

# U TRACK/FIELD

## HURRICANE INVITATIONAL

March 17-18<sup>th</sup>, 2023 University of Miami - Coral Gables, FL  
(as-of January 22, 2023)

### FRIDAY, MARCH 17<sup>TH</sup>

#### FIELD EVENTS

12:00 PM HAMMER, DISCUS TO FOLLOW – MEN/WOMEN TO FOLLOW  
3:00 PM POLE VAULT – MEN/WOMEN TO FOLLOW  
3:00 PM HIGH JUMP – WOMEN/MEN TO FOLLOW

#### RUNNING EVENTS

6:00 PM 3,000m RUN- WOMEN  
6:20 PM 3,000m RUN- MEN

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### SATURDAY, MARCH 18<sup>th</sup>

#### FIELD EVENTS

11:00 AM JAVELIN – WOMEN/MEN  
12:00 PM LONG JUMP - MEN  
LONG JUMP - WOMEN  
12:30 PM SHOT PUT – WOMEN/MEN  
2:30 PM TRIPLE JUMP – MEN  
TRIPLE JUMP - WOMEN

#### RUNNING EVENTS

1:00 PM 4 x 100m RELAY-WOMEN  
1:03 PM 4 x 100m RELAY- MEN  
1:07 PM 1,500m RUN- WOMEN  
1:20 PM 1,500m RUN- MEN  
1:30 PM 100m HURDLES- WOMEN  
1:40 PM 110m HURDLES- MEN  
1:50 PM 400m DASH- WOMEN  
2:00 PM 400m DASH- MEN  
2:10 PM 100m DASH- WOMEN  
2:17 PM 100m DASH- MEN  
2:25 PM 800m RUN- WOMEN  
2:32 PM 800m RUN – MEN  
2:40 PM 400m HURDLES- WOMEN  
2:47 PM 400m HURDLES-MEN  
2:55 PM 200m DASH- WOMEN  
3:10 PM 200m DASH- MEN  
3:25 PM 2,000m SC RUN – WOMEN  
3:35 PM 2,000m SC RUN – WOMEN  
3:50 PM 4 x 400m RELAY-WOMEN  
4:00 PM 4 x 400m RELAY- MEN