

Nebraska Open

Ed Weir Outdoor Track – University of Nebraska

Sunday, April 26th, 2009

TENTATIVE Schedule of Events

Field Events

- 11:00 Hammer (Women) Followed by Hammer (Men) – North Field
Followed by Shot Put (Men) Followed by Shot Put (Women) – location TBA
- 11:00 Javelin (Men) followed by Javelin (Women) – Infield
Followed by Discus (Women) followed by Discus (Men) – location TBA
- 11:15 Pole Vault (Women) followed by Pole Vault (Men)
- 11:15 Long Jump (Men) followed by Long Jump (Women)
Followed by Triple Jump (Men) followed by Triple Jump (Women)
- 11:45 High Jump (Men) followed by High Jump (Women)

Running Events * against time when there is more than one section

- 12:00 3000M Steeplechase (W)
12:20 3000M Steeplechase (M)
12:35 4 x 100 Relay (W)
12:45 4 x 100 Relay (M)
12:55 1500M Run (W)
1:10 1500M Run (M)
1:25 100M Hurdles (W)
1:35 110M Hurdles (M)
1:45 400M Dash (W)
1:55 400M Dash (M)
2:05 100M Dash (W)
2:15 100M Dash (M)
2:25 800M Run (W)
2:40 800M Run (M)
2:50 400M Hurdles (W)
3:05 400M Hurdles (M)
3:20 200M Dash (W)
3:30 200M Dash (M)
3:40 5000M (W)
4:00 5000M (M)
4:20 4 x 400 Relay (W)
4:30 4 x 400 Relay (M)