

WOMEN'S OUTDOOR ALL-TIME TOP 10

100 Meters

1.	11.03	(+1.4)	Merlene Ottey	1982
2.	11.35	(+1.0)	Kim Walker	1991
3.	11.39	(+1.7)	Angela Thacker	1984
	11.39	(+1.2)	Kathy Travis Miiller	1996
5.	11.45	(+0.6)	Lakayla Harris	2018
6.	11.47	(+1.7)	Priscilla Lopes	2004
7.	11.48	(+1.2)	Denise Lucas	1992
8.	11.52A	(+0.5)	Kwani Stewart	1993
9.	11.54	(+0.2)	Rhonda Blanford	1984
10.	11.56	(+1.2)	Ximena Restrepo	1989

Wind-Aided:

10.97	(+4.4)	Merlene Ottey	1982
11.20	---	Angela Thacker	1983
11.35	(+5.8)	Lakayla Harris	2018
11.35	(+2.3)	Darby Thomas	2024
11.36	(+4.9)	Kwani Stewart	1994
11.37A	(+5.2)	Kathy Travis Miiller	1996
11.40	(+5.5)	Priscilla Lopes	2004
11.42	(+5.9)	Rhonda Blanford	1985
11.46	(+2.3)	Denise Lucas	1992

200 Meters

1.	22.17	(-0.9)	Merlene Ottey	1982
2.	22.57	(+0.7)	Kim Walker	1991
3.	22.92	(+0.7)	Ximena Restrepo	1991
4.	23.15	(+1.7)	Angela Thacker	1984
5.	23.26	(+0.7)	Denise Lucas	1991
6.	23.28	(+1.6)	Kwani Stewart	1994
7.	23.39	(-0.5)	Lakayla Harris	2018
8.	23.48	(+1.8)	Kathy Travis Miiller	1996
9.	23.50	(+1.7)	Shanelle Porter	1992
10.	23.55	(0.0)	Linetta Wilson	1987

Wind-Aided:

22.11	-	Merlene Ottey	1983
23.05A	(+3.3)	Angela Thacker	1986
23.15	(+2.6)	Lakayla Harris	2018
23.25	(+2.4)	Denise Lucas	1992
23.27	(+5.2)	Sharon Powell	1988
23.33	(+5.7)	Janet Burke	1983
23.35	(+2.4)	Kathy Travis	1992
23.37	(+3.2)	Mara Weekes	2011
23.39	(+3.6)	Linetta Wilson	1987

400 Meters

1.	50.14	Ximena Restrepo	1991
2.	51.12	Merlene Ottey	1983
3.	51.58	Linetta Wilson	1987
4.	51.4	Sharon Powell	1988
5.	51.92	Shanelle Porter	1995
6.	52.07	Stella Klassen	1999
7.	52.39	Michelle Milling	1987
	52.39	Lesley Owusu	2002
9.	52.82	Marcia Tate	1985
10.	52.86	Jennie Gorham	1980

800 Meters

1.	2:01.26	Sharon Powell	1988
2.	2:02.92	Egle Uljas	2005
3.	2:03.33	Ashley Miller	2012
4.	2:04.93	Lisa Darley Graham	1991
5.	2:05.26	Shawnice Williams	2013
6.	2:05.82	Nicole Ali	1986
7.	2:06.3	Tami Essington	1982
8.	2:06.76	La'Tisha Croom	1998
9.	2:06.87	Blaire Dinsdale	2012
10.	2:07.36	Brooke Dinsdale	2011

1,500 Meters

1.	4:11.37	Anne Shadle	2005
2.	4:11.49	Ashley Miller	2012
3.	4:12.38	Lisa Darley Graham	1992
4.	4:15.17	Jessica Furlan	2013
5.	4:16.13	Sammie Resh Gdowski	1990
6.	4:16.42	Fran ten Bensel	1993
7.	4:17.31	Berlyn Schutz	2024
8.	4:18.63	Natalja (Zarcenko) Callahan	2008
9.	4:21.4	Laura Wight	1985
10.	4:22.17	Judi Jones	2021

5,000 Meters

1.	15:45.29	Sammie Resh Gdowski	1990
2.	16:13.75	Brynna McQuillen	2024
3.	16:18.98	Erika Freyhof	2021
4.	16:22.08	Juliet Prowse	1991
5.	16:27.21	Anne Shadle	2005
6.	16:27.73	Lara Crofford	2008
7.	16:27.94	Martina Barinova	2011
8.	16:29.39	Ali Bainbridge	2024
9.	16:29.9	Karlene Erickson	1986
10.	16:31.20	Amy Wiseman	1998

10,000 Meters

1.	32:34.71	Sammie Resh Gdowski	1990
2.	33:50.38	Erika Freyhof	2022
3.	33:56.46	Lara Crofford	2008
4.	34:10.58	Anna Peer	2015
5.	34:10.94	Kayte Tranel	2006
6.	34:30.7	Karlene Erickson	1984
7.	34:54.78	Katie White	2012
8.	34:55.00	Grace Pagone	2021
9.	35:16.27	Michele Marthaler	1989
10.	35:18.91	Christina Blackmer	1997

100-Meter Hurdles

1.	12.60	(+0.4)	Priscilla Lopes	2006
2.	12.85	(+0.1)	Rhonda Blanford	1985
3.	13.08	(+2.0)	Chanel Freeman	2019
4.	13.25	(+1.0)	Jasmine Barge	2019
5.	13.31	(+1.7)	Emily Waibel	2001
6.	13.34	(+0.4)	Shelley-Ann Brown	2002
7.	13.37	(+1.6)	Kwani Stewart	1992
8.	13.44A	(+1.4)	Arna Erega	2010
9.	13.46	(+1.9)	Johanna Ilves	2023
10.	13.50	(-0.6)	Frances Keating	2005
	13.50	(+1.7)	Jordan Stiens	2015

Wind-Aided:

12.70	(+4.1)	Rhonda Blanford	1985
13.09A	(+2.1)	Jasmine Barge	2019
13.23	(+3.2)	Shelley-Ann Brown	2003
13.25	(+3.0)	Kwani Stewart	1993
13.28	(+3.3)	Emily Waibel	2001
13.45	(+4.5)	Nikita Eades	2008
13.49	(+3.9)	Meka Rembert	1998

400-Meter Hurdles

1.	55.38A	Linetta Wilson	1989
2.	55.96	Meka Rembert	1998
3.	57.04	Sheryl Morgan	2007
4.	57.38	Jasmine Barge	2019
5.	57.46	Michaela Peskova	2019
6.	57.62	Ellie Grooters	2014
7.	57.87	Frances Keating	2005
8.	57.95	Karolina Pahlitzsch	2016
9.	58.18	Susan Hedrick	1991
10.	58.38	Nicole Ali	1983

3,000-Meter Steeplechase

1.	9:39.35	Ann Gaffigan	2004
2.	9:51.23	Jessica Furlan	2013
3.	9:51.80	Judi Jones	2021
4.	10:09.69	Rachel Carrizales	2009
5.	10:12.45	Martina Barinova	2011
6.	10:18.86	Taya Skelton	2023
7.	10:28.01	Joslyn Dalton	2009
8.	10:32.21	Anne Shadle	2003
9.	10:34.04	Katrina Santiago	2017
10.	10:39.87	Hannah Godwin	2022

4x100-Meter Relay

1.	43.44	Burke, Blanford, Thacker, Ottey	1983
2.	43.61	Travis, Stewart, Porter, Lucas	1992
3.	43.67A	James, McQueen, Blanford, Ottey	1982
4.	43.71	Restrepo, Stewart, Lucas, Walker	1991
5.	43.98	Burke, Gorham, Thacker, Ottey	1983
6.	44.05	D. Powell, Blanford, Thacker, Ottey	1983
7.	44.23	Blanford, D. Powell, Gorham-Badami, Thacker	1984
8.	44.0	James, Blanford, McQueen, Ottey	1982
9.	44.1	James, Powell, Blanford, Ottey	1982
10.	44.39	Govindan, Stewart, Lucas, Walker	1991

4x400-Meter Relay

1.	3:29.61	Travis, Stewart, Lucas, Porter	1992
2.	3:29.87	Porter, T. Wilson, Walker, Restrepo	1991
3.	3:31.4	Milling, Webster, S. Powell, L. Wilson	1987
4.	3:31.44	Kruger, Milling, S. Powell, L. Wilson	1988
5.	3:32.80	Klassen, Owusu, Croom, Rembert	1998
6.	3:32.81	Ali, Gorham, Tate, Burke	1983
7.	3:32.93A	Restrepo, Webster, Lidy, L. Wilson	1989
8.	3:33.84	Stanisavljevic, Harmon, Owusu, Klassen	2000
9.	3:33.94	Croom, Klassen, Myatt, Burton	1997
10.	3:34.59	Myatt, J. Johnson, Croom, Porter	1995

WOMEN'S OUTDOOR ALL-TIME TOP 10

High Jump

1.	1.90m	(6-2 3/4)	Epley Bullock	2010
2.	1.89m	(6-2 1/4)	Cris Hall	1992
3.	1.88m	(6-2)	Tammy Thurman	1988
4.	1.87m	(6-1 1/2)	Jenna Rogers	2023
5.	1.86m	(6-1 1/4)	Marusa Cernjul	2015
	1.86m	(6-1 1/4)	Jenna Rogers	2022
7.	1.85m	(6-1)	Heather Smith	1984
	1.85m	(6-0 3/4)	Carrie Braness	2000
9.	1.84m	(6-0 1/2)	Jessica Thompson	1999
	1.84m	(6-0 1/2)	Reka Czuth	2016

Pole Vault

1.	4.38m	(14-4 1/2)	Natalie Willer	2009
2.	4.35m	(14-3 1/4)	Brysun Stately	2007
3.	4.27m	(14-0)	Paula Andrie	2016
4.	4.25m	(13-11 1/4)	Jenny Green	2004
5.	4.21m	(13-9 3/4)	Andy Jacobs	2019
6.	4.17m	(13-8 1/4)	Jessie Graff	2004
	4.17m	(13-8 1/4)	Jessica Gardner	2021
8.	4.15m	(13-7 1/4)	Jenna Blubaugh	2006
	4.15m	(13-7 1/4)	Breanna Bussell	2012
10.	4.10m	(13-5 1/4)	Cami Jiskra	2011

Long Jump

1.	6.81m	(22-4 1/4)	(+1.8)	Angela Thacker	1984
2.	6.70m	(21-11 3/4)	(+1.5)	Angee Henry	1996
	6.70m	(21-11 3/4)	(+1.8)	Ineta Radevica	2003
4.	6.66m	(21-10 1/4)	(+0.0)	Lishanna Ilves	2021
5.	6.59m	(21-7 1/2)	(+0.2)	Karen Kruger	1987
	6.59m	(21-7 1/2)	(+2.0)	Mara Griva	2011
7.	6.45m	(21-2)	(+1.6)	Tierra Williams	2017
8.	6.44m	(21-1 1/2)	(+0.7)	Dalhia Ingram	1999
9.	6.43m	(21-1 1/4)	(+1.1)	Vesna Kostic	2002
10.	6.38m	(20-11 1/4)	(-0.1)	Tanya Lidy	1989

Wind-Aided:

	6.70m	(21-11 3/4)	(+3.6)	Mara Griva	2011
	6.68m	(21-11)	(+3.6)	Dalhia Ingram	1999
	6.66m	(21-10 1/4)	(+4.1)	Kwani Stewart	1994
	6.50m	(21-4)	(+2.2)	Tierra Williams	2016
	6.45m	(21-2)	(+15.1)	Tashika Lewis	1995

Triple Jump

1.	14.12m	(46-4)	(+1.1)	Ineta Radevica	2004
2.	13.81m	(45-3 3/4)	(+2.0)	Mara Griva	2011
3.	13.74m	(45-1)	(+1.2)	Nicola Martial	1995
4.	13.64m	(44-9)	(+2.0)	Dalhia Ingram	2000
5.	13.56m	(44-6)	(+1.6)	Tierra Williams	2016
6.	13.44m	(44-1 1/4)	(+1.0)	Ellie Ewre	2014
7.	13.43m	(44-0 3/4)	(+1.1)	Renita Robinson	1989
8.	13.38m	(43-10 3/4)	(+1.4)	Angela Mercurio	2017
9.	13.36m (43-10)		(+1.1)	Rhianna Phipps	2024
10.	13.33m	(43-9)	(+1.0)	Lotavia Brown	2023
10.	13.33m (43-9)		(-0.2)	Ashley McElmurry	2024

Wind-Aided:

	13.67m	(44-10 1/4)	(+4.0)	Dalhia Ingram	1999
	13.43m	(44-0 3/4)	(+2.8)	Krisztina Kovesi	2003
	13.37m	(43-10 1/2)	(+3.1)	Rhianna Phipps	2023

Shot Put

1.	19.54m	(64-1 1/4)	Axelina Johansson	2023
2.	18.79m	(61-7 3/4)	Tressa Thompson	1998
3.	18.46m	(60-6 3/4)	Becky Breisch	2006
4.	17.49m (57-4 3/4)		Mine De Klerk	2024
5.	17.43m	(57-2 1/4)	Taylor Latimer	2023
6.	17.09m (56-1)		Amelia Flynt	2024
7.	17.07m	(56-0)	Toni Tupper	2017
8.	16.79m	(55-1)	Paulette Mitchell	1996
9.	16.76m	(55-0)	Annie Jackson	2014
10.	16.45m	(53-11 3/4)	Leann Boerema	2004

Discus

1.	63.12m	(207-1)	Becky Breisch	2004
2.	59.07m	(193-9)	Dace Ruskule	2006
3.	56.18m	(184-4)	Paulette Mitchell	1996
4.	55.95m	(183-7)	Morgan Wilken	2012
5.	55.93m	(183-6)	Alex Meyer	2017
6.	55.17m (181-0)		Mine De Klerk	2024
7.	55.12m	(180-10)	Kalynn Meyer	2023
8.	54.91m	(180-2)	Betty Rosvold	2023
8.	54.54m	(178-11)	Tressa Thompson	1998
10.	52.99m	(173-10)	Samantha Musil	2011

Hammer Throw

1.	66.81m	(219-2)	Melissa Price	2002
2.	62.87m (206-3)		Hillevi Carlsson	2024
3.	62.76m	(205-11)	Tanessa Morris	2023
4.	62.56m	(205-3)	Taylor Latimer	2023
5.	62.29m	(204-4)	Veronica Grizzle	2014
6.	61.99m	(203-4)	Anna Purchase	2019
7.	61.68m (202-4)		Cammy Garabian	2024
8.	60.81m	(199-6)	Jade Hodson Siegel	2012
9.	60.70m	(199-2)	Victoria Zimmerman	2012
10.	60.66m	(199-0)	Paulette Mitchell	1996

Javelin

1.	60.73m	(199-3)	Maddie Harris	2023
2.	59.75m	(196-0)	Rhema Otabor	2023
3.	56.15m	(184-3)	Sarah Firestone	2015
4.	55.73m	(182-10)	Kayla Wilkinson	2008
5.	55.37m	(181-8)	Maggie Malone	2014
6.	55.16m	(181-0)	Cassi Morelock	2000
7.	54.90m	(180-1)	Chase Wolinski	2019
8.	54.48m	(178-9)	Brittini Wolczyk	2017
9.	54.23m (177-11)		Eniko Sara	2024
10.	53.80m	(176-6)	Mirta Kulisic	2023

Heptathlon

1.	6,003	Chantae McMillan	2011
2.	5,936	Cris Hall	1992
3.	5,800A	Megan Wheatley	2009
4.	5,794	Ashley Selig	2007
5.	5,704	Nancy Kindig	1981
6.	5,619	Patricia Nadler	1989
7.	5,607	Janet Blomstedt	1996
8.	5,577	Katherine Livesey	2002
9.	5,575	Deb Clark	1985
10.	5,521	Anne Martin	2014