

HONORS AND AWARDS

Honda-Broderick Cup

2006 Sarah Pavan

U.S. Olympic Team

2020 Jordan Larson
Kelsey Robinson
Justine Wong-Orantes
2016 Kayla Banwarth
Jordan Larson
Kelsey Robinson
2012 Jordan Larson
2004 Nancy Metcalf
2000 Allison Weston (captain)
1996 Lori Endicott
1992 Lori Endicott
1988 Cathy Noth (alternate)

Canada Olympic Team

2020 Sarah Pavan (beach volleyball)
2016 Sarah Pavan (beach volleyball)

U.S. National Team

2018-20 Kadie Rolfzen
2017-20 Amber Rolfzen
2017-pres. Justine Wong-Orantes
2014-pres. Kelsey Robinson
2011-16 Kayla Banwarth
2009-pres. Jordan Larson
2007-11 Tracy Stalls
2002-12 Nancy Metcalf (Meendering)
2002-03 Greichaly Cepero
1997-00 Allison Weston
1988-96 Lori Endicott
1992-93 Stephanie Thater
1991 Val Novak
1984-88 Cathy Noth

Canada National Team

2013-pres. Sarah Pavan (beach)
2010-13 Sarah Pavan

Morgan Trophy Award

1996 Allison Weston

AVCA National Player of the Year

2006 Sarah Pavan
2005 Christina Houghtelling
2000 Greichaly Cepero
1995 Allison Weston (co-winner)

Honda Volleyball Award

2006 Sarah Pavan
2000 Greichaly Cepero
1995 Allison Weston
1986 Karen Dahlgren

Honda Volleyball Award Finalists

2016 Kadie Rolfzen
2013 Kadie Rolfzen
2013 Kelsey Robinson
2005 Melissa Elmer
Christina Houghtelling
2001 Nancy Metcalf
1998 Fiona Nepo
1994 Allison Weston
1992 Stephanie Thater
1990 Val Novak

AAU Sullivan Award Finalists

2018-19 Mikaela Foecke

2017-18 Annika Albrecht
Kelly Hunter
2016-17 Mikaela Foecke
2014-15 Kelsey Robinson

Conference Athlete of the Year

2007-08 Sarah Pavan
2006-07 Sarah Pavan
2000-01 Greichaly Cepero
1989-90 Virginia Stahr
1986-87 Annie Adamczak

NCAA Woman of the Year

2001 Angie Oxley (state winner)
1996 Billie Winsett-Fletcher
1992 Janet Kruse (state winner)

NCAA Today's Top Ten Award

2008 Sarah Pavan
2002 Nancy Metcalf (Meendering)
1992 Janet Kruse
1990 Virginia Stahr

NCAA Elite 90 Award

2021 Anni Evans
2017 Sydney Townsend
2016 Sydney Townsend

Academic All-American of the Year (All Sports)

2007-08 Sarah Pavan
2006-07 Sarah Pavan

Academic All-American of the Year (Volleyball)

2007 Sarah Pavan
2006 Sarah Pavan
2001 Nancy Metcalf (Meendering)
1991 Janet Kruse
1990 Janet Kruse
1989 Virginia Stahr
1988 Virginia Stahr

NCAA Postgraduate Scholarship

2016 Kadie Rolfzen
2008 Amanda Gates
2007 Christina Houghtelling
Sarah Pavan
Tracy Stalls
2003 Laura Pilakowski
1992 Janet Kruse
1990 Virginia Stahr

Senior CLASS Award

2018 Mikaela Foecke
2012 Gina Mancuso

World University Games

2015 Briana Holman
1999 Nancy Metcalf (Meendering)
1985 Karen Dahlgren

Gatorade HS National Player of the Year

2022-23 Harper Murray
2020-21 Ally Batenhorst
2016-17 Lexi Sun
2014-15 Mikaela Foecke
2008-09 Gina Mancuso

U.S. Olympic Festival

1995 Christy Johnson
Lisa Reitsma

Allison Weston
Billie Winsett
1994 Kelly Aspegren
Christy Johnson
Jen McFadden
Billie Winsett
1993 Nikki Stricker
Billie Winsett
1991 Janet Kruse
Stephanie Thater
Eileen Shannon
1990 Janet Kruse
Stephanie Thater
Eileen Shannon
1989 Janet Kruse
Val Novak
Cris Hall
1987 Virginia Stahr
1986 Lori Endicott
Virginia Stahr
Angie Millikin
1985 Lori Endicott
Enid Schonewise
1983 Cathy Noth
Sharon Kramer

AVCA Region Player of the Year

2023 Merritt Beason
2017 Kelly Hunter

AVCA Region Freshman of the Year

2023 Harper Murray

AVCA All-Region

2023 Rebekah Allick First Team
Merritt Beason First Team
Andi Jackson First Team
Harper Murray First Team
Bergen Reilly First Team
Lexi Rodriguez First Team
2022 Rebekah Allick First Team
Kaitlyn Hord First Team
Madi Kubik First Team
Whitney Lauenstein First Team
Lexi Rodriguez First Team
2021 Kayla Caffey First Team
Nicklin Hames First Team
Madi Kubik First Team
Lexi Rodriguez First Team
2020 Nicklin Hames First Team
Madi Kubik First Team
Lauren Stivrins First Team
Lexi Sun First Team
2019 Nicklin Hames First Team
Madi Kubik First Team
Lauren Stivrins First Team
Lexi Sun First Team
2018 Mikaela Foecke First Team
Kenzie Maloney First Team
Lauren Stivrins First Team
2017 Annika Albrecht First Team
Mikaela Foecke First Team
Briana Holman First Team
Kelly Hunter First Team
2016 Mikaela Foecke First Team
Briana Holman First Team
Kelly Hunter First Team
Amber Rolfzen First Team
Kadie Rolfzen First Team
Justine Wong-Orantes First Team

HONORS AND AWARDS

2015	Mikaela Foecke	First Team
	Kelly Hunter	First Team
	Amber Rolfzen	First Team
	Kadie Rolfzen	First Team
	Justine Wong-Orantes	First Team
2014	Kelsey Fien	First Team
	Mary Pollmiller	First Team
	Kadie Rolfzen	First Team
2013	Meghan Haggerty	First Team
	Mary Pollmiller	First Team
	Kelsey Robinson	First Team
	Kadie Rolfzen	First Team
2012	Lauren Cook	First Team
	Gina Mancuso	First Team
	Hannah Werth	First Team
2011	Gina Mancuso	First Team
2010	Brooke Delano	First Team
	Lindsey Licht	First Team
	Hannah Werth	First Team
2009	Sydney Anderson	First Team
	Kori Cooper	First Team
	Brooke Delano	First Team
2008	Sydney Anderson	First Team
	Kori Cooper	First Team
	Jordan Larson	First Team
	Tara Mueller	First Team
2007	Rachel Holloway	First Team
	Christina Houghtelling	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2006	Rachel Holloway	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2005	Christina Houghtelling	First Team
	Melissa Elmer	First Team
	Sarah Pavan	First Team
	Jennifer Saleaumua	First Team
2004	Melissa Elmer	First Team
	Sarah Pavan	First Team
	Jennifer Saleaumua	First Team
2003	Melissa Elmer	First Team
	Jennifer Saleaumua	First Team
2002	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Laura Pilakowski	First Team
2001	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Nancy Metcalf	First Team
	Laura Pilakowski	First Team
2000	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Laura Pilakowski	First Team
1999	Nancy Metcalf (Meendering)	First Team
1998	Fiona Nepo	First Team
	Nancy Metcalf (Meendering)	First Team
	Megan Korver	First Team
1997	Lisa Reitsma	First Team
	Fiona Nepo	First Team
1996	Lisa Reitsma	First Team
	Fiona Nepo	First Team
	Megan Korver	First Team
1995	Allison Weston	First Team
	Christy Johnson	First Team
	Billie Winsett	First Team
	Lisa Reitsma	First Team
1994	Allison Weston	First Team
	Christy Johnson	First Team
	Kelly Aspegren	First Team

	Billie Winsett	Second Team
1993	Allison Weston	First Team
	Jen McFadden	First Team
	Nikki Stricker	Second Team
1992	Stephanie Thater	First Team
	Nikki Stricker	First Team
	Eileen Shannon	Second Team
1991	Janet Kruse	First Team
	Cris Hall	First Team
	Stephanie Thater	First Team
1990	Janet Kruse	First Team
	Val Novak	First Team
	Cris Hall	Second Team
1989	Val Novak	First Team
	Virginia Stahr	First Team
	Janet Kruse	Second Team
	Eileen Shannon	Second Team
1988	Virginia Stahr	First Team
	Lori Endicott	First Team
1987	Lori Endicott	First Team
	Kathi DeBoer	First Team
	Virginia Stahr	First Team
1986	Tisha Delaney	First Team
	Enid Schonewise	First Team
	Karen Dahlgren	First Team
1985	Karen Dahlgren	First Team
	Enid Schonewise	First Team
1981	Terri Kanouse	First Team
1980	Terri Kanouse	First Team
	Lori Melcher	First Team
	Reba Govier	First Team
1979	Nancy Grant	First Team

AVCA All-Region Honorable Mention

2018	Nicklin Hames	Honorable Mention
2013	Cecilia Hall	Honorable Mention
2012	Meghan Haggerty	Honorable Mention
2011	Morgan Broekhuis	Honorable Mention
2011	Lauren Cook	Honorable Mention
2011	Hannah Werth	Honorable Mention
2009	Hannah Werth	Honorable Mention
2005	Jordan Larson	Honorable Mention
2004	Dani Busboom	Honorable Mention

AVCA National Freshman of the Year

2021	Lexi Rodriguez
2004	Sarah Pavan

VolleyballMag.com National Freshman of the Year

2019	Madi Kubik
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AVCA Region Freshman of the Year

2023	Harper Murray
2021	Lexi Rodriguez
2019	Madi Kubik
2013	Kadie Rolfzen
2009	Hannah Werth
2005	Jordan Larson
2004	Sarah Pavan
1999	Greichaly Cepero

NCAA Championship All-Tournament Team

2023	Rebekah Allick
	Merritt Beason
2021	Nicklin Hames
	Madi Kubik
2018	Mikaela Foecke
	Lauren Stivrins
2017	Mikaela Foecke (Co-MOP)
	Kelly Hunter (Co-MOP)
	Kenzie Maloney
2015	Mikaela Foecke (MOP)

	Kelly Hunter
	Amber Rolfzen
	Justine Wong-Orantes
2008	Jordan Larson
2006	Sarah Pavan (MOP)
	Rachel Holloway
	Tracy Stalls
2005	Sarah Pavan
	Jennifer Saleaumua
	Melissa Elmer
2000	Greichaly Cepero (MOP)
	Amber Holmquist
	Laura Pilakowski
1996	Lisa Reitsma
1995	Allison Weston
	Christy Johnson
	Billie Winsett
	Kate Crnich
1989	Eileen Shannon
1986	Karen Dahlgren
	Tisha Delaney
NCAA Regional All-Tournament Team	
2023	Merritt Beason (MOP)
	Bergen Reilly
	Lexi Rodriguez
2022	Ally Batenhorst
2021	Nicklin Hames (MOP)
	Lindsay Krause
	Madi Kubik
2019	Lexi Sun
	Jazz Sweet
2018	Mikaela Foecke (MOP)
	Nicklin Hames
	Lauren Stivrins
2017	Mikaela Foecke (MOP)
	Annika Albrecht
	Kelly Hunter
2016	Kadie Rolfzen (MOP)
	Kelly Hunter
	Andie Malloy
2015	Kadie Rolfzen (MOP)
	Amber Rolfzen
	Kelly Hunter
	Justine Wong-Orantes
2014	Mary Pollmiller
	Kadie Rolfzen
2013	Kelsey Robinson
	Kadie Rolfzen
2012	Gina Mancuso
	Lauren Cook
	Morgan Broekhuis
2010	Jordan Wilberger
2009	Sydney Anderson
	Kori Cooper
2008	Tara Mueller (MOP)
	Sydney Anderson
	Jordan Larson
	Lindsey Licht
2007	Sarah Pavan
	Tracy Stalls
2006	Jordan Larson (MOP)
	Sarah Pavan
	Rachel Holloway
2005	Christina Houghtelling (MOP)
	Sarah Pavan
	Jennifer Saleaumua
2004	Sarah Pavan
	Jennifer Saleaumua
2002	Greichaly Cepero
	Amber Holmquist
	Laura Pilakowski



2024 NEBRASKA VOLLEYBALL

HONORS AND AWARDS

2001 Nancy Metcalf (Meendering) (MOP)
Greichaly Cepero
Jenny Kropp

2000 Greichaly Cepero (MOP)
Angie Oxley
Laura Pilakowski

1999 Nancy Metcalf (Meendering)

1998 Nancy Metcalf (Meendering) (MOP)
Fiona Nepo

1997 Lisa Reitsma
Fiona Nepo

1996 Lisa Reitsma (MOP)
Fiona Nepo
Megan Korver

1995 Christy Johnson
Allison Weston
Lisa Reitsma

1994 Christy Johnson
Allison Weston
Billie Winsett

1991 Stephanie Thater
Cris Hall
Nikki Stricker

1990 Val Novak
Cris Hall
Janet Kruse
Stephanie Thater

1989 Virginia Stahr
Val Novak
Janet Kruse
Cris Hall

1988 Lori Endicott

1987 Lori Endicott
Val Novak

1986 Karen Dahlgren
Enid Schonewise
Kathi DeBoer

1985 Karen Dahlgren
Enid Schonewise

Academic All-America

2023 Lexi Rodriguez First Team

2022 Lexi Rodriguez Third Team

2020 Lexi Sun Second Team

2016 Kadie Rolfzen First Team

2012 Gina Mancuso First Team

2009 Kori Cooper First Team

2008 Kori Cooper First Team
Amanda Gates First Team
Jordan Larson Second Team

2007 Christina Houghttelling First Team
Sarah Pavan First Team
Tracy Stalls First Team

2006 Sarah Pavan First Team

2005 Sarah Pavan First Team
Christina Houghttelling First Team

2003 Anna Schrad Second Team

2002 Laura Pilakowski First Team
Amber Holmquist Second Team

2001 Nancy Metcalf (Meendering) First Team
Laura Pilakowski Second Team
Greichaly Cepero Third Team

2000 Laura Pilakowski Second Team

1999 Nancy Metcalf (Meendering) Second Team

1998 Megan Korver Third Team

1996 Lisa Reitsma Third Team

1995 Allison Weston First Team
Christy Johnson Second Team

1994 Allison Weston Second Team

1991 Janet Kruse First Team

1990 Janet Kruse First Team
Becky Bolli Third Team

1989 Virginia Stahr First Team
Carla Baker Second Team
Janet Kruse Third Team

1988 Virginia Stahr First Team
Lori Endicott Second Team

1987 Virginia Stahr First Team
Kathi DeBoer Second Team

1986 Karen Dahlgren First Team

1985 Karen Dahlgren First Team

Academic All-District

2023 Lexi Rodriguez First Team

2022 Ally Batenhorst First Team
Anni Evans First Team
Lindsay Krause First Team
Lexi Rodriguez First Team

2021 Lexi Sun Second Team

2020 Lexi Sun First Team

2018 Mikaela Foecke Second Team

2017 Kelly Hunter First Team
Sydney Townsend Second Team

2016 Kadie Rolfzen First Team

2015 Cecilia Hall First Team

2013 Morgan Broekhuis Second Team

2012 Morgan Broekhuis Second Team
Gina Mancuso First Team

2011 Gina Mancuso Second Team

2009 Kori Cooper First Team

2008 Kori Cooper First Team
Amanda Gates First Team
Jordan Larson First Team

2007 Christina Houghttelling First Team
Sarah Pavan First Team
Tracy Stalls First Team
Jordan Larson Third Team

2006 Sarah Pavan First Team
Tracy Stalls Second Team
Dani Busboom Second Team
Amanda Gates Third Team

2005 Sarah Pavan First Team
Christina Houghttelling First Team

2003 Anna Schrad First Team

2002 Amber Holmquist First Team
Laura Pilakowski First Team
Greichaly Cepero Second Team
Anna Schrad Second Team

2001 Greichaly Cepero First Team
Amber Holmquist Second Team
Nancy Metcalf (Meendering) First Team
Laura Pilakowski First Team

2000 Greichaly Cepero Second Team
Jill McWilliams First Team
Laura Pilakowski First Team

1999 Nancy Metcalf (Meendering) First Team
Mandy Monson First Team
Tonia Tauke Second Team

1998 Megan Korver First Team
Nancy Metcalf (Meendering) First Team
Tonia Tauke Second Team

1997 Megan Korver Second Team

1996 Lisa Reitsma First Team

1995 Christy Johnson First Team
Allison Weston First Team
Billie Winsett First Team

1994 Allison Weston First Team
Kelly Aspegren First Team

1993 Allison Weston First Team
Nikki Stricker First Team

1992 Kim Tonniges First Team
Laura Luther First Team

1991 Janet Kruse First Team
Cris Hall First Team

1990 Janet Kruse First Team
Becky Bolli First Team

1989 Virginia Stahr First Team
Janet Kruse First Team
Carla Baker First Team

1988 Virginia Stahr First Team
Lori Endicott First Team

1987 Virginia Stahr First Team
Kathi DeBoer First Team

1986 Karen Dahlgren First Team

1985 Karen Dahlgren First Team
Kathi DeBoer First Team

1984 Karen Dahlgren First Team

1983 Karen Dahlgren First Team

Big 12 Postgraduate Scholarship

2008-09 Amanda Gates

2003-04 Anna Schrad

Conference Player of the Year

2013 Kelsey Robinson

2008 Jordan Larson

2007 Sarah Pavan

2006 Sarah Pavan

2005 Sarah Pavan

2002 Greichaly Cepero
Amber Holmquist
Laura Pilakowski

2001 Nancy Metcalf (Meendering)

2000 Greichaly Cepero

1999 Nancy Metcalf (Meendering)

1998 Fiona Nepo

1996 Lisa Reitsma

1995 Allison Weston

1994 Allison Weston

1993 Nikki Stricker

1992 Stephanie Thater

1991 Stephanie Thater

1990 Val Novak

1989 Virginia Stahr

1988 Lori Endicott

1987 Lori Endicott

Conference Setter of the Year

2023 Bergen Reilly

2017 Kelly Hunter

Conference Defensive Player of the Year

2023 Lexi Rodriguez

2021 Lexi Rodriguez

2016 Justine Wong-Orantes

2015 Justine Wong-Orantes

2010 Hannah Werth

2008 Jordan Larson

2007 Christina Houghttelling

2006 Jordan Larson (tri-winner)

2005 Jennifer Saleaumua

2004 Jennifer Saleaumua (co-winner)

Conference Freshman of the Year

2023 Harper Murray

2019 Madi Kubik

2009 Hannah Werth

2005 Jordan Larson

2004 Sarah Pavan

1999 Greichaly Cepero

1997 Angie Oxley

Conference Newcomer of the Year

2010 Lauren Cook

2008 Sydney Anderson

2006 Rachel Holloway

HONORS AND AWARDS

1997 Katie Jahnke
1996 Megan Korver
1995 Stacie Maser (co-winner)
1993 Jen McFadden
1992 Allison Weston

Big Eight Backcourt Specialist of the Year

1995 Maria Hedbeck (co-winner)
1993 Stephanie Clerc
1992 Christy Johnson

All-Conference

Big Ten

2023 Merritt Beason First Team
 Harper Murray First Team
 Bergen Reilly First Team
 Lexi Rodriguez First Team
 Rebekah Allick Second Team
 Andi Jackson Second Team
2022 Madi Kubik First Team
 Lexi Rodriguez First Team
 Rebekah Allick Second Team
 Kaitlyn Hord Second Team
2021 Madi Kubik First Team
 Lexi Rodriguez First Team
 Lauren Stivrins First Team
 Nicklin Hames Second Team
2020 Nicklin Hames First Team
 Lauren Stivrins First Team
 Lexi Sun First Team
2019 Nicklin Hames First Team
 Lauren Stivrins First Team
 Lexi Sun First Team
 Madi Kubik Second Team
2018 Mikaela Foecke First Team
 Kenzie Maloney First Team
 Lauren Stivrins First Team
2017 Annika Albrecht First Team
 Mikaela Foecke First Team
 Kelly Hunter First Team
 Briana Holman Honorable Mention
2016 Kelly Hunter First Team
 Amber Rolfzen First Team
 Kadie Rolfzen First Team
 Justine Wong-Orantes First Team
 Mikaela Foecke Honorable Mention
 Briana Holman Honorable Mention
2015 Amber Rolfzen First Team
 Kadie Rolfzen First Team
 Justine Wong-Orantes Honorable Mention
2014 Kelsey Fien First Team
 Kadie Rolfzen First Team
 Mary Pollmiller Honorable Mention
2013 Kelsey Robinson First Team
 Kadie Rolfzen First Team
 Mary Pollmiller Honorable Mention
2012 Lauren Cook First Team
 Gina Mancuso First Team
 Hannah Werth First Team
2011 Lauren Cook First Team
 Gina Mancuso First Team
 Hannah Werth First Team
 Morgan Broekhuis Honorable Mention
 Brooke Delano Honorable Mention
Big 12
2010 Brooke Delano First Team
 Lindsey Licht First Team
 Hannah Werth First Team
 Kayla Banwarth Honorable Mention
2009 Sydney Anderson First Team
 Kori Cooper First Team
 Brooke Delano First Team

Hannah Werth Honorable Mention
 Kayla Banwarth Honorable Mention
2008 Sydney Anderson First Team
 Kori Cooper First Team
 Jordan Larson First Team
 Tara Mueller First Team
 Amanda Gates Honorable Mention
2007 Rachel Holloway First Team
 Christina Houghttelling First Team
 Jordan Larson First Team
 Sarah Pavan First Team
 Tracy Stalls First Team
2006 Rachel Holloway First Team
 Jordan Larson First Team
 Sarah Pavan First Team
 Tracy Stalls First Team
2005 Sarah Pavan First Team
 Melissa Elmer First Team
 Christina Houghttelling First Team
 Jennifer Saleaumua Honorable Mention
 Jordan Larson Honorable Mention
2004 Sarah Pavan First Team
 Melissa Elmer First Team
 Jennifer Saleaumua First Team
2003 Melissa Elmer First Team
 Jennifer Saleaumua First Team
2002 Greichaly Cepero First Team
 Amber Holmquist First Team
 Laura Pilakowski First Team
 Jennifer Saleaumua First Team
2001 Greichaly Cepero First Team
 Amber Holmquist First Team
 Jenny Kropp First Team
 Nancy Metcalf (Meendering) First Team
 Laura Pilakowski First Team
2000 Greichaly Cepero First Team
 Amber Holmquist First Team
 Jenny Kropp First Team
 Angie Oxley Honorable Mention
 Laura Pilakowski First Team
1999 Nancy Metcalf (Meendering) First Team
 Greichaly Cepero First Team
 Angie Oxley Honorable Mention
 Amber Holmquist Honorable Mention
1998 Fiona Nepo First Team
 Nancy Metcalf (Meendering) First Team
 Megan Korver First Team
 Jaime Krondak Honorable Mention
1997 Lisa Reitsma First Team
 Fiona Nepo First Team
1996 Lisa Reitsma First Team
 Fiona Nepo First Team
 Kate Crnich First Team
 Megan Korver First Team
Big Eight
1995 Christy Johnson First Team
 Lisa Reitsma First Team
 Allison Weston First Team
 Billie Winsett First Team
1994 Kelly Aspegren First Team
 Christy Johnson First Team
 Allison Weston First Team
 Billie Winsett Second Team
1993 Allison Weston First Team
 Nikki Stricker First Team
 Jen McFadden Second Team
1992 Stephanie Thater First Team
 Eileen Shannon First Team
 Nikki Stricker First Team
 Laura Luther Second Team
 Allison Weston Honorable Mention
1991 Janet Kruse First Team

Stephanie Thater First Team
 Cris Hall First Team
 Eileen Shannon Second Team
 Nikki Stricker Second Team
 Laura Luther Honorable Mention
1990 Val Novak First Team
 Janet Kruse First Team
 Cris Hall First Team
 Stephanie Thater First Team
1989 Virginia Stahr First Team
 Val Novak First Team
 Janet Kruse First Team
 Eileen Shannon First Team
1988 Virginia Stahr First Team
 Val Novak First Team
 Lori Endicott First Team
 Linda Barsness Second Team
 Carla Baker Honorable Mention
1987 Lori Endicott First Team
 Virginia Stahr First Team
 Kathi DeBoer First Team
 Val Novak Honorable Mention
1986 Karen Dahlgren First Team
 Enid Schonewise First Team
 Tisha Delaney First Team
 Kathi DeBoer Second Team
 Virginia Stahr Second Team
 Lori Endicott Honorable Mention
1985 Annie Adamczak First Team
 Tisha Delaney First Team
 Karen Dahlgren First Team
 Kathi DeBoer Second Team
 Sharon Kramer Second Team
1984 Cathy Noth First Team
 Karen Dahlgren First Team
 Mary Buysse First Team
 Julie Hermann First Team
 Annie Adamczak Second Team
1983 Cathy Noth First Team
 Erin Dean First Team
 Sharon Kramer First Team
 Mary Buysse Second Team
 Karen Dahlgren Second Team
1982 Cathy Noth First Team
 Erin Dean First Team
 Gwen Egbert First Team
 Mary Buysse Second Team

All-Big Ten Freshman Team

2023 Andi Jackson
 Harper Murray
 Bergen Reilly
2022 Rebekah Allick
2021 Lindsay Krause
 Lexi Rodriguez
2019 Kenzie Knuckles
 Madi Kubik
2018 Nicklin Hames
 Callie Schwarzenbach
2017 Lauren Stivrins
 Jazz Sweet
2015 Mikaela Foecke
2013 Kadie Rolfzen
2012 Meghan Haggerty

AVCA National Player of the Week

2023 Merritt Beason 10/24
2017 Annika Albrecht 9/26
2016 Amber Rolfzen 10/25
2013 Kelsey Robinson 10/8
2011 Hannah Werth 11/22
2009 Sydney Anderson 11/10
2008 Jordan Larson 9/23



2024 NEBRASKA VOLLEYBALL

HONORS AND AWARDS

2007	Sarah Pavan	8/27
2005	Christina Houghtelling	8/29
2004	Sarah Pavan	11/29
2002	Amber Holmquist	11/25
	Greichaly Cepero	12/2
2001	Amber Holmquist	9/10
1994	Kelly Aspegren	9/6
	Allison Weston	10/31
1993	Allison Weston	9/20

espnW National Player of the Week

2017	Annika Albrecht	9/26
2016	Briana Holman	8/31
	Amber Rolfzen	10/26
2015	Justine Wong-Orantes	10/7

Conference Player of the Week

Big Ten

2023	Harper Murray (Freshman)	8/28
	Harper Murray (Freshman)	9/18
	Merritt Beason (Player)	9/18
	Bergen Reilly (Freshman)	9/25
	Bergen Reilly (Setter)	9/25
	Harper Murray (Freshman)	10/2
	Bergen Reilly (Setter)	10/2
	Merritt Beason (Player)	10/2
	Lindsay Krause (Player)	10/9
	Lexi Rodriguez (Defensive)	10/16
	Bergen Reilly (Setter)	10/23
	Merritt Beason (Player)	10/23
	Bergen Reilly (Freshman)	10/30
	Bergen Reilly (Setter)	11/6
	Merritt Beason (Player)	11/6
	Andi Jackson (Freshman)	11/13
	Lexi Rodriguez (Defensive)	11/20
2022	Lexi Rodriguez (Defensive)	10/10
	Rebekah Allick (Freshman)	10/17
	Rebekah Allick (Freshman)	10/24
	Madi Kubik (Player)	11/21
2021	Lexi Rodriguez (Freshman)	8/30
	Kayla Caffey (Defensive)	9/6
	Lindsay Krause (Freshman)	9/27
	Madi Kubik (Player)	10/11
	Nicklin Hames (Setter)	10/11
	Lexi Rodriguez (Freshman)	10/11
	Madi Kubik (Player)	10/18
	Nicklin Hames (Setter)	10/18
	Lexi Rodriguez (Defensive)	10/18
	Lexi Rodriguez (Freshman)	10/18
	Lexi Rodriguez (Defensive)	11/15
	Lexi Rodriguez (Freshman)	11/29
2020	Lexi Sun (Player)	3/8
	Lexi Sun (Player)	3/22
2019	Kenzie Knuckles (Freshman)	9/3
	Madi Kubik (Player)	10/21
	Madi Kubik (Freshman)	10/21
	Kenzie Knuckles (Defensive)	11/4
	Madi Kubik (Freshman)	11/18
2018	Mikaela Foecke (Player)	9/10
	Callie Schwarzenbach (Defensive)	9/17
	Mikaela Foecke (Player)	9/24
	Nicklin Hames (Freshman)	9/24
	Lauren Stivrins (Player)	10/1
	Lauren Stivrins (Defensive)	11/5
	Mikaela Foecke (Player)	11/12
	Nicklin Hames (Freshman)	11/12
	Mikaela Foecke (Player)	11/26
	Lauren Stivrins (Defensive)	11/26
2017	Briana Holman (Defensive)	9/5
	Kelly Hunter (Setter)	9/11
	Annika Albrecht (Player)	9/25
	Kelly Hunter (Setter)	9/25

2016	Mikaela Foecke (Player)	10/30
	Kelly Hunter (Setter)	8/29
	Kelly Hunter (Setter)	9/26
	Amber Rolfzen (Defensive)	10/10
	Kadie Rolfzen (Player)	10/17
	Amber Rolfzen (Player)	10/24
	Kelly Hunter (Setter)	10/24
	Justine Wong-Orantes (Defensive)	10/24
	Amber Rolfzen (Defensive)	11/7
	Kelly Hunter (Setter)	11/7
2015	Kelly Hunter (Setter)	8/31
	Mikaela Foecke (Freshman)	9/14
	Kadie Rolfzen (Defensive)	9/21
	Mikaela Foecke (Freshman)	9/21
	Justine Wong-Orantes (Defensive)	10/5
	Amber Rolfzen (Defensive)	10/12
	Justine Wong-Orantes (Defensive)	10/19
	Kadie Rolfzen (Player)	11/2
	Amber Rolfzen (Defensive)	11/2
	Kelly Hunter (Setter)	11/23
	Amber Rolfzen (Defensive)	11/30
2014	Mary Pollmiller (Setter)	11/3
	Kelsey Fien (Player)	11/10
	Meghan Haggerty (Defensive)	11/10
	Amber Rolfzen (Player)	11/24
	Cecilia Hall (Defensive)	11/24
2013	Amber Rolfzen (Freshman)	9/16
	Mary Pollmiller (Setter)	9/30
	Kelsey Robinson (Player)	10/7
	Meghan Haggerty (Defensive)	10/7
	Amber Rolfzen (Freshman)	10/7
	Mary Pollmiller (Setter)	10/28
	Kadie Rolfzen (Freshman)	10/28
	Kelsey Robinson (Player)	11/4
	Cecilia Hall (Defensive)	11/4
	Kadie Rolfzen (Freshman)	11/4
	Kelsey Robinson (Player)	11/11
	Mary Pollmiller (Setter)	11/11
	Kelsey Robinson (Player)	11/18
	Mary Pollmiller (Setter)	11/18
2012	Lauren Cook (Offensive, Setter)	8/27
	Meghan Haggerty (Freshman)	9/4
	Meghan Haggerty (Freshman)	9/10
	Lauren Cook (Setter)	10/8
	Meghan Haggerty (Freshman)	10/29
	Hayley Thrumer (Defensive)	11/12
2011	Gina Mancuso (Offensive)	9/26
	Hannah Werth (Offensive)	10/17
	Hannah Werth (Offensive)	11/21
Big 12		
2010	Lindsey Licht (Offensive)	8/28
	Kayla Banwarth (Defensive)	9/13
	Brooke Delano (Offensive)	9/13
	Brooke Delano (Defensive)	9/27
2009	Hannah Werth (Rookie)	9/8
	Hannah Werth (Rookie)	9/28
	Hannah Werth (Rookie)	10/12
	Kayla Banwarth (Defensive)	10/19
	Hannah Werth (Rookie)	10/19
	Sydney Anderson (Offensive)	11/9
	Hannah Werth (Rookie)	11/9
	Kayla Banwarth (Defensive)	11/23
	Hannah Werth (Rookie)	11/30
2008	Sydney Anderson (Rookie)	9/2
	Sydney Anderson (Rookie)	9/8
	Jordan Larson (Offensive)	9/22
	Sydney Anderson (Rookie)	9/22
	Jordan Larson (Offensive)	10/27
	Amanda Gates (Defensive)	10/27
	Sydney Anderson (Rookie)	10/27
	Sydney Anderson (Rookie)	11/17
2007	Sarah Pavan (Offensive)	8/27

	Christina Houghtelling (Defensive)	8/27
	Jordan Larson (Defensive)	10/22
	Sarah Pavan (Offensive)	11/5
	Tracy Stalls (Offensive)	11/19
	Tracy Stalls (Offensive)	11/26
2006	Sarah Pavan	9/11
	Jordan Larson	10/9
	Rachel Holloway	10/16
	Sarah Pavan	10/20
2005	Christina Houghtelling	8/29
	Melissa Elmer	10/10
	Jordan Larson	10/17
	Sarah Pavan	11/14
2004	Sarah Pavan	9/27
	Jennifer Saleaumua	10/25
	Sarah Pavan	11/29
2003	Melissa Elmer	10/13
2002	Greichaly Cepero	12/2
	Amber Holmquist	11/25
	Laura Pilakowski	10/21
2001	Nancy Metcalf (Meendering)	9/1
	Amber Holmquist	9/10
	Nancy Metcalf (Meendering)	10/1
	Greichaly Cepero	10/29
2000	Greichaly Cepero	10/1
	Greichaly Cepero	11/3
	Amber Holmquist	10/23
	Amber Holmquist	11/16
	Laura Pilakowski	9/4
1999	Nancy Metcalf (Meendering)	9/6
1998	Fiona Nepo	9/14
	Fiona Nepo	10/19
	Nancy Metcalf (Meendering)	11/20
1997	Lisa Reitsma	10/8
1996	Lisa Reitsma	10/13
	Lisa Reitsma	10/20
	Megan Korver	11/24
	Lisa Reitsma	12/1
Big Eight		
1995	Lisa Reitsma	9/12
	Lisa Reitsma	10/10
	Allison Weston	10/25
	Allison Weston	10/31
	Lisa Reitsma	11/7
	Lisa Reitsma	11/14
1994	Kelly Aspegren	9/5
	Jen McFadden	9/17
	Allison Weston	10/24
	Allison Weston	10/31
	Billie Winsett	11/21
1993	Nikki Stricker	9/13
	Allison Weston	9/20
	Nikki Stricker	11/2
	Allison Weston	11/22
1992	Stephanie Thater	9/21
	Stephanie Thater	9/28
	Eileen Shannon	11/10
1991	Stephanie Thater	9/1
	Stephanie Thater	9/15
	Eileen Shannon	10/6
	Janet Kruse	10/27
	Nikki Stricker	11/3
	Nikki Stricker	11/17
1990	Val Novak	9/10
	Val Novak	9/17
	Cris Hall	10/1
	Janet Kruse	11/5
	Stephanie Thater	11/12
	Janet Kruse	11/19
1989	Val Novak	9/12
	Janet Kruse	11/26
	Virginia Stahr	10/10

HONORS AND AWARDS

	Janet Kruse	10/17
	Eileen Shannon	10/31
	Virginia Stahr	11/6
	Carla Baker	11/13
1988	Lori Endicott	9/6
	Virginia Stahr	9/27
	Val Novak	10/11
	Virginia Stahr	10/18
	Linda Barsness	11/8
	Carla Baker	11/15
	Lori Endicott	11/22
1987	Kathi DeBoer	9/9
	Lori Endicott	9/29
	Virginia Stahr	10/6
	Carla Baker	10/13
	Virginia Stahr	10/27
1986	Tisha Delaney	9/16
	Karen Dahlgren	9/23
	Enid Schonewise	9/30
	Karen Dahlgren	10/14
	Virginia Stahr	10/28
1985	Annie Adamczak	9/9
	Annie Adamczak	9/17
	Karen Dahlgren	9/1
	Karen Dahlgren	10/22
	Kathi DeBoer	11/12

Big Ten Sportsmanship Award

2023	Maggie Mendelson
2022	Anni Evans
2021	Kayla Caffey
2020	Hayley Densberger
2019	Anezka Szabo
2018	Brooke Smith
2017	Sydney Townsend
2016	Brooke Smith
2015	Sydney Townsend
2014	Mary Pollmiller
2013	Morgan Broekhuis
2012	Allison McNeal
2011	Brigette Root

Big Ten Distinguished Scholar

2022	Anni Evans
	Madi Kubik
	Kennedi Orr
2020	Hayley Densberger
2018	Hayley Densberger
	Mikaela Foecke
	Brooke Smith
2017	Annika Albrecht
	Allie Havers
	Sydney Townsend
2016	Sydney Townsend
2015	Kadie Rolfzen
	Sydney Townsend
2014	Cecilia Hall
2013	Cecilia Hall
2012	Morgan Broekhuis
	Allison McNeal
	Hayley Thramer
2011	Morgan Broekhuis
	Brigette Root
	Hayley Thramer
	Jordan Wilberger

Academic All-Conference

Big Ten

2023	Rebekah Allick
	Ally Batenhorst
	Maisie Boesiger
	Lindsay Krause

	Hayden Kubik
	Maggie Mendelson
	Kennedi Orr
	Lexi Rodriguez
2022	Ally Batenhorst
	Anni Evans
	Nicklin Hames
	Kaitlyn Hord
	Kenzie Knuckles
	Lindsay Krause
	Madi Kubik
	Whitney Lauenstein
	Kennedi Orr
	Lexi Rodriguez
2021	Keonilei Akana
	Kayla Caffey
	Anni Evans
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Kalynn Meyer
	Callie Schwarzenbach
	Lexi Sun
2020	Hayley Densberger
	Nicole Drewnick
	Emma Gabel
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Callie Schwarzenbach
	Lexi Sun
	Jazz Sweet
	Riley Zuhn
2019	Chen Abramovich
	Hayley Densberger
	Nicklin Hames
	Megan Miller
	Callie Schwarzenbach
	Lexi Sun
	Jazz Sweet
	Anezka Szabo
2018	Hayley Densberger
	Mikaela Foecke
	Sami Slaughter
	Brooke Smith
	Jazz Sweet
	Anezka Szabo
2017	Annika Albrecht
	Mikaela Foecke
	Allie Havers
	Briana Holman
	Kelly Hunter
	Kenzie Maloney
	Sydney Townsend
2016	Annika Albrecht
	Olivia Boender
	Mikaela Foecke
	Briana Holman
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Brooke Smith
	Sydney Townsend
	Justine Wong-Orantes
2015	Annika Albrecht
	Olivia Boender
	Cecilia Hall
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Sydney Townsend
	Justine Wong-Orantes

2014	Cecilia Hall
	Alexa Ethridge
	Kelly Hunter
	Melanie Keil
	Kira Larson
	Mary Pollmiller
	Amber Rolfzen
	Kadie Rolfzen
	Justine Wong-Orantes
2013	Morgan Broekhuis
	Meghan Haggerty
	Cecilia Hall
	Hayley Thramer
	Sheridan Zarda
2012	Morgan Broekhuis
	Lauren Cook
	Cecilia Hall
	Allison McNeal
	Hayley Thramer
	Hannah Werth
2011	Morgan Broekhuis
	Lauren Cook
	Gina Mancuso
	Brigette Root
	Hayley Thramer
	Jordan Wilberger

Big 12

2010	Lindsey Licht	First Team
	Gina Mancuso	First Team
	Allison McNeal	First Team
	Jordan Wilberger	First Team
	Kayla Banwarth	Second Team
2009	Kori Cooper	First Team
	Jordan Wilberger	First Team
	Kayla Banwarth	Second Team
2008	Kori Cooper	First Team
	Amanda Gates	First Team
	Jordan Larson	First Team
	Rachel Schwartz	First Team
2007	Kori Cooper	First Team
	Maggie Griffin	First Team
	Christina Houghttelling	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Rachel Schwartz	First Team
	Tracy Stalls	First Team
2006	Dani Busboom	First Team
	Amanda Gates	First Team
	Maggie Griffin	First Team
	Jordan Larson	First Team
	Dani Mancuso	First Team
	Sarah Pavan	First Team
	Rachel Schwartz	First Team
	Tracy Stalls	First Team
2005	Dani Busboom	First Team
	Christina Houghttelling	First Team
	Dani Mancuso	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
	Melissa Elmer	Second Team
2004	Dani Busboom	First Team
	Melissa Elmer	Second Team
	Kelsey Fautsch	First Team
	Christina Houghttelling	First Team
	Michelle Lynch	First Team
	Amanda McCormick	First Team
	Dani Mancuso	First Team
2003	Jenae Dowling	First Team
	Kelsey Fautsch	First Team
	Michelle Lynch	First Team
	Anna Schrad	First Team
	Sara Westling	First Team



HONORS AND AWARDS

2002	Greichaly Cepero	First Team	Allison Weston	First Team
	Jenae Dowling	First Team	Peggy Meyer	Honor Roll
	Amber Holmquist	First Team	Kim Tonniges	Honor Roll
	Laura Pilakowski	First Team	1992 Laura Luther	First Team
	Anna Schrad	First Team	Christy Johnson	First Team
	Sara Westling	First Team	Nikki Stricker	First Team
	Lindsay Wischmeier	First Team	Kim Tonniges	First Team
2001	Greichaly Cepero	First Team	Debbie Brand	Honor Roll
	Jenae Dowling	First Team	Peggy Meyer	Honor Roll
	Jenny Kropp	First Team	Tami Thompson	Honor Roll
	Amber Holmquist	First Team	1991 Janet Kruse	First Team
	Nancy Metcalf (Meendering)	First Team	Cris Hall	First Team
	Laura Pilakowski	First Team	Nikki Stricker	First Team
	Anna Schrad	First Team	Laura Luther	Honor Roll
	Sara Westling	Second Team	1990 Janet Kruse	First Team
	Lindsay Wischmeier	First Team	Linda Barsness	First Team
2000	Greichaly Cepero	First Team	Cris Hall	First Team
	Amber Holmquist	First Team	Becky Bolli	First Team
	Jenny Kropp	Second Team	Debbie Brand	Honor Roll
	Angie Oxley	First Team	1989 Janet Kruse	First Team
	Jill McWilliams	First Team	Virginia Stahr	First Team
	Laura Pilakowski	First Team	Carla Baker	First Team
	Lindsay Wischmeier	First Team	Becky Bolli	Honor Roll
1999	Kim Crandall	First Team	Cris Hall	Honor Roll
	Nikki Henk	First Team	1988 Virginia Stahr	First Team
	Katie Jahnke	First Team	Lori Endicott	First Team
	Jill McWilliams	First Team	Carla Baker	First Team
	Nancy Metcalf (Meendering)	First Team	Linda Barsness	Honor Roll
	Mandy Monson	First Team	Angie Millikin	Honor Roll
	Angie Oxley	First Team	1987 Virginia Stahr	First Team
	Tonia Tauke	First Team	Carla Baker	First Team
1998	Katie Jahnke	First Team	Kathi DeBoer	First Team
	Megan Korver	First Team	Lori Endicott	Honor Roll
	Denise Koziol	First Team	1986 Virginia Stahr	First Team
	Nancy Metcalf (Meendering)	First Team	Karen Dahlgren	First Team
	Mandy Monson	First Team	Kathi DeBoer	First Team
	Fiona Nepo	First Team	Enid Schonewise	Honor Roll
	Angie Oxley	First Team	1985 Karen Dahlgren	First Team
	Tonia Tauke	First Team	Annie Adamczak	First Team
	Jaime Krondak	Honorable Mention	Michelle Smith	First Team
1997	Katie Jahnke	First Team	Kathi DeBoer	Honor Roll
	Megan Korver	First Team	1984 Karen Dahlgren	First Team
	Denise Koziol	First Team	Cathy Noth	First Team
	Mandy Monson	First Team	Mary Buysse	Honor Roll
	Renee Saunders	First Team	Michelle Smith	Honor Roll
	Tonia Tauke	First Team	Annie Adamczak	Honor Roll
	Fiona Nepo	Honorable Mention	1983 Karen Dahlgren	First Team
	Lisa Reitsma	Honorable Mention	Mary Buysse	Honor Roll
1996	Lisa Avery	First Team		
	Stacie Maser	First Team		
	Maria Hedbeck	First Team		
	Lisa Reitsma	Honorable Mention		
Big Eight				
1995	Christy Johnson	First Team		
	Stacie Maser	First Team		
	Lisa Reitsma	First Team		
	Allison Weston	First Team		
	Billie Winsett	First Team		
	Maria Hedbeck	Honor Roll		
	Kim Legg	Honor Roll		
	Jen McFadden	Honor Roll		
1994	Kelly Aspegren	First Team		
	Christy Johnson	First Team		
	Jen McFadden	First Team		
	Allison Weston	First Team		
	Billie Winsett	First Team		
	Stephanie Clerc	Honor Roll		
	Maria Hedbeck	Honor Roll		
	Peggy Meyer	Honor Roll		
1993	Nikki Stricker	First Team		
	Kelly Aspegren	First Team		
	Billie Winsett	First Team		