

2010 WOMEN'S MEET-BY-MEET RECAP

Creighton/UNO Classic 5K

Saturday, Sept. 4 - Omaha, Neb.

Team Champion: Nebraska (15 pts.)

Top Five Individuals

1. Lara Crofford, Nebraska 18:11.42
2. Ashley Miller, Nebraska..... 18:55.74
3. Erica Hamik, Nebraska..... 19:06.30
4. Blaire Dinsdale, Nebraska..... 19:26.58
5. Jen Webers, Nebraska..... 19:33.66

Other NU Finishers

7. Sarah Plambeck 19:49.79
8. Katie White..... 19:52.63
15. Isabel Andrade..... 20:13.59
23. Sam Morabe 20:41.56

Woody Greeno/Nebraska

Invitational

Saturday, Sept. 18 - Lincoln, Neb.

Team Champion: Nebraska (20 pts.)

Top Five Individuals

1. Lara Crofford, Nebraska 21:01.4
2. Martina Barinova, Nebraska..... 21:29.7
3. Obsie Birru, Grand View 21:49.3
4. Christine Nelson, Wyoming..... 21:52.2
5. Erica Hamik, Nebraska..... 22:09.3

Other NU Finishers

6. Ashley Miller..... 22:21.2
8. Jessica Furlan..... 22:26.0
9. Jen Webers..... 22:27.5
18. Sarah Plambeck..... 22:59.7
30. Allison Eckert..... 23:18.2
33. Blaire Dinsdale..... 23:23.5
35. Isabel Andrade..... 23:37.6
44. Katie White..... 23:53.2
45. Sam Morabe 23:55.1

Wisconsin adidas Invitational

Saturday, Oct. 2 - Madison, Wis.

Team Champion: Syracuse (89 pts.)

Nebraska Finish: 9th (248 pts.)

Top Five Individuals

1. Charlotte Browning, Florida 20:13.4
2. Emily MacLeod, Michigan State 20:14.8
3. Katie Hursey, Syracuse 20:17.0
4. Kendra Schaaf, North Carolina 20:20.6
5. Lara Crofford, Nebraska 20:21.7

Top NU Finishers

29. Martina Barinova..... 20:50.7
67. Erica Hamik..... 21:37.1
75. Ashley Miller..... 21:40.3
79. Jessica Furlan..... 21:42.4
106. Jen Webers..... 22:13.6
137. Katie White..... 22:44.4
147. Isabel Andrade..... 22:52.9
171. Sam Morabe 23:25.2
183. Sarah Plambeck 23:42.0
191. Blaire Dinsdale..... 24:02.6



Lara Crofford finished in the top 10 at both the NCAA Midwest Regional (6th) and Big 12 Championships (10th) before competing at the 2010 NCAA Championships as a senior.

Indiana State Pre-Nationals

(Blue Race)

Saturday, Oct. 16 - Terre Haute, Ind.

Team Champion: Florida State (115 pts.)

Nebraska Finish: 24th (560 pts.)

Top Five Individuals

1. Risper Kimaiyo, UTEP..... 20:03.4
2. Alex Banfich, Princeton 20:08.3
3. Deborah Maier, California 20:19.3
4. Tara Erdmann, Loyola Marymount. 20:27.4
5. Aliphine Tuliemuk, Iowa State..... 20:29.0

Top NU Finishers

13. Lara Crofford 20:39.0
44. Martina Barinova..... 21:08.1
151. Erica Hamik..... 22:05.6
175. Jessica Furlan..... 22:22.1
177. Jen Webers..... 22:22.9
198. Ashley Miller..... 22:36.8
243. Katie White..... 23:24.0

Big 12 Championships

Saturday, Oct. 30 - Stillwater, Okla.

Team Champion: Texas Tech (44 pts.)

Nebraska Finish: 8th (219 pts.)

Top Five Individuals

1. Rose Tanui, Texas Tech..... 20:04.34
2. Betsy Saina, Iowa State 20:18.55
3. Aliphine Tuliemuk, Iowa State..... 20:19.86
4. Laura Tremblay, Colorado 20:20.48
5. Emma Coburn, Colorado 20:27.86

Top NU Finishers

10. Lara Crofford 20:37.89
21. Martina Barinova..... 21:03.23
63. Jessica Furlan..... 22:13.33
68. Erica Hamik..... 22:19.45
71. Jen Webers..... 22:34.91
76. Ashley Miller..... 22:43.87
77. Katie White..... 22:45.51
83. Isabel Andrade..... 22:54.37
87. Sarah Plambeck 22:56.95

NCAA Midwest Regional

Saturday, Nov. 13 - Peoria, Ill.

Team Champion: Iowa State (35 pts.)

Nebraska Finish: 8th (233 pts.)

Top Five Individuals

1. Stephanie Price, Minnesota 20:01.5
2. Betsy Saina, Iowa State 20:01.6
3. Paula Whiting, Tulsa 20:04.6
4. Aliphine Tuliemuk, Iowa State..... 20:05.7
5. Semehar Tesfaye, Iowa State 20:14.4

Top NU Finishers

6. Lara Crofford 20:17.1
25. Martina Barinova..... 20:54.3
56. Jessica Furlan..... 21:30.1
59. Ashley Miller..... 21:32.4
90. Erica Hamik..... 21:53.4
93. Jen Webers..... 21:59.3
94. Katie White..... 22:01.3

NCAA Championships

Monday, Nov. 22 - Terre Haute, Ind.

Team Champion: Villanova (120 pts.)

Nebraska Finish: No Team Score

Top Five Individuals

1. Sheila Reid, Villanova 20:06.9
2. Emily Infeld, Georgetown..... 20:09.2
3. Jordan Hasay, Oregon 20:13.0
4. Risper Kimaiyo, UTEP..... 20:16.1
5. Rose Tanui, Texas Tech..... 20:17.6

Top NU Finisher

129. Lara Crofford 21:33.4

2010 NU Postseason Awards

Most Valuable Runner

Lara Crofford

Most Improved Runner

Katie White

Letterwinners (7)

Martina Barinova (1)

Lara Crofford (4)

Jessica Furlan (2)

Erica Hamik (3)

Ashley Miller (3)

Jen Webers (4)

Katie White (2)

