

WOMEN'S POSTSEASON HISTORY

NCAA Championships

Year	Champion (Pts.)	NU Finish (Pts.)	Top NU Finisher
2021	NC State (84)	--	Erika Freyhof, 138th
2020	BYU (96)	--	Erika Freyhof, 86th
2019	Arkansas (96)	--	--
2018	Colorado (65)	--	--
2017	New Mexico (90)	--	--
2016	Oregon (125)	--	--
2015	New Mexico (49)	--	--
2014	Michigan State (85)	--	--
2013	Providence (141)	--	--
2012	Oregon (144)	--	--
2011	Georgetown (162)	--	--
2010	Villanova (120)	--	Lara Crofford, 129th
2009	Villanova (86)	--	Lara Crofford, 113th
2008	Washington (79)	25th (539)	Lara Crofford, 45th
2007	Stanford (145)	--	Lara Crofford, 85th
2006	Stanford (195)	--	--
2005	Stanford (146)	--	Kayte Tranel, 28th
2004	Colorado (63)	--	--
2003	Stanford (120)	30th (593)	Ann Gaffigan, 71st
2002	Brigham Young (85)	--	--
2001	Brigham Young (62)	--	Ann Gaffigan, 98th
2000	Colorado (117)	--	--
1999	Brigham Young (72)	16th (430)	Michelle Brooks, 31st
1998	Villanova (106)	t23rd (534)	Jeannette Zimmer, 70th
1997	Brigham Young (100)	19th (457)	Amy Wiseman, 94th
1996	Stanford (101)	20th (449)	Melissa Wilson, 86th
1995	Providence (88)	--	Christina Blackmer, 108th
1994	Villanova (75)	16th (412)	Julie Mazzitelli, 73rd
1993	Villanova (66)	20th (421)	Theresa Stelling, 24th
1992	Villanova (123)	18th (394)	Fran ten Bensel, 9th
1991	Villanova (85)	12th (314)	Fran ten Bensel, 17th
1990	Villanova (82)	--	Fran ten Bensel, 36th
1989	Villanova (99)	3rd (186)	Yvonne van der Kolk, 34th
1988	Kentucky (75)	3rd (143)	Sammie Resh, 7th
1987	Oregon (98)	--	Sammie Resh, 29th
1986	Texas (62)	12th (245)	Laura Wight, 35th
1985	Wisconsin (58)	--	--
1984	Wisconsin (63)	11th (268)	Laura Wight, 37th
1983	Oregon (95)	--	--
1982	Virginia (48)	--	--
1981	Virginia (36)	--	--
1980	North Carolina State (76)	--	Sara Stricker
1979	North Carolina State (108)	--	--
1978	Iowa State (119)	--	Carol Schenk, 30th
1977	Iowa State (92)	--	Donna Fox, 140th
1976	Iowa State (62)	--	--
1975	Iowa State (96)	--	Cindy Dixon, 74th

Regional Championships

Midwest			
Year	Champion (Pts.)	NU Finish (Pts.)	Top NU Finisher
2021	Minnesota (45)	9th (303)	Erika Freyhof, 10th
2020	*No meet due to COVID-19 restrictions.		
2019	Illinois (108)	15th (373)	Erika Freyhof, 11th
2018	Iowa State (78)	14th (386)	Erika Freyhof, 11th
2017	Iowa State (90)	21st (507)	Bonnie Smith, 75th
2016	Missouri (83)	19th (480)	Anna Peer, 30th
2015	Okklahoma State (51)	22nd (610)	Bonnie Smith, 77th
2014	Iowa State (66)	29th (711)	Anna Peer, 55th
2013	Iowa State (39)	20th (509)	Anna Peer, 71st
2012	Iowa State (63)	23rd (586)	Isabel Andrade, 74th
2011	Iowa State (64)	6th (215)	Katie White, 14th
2010	Iowa State (35)	8th (233)	Lara Crofford, 6th
2009	Minnesota (60)	4th (147)	Lara Crofford, 11th
2008	Minnesota (57)	3rd (124)	Lara Crofford, 7th
2007	Minnesota (79)	4th (130)	Lara Crofford, 9th
2006	Illinois (44)	4th (141)	Ari Goldstein, 22nd
2005	Oklahoma State (71)	5th (142)	Kayte Tranel, 8th
2004	Missouri (52)	11th (311)	Anne Shadle, 37th
2003	Nebraska (60)	1st (60)	Ann Gaffigan, 2nd
2002	Missouri (63)	13th (319)	Ann Gaffigan, 10th
2001	Oklahoma State (56)	10th (233)	Ann Gaffigan, 6th
2000	Kansas State (61)	8th (196)	Kathryn Handrup, 21st
1999	Kansas State (40)	3rd (98)	Michelle Brooks, 7th
1998	Kansas State (92)	4th (128)	Jeannette Zimmer, 11th
1997	Missouri (76)	2nd (81)	Amy Wiseman, 5th

District V

Year	Champion (Pts.)	NU Finish (Pts.)	Top NU Finisher
1996	Iowa State & Missouri (68)	3rd (99)	Christina Blackmer, 12th
1995	Missouri (57)	3rd (87)	Nora Shepherd, 2nd
1994	Kansas (67)	2nd (78)	Nora Shepherd, 7th
1993	Kansas (76)	2nd (86)	Theresa Stelling, 2nd
1992	Nebraska (66)	1st (66)	Fran ten Bensel, 1st
1991	Nebraska (45)	1st (45)	Fran ten Bensel, 2nd
1990	Iowa State (56)	3rd (74)	Fran ten Bensel, 6th
1989	Nebraska (41)	1st (41)	Yvonne van der Kolk, 4th
1988	Nebraska (38)	1st (38)	Sammie Resh, 3rd
1987	Colorado (52)	3rd (75)	Sammie Resh, 2nd
1986	Colorado (33)	3rd (67)	Sammie Resh, 13th
1985	Iowa State (42)	3rd (83)	Jill Noel, 11th
1984	Kansas State (53)	3rd (65)	Laura Wight, 7th
1983	Iowa State (39)	4th (133)	Karlene Erickson, 13th
1982	Iowa State (43)	--	Sara Stricker, 16th
1981	Missouri (35)	4th (95)	Janice Orht, 9th
1980	Iowa (48)	--	Sara Stricker, 13th
1979	Iowa State (26)	--	Christine Hass, 30th
1978	Iowa State (30)	6th (145)	Carol Schenk, 2nd
1977	Iowa State (26)	7th (205)	Donna Fox, 17th

WOMEN'S POSTSEASON HISTORY

Conference Championships

Big Ten

Year	Champion (Pts.)	NU Finish (Pts.)	Top NU Finisher
2021	Minnesota (72)	11th (289)	Erika Freyhof, 13th
2020	Michigan State (48)	9th (228)	Erika Freyhof, 6th
2019	Michigan State (56)	10th (283)	Erika Freyhof, 23rd
2018	Michigan (57)	11th (283)	Judi Jones, 37th
2017	Michigan (55)	12th (336)	Bonnie Smith, 66th
2016	Michigan (63)	13th (349)	Anna Peer, 50th
2015	Penn State	13th (369)	Katrina Santiago, 72nd
2014	Michigan State (26)	13th (347)	Anna Peer, 14th
2013	Michigan State (43)	11th (320)	Anna Peer, 50th
2012	Michigan (55)	12th (397)	Sarah Larson, 85th
2011	Michigan State (55)	7th (202)	Katie White, 22nd

Big 12

2010	Texas Tech (44)	8th (219)	Lara Crofford, 10th
2009	Texas Tech (38)	4th (143)	Lara Crofford, 16th
2008	Texas Tech (44)	3rd (102)	Lara Crofford, 6th
2007	Colorado (59)	3rd (98)	Lara Crofford, 9th
2006	Colorado (45)	3rd (110)	Channing Anseth, 12th
2005	Colorado (38)	5th (117)	Kayte Tranel, 15th
2004	Colorado (25)	9th (235)	Anne Shadle, 15th
2003	Colorado (45)	6th (149)	Ann Gaffigan, 19th
2002	Colorado (34)	11th (257)	Ann Gaffigan, 27th
2001	Colorado (33)	9th (184)	Ann Gaffigan, 7th
2000	Colorado (29)	7th (173)	Kathryn Handrup, 20th
1999	Colorado (62)	4th (121)	Michelle Brooks, 7th
1998	Kansas State (78)	7th (138)	Jeannette Zimmer, 12th
1997	Colorado (23)	2nd (92)	Amy Wiseman, 6th
1996	Colorado (30)	3rd (123)	Christina Blackmer, 18th

Big Eight

1995	Colorado (25)	4th (93)	Nora Shepherd, 6th
1994	Colorado (29)	2nd (65)	Julie Mazzitelli, 4th
1993	Nebraska (57)	1st (57)	Theresa Stelling, 2nd
1992	Colorado & Kansas State (52)	3rd (82)	Fran ten Bensel, 2nd
1991	Nebraska (55)	1st (55)	Fran ten Bensel, 1st
1990	Iowa State (48)	4th (105)	Fran ten Bensel, 8th
1989	Nebraska (43)	1st (43)	Yvonne van der Kolk, 4th
1988	Nebraska (41)	1st (41)	Sammie Resh, 4th
1987	Colorado (49)	2nd (57)	Sammie Resh, 2nd
1986	Oklahoma State (49)	4th (88)	Sammie Resh, 13th
1985	Nebraska (61)	1st (61)	Jill Noel, 5th
1984	Missouri (57)	5th (97)	Karlene Erickson, 12th
1983	Iowa State (44)	4th (111)	Jill Noel, 7th
1982	Kansas State (41)	5th (105)	Sara Stricker, 10th
1981	Iowa State (27)	6th (152)	Sara Stricker, 20th
1980	Missouri (36)	7th (173)	Sara Stricker, 18th
1979	Iowa State (31)	--	Chris Haas, 20th
1978	Iowa State (43)	5th (118)	Carol Schenk, 2nd
1977	Iowa State (27)	6th (134)	Cindy Dixon, 19th