



# PARENTING THE TECH- SAVVY CHILD

**From: Tuesday  
3rd February  
2026**

DELIVERY MODE  
Interactive Webinar

From Tuesday 3rd Feb  
@7pm

Dr Richard Hogan



## PARENTING THE TECH-SAVVY CHILD (PTSC)

Join our Webinar for parents and learn progressive approaches to modern parenting. Upskill and gain confidence to guide and support your child in a positive way to address risks with modern devices and technology and thrive as a family.

### COURSE DURATION

4 weeks: 1 hour on Tuesday evenings at 7pm from 3rd February until March 3<sup>rd</sup> 2026.

### PROGRAMME MODULES

Module 1 Age of Technology	Tuesday 3 <sup>rd</sup> February @7pm Week 1
Module 2 Boundaries	
Module 3 Gaming	Tuesday 10 <sup>th</sup> February @7pm Week 2
Module 4 Pornography	
Module 5 Bullying	Tuesday 24 <sup>th</sup> February @7pm Week 3
Module 6 Social Media and Anxiety	
Module 7 Technology and Devices	Tuesday 3 <sup>rd</sup> March @7pm Week 4
Module 8 Thriving as a Family	

### PROGRAMME FEATURES

The Parenting the Tech-Savvy Child (PTSC) Programme provides families/ schools with complete solution:

#### Advantages for parents

- Fully online programme
- Fits with busy family life
- Leading family therapist
- Recordings for sessions missed
- Programme with tech workshop
- Accessible per-family price

#### Advantages for schools

- Suitable school's well-being measure
- Aimed at parents and families
- Programme made freely available to school's staff
- Schools can participate to achieve PATI 'Blue Flag'
- Participate on PATI National Advisory Council
- Accessible Schools Registration Price

### OUR MISSION

Our mission is to offer the benchmark programme in parenting and technology for families and schools. Working with parents/guardians and schools, our aim is to improve parenting in a world where the influence of technology on the next generation of families is unknown, posing risks, challenges as well as opportunities. Our programme is designed to help families thrive in a new world order. For parents or guardians we'll equip you with the essential skills, knowledge and confidence you need to learn, grow and succeed. Our courses are overseen by our Advisory Council to ensure relevance for our programme and in order that we keep our Syllabus up-to-date.

### Dr Richard Hogan (Founder and CEO)

Dr. Richard Hogan is a systemically trained Family Psychotherapist registered with The Family Therapy Association of Ireland. Richard is author of the best-selling book, "Parenting the Screenager, a practical guide for parents of the modern child". Richard uses his vast experience working with teenagers in schools and as director of therapy institute to offer parents easy-to-follow, practical steps that build healthier and more positive patterns of communication. Richard was recently awarded a Fulbright scholarship for his research. Richard is a regular contributor to both TV and Radio and writes every Thursday for the Irish Examiner exploring mental health issues for teenagers and families.