

NEBRASKA TRACK & FIELD

2024 NEBRASKA TUNE-UP

FEBRUARY 16th, 2024 | BOB DEVANEY SPORTS CENTER | LINCOLN, NE

PRELIMINARY SCHEDULE OF EVENTS

Friday, February 16th

FIELD EVENTS

| | | | | | |
|-----------------------|--------------------------|--------------|----------------------|------------------------------|--------------|
| 12:00 pm To follow | Shot Put Shot Put | Women Men | 1:30 pm 2:00 pm | Long Jump Long Jump | Men Women |
| 12:30 pm To follow | Pole Vault Pole Vault | Women Men | 2:00 pm To follow | Weight Throw Weight Throw | Men Women |
| 1:00 pm To follow | High Jump High Jump | Women Men | 4:30 pm 5:00 pm | Triple Jump Triple Jump | Men Women |

RUNNING EVENTS

| | | | | | |
|---------|---------------|-------|---------|----------------|-------|
| 1:00 PM | 60 M. Hurdles | Women | 3:45 PM | 600 M. Run | Men |
| 1:15 PM | 60 M. Hurdles | Men | 3:55 PM | 800 M. Run | Women |
| 1:35 PM | 60 M. Dash | Women | 4:05 PM | 800 M. Run | Men |
| 1:45 PM | 60 M. Dash | Men | 4:20 PM | 200 M. Dash | Women |
| 2:05 PM | Mile Run | Women | 4:40 PM | 200 M. Dash | Men |
| 2:30 PM | Mile Run | Men | 4:55 PM | 3,000 M. Run | Women |
| 2:55 PM | 400 M. Dash | Women | 5:20 PM | 3,000 M. Run | Men |
| 3:15 PM | 400 M. Dash | Men | 5:50 PM | 4x400 M. Relay | Women |
| 3:35 PM | 600 M. Run | Women | 6:05 PM | 4x400 M. Relay | Men |