

# NEBRASKA TRACK & FIELD

## 2024 Nebraska Tune-Up | MEET INFORMATION

February 16<sup>th</sup>, 2024 | BOB DEVANEY SPORTS CENTER | LINCOLN, NE

### Entry Procedures:

- Institutions will submit entries via Direct Athletics.
- Entries will *BEGIN* on Thursday, February 1<sup>st</sup> and *CLOSE* on Tuesday, February 13<sup>th</sup> at 12:00pm (CDT).
- NO speculative marks will be allowed. Marks not verified within TFRRS, will be entered with "No Time", "No Height", or "No Distance". Entry notes will be considered for those who have yet to achieve a TFRRS mark.

### Misconduct:

- NCAA Rule 1-44: Any act of dishonesty, unsportsmanlike conduct, unprofessional before or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purpose. Acts of misconduct are subject to reprimands or ejection by the referee or meet management.

### Unattached Entries:

- Unattached athletes wanting to compete will need to contact Meet Director, Cody Brousek at [cbrousek@huskers.com](mailto:cbrousek@huskers.com) with name, desired event(s), and proof of performance no later than close of entries.
- Upon acceptance into the competition, a link will be provided for official entry.
- NO entry fee will be charged for unattached athletes.

### World Athletics & USATF Certification:

- This meet will be listed on the World Athletics and USATF Calendar.
- While the meet will be conducted under NCAA rules, additional rules & procedures will be in place in order to comply with required World Athletics and USATF standards.
- In addition to results being reported to TFRRS, results will also be reported to World Athletics & USATF notating any rule violations that were incurred.

### Entry Restrictions:

- **Throws:** (1) entry per school is guaranteed, with additional entries being granted at meet management's discretion. Maximum of 24 athletes in each field.
- **Horizontal & Vertical Jumps:** (2) entries per school is guaranteed, with additional entries being granted at meet management's discretion. Maximum of 24 athletes in each field.
- **Running Events:** (4) entries per school is guaranteed, with additional entries being granted at meet management's discretion.

### Entry Fee:

- \$40 per individual entry/relay; not to exceed \$400 per gender.
- All entries will be paid via Direct Athletics and **MUST** be paid prior to the closure of entries on Tuesday, February 13<sup>th</sup> at 12:00pm (CDT).
- Payment of entry fee is **NOT** a guarantee to compete. This is only an entry fee, not a competition fee.

### Facility Overview:

- 200 Meter hydraulic-banked track with a Mondo Super X surface and eight lane straightaway.
- Surface was replaced in the Fall of 2019.
- 8 Lane Mondo Practice/Warm-up straight away located on the Volleyball Concourse.
- Preferred Lanes:
  - 60 M. Dash/Hurdles: 4 - 5 - 3 - 6 - 2 - 7 - 1 - 8
  - 200 M. Dash: 5 - 6 - 4 - 3 - 2 - 1
  - 400 M. Dash & 600 M. Run: 5 - 6 - 4 - 3 - 2 - 1

### Facility Restrictions:

- The use of ¼" pyramid or compression spikes will be strictly enforced.
- High Jumpers will be allowed to use 3/8" spikes with a recessed spike element.
- Only tape will be allowed to mark approaches & runways. No chalk will be allowed.
- No hard shell 20 lb. or 35 lb. weights allowed.

### Team Seating & Camps:

- Team camps can and should be set up along the volleyball concourse near the warmup straight away.
- Team seating will be in the west bleachers, along the backstretch.
- NO teams will be allowed to camp/sit along the homestretch.

### Team Scoring:

- No team scoring will be kept.

### Coaching Boxes:

- Coaching boxes will be clearly marked around the perimeter and on the infield of the track.

### Practice & Warm-ups:

- **Thursday, February 15<sup>th</sup>**
  - The facility will be made available Thursday evening for all visiting teams between 4:30pm – 8:00pm. All teams wishing to use the facility MUST make arrangements with Cody Brousek, no later than Tuesday, February 13<sup>th</sup>.
- **Friday, February 16<sup>th</sup>**
  - The track will be available for general warmup from 10:00am – 12:00pm.
  - After 12:00pm all other warm-ups will be conducted on the volleyball concourse.

**Volleyball Concourse:** A 60 M., 8 lane straightaway of Mondo. Starting blocks & hurdles will be available. The inside lane is reserved for those jogging *around* the concourse. Mondo surface will be reserved for those doing block starts & build ups. Hurdle mobility will be done on the concrete.

### Seeding & Advancement:

- All running events will be conducted as finals against time.
- Horizontal jumps and throwing event competitors will receive three preliminary jumps/throws. There will then be a short break and the top nine competitors (Rule 6-2.5) from the preliminary round will receive three more jumps/throws in the final. IF there are 9 or fewer competitors entered into the competition, all competitors will automatically advance to the final as long as one preliminary attempt is made (Rule 6-2.7).

### Implement Weigh-in:

- All implements will be weighed in at the site of competition, by a certified official.
- Implements can be brought for certification beginning 30 minutes prior to warm ups.

### Check-in & Clerking Procedure:

- **Running Events:** Check in *AT LEAST* 30 minutes prior to your event at the Hip Number Table, located along the North Wall. 15 minutes prior your event report to the clerk of the start area, located near the Awards Platform.
- **Field Events:** Report to your event area no later than 45 minutes prior to the START of your event (*not flight*).
- **Relay Events:** 4x400 M. Relay cards will be turned into the Hip Number Table, located along the North wall, immediately following the 200 M. Dash. Institutions with multiple relays, will have their "A" team entered with their corresponding TFRRS time (or slower time if requested). All other relays will be entered with a "No Time".

### Awards:

- **NO** individual or team awards will be given.

**Shower Facilities:**

- Women's Visiting Locker Room will be in Locker Room #1 (Adjacent to the Volleyball Court on East Side)
- Men's Visiting Locker Room will be in Locker Room #2 (Adjacent to the Volleyball Court on East Side)
- No towels will be provided, please plan accordingly.

**Team Drop Off & Parking:**

- Team vans & buses should drop off student-athletes and staff on the NORTH side of the Bob Devaney Sports Center. Vans & buses will then continue EAST and turn SOUTH on N. 17<sup>th</sup> Street and park in lot 55, which is located EAST of the Bob Devaney Sports Center.

**Sports Medicine:**

- Located at the north end of the track, next to the concession stand.
- Visiting Trainers & Massage Therapists are asked to set up treatment tables on the volleyball concourse near your team camp.

**Food & Drink:**

- Team Food and Drinks should be delivered and kept in respective team camps, located on the volleyball concourse. Student-athletes can bring individual meals to the team seating area.

**Results:**

- Paper results will NOT be provided at any point throughout the competition.
- All results can be accessed using our official meet timer **Delta Timing** at <http://results.deltatiming.com/nebraska>

**Facility Maps & Additional Information:**

- A map of the Bob Devaney Sports Center and additional information can be found on the Huskers Home Meet Information Page: <https://huskers.com/sports/2017/10/3/211671175.aspx>

