

HURRICANE ALUMNI INVITATIONAL

April 5-6th, 2024 University of Miami - Coral Gables, FL (As-of February 14, 2024)

COMBINED-EVENT START TIMES EVENTS

Decathlon Day 1	April 5 th , 2024
3:00 PM	DEC 100m DASH
	DEC LONG JUMP (approx. start 3:45pm)
	DEC SHOT PUT (approx. start 4:30pm)
	DEC HIGH JUMP (North D-Zone, West Pit; approx. start 5:45pm)
	DEC 400m RUN (approx. start 8:15pm)
Decathlon Day 2	April 6 th , 2024
2:00 PM	DEC 110m HURDLES
2.00 T W	
	DEC DISCUS THROW (approx. start 3:00pm)
	DEC POLE VAULT (approx. start 4:30pm)
	DEC JAVELIN THROW (approx. start 6:30pm)
	DEC 1500m RUN (approx. 7:30pm after the 4x400)
Heptathlon Day 1	April 5 th , 2024
3:45 PM	HEPT 100m HURDLES
3.13 111	HEPT HIGH JUMP (North D-Zone, East Pit; approx. start 4:30pm)
	HEPT SHOT PUT (approx. start 7:00pm)
	HEPT 200m DASH (approx. start 8:00pm)
Heptathlon Day 2	April 6 th , 2024
1:30 PM	HEPT LONG JUMP
	HEPT JAVELIN THROW (approx. start 3:00pm)

*Combined-Events competitions will follow NCAA rule per time allowed between events.

HEPT 800m RUN (approx. start 5:15pm

***run AFTER Women's open 800m)



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FRIDAY:

START TIME FIELD EVENTS

10:00 AM HAMMER – MEN/WOMEN TO FOLLOW

1:00 PM LONG JUMP – MEN

LONG JUMP - WOMEN

1:30 PM DISCUS – MEN/WOMEN TO FOLLOW 4:00 PM POLE VAULT – MEN/WOMEN TO FOLLOW

SATURDAY:

START TIME FIELD EVENTS

11:00 AM JAVELIN – WOMEN/MEN TO FOLLOW
3:00 PM HIGH JUMP – MEN (North D-Zone, West Pit)

HIGH JUMP - WOMEN (North D-Zone, East Pit)

4:00 PM SHOT PUT – MEN/WOMEN TO FOLLOW

6:30 PM TRIPLE JUMP – MEN

TRIPLE JUMP - WOMEN

START TIME RUNNING EVENTS

 2:35 PM
 NATIONAL ANTHEM

 2:40 PM
 Senior Award Presentation

 3:00 PM
 4 x 100m RELAY- WOMEN

 3:05 PM
 4 x 100m RELAY- MEN

 3:10 PM
 1,500m RUN- WOMEN

 3:25 PM
 1,500m RUN- MEN

 3:40 PM
 100m HURDLES- WOMEN

 3:40 PM
 100m HURDLES- WOW

 4:00 PM
 110m HURDLES- MEN

 4:10 PM
 400m RUN- WOMEN

 4:25 PM
 400m RUN- MEN

 5:00 PM
 100m DASH- WOMEN

 5:15 PM
 800m RUN- WOMEN

 5:25 PM
 800m RUN- MEN

 5:40 PM
 400m HURDLES- WOMEN

 5:55 PM
 400m HURDLES- MEN

 6:10 PM
 3,000m RUN- WOMEN

 6:25 PM
 200m DASH- WOMEN

 6:40 PM
 200m DASH- MEN

 7:00 PM
 3,000m RUN- MEN

7:15 PM 4 x 400m RELAY- WOMEN 7:30 PM 4 x 400m RELAY- MEN