

# NEBRASKA TRACK & FIELD

## 2026 HUSKER SPRING KICK OFF

APRIL 3<sup>RD</sup> - 4<sup>TH</sup>, 2026 | NEBRASKA OUTDOOR TRACK | LINCOLN, NE

### PRELIMINARY SCHEDULE OF EVENTS

#### Friday, April 3<sup>rd</sup>

Field Events				Running Events		
Time	Event	Gender	Venue	Time	Event	Gender
3:30 PM	Hammer	Men	North	4:30 PM	100 M. Hurdles (Prelims)	Women
3:30 PM	Pole Vault	Women		4:45 PM	110 M. Hurdles (Prelims)	Men
4:30 PM	Long Jump	Men		5:00 PM	100 M. Dash (Prelims)	Women
4:30 PM	Javelin	Men	Infield	5:10 PM	100 M. Dash (Prelims)	Men
5:00 PM	Hammer	Women	North	5:20 PM	1,500 M. Run	Women
5:00 PM	Long Jump	Women		5:35 PM	1,500 M. Run	Men
5:30 PM	Pole Vault	Men		5:50 PM	400 M. Hurdles	Women
6:00 PM	Javelin	Women	Infield	6:05 PM	400 M. Hurdles	Men
				6:20 PM	200 M. Dash	Women
				6:35 PM	200 M. Dash	Men
				6:50 PM	5,000 M. Run	Women
				7:10 PM	5,000 M. Run	Men

#### Saturday, April 4<sup>th</sup>

Field Events				Running Events		
Time	Event	Gender	Venue	Time	Event	Gender
11:00 AM	Discus	Women	Infield	11:45 AM	4 x 100 M. Relay	Women
11:00 AM	High Jump	Men		11:55 AM	4 x 100 M. Relay	Men
11:30 AM	Triple Jump	Men		12:10 PM	100 M. Hurdles (Final)	Women
12:00 PM	Triple Jump	Women		12:20 PM	110 M. Hurdles (Final)	Men
12:30 PM	Discus	Men	Infield	12:30 PM	400 M. Dash	Women
1:00 PM	High Jump	Women		12:45 PM	400 M. Dash	Men
1:45 PM	Shot Put	Women	North	1:00 PM	100 M. Dash (Final)	Women
1:45 PM	Shot Put	Men	North	1:05 PM	100 M. Dash (Final)	Men
				1:20 PM	800 M. Run	Women
				1:25 PM	800 M. Run	Men
				1:40 PM	3,000 M. Steeplechase	Women
				1:55 PM	3,000 M. Steeplechase	Men
				2:15 PM	4 x 400 M. Relay	Women
				2:30 PM	4 x 400 M. Relay	Men

Updated: December 8<sup>th</sup>, 2025

