



MIAMI HURRICANES

WOMEN'S INDOOR TOP FIVE RECORDS

55 METERS

1. Lauryn Williams	6.70	2/1/04
2. Wiande Moore	6.86	1/15/05
3. Wyllesheia Myrick	6.90	3/2/98
4. Karen Waite	6.92	2/22/98
Ashley Dukes	6.92	1/13/07
Tara Thomas	6.92	1/24/09

55 METERS HURDLES

1. Gillian Russell	7.48	2/4/95
2. Yolanda McCray	7.54	3/7/97
3. Patrina Allen	7.55	3/13/98
4. Dominique Darden	7.75	2/6/05
5. Sharianne Lawson	7.76	2/9/03

60 METERS

1. Murielle Ahoure	7.17	1/17/09
2. Lauryn Williams	7.22	3/14/03
3. Alfreda Steele	7.22	3/13/21
4. Jacious Sears	7.25	2/29/20
5. Tarika Williams	7.29	2/3/11

60 METERS HURDLES

1. Tiara McMinn	7.95	1/31/20
2. Ti'erra Brown	8.00	3/12/10
3. Yolanda McCray	8.04	2/21/00
4. Dominique Darden	8.11	3/11/05
5. Sharianne Lawson	8.12	3/14/03

200 METERS

1. Lauryn Williams	22.79	3/13/04
2. Murielle Ahoure	22.80	3/13/09
3. Shakima Wimbley	22.83	2/25/17
4. Tarika Williams	23.27	2/26/11
5. Makenzy Pierre-Webster	23.41	2/24/24

300 METERS

1. Shakima Wimbley	36.72	1/13/17
2. Sanaa Hebron	37.69	1/16/26
3. Moriah Oliveira	37.95	1/14/22
4. Brittney Ellis	38.03	1/13/17
5. Janay Moorer	38.10	1/16/26

400 METERS

1. Shakima Wimbley	51.07	3/11/17
2. Krista Simkins	51.95	3/14/08
3. Dominique Darden	52.17	3/11/06
4. Moriah Oliveira	52.18	2/11/23
5. Brittney Ellis	52.19	3/10/07

500 METERS

1. Ginou Etienne	1:11.48	2/22/04
2. Sharaque Whittaker	1:11.52	2/17/02
3. Gloria Ward	1:11.80	2/15/87
4. Tameka Jameson	1:12.54	1/29/10
5. Natalie Watson	1:12.56	2/18/01

600 YARD RUN

1. Kayla Johnson	1:20.75	1/23/21
2. Gabriella Grissom	1:21.21	1/20/23
3. Sierra Oliveira	1:21.85	1/20/23
4. Taneisha Cordell	1:22.67	1/24/14
5. Ena Leufroy	1:24.71	1/24/09

600 METERS

1. Gabriella Grissom	1:26.89	1/11/25
2. Kayla Johnson	1:27.64	1/31/20
3. Thandi Stewart	1:31.41	2/14/14
4. Taneisha Cordell	1:31.47	1/17/15
5. Alaine Tate	1:32.00	1/11/19

800 METERS

1. Gabriella Grissom	2:01.60	3/3/25
2. Natalie Varela	2:01.82	1/31/26
3. Kayla Johnson	2:03.80	2/27/21
4. Alaine Tate	2:06.09	2/21/13
5. Emma Maurel	2:06.28	2/11/23

1,000 METERS

1. Natalie Varela	2:44.90	1/16/26
2. Gabriella Grissom	2:48.13	1/16/26
3. Maddie Scheier	2:51.10	1/11/25
4. Anne den Otter	2:52.83	1/12/18
5. Latrice Shaw	2:53.88	2/22/98

MILE

1. Maddie Scheier	4:45.82	2/14/25
2. Melanie Schultz	4:46.81	3/5/05
3. Natalie Varela	4:50:46	2/10/23
4. Anne den Otter	4:53.71	2/10/17
5. Daphnee Lavassas	4:54.08	1/13/23

3,000 METERS

1. Daphnee Lavassas	9:21.92	1/27/24
2. Maddie Scheier	9:30.00	1/31/26
3. Gabrielle Hesslau	9:47.06	1/21/17
4. Diana Adams	9:48.40	3/2/90
5. Elle Mezzio	9:49.42	2/23/23



MIAMI HURRICANES

WOMEN'S INDOOR TOP FIVE RECORDS

5,000 METERS

1. Daphnee Lavassas	15:54.09	2/10/24
2. Gabrielle Hesslau	16:51.38	2/3/17
3. Alina Pinto	17:29.40	2/27/97
4. Diana Adams	17:29.98	2/29/20
5. Elle Mezzio	17:44.79	2/23/23

4x400 METER RELAY

1. G. Etienne, C. Greggs, D. Darden, K. Simkins	3:30.91	3/11/06
2. G. Grissom, S. Hebron S. Tate, N. Kihuyu	3:31.65	2/14/26
3. A. Stiverne, B. Ellis, M. Atherley, S. Wimbley	3:31.85	3/11/17
4. S. Tate, S. Hebron G. Grissom, A. Sanchez Nunez	3:32.15	1/31/26
5. K. Brace, B. Hervas M. Oliveira, S. Hebron	3:32.56	2/25/23

4x800 METER RELAY

1. L. Shaw, D. Dodds, P. Pearson, N. Watson	8:50.80	2/20/00
2. N. Watson, R. Ruddock L. Shaw, D. Dodds	9:04.79	2/21/99
3. T. Madison, Z. Pascual, S. Whittaker, P. Pearson	9:07.39	2/23/03
4. S. Whittaker, S. Sarabyn, P. Pearson, N. Watson	9:17.14	1/13/01
5. S. Whittaker, J. Geroux, P. Pearson, T. Madison	9:29.43	2/17/02

DISTANCE MEDLEY

1. N. Varela, S. Oliveira, K. Johnson, D. Lavassas	11:27.44	2/11/22
2. G. Grissom, S. Oliveira, N. Varela, E. Maurel	11:30.42	2/23/23
3. M. Scheier, K. Bechard, E. Maurel, N. Varela	11:32.58	2/10/24
4. A. Tate, S. Wright, T. Stewart, L. Arrington	11:35.75	2/27/14
5. A. Tate, S. Wright, T. Cordell, L. Arrington	11:40.29	2/14/14

HIGH JUMP

1. Dakota Dailey-Harris	1.84m	3/12/16
2. Helga Sigurjonsdottir	1.83m	1/18/25
3. Viktoria Andonova	1.82m	2/24/07
4. Taylor Wright	1.80m	1/17/20
5. Michelle Atherley	1.78m	3/08/19

POLE VAULT

1. Alysha Newman	4.50m	2/6/16
2. Molly Caudery	4.18m	2/2/19
3. Amanda Gale	3.96m	2/24/17
4. Emily Gale	3.96m	2/24/17
5. Payton Serraglio	3.77m	2/1/25

LONG JUMP

1. Tabia Charles	6.52m	2/25/06
2. Brenda Faluade	6.48m	3/9/07
3. Deandra Doyley	6.45m	2/26/10
4. Ashley Moore	6.38m	2/13/24
5. Ronalee Davis	6.34m	2/14/98

TRIPLE JUMP

1. Tabia Charles	13.65m	3/11/06
2. Kareen Clarke	13.54m	3/9/02
3. Brenda Faluade	13.39m	2/24/07
4. Ashley Moore	13.15m	1/20/24
5. Kitoya Carter	13.02m	2/22/04

SHOT PUT

1. Kimberli Barrett	18.19m	2/18/05
2. Hannah-Sophia Hall	17.52m	2/25/23
3. Amber Monroe	17.18m	2/28/14
4. Debbie Ajagbe	16.80m	2/29/20
5. Erikka Hill	16.33m	1/20/24

WEIGHT THROW

1. Debbie Ajagbe	22.55m	2/27/20
2. Tania Da Silva	21.82m	1/30/26
3. Kimberli Barrett	21.51m	2/12/05
4. Lea Johnson	21.45m	2/26/15
5. Tiffany Okieme	21.42m	2/25/16

PENTATHLON

1. Michelle Atherley	4,547 pts.	3/8/19
2. Amber Williams	4,088 pts.	1/28/05
3. Amy Taintor	3,967 pts.	2/22/18
4. Amy Seward	3,936 pts.	2/23/06
5. Stefani Kerrison	3,599 pts.	1/20/17