

# TENTATIVE SCHEDULE

Friday, March 29, 2024

## Field Events

8:00am	G	Discus	Inner
	B	Discus	Outer
	G	Long Jump	
	B	Long Jump	
	G	High Jump	
	B	Pole Vault	
	B	Javelin	
	W	Hammer	
	G	Shot Put	
	B	Shot Put	
	B	High Jump	
	G	Pole Vault	
	G	Javelin	
	M	High Jump	Open
	W	Discus	INVITE
	M	Hammer	
	W	Long Jump	INVITE
	M	Long Jump	INVITE
	M	Javelin	
	W	W JAV TO FOLLOW MEN	
	W	Pole Vault	
	M	High Jump	INVITE
	W	Long Jump	Open
approx 6:00pm	M	Long Jump	Open

## Running Events

9:00am	B	3200m
	G	3200m
	B	100m (Back)
	G	100mH (Front)
	G	100m (Back)
	B	110mH (Front)
	G	800m
	B	800m
	G	400m
	B	400m
	W	4x800
	M	4x800
	W	4x100 Prelim
	M	4x100 Prelim
	G	4x100 Prelim
	B	4x100 Prelim
	G	1600m
	B	1600m
	W	1500m
	M	1500m
	W	200m
	M	200m
	W	200m (OD)
	M	200m (OD)
	W	400mH
	M	400mH
	G	4x400 Prelim
	B	4x400 Prelim
	W	4x400 Prelim
	M	4x400 Prelim
	W	1500 INVITE
	M	1500 INVITE
	W	Steeple
	M	Steeple
	W	5k
approx 8:45pm	M	5k

Saturday, March 30, 2024

## Field Events

9:00am	G	Triple Jump	
	B	Triple Jump	
	M	Discus	Open
	M	Discus	INVITE
	W	High Jump	INVITE
	M	Shot Put	Open
	W	Shot Put	INVITE
	M	Pole Vault	
	W	Triple Jump	
	W	Discus	Open
	W	High Jump	Open
	M	Shot Put	INVITE
	W	Shot Put	Open
3:00pm	M	Triple Jump	

## Running Events

9:30am	G	4x800	
	B	4x800	
	G	4x200	
	B	4x200	
	W	4x200	
	M	4x200	
	W	100mH Prelim	
	M	110mH Prelim	
	G	4x100 Final	
	B	4x100 Final	
	W	4x100 Final	
	M	4x100 Final	
	W	4x100	(OD)
	M	4x100	(OD)
	W	800m	
	M	800m	
	W	100mH Final	
	M	110mH (F)	
	W	400m	
	W	400m (OD)	
	M	400m	
	M	400m (OD)	
	W	100m	
	W	100m (OD)	
	M	100m	
	M	100m (OD)	
	W	3K	
	G	4x400 Final	
	B	4x400 Final	
	W	4x400 Final	
	M	4x400 Final	
	W	Olympic Dev 4x400	
	M	Olympic Dev 4x400	
	W	Tom Jone's 4x400 INVITE	
approx 6:00pm	M	Jimmy Carnes 4x400 INVITE	

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