

NEBRASKA TRACK & FIELD

2026 HUSKER SPRING KICK OFF

APRIL 3RD - 4TH, 2026 | NEBRASKA OUTDOOR TRACK | LINCOLN, NE

PRELIMINARY SCHEDULE OF EVENTS

Friday, April 3rd

Field Events				Running Events		
Time	Event	Gender	Venue	Time	Event	Gender
3:30 PM	Hammer	Men	North	4:30 PM	100 M. Hurdles (Prelims)	Women
3:30 PM	Pole Vault	Women		4:45 PM	110 M. Hurdles (Prelims)	Men
4:30 PM	Long Jump	Men		5:00 PM	100 M. Dash (Prelims)	Women
4:30 PM	Javelin	Men	Infield	5:10 PM	100 M. Dash (Prelims)	Men
5:00 PM	Hammer	Women	North	6:50 PM	5,000 M. Run	Women
5:00 PM	Long Jump	Women		7:10 PM	5,000 M. Run	Men
5:30 PM	Pole Vault	Men		5:50 PM	400 M. Hurdles	Women
6:00 PM	Javelin	Women	Infield	6:05 PM	400 M. Hurdles	Men
				6:20 PM	200 M. Dash	Women
				6:35 PM	200 M. Dash	Men
				6:50 PM	1,500 M. Run	Women
				7:05 PM	1,500 M. Run	Men

Saturday, April 4th

Field Events				Running Events		
Time	Event	Gender	Venue	Time	Event	Gender
11:00 AM	Discus	Women	Infield	10:15 AM	10,000 M. Run	Women
11:00 AM	High Jump	Men		11:00 AM	10,000 M. Run	Men
11:30 AM	Triple Jump	Men		11:45 AM	4 x 100 M. Relay	Women
12:00 PM	Triple Jump	Women		11:55 AM	4 x 100 M. Relay	Men
12:30 PM	Discus	Men	Infield	12:10 PM	100 M. Hurdles (Final)	Women
1:00 PM	High Jump	Women		12:20 PM	110 M. Hurdles (Final)	Men
1:45 PM	Shot Put	Women	North	12:30 PM	400 M. Dash	Women
1:45 PM	Shot Put	Men	North	12:45 PM	400 M. Dash	Men
				1:00 PM	100 M. Dash (Final)	Women
				1:05 PM	100 M. Dash (Final)	Men
				1:20 PM	800 M. Run	Women
				1:25 PM	800 M. Run	Men
				1:40 PM	3,000 M. Steeplechase	Women
				1:55 PM	3,000 M. Steeplechase	Men
				2:15 PM	4 x 400 M. Relay	Women
				2:30 PM	4 x 400 M. Relay	Men