

Templeogue College C.S.Sp.

Principal: Mr. Ciarán Dowling
Deputy Principal: Mr. Martin O'Keeffe



Templeogue College C.S.Sp.
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Dear Parent(s)/Guardian(s),

We are delighted to share that our school has signed up to take part in the NEART Wellbeing Award.

NEART is a national wellbeing initiative that supports schools in promoting positive mental health and wellbeing for students. A key part of this programme is the involvement of parents and guardians, recognising the important role you play in supporting your son's wellbeing.

As part of NEART, a range of supports will be made available to parents/guardians, including:

- Access to podcasts and live webinars on supporting young people's mental health,
- Practical advice and strategies to support wellbeing at home,
- An interactive toolkit to help strengthen parent engagement in wellbeing initiatives within the school.

These resources are designed to complement existing supports provided by the Department of Education and the National Educational Psychological Service (NEPS).

We strongly encourage you to sign up using the link below to receive updates on upcoming webinars, podcasts, and resources, which we hope will be of great benefit to you and your family:

<https://jigsawymh.typeform.com/to/kLlr3w9S>

Thank you for your continued support as we work together to promote positive well-being for all students.

www.jigsaw.ie/neart

Le meas,

Ciarán Dowling
Principal