



HURRICANE ALUMNI INVITATIONAL

April 7-8th, 2023 University of Miami - Coral Gables, FL
(As-of January 23, 2023)

COMBINED-EVENT START TIMES EVENTS

Decathlon Day 1

2:30 PM

April 7th, 2023

DEC 100m DASH
DEC LONG JUMP (approx. start 3:15pm)
DEC SHOT PUT (approx. start 4:30pm)
DEC HIGH JUMP (North D-Zone, West Pit; approx. start 5:15pm)
DEC 400m RUN (approx. start 8:30pm)

Decathlon Day 2

2:00 PM

April 8th, 2023

DEC 110m HURDLES
DEC DISCUS THROW (approx. start 3:00pm)
DEC POLE VAULT (approx. start 4:00pm)
DEC JAVELIN THROW (approx. start 6:30pm)
DEC 1500m RUN (approx. 7:30pm before 4x400)

Heptathlon Day 1

2:00 PM

April 7th, 2023

HEPT 100m HURDLES
HEPT HIGH JUMP (North D-Zone, West Pit; approx. start 2:45pm)
HEPT SHOT PUT (approx. start 5:30pm)
HEPT 200m DASH (approx. start 6:45pm)

Heptathlon Day 2

1:30 PM

April 8th, 2023

HEPT LONG JUMP
HEPT JAVELIN THROW (approx. start 3:00pm)
HEPT 800m RUN (approx. start 5:15pm
***run AFTER Women's open 800m)

*Combined-Events competitions will follow NCAA rule per time allowed between events.



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FRIDAY:

START TIME

10:30 AM
1:00 PM
4:00 PM
4:00 PM

FIELD EVENTS

DISCUS - MEN/WOMEN TO FOLLOW
HAMMER – MEN/WOMEN TO FOLLOW
POLE VAULT- MEN/WOMEN TO FOLLOW
HIGH JUMP- MEN/WOMEN TO FOLLOW (North D-Zone, East Pit)

SATURDAY:

START TIME

10:00 AM
3:30 PM

3:00 PM
4:00 PM
6:30 PM

FIELD EVENTS

JAVELIN – MEN/WOMEN TO FOLLOW
LONG JUMP – MEN
LONG JUMP – WOMEN
INVITATIONAL SHOT PUT (TBD)
SHOT PUT - MEN/WOMEN TO FOLLOW
TRIPLE JUMP – MEN
TRIPLE JUMP – WOMEN

START TIME

2:15 PM
2:30 PM
2:45 PM
3:00 PM
3:05 PM
3:10 PM
3:25 PM
3:45 PM
4:00 PM
4:15 PM
4:30 PM
4:45 PM
5:00 PM
5:15 PM
5:25 PM
5:45 PM
6:00 PM
6:10 PM
6:35 PM
6:55 PM
7:15 PM
7:35 PM
7:50 PM

RUNNING EVENTS

NATIONAL ANTHEM
3000m SC- WOMEN (Senior Award Presentation)
3000m SC- MEN
4 x 100m RELAY- WOMEN
4 x 100m RELAY- MEN
1,500m RUN- WOMEN
1,500m RUN- MEN
100m HURDLES- WOMEN
110m HURDLES- MEN
400m RUN- WOMEN
400m RUN- MEN
100m DASH- WOMEN
100m DASH- MEN
800m RUN- WOMEN
800m RUN- MEN
400m HURDLES- WOMEN
400m HURDLES- MEN
3,000m RUN- WOMEN
200m DASH- WOMEN
200m DASH- MEN
3,000m RUN- MEN
4 x 400m RELAY- WOMEN
4 x 400m RELAY- MEN