KEY CONVERSATIONS

PARENT TALK :

THE OTHER SIDE OF THE SCREEN
The invisible tightrope – with No Safety Net *!*

Join us for a vital talk with Monica Rowe, ***who will have had discussions with your children beforehand, and will share what they say are the real challenges they face on a day-to-day basis*** *(anxiety, self-esteem, social media, the early impact of AI, exam stress, etc.).*
She will explin why the majority of young people say they would ***never*** *go to their parents/guardians if something serious were to occur online, and what they say would encourage them to do so.*

Monica has 25 + years experience, working with over 30,000 students and parents annually. She is deeply committed to ensuring children are ***allowed time to simply be children for as long as possible****. She will share practical, actionable tips designed to empower parents to protect, and confidently guide their children through, both the 'real world' , and the unbelievably fast growing artificial one.*

'In only 3 years, the rules have changed dramatically and, unless parents step in to protect them, our children will be left vulnerable, as participants in the most significant, high-stakes global experiment ever undertaken…..and with virtually no safety nets in place! '

Key Topics:

- **Real Challenges:** Anxiety, self-esteem, exam stress (including information shared by your children).
- **The AI Threat:** The shift from social media to more immersive, isolating AI 'friendships, relationships and counselling'
- **Actionable Tips:** Practical strategies to protect and guide your child through these uncertain times, including some easy communication techniques to help facilitate open and honest conversations with your children which, in turn, can help combat these challenges.

It is important that dads, male guardians / role models also hear what she has to say, as Monica will include, in her talk, what boys around the country say they are faced with, which, without open communication and honest conversations, can have serious consequences on both our sons and daughters.

"Monica's work with students and parents is invaluable. I would highly recommend her to any school or parent group that is looking for an honest, engaging and very relatable speaker. I am sure Monica will have a positive, lasting impact on your audience." ***(Jillian VanTurnhout, former: Irish Senator/ CEO Children's Rights Alliance / Chief Commissioner of Irish Girl Guides and now Board member of Nursing Homes Ireland)***