



HURRICANE INVITATIONAL

March 21-22nd, 2025 University of Miami – Coral Gables, FL

FRIDAY, MARCH 21st

FIELD EVENTS

11:00 AM	HAMMER - MEN/WOMEN TO FOLLOW
2:00 PM	DISCUS - MEN/WOMEN TO FOLLOW
2:00 PM	POLE VAULT - MEN/WOMEN TO FOLLOW
2:00 PM	LONG JUMP - MEN & WOMEN

RUNNING EVENTS

6:00 PM	300m DASH - WOMEN
6:20 PM	300m DASH - MEN
6:40 PM	3,000m RUN - WOMEN
7:00 PM	3,000m RUN - MEN

SATURDAY, MARCH 22nd

FIELD EVENTS

10:00 AM	JAVELIN - MEN/WOMEN TO FOLLOW
11:00 AM	HIGH JUMP - MEN
	HIGH JUMP - WOMEN
1:30 PM	SHOT PUT - WOMEN/MEN TO FOLLOW
2:30 PM	TRIPLE JUMP - MEN
	TRIPLE JUMP - WOMEN

Running Events

12:00 PM	100m HURDLES - WOMEN (PRELIMS)
12:15 PM	110m HURDLES - MEN (PRELIMS)
1:00 PM	4X100m RELAY - WOMEN
1:05 PM	4X100m RELAY - MEN
1:10 PM	1,500m RUN - WOMEN
1:25 PM	1,500m RUN - MEN
1:45 PM	100m HURDLES - WOMEN (FINALS)
1:50 PM	110m HURDLES - MEN (FINALS)
1:55 PM	400m DASH - WOMEN
2:05 PM	400m DASH - MEN
2:15 PM	100m DASH - WOMEN
2:25 PM	100m DASH - MEN
2:35 PM	800m DASH - WOMEN
2:45 PM	800m DASH - MEN
2:55 PM	400m HURDLES - WOMEN
3:10 PM	400m HURDLES - MEN
3:25 PM	200m RUN - WOMEN



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3:40 PM	200m RUN - MEN
3:55 PM	2000m SC RUN - WOMEN
4:05 PM	2000m SC RUN - MEN
4:15 PM	4x400m RELAY - WOMEN
4:30 PM	4x400m RELAY - MEN