



HURRICANE INVITATIONAL- Updated 03/17/26

March 20-21st, 2026 University of Miami – Coral Gables, FL

FRIDAY, MARCH 20th

FIELD EVENTS

12:00 PM	HAMMER - MEN/WOMEN TO FOLLOW
2:00 PM	POLE VAULT –WOMEN
3:00 PM	DISCUS - MEN/WOMEN TO FOLLOW
3:00 PM	LONG JUMP - MEN & WOMEN

RUNNING EVENTS

4:00 PM	300m DASH – WOMEN
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SATURDAY, MARCH 21st

FIELD EVENTS

10:00 AM	JAVELIN - MEN/WOMEN TO FOLLOW
11:00 AM	HIGH JUMP - MEN
	HIGH JUMP - WOMEN
1:30 PM	SHOT PUT - WOMEN/MEN TO FOLLOW
1:30 PM	TRIPLE JUMP - MEN
	TRIPLE JUMP - WOMEN

Running Events

12:00 PM	100m HURDLES - WOMEN (PRELIMS)
12:15 PM	4X100m RELAY – WOMEN
12:20 PM	4X100m RELAY – MEN
12:25 PM	1,500m RUN – WOMEN
12:35 PM	1,500m RUN – MEN
12:50 PM	100m HURDLES - WOMEN (FINALS)
1:00 PM	110m HURDLES - MEN (FINALS)
1:10 PM	400m DASH – WOMEN
1:20 PM	400m DASH – MEN
1:25 PM	100m DASH – WOMEN
1:35 PM	100m DASH – MEN
1:45 PM	800m DASH – WOMEN
1:50 PM	800m DASH – MEN
2:00 PM	400m HURDLES – WOMEN
2:10 PM	400m HURDLES – MEN
2:20 PM	200m RUN – WOMEN
2:35 PM	200m RUN – MEN
2:50 PM	4x400m RELAY – WOMEN
3:00 PM	4x400m RELAY – MEN