NEBRASKA MEN'S GYMNASTICS NOTES



#3 NEBRASKA VS. #2 MICHIGAN FEB. 10 | 12:00 P.M. CT ANN ARBOR, MICH.



2024 SCHEDULE

NO. 3 HUSKERS TRAVELS TO NO. 2 **WOLVERINES FOR BIG TEN BATTLE**

The No. 3 Huskers are traveling to Ann Arbor this weekend where they will take on No. 2 Michigan this Saturday, Feb. 10 in a top-five matchup. NU looks to maintain a winning-streak after besting Penn State at home. The meet will begin at 12 p.m. (CT) in the Cliff Keen Arena and will be live streamed on B1G+ for subscribers.

LAST TIME OUT

Nebraska is coming off a conference victory against Penn State last weekend, rallying past the Nittany Lions (406.800-403.200). The Huskers made impressive marks including 11 career-best scores documented, along with four event titles.

Three of the four event titleists recorded a career-best score in their triumph including sophomore Toby Liang on floor (14.00), freshman Alex Nitache on vault (14.85), and captain Zac Tiderman on high bar (14.45). Captain Sam Phillips also earned the title in the all-around competition.

National rankings highlight Husker gymnasts based off a three-score average including Chris Hiser in eighth on rings (13.725), Cole Partridge in eighth on parallel bars (14.20) and tying in third on high bar with teammate Zac Tiderman (14.00).

Ahead of the meet, No. 3 NU features the rankings in first place on both vault (72.00) and high bar (68.30). Nebraska occupies fourth position on floor (67.95), sixth on pommel horse (66.70) and parallel bars (66.00), and third overall on rings (67.25).

SCOUTING THE COMPETITION
The Michigan Wolverines rank No. 2 in the NCAA following their first loss of the season against No. 4 Illinois (410.350-413.800). Gymnasts Fred Richard and Javier Alfonso underlines the Wolverines' strength with Richard coming off his second consecutive Big Ten Specialist of the Week accolade and Alfonoso leading the NCAA on still give with a 14.747 three pages average. still rings with a 14.767 three-score average.

FOLLOW THE HUSKERS

Fans can follow @HuskerMGym on Facebook, Instagram or Twitter for live updates during the meet. The competition will be livestreamed on BTN+ for subscribers beginning at 12 p.m. CT.

ROCKY MOUNTAIN OPEN - 2nd/409.600 JAN. 20 | COLORADO SPRINGS, COLO.

vs. #8 PENN STATE - (W) 406.800 FEB. 3 | LINCOLN, NEB. | 6 P.M.



at #2 MICHIGAN

FEB. 10 | ANN ARBOR, MICH. | 12 P.M.



vs. ARMY, GREENVILLE FEB. 17 | LINCOLN, NEB. | 1 P.M.



at CALIFORNIA, STANFORD, AIR FORCE MARCH 3 | BERKELEY, CALIF. | 2 P.M. Cal App



vs. ILLINOIS

MARCH 10 | LINCOLN, NEB. | 1 P.M.



at OHIO STATE

MARCH 26 | COLUMBUS, OHIO | 3 P.M.



at BIG TEN CHAMPIONSHIPS apr. 4-5 | Champaign, Ill. | 7 p.m.



at NCAA CHAMPIONSHIPS APR. 19-20 | COLUMBUS, OHIO | 7 P.M.



QUICK FACTS

Location	Lincoln, Neb.
Enrollment	25,108
Founded	1869
Nickname	Cornhuskers or Huskers
Colors	Scarlet and Cream
Conference	Big Ten
Chancellor	Ronnie Green, J.D.
Institutional Rep	Scott Fuess, Jr.
Athletic Director	Trev Alberts
Home Facility	Bob Devaney Sports Center
Capacity	7,907
Head Coach	

UNIVERSITY OF NEBRASKA COMMUNICATIONS | ONE MEMORIAL STADIUM, P.O. BOX 880123, LINCOLN, NEB. 68588-0123 MADDIE LIND | OFFICE: (402) 472-7776 | CELL: (952) 992-9872 | EMAIL: MLIND3@HUSKERS.UNL.EDU

FOLLOW: @HUSKERMGYM | FACEBOOK.COM/HUSKERMGYM | HUSKERS.COM

HUSKERS RETURN 15 GYMNASTS FOR 2024 SEASON

The Nebraska Huskers return 15 gymnasts to the men's gymnastics team from the 2023

Leading the Huskers as the 2024 team captains are Taylor Christopulos, Sam Phillips and Zac Tiderman who competed in the 2023 NCAA Championships Qualifiers and Finals to bring the Huskers to a fifth-place podium finish. Christopulos highlights the pack as a Big Ten Gold Medalist (vault) and four-time All-American. In addition to the three captains, Yanni Chronopoulos, James Friedman and Cooper Giles round out the accomplished senior class that is set to lead the way for the Huskers in the upcoming season.

The junior class is led by gymnast Chris Hiser, who was named 2022 Big Ten Freshman of the Year, joined by A.J. Morgan, Joey Pepe and Travis Wong, who are set to make an impact for the Husker lineup.

Asher Cohen, Jack Critz, Luke James, Toby Liang and Nathan York form the sophomore class set to contribute to the Huskers success this season.

The freshman making a debut this 2023 season include Anthony Koppie, Chase Mondi, Alex Nitache, Max Odden and Cole Partridge.





BIG TEN CHAMPIONSHIPS

The Huskers finished third at the Big Ten Championships during the 2023 season.



INDIVIUDAL TITLES

Nebraska had 28 individual titles during the 2023 season. including returning titleists Taylor Christopulos, Cooper Giles, Chris Hiser and Zac Tiderman.



ALL-AMERICANS

Taylor Christopulos and Zac Tiderman are Nebraska's two returning All-Americans on this season's roster.



NEWCOMERS

NU welcomes five gymnasts to join the 2022 roster including Anthony Koppie, Chase Mondi, Alex Nitache, Max Odden and Cole Partridge.



ACADEMIC ALL-BIG **TEN HONOREES**

NU returns six gymnasts that were named Academic All-Big Ten honorees for their dedication to the classroom over



NATIONAL CHAMPIONS

Nebraska has a total of 42 individual National Champions with the most recent being in 1999 when Jason Hardabura claimed the all-around and floor titles.

NEBRASKA MEN'S GYMNASTICS FACTS

First Season of Gymnastics 1937	7
National Team Championships	В
Consecutive Team National	
Championships*	5
Individual Championships42	2
Nissen-Emery Award Winners	3
NCAA All-America Awards207	7
CoSIDA Academic All-America Awards 17	7
NCAA Top Ten Award Winners	3
Olympian's10)
Conference Team Championships 15 Conference Individual Championships 10	5
Conference Individual Championships 10)2
*NCAA record	

2024 SEASON INFORMATION

2023 Regular-Season Record	17-13
2023 Big Ten Finish	3rd
2023 NČAA Finish	5th
Lettermen Returning/Lost	
All-Americans Returning/Lost	
Newcomers	5

COACHING STAFF

Head Coach Chuck Chmelka » 15th Season as Nebraska Head Coach

» Alma Mater: Nebraska (1982)

» Alma Mater: Nebraska (1982)

Assistant Coach............ John Robinson » 14th Season at Nebraska

» Alma Mater: Nebraska (2010)

CONTACT INFORMATION

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2024 MEN'S GYMNASTICS ROSTER



Taylor Christopulos Sr. • AA • 5-8 Layton, Utah



Yanni Chronopoulos Sr. • PH, R, PB, HB • 5-8 Milton, Ontario, Canada



Asher Cohen So. • R, PB • 5-4 Lakewood, Colo.



Jack Critz So. • R • 5-4 Huntington Beach, Calif.



James Friedman Sr. • FX, PH, R, V, PB • 5-7 Salem, Ore.



Cooper Giles Sr. • FX, PH • 5-9 Lake Zurich, III.



Chris Hiser Jr. • FX, R • 5-6 Longmeadow, Mass.



Luke James So.• FX, V • 5-8 Cape Town, South Africa



Anthony Koppie Fr. • AA • 6-0 Fayetteville, Ga.



Toby Liang
So. • FX, PH, HB • 5-11
Roswell, Ga.



Chase Mondi Fr. • AA • 5-9 Lawrence, Kan.



A.J. Morgan Jr. • R • 5-8 Lincoln, Neb.



Alex Nitache Fr. • AA • 5-10 Knoxville, Tenn.



Max Odden Fr. • AA • 6-0 Scottsdale, Ariz.



Cole Partridge Fr. • AA • 5-7 Bountiful, Utah



Joey Pepe Jr. • PB, HB • 5-7 Peoria, Ariz.



Sam Phillips Sr. • AA • 5-11 Woodland Hills, Calif.



Zac Tiderman Sr. • V, HB • 5-7 Wilsonville, Ore.



Travis Wong
Jr. • PH, PB • 5-6
Miami, Flor.



Nathan York So. • FX, PH • 5-8 Plainfield. III.



Chuck Chmelka Head Coach 15th Season



Jim Hartung Assistant Coach 19th Season



John Robinson Assistant Coach 14th Season

2024 MEN'S GYMNASTICS ROSTER

Athlete	Year	Event(s)	Hometown (Club Team/Previous Team)
Taylor Christopulos	Senior	AA	Layton, Utah (USA Gymnastics World)
Yanni Chronopoulos	Senior	PH, R, PB, HB	Milton, Ontario, Canada (Futures Gymnastics)
Asher Cohen	Sophomore	R, PB	Lakewood, Colo. (5280 Gymnastics)
Jack Critz	Sophomore	R	Huntington Beach, Calif. (SCATS Gymnastics)
James Friedman	Senior	FX, PH, R, V, PB	Salem, Oregon (Omega Gymnastics/Iowa)
Cooper Giles	Senior	FX, PH	Lake Zurich, III. (Premier Gymnastics)
Chris Hiser	Junior	FX, R	Longmeadow, Mass. (Daggetts Gymnastics)
Luke James	Sophomore	FX, V	Cape Town, South Africa (City of Birmingham Gymnastics)
Anthony Koppie	Freshman	AA	Fayetteville, Georgia (Roswell Gymnastics)
Toby Liang	Sophomore	FX, PH, HB	Roswell, Georgia (Roswell Gymnastics)
Chase Mondi	Freshman	AA	Lawrence, Kansas (Emerald City Gymnastics)
A.J. Morgan	Junior	R	Lincoln, Nebraska (Nebraska School of Gymnastics)
Alex Nitache	Freshman	AA	Knoxville, Tennessee (Gymtek Academy)
Max Odden	Freshman	AA	Scottsdale, Arizona (North Valley Gymnastics)
Cole Partridge	Freshman	AA	Bountiful, Utah (USA Gymnastics World)
Joey Pepe	Junior	РВ, НВ	Peoria, Arizona (North Valley Gymnastics)
Sam Phillips	Senior	AA	Woodland Hills, Calif. (Gymnastics Olympica USA)
Zac Tiderman	Senior	V, HB	Wilsonville, Oregon (Omega Gymnastics/Iowa)
Travis Wong	Junior	PH, PB	Miami, Florida (Florida Gymnastics Training Center)
Nathan York	Sophomore	FX, PH	Plainfield, III. (Premier West Gymnastics)

Head Coach: Chuck Chmelka (15th Season)

Assistant Coaches: Jim Hartung (19th Season), John Robinson (14th Season)

HUSKER HOMES

The 20 members of the 2024 Nebraska men's gymnastics team came to Nebraska from 12 states across the nation and two foreign countries.

Arizona (2) - Max Odden, Joey Pepe; California (2) - Jack Critz, Sam Phillips; Canada (1) - Yanni Chronopoulos; Colorado (1) - Asher Cohen; Florida (1) - Travis Wong; Georgia (2) - Anthony Koppie, Toby Liang; Illinois (2) - Cooper Giles, Nathan York; Kansas (1) - Chase Mondi; Massachusetts (1) - Chris Hiser; Nebraska (1) - A.J. Morgan; Oregon (2) - James Friedman, Zac Tiderman; South Africa (1) - Luke James; Utah (2) - Taylor Christopulos, Cole Partridge.

PRONUNCIATION GUIDE

Cooper Giles JEYE-ulls James Friedman FREED-man Chris Hiser HIGH-zer Toby Liang LEE-ang Chase Mondi MON-dee Alex Nitache Nih-TASH-ee Joey Pepe PAY-p Zac Tiderman TEE-der-man

2024 MEN'S GYMNASTICS SCHEDULE

Date	Opponent	Location	Time (CST)
Saturday, Jan. 20	at Rocky Mountain Open	Colorado Springs, Colorado	6 p.m.
Saturday, Feb. 3	Penn State	Lincoln, Nebraska	6 p.m.
Saturday, Feb. 10	at Michigan	Ann Arbor, Michigan	12 p.m.
Saturday, Feb. 17	Army, Greenville	Lincoln, Nebraska	1 p.m.
Friday & Sunday, Feb. 23 & 25	at Winter Cup	Louisville, Kentucky	12:30 & 4:30 p.m.
Sunday, March 3	at California, Air Force and Stanford	Berkeley, California	2 p.m.
Sunday, March 10	Illinois	Lincoln, Nebraska	1 p.m.
Tuesday, March 26	Ohio State	Columbus, Ohio	3 p.m.
Fri. & Sat., Apr. 5-6	at Big Ten Championships	Champaign, Ill.	7 p.m.
Friday, April 19	at NCAA Championships (Qualifiers)	Columbus, Ohio	7 p.m.
Saturday, April 20	at NCAA Championships (Finals)	Columbus, Ohio	7 p.m.

2024 MEET-BY-MEET RESULTS

ROCKY M	OUNTAIN OP	EN » JAN. 20	» CADET WE	ST GYMNASII	JM (COLORAI	DO SPRINGS, C	OLO.)
Team	Total	FX	PH	SR	V	PB	HB
Nebraska	409.600	67.55	68.65	66.85	71.15	67.90	67.50
Air Force	392.750	68.80	66.75	64.65	64.40	67.95	60.20
Oklahoma	420.350	71.15	71.20	67.85	70.95	70.55	69.65
NEBRASK	AVS. PENN S	TATE » FEB.	3 » BOB DEVA	NEY SPORTS	CENTER (LINC	COLN, NEB.)	
Team	Total	FX	PH	SR	V	PB	HB
Nebraska	406.800	68.35	54.75	67.65	72.85	64.10	69.10
Penn State	403.200	67.70	62.95	66.55	71.30	67.35	67.35
NEBRASK	A AT MICHIGA	AN » FEB. 10 »	CLIFF KEEN A	RENA (ANN A	RBOR, MICH.)		
Team	Total	FX	PH	SR	V	PB	HB
Nebraska							
Michigan							
NERRASK	AVS ARMY	GREENVII I E	» FFB 17 » BC	OR DEVANEYS	SPORTS CENT	ER (LINCOLN, N	FR)
Team	Total	FX	PH	SR	V	PB	HB
Nebraska					<u>-</u>	· -	
Army							
Greenville							
NEDDACK	ATCALIFOR	ONIIA CTANIC	NDD AID FORC	E V MADOU Z	" HAAC DAVIII	LION (DEDVELE	VCALIEN
		EX	PH	SR	V MAAS PAVIL	LION (BERKELE PB	
Team Nebraska	Total	FX	РП	<u> </u>	v	PB	HB
California							
Stanford							
Air Force							
All Force							
NEBRASK	AVS. ILLINOIS	» MARCH 10			ENTER (LINCO		
Team	Total	FX	PH	SR	V	PB	HB
Nebraska							
Illinois							
NEDDACKA	NATOUIO CT	ATE V MADOL	136 % COVELL	I CENTED (CC	DLUMBUS, OH	10)	
Team	Total	FX	PH	SR	V V	PB	НВ
Nebraska	I Otal	<u> FX</u>	РП	<u> </u>	v	PB	ПВ
Ohio State							
BIG TEN CHA & PENN STA	AMPIONSHIPS TE	» APR. 5-6 » ST	ATE FARM CEN	TER (CHAMPAI	GN, ILL.) VS. ILLII	NOIS, MICHIGAN, (OHIO STATE
Team	Total	FX	PH	SR	V	РВ	НВ
Nebraska			-				
Illinois							
Michigan							
Ohio State							
Penn State							
	A A DIONOLUD	C., ADDII 10	20 % COVELL	LOENTED (O	OLUMBUIC OL	1101	
NCAA CHA	AMPION5HIP	3 » APKIL 19.	-20 » COVELL	ICENTER (C	OLUMBUS, OF	110)	

Team Total FX PH SR V

Nebraska

HB

PB

INDIVIDUAL CAREER & SEASON HIGHS

TAYLOR CHRISTO	PULOS	0	CHASE MONDI	2024	0
Event Floor	2024 none	<u>Career</u> 14.65 (3/12/23)	Event Floor	2024 13.90	<u>Career</u> 13.80 (2/3/24)
Pommel Horse Still Rings	13.95	14.65 (3/12/23) 13.95 (1/20/24) 13.80 (3/6/21) 14.95 (2/13/21) 14.15 (1/20/24) 13.95 (1/21/23)	Pommel Horse Still Rings	none	none
Vault	none 14.35	13.60 (3/6/21)	Vault –	none 14.70	none 14.70 (2/3/24)
Parallel Bars	14.15 13.55	14.15 (1/20/24)	Parallel Bars	none	none
High Bar All-Around	none	84.166 (4/15/23)	High Bar All-Around	none none	none none
YANNI CHRONOP			A.J. MORGAN		
Event Floor	2024	Career	Event Floor	2024	Career
Floor Pommel Horse	none 13.60	none	Floor Pommel Horse	none	none
Still Rings	13.20	13.95 (2/5/22) 13.75 (2/5/22) 13.85 (2/7/21) 13.75 (2/5/22) 13.70 (3/31/23)	Still Rings	none 12.50	none 12.50 (1/20/24)
Vault Parallel Bars	none none	13.85 (2/7/21) 13.75 (2/5/22)	Vault Parallel Bars	none none	none none
High Bar	none	13.70 (3/31/23)	High Bar	none	none
Alf-Around	none	none	Alf-Around	none	none
ASHER COHEN			ALEX NITACHE		
<u>Event</u> Floor	2024 none	Career none	<u>Event</u> Floor	2024 none	<u>Career</u> none
Pommel Horse	none	none	Pommel Horse	none	none
Still Rings Vault	13.90 none	13.90 (2/3/24) none	Still Rings Vault	none 14.85	none 1/1 85 (2/3/2/1)
Parallel Bars	13.40	14.166 (4/14/23)	Parallel Bars	12.85	14.85 (2/3/24) 12.85 (2/3/24)
High Bar All-Around	none none	none none	High Bar All-Around	none none	none none
	попе	none		none	Hone
JACK CRITZ Event	2024	Career	MAX ODDEN Event	2024	Career
Floor	none	none	Floor	none	none
Pommel Horse Still Rings	none none	none none	Pommel Horse Still Rings	none none	none none
Vault.	none	none	Vault	none	none
Parallel Bars High Bar	none none	none none	Parallel Bars High Bar	none 13.65	none 13.65 (2/3/24)
All-Around	none	none	All-Around	none	none
JAMES FRIEDMAN	V		COLE PARTRIDGE		
<u>Event</u> Floor	2024	Career	<u>Event</u> Floor	2024	Career
Pommel Horse	none 13.80	Career 13.85 (2/4/23) 13.80 (1/20/24)	Pommel Horse	none none	none none
Still Rings	none	13.90 (1/21/23)	Still Rings	none	none
Vault Parallel Bars	none 12.50	14.30 (lowa) 13.80 (1/13/23)	Vault Parallel Bars	none 14.20	none 14.20 (1/20/24)
High Bar	none	13.20 (Iowa)	High Bar	14.10	14.10 (1/20/24)
Alf-Around	none	none	Alf-Around	none	none
COOPER GILES Event	2024	Career	JOEY PEPE Event	2024	Career
Floor	none	13.55 (1/15/22) 14.50 (2/17/23)	Floor	13.25 11.70	13.25 (1/20/24)
Pommel Horse Still Rings	13.95 none	14.50 (2/17/23) none	Pommel Horse Still Rings	11.70 11.45	13.25 (1/20/24) 11.70 (1/20/24) 12.15 (3/12/22)
Vault	none	none	Vault	12.40	14 50 (3/12/22)
Parallel Bars High Bar	none none	none none	Parallel Bars	13.50 13.65	13.50 (1/20/24)
All-Around	none	none	High Bar All-Around	74.950	13.50 (1/20/24) 13.65 (2/3/24) 13.65 (1/20/24) 74.950 (1/20/24)
CHRIS HISER					
Event	2024	Career	SAM PHILLIPS		
Floor Pommel Horse	13.20 none	14.45 (2/17/23) none	<u>Event</u> Floor	2024 14.05	Career 14 40 (2/13/21)
Still Rings	13.75	14.30 (2/17/23)	Pommel Horse	12.50	13.00 (2/15/20)
Vault Parallel Bars	none none	14.05 (1/28/23) none	Still Rings Vault	13.80 14.30	13.80 (2/3/24)) 14.70 (2/19/22)
High Bar	none	none	Parallel Bars High Bar	13.80	14.05 (3/12/22)
All-Around	none	none	High Bar All-Around	12.50 13.80 14.30 13.80 13.70 80.50	14.40 (2/13/21) 13.00 (2/15/20) 13.80 (2/3/24) 14.70 (2/19/22) 14.05 (3/12/22) 14.10 (3/5/22) 82.35 (3/12/22)
LUKE JAMES	2024	8			12.00 (0,, 22)
<u>Event</u> Floor	2024 13.85	<u>Career</u> 14.40 (2/17/23)	ZAC TIDERMAN Event	2024	Career
Pommel Horse	none	none	Floor	none	14.20 (Iowa)
Still Rings Vault	none 14.45	none 14.45 (2/17/23, 2/3/24)	Pommel Horse Still Rings	none none	13.80 (lowa) 13.90 (lowa)
Vault Parallel Bars	none	none	Vault ~	none 14.55	13.90 (lowa) 14.95 (3/31/23)
High Bar All-Around	none none	none none	Parallel Bars High Bar	none 14.45	13.80 (Iowa) 14.45 (2/3/24)
ANTHONY KOPPII			High Bar All-Around	none	none
Event	2024	Career	TRAVIS WONG		
Floor Pommel Horse	none	none	Event Floor	2024	Career
Still Rings	none none	none none	Pommel Horse	none 13.95	none 14.20 (2/17/23)
Vault Parallal Para	none	none	Still Rings	13.50	13.50 (1/20/24)
Parallel Bars High Bar	none none	none none	Vault Parallel Bars	none none	none 13.65 (1/14/23)
Alf-Around	none	none	High Bar	none	none
TOBY LIANG			Alf-Around	none	none
Event Floor	2024 14.00	<u>Career</u> 14.00 (2/3/24)	NATHAN YORK Event	2024	Career
Pommel Horse	13.40	13.60 (3/17/23)	Floor	14.00	14.45 (3/31/23) 13.85 (2/17/23)
Still Rings Vault	12.85 13.70	12.85 (1/20/24)	Pommel Horse Still Rings	13.00 none	
Parallel Bars	14.00	14.00 (1/20/24)	Vault 0	none	none none
High Bar All-Around	13.90 81.450	13.60 (3/17/23) 13.60 (3/17/23) 12.85 (1/20/24) 13.70 (1/20/24) 14.00 (1/20/24) 13.90 (1/20/24) 81.450 (1/20/24)	Parallel Bars High Bar	none none	none none
, ai Ai Odila	01.430	01.700 (1/20/24)	All-Around	none	none

NEBRASKA'S TEAM & INDIVIDUAL RECORD

NEDDACKA DECODE	
Floor Exercise	DS-INDIVIDUAL RECORDS
14.85	Austin Epperson, 2017***
9.90	Kyle King, 2016* Richard Grace, 1995
9.90	Dennis Harrison, 1992
9.90	Chris Riegel, 1984 Scott Johnson, 1983
9.90	Derek Leiter, 2000
Pommel Horse 14.90	Antonio Castro, 2017***
15.50	Ethan Lottman, 2016*
15.50 9.90	Eric Schryver, 2011* Che Bowers, 1993
9.90	Kevin Davis, 1988
9.90 Still Rings	Jim Hartung, 1982
14.45	Heath Anderson, 2017***
14.45 15.60	Austin Epperson, 2017*** Robbie Kocks, 2014*
9.90	Jim Hartung, 1981 Scott Johnson, 1981
9.90 9.90	Scott Johnson, 1981 Ted Harris, 1995
Vault	•
15.05	Charlie Giles, 2022*** Inton Stephenson, 2018***
15.40	Wyatt Baier, 2012**
16.10	John Robinson, 2008* Chris Riegel, 1984
Parallel Bars	3 .
14.60	Daniel Leal, 2017*** Chris Stephenson, 2017***
15.50	Sam Chamberlain, 2015*
9.95 Horizontal Bar	Kevin Davis, 1983
14.60 A	anton Stephenson, 2017***
15.20	Inton Stephenson, 2017*** Kyle Shanahan, 2010* Scott Johnson, 1983
All-Around	
83.90	Chris Stephenson, 2017***
88.90	Anton Stephenson, 2016**
88.60	Wvatt Avcock, 2011*
	Wyatt Aycock, 2011* Jim Hartung, 1981
58.55	Jim Hartung, 1981
58.55 TEAM RECORDS (C	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625
58.55 TEAM RECORDS (Control of the control	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault	Jim Hartung, 1981 COUNT FIVE) - PAST
58.55	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625 1990 48.650 1993 48.725 1994 48.600 1983 48.800 1992
58.55	COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625
TEAM RECORDS (CFloor Exercise Pommel Horse Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Pommel Horse	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625 1990 48.650 1993 48.725 1994 48.600 1983 48.800 1992 48.900 1983 COUNT FOUR) - PAST 38.950 1998 38.975 1996
TEAM RECORDS (CFloor Exercise Pommel Horse Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Pommel Horse	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625 1990 48.650 1993 48.725 1994 48.600 1983 48.800 1992 48.900 1983 COUNT FOUR) - PAST 38.950 1998 38.975 1996
TEAM RECORDS (CF Floor Exercise Flor	Jim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF Floor Exercise Flor	Jim Hartung, 1981 COUNT FIVE) - PAST 48.625 1990 48.650 1993 48.725 1994 48.600 1983 48.800 1992 48.900 1983 COUNT FOUR) - PAST 38.950 1998 38.975 1996
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFLOOR Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFLOOR EXERCISE POMPEL PARALLEL PA	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Floor Exercise Horizontal Bar TEAM RECORDS (CF) Floor Exercise Floor	Jim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Mornal Horse Still Rings Vault Morizontal Bar Mo	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Still Rings Vault	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault	Jim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Vault Parallel Bars	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise CFloor Exercise CFI Poor Exercise CF	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vall Rings Still Rings S	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Vault Rings Vault Rings Vault Vault Rings Vault Vault Rings Vault Va	COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Teamlel Bars TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Teamlel Bars TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Teamlel Bars TEAM RECORDS (CFI)	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Pommel Horse Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar	COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Parallel Bars Parallel Bars Pommel Horse Still Rings Vault Parallel Bars	COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Horizontal Bar TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse Pommel Horse Pommel Horse Pommel Horse Still Rings Vault TEAM RECORDS (CFloor Exercise Pommel Horse P	Dim Hartung, 1981 COUNT FIVE) - PAST
TEAM RECORDS (CFloor Exercise Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Still Rings Vault Parallel Bars Pommel Horse Still Rings Still Rings Pommel Horse Still Rings Still Rin	COUNT FIVE) - PAST
TEAM RECORDS (CF) Floor Exercise Pommel Horse Still Rings Vault Parallel Bars Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Pommel Horse Still Rings Vault Parallel Bars Paral	Dim Hartung, 1981 COUNT FIVE) - PAST

TOP 10 TEAM SCORES (COUNT FIVE)	- PAST
1. 288.95 NCAA Team Finals	1992
2. 288.25 NCAA Team Finals	1994
3. 288.20 at New Mexico	1993
4. 288.15 NCAA Team Finals	1988
5. 287.80 NCAA Team Finals	1983
6. 287.775 Big Eight Champs 7. 287.40 NCAA Team Finals	1994
	1990
8. 287.025 NCAA West Regionals.	1994
9. 286.925 NCAA Preliminaries	1992
10. 286.85 at Iowa	1994
TODEN (ETTAL 4000DEC (OOL IN IT FOLID)	DACT

- TOPFIVE TEAM SCORES (COUNT FOUR) PAST*
 1. 354.50 vs. Minnesota/lowa, 2011*
 2. 353.65 vs. Air Force, 2008*
 3. 350.55 vs. Minnesota/lowa, 2010*
- 4. 349.60 vs. lowa, 2012*
- 5. 349.40 vs. Minnesota/Arizona State, 2009*

TOP FIVE TEAM SCORES (COUNT FIVE) - PAST**

- 1. 437.300 at Arnold Classic (lowa/OSU), 2016**
- 434.300 vs. Air Force, 2016**
 432.450 vs. lowa/Minnesota, 2016** 4. 431.100 at Penn State, 2016**
- 5. 428.700 at Oklahoma, 2016**

TOP FIVE TEAM SCORES (COUNT FIVE) - CURRENT***

~	SIZIZEIA I	
1.	425.550	vs. Minnesota, 2017***
		vs. Iowa/Penn State, 2017***
3.	414.400	vs. Oklahoma, 2017***
4.	413.050	at NCAA Qualifiers, 2017***
5.	412.900	at NCAA Finals, 2017***

*Denotes the scores after the NCAA's scoring system change during the 2008 season.

**Denotes the scores following the NCAA's scoring system change on vault during the 2012 season through the season, as well as the switch from count four to count five.

***Denotes the scores following the NCAA's scoring system change to the element group component prior to the 2017 season.



Senior Khalil Jackson celebrates after finishing a routine on a pommel horse at the Big Ten Championships hosted by the Huskers at the Bob Devaney Center during the 2021 season.

2024 INDIVIDUAL STATS & BIOS



TAYLOR CHRISTOPULOS

CA	RE	ER	BES	TS
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FX	PH	SR	V	PB	HB	AA
14.65	13.95	13.80	14.95	14.15	13.95	84.166

2024 SEASON HIGHS

20243	DEAGOIN HIGH	3				
FX	PH	SR	V	PB	HB	AA
_	13.95	_	14.35	14.15	13.55	_

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	13.95	-	14.35	14.15	13.55	
Penn State	-	-	-	-	-	-	
Michigan	-	-	-	-	-	-	
Army/GU	-	-	-	-	-	-	
Cal/AF/Stanford	-	-	-	-	-	-	
Illinois	-	-	-	-	-	-	
Ohio State	-	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	
NCAA	-	-	-	-	-	-	
NCAA	-	-	-	-	-	-	

CAREER HONORS & AWARDS 2024

Team Captain

2023

- 13x Individual Titles (4 floor, 5 vault, 1 parallel bars, 3 all-around)
- All-American (floor, parallel bars, all-around)
- Big Ten Champion (vault)
- Big Ten Gymnast of the Year CGA MVP of the Year
- CGA Regular-Season All-American

- First-Team All-Big Ten
 NCAA All-Around Silver Medalist
 NCAA Team Finals Competitor (floor, pommel horse, rings, vault, parallel bars, high bar, all-around)
- NCAA Team Qualifiers Competitor (floor, pommel horse, vault, parallel bars, high bar)
- Team Captain
- U.S. Senior National Team Member

2022

- Academic All-Big Ten
- 2x Individual Titles (2 vault)
- NCAA Team Finals Competitor (floor, pommel horse, vault, parallel
- NCAA Team Qualifiers Competitor (floor, vault, parallel bars, high bar)
- Nebraska Scholar-Athlete Honor Roll
- Nebraska Silver Academic Medallion
- Tom Osborne Citizenship Team

2021

- All-American (vault)
- All-Conference Second-Team
- Big Ten Freshman of the Week (3/7/21, 2/21/21, 2/13/21)
- Big Ten Freshman of the Year
- Big Ten Vault Silver Medalist CGA Regular-Season All-American (vault)

- CGA Regular-Season All-American (vauly)
 CGA All-America Scholar Athlete
 NCAA Rookie of the Week (3/7/21, 2/13/21, 2/21/21)
 Nebraska Athletics Outstanding Male Newcomer (All Sports)
- Nebraska Scholar-Athlete Honor Roll
- 5x Individual Titles (1 rings, 4 vault



YANNI CHRONOPOULOS

CAREER BESTS

FX	PH	SR	V	PB	HB	AA
-	13.95	13.75	13.85	13.75	13.70	_

2024 SEASON HIGHS

FX	PH	SR	V	PB	HB	AA
-	13.60	13.20	-	-	-	_

MEET-BY-MEET RESULTS

Meet I	FX	PH	SR	V	PB	HB	AA
RMO	-	-	13.20	-	-	-	-
Penn State	-	13.60	13.00	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	_	-	-	-	-	-	_

CAREER HONORS & AWARDS 2023

- Nebraska Academic Bronze Medallion (2023)
- Nebraska Scholar-Athlete Honor Roll (Fall 2022; Spring 2023)
- NCAA Team Finals Competitor (rings, parallel bars, high bar)
- NCAA Team Qualifiers Competitor (rings, parallel bars, high bar)



ASHER COHEN

CAREE	R BESTS					
FX	PH	SR	V	PB	HB	AA
_	-	13.90	-	14.166	-	_
2024 SE	EASON HIGH	IS				
FX	PH	SR	V	PB	HB	AA
-	-	13.90	-	13.40	-	

EET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	-	13.35	-	13.25	-	-
Penn State	-	-	13.90	-	13.40	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	l -	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

2023

- NCAA Team Finals Competitor (rings, parallel bars)
- NCAA Team Qualifiers Competitor (rings, parallel bars)
 Nebraska Scholar-Athlete Honor Roll (Fall 2022; Spring 2023)
- Tom Osborne Citizenship Team (2023)



	CRITZ R BESTS					
FX	PH	SR	V	PB	HB	<u> </u>
-	-	-	-	-	-	-
2024 S	EASON HIGHS	S				
FX	PH	SR	V	PB	HB	AA
_	_	_	_	_	_	_

MEET-BY-MEET RESULTS

Meet I	FX	PH	SR	V	PB	HB	AA
RMO	-	-	-	-	-	-	-
Penn State	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	_	-	-	-	_	-	_

CAREER HONORS & AWARDS 2023

Nebraska Scholar-Athlete Honor Roll



JAMES FRIEDMAN

CAREER BESTS									
FX	PH	SR	V	PB	HB	AA			
13.85	13.80	13.70	14.20	13.80	13.20	_			

2024 9	SEASON HIGHS	3				
FX	PH	SR	V	PB	HB	AA
	13.80	_	_	12 50	_	

MEET-BY-MEET RESULTS

Meet	FΧ	PH	SR	V	PB	HB	AA
RMO	-	13.80	-	-	12.50	_	_
Penn State	-	12.90	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	- 1	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

CAREER HONORS & AWARDS 2023

- NCAA Team Finals Competitor (vault, parallel bars)
- NCAA Team Qualifiers Competitor (vault, parallel bars)
- NCAA Team Finals Competitor
- Nebraska Scholar-Athlete Honor Roll (Fall 2022; Spring 2023)

2021 (at lowa)

- NCAA Team Finals Competitor (rings)
- NCAA Team Qualifiers Competitor (rings)



COOPER GILES

CAREE	R BESTS					
FX	PH	SR	V	PB	HB	AA
13.55	14.50	-	-	-	_	_

2024 S	EASON HIGH	S				
FX	PH	SR	\vee	PB	HB	AA
_	13.95	-	_	-	_	_

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	13.95	-	_	_	-	
Penn Stat	e -	12.20	-	_	-	-	
Michigan	-	-	-	-	-	-	
Army/GU	-	-	-	-	-	-	
Cal/AF/Stanfo		-	-	-	-	-	
Illinois	-	-	-	-	-	-	
Ohio State	e -	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	
NCAA	-	-	-	-	-	-	
NCAA	-	-	-	-	-	-	

CAREER HONORS & AWARDS 2023

- 4x Individual Titles (4 pommel horse)
- Academic All-Big Ten
- CGA Regular-Season All-American (pommel horse)
- NCAA Team Finals Competitor (pommel horse)
- NCAA Team Qualifier Competitor (pommel horse)
- Nebraska Silver Academic Medallion
- Nebraska Scholar-Athlete Honor Roll

Tom Osborne Citizenship Team 2022

- Academic All-Big Ten
- CGA All-America Scholar Athlete
- Nebraska Bronze Academic Medallion
- Nebraska Scholar-Athlete Honor Roll
- Tom Osborne Citizenship Team

2021

- Academic All-Big Ten
- 3x Individual Titles (pommel horse)
- CGA Regular-Season All-American (pommel horse)
 NCAA Team Finals Competitor (pommel horse)
 NCAA Team Qualifier Competitor (pommel horse)

- NCAA Specialist-of-the-Week (2/7/21) Nebraska Scholar-Athlete Honor Roll
- Tom Osborne Cltizenship Team

2020

- CGA All-America Scholar-Athlete
- Nebraska Scholar-Athlete Honor Roll
- One Individual Title (pommel horse)
- Tom Osborne Citizenship Team



CHRIS HISER

CAREER	BESIS					
FΧ	PH	SR	V	PB	HB	AA
14.45	-	14.30	14.05	-	-	_
2024 SE	ASON HIGH	łS				
FX	PH	SR	V	PB	HB	AA
13.20	-	13.75	-	-	-	_

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	13.20	-	13.75	-	-	-	-
Penn State	-	-	13.70	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanfor	d -	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

- Sam Foltz 27 Hero Leadership Award **2022**
- Big Ten Freshman of the Year
- Big Ten Freshman of the Week (1/31/22, 2/7/22, 3/14/22)
- CGA All-America Scholar Athlete
- NCAA Team Finals Competitor (floor)
- NCAA Team Qualifiers Competitor (floor)
- Nebraska Scholar-Athlete Honor Roll
- Tom Osborne Citizenship Team

CAREER HONORS & AWARDS 2023

- 3x Individual Titles (3 rings)
- CGA Regular-Season All-American (rings)
- CSC Academic All-District
- NCAA Team Finals Competitor (floor, rings)
- NCAA Team Qualifiers Competitor (floor, rings)
- Nebraska Scholar-Athlete Honor Roll
- Nebraska Silver Academic Medallion



LUKE JAMES

CAREER BESTS

FX	PH	SR	V	PB	HB	AA
14.40	-	-	14.45	-	-	_

2024 SE	EASON HIGH	łS				
FX	PH	SR	V	PB	HB	AA
13.85	_	-	14.45	-	_	_

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	13.60	-	-	13.95	-	-	-
Penn Stat		-	-	14.45	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanfo	ord -	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	e -	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	_

CAREER HONORS & AWARDS 2023

- Tom Osborne Citizenship Team
- NCAA Team Finals Competitor (floor, vault)
- NCAA Team Qualifiers Competitor (floor, vault)
- Nebraska Scholar-Athlete Honor Roll



ANTHONY KOPPIE

CAREE	R BESTS					
FX	PH	SR	V	PB	HB	AA
_	-	-	-	_	-	_

2024 SE	EASON HIGH	lS .				
FX	PH	SR	V	PB	HB	AA
•						

MEET-BY-MEET RESULTS

Meet	FΧ	PH	SR	V	PB	HB	AA
RMO	-	-	-	-	-	-	-
Penn State	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	l -	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-



TOBY LIANG

CAREE	RBESTS					
FΧ	PH	SR	V	PB	HB	AA
14.00	13.60	12.85	13.70	14.00	13.90	81.450
2024 SE	EASON HIGH	S				
FX	PH	SR	V	PB	HB	AA
14.00	13.40	12.85	13.70	14.00	13.90	81.450

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO 13	3.60	13.40	12.85	13.70	14.00	13.90	81.45
Penn State	14.00	-	-	-	12.70	13.65	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

CAREER HONORS & AWARDS

2024

1x Individual Titles (1 floor)

2023

- NCAA Team Finals Competitor (high bar, pommel horse)
- NCAA Team Qualifiers Competitor (high bar, pommel horse)
- Nebraska Scholar-Athlete Honor Roll



CHASE MONDI

CAREER BES15										
FX	PH	SR	V	PB	HB	AA				
13 00			1/170							

	EASON HIGH	łS				
FX	PH	SR	V	PB	HB	AA
13.90	-	-	14.70	-	-	

MEET-BY-MEET RESULTS									
Meet F	X	PH	SR	V	PB	HB	AA		
RMO 12	2.70	-	-	14.40	-	-	-		
Penn State 1	13.90	-	-	14.70	-	-	-		
Michigan	-	-	-	-	-	-	-		
Army/GU	-	-	-	-	-	-	-		
Cal/AF/Stanford	-	-	-	-	-	-	-		
Illinois	-	-	-	-	-	-	-		
Ohio State	-	-	-	-	-	-	-		
Big Ten	-	-	-	-	-	-	-		
Big Ten	-	-	-	-	-	-	-		
NCAA	-	-	-	-	-	-	-		
NCAA									



A.J. MORGAN

CAREE	R BESTS					
FX	PH	SR	V	PB	HB	AA
-	-	12.50	-	-	-	-
2024 S	EASON HIGH	IS				
FX	PH	SR	V	PB	HB	AA
	_	12 50	_	_	_	

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	-	12.50	-	-	-	-
Penn State	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-



ALEX NITACHE

CAREER BESTS										
FX	PH	SR	V	PB	HB	AA				
_	_	_	14 85	12 85	_	_				

2024 SEASON HIGHS									
FX	PH	SR	V	PB	HB	AA			
_	_	_	14 85	12 85	_	_			

MEET-BY	-MEET	RESULTS
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Meet I	FX	PH	SR	V	PB	HB	AA
RMO	-	-	-	13.95	-	-	-
Penn State	-	-	-	14.85	12.85	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

2024

• 1x Individual Titles (1 vault)



MAX ODDEN

CAREER BESTS							
FX	PH	SR	V	PB	HB	AA	
-	-	-	-	-	13.65		

2024 9	SEASON HIGH	IS				
FX	PH	SR	V	PB	HB	AA
-	-	-	-	-	13.65	-

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	-	-	-	-	13.40	-
Penn State	-	-	-	-	-	13.65	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-



COLE PARTRIDGE

CAREE	R BESTS					
FX	PH	SR	V	PB	HB	AA
-	-	-	-	14.20	14.10	_

2024 S	EASON HIGH	IS				
FX	PH	SR	V	PB	HB	AA
_	-	-	-	14.20	14.10	_

MEET-BY-MEET	FRESULTS
---------------------	-----------------

Meet I	FX	PH	SR	V	PB	HB	AA
RMO	-	-	-	-	14.20	14.10	-
Penn State	-	-	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-



JOEY PEPE

CAREE	R BESTS	CD	\/	DD	LID	Λ Λ
<u> </u>	<u> </u>	<u> </u>	V	PD		AA
13.25	11.70	12.15	14.50	13.50	13.65	74.950
2024 SE	EASON HIGH	S				
FX	PH	SR	V	PB	HB	AA
13.25	11.70	11.45	12.40	13.50	13.65	74.950

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA	
RMO	13.25	11.70	11.45	12.40	13.50	12.65	74.95	
Penn State	e -	-	-	-	12.90	13.65	-	
Michigan	-	-	-	-	-	-	-	
Army/GU	-	-	-	-	-	-	-	
Cal/AF/Stanfo	rd -	-	-	-	-	-	-	
Illinois	-	-	-	-	-	-	-	
Ohio State	- •	-	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	-	
Big Ten	-	-	-	-	-	-	-	
NCAA	-	-	-	-	-	-	-	
NCAA	_	_	_	_	_	_	_	

CAREER HONORS & AWARDS 2023

Nebraska Scholar-Athlete Honor Roll



SAM PHILLIPS

CAREER BESTS

FX	PH	SR	V	PB	HB	AA
14.40	13.00	13.80	14.70	14.05	14.10	82.350

2024 SEASON HIGHS

FX	PH	SR	V	PB	HB	AA
14.05	12.50	13.80	14.30	13.80	13.70	80.500

MEET-BY-MEET RESULTS

PH	SR	V	PB	HB	AA
11.00	13.05	13.75	13.80	12.70	78.35
5 12.50	13.80	14.30	12.25	13.70	80.50
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
-	-	-	-	-	-
	11.00	11.00 13.05	11.00 13.05 13.75	11.00 13.05 13.75 13.80	11.00 13.05 13.75 13.80 12.70

CAREER HONORS & AWARDS 2024

- 1x Individual Titles (1 all-around)
- Team Captain

2023

- Team Captain
- Nebraska Silver Academic Medallion
- Nerbaska Scholar-Athlete Honor Roll
- Tom Osborne Citizenship Team

2022

Academic All-Big Ten

- Arthur Ashe Jr. Sports Scholar Award
- Big Ten Distinguished Scholar
- CGA All-America Scholar-Athlete
- First-Team All-Big Ten
- 5x Individual Titles (2 floor, 2 high bar, 1 all-around)
- NCAA Team Finals Competitor (floor, rings, vault, parallel bars, high bar)
- NCAA Team Qualifiers Competitor (floor, rings, vault, parallel bars, high bar)
- Nebraska Gold Academic Medallion
- Nebraska Scholar-Athlete Honor Roll
- Tom Osborne Citizenship Team

2021

- Academic All-Big Ten
- All-Conference Second-Team
- Big Ten High Bar Bronze Medalist
- CGA All-America Scholar-Athlete
- Individual Title (floor)
- NCAA Team Finals Competitor (floor, high bar)
- NCAA Team Qualifiers Competitor (floor, high bar)
- Nebraska Scholar-Athlete Honor Roll
- Sam Foltz 27 Hero Leadership Award
- Tom Osborne Citizenship Team

2020

CGA All-America Scholar-Athlete



ZAC TIDERMAN

\sim \wedge		ED	DE	CTC	
CA	KE	EK	DE	STS	

ͰX	PH	SR	V	PB PB	HB	AA
14.20	13.80	13.90	14.95	13.80	14.45	_

2024 SEASON HIGHS

2024 SEASON RIGHS								
FX	PH	SR	V	PB	HB	AA		
_	_	_	14.55	_	14.45	_		

MEET-BY-MEET RESULTS

<u>Meet</u>	FX	PH	SR	V	PB	HB	<u> </u>
RMO	-	-	-	14.50	-	13.75	-
Penn State	-	-	-	14.55	-	14.45	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	- k	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

- 3x Individual Titles (3 high bar)
- NCAA Team Finals Competitor (vault, high bar)
- NCAA Team Qualifiers Competitor (vault, high bar)
- Nebraska Scholar-Athlete Honor Roll
- Tom Osborne Citizenship Team

CAREER HONORS & AWARDS 2024

- 1x Individual Titles (1 high bar)
- Team Captain

2023

• CGA Regular-Season All-American (high bar)



TRAVIS WONG

CAREER BES 15								
FX	PH	SR	V	PB	HB	AA		
_	14 20	13 50	_	13 65	_	_		

2024 SEASON HIGHS								
FX	PH	SR	V	PB	HB	AA		
_	13 95	13 50	_	_	_	_		

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	-	13.95	13.50	-	-	-	-
Penn State	-	13.55	13.25	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanford	-	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

CAREER HONORS & AWARDS 2023

- NCAA Team Finals Competitor (pommel horse)
- NCAA Team Qualifiers Competitor (pommel horse)

2022

- Big Ten Freshman of the Week (2/21/22, 3/8/22, 3/21/22)
- NCAA Team Finals Competitor (pommel horse)
- NCAA Team Qualifiers Competitor (pommel horse)



NATHAN YORK

ͰX	PΗ	SR	V	PB	HB	AA
14.45	13.85	-	-	-	-	-
2024 SE	ASON HIGH	S				
FX	PH	SR	\vee	PB	HB	AA
14 00	13.00	_	_	_	_	

MEET-BY-MEET RESULTS

Meet	FX	PH	SR	V	PB	HB	AA
RMO	14.00	13.00	-	-	-	-	-
Penn Stat		12.50	-	-	-	-	-
Michigan	-	-	-	-	-	-	-
Army/GU	-	-	-	-	-	-	-
Cal/AF/Stanfo	ord -	-	-	-	-	-	-
Illinois	-	-	-	-	-	-	-
Ohio State	e -	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
Big Ten	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-
NCAA	-	-	-	-	-	-	-

Tom Osborne Citizenship Team

CAREER HONORS & AWARDS

2023

- Big Ten Bronze Medalist (floor)
- NCAA Team Finals Competitor (floor, pommel horse)
- NCAA Team Qualifiers Competitor (floor, pommel horse)
- Nebraska Scholar-Athlete Honor Roll
- Second Team All-Big Ten

NEBRASKA MEDIA INFORMATION

The 2024 Nebraska men's gymnastics media guide is designed to assist the media in its coverage of Husker gymnastics. Additional information, including releases and photographs, may be obtained by contacting Maddison Lind in the Nebraska Communications Office at (402) 472-2263. Please take a moment to review the following policies and services that are intended to assist you in your coverage of Nebraska gymnastics this season. Thank you for your continued interest in collegiate gymnastics.

Media Parking: Parking for the media is in lot 55 on the south side of the Devaney Center. Handicap parking is primarily on the East side of the Devaney Center.

Devaney Center Directions: The Bob Devaney Sports Center is located on the west edge of the Innovation Campus. To reach it from the Lincoln Municipal Airport, turn right on Northwest 12th Street as you drive out of the airport. Northwest 12th Street becomes Cornhusker Highway, which intersects with 14th Street. Exit south on 14th Street off Cornhusker Highway. Travel to Military Avenue and turn left. Continue a half mile and enter the Innovation Campus. Take the first right turn before the Devaney Center and follow the access road to Lot 52 on the South Side of the arena. From Omaha's Eppley Airfield, follow the signs to downtown Omaha and I-480. Take I-480 west to I-80, then take I-80 west approximately 60 miles to I-180. Exit south on I-180, then exit east to Cornhusker Highway and follow the instructions above.

Interviews: All media requests for interviews with Nebraska gymnasts should be directed to Maddison Lind, office phone: (402) 472-2263; cell phone: (952) 992-9872 at least one day in advance. The best time for in-season interviews is after practice in the practice gym. Practice is typically held from 2 to 5 p.m at the Devaney Center. For post-meet interviews, Nebraska gymnasts and coaches are generally available on the gym floor immediately following the presentation of team and individual event awards. The best time to reach Coach Chuck Chmelka is weekdays from 9 a.m. to 1 p.m. Interviews with Coach Chmelka should be coordinated through Maddison Lind in the Communications Office at (402) 472-2263 or (952) 992-9872 or by e-mail at mlind3@huskers.unl.edu.

Media Services: Pre-meet notes and media guides will be provided before each meet. Final results will be available following each meet in the press room. Press row for most Nebraska gymnastics meets is located on the south sideline of the gym floor. The Devaney Center media work room is located off the southwest corner of the floor level, across from the interview room.

Husker Gymnastics on the Internet - Huskers.com: Complete results, releases and statistics will be updated each week on the official athletic department home page at Huskers.com. Updated biographies for Nebraska gymnasts, along with current roster and schedule information is also available, along with other special features.

Social Media: The Huskers are on facebook, twitter and instagram (@nebraskamensgym).

E-mailing Results: The Nebraska Communications Office will send results as time permits by e-mail.

Telephones: Nebraska provides modular telephones and wireless internet connections in the Bob Devaney Sports Center Press Room.

Photographers: All working photographers in the Bob Devaney Sports Center must display their working credentials. No flash photography is allowed in the arena.

Communications Office: The University of Nebraska Communications Office is located at 800 Memorial Stadium in the Osborne Athletic Complex located approximately one mile from the Devaney Center. Address: Nebraska Communications Office, Memorial Stadium, Lincoln, NE, 68588-0123.

Men's Gymnastics Office: The University of Nebraska Men's Gymnastics Office is located on the second floor of the Francis Allen Training Complex at the Bob Devaney Sports Center. Address: Nebraska Men's Gymnastics, 1600 Court Street, Lincoln, NE 68508-0651

Facility Use Restrictions

The University of Nebraska-Lincoln has an interest in protecting its facilities, property and reputation associated with its intercollegiate sports. Therefore, no person shall be permitted to access, use or photograph the arenas, facilities and other University of Nebraska intercollegiate athletic venues without first securing the permission of the Director of Athletics or his/her designee. The only exception is an individual who upon admission to a facility records an image (e.g. photograph, videotape) for his/her non-commercial personal use. In no case shall any person be permitted to use these venues for the purposes of promoting the sale or manufacture of alcohol or tobacco or the promotion of any venture associated directly or indirectly with legal or illegal gaming or gambling.

Print

Omaha World-Herald 14th & Dodge Omaha, Neb., 68102 (402) 444-1000 Fax: (402) 344-3343

Lincoln Bureau 635 S. 14th, Suite 310 Lincoln, Neb. 68501 (402) 476-3132 Fax: 476-6291

Lincoln Journal Star 926 P St. Lincoln, Neb., 68508 (402) 473-7431 Fax: (402) 473-7291

Associated Press 14th & Dodge Omaha, Neb., 68102 (402) 391-0031 Fax: (402) 391-1412

Daily Nebraskan University of Nebraska 34 Nebraska Union Lincoln, Neb., 68588 (402) 472-1765 Fax: (402) 472-1761

Television

KLKN (ABC, Ch. 8) 3240 S. 10th Lincoln, Neb., 68502 (402) 434-8000 Fax: (402) 436-2236

KOLN-TV (CBS, Chs. 10/11) 40th and W Street Lincoln, Neb., 68503 (402) 467-9720 Fax: (402) 467-9208

KMTV (CBS, Ch. 3) 10714 Mockingbird Omaha, Neb., 68127 (402) 592-4330 Fax: (402) 592-4714

KETV (ABC, Ch. 7) 27th & Douglas Omaha, Neb., 68131 (402) 978-8954 Fax: (402) 978-8931

MEN'S GYMNASTICS SCORING

HISTORY:

Prior to 2005, both men's and women's gymnastics used the well-known scoring system with a top score of a "perfect 10." However, in 2005, gymnastics officials created a new scoring system for men's gymnastics. In this new system, there is no limit to the score a gymnast can achieve for his routine. The top performances in men's gymnastics right now are receiving scores in the 14s and 15s, and occasionally, the low 16s.

There are three components used in judging a men's gymnastics routine: difficulty, element groups and execution.

THE DIFFICULTY SCORE:

There are nine countable skills, plus a dismount. Skill values range from A to H, with A being the easiest and H being the hardest. (A: 0.1, B: 0.2, C: 0.3, D: 0.4, E: 0.5, F: 0.6, G: 0.7, H: 0.8). Judges will add the values of the 10 skills together to get the gymnasts' difficulty score.

Example Routine: E(0.5) D(0.4) C(0.3) C(0.3) D(0.4) B(0.2) A(0.1) B(0.2) B(0.2) D(0.4) equals a difficulty score of 3.0.

ELEMENT GROUPS:

There are four different element groups on each event and each group is worth 0.5. For each of the element groups that a gymnast fulfills, he receives 0.5. If all four element groups are fulfilled, a gymnast will receive 2.0.

EXECUTION SCORE:

Each gymnast automatically starts with an execution score of 10.00. Judges can take the following deductions from that 10.00 score:

Small Error 0.1 (little step, small leg separation, slight knee bend, slight arm bend)

Medium Error 0.3 (big step, medium leg separation, medium knee bend, medium arm bend)

Large Error 0.5 (large leg separation, large knee bend, large arm bend)

Fall 1.0 (falling off apparatus)

The totals of these three components are added together to reach a start value:

= Start Value	15.0
+ Difficulty Score	3.0
Element Groups	2.0
Execution Score	10.0

If the gymnast had 0.9 points taken off for execution errors, the execution score would be 9.1 and the final score would look like this:

= Final Score	14.1
+ Difficulty Score	3.0
Element Groups	2.0
Execution Score	9.1

WHAT TO LOOK FOR:

Though the scoring system is complicated, fans can still identify great routines without knowing everything about the scoring system. When watching a routine, be sure to look for:

Good Form and Execution: A gymnast should always look as though he is in complete control, even when performing the most difficult of skills. Good form in gymnastics includes pointed toes, straight arms and legs and a tightness throughout the body. Every movement should look planned.

Strength Moves Held Long Enough: On the still rings and on floor, the gymnast must stay in position for two seconds on each strength move (e.g. an iron cross).

Height and Distance: In tumbling passes, vaults and release moves, the gymnast should look as if he is exploding off the apparatus. On vault, the distance a gymnast travels from the horse is also a factor in his final score.

A Stuck Landing: On vaulting, dismounts, and tumbling passes on floor, the gymnast should end with a "stuck landing" -- he should not move his feet once they hit the ground. The gymnast is not allowed to lunge backward out of tumbling passes. (The women used to be able to do this without deduction, but it is now considered an error in women's artistic as well).

Uniqueness of the Routine: A great gymnast will perform a routine that looks different from the rest. It will have something special about it -- risky tricks, an artistic flair or skills that are simply unique from others performed in the competition.

MEN'S GYMNASTICS EVENTS



POMMEL HORSE

The gymnast must cover all three areas of the horse, the middle and both ends, while performing continuous circular movements interrupted only by the required scissor element. The only parts of the body that should touch the apparatus are the hands. The entire exercise should flow with a steady, controlled rhythm. Considered by many to be the most difficult of all men's gymnastics events, the pommel horse is also the most subtle. Each move is defined by complex hand placements and body positions. NCAA rules require gymnasts to include single leg work, circles, spindles and handstands, side and cross travels, kehres and wendeswings and a dismount. The pommel horse stands 42 inches high as measured from the top of the mat to the top of the apparatus.

FLOOR EXERCISE

The entire floor area must be used during the exercise, which consists primarily of three to five tumbling passes performed in different directions. The new NCAA scoring system requires gymnasts to include non-acrobatic elements, acrobatic forward, backward and sideward elements and a dismount. The exercise must also contain elements of balance, strength, jumps and leg circles. The area of the floor exercise mat is 40 feet by 40 feet.



STILL RINGS

The ring routine must include a swing to a handstand, swing to a strength element and a static strength skill. The exercise must also include kip and swing portions that may not lead to a held position. Examples of strength elements include a cross, an inverted cross or a planche. The rings should be absolutely still and in control at the end of each skill. The rings are 100 inches from the top of the mat.

VAULT

Each individual vault is categorized in the Code of Points, the official text giving relevant value of each skill performed. During the pre-flight from the springboard to the horse, the body must maintain proper form, i.e. legs together and straight. During the second flight, from the horse to the landing, the gymnast's body must rise and show a complete body extension before landing. The landing should be firm, without extra steps, and in line with the horse. The men's vault stands 53 inches high. The runway is a maximum of 82 feet long.



PARALLEL BARS

A parallel bar routine consists of swinging, flight and hold elements. The gymnast is required to execute swinging skills which originate from a support, a hang below the bars and an upper arm hang. Also required is at least one skill from the strength, leg swing and side bar element group. The parallel bars stand 70 inches high.

HIGH BAR

The routine on the high bar consists exclusively of swinging parts without stops. The gymnast must execute at least one move in which he releases and re-grasps the bar, and must perform at least one giant with either his back to the bar or with an "eagle" grip in which the wrists are rolled outward until the thumbs are on the outside. The gymnast is also required to perform an "in bar" skill like a stalder circle. The bar is 100 inches from the top of the mat.

