

# **U** TRACK/FIELD

## **HURRICANE INVITATIONAL- Updated 10/10/25**

March 20-21<sup>st</sup>, 2026 University of Miami – Coral Gables, FL

### FRIDAY, MARCH 20<sup>th</sup>

#### FIELD EVENTS

11:00 AM	HAMMER - MEN/WOMEN TO FOLLOW
2:00 PM	DISCUS - MEN/WOMEN TO FOLLOW
3:00 PM	POLE VAULT - MEN/WOMEN TO FOLLOW
5:00 PM	LONG JUMP - MEN & WOMEN

#### RUNNING EVENTS

6:00 PM	300m DASH – WOMEN (1)
6:20 PM	300m DASH – MEN (1)
6:40 PM	3,000m RUN - WOMEN (1)
7:00 PM	3,000m RUN - MEN (1)

### SATURDAY, MARCH 22<sup>1st</sup>

#### FIELD EVENTS

10:00 AM	JAVELIN - MEN/WOMEN TO FOLLOW
11:00 AM	HIGH JUMP - MEN
	HIGH JUMP - WOMEN
1:30 PM	SHOT PUT - WOMEN/MEN TO FOLLOW
2:30 PM	TRIPLE JUMP - MEN
	TRIPLE JUMP - WOMEN

#### Running Events

12:00 PM	100m HURDLES - WOMEN (PRELIMS) (2)
12:15 PM	110m HURDLES - MEN (PRELIMS)
1:00 PM	4X100m RELAY – WOMEN (1)
1:05 PM	4X100m RELAY – MEN (1)
1:10 PM	1,500m RUN – WOMEN (2)
1:25 PM	1,500m RUN – MEN (1)
1:45 PM	100m HURDLES - WOMEN (FINALS) (1)
1:50 PM	110m HURDLES - MEN (FINALS) (1)
1:55 PM	400m DASH – WOMEN (2)
2:05 PM	400m DASH – MEN (2)
2:15 PM	100m DASH – WOMEN (3)
2:25 PM	100m DASH – MEN (2)
2:30 PM	800m DASH – WOMEN (1)
2:35 PM	800m DASH – MEN (1)
2:45 PM	400m HURDLES – WOMEN (1)
2:55 PM	400m HURDLES – MEN (1)
3:05 PM	200m RUN – WOMEN (4)
3:15 PM	200m RUN – MEN (3)
3:30 PM	2000m SC RUN – WOMEN (1)
3:45 PM	2000m SC RUN – MEN (1)
4:00 PM	4x400m RELAY – WOMEN (1)
4:10 PM	4x400m RELAY – MEN (1)