



# MIAMI HURRICANES

## MEN'S INDOOR TOP-5

### 55 METERS

1. Randal Hill	6.21	03/02/90
2. Carlos Jones	6.29	02/18/95
3. Robert Thomas	6.34	02/15/87
4. Tanard Davis	6.36	01/18/03
5. Roscoe Parrish	6.38	01/18/03

### 55 METER HURDLES

1. Caldrequis Lesley	7.20	01/26/97
2. Gus Martin	7.38	01/12/02
3. Lance Leggett	7.41	03/02/06
4. Aaron Jones	7.47	02/04/95
5. Aaron Moser	7.49	01/12/02

### 60 METERS

1. Raheem Chambers	6.57	01/18/20
2. Myles Valentine	6.65	02/10/17
3. Travis Benjamin	6.70	01/29/11
4. Santana Moss	6.72	02/05/00
5. Isaiah Taylor	6.77	01/21/17
Chauncy Smart	6.77	02/01/19

### 60 METER HURDLES

1. Devon Hill	7.55	03/11/12
2. Artie Burns	7.68	02/15/14
3. <b>Sincere Rhea</b>	<b>7.73</b>	<b>01/20/23</b>
4. Christian Cook	7.79	02/07/97
5. Caldrequis Lesley	7.83	02/12/10

### 200 METERS

1. <b>Khamal Stewart-Baynes</b>	<b>21.17</b>	<b>01/21/22</b>
2. Robert Thomas	21.36	02/15/87
3. Jaalen Jones	21.45	02/11/17
4. Tony Gaiter	21.64	02/19/96
5. Phillip Dorsett	21.69	02/01/13

### 300 METERS

1. Bennie Blades	33.68	02/02/85
2. <b>Khamal Stewart-Baynes</b>	<b>33.86</b>	<b>01/14/22</b>
3. <b>Jalen Gordon</b>	<b>35.53</b>	<b>01/14/22</b>

### 400 METERS

1. Davian Clarke	45.86	03/14/98
2. Henri Delauze	46.82	02/25/17
3. <b>Solomon Strader</b>	<b>46.89</b>	<b>02/25/22</b>
4. <b>Khamal Stewart-Baynes</b>	<b>46.91</b>	<b>02/26/22</b>
5. Ronald Thorne	47.40	02/19/94

### 500 METERS

1. Ronald Thorne	1:02.02	02/19/95
2. Maxwell Voce	1:03.68	02/18/95
3. Henri Delauze	1:03.74	01/13/17
4. Damon Griffiths	1:04.00	02/18/95
5. Patrick Blackie	1:04.35	□□□□ 01/29/10

### 600 YARDS

1. <b>Solomon Strader</b>	<b>1:10.13</b>	<b>01/23/21</b>
2. <b>Oskars Bambals</b>	<b>1:10.71</b>	<b>01/23/21</b>
3. Brian Laskowski	1:12.76	01/14/09
Tom Gassner	1:12.76	01/22/16
5. Austin Rector	1:13.56	□□□□ 02/09/12

### 600 METERS

1. McKinly Brown	1:18.91	01/31/20
2. <b>Davonte Fuller</b>	<b>1:19.31</b>	<b>01/11/20</b>
3. Henri Delauze	1:21.26	01/17/15
4. Joseph Ryan	1:21.34	01/17/15
5. Zack Garland	1:21.96	□□□□ 01/16/16

### 800 METERS

1. <b>Ayman Zahafi</b>	<b>1:47.30</b>	<b>02/12/22</b>
2. <b>Oskars Bambals</b>	<b>1:47.79</b>	<b>02/24/23</b>
3. Tim Harris Jr.	1:47.99	02/11/06
4. Ronald Thorne	1:49.09	02/05/95
5. Damon Griffiths	1:51.26	01/28/96

### 1,000 METERS

1. <b>Ayman Zahafi</b>	<b>2:24.60</b>	<b>01/14/22</b>
2. Patrick O'Donnell	2:27.55	02/13/09
3. Christian Zaradona	2:29.03	02/21/99
4. Tom Gassner	2:29.10	01/13/17
5. Damon Griffiths	2:31.00	À Á Á Á 02/13/94

### MILE

1. <b>Ayman Zahafi</b>	<b>4:05.83</b>	<b>02/10/23</b>
2. Gregory Kaczka	4:10.98	02/09/13
3. Connor Adams	4:11.91	02/03/12
4. <b>Enrique Borrego</b>	<b>4:12.52</b>	<b>02/24/23</b>
5. Matthew Wilson	4:14.09	02/25/11

### 3,000 METERS

1. <b>Austen Cannon</b>	<b>8:17.27</b>	<b>02/25/23</b>
2. Sean Grossman	8:20.35	02/24/18
3. <b>Enrique Borrego</b>	<b>8:24.00</b>	<b>02/11/23</b>
4. <b>Justin Rittenhouse</b>	<b>8:26.66</b>	<b>02/11/23</b>
5. Chris Miller	8:27.81	02/07/98



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### 5,000 METERS

1. Sean Grossman	14:22.62	02/02/18
2. Nathan Kuck	14:23.45	02/23/18
3. Jon Scheiner	14:52.13	02/27/07
4. Chris Miller	14:54.07	02/27/97
5. Matt Mulvany	14:54.29	02/09/03

### 4x400 METER RELAY

1. S. Strader, K. S-Baynes, R. Berberena, O. Bambals	3:08.63	02/13/21
2. J. Gordon, S. Strader, K. Stewart-Baynes, A. Zahafi	3:09.48	01/22/22
3. A. Richards, M. Voce, D. Griffiths, D. Clarke	3:09.75	02/29/96
4. M. Brown, T. Moulton, D. Fuller, E. Wintergalen	3:09.78	02/01/20
5. K. Stewart-Baynes, D. Fuller, S. Strader, A. Zahafi	3:10.28	02/26/22

### DISTANCE MEDLEY RELAY

1. L. Fontaine, C. Cook, D. Dourado, G. Kaczka	10:02.83	02/09/13
2. G. Kaczka, B. Laskowski, A. Rector, C. Adams	10:06.41	02/05/12
3. C. Adams, A. Rector, B. Laskowski, L. Fontaine	10:07.70	02/04/12
4. L. Fontaine, D. Johnson, D. Dourado, G. Kaczka	10:11.55	02/23/13
5. G. Kaczka, D. Johnson, D. Dourado, L. Fontaine	10:16.97	01/19/13

### HIGH JUMP

1. Isaiah Holmes	2.19m	02/05/22
2. John-Patrick Friday	2.11m	02/27/15
3. Tristan Schultheis	2.10m	01/11/20
David Njoku	2.09m	01/22/16
5. Elan Daviglas	2.08m	02/24/06
Innocent Jacob	2.08m	01/26/12

### POLE VAULT

1. Bill Deering	5.53m	01/29/94
2. Jabari Ennis	5.20m	02/17/02
3. Aaron Moser	5.20m	02/02/02
4. Aaron Bass	4.90m	01/18/03
5. Nick Catchur	4.85m	01/23/16

### LONG JUMP

1. Isaiah Holmes	8.03m	02/25/22
2. Horace Copeland	7.74m	02/01/92
3. Russell Robinson	7.67m	02/11/22
4. Innocent Jacob	7.56m	02/26/16
5. Kevin Snyder	7.50m	01/22/22

### TRIPLE JUMP

1. Russell Robinson	16.36m	01/20/23
2. Justin Forde	16.04m	02/12/22
3. John-Patrick Friday	15.77m	01/24/15
4. Hasani Knight	15.58m	01/18/20
5. Eric Campbel	15.45m	02/20/94

### SHOT PUT

1. Isaiah Simmons	18.87m	02/15/14
Gian Piero Ragonesi	18.87m	02/27/16
3. Jeffrey Williams	17.90m	02/27/21
4. Daniel Polinski	17.10m	02/04/17
5. Vince Wolfork	17.05m	02/18/01

### WEIGHT THROW

1. Dècio Andrade	22.52m	02/23/23
2. Kevin Arreaga	21.82m	01/31/20
3. Carlos Mangum	21.42m	02/23/17
4. Isaiah Simmons	18.94m	02/25/16
5. Jeffrey Williams	18.30m	02/26/21

### HEPTAHLON

1. Aaron Mose	5,720 pts.	03/02/02
2. Roland DaSilva	5,316 pts.	03/01/08
3. Andreas Christodoulo	5,150 pts.	02/24/17
4. Jabari Ennis	4,770 pts.	01/20/02
5. Andrew Parsons	4,546 pts.	02/24/06