

WOMEN'S SCHOOL RECORDS

Indoor

Running Events

Event	Time	Athlete	Date
50-Yard Dash	5.89	Merlene Ottey	Jan. 17, 1982
50-Meter Dash	6.34	Angela Thacker	Jan. 15, 1984
60-Yard Dash	6.61	Merlene Ottey	March 13, 1982
55-Meter Dash	6.70	Merlene Ottey	March 10, 1984
60-Meter Dash	7.23	Priscilla Lopes	Feb. 26, 2005
100-Meter Dash	12.7	Angela Jones	Jan. 12, 1985
176-Yard Dash	22.4	Peg Liddick	March 6, 1976
200-Meter Dash	22.79	Merlene Ottey	Feb. 7, 1982
220-Yard Dash	23.6	Merlene Ottey	Feb. 29, 1980
300-Yard Dash	32.63	Merlene Ottey	March 13, 1982
300-Meter Dash	35.83A	Merlene Ottey	March 14, 1981
400-Meter Dash	52.12	Ximena Restrepo	March 9, 1991
440-Yard Dash	53.02	Linetta Wilson	Feb. 28, 1987
500-Meter Dash	1:10.56	Marcia Tate	Jan. 16, 1985
600-Yard Run	1:17.92	Lesley Owusu	March 3, 2001
600-Meter Run	1:28.42	Egle Uljas	Feb. 17, 2006
800-Meter Run	2:05.30	Egle Uljas	Feb. 4, 2006
880-Yard Run	2:09.41	Sharon Powell	Feb. 19, 1987
1,000-Yard Run	2:29.69	Kirsti Voldnes	March 12, 1983
1,000-Meter Run	2:46.16	Fran ten Bensel	Feb. 24, 1990
1,500-Meter Run	4:16.9	Yvonne van der Kolk	Jan. 15, 1989
Mile Run	4:37.38	Berlyn Schutz	Feb. 15, 2025
	4:37.37o	Berlyn Schutz	Feb. 24, 2024
3,000-Meter Run	9:14.12	Brynna McQuillen	Feb. 28, 2025
Two-Mile Run	10:23.04	Laura Wight	Feb. 23, 1985
Three-Mile Run	15:51.44	Sammie Resh Gdowski	March 9, 1990
5,000-Meter Run	15:51.44	Sammie Resh Gdowski	March 9, 1990
50-Yard Hurdles	6.8	Pam Baker	March 18, 1977
50-Meter Hurdles	6.98	Rhonda Blanford	Jan. 27, 1985
60-Yard Hurdles	7.44	Rhonda Blanford	Feb. 23, 1985
55-Meter Hurdles	7.57	Rhonda Blanford	March 9, 1985
60-Meter Hurdles	7.87	Priscilla Lopes	March 10, 2006
220-Yard Hurdles	29.1	Nancy Kindig	March 11, 1978

Relays

Event	Time (Athletes)	Date
4x110-Yard	48.6 (Midder, Seaton, DeLaet, Tatum)	March 11, 1978
4x176-Yard	1:26.0 (Midder, Hitz, Baker, Obermeier)	Feb. 5, 1977
4x200-Meter	1:37.70 (Ottey, Gorham, Blanford, James)	March 13, 1982
4x220-Yard	1:37.70 (Ottey, Gorham, Blanford, James)	March 13, 1982
4x400-Meter	3:34.46 (Porter, T. Wilson, Walker, Restrepo)	March 9, 1991
	3:34.44o (Harmon, Stanisavljevic, Owusu, Klassen)	Feb. 26, 2000
4x440-Yard	3:38.16 (Burke, Ali, Gorham, Tate)	March 12, 1983
4x800-Meter	8:43.70 (Prowse, O'Connell, Resh, Powell)	Feb. 12, 1988
4x880-Yard	8:50.20 (Resh, Christiansen, Noel, Ali)	Feb. 8, 1986
Distance-Medley (m)	11:09.83 (Furlan, Weekes, Grooters, Miller)	March 9, 2012
	10:58.74o (Furlan, Weekes, Grooters, Miller)	March 2, 2012
Distance-Medley (y)	12:00.53 (Stricker, Chace, Kramer, Schubarth)	Feb. 27, 1981

Field Events/Combined Events

Event	Metric	Imperial	Athlete	Date
High Jump	1.94m	6-4 1/4	Jenna Rogers	Jan. 25, 2025
Pole Vault	4.37	14-4	Natalie Willer	Feb. 26, 2011
Long Jump	6.66	21-10 1/4	Angela Thacker	March 10, 1984
Triple Jump	13.72	45-0 1/4	Ineta Radevica	Feb. 28, 2004
Shot Put	19.31	63-4 1/4	Axelina Johansson	March 1, 2025
20 lbs. Weight Throw	22.90	75-1 3/4	Taylor Latimer	March 10, 2023
Pentathlon	4,396		Chantae McMillan	March 11, 2011

Key: o = oversized track; A = altitude (above 1,000 meters); y = yards

Outdoor

Running Events

Event	Time	Athlete	Date
100-Meter Dash	11.03	Merlene Ottey	Oct. 4, 1982
	10.97w	Merlene Ottey	May 28, 1982
200-Meter Dash	22.17	Merlene Ottey	June 20, 1982
	22.11w	Merlene Ottey	April 23, 1983
400-Meter Dash	50.14	Ximena Restrepo	Aug. 5, 1991
800-Meter Run	2:01.26	Sharon Powell	Sept. 3, 1988
1,500-Meter Run	4:11.01	Berlyn Schutz	May 31, 2025
3,000-Meter Run	9:07.39	Fran ten Bensel	June 4, 1993
5,000-Meter Run	15:45.29	Sammie Resh Gdowski	July 2, 1990
10,000-Meter Run	32:34.71	Sammie Resh Gdowski	April 21, 1990
Marathon	2:38:45.0	Karlene Erickson	June 21, 1986
100-Meter Hurdles	12.60	Priscilla Lopes	June 9, 2006
400-Meter Hurdles	55.38A	Linetta Wilson	June 2, 1989
3,000-Meter SC	9:39.35	Ann Gaffigan	July 15, 2004

Relays

Event	Time (Athletes)	Date
4x100-Meter	43.44 (Burke, Blanford, Thacker, Ottey)	June 4, 1983
4x200-Meter	1:33.0 (Travis, Stewart, Porter, Lucas)	April 24, 1992
4x400-Meter	3:29.61 (Travis, Stewart, Lucas, Porter)	June 6, 1992
4x800-Meter	8:36.61 (Seaton, Stricker, Schubarth, Essington)	April 25, 1981
4x1,500-Meter	18:50.00 (Shepherd, Elwood, Mazzitelli, Stelling)	April 15, 1995
4x1,600-Meter	19:41.97 (Carrizales, Crofford, J. Pancoast, A. Miller)	April 25, 2009
4xMile	20:29.62 (Shadle, Gaffigan, K. Pancoast, Handrup)	April 25, 2002
800-Meter Medley	1:36.05 (Blanford, Thacker, Burke, Ottey)	April 9, 1983
1,600-Meter Medley	3:48.54 (Deebom, A. Walker, M. Walker, Schutz)	April 27, 2024
Distance Medley	11:26.21 (ten Bensel, J. Johnson, DeNaeyer, Stelling)	April 23, 1993
4x100 Shuttle-Hurdle	54.86 (Farrington, Dowell, Smith, Stiens)	April 25, 2015

Field Events/Combined Events

Event	Metric	Imperial	Athlete	Date
High Jump	1.91	6-3 1/4	Jenna Rogers	June 24, 2024
Pole Vault	4.38	14-4 1/2	Natalie Willer	May 2, 2009
Long Jump	6.81	22-4 1/4	Angela Thacker	May 11, 1984
Triple Jump	14.12	46-4	Ineta Radevica	Aug. 21, 2004
Shot Put	19.54	64-1 1/4	Axelina Johansson	May 13, 2023
Discus	63.12	207-1	Becky Breisch	May 28, 2004
Hammer Throw	66.81	219-2	Melissa Price	May 18, 2002
Javelin (old)	61.34	201-3	Denise Thiemard	May 14, 1983
Javelin (new)	64.19	210-7	Rhema Otabor	June 6, 2024
Heptathlon	5,951		Chantae McMillan	May 13-15, 2011

Key: A = altitude (above 1,000 meters); w = wind-aided