

K-STATE, WILDCAT TRACK & FIELD

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INDOOR

December									
12	Carol Robinson Winter Pentathlon	2 titles, 1 provisional							
13	KSU All-Comers	_3 titles, 2 provisional							
Janua	ary								
17	KSU Invitational	11 titles, 1 provisional							
24	Conference Challenge	Lincoln, Neb.							
30-3	l Wildcat Invitational	Manhattan, Kan.							
Febr	uary								
6-7	Sevigne Husker Invitational	Lincoln, Neb.							
13-14	lowa State Classic	Ames, Iowa							
14	Texas A&M Invitational	College Station, Texas							
21	KSU Open	Manhattan, Kan.							
27-28	Big 12 Championships	College Station, Texas							
Marc	March								
7	Iowa State Last Chance	Ames, Iowa							
13-14	NCAA Championships	College Station, Texas							
l									

OUTDOOR

Mai	rch	
11	Emporia State Twilight	Emporia, Kan.
27-2	28 Arizona State Invitational	Tempe, Ariz.
Apri	11	
4	Emporia State Relays	Emporia, Kan.
	Stanford Invitational	Palo Alto, Calif.
11	UTEP Invitational	El Paso, Texas
	Oklahoma Invitational	Norman, Okla.
	Sun Angel Invitational	Tempe, Ariz.
	Nebraska Invitational	Lincoln, Neb.
16-1	19 Mt. SAC Relays	Walnut, Calif.
	LSU Combined Events	Baton Rouge, La.
16-1	18 Kansas Relays	Lawrence, Kan.
23-2	25 Drake Relays	Des Moines, Iowa
26	Nebraska Open	Lincoln, Neb.
Maj	/	
2	Big 12 vs. Missouri Valley	Lincoln, Neb.
3	Cardinal Invitational	Palo Alto, Calif.
9	Ward Haylett Invitational	Manhattan, Kan.
15-1	17 Big 12 Championships	Lubbock, Texas
29-3	30 Midwest Regional Champ	Norman, Okla.
June		
10-1	13 NCAA Championships	Fayetteville, Ark.

THIS WEEK: JANUARY 24

Conference Challenge Big 12 vs. Mountain West Big 12 representatives: UN, KSU, MU MWC representatives: Air Force, CSU, Wyoming Field Events 1:30 p.m. / Track Events 2p.m. Location: Lincoln, Neb.

Arena: Bob Devaney Center

Nebraska-Wesleyan Invitational

Field Events 5:30 p.m. / Track Events 5:45 p.m. Location: Lincoln, Neb. Arena: Bob Devaney Center

WILDCATS TEAM UP WITH BIG 12 IN CONFERENCE CHALLENGE

The Kansas State Wildcats make their first rod trip of the indoor season to participate in the Conference Challenge hosted by Nebraska on Saturday. Teams from the Big 12 Conference will team together to take on representatives from the Mountain West Conference at the Bob Devaney Center.

Last year at the event, the Wildcats played a key role in the Big 12 winning the competition. The women's team contributed more points than any other Big 12 squad with 53. The K-State women claimed seven wins during the Conference Challenge and the men came away with one as Sam James won the 800M.

Results will be posted on www.k-statesports.com following each day's action. Live stats will also be available through Nebraska's site at www.huskers.com.

GROVES SETS ANOTHER RECORD

Senior thrower Loren Groves posted her second provisional mark of the season in the weight throw on the way to winning the KSU Invitational. Her first-place throw of 68-06.50 set a meet record passing her own mark of 67-10.50 from 2007.

STARTING STRONG

In the opening weekend of the season in December, a number of Wildcats started the track and field campaign off on the right foot.

Scott Sellers won the Carol Robinson Winter Pentathlon and in the process posted an NCAA provisional qualifying mark in the high jump at 7-02.25. In the next day's KSU All-Comers, fellow high jumper Michael Healey posted a provisional mark at 7-00.25.

The tandem was not alone in posting provisional marks. Senior women's thrower, Loren Groves began her final season with a strong mark. Her throw of 67-09 was enough for a provisional mark.

RETURNERS PROVIDE STRENGTH FOR K-STATE

The Wildcats return a number of athletes on the men's and women's side who contributed strongly to their teams' success last year. The men return three who qualified for the NCAA Indoor Championships in their respective events – two of which earned All-America honors.

Senior high jumper Scott Sellers placed second in the NCAA Championships narrowly missing his second national title after claiming the Big 12 title. This year he is also expected to increase his contribution to the Wildcats participating in multi-events as well.

Sophomore combined events specialist Rok Derzanic earned All-America honors after finishing eighth at the NCAA's in the pentathlon. Derzanic also proved to be one of the top in the conference in his event finishing third at the Big 12 Championships. Another sophomore – Moritz Cleve – came on strong for the Wildcats in his first year. He finished second in the Big 12 in the heptathlon and came in 12th at the NCAA's. Senior Adam Fretwell adds to the depth in the combined events for the Wildcats as he finished eighth in the Big 12 last year.

EVENT SCHEDULES

Conference Challenge Saturday, January 24 Field events 1:30 p.m. ______Weight Throw (W) (M) _____Shot Put (W) (M) 1:45 p.m. _____Long Jump (W) (M) _____Triple Jump (W) (M) 1:45 p.m. ______High Jump (W) (M) 1:45 p.m. ______Pole Vault (W) (M) Running Events - rolling schedule Women followed by men 2 p.m. ___ 5000M _Mile 60M H ___60M 400M _____600Y 200M 800M _1000M _3000M 4x400M Relay NWU Invitational Saturday, January 24 Field events ______Weight Throw (M) (W) 5:30 p.m. ___ 5:45 p.m. _____Long Jump (W) (M) _____Triple Jump (W) (M) _____High Jump (W) (M) __Pole Vault (W) (M) Running Events - rolling schedule Women followed by men 5:45 p.m. _____ Mile 60M H __60M 400M

On the women's side, senior thrower Loren Groves looks to add to her illustrious career with another Big 12 title. Groves has won two consecutive weight throw conference titles and earned All-America honors last year with a sixth place finish at the NCAA's.

She is not alone as a strong competitor for the women. Junior Beverly Ramos brings experience in the distance events and looks to build off her most successful cross country season of her career this fall. Ramos won three races this fall and finished fourth at the Big 12 Championship. Ramos was joined by senior Liliani Mendez on the All-Big 12 Cross Country Team after Mendez finished 15th to round out the honorees. Mendez also will bring experience to the distance events for the women's team. The women's team will also have depth in the distance events to create opportunities to score points for the Wildcats.

The women will look to be strong in the jumps this year with TiAra Walpool looking to build off her freshman campaign while she also competes in sprints. Nina Kokot will participate in her first indoor season after redshirting last year and making a strong showing in outdoor in the jumps.

Combined events should be another strength for the women's team along with the men. Stephanie Hejde finished 10th at the Big 12 Championship last year in the pentathlon as a sophomore. Annika Schoenebeck came in just ahead of Hejde in eighth place for the Wildcats last vear.

YOUTH MOVEMENT

The Wildcats boast a lot of experience returning for 2009, but the upperclassmen have some younger teammates with their eyes set on contributing to the team's success this year.

Six of the Wildcats' All-Big 12 performers last year were underclassmen. And with another year of preparation under their belts, those athletes are ready for an even better year.

The addition of a number of fresmen will make the depth of the K-State squad even better. The coaching staff is hoping for big things out of those underclassmen this year to push the

OPENING THEIR EYES

600Y 800M 1000M _200M _3000M

_____4x400M Relay

After a successful season in 2008 and with a number of the key part returning this year, the K-State men's team begins the season ranked among the top teams in the country.

The United States Track and Field and Cross Country Coaches Association ranks Kansas State No. 18 in its preseason rankings. The Wildcats are among seven teams ranked in the Big 12 Conference. Texas A&M (6) and Texas (7) both crack the Top 10 for the conference. Texas Tech (12), Baylor (14) and Nebraska (15) round out the top 15 spots in the poll, and Missouri

NATIONAL DANIZINGS

NATIONAL RANKINGS									
TRACKWIRE TOP 25				USTFCCCATOP 25 PRESE	ASON				
MEN	PTS	WOMEN	PTS	MEN	PTS	WOMEN	PTS		
Coming Soon		Coming Soon		1. OREGON	132.21	1. TEXAS A&M	149.39		
				2. ARIZONA STATE	129.59	2. LSU	127.20		
				3. ARKANSAS	129.31	3. MICHIGAN	119.57		
				4. FLORIDA	126.03	4. TENNESSEE	117.19		
				5. FLORIDA STATE	104.43	5. FLORIDA STATE	109.87		
				6. TEXAS A&M	102.28	6. ARIZONA STATE	84.35		
				7. TEXAS	81.73	7. VIRGINIA TECH	82.42		
				8. LSU	79.42	8. OREGON	81.98		
				9. LOUISVILLE	72.92	9. TEXAS TECH	81.27		
				10. BYU	71.06	10. MINNESOTA	74.08		
				11. KENTUCKY	68.58	11. ARKANSAS	69.90		
				12. TEXAS TECH	67.14	12. TEXAS	68.83		
				13. NORTHERN IOWA	65.07	13. FLORIDA	67.64		
				14. BAYLOR	58.93	14. PENN STATE	67.63		
				15. NEBRASKA	56.35	15. ARIZONA	66.71		
				16. SOUTH CAROLINA	54.75	16. SOUTH CAROLINA	64.65		
				17. MICHIGAN	53.68	17. STANFORD	61.33		
				18.KANSAS STATE	52.00	18.NORTH CAROLINA	46.32		
				19. ARIZONA STATE		19. UTEP	44.63		
				20. GEORGIA	48.95	20. MIAMI	39.27		
				21. GEORGETOWN 48.59 21. TCU		21. TCU	37.31		
				22. BOISE STATE		22. KENTUCKY	36.56		
				23. MISSOURI		23. ALABAMA	33.76		
				24. UCLA		24. NEBRASKA	33.73		
				25. STANFORD	41.33	25. LOUISVILLE	31.87		

closes out the Big 12 teams at No. 23.

The women's team was not in the preseason rankings, but the Big 12 was still strongly represented. Texas A&M opened the year as the No. 1 team on the USTFCCCA poll. Texas Tech ranked ninth with Texas coming in at No. 12. Nebraska completed the Big 12's teams in the preseason ranking at No. 24.

The USTFCCCA uses a points system taking into account performances in the NCAA Championship from returning players among other considerations.

BRINGING IT INSIDE

K-State's men's and women's teams both hope to build off their success in the outdoor season and keep coming strong this indoor season. Groves and Sellers also earn All-America status during the outdoor season and Groves added to her trophy case with another Big 12 title in the hammer throw.

The women's team finished fifth at the outdoor Big 12 Championships while the men came in at 10th. In their last action indoors, the Wildcats posted strong performances to finish 27th on the men's side with nine points and three points on the women's side.

RECORD BREAKING WILDCATS

This year's edition of the Wildcats have some high marks to reach after four school records were broken during the indoor season last year – all four marks came at the Big 12 Championship. Donniece Parrish set a new school record in the 400 meters clocking in at 53.15. Parrish is the only student-athlete to set a school record last year not returning for 2009.

Loren Groves posted a new school record in the weight throw with a distance of 70-03.00 to claim the conference title. For the men Mike Myer ran the 200 meters in 21.16 seconds en route to finishing fourth in the conference. Scott Sellers claimed the title with a school-record high jump of 7-06.

ONE YEAR LATER

Last season the Wildcats opened the year well in the Carol Robinson Winter Pentathlon and KSU All-Comers. Sellers began the year by posting an automatic qualifying mark in the high jump during the Winter Pentathlon. He also won the pentathlon while the Wildcats claimed four of the top five positions as Rok Derzanic and Moritz Cleve made their debuts finishing third and fourth, and Adam Fretwell finished fifth for the Wildcats.

In the KSU All-Comers, the Wildcats won five events and had two NCAA provisional qualifying marks. Loren Groves won the weight throw with a distance of 66-10.00 to get the win, and Alexandra Gonzalez cleared the required height in the pole vault for the NCAA's. Gonzalez won the women's pole vault with a height of 12-11.50.

Donniece Parrish posted a meet record 7.51 in the 60 meters for someone to attempt to best this year after her graduation. The women's 4x400 meter relay team also took first place. For the men Jason Collett won the 800 meters and is back to defend his crown.

NCAA	QUA	LIFIERS
MEN		
AUTOMATIC		
Name	Event	Mark
WOMEN		
AUTOMATIC		
Name	Event	Mark
MEN		
PROVISIONAL		
Name	Event	Mark
Scott Sellers	НЈ	7-02.25
Michael Healey_	НЈ	7-00.25
WOMEN		
PROVISIONAL		
Name	Event	Mark
Loren Groves	WT	67-09.00
	WT	68-06.50

Event	KSU Record	Ahearn FH Record	Event	KSU Record	Ahearn FH Record
55 Meters	6.15, Ray Hill Big Eight Champs., 1989	6.15, Henry Neal Blinn JC, NJCAA, 1992	55 Meters	6.84(a), Joy Jones CU Potts Inv., 1988	6.75, Juliet Campbell Barton Co., NJCAA, 1991
60 Meters	6.62, Terence Newman Big 12 Champs., 2002	6.64, Tre Gardner Baylor, Big 12, 1999	60 Meters	7.46, Karissa Stewart KSU-Coors Inv., 1997	7.26, Veronica Campbell Barton Co., NJCAA, 2002
200 Meters	21.16, Mike Myer Big 12 Champs., 2008	21.04, Tyson Ga Barton Co., NJCAA,2002	200 Meters	24.01, Markeya Jones NCAA Champs., 1991	23.27, Veronica Campbell Barton Co., NJCAA, 2002
400 Meters	46.44, Keith Black NCAA Champs., 1997	46.10, Darnell Hall Blinn, NJCAA, 1992	400 Meters	53.15, Donniece Parrish Big 12 Champs., 2008	53.28, Yulanda Nelson Baylor, Big 12, 1999
600 Yards	1:08.73, Jeff Reynolds Big Eight Champs., 1989	1:08.91, Ryan Hayden Blinn, NJCAA, 1992	600 Yards	1:19.56, Michelle Maxey Husker Inv., 1986	1:19.31, Suziann Reid Texas, Big 12, 1999
800 Meters	1:47.75, Joseph Lee NCAA Champs., 2003	1:49.40, Saveri Ngidhi Blinn, NJCAA, 1992	800 Meters 1998	2:05.52 Lysaira Roman-Del Valle NCAA Champs., 2005	2:08.77, Emily Diederich Kansas State, KSU Inv.,
1.000 Meters	2:19.57!, Christian Smith	2:23.14, Eliud Njubi	1000		
,	Husker Invitational, 2006	Dodge City, KSU Open, 2000	1,000 Meters	2:44.91, Anne Stadler NCAA Champs., 1985	2:46.50, Ashley Patten Missouri, KSU-KU-MU, 2005
Mile	4:02.42, Jeff Schemmel NCAA Champs., 1976	4:01.19, Jon Wild Okla. St., Big Eight, 1995	Mile	4:39.06, Deb Pihl Missouri Inv., 1983	4:43.10, Deb Pihl Kansas State, KSU Open, 1984
3,000 Meters	8:06.09, Francis O'Neill Husker Invit., 1994	8:10.48, Adam Goucher Colorado, Big Eight, 1995	3,000 Meters	9:09.99, Amy Mortimer NCAA Champs., 2002	9:32.55, Kara Wheeler Colorado, Big 12, 1999
5,000 Meters	14:06.10, Mathew Chesang Big 12 Champs., 2005	14:05.65, Adam Goucher Colorado, Big Eight, 1995	5,000 Meters	16:28.65, Janet Haskin Big Eight Champs., 1990	16:31.38, Leigh Daniel Texas Tech, Big 12, 1999
55-Meter Hurdles	7.33, Charles Armstead KSU Open, 1990	7.22, Phillip Riley Garden City, NJCAA, 1992	55-Meter Hurdles	7.67, Kim Kilpatrick Big Eight Champs., 1989	7.68, Lacena Golding San Jacinto, NJCAA, 1995
60-Meter Hurdles	7.80, Travis Livingston Husker Invit., 1997	7.84, David Aaron Texas, Big 12, 1999	60-Meter Hurdles	8.24, Lisi Maurer Last Chance Qualifier, 2006	8.22, Nicole Hoxie Texas, Big 12, 1999
4x400 Relay	3:09.89, Banks-Watkins- King-Reynolds, NCAA Champs., 1989	3:08.19, Baylor Big 12, 1999	4x400 Relay	3:40.64, Thomas-Maurer- Bonds-Coleman, Big 12 Champs., 2006	3:39.47, Nebraska KSU-NU-Ark-AC, 2000
4x800 Relay	7:23.69 (o), Storm-Helling- Goertzen-WilliamsCyclone Invite, 1992	7:32.86, Blinn College NJCAA, 1993	4x800 Relay	9:01.27, Wells-Warden- Rugan-Staats (o) Big Eight Champs., 1993	8:51.64, Barton County NJCAA, 1992
Distance Medley Relay	9:44.6(y), Harper-Nightingale- Dutton-Holbrook, NCAA Champs., 1967	9:47.17, Barton County CC NJCAA, 1993	Distance Medley Relay	11:12.45, Hinds-Woods- Crouse-Mortimer, NCAA Champs., 2000	11:34.35, Colorado Big 12, 1999
High Jump	7-6.00, Scott Sellers Big 12 Champs., 2008	7-7.75, Nathan Leeper Nike, Wildcat Inv., 2001	High Jump	6-5, Gwen Wentland U.S. Champs., 1995	6-4.25, Gwen Wentland Kansas State, Wildcat Pent., 1995
Pole Vault	17-9.75, Doug Lytle NCAA Champs., 1982	18-8.25, Jacob Davis Texas, Big 12, 1999	Pole Vault	14-05.25, Breanna Eveland Last Chance Qualifier, 2006	13-09.25, Breanna Eveland Kansas State, KSU-KU-MU, 2005
Long Jump	26-9.75, Kenny Harrison NCAA Champs., 1986	26-9, James Beckford Blinn, NJCAA, 1995	Long Jump	20-6, Kelly Wenlock Big Eight Champs., 1982	21-3.50, Lacena Golding San Jacinto, NJCAA, 1994
Triple Jump	55-10.50, Vince Parrette Big Eight Champs., 1980	54-11.50, James Beckford Blinn, NJCAA, 1995	Triple Jump	44-09.50, Chaytan Hill Big 12 Champs., 2004	45-1.50, Stacy Bowers Baylor, Big 12, 1999
Shot Put	65-0.50, Ray Bradley Big Eight Champs., 1981	66-10.75, Christian Cantwell Missouri, KSU-KU-MU, '02	Shot Put	56-08.50, Rebekah Green KSU-MU-KU Triangular, 2003	58-0.25, Jessica Cross Unatt., All-Comers, 1999
35-Pound Weight Throw	70-11.25, Coby Cost KSU Open, 2005	75-2.50, Scott Russell Kansas, KSU Open, 2002	20-Pound Weight Throw	70-03.00, Loren Groves Big 12 Champs., 2008	72-5, Dawn Ellerbe NYAC, All-Comers, 1999
Pentathlon	4,116, Darius Draudvila Carol Robinson, 2005	4,478, Steve Fritz Accusplit, Wildcat Pent., '95	Pentathlon	4,439, Austra Skujyte Big 12 Champs., 2002	4,425, Austra Skujyte Kansas State, Wildcat Pent., 2002
Heptathlon	5,786, Attila Zsivoczky Big 12 Champs., 1998	6,213, Steve Fritz Accusplit, USATF Champs. '96		0	O to 2002

Men's 2009 Indoor Performance Chart

	tomatic mark #-NCAA provisio	nal mark sr-KSU record	p-preliminary heat		inal heat o-oversize	ed track ^-personal best	
60 Meters				Pentathion		March (Data)	BI.
	matic/provisional: 6.63/6.74		-	Mark	Athlete	Meet (Date)	Place
Mark	Athlete	Meet (Date)	Place	4,013	Scott Sellers	Carol Robinson (12/12)	1st
6.88	Mike Myer	KSU All-Comers (12/13)	T7th	3,582	Andre McDonald	Carol Robinson (12/12)	3rd
6.96^	Jason Coniglio	KSU Invitational (1/17)	4th 6th	3,440	Adam Fretwell	Carol Robinson (12/12)	5th
7.31	Moritz Cleve	KSU Invitational (1/17) KSU Invitational (1/17)	18th				
1.31	Montz cieve	NSO IIIVItational (1/11)	TOUI				
300 Meter	rs						
Mark	Athlete	Meet (Date)	Place				
34.94	Mike Myer	KSU Invitational (1/17)	2nd				
35.30^	Jason Coniglio	KSU Invitiational (1/17)	3rd				
36.03^	Gus Vazquez-Milan	KSU All-Comers (12/13)	13th				
600 Yards							
Mark	Athlete	Meet (Date)	Place				
1:12.49^	Jason Collett	KSU Invitational (1/17)	1st				
000 14-4							
800 Meter		Most (Date)	Diago				
Mark 1:58.41^	Athlete Jacob Davies	Meet (Date) KSU Invtaitional (1/17)	Place 6th				
1.36.41	Jacob Davies	KSO invialional (1/17)	OUI				
1000 Mete	are						
Mark	Athlete	Meet (Date)	Place				
2:27.76^	Jason Collett	KSU All-Comers (12/13)	1st				
2:33.95^	Jacob Davies	KSU All-Comers (12/13)	5th				
2:35.78^	Alex Umberger	KSU All-Comers (12/13)	7th				
2:51.70	Scott Sellers	Carol Robinson (12/12)	pent				
2:54.77	Adam Fretwell	Carol Robinson (12/12)	pent				
3:03.04^	Andre McDonald	Carol Robinson (12/12)	pent				
			•				
60M Hurdl							
	matic/provisional: 7.70/7.91						
Mark	Athlete	Meet (Date)	Place				
3.39^	Scott Sellers	Carol Robinson (12/12)	pent				
3.45	Adam Fretwell	KSU Invitational (1/17)	4th				
8.53	Andre McDonald	Carol Robinson (12/12)	pent				
Ilah luma							
High Jump		0.05					
	matic/provisional: 7-04.25/7-0		Place				
Mark 7-02.25#	Athlete	Meet (Date)	Place				
	Scott Sellers	Carol Robinson (12/12)	pent				
7-00.25#^ 6-06.00^	Michael Healey Andre McDonald	KSU All-Comers (12/13) Carol Robinson (12/12)	1st				
5-00.00	Adam Fretwell	Carol Robinson (12/12)	pent pent				
5-03.13	Addititietwell	Carol (1001113011 (12/12)	pent				
Pole Vault							
	matic/provisional: 18-00.50/17	'-00.75					
Mark	Athlete	Meet (Date)	Place				
15-01.00^	David Taylor	KSU All-Comers (12/13)	3rd				
13-07.25	Moritz Cleve	KSU Invitational (1/17)	5th				
NH	Adam Fretwell	KSU Invitational (1/17)					
ong Jump							
	matic/provisional: 25-09.25/24						
Mark	Athlete	Meet (Date)	Place				
23-04.00	Emmanuel Neizer	KSU All-Comers (12/13)	2nd				
23-03.25	Scott Sellers	Carol Robinson (12/12	pent				
	Andre McDonald	Carol Robinson (12/12)	pent				
21-01.50	Adam Fretwell	Carol Robinson (12/12)	pent				
Shot Put							
	matic/provisional: 63-04/58-03	1					
Mark	Athlete	Meet (Date)	Place				
53-01.00^		KSU Invitational (1/17)	1st				
	Moritz Cleve	KSU Invitational (1/17)	4th				
39-08.00	Rok Derzanic	KSU All-Comers (12/13)	14th				
	Adam Fretwell	Carol Robinson (12/12)	pent				
37-08.75	Scott Sellers	Carol Robinson (12/12)	pent				
37-08.75 36-11.50		Carol Robinson (12/12)	pent				
36-11.50	Andre McDonald		•				
	Andre McDonald	0010111001110011 (12) 12)					
36-11.50 33-07.25 Weight Thr	row						
36-11.50 33-07.25 Weight Thr NCAA auto	row omatic/provisional: 70-06.50/63	3-11.75					
36-11.50 33-07.25 Weight Thr NCAA auto Mark	row ematic/provisional: 70-06.50/63 Athlete	3-11.75 Meet (Date)	Place				
36-11.50 33-07.25 Weight Thr NCAA auto Mark 61-10.25^	row matic/provisional: 70-06.50/63 Athlete Nate Brummet	3-11.75 Meet (Date) KSU All-Comers (12/13)	2nd				
36-11.50 33-07.25 Weight Thr NCAA auto Mark 61-10.25^ 57-03.50^	row omatic/provisional: 70-06.50/63 Athlete Nate Brummet Cole Zenisek	3-11.75 Meet (Date) KSU All-Comers (12/13) KSU All-Comers (12/13)	2nd 4th				
36-11.50 33-07.25 Weight Thr NCAA auto Mark 61-10.25^ 57-03.50^ 56-02.50^	row matic/provisional: 70-06.50/63 Athlete Nate Brummet	3-11.75 Meet (Date) KSU All-Comers (12/13)	2nd				

Men's 2009 Indoor Progression List

	itomatic mark	#-NCAA provisional mark	sr-KSU record	p-preliminary heat	s-semit	inal heat	o-oversized track	^-personal best	
Nate Brun	nmet				Scott Seller	rs			
Event	Mark	Meet (Da	te)	Place	Event	Mark		Meet (Date)	Plac
NT	61-10.25^	•	omers (12/13)	2nd	1000M	2:51.70		Carol Robinson (12/12)	pen
•••	60-11.25		ational (1/17)	1st	60M H	8.39^		Carol Robinson (12/12)	pen
	00 11.25	NGC IIIVIG	2001101 (±/ ±1)	130	HJ	7-02.25#		Carol Robinson (12/12)	pen
Moritz Cle	we.				IJ	23-03.25		Carol Robinson (12/12)	pen
Event	Mark	Meet (Da	to)	Place	D	22-06.25		KUS InvitatioInal (1/17)	2nd
60M			•		SP				
	7.31		ational (1/17)	18th		36-11.50		Carol Robinson (12/12)	pen
PV	13-07.25		ational (1/17)	5th	Pentathlon	4,013		Carol Robinson (12/12)	1s
SP	43-07.00		omers (12/13)	11th					
	45-10.00^	KSU Invita	ational (1/17)	4th	David Taylo				
					Event	Mark		Meet (Date)	Place
Jason Coll					PV	15-01.00^		KSU All-Comers (12/13)	3rd
Event	Mark	Meet (Da	,	Place		14-01.25		KSU Invitational (1/17)	4tl
1000M	2:27.76^		omers (12/13)	1st					
600Y	1:12.49^	KSU Invita	ational (1/17)	1st	Eric Thoma	S			
					Event	Mark		Meet (Date)	Place
Jason Con	niglio				SP	53-01.00^		KSU Invitational (1/17)	1s
Event	Mark	Meet (Dat	te)	Place	WT	55-11.00		KSU All-Comers (12/13)	6th
60M	6.97	KSU AII-C	omers (12/13)	15th		56-20.50^		KSU Invitational (1/17)	4th
	6.96^	KSU Invita	ational (1/17)	6th					
300M	35.60		omers (12/13)	6th	Alex Umber	ger			
	35.30^		iational (1/17)	3rd	Event	Mark		Meet (Date)	Place
		1.00 military	(-/ -1)	Old	1000M	2:35.78^		KSU All-Comers (12/13)	7tl
Jacob Dav	iles				TOOOINI	2.00.10		1.00 All OUTICIS (12/ 10)	7 (1
	Mark	Most (De	te)	Place	Gus Vazque	az_Milan			
Event 800M	магк 1:58.41^	Meet (Dat	t e) aitional (1/17)	6th	Event	ez-milian Mark		Meet (Date)	Place
								• •	
1000M	2:33.95^	KSU All-Ci	omers (12/13)	5th	300M	36.03^		KSU All-Comers (12/13)	13th
D-1- D	1-					36.42		KSU Invitational (1/17)	8th
Rok Derza									
Event	Mark	Meet (Da		Place	Cole Zenise				
SP	39-08.00		omers (12/13)	14th	Event	Mark		Meet (Date)	Place
	39-01.25	KSU Invita	ational (1/17)	9th	WT	57-03.50^		KSU All-Comers (12/13)	4th
						56-03.75		KSU Invitational (1/17)	3rd
Adam Fret	twell								
Event	Mark	Meet (Da	te)	Place					
1000M	2:54.77	Carol Rob	oinson (12/12)	pent					
60M H	8.49	Carol Rob	inson (12/12)	pent					
	8.45	KSU Invita	ational (1/17)	4th					
PV	NH	KSU Invita	ational (1/17)						
HJ	5-09.75	Carol Rob	inson (12/12)	pent					
IJ	21-01.50		pinson (12/12)	pent					
SP	37-08.75		pinson (12/12)	pent					
Pentathloi			oinson (12/12)	5th					
i ciitatiiloi	11 0, 1 10	Caroninos	1110011 (12/ 12)	our					
Michael H	lealev								
Event	Mark	Meet (Da	to)	Place					
HJ	7-00.25#^		omers (12/13)						
רוז			. , ,	1st					
	NH	KSU Invita	ational (1/17)	-					
A d	Barratat								
Andre McI									
Event	Mark	Meet (Da	•	Place					
1000M	3:03.04^		pinson (12/12)	pent					
60M H	8.53^		oinson (12/12)	pent					
HJ	6-06.00^		oinson (12/12)	pent					
IJ	22-11.00^	Carol Rob	oinson (12/12)	pent					
SP	33-07.25^	Carol Rob	oinson (12/12)	pent					
Pentathlo	n 3,582^		oinson (12/12)	3rd					
	•								
Ashton Mi	iller								
Event	Mark	Meet (Da	te)	Place					
WT	48-03.50^		omers (12/13)	9th					
•		1.00 / 111 01	(12, 10)	001					
Mike Mye	r								
Event	Mark	Meet (Da	te)	Place					
60M	6.88		omers (12/13)	T7th					
OOIVI									
20014	6.88		ational (1/17)	4th					
300M	35.47		omers (12/13)	4th					
	34.94	KSU Invita	ational (1/17)	2nd					
_									
Emmanue									
Event	Mark	Meet (Da	te)	Place					
IJ	23-04.00	KSU AII-C	omers (12/13)	2nd					
	22-11.75	KSU Invita	ational (1/17)	1st					
	22 11.10								

Women's 2008 Indoor Performance Chart

@-NCAA aut	tomatic mark #-NCAA provi	sional mark sr-KSU record	p-preliminary heat	s-semifi	nai neat	o-oversized track	^-personal best	
0 Meters				Weight Thro				
	matic/provisional: 7.26/7.44		Disease			I: 68-10.75/61-0		Disco
/lark :69^	Athlete TiAra Walpool	Meet (Date) KSU Invitational (1/17)	Place 1st	Mark	Athlete Loren Groves		Meet (Date) KSU Invitational (1/17)	Place 1st
.03	Kim Haberman	KSU Invitational (1/17)	2nd		Chelsie Bonds		KSU All-Comers (12/13)	3rc
3.06	Denise Baker	KSU All-Comers (12/13)	18th		Amanda Boor		KSU Invitational (1/17)	3rc
3.11^	Nina Kokot	KSU Invitational (1/17)	5th	53-06.50^			KSU Invitatinal (1/17)	4th
300 Meter				40-09.75	Tiffany Ball		KSU All-Comers (12/13)	13th
Mark	Athlete	Meet (Date)	Place	Pentathlon				
40.57^	Lakeisha Pointer-Allen	KSU Invitational (1/17)	1st		natic/provisiona	l: 4,050/3,700		
42.15^	Denise Baker	KSU All-Comers (12/13)	5th	Mark	Athlete		Meet (Date)	Place
000 Mates				3,528^	Stephanie Hejd		Carol Robinson (12/12)	1st
800 Meter NCAA auto	s matic/provisional: 2:05.40/2	2:09.40		2,870^	Kim Haberman		Carol Robinson (12/12)	8th
Mark	Athlete	Meet (Date)	Place					
2:26.29	Stephanie Hejde	Carol Robinson (12/12)	pent					
2:38.09	Kim Haberman	Carol Robinson (12/12)	pent					
1000 Mete	are.							
Mark	Athlete	Meet (Date)	Place					
2:55.81	Liliani Mendez	KSU All-Comers (12/13)	2nd					
3:01.38^	Boglarka Bozzay	KSU All-Comers (12/13)	3rd					
DNF	Meg Gentry	KSU All-Comers	-					
600 Yards								
Mark	Athlete	Meet (Date)	Place					
1:25.25^	Boglarka Bozzay	KSU Invtitational (1/17)	1st					
1:28.29^	Kristel Williams	KSU All-Comers (12/13)	4th					
Mile								
Mark	Athlete	Meet (Date)	Place					
5:08.45^	Sydney Messick	KSU Invitational (1/17)	1st					
5:14.54^	Alyssa Bellinder	KSU Invitational (1/17)	2nd					
5:16.97 5:17.42^	Megan-Anne Perrin Emilee Morris	KSU Invitational (1/17) KSU Invitational (1/17)	3rd 4th					
4X400 Rel	lay							
	matic/provisional: 3:36.60/3							
Mark	Athlete	Meet (Date)	Place					
DNF	Kansas State 'A' Walpoo-Bozzay-Williams-Sh	KSU All-Comers (12/13)	-					
3:54.26	Kansas State 'A'	KSU Invitational (1/17)	1st					
	Walpool-Bozzay-Pointer-Alle	en-Haberman						
60M Hurdl								
NCAA auto Mark	matic/provisional: 8.14/8.43 Athlete		Place					
9.03	Denise Baker	Meet (Date) KSU Invitational (1/17)	3rd					
9.54	Stephanie Hejde	Carol Robinson (12/12)	pent					
10.19	Kim Haberman	Carol Robinson (12/12)	pent					
High Jump								
NCAA auto	matic/provisional: 6-00.75/5							
Mark	Athlete	Meet (Date)	Place					
5-03.00 5-00.50^	Cassie Styers Stephanie Hejde	KSU All-Comers (12/13) Carol Robinson (12/120	2nd pent					
4-09.00	Kim Haberman	Carol Robinson (12/12)	pent					
		(,/	P					
Pole Vault		/12 ₋ 11 50						
Mark	matic/provisional: 13-09.25/ Athlete	12-11.50 Meet (Date)	Place					
	Meriel Harwood	KSU All-Comers (12/13)	2nd					
10-11.75^	Abby Shanahan	KSU All-Comers (12/13)	4th					
	Nancy Harrington	KSU All-Comers (12/13)	6th					
NH	Alexandra Gonzalez	KSU Invitational (1/17)						
Long Jump		YOO OO OF						
	matic/provisional: 20-10.00/		Diago					
Mark 18-06.00	Athlete Kim Haberman	Meet (Date) KSU Invitational (1/17)	Place 3rd					
	TiAra Walpool	KSU Invitational (1/17)	4th					
17-11.75	Stephanie Hejde	Carol Robinson (12/12)	pent					
Shot Put								
NCAA auto	matic/provisional: 55-05.50/		Place					
Mark	Athlete Stenhanie Heide	Meet (Date) Carol Robinson (12/12)						
Mark 37-08.75 25-05.50	Athlete Stephanie Hejde Kim Haberman	Carol Robinson (12/12) Carol Robinson (12/12)	pent pent					

Women's 2008 Indoor Progression List

@-NCAA aut	tomatic mark	#-NCAA provisional mark	sr-KSU record	p-preliminary heat	t s-semif	final heat	o-oversized track	^-personal best	
Denise Bal					Liliani Men				
Event	Mark	Meet (Da		Place	Event	Mark		Meet (Date)	Place
60M 60M H	8.06 9.03		comers (12/13) ational (1/17)	18th 3rd	1000M	2:55.81		KSU All-Comers (12/13)	2nd
300M	42.15^		comers (12/13)	5th	Sydney Me	ssick			
	43.32		ational (1/17)	3rd	Event	Mark		Meet (Date)	Place
	_				Mile	5:08.45^		KSU Invitational (1/17)	1st
Tiffany Bal		Mast (Da	4-1	Diago	Facilia a Ma				
Event WT	Mark 40-09.75	Meet (Da	omers (12/13)	Place 13th	Emilee Mo Event	rris Mark		Meet (Date)	Place
** 1	40 05.75	NOO All O	omers (12/ 15)	1501	Mile	5:17.42^		KSU Invitational (1/17)	4th
Allysa Belli	inder							, ,	
Event	Mark	Meet (Da	•	Place	Megan-Anr				
Mile	5:14.54^	KSU Invit	ational (1/17)	2nd	Event	Mark		Meet (Date)	Place
Chelsie Bo	nde				Mile	5:16.97		KSU Invitational (1/17)	3rd
Event	Mark	Meet (Da	ite)	Place	Ali Pistora				
WT	59-00.75^		comers (12/13)	3rd	Event	Mark		Meet (Date)	Place
	58-11.25	KSU Invit	ational (1/17)	2nd	WT	49-06.50		KSU All-Comers (12/13)	8th
4						53-06.50^		KSU Invitatinal (1/17)	4th
Amanda Be Event	oor Mark	Meet (Da	ito)	Place	I akaicha B	ointer-Allen			
WT	53-03.00		comers (12/13)	5th	Event	Mark		Meet (Date)	Place
	54-00.00^		ational (1/17)	3rd	300M	40.57^		KSU Invitational (1/17)	1st
	_				4x400M	3:54.26		KSU Invitational (1/17)	1st
Boglarka B	•	Mari /B	to\	DI	Abu Ok	hon			
Event 600Y	Mark 1:25.25^	Meet (Da	tational (1/17)	Place 1st	Aby Shana Event	nan Mark		Meet (Date)	Place
1000M	3:01.38^		comers (12/13)	3rd	4X400M	DNF		KSU All-Comers (12/13)	-
4X400M	DNF		comers (12/13)	-	PV	10-11.75		KSU All-Comers (12/13)	4th
	3:54.26	KSU Invit	ational (1/17)	1st		11-05.75^		KSU Invitational (1/17)	1st
M = 4 O = 114					0				
Meg Gentr	y Mark	Meet (Da	to)	Place	Cassie Styl Event	ers Mark		Meet (Date)	Place
1000M	DNF	•	comers(12/13)		HJ	5-03.00		KSU All-Comers (12/13)	2nd
2000	5	1.007.110	00.0(12/ 10/			5-04.25		KSU Invitatinal (1/17)	2nd
Alexandra	Gonzalez								
Event	Mark	Meet (Da	•	Place	TiAra Walp			March (Barta)	PI
PV	NH	KSU Invit	ational (1/17)		Event 60M	Mark 7.74		Meet (Date) KSU All-Comers (12/13)	Place T7th
Loren Grov	/es				OOW	7.69^		KSU Invitational (1/17)	1st
Event	Mark	Meet (Da	ite)	Place	4X400M	DNF		KSU All-Comers (12/13)	
WT	67-09.00#	KSU All-C	comers (12/13)	1st		3:54.26		KSU Invitational (1/17)	1st
	68-06.50#	KSU Invit	ational (1/17)	1st	LJ	17-11.50		KSU All-Comers (12/13)	2nd
Kim Haber	rman					18-01.50^		KSU Invitational (1/17)	4th
Event	Mark	Meet (Da	ite)	Place	Kristel Will	iams			
60M	7.92^		ational (1/17)	2nd	Event	Mark		Meet (Date)	Place
800M	2:38.09^		oinson (12/12)	pent	600Y	1:28.29^		KSU All-Comers (12/13)	4th
60M H	10.19^ 3:54.26		oinson (12/12)	pent	4X400M	1:28.39		KSU Invitational (1/17)	3rd
4x400M HJ	4-09.00 [^]		ational (1/17) pinson (12/12)	1st pent	4A400W	DNF		KSU All-Comers (12/13)	
IJ	17-05.50		oinson (12/12)	pent					
	18-06.00^	KSU Invit	ational (1/17)	3rd					
SP	25-05.50^		oinson (12/12)	pent					
Heptathlor	n 2,870^	Carol Rob	oinson (12/12)	8th					
Meriel Har	boow								
Event	Mark	Meet (Da	ite)	Place					
PV	11-05.75^		omers (12/13)	2nd					
	10-11.75	KSU Invit	ational (1/17)	T2nd					
Nonertte	ringto-								
Nancy Han Event	rington Mark	Meet (Da	ite)	Place					
PV	10-06.00		comrs (12/13)	6th					
	10-11.75		ational (1/17)	T2nd					
<u>.</u>									
Stephanie	-	Mant /B-	to)	Diago					
Event 800M	Mark 2:26.29	Meet (Da Carol Rob	oinson (12/12)	Place pent					
60M H	9.54		oinson (12/12)	pent					
	9.45		ational (1/17)	5th					
HJ	5-00.50^		oinson (12/120	pent					
П	17-11.75		oinson (12/12)	pent					
SP	17-02.75 37-08.75		ational (1/17) pinson (12/12)	8th pent					
Pentathlon			oinson (12/12)	1st					
23631	-,	53.51110.							
Nina Koko									
Event	Mark	Meet (Da		Place					
60M	8.11^	KSU Invit	ational (1/17)	5th					