

NEBRASKA TRACK & FIELD

2025 Nebraska Tune-Up

FEBRUARY 21ST, 2025 | BOB DEVANEY SPORTS CENTER | LINCOLN, NE

PRELIMINARY SCHEDULE OF EVENTS

Friday, February 21st

FIELD EVENTS

12:00 PM	Weight Throw	Men	1:30 PM	Long Jump	Men
To follow	Weight Throw	Women	2:00 PM	Long Jump	Women
12:30 PM	Pole Vault	Men	2:45 PM	Shot Put	Men
To follow	Pole Vault	Women	To follow	Shot Put	Women
1:00 PM	High Jump	Men	4:30 PM	Triple Jump	Men
To follow	High Jump	Women	4:30 PM	Triple Jump	Women

RUNNING EVENTS

12:00 PM	5,000 M. Run	Men	3:30 PM	600 M. Run	Men
12:30 PM	5,000 M. Run	Women	3:35 PM	600 M. Run	Women
1:00 PM	60 M. Hurdles	Men	3:50 PM	800 M. Run	Men
1:15 PM	60 M. Hurdles	Women	4:15 PM	800 M. Run	Women
1:30 PM	60 M. Dash	Men	4:35 PM	200 M. Dash	Men
1:40 PM	60 M. Dash	Women	4:55 PM	200 M. Dash	Women
2:00 PM	Mile Run	Men	5:15 PM	3,000 M. Run	Men
2:15 PM	Mile Run	Women	5:30 PM	3,000 M. Run	Women
2:40 PM	400 M. Dash	Men	5:55 PM	4x400 M. Relay	Men
3:05 PM	400 M. Dash	Women	6:10 PM	4x400 M. Relay	Women

****Recognition of 2025 seniors to follow the conclusion of the 4x400 M. Relay****

Updated: September 25, 2024