

VANESSA MELOCHE

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OBJECTIVE:

To gain practical physical therapy-related experience relying upon my college education and extensive athletic career.

EDUCATION:

Bachelor of Science Degree, College of Education and Human Sciences, *NUTRITIONAL SCIENCE AND DIETETICS*, University of Nebraska-Lincoln, Expected Graduation: December 2008. Cumulative GPA: 3.016

Approved and Experienced to conduct: Electrocardiography tests, body composition measurements and submaximal/maximal VO2 tests.

TRANSFERABLE ATHLETIC SKILLS:

- Dedication and Work-Ethic
- Passion/Energetic
- Time Management and Accountability
- Empathy and Interpersonal Relations

EXPERIENCE:

Gymnastics Coach, Nebraska School of Gymnastics, Lincoln, NE; 2004 to 2007.

- Instruct fundamental and advanced skills to aspiring gymnasts.
- Demonstrate various techniques to youth of varying abilities.
- Evaluate skills and make recommendations for improvement.
- Establish trust and rapport with gymnasts and families.
- Facilitate mental training with gymnasts to enhance confidence and performance.
- Attend to minor athletic injuries.

Camp Instructor and Counselor, University of Nebraska Gymnastics Camps, Lincoln, NE; Summer 2005 to Present.

- Responsible for supervision and safety of campers in residence hall setting.
- Relied upon listening and problem-solving skills on daily basis.
- Enforced camp policies and guidelines.
- Provided gymnastics instruction to athletes of various levels in group setting.
- Recognized as a role-model student-athlete.
- Displayed enthusiasm and passion when instructing campers.

ACTIVITIES/HONORS:

- Scholarship Student-Athlete, University of Nebraska Gymnastics, 2004 to Present.
- Representative, Student-Athlete Advisory Committee, 2007-08.
- NCAA First-Team All American, Bars, Spring 2006.
- Volunteer, Safequaters to benefit the Friendship Home, 2004 to Present.
- Motivational Speaker, Lincoln Elementary and Middle Schools, 2004 to Present.
- Volunteer Visitation, Lincoln Retirement Center, Fall 2005.
- Big 12 Commissioners Academic Honor Roll, 6-time honoree and 3-time 2nd team Academic All Big 12.
- Student-Athlete Academic Banquet, 2007 and 2008.

REFERENCES: Available upon request.