

NEBRASKA TRACK & FIELD

2024 NEBRASKA TUNE-UP

FEBRUARY 16th, 2024 | BOB DEVANEY SPORTS CENTER | LINCOLN, NE

FINAL SCHEDULE OF EVENTS

Friday, February 16th

FIELD EVENTS

12:00 PM	Weight Throw	Women	1:30 PM	Long Jump	Men
To follow	Weight Throw	Men	2:00 PM	Long Jump	Women
12:30 PM	Pole Vault	Women	2:45 PM	Shot Put	Women
To follow	Pole Vault	Men	To follow	Shot Put	Men
1:00 PM	High Jump	Women	4:30 PM	Triple Jump	Men
To follow	High Jump	Men	4:30 PM	Triple Jump	Women

RUNNING EVENTS

12:30 PM	5,000 M. Run	Men	3:35 PM	600 M. Run	Men
1:00 PM	60 M. Hurdles	Women	3:50 PM	800 M. Run	Women
1:15 PM	60 M. Hurdles	Men	4:15 PM	800 M. Run	Men
1:30 PM	60 M. Dash	Women	4:35 PM	200 M. Dash	Women
1:40 PM	60 M. Dash	Men	4:55 PM	200 M. Dash	Men
2:00 PM	Mile Run	Women	5:15 PM	3,000 M. Run	Women
2:15 PM	Mile Run	Men	5:30 PM	3,000 M. Run	Men
2:40 PM	400 M. Dash	Women	5:55 PM	4x400 M. Relay	Women
3:05 PM	400 M. Dash	Men	6:10 PM	4x400 M. Relay	Men
3:30 PM	600 M. Run	Women			

--- --- ---Recognition of 2024 Seniors --- --- ---