

WOMEN'S OUTDOOR ALL-TIME TOP 10

100 Meters

1.	11.03	(+1.4)	Merlene Ottey	1982
2.	11.24	(0.0)	Darby Thomas	2025
3.	11.35	(+1.0)	Kim Walker	1991
4.	11.39	(+1.7)	Angela Thacker	1984
	11.39	(+1.2)	Kathy Travis Miiller	1996
6.	11.45	(+0.6)	Lakayla Harris	2018
7.	11.47	(+1.7)	Priscilla Lopes	2004
8.	11.48	(+1.2)	Denise Lucas	1992
9.	11.52A	(+0.5)	Kwani Stewart	1993
10.	11.54	(+0.2)	Rhonda Blanford	1984

Wind-Aided:

	10.97	(+4.4)	Merlene Ottey	1982
	11.20	---	Angela Thacker	1983
	11.35	(+5.8)	Lakayla Harris	2018
	11.35	(+2.3)	Darby Thomas	2024
	11.36	(+4.9)	Kwani Stewart	1994
	11.37A	(+5.2)	Kathy Travis Miiller	1996
	11.40	(+5.5)	Priscilla Lopes	2004
	11.42	(+5.9)	Rhonda Blanford	1985
	11.46	(+2.3)	Denise Lucas	1992

200 Meters

1.	22.17	(-0.9)	Merlene Ottey	1982
2.	22.57	(+0.7)	Kim Walker	1991
3.	22.92	(+0.7)	Ximena Restrepo	1991
4.	23.15	(+1.7)	Angela Thacker	1984
5.	23.26	(+0.7)	Denise Lucas	1991
6.	23.28	(+1.6)	Kwani Stewart	1994
7.	23.39	(-0.5)	Lakayla Harris	2018
8.	23.48	(+1.8)	Kathy Travis Miiller	1996
9.	23.50	(+1.7)	Shanelle Porter	1992
10.	23.55	(0.0)	Linetta Wilson	1987

Wind-Aided:

	22.11	-	Merlene Ottey	1983
	23.05A	(+3.3)	Angela Thacker	1986
	23.15	(+2.6)	Lakayla Harris	2018
	23.25	(+2.4)	Denise Lucas	1992
	23.27	(+5.2)	Sharon Powell	1988
	23.33	(+5.7)	Janet Burke	1983
	23.35	(+2.4)	Kathy Travis	1992
	23.37	(+3.2)	Mara Weekes	2011
	23.39	(+3.6)	Linetta Wilson	1987

400 Meters

1.	50.14		Ximena Restrepo	1991
2.	51.12		Merlene Ottey	1983
3.	51.58		Linetta Wilson	1987
4.	51.4		Sharon Powell	1988
5.	51.92		Shanelle Porter	1995
6.	52.07		Stella Klassen	1999
7.	52.39		Michelle Milling	1987
	52.39		Lesley Owusu	2002
9.	52.82		Marcia Tate	1985
10.	52.86		Jennie Gorham	1980

800 Meters

1.	2:01.26		Sharon Powell	1988
2.	2:02.92		Egle Uljas	2005
3.	2:03.33		Ashley Miller	2012
4.	2:04.86		Berlyn Schutz	2025
5.	2:04.93		Lisa Darley Graham	1991
6.	2:05.26		Shawnice Williams	2013
7.	2:05.82		Nicole Ali	1986
8.	2:06.3		Tami Essington	1982
9.	2:06.76		LaTisha Croom	1998
10.	2:06.87		Blaire Dinsdale	2012

1,500 Meters

1.	4:11.01		Berlyn Schutz	2025
2.	4:11.37		Anne Shadle	2005
3.	4:11.49		Ashley Miller	2012
4.	4:12.38		Lisa Darley Graham	1992
5.	4:15.17		Jessica Furlan	2013
6.	4:16.13		Sammie Resh Gdowski	1990
7.	4:16.42		Fran ten Bensel	1993
8.	4:17.31		Berlyn Schutz	2024
9.	4:18.63		Natalja (Zarcenko) Callahan	2008
10.	4:21.4		Laura Wight	1985

5,000 Meters

1.	15:45.29		Sammie Resh Gdowski	1990
2.	15:54.16		Ali Bainbridge	2025
3.	15:57.43		Berlyn Schutz	2025
4.	16:13.75		Brynna McQuillen	2024
5.	16:18.98		Erika Freyhof	2021
6.	16:22.08		Juliet Prowse	1991
7.	16:27.21		Anne Shadle	2005
8.	16:27.73		Lara Crofford	2008
9.	16:27.94		Martina Barinova	2011
10.	16:29.9		Karlene Erickson	1986

10,000 Meters

1.	32:34.71		Sammie Resh Gdowski	1990
2.	33:24.07		Ali Bainbridge	2025
3.	33:50.38		Erika Freyhof	2022
4.	33:56.46		Lara Crofford	2008
5.	34:10.58		Anna Peer	2015
6.	34:10.94		Kayte Tranel	2006
7.	34:30.7		Karlene Erickson	1984
8.	34:54.78		Katie White	2012
9.	34:55.00		Grace Pagone	2021
10.	35:14.30		Brynna McQuillen	2024

100-Meter Hurdles

1.	12.60	(+0.4)	Priscilla Lopes	2006
2.	12.85	(+0.1)	Rhonda Blanford	1985
3.	13.08	(+2.0)	Chanel Freeman	2019
4.	13.25	(+1.0)	Jasmine Barge	2019
	13.25	(+1.9)	Johanna Ilves	2024
6.	13.31	(+1.7)	Emily Waibel	2001
7.	13.34	(+0.4)	Shelley-Ann Brown	2002
8.	13.37	(+1.6)	Kwani Stewart	1992
9.	13.44A	(+1.4)	Arna Erega	2010
10.	13.50	(-0.6)	Frances Keating	2005
	13.50	(+1.7)	Jordan Stiens	2015

Wind-Aided:

	12.70	(+4.1)	Rhonda Blanford	1985
	13.09A	(+2.1)	Jasmine Barge	2019
	13.23	(+3.2)	Shelley-Ann Brown	2003
	13.25	(+3.0)	Kwani Stewart	1993
	13.28	(+3.3)	Emily Waibel	2001
	13.45	(+4.5)	Nikita Eades	2008
	13.49	(+3.9)	Meka Rembert	1998

400-Meter Hurdles

1.	55.38A		Linetta Wilson	1989
2.	55.96		Meka Rembert	1998
3.	57.04		Sheryl Morgan	2007
4.	57.38		Jasmine Barge	2019
5.	57.46		Michaela Peskova	2019
6.	57.62		Ellie Grooters	2014
7.	57.87		Frances Keating	2005
8.	57.95		Karolina Pahlitzsch	2016
9.	58.14		Abrielle Artley	2024
10.	58.18		Susan Hedrick	1991

3,000-Meter Steeplechase

1.	9:39.35		Ann Gaffigan	2004
2.	9:51.23		Jessica Furlan	2013
3.	9:51.80		Judi Jones	2021
4.	10:09.69		Rachel Carrizales	2009
5.	10:12.45		Martina Barinova	2011
6.	10:18.86		Taya Skelton	2023
7.	10:28.01		Joslyn Dalton	2009
8.	10:30.75		Cami Merickel	2025
9.	10:32.21		Anne Shadle	2003
10.	10:34.04		Katrina Santiago	2017

4x100-Meter Relay

1.	43.44		Burke, Blanford, Thacker, Ottey	1983
2.	43.61		Travis, Stewart, Porter, Lucas	1992
3.	43.67A		James, McQueen, Blanford, Ottey	1982
4.	43.71		Restrepo, Stewart, Lucas, Walker	1991
5.	43.98		Burke, Gorham, Thacker, Ottey	1983
6.	44.05		D. Powell, Blanford, Thacker, Ottey	1983
7.	44.23		Blanford, D. Powell, Gorham-Badami, Thacker	1984
8.	44.0		James, Blanford, McQueen, Ottey	1982
9.	44.1		James, Powell, Blanford, Ottey	1982
10.	44.39		Govindan, Stewart, Lucas, Walker	1991

4x200-Meter Relay

1.	1:33.0		Travis, Stewart, Porter, Lucas	1992
2.	1:33.70		Restrepo, Porter, Lucas, Walker	1991
3.	1:34.07		Briggs, Barge, Peskova, Carr	2018
4.	1:34.28		Travis, Henry, Perry, Stewart	1994
5.	1:35.64		McIntosh, Ingram, Barge, Harris	2019
6.	1:36.05		Plummer, Croom, Myatt, Lewis	1996
7.	1:37.09		Barge, McIntosh, Duncan, Harris	2016
8.	1:37.33p		Travis, Henry, Perry, Stewart	1994
9.	1:37.46p		Plummer, Croom, Myatt, Lewis	1996
10.	1:39.05p		McBean, Chambers, Harmon, Brown	2002

4x400-Meter Relay

1.	3:29.61		Travis, Stewart, Lucas, Porter	1992
2.	3:29.87		Porter, T. Wilson, Walker, Restrepo	1991
3.	3:31.4		Milling, Webster, S. Powell, L. Wilson	1987
4.	3:31.44		Kruger, Milling, S. Powell, L. Wilson	1988
5.	3:32.80		Klassen, Owusu, Croom, Rembert	1998
6.	3:32.81		Ali, Gorham, Tate, Burke	1983
7.	3:32.93A		Restrepo, Webster, Lidy, L. Wilson	1989
8.	3:33.84		Stanisavljevic, Harmon, Owusu, Klassen	2000
9.	3:33.94		Croom, Klassen, Myatt, Burton	1997
10.	3:34.59		Myatt, J. Johnson, Croom, Porter	1995

Sprint Medley Relay

1.	3:48.54		Deebom, A. Walker, M. Walker, Schutz	2024
2.	3:49.84		Porter, T. Wilson, Lucas, D. Graham	1991
3.	3:51.11		Klassen, Harmon, Owusu, Biehl	2000
4.	3:53.83		Andrews, Weekes, Baird, Grooters	2014
5.	3:55.02		Hicks, A. Walker, M. Walker, J. Ilves	2025
6.	3:55.11y		Webster, Moody, Milling, S. Powell	1987
7.	3:55.14		Sanders, Heck, Woitzel, Williams	2015
8.	3:57.8		Thomas, V. Johnson, Ali, Wight	1985
9.	3:59.01		McIntosh, Harris, Carr, Harsin	2016
10.	4:03.44		Ashmore, Thomas, Ali, Noel	1984

4x100m Shuttle Hurdle Relay

1.	54.86		Farrington, Dowell, Smith, Stiens	2015
2.	55.18		Erega, Eades, Butler, LaCour	2008
3.	55.44		Brown, Livesay, Pretorius, Waibel	2001
4.	55.83p		Erega, Eades, Butler, LaCour	2008
5.	55.96p		Farrington, Dowell, Smith, Stiens	2015
6.	56.15		McMillan, Erega, Butler, LaCour	2011
7.	56.24		Brown, B. Dutton, Pretorius, Waibel	2000
8.	56.24		Brown, Livesey, Pretorius, Waibel	2001
9.	56.75		Blanford, Kruger, V. Johnson, Thomas	1985
10.	56.76p		Brown, Livesey, Pretorius, Waibel	2001

WOMEN'S OUTDOOR ALL-TIME TOP 10

High Jump

1.	1.91m	(6-3 1/4)	Jenna Rogers	2024
2.	1.90m	A (6-2 3/4)	Epley Bullock	2010
3.	1.89m	(6-2 1/4)	Cris Hall	1992
4.	1.88m	(6-2)	Tammy Thurman	1988
5.	1.86m	(6-1 1/4)	Marusa Cernjul	2015
6.	1.85m	(6-1)	Heather Smith	1984
	1.85m	(6-0 3/4)	Carrie Branses	2000
	1.85m	(6-0 3/4)	Karsyn Leeling	2025
9.	1.84m	(6-0 1/2)	Jessica Thompson	1999
	1.84m	(6-0 1/2)	Reka Czuth	2016

Pole Vault

1.	4.38m	(14-4 1/2)	Natalie Willer	2009
2.	4.35m	(14-3 1/4)	Brysun Stately	2007
3.	4.32m	(14-2)	Jacelyn Neighbors	2025
4.	4.31m	(14-1 3/4)	Kylie Clark-Fox	2025
5.	4.27m	(14-0)	Paula Andrie	2016
6.	4.25m	(13-11 1/4)	Jenny Green	2004
7.	4.21m	(13-9 3/4)	Andy Jacobs	2019
8.	4.20m	(13-9 1/4)	Arina Razina	2025
9.	4.17m	(13-8 1/4)	Jessie Graff	2004
	4.17m	(13-8 1/4)	Jessica Gardner	2021

Long Jump

1.	6.81m	(22-4 1/4)	(+1.8)	Angela Thacker	1984
2.	6.70m	A (21-11 3/4)	(+1.5)	Angee Henry	1996
	6.70m	(21-11 3/4)	(+1.8)	Ineta Radevica	2003
4.	6.66m	(21-10 1/4)	(+0.0)	Lishanna Ilves	2021
5.	6.59m	(21-7 1/2)	(+0.2)	Karen Kruger	1987
	6.59m	(21-7 1/2)	(+2.0)	Mara Griva	2011
7.	6.56m	(21-6 1/4)	(+1.6)	Velecia Williams	2024
8.	6.45m	(21-2)	(+1.6)	Tierra Williams	2017
9.	6.44m	(21-1 1/2)	(+0.7)	Dalhia Ingram	1999
10.	6.43m	(21-1 1/4)	(+1.1)	Vesna Kostic	2002

Wind-Aided:

	6.70m	(21-11 3/4)	(+3.6)	Mara Griva	2011
	6.68m	(21-11)	(+3.6)	Dalhia Ingram	1999
	6.66m	(21-10 1/4)	(+4.1)	Kwani Stewart	1994
	6.50m	(21-4)	(+2.2)	Tierra Williams	2016
	6.45m	(21-2)	(+15.1)	Tashika Lewis	1995

Triple Jump

1.	14.12m	(46-4)	(+1.1)	Ineta Radevica	2004
2.	13.81m	(45-3 3/4)	(+2.0)	Mara Griva	2011
3.	13.74m	(45-1)	(+1.2)	Nicola Martial	1995
4.	13.64m	(44-9)	(+2.0)	Dalhia Ingram	2000
5.	13.63m	(44-8 3/4)	(+1.6)	Ashley McElmurry	2024
6.	13.56m	(44-6)	(+1.6)	Tierra Williams	2016
7.	13.44m	(44-1 1/4)	(+1.0)	Ellie Ewere	2014
8.	13.43m	A (44-0 3/4)	(+1.1)	Renita Robinson	1989
9.	13.40m	(43-11 3/4)	(+0.8)	Rhianna Phipps	2024
10.	13.38m	(43-10 3/4)	(+1.4)	Angela Mercurio	2017

Wind-Aided:

	13.67m	(44-10 1/4)	(+2.1)	Rhianna Phipps	2024
	13.67m	(44-10 1/4)	(+4.0)	Dalhia Ingram	1999
	13.43m	(44-0 3/4)	(+2.8)	Krisztina Kovesi	2003
	13.37m	(43-10 1/2)	(+3.1)	Rhianna Phipps	2023

Shot Put

1.	19.54m	(64-1 1/4)	Axelina Johansson	2023
2.	18.79m	(61-7 3/4)	Tressa Thompson	1998
3.	18.46m	(60-6 3/4)	Becky Breisch	2006
4.	17.96m	(58-11 1/4)	Kalynn Meyer	2025
5.	17.54m	(57-6 1/2)	Mine De Klerk	2024
6.	17.43m	(57-2 1/4)	Taylor Latimer	2023
7.	17.09m	(56-1)	Amelia Flynt	2024
8.	17.07m	(56-0)	Toni Tupper	2017
9.	16.89m	(55-5)	Kellyn Kortemeyer	2025
10.	16.79m	(55-1)	Paulette Mitchell	1996

Discus

1.	63.12m	(207-1)	Becky Breisch	2004
2.	59.07m	(193-9)	Dace Ruskule	2006
3.	58.29m	(191-3)	Kalynn Meyer	2025
4.	56.18m	(184-4)	Paulette Mitchell	1996
5.	55.95m	(183-7)	Morgan Wilken	2012
6.	55.93m	(183-6)	Alex Meyer	2017
7.	55.63m	(182-6)	Amelia Flynt	2024
8.	55.17m	(181-0)	Mine De Klerk	2024
9.	54.91m	(180-2)	Betty Rosvold	2023
10.	54.54m	(178-11)	Tressa Thompson	1998

Hammer Throw

1.	66.81m	(219-2)	Melissa Price	2002
2.	63.25m	(207-6)	Hillevi Carlsson	2024
3.	62.80m	(206-0)	Cammy Garabian	2025
4.	62.76m	(205-11)	Tanessa Morris	2023
5.	62.56m	(205-3)	Taylor Latimer	2023
6.	62.29m	(204-4)	Veronica Grizzle	2014
7.	61.99m	(203-4)	Anna Purchase	2019
8.	60.81m	(199-6)	Jade Hodson Siegel	2012
9.	60.70m	(199-2)	Victoria Zimmerman	2012
10.	60.66m	(199-0)	Paulette Mitchell	1996

Javelin

1.	64.19m	(210-7)	Rhema Otabor	2024
2.	60.73m	(199-3)	Maddie Harris	2023
3.	56.49m	(185-4)	Emanuela Casadei	2024
4.	56.15m	(184-3)	Sarah Firestone	2015
5.	55.78m	(183-0)	Eniko Sara	2025
6.	55.73m	(182-10)	Kayla Wilkinson	2008
7.	55.37m	(181-8)	Maggie Malone	2014
8.	55.16m	(181-0)	Cassi Morelock	2000
9.	54.90m	(180-1)	Chase Wolinski	2019
10.	54.48m	(178-9)	Brittini Wolczyk	2017

Heptathlon

1.	6,003	Chantae McMillan	2011
2.	5,936	Cris Hall	1992
3.	5,800A	Megan Wheatley	2009
4.	5,794	Ashley Selig	2007
5.	5,704	Nancy Kindig	1981
6.	5,619	Patricia Nadler	1989
7.	5,607	Janet Blomstedt	1996
8.	5,577	Katherine Livesey	2002
9.	5,575	Deb Clark	1985
10.	5,521	Anne Martin	2014