

HONORS AND AWARDS

Honda-Broderick Cup**2006** Sarah Pavan**U.S. Olympic Team****2024** Jordan Larson
Kelsey Robinson
Justine Wong-Orantes**2020** Jordan Larson
Kelsey Robinson
Justine Wong-Orantes**2016** Kayla Banwarth
Jordan Larson
Kelsey Robinson**2012** Jordan Larson**2004** Nancy Metcalf**2000** Allison Weston (captain)**1996** Lori Endicott**1992** Lori Endicott**1988** Cathy Noth (alternate)**Canada Olympic Team****2020** Sarah Pavan (beach volleyball)**2016** Sarah Pavan (beach volleyball)**U.S. National Team****2018-20** Kadie Rolfzen**2017-20** Amber Rolfzen**2017-pres.** Justine Wong-Orantes**2014-pres.** Kelsey Robinson**2011-16** Kayla Banwarth**2009-pres.** Jordan Larson**2007-11** Tracy Stalls**2002-12** Nancy Metcalf (Meendering)**2002-03** Greichaly Cepero**1997-00** Allison Weston**1988-96** Lori Endicott**1992-93** Stephanie Thater**1991** Val Novak**1984-88** Cathy Noth**Canada National Team****2013-pres.** Sarah Pavan (beach)**2010-13** Sarah Pavan**Morgan Trophy Award****1996** Allison Weston**AVCA National Player of the Year****2006** Sarah Pavan**2005** Christina Houghtelling**2000** Greichaly Cepero**1995** Allison Weston (co-winner)**Honda Volleyball Award****2006** Sarah Pavan**2000** Greichaly Cepero**1995** Allison Weston**1986** Karen Dahlgren**Honda Volleyball Award Finalists****2024** Lexi Rodriguez**2023** Merritt Beason**2016** Kadie Rolfzen**2013** Kadie Rolfzen**2013** Kelsey Robinson**2005** Melissa Elmer

Christina Houghtelling

2001 Nancy Metcalf**1998** Fiona Nepo**1994** Allison Weston**1992** Stephanie Thater**1990** Val Novak**AAU Sullivan Award Finalists****2024-25** Lexi Rodriguez (Sullivan Award Winner)**2018-19** Mikaela Foecke**2017-18** Annika Albrecht

Kelly Hunter

2016-17 Mikaela Foecke**2014-15** Kelsey Robinson**Conference Athlete of the Year****2007-08** Sarah Pavan**2006-07** Sarah Pavan**2000-01** Greichaly Cepero**1989-90** Virginia Stahr**1986-87** Annie Adamczak**NCAA Woman of the Year****2001** Angie Oxley (state winner)**1996** Billie Winsett-Fletcher**1992** Janet Kruse (state winner)**NCAA Today's Top Ten Award****2008** Sarah Pavan**2002** Nancy Metcalf (Meendering)**1992** Janet Kruse**1990** Virginia Stahr**NCAA Elite 90 Award****2021** Anni Evans**2017** Sydney Townsend**2016** Sydney Townsend**Academic All-American of the Year (All Sports)****2007-08** Sarah Pavan**2006-07** Sarah Pavan**Academic All-American of the Year (Volleyball)****2007** Sarah Pavan**2006** Sarah Pavan**2001** Nancy Metcalf (Meendering)**1991** Janet Kruse**1990** Janet Kruse**1989** Virginia Stahr**1988** Virginia Stahr**NCAA Postgraduate Scholarship****2016** Kadie Rolfzen**2008** Amanda Gates**2007** Christina Houghtelling

Sarah Pavan

Tracy Stalls

2003 Laura Pilakowski**1992** Janet Kruse**1990** Virginia Stahr**Senior CLASS Award****2018** Mikaela Foecke**2012** Gina Mancuso**World University Games****2015** Briana Holman**1999** Nancy Metcalf (Meendering)**1985** Karen Dahlgren**Gatorade HS National Player of the Year****2022-23** Harper Murray**2020-21** Ally Batenhorst**2016-17** Lexi Sun**2014-15** Mikaela Foecke**2008-09** Gina Mancuso**AVCA Region Player of the Year****2024** Lexi Rodriguez**2023** Merritt Beason**2017** Kelly Hunter**AVCA Region Freshman of the Year****2023** Harper Murray**AVCA All-Region****2024** Merritt Beason First Team

Andi Jackson First Team

Harper Murray First Team

Bergen Reilly First Team

Lexi Rodriguez First Team

2023 Rebekah Allick First Team

Merritt Beason First Team

Andi Jackson First Team

Harper Murray First Team

Bergen Reilly First Team

Lexi Rodriguez First Team

2022 Rebekah Allick First Team

Kaitlyn Hord First Team

Madi Kubik First Team

Whitney Lauenstein First Team

Lexi Rodriguez First Team

2021 Kayla Caffey First Team

Nicklin Hames First Team

Madi Kubik First Team

Lexi Rodriguez First Team

2020 Nicklin Hames First Team

Madi Kubik First Team

Lauren Stivrins First Team

Lexi Sun First Team

2019 Nicklin Hames First Team

Madi Kubik First Team

Lauren Stivrins First Team

Lexi Sun First Team

2018 Mikaela Foecke First Team

Kenzie Maloney First Team

Lauren Stivrins First Team

2017 Annika Albrecht First Team

Mikaela Foecke First Team

Briana Holman First Team

Kelly Hunter First Team

2016 Mikaela Foecke First Team

Briana Holman First Team

Kelly Hunter First Team

Amber Rolfzen First Team

Kadie Rolfzen First Team

Justine Wong-Orantes First Team

2015 Mikaela Foecke First Team

Kelly Hunter First Team

Amber Rolfzen First Team

Kadie Rolfzen First Team

Justine Wong-Orantes First Team

2014 Kelsey Fien First Team

Mary Pollmiller First Team

Kadie Rolfzen First Team

2013 Meghan Haggerty First Team

Mary Pollmiller First Team

Kelsey Robinson First Team

Kadie Rolfzen First Team

2012 Lauren Cook First Team

Gina Mancuso First Team

Hannah Werth First Team

2011 Gina Mancuso First Team**2010** Brooke Delano First Team

HONORS AND AWARDS

	Lindsey Licht	First Team
	Hannah Werth	First Team
2009	Sydney Anderson	First Team
	Kori Cooper	First Team
	Brooke Delano	First Team
2008	Sydney Anderson	First Team
	Kori Cooper	First Team
	Jordan Larson	First Team
	Tara Mueller	First Team
2007	Rachel Holloway	First Team
	Christina Houghttelling	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2006	Rachel Holloway	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2005	Christina Houghttelling	First Team
	Melissa Elmer	First Team
	Sarah Pavan	First Team
	Jennifer Saleaumua	First Team
2004	Melissa Elmer	First Team
	Sarah Pavan	First Team
	Jennifer Saleaumua	First Team
2003	Melissa Elmer	First Team
	Jennifer Saleaumua	First Team
2002	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Laura Pilakowski	First Team
2001	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Nancy Metcalf	First Team
	Laura Pilakowski	First Team
2000	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Laura Pilakowski	First Team
1999	Nancy Metcalf (Meendering)	First Team
1998	Fiona Nepo	First Team
	Nancy Metcalf (Meendering)	First Team
	Megan Korver	First Team
1997	Lisa Reitsma	First Team
	Fiona Nepo	First Team
1996	Lisa Reitsma	First Team
	Fiona Nepo	First Team
	Megan Korver	First Team
1995	Allison Weston	First Team
	Christy Johnson	First Team
	Billie Winsett	First Team
	Lisa Reitsma	First Team
1994	Allison Weston	First Team
	Christy Johnson	First Team
	Kelly Aspegren	First Team
	Billie Winsett	Second Team
1993	Allison Weston	First Team
	Jen McFadden	First Team
	Nikki Stricker	Second Team
1992	Stephanie Thater	First Team
	Nikki Stricker	First Team
	Eileen Shannon	Second Team
1991	Janet Kruse	First Team
	Cris Hall	First Team
	Stephanie Thater	First Team
1990	Janet Kruse	First Team
	Val Novak	First Team
	Cris Hall	Second Team
1989	Val Novak	First Team
	Virginia Stahr	First Team
	Janet Kruse	Second Team
	Eileen Shannon	Second Team

1988	Virginia Stahr	First Team
	Lori Endicott	First Team
1987	Lori Endicott	First Team
	Kathi DeBoer	First Team
	Virginia Stahr	First Team
1986	Tisha Delaney	First Team
	Enid Schonewise	First Team
	Karen Dahlgren	First Team
1985	Karen Dahlgren	First Team
	Enid Schonewise	First Team
1981	Terri Kanouse	First Team
1980	Terri Kanouse	First Team
	Lori Melcher	First Team
	Reba Govier	First Team
1979	Nancy Grant	First Team

AVCA All-Region Honorable Mention

2018	Nicklin Hames	Honorable Mention
2013	Cecilia Hall	Honorable Mention
2012	Meghan Haggerty	Honorable Mention
2011	Morgan Broekhuis	Honorable Mention
2011	Lauren Cook	Honorable Mention
2011	Hannah Werth	Honorable Mention
2009	Hannah Werth	Honorable Mention
2005	Jordan Larson	Honorable Mention
2004	Dani Busboom	Honorable Mention

AVCA National Freshman of the Year

2021	Lexi Rodriguez
2004	Sarah Pavan

VolleyballMag.com National Freshman of the Year

2019	Madi Kubik
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AVCA Region Freshman of the Year

2023	Harper Murray
2021	Lexi Rodriguez
2019	Madi Kubik
2013	Kadie Rolfzen
2009	Hannah Werth
2005	Jordan Larson
2004	Sarah Pavan
1999	Greichaly Cepero

NCAA Championship All-Tournament Team

2024	Harper Murray
2023	Rebekah Allick
	Merritt Beason
2021	Nicklin Hames
	Madi Kubik
2018	Mikaela Foecke
	Lauren Stivrins
2017	Mikaela Foecke (Co-MOP)
	Kelly Hunter (Co-MOP)
	Kenzie Maloney
2015	Mikaela Foecke (MOP)
	Kelly Hunter
	Amber Rolfzen
	Justine Wong-Orantes
2008	Jordan Larson
2006	Sarah Pavan (MOP)
	Rachel Holloway
	Tracy Stalls
2005	Sarah Pavan
	Jennifer Saleaumua
	Melissa Elmer
2000	Greichaly Cepero (MOP)
	Amber Holmquist
	Laura Pilakowski
1996	Lisa Reitsma
1995	Allison Weston
	Christy Johnson

	Billie Winsett
	Kate Crnich
1989	Eileen Shannon
1986	Karen Dahlgren
	Tisha Delaney

NCAA Regional All-Tournament Team

2024	Harper Murray (MOP)
	Andi Jackson
	Bergen Reilly
	Lexi Rodriguez
2023	Merritt Beason (MOP)
	Bergen Reilly
	Lexi Rodriguez
2022	Ally Batenhorst
2021	Nicklin Hames (MOP)
	Lindsay Krause
	Madi Kubik
2019	Lexi Sun
	Jazz Sweet
2018	Mikaela Foecke (MOP)
	Nicklin Hames
	Lauren Stivrins
2017	Mikaela Foecke (MOP)
	Annik Albrecht
	Kelly Hunter
2016	Kadie Rolfzen (MOP)
	Kelly Hunter
	Andie Malloy
2015	Kadie Rolfzen (MOP)
	Amber Rolfzen
	Kelly Hunter
	Justine Wong-Orantes
2014	Mary Pollmiller
	Kadie Rolfzen
2013	Kelsey Robinson
	Kadie Rolfzen
2012	Gina Mancuso
	Lauren Cook
	Morgan Broekhuis
2010	Jordan Wilberger
2009	Sydney Anderson
	Kori Cooper
2008	Tara Mueller (MOP)
	Sydney Anderson
	Jordan Larson
	Lindsey Licht
2007	Sarah Pavan
	Tracy Stalls
2006	Jordan Larson (MOP)
	Sarah Pavan
	Rachel Holloway
2005	Christina Houghttelling (MOP)
	Sarah Pavan
	Jennifer Saleaumua
2004	Sarah Pavan
	Jennifer Saleaumua
2002	Greichaly Cepero
	Amber Holmquist
	Laura Pilakowski
2001	Nancy Metcalf (Meendering) (MOP)
	Greichaly Cepero
	Jenny Kropp
2000	Greichaly Cepero (MOP)
	Angie Oxley
	Laura Pilakowski
1999	Nancy Metcalf (Meendering)
1998	Nancy Metcalf (Meendering) (MOP)
	Fiona Nepo
1997	Lisa Reitsma
	Fiona Nepo
1996	Lisa Reitsma (MOP)

HONORS AND AWARDS

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1997	Katie Jahnke	Big 12
1996	Megan Korver	Big 12
1995	Stacie Maser (co-winner)	Big Eight
1993	Jen McFadden	Big Eight
1992	Allison Weston	Big Eight

Conference Backcourt Specialist of the Year

1995	Maria Hedbeck (co-winner)	Big Eight
1993	Stephanie Clerc	Big Eight
1992	Christy Johnson	Big Eight

**All-Conference
Big Ten**

2024	Merritt Beason	First Team
	Andi Jackson	First Team
	Harper Murray	First Team
	Bergen Reilly	First Team
	Lexi Rodriguez	First Team
2023	Merritt Beason	First Team
	Harper Murray	First Team
	Bergen Reilly	First Team
	Lexi Rodriguez	First Team
	Rebekah Allick	Second Team
	Andi Jackson	Second Team
2022	Madi Kubik	First Team
	Lexi Rodriguez	First Team
	Rebekah Allick	Second Team
	Kaitlyn Hord	Second Team
2021	Madi Kubik	First Team
	Lexi Rodriguez	First Team
	Lauren Stivrins	First Team
	Nicklin Hames	Second Team
2020	Nicklin Hames	First Team
	Lauren Stivrins	First Team
	Lexi Sun	First Team
2019	Nicklin Hames	First Team
	Lauren Stivrins	First Team
	Lexi Sun	First Team
	Madi Kubik	Second Team
2018	Mikaela Foecke	First Team
	Kenzie Maloney	First Team
	Lauren Stivrins	First Team
2017	Annika Albrecht	First Team
	Mikaela Foecke	First Team
	Kelly Hunter	First Team
	Briana Holman	Honorable Mention
2016	Kelly Hunter	First Team
	Amber Rolfzen	First Team
	Kadie Rolfzen	First Team
	Justine Wong-Orantes	First Team
	Mikaela Foecke	Honorable Mention
	Briana Holman	Honorable Mention
2015	Amber Rolfzen	First Team
	Kadie Rolfzen	First Team
	Justine Wong-Orantes	Honorable Mention
2014	Kelsey Fien	First Team
	Kadie Rolfzen	First Team
	Mary Pollmiller	Honorable Mention
2013	Kelsey Robinson	First Team
	Kadie Rolfzen	First Team
	Mary Pollmiller	Honorable Mention
2012	Lauren Cook	First Team
	Gina Mancuso	First Team
	Hannah Werth	First Team
2011	Lauren Cook	First Team
	Gina Mancuso	First Team
	Hannah Werth	First Team
	Morgan Broekhuis	Honorable Mention
	Brooke Delano	Honorable Mention
Big 12		
2010	Brooke Delano	First Team
	Lindsey Licht	First Team

	Hannah Werth	First Team
	Kayla Banwarth	Honorable Mention
2009	Sydney Anderson	First Team
	Kori Cooper	First Team
	Brooke Delano	First Team
	Hannah Werth	Honorable Mention
	Kayla Banwarth	Honorable Mention
2008	Sydney Anderson	First Team
	Kori Cooper	First Team
	Jordan Larson	First Team
	Tara Mueller	First Team
	Amanda Gates	Honorable Mention
2007	Rachel Holloway	First Team
	Christina Houghttelling	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2006	Rachel Holloway	First Team
	Jordan Larson	First Team
	Sarah Pavan	First Team
	Tracy Stalls	First Team
2005	Sarah Pavan	First Team
	Melissa Elmer	First Team
	Christina Houghttelling	First Team
	Jennifer Saleaumua	Honorable Mention
	Jordan Larson	Honorable Mention
2004	Sarah Pavan	First Team
	Melissa Elmer	First Team
	Jennifer Saleaumua	First Team
2003	Melissa Elmer	First Team
	Jennifer Saleaumua	First Team
2002	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Laura Pilakowski	First Team
	Jennifer Saleaumua	First Team
2001	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Nancy Metcalf (Meendering)	First Team
	Laura Pilakowski	First Team
2000	Greichaly Cepero	First Team
	Amber Holmquist	First Team
	Jenny Kropp	First Team
	Angie Oxley	Honorable Mention
	Laura Pilakowski	First Team
1999	Nancy Metcalf (Meendering)	First Team
	Greichaly Cepero	First Team
	Angie Oxley	Honorable Mention
	Amber Holmquist	Honorable Mention
1998	Fiona Nepo	First Team
	Nancy Metcalf (Meendering)	First Team
	Megan Korver	First Team
	Jaime Krondak	Honorable Mention
1997	Lisa Reitsma	First Team
	Fiona Nepo	First Team
1996	Lisa Reitsma	First Team
	Fiona Nepo	First Team
	Kate Crnich	First Team
	Megan Korver	First Team
Big Eight		
1995	Christy Johnson	First Team
	Lisa Reitsma	First Team
	Allison Weston	First Team
	Billie Winsett	First Team
1994	Kelly Aspegren	First Team
	Christy Johnson	First Team
	Allison Weston	First Team
	Billie Winsett	Second Team
1993	Allison Weston	First Team
	Nikki Stricker	First Team
	Jen McFadden	Second Team
1992	Stephanie Thater	First Team

	Eileen Shannon	First Team
	Nikki Stricker	First Team
	Laura Luther	Second Team
	Allison Weston	Honorable Mention
1991	Janet Kruse	First Team
	Stephanie Thater	First Team
	Cris Hall	First Team
	Eileen Shannon	Second Team
	Nikki Stricker	Second Team
	Laura Luther	Honorable Mention
1990	Val Novak	First Team
	Janet Kruse	First Team
	Cris Hall	First Team
	Stephanie Thater	First Team
1989	Virginia Stahr	First Team
	Val Novak	First Team
	Janet Kruse	First Team
	Eileen Shannon	First Team
1988	Virginia Stahr	First Team
	Val Novak	First Team
	Lori Endicott	First Team
	Linda Barsness	Second Team
	Carla Baker	Honorable Mention
1987	Lori Endicott	First Team
	Virginia Stahr	First Team
	Kathi DeBoer	First Team
	Val Novak	Honorable Mention
1986	Karen Dahlgren	First Team
	Enid Schonewise	First Team
	Tisha Delaney	First Team
	Kathi DeBoer	Second Team
	Virginia Stahr	Second Team
	Lori Endicott	Honorable Mention
1985	Annie Adamczak	First Team
	Tisha Delaney	First Team
	Karen Dahlgren	First Team
	Kathi DeBoer	Second Team
	Sharon Kramer	Second Team
1984	Cathy Noth	First Team
	Karen Dahlgren	First Team
	Mary Buysse	First Team
	Julie Hermann	First Team
	Annie Adamczak	Second Team
1983	Cathy Noth	First Team
	Erin Dean	First Team
	Sharon Kramer	First Team
	Mary Buysse	Second Team
	Karen Dahlgren	Second Team
1982	Cathy Noth	First Team
	Erin Dean	First Team
	Gwen Egbert	First Team
	Mary Buysse	Second Team

All-Big Ten Freshman Team

2023	Andi Jackson
	Harper Murray
	Bergen Reilly
2022	Rebekah Allick
2021	Lindsay Krause
	Lexi Rodriguez
2019	Kenzie Knuckles
	Madi Kubik
2018	Nicklin Hames
	Callie Schwarzenbach
2017	Lauren Stivrins
	Jazz Sweet
2015	Mikaela Foecke
2013	Kadie Rolfzen
2012	Meghan Haggerty

AVCA National Player of the Week

2023	Merritt Beason	10/24
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HONORS AND AWARDS

2017	Annika Albrecht	9/26		Kenzie Knuckles (Defensive)	11/4		Hannah Werth (Rookie)	10/12
2016	Amber Rolfzen	10/25		Madi Kubik (Freshman)	11/18		Kayla Banwarth (Defensive)	10/19
2013	Kelsey Robinson	10/8	2018	Mikaela Foecke (Player)	9/10		Hannah Werth (Rookie)	10/19
2011	Hannah Werth	11/22		Callie Schwarzenbach (Defensive)	9/17		Sydney Anderson (Offensive)	11/9
2009	Sydney Anderson	11/10		Mikaela Foecke (Player)	9/24		Hannah Werth (Rookie)	11/9
2008	Jordan Larson	9/23		Nicklin Hames (Freshman)	9/24		Kayla Banwarth (Defensive)	11/23
2007	Sarah Pavan	8/27		Lauren Stivrins (Player)	10/1		Hannah Werth (Rookie)	11/30
2005	Christina Houghttelling	8/29		Lauren Stivrins (Defensive)	11/5	2008	Sydney Anderson (Rookie)	9/2
2004	Sarah Pavan	11/29		Mikaela Foecke (Player)	11/12		Sydney Anderson (Rookie)	9/8
2002	Amber Holmquist	11/25		Nicklin Hames (Freshman)	11/12		Jordan Larson (Offensive)	9/22
	Greichaly Cepero	12/2		Mikaela Foecke (Player)	11/26		Sydney Anderson (Rookie)	9/22
2001	Amber Holmquist	9/10		Lauren Stivrins (Defensive)	11/26		Jordan Larson (Offensive)	10/27
1994	Kelly Aspegren	9/6	2017	Briana Holman (Defensive)	9/5		Amanda Gates (Defensive)	10/27
	Allison Weston	10/31		Kelly Hunter (Setter)	9/11		Sydney Anderson (Rookie)	10/27
1993	Allison Weston	9/20		Annika Albrecht (Player)	9/25		Sydney Anderson (Rookie)	11/17
				Kelly Hunter (Setter)	9/25	2007	Sarah Pavan (Offensive)	8/27
				Mikaela Foecke (Player)	10/30		Christina Houghttelling (Defensive)	8/27
espnW National Player of the Week			2016	Kelly Hunter (Setter)	8/29		Jordan Larson (Defensive)	10/22
2017	Annika Albrecht	9/26		Kelly Hunter (Setter)	9/26		Sarah Pavan (Offensive)	11/5
2016	Briana Holman	8/31		Amber Rolfzen (Defensive)	10/10		Tracy Stalls (Offensive)	11/19
	Amber Rolfzen	10/26		Kadie Rolfzen (Player)	10/17		Tracy Stalls (Offensive)	11/26
2015	Justine Wong-Orantes	10/7		Amber Rolfzen (Player)	10/24	2006	Sarah Pavan	9/11
				Kelly Hunter (Setter)	10/24		Jordan Larson	10/9
Conference Player of the Week				Justine Wong-Orantes (Defensive)	10/24		Rachel Holloway	10/16
Big Ten				Amber Rolfzen (Defensive)	11/7		Sarah Pavan	10/20
2024	Bergen Reilly (Setter)	9/2		Kelly Hunter (Setter)	11/7	2005	Christina Houghttelling	8/29
	Rebekah Allick (Defensive)	9/2	2015	Kelly Hunter (Setter)	8/31		Melissa Elmer	10/10
	Bergen Reilly (Setter)	9/16		Mikaela Foecke (Freshman)	9/14		Jordan Larson	10/17
	Lexi Rodriguez (Defensive)	9/30		Kadie Rolfzen (Defensive)	9/21		Sarah Pavan	11/14
	Rebekah Allick (Defensive)	10/7		Mikaela Foecke (Freshman)	9/21	2004	Sarah Pavan	9/27
	Bergen Reilly (Setter)	10/14		Justine Wong-Orantes (Defensive)	10/5		Jennifer Saleaumua	10/25
	Andi Jackson (Defensive)	10/28		Amber Rolfzen (Defensive)	10/12		Sarah Pavan	11/29
	Lexi Rodriguez (Defensive)	11/11		Justine Wong-Orantes (Defensive)	10/19	2003	Melissa Elmer	10/13
	Bergen Reilly (Setter)	11/18		Kadie Rolfzen (Player)	11/2	2002	Greichaly Cepero	12/2
	Bergen Reilly (Setter)	11/25		Amber Rolfzen (Defensive)	11/2		Amber Holmquist	11/25
2023	Harper Murray (Freshman)	8/28		Kelly Hunter (Setter)	11/23		Laura Pilakowski	10/21
	Harper Murray (Freshman)	9/18		Amber Rolfzen (Defensive)	11/30	2001	Nancy Metcalf (Meendering)	9/1
	Merritt Beason (Player)	9/18	2014	Mary Pollmiller (Setter)	11/3		Amber Holmquist	9/10
	Bergen Reilly (Freshman)	9/25		Kelsey Fien (Player)	11/10		Nancy Metcalf (Meendering)	10/1
	Bergen Reilly (Setter)	9/25		Meghan Haggerty (Defensive)	11/10		Greichaly Cepero	10/29
	Harper Murray (Freshman)	10/2		Amber Rolfzen (Player)	11/24	2000	Greichaly Cepero	10/1
	Bergen Reilly (Setter)	10/2		Cecilia Hall (Defensive)	11/24		Greichaly Cepero	11/3
	Merritt Beason (Player)	10/2	2013	Amber Rolfzen (Freshman)	9/16		Amber Holmquist	10/23
	Lindsay Krause (Player)	10/9		Mary Pollmiller (Setter)	9/30		Amber Holmquist	11/16
	Lexi Rodriguez (Defensive)	10/16		Kelsey Robinson (Player)	10/7		Laura Pilakowski	9/4
	Bergen Reilly (Setter)	10/23		Meghan Haggerty (Defensive)	10/7	1999	Nancy Metcalf (Meendering)	9/6
	Merritt Beason (Player)	10/23		Amber Rolfzen (Freshman)	10/7	1998	Fiona Nepo	9/14
	Bergen Reilly (Freshman)	10/30		Mary Pollmiller (Setter)	10/28		Fiona Nepo	10/19
	Bergen Reilly (Setter)	11/6		Kadie Rolfzen (Freshman)	10/28		Nancy Metcalf (Meendering)	11/20
	Merritt Beason (Player)	11/6		Kelsey Robinson (Player)	11/4	1997	Lisa Reitsma	10/8
	Andi Jackson (Freshman)	11/13		Cecilia Hall (Defensive)	11/4	1996	Lisa Reitsma	10/13
	Lexi Rodriguez (Defensive)	11/20		Kadie Rolfzen (Freshman)	11/4		Lisa Reitsma	10/20
2022	Lexi Rodriguez (Defensive)	10/10		Kelsey Robinson (Player)	11/11		Megan Korver	11/24
	Rebekah Allick (Freshman)	10/17		Mary Pollmiller (Setter)	11/11		Lisa Reitsma	12/1
	Rebekah Allick (Freshman)	10/24		Kelsey Robinson (Player)	11/18	Big Eight		
	Madi Kubik (Player)	11/21		Mary Pollmiller (Setter)	11/18	1995	Lisa Reitsma	9/12
2021	Lexi Rodriguez (Freshman)	8/30	2012	Lauren Cook (Offensive, Setter)	8/27		Lisa Reitsma	10/10
	Kayla Caffey (Defensive)	9/6		Meghan Haggerty (Freshman)	9/4		Allison Weston	10/25
	Lindsay Krause (Freshman)	9/27		Meghan Haggerty (Freshman)	9/10		Allison Weston	10/31
	Madi Kubik (Player)	10/11		Lauren Cook (Setter)	10/8		Lisa Reitsma	11/7
	Nicklin Hames (Setter)	10/11		Meghan Haggerty (Freshman)	10/29		Lisa Reitsma	11/14
	Lexi Rodriguez (Freshman)	10/11		Hayley Thramer (Defensive)	11/12	1994	Kelly Aspegren	9/5
	Madi Kubik (Player)	10/18	2011	Gina Mancuso (Offensive)	9/26		Jen McFadden	9/17
	Nicklin Hames (Setter)	10/18		Hannah Werth (Offensive)	10/17		Allison Weston	10/24
	Lexi Rodriguez (Defensive)	10/18		Hannah Werth (Offensive)	11/21		Allison Weston	10/31
	Lexi Rodriguez (Freshman)	10/18	Big 12				Billie Winsett	11/21
	Lexi Rodriguez (Defensive)	11/15	2010	Lindsey Licht (Offensive)	8/28	1993	Nikki Stricker	9/13
	Lexi Rodriguez (Freshman)	11/29		Kayla Banwarth (Defensive)	9/13		Allison Weston	9/20
2020	Lexi Sun (Player)	3/8		Brooke Delano (Offensive)	9/13		Nikki Stricker	11/2
	Lexi Sun (Player)	3/22		Brooke Delano (Defensive)	9/27		Allison Weston	11/22
2019	Kenzie Knuckles (Freshman)	9/3	2009	Hannah Werth (Rookie)	9/8	1992	Stephanie Thater	9/21
	Madi Kubik (Player)	10/21		Hannah Werth (Rookie)	9/28		Stephanie Thater	9/28
	Madi Kubik (Freshman)	10/21						

HONORS AND AWARDS

	Eileen Shannon	11/10
1991	Stephanie Thater	9/1
	Stephanie Thater	9/15
	Eileen Shannon	10/6
	Janet Kruse	10/27
	Nikki Stricker	11/3
	Nikki Stricker	11/17
1990	Val Novak	9/10
	Val Novak	9/17
	Cris Hall	10/1
	Janet Kruse	11/5
	Stephanie Thater	11/12
	Janet Kruse	11/19
1989	Val Novak	9/12
	Janet Kruse	11/26
	Virginia Stahr	10/10
	Janet Kruse	10/17
	Eileen Shannon	10/31
	Virginia Stahr	11/6
	Carla Baker	11/13
1988	Lori Endicott	9/6
	Virginia Stahr	9/27
	Val Novak	10/11
	Virginia Stahr	10/18
	Linda Barsness	11/8
	Carla Baker	11/15
	Lori Endicott	11/22
1987	Kathi DeBoer	9/9
	Lori Endicott	9/29
	Virginia Stahr	10/6
	Carla Baker	10/13
	Virginia Stahr	10/27
1986	Tisha Delaney	9/16
	Karen Dahlgren	9/23
	Enid Schonewise	9/30
	Karen Dahlgren	10/14
	Virginia Stahr	10/28
1985	Annie Adamczak	9/9
	Annie Adamczak	9/17
	Karen Dahlgren	9/1
	Karen Dahlgren	10/22
	Kathi DeBoer	11/12

Big Ten Sportsmanship Award

2024	Leyla Blackwell
2023	Maggie Mendelson
2022	Anni Evans
2021	Kayla Caffey
2020	Hayley Densberger
2019	Anezka Szabo
2018	Brooke Smith
2017	Sydney Townsend
2016	Brooke Smith
2015	Sydney Townsend
2014	Mary Pollmiller
2013	Morgan Broekhuis
2012	Allison McNeal
2011	Brigette Root

Big Ten Distinguished Scholar

2024	Merritt Beason
	Lindsay Krause
	Kennedi Orr
	Bergen Reilly
2023	Maisie Boesiger
	Lindsay Krause
	Kennedi Orr
2022	Anni Evans
	Madi Kubik
	Kennedi Orr
2020	Hayley Densberger
2018	Hayley Densberger

	Mikaela Foecke
	Brooke Smith
2017	Annika Albrecht
	Allie Havers
	Sydney Townsend
2016	Sydney Townsend
2015	Kadie Rolfzen
	Sydney Townsend
2014	Cecilia Hall
2013	Cecilia Hall
2012	Morgan Broekhuis
	Allison McNeal
	Hayley Thrasher
2011	Morgan Broekhuis
	Brigette Root
	Hayley Thrasher
	Jordan Wilberger

Academic All-Conference**Big Ten**

2024	Rebekah Allick
	Merritt Beason
	Maisie Boesiger
	Laney Choboy
	Lindsay Krause
	Taylor Landfair
	Harper Murray
	Kennedi Orr
	Bergen Reilly
	Lexi Rodriguez
2023	Rebekah Allick
	Ally Batenhorst
	Maisie Boesiger
	Lindsay Krause
	Hayden Kubik
	Maggie Mendelson
	Kennedi Orr
	Lexi Rodriguez
2022	Ally Batenhorst
	Anni Evans
	Nicklin Hames
	Kaitlyn Hord
	Kenzie Knuckles
	Lindsay Krause
	Madi Kubik
	Whitney Lauenstein
	Kennedi Orr
	Lexi Rodriguez
2021	Keonilei Akana
	Kayla Caffey
	Anni Evans
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Kalynn Meyer
	Callie Schwarzenbach
	Lexi Sun
2020	Hayley Densberger
	Nicole Drewnick
	Emma Gabel
	Nicklin Hames
	Kenzie Knuckles
	Madi Kubik
	Callie Schwarzenbach
	Lexi Sun
	Jazz Sweet
	Riley Zuhn
2019	Chen Abramovich
	Hayley Densberger
	Nicklin Hames
	Megan Miller
	Callie Schwarzenbach

	Lexi Sun
	Jazz Sweet
	Anezka Szabo
2018	Hayley Densberger
	Mikaela Foecke
	Sami Slaughter
	Brooke Smith
	Jazz Sweet
	Anezka Szabo
2017	Annika Albrecht
	Mikaela Foecke
	Allie Havers
	Briana Holman
	Kelly Hunter
	Kenzie Maloney
	Sydney Townsend
2016	Annika Albrecht
	Olivia Boender
	Mikaela Foecke
	Briana Holman
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Brooke Smith
	Sydney Townsend
	Justine Wong-Orantes
2015	Annika Albrecht
	Olivia Boender
	Cecilia Hall
	Kelly Hunter
	Amber Rolfzen
	Kadie Rolfzen
	Sydney Townsend
	Justine Wong-Orantes
2014	Cecilia Hall
	Alexa Ethridge
	Kelly Hunter
	Melanie Keil
	Kira Larson
	Mary Pollmiller
	Amber Rolfzen
	Kadie Rolfzen
	Justine Wong-Orantes
2013	Morgan Broekhuis
	Meghan Haggerty
	Cecilia Hall
	Hayley Thrasher
	Sheridan Zarda
2012	Morgan Broekhuis
	Lauren Cook
	Cecilia Hall
	Allison McNeal
	Hayley Thrasher
	Hannah Werth
2011	Morgan Broekhuis
	Lauren Cook
	Gina Mancuso
	Brigette Root
	Hayley Thrasher
	Jordan Wilberger

Big 12

2010	Lindsey Licht	First Team
	Gina Mancuso	First Team
	Allison McNeal	First Team
	Jordan Wilberger	First Team
	Kayla Banwarth	Second Team
2009	Kori Cooper	First Team
	Jordan Wilberger	First Team
	Kayla Banwarth	Second Team
2008	Kori Cooper	First Team
	Amanda Gates	First Team
	Jordan Larson	First Team

HONORS AND AWARDS

2007	Rachel Schwartz	First Team	Tonia Tauke	First Team	Annie Adamczak	First Team
	Kori Cooper	First Team	Jaime Krondak	Honorable Mention	Michelle Smith	First Team
	Maggie Griffin	First Team	1997 Katie Jahnke	First Team	Kathi DeBoer	Honor Roll
	Christina Houghtelling	First Team	Megan Korver	First Team	1984 Karen Dahlgren	First Team
	Jordan Larson	First Team	Denise Koziol	First Team	Cathy Noth	First Team
	Sarah Pavan	First Team	Mandy Monson	First Team	Mary Buysse	Honor Roll
2006	Rachel Schwartz	First Team	Renee Saunders	First Team	Michelle Smith	Honor Roll
	Tracy Stalls	First Team	Tonia Tauke	First Team	Annie Adamczak	Honor Roll
	Dani Busboom	First Team	Fiona Nepo	Honorable Mention	1983 Karen Dahlgren	First Team
	Amanda Gates	First Team	Lisa Reitsma	Honorable Mention	Mary Buysse	Honor Roll
	Maggie Griffin	First Team	1996 Lisa Avery	First Team		
	Jordan Larson	First Team	Stacie Maser	First Team		
2005	Dani Mancuso	First Team	Maria Hedbeck	First Team		
	Sarah Pavan	First Team	Lisa Reitsma	Honorable Mention		
	Rachel Schwartz	First Team	Big Eight			
	Tracy Stalls	First Team	1995 Christy Johnson	First Team		
	Dani Busboom	First Team	Stacie Maser	First Team		
	Christina Houghtelling	First Team	Lisa Reitsma	First Team		
2004	Dani Mancuso	First Team	Allison Weston	First Team		
	Sarah Pavan	First Team	Billie Winsett	First Team		
	Tracy Stalls	First Team	Maria Hedbeck	Honor Roll		
	Melissa Elmer	Second Team	Kim Legg	Honor Roll		
	Dani Busboom	First Team	Jen McFadden	Honor Roll		
	Melissa Elmer	Second Team	1994 Kelly Aspegren	First Team		
2003	Kelsey Fautsch	First Team	Christy Johnson	First Team		
	Christina Houghtelling	First Team	Jen McFadden	First Team		
	Michelle Lynch	First Team	Allison Weston	First Team		
	Amanda McCormick	First Team	Billie Winsett	First Team		
	Dani Mancuso	First Team	Stephanie Clerc	Honor Roll		
	Jenae Dowling	First Team	Maria Hedbeck	Honor Roll		
2002	Kelsey Fautsch	First Team	Peggy Meyer	Honor Roll		
	Michelle Lynch	First Team	1993 Nikki Stricker	First Team		
	Anna Schrad	First Team	Kelly Aspegren	First Team		
	Sara Westling	First Team	Billie Winsett	First Team		
	Greichaly Cepero	First Team	Allison Weston	First Team		
	Jenae Dowling	First Team	Peggy Meyer	Honor Roll		
2001	Amber Holmquist	First Team	Kim Tonniges	Honor Roll		
	Laura Pilakowski	First Team	1992 Laura Luther	First Team		
	Anna Schrad	First Team	Christy Johnson	First Team		
	Sara Westling	First Team	Nikki Stricker	First Team		
	Lindsay Wischmeier	First Team	Kim Tonniges	First Team		
	Greichaly Cepero	First Team	Debbie Brand	Honor Roll		
2000	Jenae Dowling	First Team	Peggy Meyer	Honor Roll		
	Jenny Kropp	First Team	Tami Thompson	Honor Roll		
	Amber Holmquist	First Team	1991 Janet Kruse	First Team		
	Angie Oxley	First Team	Cris Hall	First Team		
	Jill McWilliams	First Team	Nikki Stricker	First Team		
	Laura Pilakowski	First Team	Laura Luther	Honor Roll		
1999	Lindsay Wischmeier	First Team	1990 Janet Kruse	First Team		
	Kim Crandall	First Team	Linda Barsness	First Team		
	Nikki Henk	First Team	Cris Hall	First Team		
	Katie Jahnke	First Team	Becky Bolli	First Team		
	Jill McWilliams	First Team	Debbie Brand	Honor Roll		
	Nancy Metcalf (Meendering)	First Team	1989 Janet Kruse	First Team		
1998	Mandy Monson	First Team	Virginia Stahr	First Team		
	Angie Oxley	First Team	Carla Baker	First Team		
	Tonia Tauke	First Team	Becky Bolli	Honor Roll		
	Katie Jahnke	First Team	Cris Hall	Honor Roll		
	Megan Korver	First Team	1988 Virginia Stahr	First Team		
	Denise Koziol	First Team	Lori Endicott	First Team		
1987	Nancy Metcalf (Meendering)	First Team	Carla Baker	First Team		
	Mandy Monson	First Team	Linda Barsness	Honor Roll		
	Fiona Nepo	First Team	Angie Millikin	Honor Roll		
	Angie Oxley	First Team	1986 Virginia Stahr	First Team		
			Carla Baker	First Team		
			Kathi DeBoer	First Team		
1986			Lori Endicott	Honor Roll		
			1985 Virginia Stahr	First Team		
			Karen Dahlgren	First Team		
			Kathi DeBoer	First Team		
			Enid Schonewise	Honor Roll		
			Karen Dahlgren	First Team		