



HURRICANE ALUMNI INVITATIONAL

April 7-8th, 2023 University of Miami - Coral Gables, FL
(FINAL, as-of April 6, 2023)

COMBINED-EVENT START TIMES **EVENTS**

Decathlon Day 1

2:30 PM

April 7th, 2023

DEC 100m DASH
DEC LONG JUMP (approx. start 3:15pm)
DEC SHOT PUT (approx. start 4:30pm)
DEC HIGH JUMP (North D-Zone, East Pit; approx. start 5:15pm)
DEC 400m RUN (approx. start 8:30pm)

Decathlon Day 2

2:00 PM

April 8th, 2023

DEC 110m HURDLES
DEC DISCUS THROW (approx. start 3:00pm)
DEC POLE VAULT (approx. start 4:30pm)
DEC JAVELIN THROW (approx. start 6:30pm)
DEC 1500m RUN (approx. 7:30pm after the 4x400)

Heptathlon Day 1

2:00 PM

April 7th, 2023

HEPT 100m HURDLES
HEPT HIGH JUMP (North D-Zone, East Pit; approx. start 2:45pm)
HEPT SHOT PUT (approx. start 5:30pm)
HEPT 200m DASH (approx. start 6:45pm)

Heptathlon Day 2

1:30 PM

April 8th, 2023

HEPT LONG JUMP
HEPT JAVELIN THROW (approx. start 3:00pm)
HEPT 800m RUN (approx. start 5:15pm)
***run AFTER Women's open 800m)

***Combined-Events competitions will follow NCAA rule per time allowed between events.**



HURRICANE ALUMNI INVITATIONAL

April 7-8th, 2023 University of Miami - Coral Gables, FL
(FINAL, as-of April 6, 2023)

FRIDAY:

START TIME

FIELD EVENTS

10:00 AM	DISCUS - MEN/WOMEN TO FOLLOW
1:30 PM	HAMMER – MEN/WOMEN TO FOLLOW
4:00 PM	POLE VAULT- MEN/WOMEN TO FOLLOW
4:00 PM	HIGH JUMP- MEN/WOMEN TO FOLLOW (North D-Zone, West Pit)

SATURDAY:

START TIME

FIELD EVENTS

10:00 AM	JAVELIN – MEN/WOMEN TO FOLLOW
3:30 PM	LONG JUMP – MEN
	LONG JUMP – WOMEN
3:00 PM	INVITATIONAL SHOT PUT (TBD)
4:00 PM	SHOT PUT - MEN/WOMEN TO FOLLOW
6:30 PM	TRIPLE JUMP – MEN
	TRIPLE JUMP – WOMEN

START TIME

RUNNING EVENTS

2:10 PM	NATIONAL ANTHEM
2:15 PM	3000m SC- WOMEN
2:25 PM	Senior Award Presentation
2:40 PM	3000m SC- MEN
3:00 PM	4 x 100m RELAY- WOMEN
3:05 PM	4 x 100m RELAY- MEN
3:10 PM	1,500m RUN- WOMEN
3:25 PM	1,500m RUN- MEN
3:40 PM	100m HURDLES- WOMEN
4:00 PM	110m HURDLES- MEN
4:10 PM	400m RUN- WOMEN
4:25 PM	400m RUN- MEN
4:45 PM	100m DASH- WOMEN
5:00 PM	100m DASH- MEN
5:15 PM	800m RUN- WOMEN
5:25 PM	800m RUN- MEN
5:40 PM	400m HURDLES- WOMEN
5:55 PM	400m HURDLES- MEN
6:10 PM	3,000m RUN- WOMEN
6:25 PM	200m DASH- WOMEN
6:40 PM	200m DASH- MEN
7:00 PM	3,000m RUN- MEN
7:15 PM	4 x 400m RELAY- WOMEN
7:30 PM	4 x 400m RELAY- MEN