

N UNIVERSITY OF NEBRASKA **FRESHMAN SURVIVAL GUIDE**



UNIVERSITY OF NEBRASKA ATHLETICS COMPLIANCE OFFICE

One Memorial Stadium

P.O. Box 880219

Lincoln, NE 68588-0219

2022-23 ACADEMIC YEAR



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QUESTIONS?

University of Nebraska Athletics Compliance Office

One Memorial Stadium | Lincoln, NE 68588

Phone: 402-472-2402

Email: compliance@huskers.com

Twitter: @NUCompliance





CHECKLIST

Pre-UNL Admission

- ___ Apply for Admission
- ___ Send all SAT and ACT test scores to UNL (*if applicable*)
- ___ Send official transcript to UNL (*by July 1*)

Post-UNL Admission/Pre-Enrollment

- ___ Activate your TrueYou credentials for access to MyRed
- ___ Pay \$250 Enrollment Deposit
 - ___ If your scholarship covers fees, you may submit an Enrollment Deposit Deferral request through MyRed (see page 4 for instructions)
- ___ Submit immunization information to Health Center
- ___ Register for New Student Enrollment (NSE)
- ___ Complete the FAFSA
- ___ Complete Housing Contract
- ___ Enroll in Direct Deposit on MyRed
- ___ Attend New Student Enrollment
- ___ Request Final NCAA Amateurism Certification (*after April 1*)
- ___ Download Teamworks app and login (*one month prior to arriving on campus*)

Upon Graduation

- ___ Request final transcript be sent to UNL
- ___ Request final transcript to be sent to NCAA Eligibility Center

Arrival to Campus

- ___ Obtain Parking Permit (*if you will bring a vehicle to campus*)



PRE-ADMISSION

After committing to attend the University of Nebraska, you should begin the process of applying for admission to UNL. All questions related to the admissions process should be directed to Katie Jewell (kjewell@huskers.com).

Dates to Remember

Fall/Summer Enrollees

May 1: Deadline to apply and submit test scores
May 1: Pay your \$250 Enrollment Deposit via MyRed
July 1: Deadline to submit final high school transcripts

Spring Enrollees

December 1: Deadline to apply and submit test scores
December 1: Pay your \$250 Enrollment Deposit via MyRed
After Graduation: Deadline to submit final high school transcripts

How to Apply To UNL

Create an application account at the University of Nebraska Admissions website: <https://admissions.unl.edu/apply/>. Complete all portions of the application and pay the application fee. Fee waivers are available for those who meet the published requirements. Freshman applicants self-report transcript information, so you will want to have an unofficial transcript on hand when you complete the application. Students planning to participate in the summer bridge program can select “summer” as their intended term of enrollment.

Test Scores (Optional)

Test scores must be submitted to the Office of Admissions directly from the testing agency. Test scores are not required for admission into UNL, but can be used to help in the admissions process and awarding of scholarships.

ACT: Go to www.act.org and sign in to your ACT profile. You must enter the code 2482 in order for your scores to be sent to UNL.

SAT: Go to www.collegeboard.org and sign in to your SAT profile. You must enter the code 6877 in order for your scores to be sent to UNL.

Transcripts

Summer/Fall enrollees must submit official high school transcripts by July 1. Spring enrollees should have their transcripts sent as soon as possible after fall grades and graduation have posted.

You must also submit official transcripts to the Office of Admissions for any college credit that you have earned while in high school, even if it appears on your high school transcript.

Send all transcripts to the following address:

*Office of Admissions
University of Nebraska-Lincoln
1410 Q Street
Lincoln, NE 68588-0417*

International Students

International students are required to submit additional documents in addition to meeting English proficiency requirements. Specific information can be found at global.unl.edu.



POST-ADMISSION

The following steps should be completed after you receive your acceptance letter from the University of Nebraska. Any questions regarding admission should be directed to Katie Jewell (kjewell@huskers.com).

MyRed

After applying for admission, you will receive information regarding setting up TrueYou credentials, which will permit you to access MyRed, Canvas, and other university systems. You will also receive your NUID, which is your student ID number.

MyRed is the system that allows you to monitor your admissions status, pay your enrollment deposit, register for New Student Enrollment, complete your housing contract, accept your financial aid, and much more.

Enrollment Deposit Deferral Request

Student-athletes whose scholarship covers fees may request that their athletics scholarship defer their deposit to the fall bill by completing the following steps:

1. Log into MyRED
2. Select Undergraduate underneath Admissions on the red bar at the top of the page.
3. Under Manage Your Applications, select Enrollment Deposit Deferral Form.
4. Underneath Reason for Request, select "I have a scholarship or combination of University scholarships which equal(s) the total cost of tuition, room and board, and student fees."
5. In the box under Additional Information, type "Athletic scholarship".
6. Complete the remainder of the form, and click complete to submit the form.

Enrollment Deposit Deferrals will be reviewed for approval periodically. Approval of Enrollment Deposit Deferrals may be delayed until student-athletes have been certified as meeting NCAA eligibility requirements.

Health Requirements for New Students

New students must show proof of certain immunizations. Specific information and instructions for submitting necessary health requirements can be found here: <https://health.unl.edu/new-student-health-requirement>.

Additionally, parents/guardians of students under 19 years old are strongly encouraged to complete a Power of Attorney form for the UNL Health Center: <https://health.unl.edu/forms/PowerofAttorneyFillable.pdf>.

New Student Enrollment

All new students register for classes through the New Student Enrollment (NSE) Program. Students must sign up for a NSE date through MyRed. Visit with your academic counselor if you have questions about NSE.

Please note that NSE dates are determined by the major you selected on your application. This may mean that some dates are not available to you. Additionally, NSE dates fill up quickly so please sign up as soon as you are able.



NCAA REQUIRED INFORMATION

Prior to competing for the University of Nebraska, you must complete the following steps with the NCAA Eligibility Center. All questions related to the NCAA Eligibility Center should be directed to the Compliance Office at compliance@huskers.com.

NCAA Academic Certification

Student-athletes must send all transcripts and test scores to the NCAA Eligibility Center in order to be certified.

Make arrangements for your high school to send **FINAL SEALED TRANSCRIPTS** (with graduation date) to:

NCAA
NCAA Eligibility Center
P. O. Box 7136
Indianapolis, IN 46206

OR

NCAA Overnight
NCAA Eligibility Center
1802 Alonzo Watford Sr. Dr.
Indianapolis, IN 46202

High schools may also upload transcripts directly to your account through the high school portal.

Test Scores

Test scores are not required for 2022-23 enrollees. However, if you achieved a test score, please follow the below instructions to submit it to the Eligibility Center.

ACT: Go to www.act.org and sign in to your ACT profile. You must enter the code 9999 in order for your scores to be sent to the NCAA. There is a fee to send scores.

SAT: Go to www.collegeboard.org and sign in to your SAT profile. You must enter the code 9999 in order for your scores to be sent to the NCAA. There is a fee to send scores.

NCAA Amateurism Certification

All student-athletes must request Final Amateurism Certification through the NCAA Eligibility Center beginning April 1 and have their amateurism certified prior to enrollment. Please note, the NCAA may have follow-up questions regarding your amateurism and will send correspondence to the email address you registered with the Eligibility Center. Coaches are not permitted to assist you in answering any amateurism questions. If you receive follow-up questions from the NCAA, copy Kalyn Doyle (kdoyle@huskers.com) on your response. Please also contact Kalyn if you are unsure how to answer a question. Be sure to continue to monitor this email account until you have been final certified by the NCAA.



ON-CAMPUS HOUSING

Questions related to the housing contract should be directed to University Housing at (402) 472-3561 or housing@unl.edu.

Important Information

- Your coach will be involved in your room assignment and will select your roommate.
- Students who are under 19 years of age before the first day of classes are required to live on campus. For more information on exceptions and how to qualify for one, please see <https://housing.unl.edu/residency-requirements>". Students awarded the William H. Thompson (Buffett) Scholarship must live in Harper Hall. Please make your coach aware if you were awarded this scholarship.
- Once the contract is signed, it is binding and cancellation fees will apply. You may not want to sign a housing contract if you're unsure about attending the University of Nebraska, are considering living in a fraternity/sorority, or have financial or other concerns with the arrangement. Review contract cancellation information here: <https://housing.unl.edu/contract-cancellation>.
- Review the contract policies here: <https://housing.unl.edu/contract-policies>.

Steps to Complete the Housing Contract

Follow the steps below to begin your contract:

Phase 1 (available November 10)

1. Log in to MyRED
2. Under "Important Links" click the blue "Housing" button.
3. Click "Room & Meals Contract" in the red bar across the top of the page.
4. Click "Continue" next to the "2022-23 Academic Year" contract.
5. Complete all the contract pages and click "Save & Continue" at the bottom of each page.
 - It's important to review the Cancellation Schedule and Fees before submitting the \$100 contract processing fee and signing the contract.
6. **Uncheck** the "Include in Search" box - as shown below - on the "My Profile" page, since your coach will assign your roommate.


My Profile

Create an online profile for yourself. If you're assigned with roommates they'll be able to view the information you provide on this page.

Include In Search

Check the box below if you'd like other residents to search and request you as a roommate. Uncheck the box if you'll be requesting a traditional style single room or if you don't want to be included in the Roommate Finder. Not applicable to students that didn't meet the priority date or if the contracted term has already begun.

I would like to partake in the Roommate Finder:



About Me

Enter a screen name you want potential roommates to see. Students often use a nickname. (e.g. John Smith might use JohnnyS as his screen name)



ON-CAMPUS HOUSING *(continued)*

7. Submit the \$100 contract processing fee.

- The \$100 contract processing fee is not refundable.
- If you qualify for a fee waiver, the housing contract processing fee will not be requested. You will need to sign the processing fee deferment page. (See details in the "Pre-Admission" section.)

8. Complete the signature page. ***If you do not attend UNL, you will still be required to pay a cancellation fee.***

Phase 2 The Roommate Finder – you will bypass this because your coach selects your roommate.

Phase 3 (available early June)

You will be notified via email that your residence hall room has been assigned along with instructions to complete the next phase.

9. Select a meal plan.

- All new incoming freshmen with University Housing contracts are required to have a meal plan.
- You will have the options of the following meal plans:

All Access: 21 meals per week

Platinum: 15/600 (15 swipes per week and \$300 dining per semester)

Diamond: 10/1200 (10 swipes per week and \$600 dining per semester)

- Student-athletes who signed an athletic scholarship that pays full board will need to select the "All Access" meal plan.
- Visit <https://dining.unl.edu/meal-plans> for detailed information regarding meal plans.

10. Select a bed height (if applicable).

11. Finalize the process by reviewing your room assignment on the "Contract Info" page and click "Save & Continue." The contract status will now show as "Housing Contract Complete (valid)."

Room and Roommate Assignments

Prior to move in:

Your coach will work with University Housing to assign you to a residence hall with a roommate. Typically your team will be assigned to the same complexes (a group of residence halls). Your coach will also assign you to live with a teammate or a student-athlete from another sport. If you have specific requests that differ from what your coach has assigned, you need to get this approved by your coach in order for University Housing to consider the request. Coaches will then need to notify Housing of the change. *These requests are time sensitive. University Housing does their best to accommodate all roommate requests but cannot make guarantees.*

After move in:

Room and roommate changes must go through your residence director.



FINANCIAL AID

Any questions related to an athletic scholarship should be directed to Jena Johnson (jjohnson@huskers.com) in the Athletics Compliance Office. Questions related to outside scholarships should be directed to Lisa Dority (edurity2@unl.edu) in the Office of Scholarships and Financial Aid. Questions related to institutional and/or federal aid should be directed to the Husker Hub at (402) 472-2030.

Application of Athletic Scholarships

At the University of Nebraska, athletic scholarships may cover tuition, required course related fees, room, a meal plan, required course related books, and other expenses up to the cost of attendance (personal and transportation expenses).

Partial scholarships are all awarded differently, at the coach’s discretion. Athletic financial aid will be applied as it states on the Big Ten Tender that the student-athlete signed. For example, an out-of-state student-athlete on a 50% athletic scholarship may be written in the following way:

“50% of a full grant in aid to pay full Fees, Room and Books with the remaining balance applied toward Tuition.”

The scholarship would be allocated in the following way:

Out-of-State Scholarship	Tuition	Fees	Room	All-Access Meal Plan	Books	Other Expenses Related to Attendance	Total
2021-22 Costs	\$24,000	\$2,102	\$7,266	\$4,654	\$800	\$3,360	\$43,082
50% Scholarship	\$11,370	\$2,102	\$7,266		\$800		\$21,538

Timing of Athletic Aid

The Board of Regents votes on the upcoming tuition rates in June each year. Once the tuition rates have been confirmed, Athletics Compliance and the Office of Scholarships and Financial Aid will work to post athletic aid to student-athletes’ accounts. It can take up to mid-August for athletic aid to show up on your account.

Free Application for Federal Student Aid (FAFSA)

FAFSA is an application the U.S. Department of Education uses to determine if a domestic student is eligible for federal financial aid. Depending on your expected family contribution, you can receive up to \$6,495 in Federal Pell Grant in addition to subsidized and unsubsidized loans. Students are required to complete a FAFSA at <https://fafsa.ed.gov> before each academic year.

- You must complete the 2022-23 FAFSA if you wish to apply for federal aid for the 2022-23 academic year.
- You must complete the 2021-22 FAFSA if you wish to apply for federal aid for the summer 2022 term.
- Federal aid is only allowed for domestic students. International students do not qualify.



FINANCIAL AID *(continued)*

Outside Scholarships

The NCAA has strict regulations that determine what outside scholarships a student-athlete may receive (e.g. awards from high school booster club, rotary club, local sports club, etc.). The Office of Scholarships and Financial Aid and Compliance Office must approve all outside scholarships before the money is disbursed to the student-athlete. In order to expedite the approval process, once you know that you will be receiving an outside scholarship, please email Lisa Dority (edority2@unl.edu) with the following information:

- Your Name
- Sport
- Name of Scholarship
- Name of Awarding Organization
- Contact Information or Website for Organization





STUDENT ACCOUNTS

Any questions related to a student bill should be directed to Husker Hub at 402-472-2030 or huskerhub@unl.edu.

Tuition Rates

A full listing of the non-resident and resident tuition rates for the academic year and summer can be found online at: www.studentaccounts.unl.edu/tuition-fees.

Please note that tuition rates vary if courses are taken in-person or online. Also, **courses for the Colleges of Engineering, Business and Architecture have a higher tuition rate.**

MyRed Student Bill

The bill is delivered online in MyRED and an email is sent to the student's @huskers.unl.edu email address.

The bill will show charges for classes, which includes tuition and fees. Anytime you add, drop or adjust your schedule, the activity on your student bill may adjust. Student Accounts also bills for Housing, Bookstore, Parking Services, NCard, etc.

If you are receiving a 100% athletic scholarship, the charges for tuition, fees and housing will be paid. If you charge anything to your account (e.g. parking permit, clothes from the bookstore, coffee from Dunkin Donuts, etc.), you will be responsible for paying your bill.

Timing of MyRed Bill

Bills are generated on the 25th of each month and due on the 12th of each month. For the fall semester, the initial Tuition, Fees and Housing (if living on campus) bill will be invoiced on August 25 and due on September 12. For the spring semester, Tuition, Fees and Housing (if living on campus) will be invoiced on January 25 and due on February 12.

You can pay your bill online through MyRED or in person at the Bursar's Office (121 Canfield Administration Building).

Enroll in Direct Deposit / Refunds

Scholarship monthly stipends and/or NCAA Student Assistance Fund Refunds are disbursed via direct deposit. Also, if your student account has a credit balance, where payments and credits exceed charges, the excess funds are directly disbursed to the student via direct deposit. You must do the following to enroll in direct deposit:

- Log on to MyRed
- Select Student Accounts tab
- Select "Enroll in Direct Deposit" link
- Fill in your bank routing number and checking/savings account number

Payment Plan

The University of Nebraska offers the Husker Payment Plan to all students. If you do not have enough athletic and/or federal financial aid to pay your student bill, the Husker Payment Plan allows you to split your charges for both fall and spring into three payments. For more information, go to <https://www.bursar.unl.edu/husker-payment-plan>.



TEAMWORKS

Any questions and/or issues related to Teamworks should be directed to Tanner Hill Bloyd at thillbloyd@huskers.com.

What is Teamworks?

Teamworks is a required database used by all Husker student athletes and staff to communicate and manage daily schedules.

How will you use Teamworks?

Calendar – Your athletic activities will be recorded in a personal calendar, including but not limited to times for practice and weightlifting, appointments with your athletic trainer, academic counselor appointments and tutor appointments.

Communication - You will be able to send and receive text messages to all members of the athletic department staff.

Study Hall - You will log in and log out of study hall every day using the Teamworks app.

Schedule Tutor Appointments – You will schedule, edit, and cancel tutor appointments using the Teamworks app.

Forms – You will complete required NCAA, Big Ten and/or UNL forms through the Teamworks app.

Logging In:

- Website:
1. Go to nebraska.teamworksapp.com
 2. Login with your TrueYou ID (same as MyRed and Canvas login)
- Mobile App:
1. Download the Teamworks app.
 2. Click on "Login with Organization Account (SSO)"
 3. Type in school domain name: nebraska (all lowercase)
 4. Login with your TrueYou ID (same as MyRed and Canvas login)



TEAMWORKS

The screenshot shows the main login interface for TEAMWORKS. At the top, the word "TEAMWORKS" is displayed in white on a dark background. Below this, there are two input fields: "Username" and "Password". The "Password" field includes a fingerprint icon on the right. A green "Log In" button with a right-pointing arrow is positioned below the password field. Underneath the button, the word "OR" is centered. Below "OR" is a grey button labeled "USE ORGANIZATIONAL ACCOUNT (SSO)" with a right-pointing arrow. A red arrow points to this button with the text "Click this button to take you to the next page". At the bottom left, the text "Version: 5.2.2" is visible. At the bottom, there are two links: "Forgot Password?" and "Forgot Username?".

The screenshot shows the "Single sign-on (SSO)" page. The title "Single sign-on (SSO)" is at the top right with a close icon (X). The main instruction reads: "Enter your account subdomain below so we know where you should sign in". Below this is a text input field containing "nebraska" and ".teamworksapp.com". A red arrow points to the "nebraska" part of the input with the text "Type nebraska into the box". Below the input field is a large green "Log In" button with a right-pointing arrow. A second red arrow points to this button with the text "Then click log in to take you to the university sign-in page and type the same credentials you would use to log in to MyRed or Canvas".



PARKING & TRANSIT SERVICES

Any questions related to campus parking and bus transit services should contact Parking & Transit Services at 402-472-1800 or unlpts@unl.edu.

All new students that plan to bring a vehicle to campus are advised to purchase a parking permit from the UNL Parking and Transit Office. Students can pre-order permits online at <https://parking.unl.edu/> or purchase in-person at the Parking and Transit Services Office once they have a Canvas username/password and are registered for classes.

Parking & Transit Services

625 Stadium Drive, Suite A
Lincoln, NE 68588-0161
Monday-Friday 7:30 a.m.-5:00 p.m.

There are limited number of parking permits sold each academic year, so it is advised that returning students take advantage of pre-ordering their permit prior to the end of the second semester and new students as soon as they are registered for classes. Permit pre-order begins in mid-April. Students who pre-order have the option for the permit to be mailed before the start of class or to pick up the permit in the office; please note that if you choose for it to be mailed, you must allow time for the permit to reach your residence prior to parking on campus as you may receive parking citations without a valid permit.

To purchase a permit, be prepared to provide the following information:

- Vehicle license plate number
- Vehicle make and model
- Vehicle year
- Vehicle color





CONTACTS

Please contact the appropriate staff member listed below if you have any questions.

Who to Call Guide

Questions About...	Contact	Contact Information
Admissions	Katie Jewell	402-472-4620 / kjewell@huskers.com
Admissions (International Students)	Denise Howell	402-472-4619 / dhowell@huskers.com
Amateurism	Kalyn Doyle	402-472-0611 / kdoyle@huskers.com
Athletic Scholarships	Jena Johnson	402-472-8253 / jjohnson@huskers.com
Compliance Forms	Tanner Hill-Bloyd	402-472-4630 / thillbloyd@huskers.com
Eligibility Center	Kalyn Doyle	402-472-0611 / kdoyle@huskers.com
Financial Aid, FAFSA, Loans	HuskerHub	402-472-2030 / huskerhub@unl.edu
New Student Enrollment	Mike Nieman	402-472-3311 / mnieman@huskers.com
Outside Scholarships	Lisa Dority	402-472-5325 / edority2@unl.edu
Student Bill	HuskerHub	402-472-2030 / huskerhub@unl.edu
Teamworks	Tanner Hill-Bloyd	402-472-4630/thillbloyd@huskers.com

Academic Staff Contacts

Academic Counselor	Sport	Contact Information
Alvin Banks	Golf (Men's & Women's) Swimming & Diving Wrestling	402-472-0590 / abanks@huskers.com
Sheri Hastings	Basketball (Women's) Bowling Gymnastics (Men's & Women's) Soccer	402-472-4615 / shastings@huskers.com
Caleb Hawley	Basketball (Men's) Football	402-472-7971 / chawley@huskers.com
Katie Jewell	Baseball Football	402-472-4620 / kjewell@huskers.com
Dennis Leblanc	Football Basketball (Men's) Volleyball	402-472-4614 / dleblanc@huskers.com
Mike Nieman	Track & Field (Men's & Women's) Cross Country (Men's & Women's)	402-472-3311 / mnieman@huskers.com
Joann Ross	Rifle Tennis (Men's & Women's)	402-472-9985 / jross@huskers.com
Kim Schellpeper	Softball Football	402-472-0513 / kschellpeper@huskers.com