



HURRICANE INVITATIONAL

March 15-16th, 2024 University of Miami - Coral Gables, FL
(FINAL As-of March 14, 2024)

FRIDAY, MARCH 15TH

FIELD EVENTS

11:00 AM	HAMMER, MEN/WOMEN TO FOLLOW
3:00 PM	INVITATIONAL DISCUS (M), REST TO FOLLOW MEN/WOMEN
3:00 PM	POLE VAULT – MEN/WOMEN TO FOLLOW
4:00 PM	LONG JUMP – WOMEN & MEN

RUNNING EVENTS

5:30 PM	300m DASH – WOMEN
5:40 PM	300m DASH – MEN
6:00 PM	3,000m RUN – WOMEN
6:20 PM	3,000m RUN – MEN

SATURDAY, MARCH 16th

FIELD EVENTS

11:00 AM	JAVELIN – WOMEN/MEN
11:00 AM	HIGH JUMP – MEN
	HIGH JUMP – WOMEN
1:30 PM	SHOT PUT – WOMEN/MEN
2:30 PM	TRIPLE JUMP – MEN
	TRIPLE JUMP – WOMEN

RUNNING EVENTS

1:00 PM	4 x 100m RELAY – WOMEN
1:05 PM	4 x 100m RELAY – MEN
1:10 PM	1,500m RUN – WOMEN
1:25 PM	1,500m RUN – MEN
1:45 PM	100m HURDLES – WOMEN
1:55 PM	110m HURDLES – MEN
2:00 PM	400m DASH – WOMEN
2:05 PM	400m DASH – MEN
2:15 PM	100m DASH – WOMEN
2:25 PM	100m DASH – MEN
2:35 PM	800m RUN – WOMEN
2:45 PM	800m RUN – MEN
2:50 PM	400m HURDLES – WOMEN
2:55 PM	400m HURDLES – MEN
3:00 PM	200m DASH – WOMEN
3:15 PM	200m DASH – MEN
3:30 PM	2,000m SC RUN – WOMEN
3:40 PM	2,000m SC RUN – MEN
3:50 PM	4 x 400m RELAY – WOMEN
4:00 PM	4 x 400m RELAY – MEN