

Introduction 1-6

Athletic Staff Directory 2
2009 NCAA Qualifying Standards 3
2009 Travel Information 4
Track and Field Annual Awards 5
Relay Club Membership Information 6

This is Nebraska 7-32

Success at Nebraska 8-9
Devaney Center Indoor Track 10
Ed Weir Stadium 11
Success at the National Level 12
Conference Dominance 13
Husker Olympians 14-15
Sports Facilities 16-17
Husker Power 18-19
Athletic Medicine 20-21
Nutrition 21
Academic Success 22-23
Academic Experience 24
Life Skills 25
National Powers 26
Big 12 Leaders 27
Leading the Way 28-29
Information on Lincoln 30
Famous Nebraskans 31

Coaches and Support Staff 33-44

Gary Pepin 34-35
Jay Dirksen 36
Mark Colligan 37
Billy Maxwell 38
Matt Martin 39
Kris Grimes 40
T.J. Pierce 41
Track and Field Office Staff 41
Volunteer Coaches 41
Student Staff 41
Tom Osborne 42
Athletic Administration 43
Athletic Department Support Staff 44

Husker Women 45-104

Women's Roster 46
2009 Roster Breakdown and Season Preview ... 47
2009 Season Preview 48
NCAA All-American Profile 49
Big 12 Champion Profiles 49-50
2009 Returnees 51-64
2009 Newcomers 65-67
2008 Season Review 70
2008 Indoor Performance List 71
2008 Indoor Meet-by-Meet Review 72-73
2008 Outdoor Performance List 74
2008 Outdoor Meet-by-Meet Review 75-76
All-Time Indoor Records 78
All-Time Indoor Performances 79-83
All-Time Outdoor Records 84
All-Time Outdoor Performances 85-90
Olympians 92
Conference Team Champions 93
Indoor National Champions 94
Outdoor National Champions 95
Indoor All-Americans 96
Outdoor All-Americans 97
Indoor Conference Champions 98-99
Outdoor Conference Champions 100-101
Academic All-Americans 102
Letterwinners 103-104

Husker Men 105-178

Men's Roster 106
2009 Roster Breakdown and Season Preview... 107
2009 Season Preview 108
NCAA All-American Profiles 109-111
2009 Returnees 112-131
2009 Newcomers 132-136
2009 Nebraska Relay Club Members 136
2008 Season Review 138
2008 Indoor Performance List 139
2008 Indoor Meet-by-Meet Review 140-141
2008 Outdoor Performance List 142
2008 Outdoor Meet-by-Meet Review 143-144
All-Time Indoor Records 146
All-Time Indoor Performances 147-151
All-Time Outdoor Records 152
All-Time Outdoor Performances 153-158
Olympians 160
Indoor National Champions 161
Outdoor National Champions 162
Indoor All-Americans 163
Outdoor All-Americans 164-165
Conference Team Champions 166
Indoor Conference Champions 167-169
Outdoor Conference Champions 170-172
Academic All-Americans 173
Letterwinners 174-178

Media Info 179-180

Covering the Huskers 180
Media Outlets 180
Nebraska Media Relations Staff 180

Big 12 Conference 181-184

Big 12 Conference Information 182
Conference Championship Information 182
Big 12 Opponent Information 183

Husker Quick Facts

Location: Lincoln, Neb.
Enrollment: 22,000
President: James B. Milliken, J.D.
Chancellor: Harvey S. Perlman, J.D.
Athletic Director: Tom Osborne
Colors: Scarlet & Cream
Website: Huskers.com
Head Coach: Gary Pepin
Indoor Track: Devaney Center Indoor Track
Outdoor Track: Ed Weir Stadium
Track Office Phone: (402) 472-6461
Track Office Fax: (402) 472-9361
2008 Big 12 Women's Finishes (I/O): 2nd/2nd
2008 NCAA Women's Finishes (I/O): 52nd/t-43rd
2008 Big 12 Men's Finishes (I/O): 2nd/4th
2008 NCAA Men's Finishes (I/O): t-17th/36th
Media Relations Director: Keith Mann
Track and Field MRD: Jeremy Foote
MRD E-Mail: jfoote@huskers.com
MRD Phone: (402) 472-7778
All-Time National Champions (W/M) 44/31
All-Time All-Americans (W/M) 305/250
All-Time NCAA Top-Five Finishes (W/M) 21/7
All-Time Conference Titles (W/M) 40/59
All-Time Conference Champions (W/M) 333/494
All-Time Olympians (W/M) 18/23

Credits: The 2009 Nebraska Track and Field Media and Recruiting Guide was written and designed by Media Relations intern Jeremy Foote with editing assistance from Assistant Head Track Coach Jay Dirksen, Director of Operations Jeff Griesch and Assistant Media Relations Director Jerry Trickie. **Cover Design:** Annie Wood. **Photos:** Media Relations Photographer Scott Bruhn, Media Relations intern Jeremy Foote, Claus Andersen (Athletics Canada), Alyssa Schukar, Chip Bromfield (Pro-Motion Ltd), Rupert Berrington (Pro-Motion Ltd), Rich Clarkson, Gretchen Hammon, Matt Miller, Tom Slocum, Richard Voges and UNL Photography Services. **Printing:** UNL Printing Services. Track and Field Media Guide Cost: \$4.67 plus \$0.33 tax.



2009 Nebraska Track and Field Schedule

Jan. 16-17	Holiday Inn Invitational	Devaney Center Indoor Track	4 p.m./Noon
Jan. 24	Conference Challenge	Devaney Center Indoor Track	1:30 p.m.
	NWU Invitational	Devaney Center Indoor Track	TBA
Jan. 31	adidas Classic	Devaney Center Indoor Track	11 a.m.
Feb. 6-7	Frank Sevigne Husker Invitational	Devaney Center Indoor Track	Noon/9:30 a.m.
Feb. 13-14	Tyson Invitational	Fayetteville, Ark.	TBA
Feb. 20	Nebraska Tune-Up	Devaney Center Indoor Track	1 p.m.
Feb. 27-28	Big 12 Indoor Championships	College Station, Texas	TBA
March 5	Cornhusker Last Chance	Devaney Center Indoor Track	2 p.m.
March 7	Cyclone Last Chance	Ames, Iowa	10:30 a.m.
	Arkansas Last Chance	Fayetteville, Ark.	TBA
	Washington Last Chance	Seattle, Wash.	TBA
March 13-14	NCAA Indoor Championships	College Station, Texas	TBA
March 20-21	Baldy Castillo Invitational	Tempe, Ariz.	TBA
March 27-28	Arizona State Invitational	Tempe, Ariz.	TBA
	Stanford Invitational	Palo Alto, Calif.	12:30 p.m./11 a.m.
April 2-4	Jim Click Shootout	Tucson, Ariz.	Noon/Noon/11 a.m.
April 11	Nebraska Invitational	Ed Weir Stadium	11 a.m.
	UTEP Invitational	El Paso, Texas	TBA
April 16-18	Mt. SAC Relays	Walnut, Calif.	8 p.m./4 p.m./1 p.m.
April 17-18	Arkansas Invitational	Fayetteville, Ark.	TBA
April 22-25	Drake Relays	Des Moines, Iowa	TBA
	Penn Relays	Philadelphia, Pa.	TBA
April 26	Nebraska Open	Ed Weir Stadium	11 a.m.
May 2	Nebraska Triangular	Ed Weir Stadium	Noon
May 9	Ward Haylett Invitational	Manhattan, Kan.	TBA
May 15-17	Big 12 Outdoor Championships	Lubbock, Texas	TBA
May 29-30	NCAA Midwest Regional	Norman, Okla.	TBA
June 10-13	NCAA Outdoor Championships	Fayetteville, Ark.	TBA

INDOOR
OUTDOOR



University Administration	Area Code (402)
Chancellor: Harvey Perlman, J.D.	472-2116
President: James B. Milliken, J.D.	472-2111
Institutional Representative: Josephine Potuto, J.D.	472-1252
Athletic Administration	
Athletic Director: Tom Osborne	472-3011
Executive Associate A.D.: Marc Boehm.....	472-3011
Senior Associate A.D./Academics, Compliance and Planning: Dennis Leblanc	472-2042
Associate A.D./Community Relations: Chris Anderson	472-7771
Associate A.D./Administration: Bob Burton	472-5663
Associate A.D./Chief Financial Officer: Nancy Kenny	472-2273
Associate A.D./Development: Paul Meyers.....	472-2367
Associate A.D./Senior Woman Administrator: Pat Logsdon.....	472-3011
Associate A.D./Life Skills: Keith Zimmer	472-4614
Assistant A.D./Compliance: Gary Bargaen	472-2042
Assistant A.D./Director of Events: Butch Hug.....	472-1000
Assistant A.D./Facilities: John Ingram	472-1000
Assistant A.D./Football Operations: Jeff Jamrog.....	472-3116
Assistant A.D./Compliance & Planning: Josh White	472-2042
Track and Field Staff	
Head Coach: Gary Pepin.....	472-1135
Assistant Head Coach: Jay Dirksen	472-1136
Throws Coach: Mark Colligan	472-1148
Sprints/Hurdles Coach: Billy Maxwell.....	472-1151
Sprints/Hurdles/Relays Coach: Matt Martin.....	472-1147
Pole Vault/Multi-Event Coach: Kris Grimes.....	472-7038
Director of Operations: T.J. Pierce.....	472-7039
Administrative Assistant: Da'Nelle Earl.....	472-6468
Administrative Assistant Intern: Nigel Bigbee	472-9027
Equipment Manager: Blake Lange	472-1461
Media Relations Intern: Jeremy Foote	472-7778
Track and Field Office Fax:.....	472-9361
Athletic Performance Staff	
Director of Strength & Conditioning: Mike Arthur.....	472-3333
Head Football Strength Coach: James Dobson	472-3333
Head Strength Coach for Basketball: Rusty Ruffcorn	472-3333
Track and Field Strength Coach: Brian Kmita.....	472-4651
Assistant Strength Coaches: Tyler Clarke, Chad Wade, Laura Pilakowski.....	472-3333
Athletic Medicine Staff	
Director of Athletic Medicine: Dr. Lonnie Albers.....	472-2276
Chief of Staff/Orthopaedic Surgeon: Dr. Pat Clare.....	472-2276
Head Athletic Trainer/Associate Director of Athletic Medicine: Jerry Weber	472-2276
Head Football Athletic Trainer: Mark Mayer	472-2276
Track and Field Athletic Trainer: Brad Brown	472-4382
Assistant Athletic Trainers: Jolene Emricson, Tom Dufresne, Lisa Grzeskowiak, Patrick Spieldenner	472-2276
Orthopaedists: Dr. Scott Strasburger, Dr. David Clare	472-2276
Director of Sports Nutrition: Brian Lehmann	472-4618
Assistant Director of Sports Nutrition: Lindsey Remmers	472-4618
Academic Performance Staff	
Associate Directors of Academic Programs: Katie Jewell, Kim Schellpeper	472-2042
Academic Counselor for Track and Field: Mike Nieman.....	472-3311
Academic Counselors: Alvin Banks, Will Sheppard, Sheri Hastings.....	472-2042
HuskerVision	
Director of Technology: Shot Kleen	472-4645
HuskerVision Creative Director: Kirk Hartman.....	472-4645
Chief Engineer: Scott Guthrie.....	472-4645
Production Coordinator: Kelly Mosier	472-4645
Video Production Specialists: Mike Hodges, Brad Colee, Amanda Pohlmann	472-4645
Event Management	
Assistant A.D. for Events: Butch Hug.....	472-1000
Track and Field Event Management Specialist: Ervin Williams.....	472-1000
Event Management Specialist: Derek Bombeck	472-1000
Event Management Specialist: Katie Butzke	472-1000
Media Relations	
Media Relations Director: Keith Mann (football)	472-2263
Media Relations Director of Operations: Jeff Griesch (women's basketball/women's golf/Huskers.com).....	472-2263
Assistant Directors: Shamus McKnight (volleyball/baseball), Matt Smith (softball), Jerry Trickie (men's basketball)	472-2263
Media Relations Interns: Jeremy Foote (track and field/cross country) and Amil Anderson (women's soccer/wrestling)	472-2263
Design Specialist: Annie Wood.....	472-2263
Photographer: Scott Bruhn	472-2263
Administrative Assistant: Vicki Cartwright	472-2263

**Indoor - Men
Running Events**

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
55 Meters	6.14@	-	6.25@	-
60 Meters	6.63@	-	6.74@	-
55-Meter Hurdles	7.17@	-	7.38@	-
60-Meter Hurdles	7.70@	-	7.91@	-
200 Meters				
(Under 200m/220 yds)*	21.33	-	21.73	-
(200m/220 yds)*	21.08	-	21.48	-
(Banked or Over 200m/220 yds)*	20.83	-	21.23	-
400 Meters				
(Under 200m/220 yds)*	46.95	46.7	48.05	47.8
(200m/220 yds)*	46.55	46.3	47.65	47.4
(Banked or Over 200m/220 yds)*	46.15	45.9	47.25	47.0
800 Meters #				
(200m/220 yds or less)*	1:48.60	1:48.3	1:51.10	1:50.8
(Banked or Over 200m/220 yds)*	1:48.00	1:47.7	1:50.50	1:50.2
Mile#				
(200m/220 yds or less)*	4:00.30	4:00.0	4:04.80	4:04.5
(Banked or Over 200m/220 yds)*	3:59.50	3:59.2	4:04.00	4:03.7
3,000 Meters#				
(200m/220 yds or less)*	7:55.80	7:55.5	8:06.30	8:06.0
(Banked or Over 200m/220 yds)*	7:54.50	7:54.2	8:05.00	8:04.7
5,000 Meters#				
(200m/220 yds or less)*	13:48.90	13:48.6	14:11.90	14:11.6
(Banked or Over 200m/220 yds)*	13:47.00	13:46.7	14:10.00	14:09.7
1,600-Meter Relay				
(Under 200m/220 yds)*	3:09.70	3:09.4	3:13.60	3:13.3
(200m/220 yds)*	3:08.10	3:07.8	3:12.00	3:11.7
(Banked or Over 200m/220 yds)*	3:06.50	3:06.2	3:10.40	3:10.1
Mile Relay				
(Under 200m/220 yds)*	3:10.70	3:10.4	3:14.80	3:14.5
(200m/220 yds)*	3:09.10	3:08.8	3:13.20	3:12.9
(Banked or Over 200m/220 yds)*	3:07.50	3:07.2	3:11.60	3:11.3
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	9:36.20	9:35.9	9:47.90	9:47.6
(Banked or Over 200m/220 yds)*	9:34.00	9:33.7	9:45.70	9:45.4
Distance Medley Relay-Yards#				
(200m/220 yds or less)*	9:39.70	9:39.4	9:51.40	9:51.1
(Banked or Over 200m/220 yds)*	9:37.50	9:37.2	9:49.20	9:48.9
Field Events	Automatic	Provisional		
Event	Metric	Imperial	Metric	Imperial
High Jump	2.24	7-4 1/4	2.14	7-0 1/4
Pole Vault	5.50	18-0 1/2	5.20	17-0 3/4
Long Jump	7.85	25-9 1/4	7.50	24-7 1/4
Triple Jump	16.10	52-10	15.40	50-6 1/4
Shot Put	19.30	63-4	17.75	58-3
35-Pound Weight	21.50	70-6 1/2	19.50	63-11 3/4
Heptathlon	5,650 points		5,300 points	

**Outdoor Regionals - Men
Running Events**

Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+	
			FAT	MT
100 Meters	10.55	-	+03/+06	
200 Meters	21.35	-	+07/+12	
400 Meters	47.20	46.9	+11/+21	
800 Meters#	1:50.40	1:50.1		
1,500 Meters#	3:47.80	3:47.5		
Mile#	4:06.00	4:05.7		
3,000-Meter Steeplechase#	9:07.00	9:06.7		
5,000 Meters#	14:12.00	14:11.7		
110-Meter Hurdles	14.30	-	+04/+08	
400-Meter Hurdles	52.51	52.2	+11/+21	
400-Meter Relay	40.66	40.4	+12/+24	
440-Yard Relay	40.86	40.6	+12/+24	
1,600-Meter Relay	3:10.00	3:09.7	+44/+84	
Mile Relay	3:11.10	3:10.8	+44/+84	
Field Events	Metric	Imperial		
Event	Metric	Imperial		
High Jump	2.10	6-10 3/4		
Pole Vault	5.05	16-6 3/4		
Long Jump	7.34	24-1		
Triple Jump	15.00	49-2 1/2		
Shot Put	16.80	55-1 1/2		
Discus	51.70	169-7		
Javelin	61.60	202-1		
Hammer	56.80	186-4		

Outdoor Nationals - Men

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
10,000 Meters#	28:45.00	28:44.7	29:30.00	29:29.7
Decathlon	7,500 points		6,900 points	

Athletes meeting the provisional standards can only qualify for the NCAA Championships if there are fewer than the desired number of qualifiers. FAT=fully automatic timing; MT=manual timing; *size of track; #=altitude adjustment; @=qualifying times attained at altitude of 6,000 feet and above add .04 seconds. Times attained at 3,000-5,000 feet add .02 seconds.

**Indoor - Women
Running Events**

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
55 Meters	6.74@	-	6.92@	-
60 Meters	7.26@	-	7.44@	-
55-Meter Hurdles	7.57@	-	7.86@	-
60-Meter Hurdles	8.14@	-	8.43@	-
200 Meters				
(Under 200m/220 yds)*	23.60	-	24.30	-
(200m/220 yds)*	23.40	-	24.10	-
(Banked or Over 200m/220 yds)*	23.20	-	23.90	-
400 Meters				
(Under 200m/220 yds)*	53.00	52.7	55.00	54.7
(200m/220 yds)*	52.70	52.4	54.70	54.4
(Banked or Over 200m/220 yds)*	52.40	52.1	54.40	54.1
800 Meters#				
(200m/220 yds or less)*	2:05.40	2:05.1	2:09.40	2:09.1
(Banked or Over 200m/220 yds)*	2:05.00	2:04.7	2:09.00	2:08.7
Mile#				
(200m/220 yds or less)*	4:38.60	4:38.3	4:48.60	4:48.3
(Banked or Over 200m/220 yds)*	4:38.00	4:37.7	4:48.00	4:47.7
3,000 Meters#				
(200m/220 yds or less)*	9:15.80	9:15.5	9:34.80	9:34.5
(Banked or Over 200m/220 yds)*	9:15.00	9:14.7	9:34.00	9:33.7
5,000 Meters#				
(200m/220 yds or less)*	16:09.60	16:09.3	16:46.60	16:46.3
(Banked or Over 200m/220 yds)*	16:08.00	16:07.7	16:45.00	16:44.7
1,600-Meter Relay				
(Under 200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
(Banked or Over 200m/220 yds)*	3:33.00	3:32.7	3:40.00	3:39.7
Mile Relay				
(Under 200m/220 yds)*	3:36.60	3:36.3	3:43.60	3:43.3
(200m/220 yds)*	3:35.40	3:35.1	3:42.40	3:42.1
(Banked or Over 200m/220 yds)*	3:34.20	3:33.9	3:41.20	3:40.9
Distance Medley Relay-Meters#				
(200m/220 yds or less)*	11:11.00	11:10.7	11:32.00	11:31.7
(Banked or Over 200m/220 yds)*	11:09.00	11:08.7	11:30.00	11:29.7
Distance Medley Relay-Yards#				
(200m/220 yds or less)*	11:14.50	11:14.2	11:35.50	11:35.2
(Banked or Over 200m/220 yds)*	11:12.50	11:12.2	11:33.50	11:33.2
Field Events	Automatic	Provisional		
Event	Metric	Imperial	Metric	Imperial
High Jump	1.85	6-0 3/4	1.78	5-10
Pole Vault	4.20	13-9 1/4	3.95	12-11 1/2
Long Jump	6.35	20-10	6.10	20-0 1/4
Triple Jump	13.30	43-7 3/4	12.65	41-6
Shot Put	16.90	55-5 1/2	15.20	49-10 1/2
20-Pound Weight	21.00	68-10 3/4	18.75	61-6 1/4
Pentathlon	4,050 points		3,700 points	

**Outdoor Regionals - Women
Running Events**

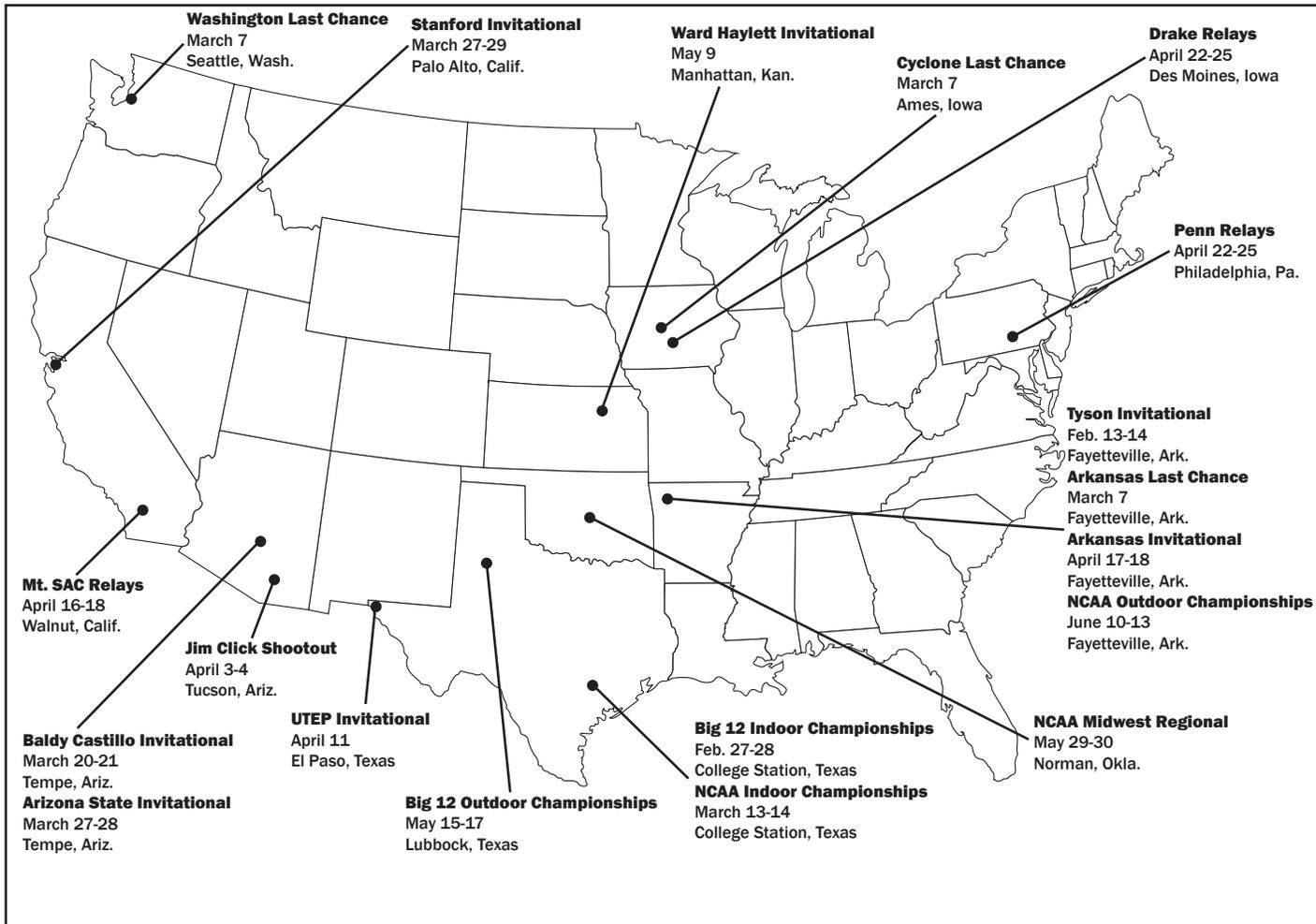
Event	FAT	MT	Altitude Adjustment 3k-5,999/6k+	
			FAT	MT
100 Meters	11.75	-	+03/+07	
200 Meters	23.96	-	+07/+14	
400 Meters	54.61	54.3	+11/+21	
800 Meters#	2:09.80	2:09.5		
1,500 Meters#	4:27.80	4:27.5		
Mile#	4:49.30	4:49.0		
3,000-Meter Steeplechase#	10:50.25	10:50.0		
5,000 Meters#	16:52.00	16:51.7		
100-Meter Hurdles	13.92	-	+04/+08	
400-Meter Hurdles	1:00.82	1:00.5	+11/+21	
400-Meter Relay	45.70	45.4	+12/+28	
440-Yard Relay	45.90	45.6	+12/+28	
1,600-Meter Relay	3:42.00	3:41.7	+44/+84	
Mile Relay	3:43.30	3:43.0	+44/+84	
Field Events	Metric	Imperial		
Event	Metric	Imperial		
High Jump	1.75	5-8 3/4		
Pole Vault	3.85	12-7 1/2		
Long Jump	6.00	19-8 1/4		
Triple Jump	12.32	40-5		
Shot Put	14.30	46-11		
Discus	47.30	155-2		
Javelin	43.45	142-6		
Hammer	54.15	177-8		

Outdoor Nationals - Women

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
10,000 Meters#	33:30.00	33:29.7	35:00.00	34:59.7
Heptathlon	5,500 points		5,050 points	

HUSKER TRAVEL INFORMATION

41 OLYMPIANS — 827 CONFERENCE CHAMPIONS — 99 CONFERENCE TEAM TITLES — 555 NCAA ALL-AMERICANS — 75 NCAA CHAMPIONS



Husker Hotel Arrangements

Tyson Invite

Friday, Feb. 13 - Saturday, Feb. 14
Courtyard Marriott Fayetteville
600 E. Van Asche Drive
Fayetteville, AR 72703
Phone: (479) 571-4901

Big 12 Indoor Championships

Friday, Feb. 27 - Saturday, Feb. 28
Holiday Inn Hotel and Suites
2500 Earl Rudder Freeway
College Station, TX 77840
Phone: (979) 485-8300

Cyclone Last Chance

Saturday, March 7
TBA

Arkansas Last Chance

Saturday, March 7
TBA

Washington Last Chance

Saturday, March 7
TBA

NCAA Indoor Championships

Friday, Feb. 27 - Saturday, Feb. 28
Holiday Inn Hotel and Suites
2500 Earl Rudder Freeway
College Station, TX 77840
Phone: (979) 485-8300

Baldy Castillo Invitational

Friday, March 20 - Saturday, March 21
TBA

Arizona State Invitational

Friday, March 27 - Saturday, March 28
TBA

Stanford Invitational

Friday, March 27 - Saturday, March 28
TBA

Jim Click Shootout

Thursday, Apr. 2 - Saturday, Apr. 4
TBA

UTEP Invitational

Saturday, April 11
TBA

Mt. Sac Relays

Thursday, April 16 - Saturday, April 18
TBA

Arkansas Invite

Friday, April 17 - Saturday, April 18
Courtyard Marriott Fayetteville
600 E. Van Asche Drive
Fayetteville, AR 72703
Phone: (479) 571-4901

Drake Relays

Wednesday, April 22 - Saturday, April 25
Wildwood Lodge
11431 Forest Ave.
Clive, IA 50325
Phone: (515) 222-9876
Fax: (515) 222-5987

Penn Relays

Wednesday, April 22 - Saturday, April 25
TBA

Ward Haylett Invitational

Saturday, May 9
TBA

Big 12 Outdoor Championships

Friday, May 15 - Sunday, May 17
Holiday Inn Hotel Towers
801 Avenue Q
Lubbock, TX 79401
Phone: (806) 763-1200

NCAA Midwest Regional

Friday, May 29 - Saturday, May 30
Embassy Suites Hotel & Convention Center
2501 Conference Drive
Norman, OK 73069
Phone: (405) 364-8040

NCAA Outdoor Championships

Wednesday, June 10 - Saturday, June 13
Courtyard Marriott Fayetteville
600 E. Van Asche Drive
Fayetteville, AR 72703
Phone: (479) 571-4901

Most Outstanding Track and Field Athlete

Sam Waugh Award

- 2008 Dusty Jonas
- 2007 Dusty Jonas
- 2006 Arturs Abolins
- 2005 Dmitrijs Milkevics
- 2004 Carl Myerscough
- 2003 Carl Myerscough
- 2002 Carl Myerscough
- 2001 Shaun Kologinczak
- 2000 Chris Chandler
- 1999 Shane Lavy
- 1998 Chris Wright
- 1997 Shane Lavy
- 1996 Jonah Kiptarus
- 1995 Robert Thomas
- 1994 Andy Meyer
- 1993 Kevin Coleman
- 1992 Kevin Coleman
- 1991 Stephen Golding
- 1990 Tamas Molnar
- 1989 Dieudonne Kwizera
- 1988 Dave Brown
- 1987 Mike Schnebel
- 1986 Jean Verster
- 1985 Darren Burton
- 1984 Wally Duffy

Henderson State Bank Award

- Kayla Wilkinson
- Ashley Selig
- Priscilla Lopes
- Anne Shadle
- Becky Breisch, Ineta Radevica
- Becky Breisch, Ineta Radevica
- Melissa Price
- Lesley Owusu
- Melissa Price
- Stella Klassen
- Tressa Thompson
- Tressa Thompson
- Angee Henry
- Nicola Martial
- Nicola Martial
- Fran ten Bensel
- Cris Hall
- Ximena Restrepo
- Sammie Resh Gdowski
- Renita Robinson
- Sharon Powell
- Linetta Wilson
- Angela Thacker
- Rhonda Blanford
- Rhonda Blanford

Most Valuable Team Performer

- 2008 Dusty Jonas
- 2007 Scott Wims
- 2006 Nate Probasco
- 2005 Nate Probasco
- 2004 Carl Myerscough
- 2003 Carl Myerscough
- 2002 Carl Myerscough
- 2001 Sheldon Hutchinson
- 2000 Chris Chandler
- 1999 Sheldon Hutchinson
- 1998 Scott Warren
- 1997 Scott Warren
- 1996 Balazs Tolgyesi
- 1995 Willie Hibler
- 1994 Travis Grant
- 1993 Andy Meyer
- 1992 Mark Jackson, Stephen Golding
- 1991 Mark Jackson
- 1990 Tamas Molnar
- 1989 Regis Humphrey, Dale Burrage
- 1988 Dave Brown
- 1987 Jean Verster
- 1986 Regis Humphrey

- Megan Wheatley, Epley Bullock
- Ashley Selig
- Priscilla Lopes
- Priscilla Lopes, Ashley Selig
- Becky Breisch, Ineta Radevica
- Ineta Radevica
- Becky Breisch
- Krisztina Kovesi
- Dalhia Ingram
- Dalhia Ingram
- Meka Rembert
- Tressa Thompson
- Angee Henry
- Angee Henry
- Kwani Stewart
- Shanelle Porter
- Kwani Stewart
- Kim Walker
- Sammie Resh Gdowski
- Linetta Wilson
- Sharon Powell
- Linetta Wilson
- Linetta Wilson

Most Improved Track Athlete

- 2008 Adam Dailey
- 2007 Brian Parr
- 2006 Mark Harrison
- 2005 Mark Harrison
- 2004 Dusty Stamer
- 2003 David Davis Jr.
- 2002 Derek Zachary
- 2001 Aaron Carrizales
- 2000 Marcus Witter
- 1999 Lou Petricca
- 1998 Jeff Ganz
- 1997 Alex Lamme
- 1996 Tom Fish
- 1995 Brady Bonsall
- 1994 Brady Bonsall
- 1993 Marlon Jones
- 1992 Travis Grant
- 1991 John Gerber
- 1990 Jerry Marsee
- 1989 Harald Graham
- 1988 Frank Graham, Joe Kirby
- 1987 Terry Goods
- 1986 Kurt Russell

- Natalja Zarcenko
- Rachel Carrizales
- Kayte Tranel
- Justine Roach
- Ann Gaffigan
- Anne Shadle
- Shelley-Ann Brown
- Shelley-Ann Brown
- Lesley Owusu, Jaime Pauli
- Liz Biehl
- Kate Centerwall
- Christina Blackmer
- Janet Blomstedt
- Tirsten Brockmeier
- Sherri Elwood
- Theresa Stelling
- Lisa Darley
- Juliet Prowse
- Lisa Darley, Fran ten Bensel, Denise Lucas
- Ximena Restrepo
- Sharon Powell
- Sammie Resh Gdowski
- Angela Jones

Most Improved Field Athlete

- 2008 Paul Hamilton, Ryan Petrocchi
- 2007 Lee Martin
- 2006 Lee Martin, Ben Schutter
- 2005 Gable Baldwin, Aaron Plas
- 2004 Brad Teeple
- 2003 Chris Richardson
- 2002 Adam Patrick
- 2001 Tom Mueller
- 2000 Jeff Armitage
- 1999 Cory Lehman
- 1998 Joe Erdkamp
- 1997 Joe Laster
- 1996 Tom Richmond, Scott Warren
- 1995 Greg Armitage
- 1994 Sheldon Carpenter, Steve Gordon
- 1993 Robert Thomas
- 1992 Andy Meyer
- 1991 Tyson Smith, Chad Muma
- 1990 Rick Schwieger
- 1989 Devin Kosmicki
- 1988 James Morris
- 1987 Dave Brown
- 1986 Mark Colligan

- Chantae McMillan
- Jeni Steiner
- Dace Ruskule, Kayla Wilkinson
- Kayla Wilkinson, Casie Witte
- Sara Jane Baker
- Krisztina Kovesi
- Amanda Moreley
- Katie McClellan
- Carrie Braness
- Melissa Price
- Dalhia Ingram
- Kerry Doetker
- Paulette Mitchell
- Tressa Thompson
- Nicola Martial
- Destiny Liebl
- Krista Mader
- Lynne Frey
- Meredy Porter, Shanta McGlothan
- Tanya Lidy, Lynne Frey
- Tammy Thurman
- Karen Kruger
- Karyn Szarkowski

Outstanding Newcomer

- 2008 Nicholas Gordon
- 2007 Scott Wims
- 2006 Keith Lloyd
- 2005 Dusty Jonas
- 2004 Dmitrijs Milkevics
- 2003 Nenad Loncar
- 2002 Artur Wszelaki
- 2001 Frank Tolen
- 2000 Eric Eshbach
- 1999 John Shovlain
- 1998 Vincent Brown
- 1997 Chris Wright
- 1996 Shane Lavy
- 1995 Byron Topps
- 1994 Mark Graham
- 1993 Willie Hibler, Riley Washington
- 1992 Petar Malesev
- 1991 Lance Lewis
- 1990 Anthony Adkison
- 1989 James Cobb, Mark Jackson
- 1988 Jacques van Rensburg, Marc Rexroad

- Lara Crofford
- Epley Bullock
- Channing Anseth
- Frances Keating, Egle Ujjas
- Priscilla Lopes
- Ashley Selig
- Becky Breisch
- Ann Gaffigan
- Michelle Brooks
- Cassi Morelock
- Amy Wiseman
- Dalhia Ingram
- Charmaine Plummer
- Tashika Lewis
- Angee Henry
- Paulette Mitchell
- Kathy Travis
- Shanelle Porter
- Kim Walker
- Sylvia Viet, Fran ten Bensel
- Lynne Frey

Russ White Spirit Award

- 2008 Keith Lloyd, Kim Shubert
- 2007 Issar Yahzbin
- 2006 Patrick Southern
- 2005 Jamie Senkbile
- 2004 Na'Tassia Vice
- 2003 Leann Boerema
- 2002 Katherine Livesey
- 2001 Tom Mueller
- 2000 Cassi Morelock, Erin Wibbels
- 1999 David Riggert
- 1998 Kim Stewart
- 1997 Doreen Heldt, Benji Prebyl

Ed Weir Scholarship

- Lukas Hulett

Nebraska All-Time Dual-Meet Rankings

Men:		Women:	
1970-10th	1988-4th	1980-14th	1998-2nd/3rd
1971-12th	1989-3rd	1981-13th	1999-3rd/6th
1972-24th	1990-5th	1982-8th	2000-1st/2nd
1973-14th	1991-6th	1983-5th	2001-2nd/12th
1974-Not Ranked	1992-6th	1984-5th	2002-5th/5th
1975-Not Ranked	1993-7th	1985-5th	2003-9th/4th
1976-Not Ranked	1994-4th	1986-5th	2004-1st/2nd
1977-Not Ranked	1995-6th	1987-3rd	2005-1st/4th
1978-9th	1996-6th	1988-4th	
1979-Not Ranked	1997-None	1989-1st	
1980-25th	1998-4th/6th	1990-3rd	
1981-17th	1999-10th/7th	1991-1st	
1982-16th	2000-5th/9th	1992-1st	
1983-26th	2001-2nd/8th	1993-3rd	
1984-21st	2002-3rd/5th	1994-3rd	
1985-13th	2003-14th/t25th	1995-4th	
1986-23rd	2004-4th/3rd	1996-7th	
1987-15th	2005-6th/7th	1997-None	

Note: Outdoor dual-meet ranking by Track and Field News and the USTCA from 1970-2005. Ranking were changed to indoor/outdoor in 1998, before being discontinued following the 2005 season.

2009 Relay Club Membership Levels

Dear Prospective Relay Club Members:

On behalf of our staff and the student-athletes of the Nebraska track and field team, I want to take this opportunity to thank those who have contributed to our program in the past. The athletes on our team will realize valuable benefits this year from being a part of a stimulating and meaningful collegiate athletic program. Combine that with a strong academic program and hopefully these student-athletes will be prepared to lead productive lives once they have completed their degrees.

The 2008 season proved to be another typically remarkable year for Nebraska track and field and cross country athletes.

The Husker women won five Big 12 titles with the men adding another. During the indoor season, Nebraska athletes captured four All-America awards, and went on to add three more at the 2008 NCAA Outdoor Championships. Additionally, senior Dusty Jonas won the 2008 NCAA Indoor Championship in the high jump on his way to competing for the U.S. Olympic team in Beijing.

Even more impressive perhaps in 2008 was Nebraska track and field's performance in the classroom. Big 12 Outdoor high jump champion Kim Shubert earned CoSIDA Academic All-America honors for the second straight year, claiming first-team honors in 2008 after being a second-team selection in 2007. Shubert also earned a prestigious NCAA Postgraduate Scholarship. Additionally, 38 NU track and field student-athletes were recognized on the academic All-Big 12 team.

We appreciate your support in helping us continue this rich tradition.

- Gary Pepin, Head Track and Field Coach

Relay Club Membership Offers You:

- The chance to be a part of the excitement of the Nebraska team that boasts the most conference titles
- Official membership card
- Track shoe lapel pin
- Recognition in the Frank Sevigne Husker Invitational program (plus complimentary copy)
- Newsletter
- Fall brunch with coaches and athletes
- Invitation to awards banquet
- A tax-deductible contribution



Relay Club Registration Form:

Please send to: Relay Club, Track and Field Office; 1631 Court Street, P.O. Box 880637; Lincoln, NE 68588-0637

Please find my enclosed check for the amount of \$_____ to be applied toward the following Relay Club card:

Lead-off \$40

Bronze \$100

Silver \$250

Gold \$500

NAME _____ HOME PHONE (_____) _____

ADDRESS: _____ WORK PHONE (_____) _____

CITY: _____ STATE: _____ ZIP: _____

Please contact me. I would like to volunteer my time. E-Mail Address _____

* All levels of Membership are tax deductible.