	Meyo Invitational	2/5/22
Amaya Turner	2:12.64 P	ACC Championships	2/25/22
Sierra Oliveira	2:13.46	Carolina Challenge	1/22/22
Amaya Turner	2:13.93	Tiger Paw Invitational	2/12/22
Sierra Oliveira	2:17.11	Meyo Invitational	2/5/22
Sierra Oliveira	2:20.17	Tiger Paw Invitational	2/12/22

1000 Meter	Mark/Time	Meet	Date
Natalie Varela	2:52.44	UAB Blazer Invitational	1/14/22

Mile	Mark/Time	Meet	Date
Emma Langlois	4:54.98	UAB Blazer Invitational	1/14/22
Daphnee Lavassas	4:55.13	Carolina Challenge	1/21/22
Emma Langlois	4:55.26	Carolina Challenge	1/21/22
Emma Langlois	4:55.41 P	ACC Championships	2/25/22
Emma Langlois	4:59.35	Tiger Paw Invitational	2/11/22
Natalie Varela	5:00.68	Carolina Challenge	1/21/22
Amaya Turner	5:06.14	Tiger Paw Invitational	2/11/22



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3000 Meter	Mark/Time	Meet	Date
Daphnee Lavassas	9:24.02	Meyo Invitational	2/5/22
Daphnee Lavassas	9:31.15	ACC Championships	2/26/22
Daphnee Lavassas	9:33.77	Tiger Paw Invitational	2/12/22
Daphnee Lavassas	9:33.85	Carolina Challenge	1/22/22
Daphnee Lavassas	9:41.65	UAB Blazer Invitational	1/14/22
Emma Langlois	9:54.75	Tiger Paw Invitational	2/12/22
Emma Langlois	9:56.29	Carolina Challenge	1/22/22
Emma Langlois	9:59.40	UAB Blazer Invitational	1/14/22

4x400 Meter Relay	Mark/Time	Meet	Date
B. Hervas-Rodriguez, M. Oliveira	3:35.46	ACC Championships	2/26/22
K. Johnson, S. Oliveira			
B. Hervas-Rodriguez, M. Oliveira	3:36.38	Tiger Paw Invitational	2/12/22
K. Johnson, S. Oliveira			
B. Herva-Rodriguez, M. Oliveira	3:37.86	Carolina Challenge	1/22/22
S. Oliveira, J. Sears			
J. Sears, K. Johnson	3:40.44	UAB Blazer Invitational	1/14/22
M. Oliveira, B. Hervas-Rodriguez			
B. Hervas-Rodriguez, M. Oliveira	3:41.63	Meyo Invitational	2/5/22
S. Oliveira, K. Johnson			
K. Brace, K. Bechard	3:47.99	Tiger Paw Invitational	2/12/22
A. Turner, N. Varela			
K. Brace, K. Bechard	3:49.23	UAB Blazer Invitational	1/14/22
S. Oliveira, N. Varela			
K. Brace, K. Bechard	3:51.10	Meyo Invitational	2/5/22
A. Turner, N. Varela			
K. Bechard, A. Turner	3:53.20	Carolina Challenge	1/21/22
N. Varela, E. Langlois			

Distance Medley Relay	Mark/Time	Meet	Date
N. Varela, S. Oliveira	11:27.44	Tiger Paw Invitational	2/11/22
K. Johnson, D. Lavassas			
N. Varela, S. Oliveira	11:51.72	ACC Championships	2/24/22
A. Turner, D. Lavassas			

High Jump	Mark/Time	Meet	Date
Taylor Wright	1.66m	UAB Blazer Invitational	1/14/22
Taylor Wright	1.62m	Tiger Paw Invitational	2/12/22
Taylor Wright	1.59m	Meyo Invitational	2/4/22
Taylor Wright	NH	Carolina Challenge	1/22/22

Long Jump	Mark/Time	Meet	Date
Lauryn Harris	6.16m	ACC Championships	2/25/22
Ashley Moore	6.00m	ACC Championships	2/25/22
Lauryn Harris	5.95m	Tiger Paw Invitational	2/11/22
Ashley Moore	5.94m	Tiger Paw Invitational	2/11/22
Ashley Moore	5.84m	Meyo Invitational	2/4/22
Lauryn Harris	5.75m	Carolina Challenge	1/22/22
Lauryn Harris	5.50m	Meyo Invitational	2/4/22
Lauryn Harris	5.47m	UAB Blazer Invitational	1/14/22



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Triple Jump	Mark/Time	Meet	Date
Ashley Moore	12.83m	Tiger Paw Invitational	2/12/22
Ashley Moore	12.70m	ACC Championships	2/26/22
Ashley Moore	12.51m	Carolina Challenge	1/22/22
Ashley Moore	12.39m	UAB Blazer Invitational	1/14/22
Ashley Moore	12.35m	Meyo Invitational	2/5/22
Taylor Wright	11.67m	Carolina Challenge	1/22/22

Shot Put	Mark/Time	Meet	Date
Hannah-Sophia Hall	17.15m	Tiger Paw Invitational	2/12/22
Hannah-Sophia Hall	16.52m	NCAA Championships	3/12/22
Debbie Ajagbe	16.38m	ACC Championships	2/26/22
Hannah-Sophia Hall	16.22m	ACC Championships	2/26/22
Hannah-Sophia Hall	16.20m	Meyo Invitational	2/5/22
Erikka Hill	15.52m	Carolina Challenge	1/22/22
Hannah-Sophia Hall	15.47m	Carolina Challenge	1/22/22
Erikka Hill	15.39m	Meyo Invitational	2/5/22
Erikka Hill	15.32m	Tiger Paw Invitational	2/12/22
Debbie Ajagbe	14.80m	Tiger Paw Invitational	2/12/22
Erikka Hill	14.66m	ACC Championships	2/26/22
Debbie Ajagbe	14.64m	Carolina Challenge	1/22/22
Hannah-Sophia Hall	14.54m	UAB Blazer Invitational	1/14/22
Kristina Rakocevic	14.30m	ACC Championships	2/26/22
Debbie Ajagbe	14.28m	Meyo Invitational	2/5/22
Selina Dantzler	14.03m	Tiger Paw Invitational	2/12/22
Selina Dantzler	13.98m	Carolina Challenge	1/22/22
Kristina Rakocevic	13.82m	Carolina Challenge	1/21/22
Erikka Hill	13.77m	UAB Blazer Invitational	1/14/22
Kristina Rakocevic	13.69m	Meyo Invitational	2/5/22
Selina Dantzler	13.67m	UAB Blazer Invitational	1/14/22
Selina Dantzler	13.55m	ACC Championships	2/26/22
Kristina Rakocevic	12.97m	UAB Blazer Invitational	1/14/22

Weight Throw	Mark/Time	Meet	Date
Debbie Ajagbe	20.86m	ACC Championships	2/25/22
Debbie Ajagbe	20.63m	Tiger Paw Invitational	2/11/22
Debbie Ajagbe	20.59m	UAB Blazer Invitational	1/14/22
Debbie Ajagbe	20.53m	Carolina Challenge	1/22/22
Hannah-Sophia Hall	19.93m	Tiger Paw Invitational	2/11/22
Hannah-Sophia Hall	19.68m	Meyo Invitational	2/4/22
Debbie Ajagbe	19.61m	Meyo Invitational	2/4/22
Hannah-Sophia Hall	19.23m	ACC Championships	2/25/22
Hannah-Sophia Hall	18.02m	UAB Blazer Invitational	1/14/22
Hannah-Sophia Hall	18.00m	Carolina Challenge	1/22/22
Erikka Hill	16.48m	Tiger Paw Invitational	2/11/22
Erikka Hill	16.26m	UAB Blazer Invitational	1/14/22
Erikka Hill	16.25m	Meyo Invitational	2/4/22
Erikka Hill	15.93m	ACC Championships	2/25/22
Erikka Hill	15.88m	Carolina Challenge	1/21/22